Editorial by Sarah

So, this sees the end of another year (where does the time go?) and the hope that a lovely new year brings with it. Maybe this year I will be able to stick to my resolutions, yeah right!. I have found that being involved with the Journal has been a very rewarding experience. I don’t know if you are aware of the people who help and support our small team in making sure that we have something to shove through your letter box every couple of months. The team is made up of me, Pat, Sue and Jo and we are easily recognisable as the people walking around every couple of months muttering about Brownies, WI and Church Services. We also have a small team of distributors, Bob Reason, Dennis Adey, Irene Webster, Mike Quance, Doreen Turner, Bill Cottell, Dougie and my dad Bob (who also does the gardening spot). Vera Davies is an ex school teacher and wields her red pen with the proof reading. We receive tons of help and encouragement from the Parish Council. It is always nice to hear from our readers with feed back, hopefully positive, but if it is negative hopefully we can learn from it. I hope you enjoy reading your Journal and that it helps you feel part of the village as that is the main thing we strive for. Maybe your New Year’s resolution can be to help us with our bi-monthly mutterings and contact us if you have any suggestions or articles.

We would all like to take this opportunity of wishing our readers a Happy Christmas and a prosperous New Year.

The deadline for adverts, letters or articles for the February/March edition will be 20th January 2014
Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates
The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011
Summary of Minutes of Meeting held on 15th October, 2013

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors and two members of the public attending. Apologies received from one Councillor.

Planning – Cornwall Council had approved Planning applications for Mrs & Mrs Princep, Kerley, Jacobstow and Mrs Susan Anderton, Little Otter, Jacobstow.

Pub is the Hub – Jen & Peter Owen waiting for 200 books and a computer to be delivered. They will attend the November meeting to explain what is happening.

Cornwall Council Planning – Have advised that the Friendly Links Officer for our area is Paul Banks. Clerk to Email him to ask him to come to the next meeting.

Superfast Broadband – Superfast Broadband is taking off in Cornwall and is now available to more than 75% of premises in the county.

Cornwall Council – Advised that a new website has been set up called “What’s On Cornwall” to advertise events free.

Planning Application, Mr D Shepherd, JW Shepherd & Son, Trefrida Farm, Jacobstow – Cover for existing yard. Councillors approve this application.

Parish Work – Mr Adey reported that Cornwall Council had cleared leaves from the culvert and that the Wainways sign had been erected.

Trand – Affordable Housing – Andrew Wiles and an Architect came to advise on the latest development. They showed the latest plans for the project and are at the moment looking for a Housing Association to take on the project. They will attend the November meeting to advise further.
Christmas Day Swim
- Bude Lifesaving Club

On Christmas morning, hundreds of intrepid swimmers from across Cornwall and beyond will go for a refreshing dip in the sea to help raise money for the Northern Hemisphere’s oldest Surf Life Saving Club at Crooklets Beach, Bude.

Grin and bare it!

Swimmers of all ages (from 8 up if accompanied by an adult) are welcome to take part in the mad cap splash but only those 12 and under are allowed to wear wetsuits! To stave off the cold, swimmers will be led in a group warm-up on the beach by the club’s resident fitness trainer, David Herman, before the klaxon sounds at 11am to signal the dash for the waves.

Competition

In honour of the fun headgear worn by many, this year there will be a competition for the swimmer with the best Christmas hat. A winner will be

Save the date-

Wine and Wisdom night

Jacobstow Parish Hall

Saturday 1st February
7pm

In aid of Hall funds
SOUTH TETCOTT HUNT HAS ITS ANNUAL MEET AT THE OLD WAINHOUSE INN

Huntsmen and followers enjoyed a Stirrup Cup provided by the pub

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

Jubilee Club
The Christmas lunch has been very well supported and is fully booked. Our AGM is on Monday 20th January at the Crackington Institute Hall 12 noon. Soup, pasty and cake lunch will be followed by the Annual Report, then a quiz, raffle and generally a happy get-together. Hope to see you there!
At WR Scaffolding, we are dedicated to providing a professional scaffolding service of the highest standard. Our skilled team combine years of experience with an expert approach to safety in all areas of scaffolding, from large-scale projects to smaller domestic jobs. No job is too big or too small. Our friendly, qualified team aim to make your job as stress-free as possible, so you do not have to worry about anything. We use the latest materials and equipment including fittings, tube, boards, pole ladders and trestles. Whether you have a small individual task and are in need of an uncomplicated scaffold tower, or a multi-national company needing commercial scaffolding on a much larger scale we can help.

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BOOK NOW FOR YOUR CHRISTMAS AND NEW YEAR PARTY
A warm welcome is assured from the Old Wainhouse Inn
Children and dogs are welcome
Enjoy everything from a hearty Breakfast, served from 10am to a Three Course Dinner. Fresh seasonal local produce.
Relax and enjoy local ales, fine wines and a log fire
Sunday carvery served from 12 to 4pm.
Try one of our take away meals

The Old Wainhouse Inn
AA ***
Booking is advisable Tel: 01840 230711
“What’s On”

Some events that are happening a bit further afield in December

1st  Clovelly Christmas Lights
1st  Johnny Cowling Christmas Concert Lanteglos Church 7pm
3rd  Pensioners Lunch, Jacobstow Village Hall 12.00pm
4th  The Wrecking Season (a film by Nick & Jane Darke)
     The Edgcumbe 7pm £6.00 See P27 for details
6th  Bude Late Night shopping 5pm - 9pm
6th  Camelford Town Band, Delabole Church Carol Concert 7.30
7th  The Castle Christmas Fair 11am to 6pm
5th-8th Padstow Christmas Festival
6th-7th Carols & Traditional Christmas Music, Pencarrow House 7pm
7th-8th every weekend in December
     Victorian Christmas at Lanhydrock 11am-4pm adult £4 child £2
7th-8th Santa By Steam Bodmin & Wenford Railway
7th  Big Sheep Farmers Market
7th  Ghost walk at Bodmin Jail - 01208 76292 for details
7th  Book Sale St Stephens Community Hall Launceston 8.30am
11th Christmas Bingo, Port Isaac Village Hall 6-9.30pm
11th Christmas Light Lunch & Grand Draw, Langore Village Hall,
     Launceston 12..00 - 2.30pm £4.00 01566 773206 for details
14th Bude Choral Society, Bude Methodist Church 7.30pm
18th Minstrels Music Centre Christmas Concert and 10 yr Ann 7pm
22nd Camelford Town Band Carol Service Camelford Hall 6pm

FLOWER ARRANGING IN THE PARISH HALL

On Friday night there was Flower Arranging in the Parish Hall. Elaine Raynolds from Bruallen Florist in Delebole gave a brilliant demonstration with over half a dozen arrangements which were then raffled, the evening was even better when Sarah and Jo from the journal won!!!!!!

Tea and a mince pie completed a lovely evening.
# Times of Church and Chapel Services

## Jacobstow Church

<table>
<thead>
<tr>
<th>Month</th>
<th>Date</th>
<th>Service</th>
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<tr>
<td>December</td>
<td>1st</td>
<td>Evensong 4pm</td>
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<td>8th</td>
<td>Morning Prayer 9.30am</td>
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<td>15th</td>
<td>Bennifice, St Gennys 10.30am</td>
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<td>22nd</td>
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<td>29th</td>
<td>Bennifice, W St Mary 10.30am</td>
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<td>January</td>
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<td>Evensong 4.00pm</td>
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<td>12th</td>
<td>Morning Prayer 9.30am</td>
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<td>19th</td>
<td>Benifice TBA 10.30am</td>
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<td></td>
<td>26th</td>
<td>Communion 9.30am with Archdeacon Audrey Elkington</td>
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## Eden Chapel

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<th>Date</th>
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<tr>
<td>1st Dec</td>
<td>Communion</td>
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<tr>
<td>6th Dec</td>
<td>Crib Scene Festival Service/Nativity</td>
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<tr>
<td>15th Dec</td>
<td>John Hagarth Curator at Wesley Cottage, Trewint</td>
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<tr>
<td>5th Jan</td>
<td>Communion</td>
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<td>12th Jan</td>
<td>Messy United - Venue TBA Contact Rev. Doreen</td>
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<tr>
<td>19th Jan</td>
<td>Family Service</td>
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All services 10.30 unless otherwise stated.

There is always a children’s element to each service and a dedicated Sunday School on the first Sunday of each month.

## Coast Church

Family Church

Sunday Services 11am
Jacobstow Village Hall
Come and Join us, all are welcome
Non denominational

## Canworthy Water Chapel

All Sunday Services 11am
Rev Doreen 01566 781854

## Dimma Chapel

For full details Please contact Audrey Wicket 01840 230268
The harvest supper in the Parish Hall was great fun as it usually is with Moses Andrews conducting the auction. Instead of a gavel Moses brought along a stick with the most enormous knobbly handle with which he set about demolishing the Parish Hall tables bringing it down with a crash at every sale, to the delight of his audience.

Thank you to Revd. Rob Yeomans for leading the service and to Moses for the entertainment and to everyone who supported the evening by bringing along produce and food and then buying it back again.

Jacobstow Church

Sunday 15th December 7.00pm
Silver Band and beautiful supper in the Parish Hall afterwards
awarmwelcome to all

Eden Chapel invites you to a Christmas Crib Festival
At Eden Chapel (on the road from Wainhouse Corner to Canworthy Water) on
Thursday, 5th December from 2.00p.m.—6.00p.m.
Friday, 6th December from 2.00p.m.—8.00 p.m.
Saturday, 7th December from 2.00 pm.—6.00
On Sunday 8th December, there will be a Service at
10.30 a.m. then the Crib Festival will continue from 12.00 noon—4.00 p.m. Refreshments will be available. If you would like to display a crib, please contact Ali on 01566 781418. Donations accepted. Proceeds to Church work

Church Lottery Results

<table>
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<tr>
<th>Month</th>
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<tr>
<td>October</td>
<td>Mrs H Spry</td>
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<td>November</td>
<td>Miss S Cowling</td>
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<td>Mrs J Ward</td>
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<td>Mrs D Rudd</td>
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Organic Meat
at below shop prices

Cottage Farm, Jacobstow

A sustainable organic farm powered by renewable energy

**Fresh Red Ruby Beef** – ‘the best beef I have ever eaten’ Hugh.F-W
hung for 21 days, all cuts from fillet to mince in 10, 15 & 30kg boxes

**Fresh Wiltshire Horn Lamb** – ‘the sheep for organic farms’
hung for 7 days, whole & half lamb boxes, cut to your requirements
Sustainable Farmer of the Year finalist, Highly Commended at Cornwall Sustainability Awards

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Free to EX22/23 & PL15/32/33/34/35

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Email cottage.farm@tiscali.co.uk

More information at
www.TransitionNC.org, local food section

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Boscars
Private Hire Taxi
07790983911
Childrens Bumper Christmas Quiz
Take the first letter of each the answer and it spells a three worded salutation!

The first name of this hero is Harry ......
One a day keeps the doctor away ..... 
Pretty as a ......
He flys with Wendy ..... 
The colour of the sun ...... 

A Merry ........
Ivy would be lost without ..... 
Rudolph the red nosed ........
Cold as ...
You hope mum will buy some at the shops ...... 
Presents around the Christmas ....
Baby Jesus’’s mother ....
The king at Camelot was ......
Soft, white and cold ....

The six week summer .......
Breakfast fruit juice ......
Clowns will make you ..... 
Holly would be lost without ...
Night and ...
Pictures are painted by an ..... 
The Submarine was

LATE NIGHT SHOPPING IN BUDE
6TH DECEMBER
5PM TO 9PM

Family fun with the Bude Reindeer Trail prize competition, Farmers and craft Market at the Lower Wharf. Local choirs singing Christmas carols throughout the night to really get you in the Christmas Spirit!
Wainhouse Country Store

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Country Store
Local cheese and cream, fresh bread and cakes
Barnecliffs pasties freshly baked on the premises,
Bacon and fresh meats
Fruit and vegetables, fresh flowers
Newspapers and Magazines

Off Licence
Tel 01840 230554

National and Healthcare lottery now available

Josie’s Boarding Kennels
Treftida Farm, Jacobstow

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Licensed and insured
Daytime to long term boarding available
Viewing welcome
Tel: 01840 230330
Mobile: 07855001284
Now is the best time to dig your plot and apply plenty of compost to your ground, then cover it with weed suppressant to keep the weeds at bay.
Prune your apple and pear trees and soft fruit bushes, making sure that you cut out any branches that are diseased or damaged. Apply or renew grease bands to trees, these protect the tree from crawling insects that may damage your tree later. Also you could apply a grease material with a brush making sure that you use the correct grease type.
Get your greenhouse ready for next year by removing all the plants and giving it a good clean with a suitable cleaner. I usually try to fumigate with sulphur candles.
In January you should be studying your seed catalogues for new plants and buying your early seed potatoes for chitting, to plant when the ground is ready. Check your lawn for areas that have poor drainage and spike it with a fork about six inches deep then brush in sharp sand to keep the holes open. Leave a small amount of sand on the top and it will help the grass roots grow.
If you did not sow sweet peas in the Autumn now is the time to catch up. Sow them into cardboard tubes so they get a good root system. Soak the seed overnight to soften the coat but if they have not swelled up by the morning give the coat a nick with a sharp knife.

Happy Christmas and a flourishing New Year

Bob

Tilley’s coaches are arranging a Mousehole Lights Tour on 21st December.

Please call 230244 for details
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SCOUT INTERNATIONAL CAMP AT PENCARROW

Twelve members of our group enjoyed this wonderful experience at the end of July. We camped alongside Scouts from across this country, and also from Canada, Ghana, Spain, Sweden and the USA. Thousands of young people were kept busy from early morning until late in the evening. They went sailing and weight boarding at Siblyback, and Letter Boxing across the Moor to the Cheesewring. One blistering morning they took part in bungee running, trampolining and zorba fighting. On another occasion they spent a night in the woods, sleeping under home made shelters, and cooking on open fires. They waded, chest deep, through the Pencarrow Lake catching pond life as part of an Eco survey. In the Global Village they experienced the sounds and movement of an earthquake and were taught by Rescue Services how to be of practical help. Lady Iona St Aubyn gave us the full run of their beautiful estate at Pencarrow. She visited us daily, and if she could join in, she always did.

On the final day of the Jamboree, our Chief Scout, Bear Grylls made a flying visit! To the delight of us all, he whizzed down the zip wire, followed more sedately by David Walliams, the children’s author and comic actor. It was a wonderful week of fun and friendship – how lucky we are!

WHAT DO Scouts DO IN THE WINTER TIME?

In October, the local Scouts attended a camp at Bodmin. The boys cooked for us all, as well as enjoying the Assault Course, Low Wires, Aerial Runway, shooting etc. This was a Camp Cook Badge well earned!

Scouts have also been conducting a traffic survey at Wainhouse Corner, to see how many cars have more than one occupant; sadly there were very few.

Great fun was also had trimming back the trees around the Scout Hut. At the time of writing, they will be taking part in Ten Pin Bowling, and in the following week at the end of November, each Scout will be bringing in a three course meal, prepared and cooked by them. The menus look very exciting – I can’t wait to taste them all!

Cubs are learning about Road Safety and Conservation. Cubs and Scouts all joined together for a Bonfire Night at Pat Moyers’ farm at Dizzard, where a sparkling firework display was enjoyed by all, thanks to Eddie Lill and his display team.

We are heaving with Scouts and Cubs at the moment – but we can always squeeze in more! Please ring me, Daphne Dowling 01288 352786, or Pat Moyers 01840 230026 if you would like to know more …
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2 South Park
Jacobstow, Bude
Tel: 01840 230631 (Home)
07811235761 (Mobile)
thepainterandmrs@btinternet.com

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S.A.C. DIP. FHPT/S.A.C. Dip. FHPF
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Professional treatment in a well-equipped clinic or in the comfort of your home by appointment:
Sterilised Equipment
Professional Service for Registered Care/Nursing Homes
Confidentiality assured
Evening or Weekend Appointments

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Medlans, Jacobstow, Bude, Cornwall EX23 OBL
wendyhodgson2010@hotmail.com
Welcome to your “tea break” puzzle page, a winning entry for the last edition, from John Lightfoot was pulled from the hat, he wins a £20 voucher for Wainhouse stores. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20th January 2014

Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

CLOWNOLAMP
HHYAWCUMA
WAREOVIESN
EPRINCST
REPENSRWYUO
FYBETYTRVRM
UXKGOXMIAI
LINIDALATM
JQAMARLSE

WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

ALADDIN BERRY
CHEERFUL CHRISTMAS
CLOWN DRAMA
GENIE HAPPY
IVY JOKES
LAMP LAST
MUSIC PANTOMIME
PRINCESS SNOW
STAR TINSEL

Bumper Boxing Day Quiz - Settle down with a glass or two and tackle the quiz for a quiet ten minutes.

1. If you were born on Christmas day, what is your star sign?
2. What is Aladdin’s mother called?
3. ‘Christmas won’t be Christmas without any presents’ is the opening line from which classic novel?
4. In pantomime who is Princess Marcella?
5. The song White Christmas was first performed in which Bing Crosby film?
6. The Poinsettia plant originates from which country?
7. ‘Driving home for Christmas’ was a hit single for which singer in 1988?
8. In which pantomime does Robin Hood and Maid Marion appear?
9. What colour are the berries of the mistletoe plant?
10. In 1847 what did Tom Smith, a London confectioner invent?
11. Which monarch was crowned on Christmas Day in Westminster Abbey?

Free home fire safety checks

You can request a free home fire safety check by completing the home fire safety check short survey on the Cornwall Council website www.cornwall.gov.uk. This will be used to assess your level of need, you will need to answer some questions about you or the occupier of the property. Those with the greatest need in the community will be eligible for a free home fire safety check and will be contacted to arrange an appointment to do this. In this case a firefighter will visit your home at an allocated time and accompany you around every room in your property with the aim of:

Identifying and making you aware of the potential risks in your home.
Making sure you know what to do in order to reduce or prevent these risks.
Helping you put together an escape plan in case a fire breaks out in the future.
Ensuring you have a working smoke alarm and if you don't, we will fit a free smoke alarm (type of alarm will vary depending on the need).

The home fire safety check will take about half an hour of your time. The firefighter will be wearing a uniform & carrying an identification card. Please ask to see the identification card, and if you require confirmation telephone the Freephone Helpline : 0800 3581 999.

If you are eligible an officer will contact you and arrange a convenient time to visit your home. Please be aware that there is a waiting list.
Devon and Cornwall’s Police and Crime Commissioner Tony Hogg is marking his first 12 months in the pioneering new role by setting out his agenda for year 2 and highlighting some of his main achievements so far. They include:

- Halting the decline in police officer numbers;
- Greater force performance analysis;
- Major funding contributions to community projects;
- Launch of £250,000 Small Grant Scheme to support Police and Crime plan;
- Value for money analysis and regional collaboration (including Special Branch);
- Doubling public engagement (compared to former Police Authority);
- Appointment of victim’s advisor.

This is a condensed version of Tony’s report. To read the whole transcript please go to his website at www.devonandcornwall.pcc.gov.uk
### December - events in the local area

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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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<td>1</td>
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<td>OAP’s Lunch Village Hall 12pm Brownies 5.00</td>
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<td>Crib Festival Eden Chapel See Page 9 for details</td>
<td>Christmas Tree Festival Dimmer Chapel See Page 29</td>
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<td>Brownies 5.00</td>
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<td>Art &amp; Craft Club 2.00 pm</td>
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<td>15</td>
<td>16</td>
<td>Carol Concert Jacobstow Church .7.00 pm</td>
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<td>Jacobstow School Term Ends</td>
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<td>CHRISTMAS DAY</td>
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<td>NEW YEARS EVE</td>
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**NOTE.** Activities are in Parish Hall unless stated otherwise.
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<td>Jacobstow School</td>
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<td>Term Begins</td>
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**NOTE.** Activities are in the Parish Hall unless otherwise stated.
T Fox Garden Services

Border maintenance, grass cutting, hedge cutting, vegetable beds all other garden tasks

Experience in maintaining all aspects of gardening, from small gardens to estate work. Experienced in key holding for weekend/holiday homes. Qualified NVQ Level3 in Horticulture. RHS insured, 25 years experience. Friendly service

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Home: 01566 781841
Email: foxey04@msn.com

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Mobile: 07908 112814
Green Inn at Week St Mary re-opens

Jason Orchard and his daughter Annabelle are reopening the Green Inn under the new name, The Old Orchard Inn. The grand reopening party on 23rd November will be followed by a December packed with events and entertainment. On Wednesday 4th December you can join a Food Hygiene Course during the day. The course costs £30 but you will gain a professionally recognised qualification. There will be live music on the 14th and a comedian on the 20th, early days yet, so details to be confirmed. Jason told me that they have remodelled the pub, the front door has been moved to the side to catch the sun and the flow of the pub has been improved with four distinct areas. A good honest food menu is planned from Easter onwards with a family of four having a “belly filling” meal and a round of drinks for under fifty quid! The pub is a free house and is going to serve a good selection of locally produced ales, lager and all the usual tipples will be available, also tea and coffee. Jason can be contacted on 01288 341646 or 07887 614414 for more information.

Overseas Visitors call at Jacobstow Church

On the 1st of October the church had a visit from Barbara and Anson Lovellette from St Joseph in Michigan USA. They are descendants of the Uglow family.

John Jolliffe married Victoria Diamond whose great grand-mother was Edith Ethel Uglow and they emigrated in 1881. Also visiting the church were Kathy and Steve Roelli who are decadents of Edward and Margery Uglow.

They have left some photocopies of family photographs in the church but the copies are too dark to reproduce for the Journal, however they are still in church if anyone wants to look at them, but please do not remove them as other family members may wish to see them. They also left a phone number for Uglow family members who may wish to get in touch and that is in the visitors book at the church should anyone want it.
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01840 250568 (Roger)
The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president,

Mrs Pat Lane 01840 230743

Pilate's update

The new term starts on 7th January 3pm to 4pm in the Jacobstow Village Hall and ends 1st April. The class is Pilate’s 1 (for beginners) and works on core strengthening to improve flexibility, posture, strength, breathing control and stress release. Suitable for all ages, sizes and levels of fitness, also suitable for anyone with specific back and mobility problems. Each 12 week course costs £60.00 or you can pay as you go for £6.00 per session, please note if you decide to pay as you go Sally cannot guarantee a place. Contact Sally on 07737 600424 or 01840 261644 honeyzfitness@hotmail.co.uk

Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.
R Mears & Sons Chimney Sweeps
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A film by Nick & Jane Darke on 4th December

The north coast of Cornwall is one of the best collection points in the world for long-haul drift. When a southwest gale blows for three days, artefacts and natural objects from across the world - from Labrador down to the Amazon Basin - wash up on these shores. Playwright Nick Darke comes from generations of beachcombers, or wreckers. He traces everything he finds along the coastline back to its source, via the telephone and the internet. Over many years, he has built up a unique picture of coastal communities around the Atlantic, making friends with fishermen, scientists, oceanographers and fellow beachcombers along the way. This film follows Nick onto the beach during one stormy winter and records all his discoveries. A fantastic opportunity to see this acclaimed Cornish film, and to enjoy a question and answer session with the director afterwards. The Edgecumbe Hotel has kindly offered to host the evening. The bar will be open from 7pm, and film will start at 8pm. Tickets £6 from Seventh Way Gallery.

The Jacobstow Village Hall committee would like to thank Coast Family church and Phil Tucker for their donations towards the new chairs for the Hall, it is greatly appreciated.
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CHRISTMAS TREE FESTIVAL
(with a difference)

At Dimma chapel
Just Bude side of Wainhouse
Corner on the A39
Friday 6th &
Saturday 7th December
11am - 3pm
Sunday 8th December 3pm onwards
Light refreshments available
6.30pm concert led by
Rev Ray Avent
Guest organist George Grigg

If you would like to choose a carol for the concert or for further details ring:
Audrey on 01840 230268 or Sarah on 01840 230626

CANWORTHY WATER BOOK CLUB

LANDED by Tim Pears
Rather a sad story, enjoyed by us with much discussion as to when/what the life changing moment was. Written in good English

NOTWITHSTANDING by Louis de Bernieres
An enjoyable book with separate but connected stories based on the village where he grew up.
A very different book from Captain Correlli’s Mandolin and others which he has written.
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Email: bude@webbers.co.uk

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EX23 8BH

Jacobstow £249,950

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Julian Trick  
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& PRESSURE WASHER

t: 01840 779169  
m: 07760238756  
e: jftrick@hotmail.co.uk
COFFEE MORNING
Coffee mornings will break for the Christmas Holiday on 16th December and re-open on 16th January 2014. Usual day, every other Thursday on re-cycling day. Telephone 01840 230262.

Launceston Hospital has a new telephone number 01566 761001. Thank you to one of our readers for letting us know. It has been updated on the back cover.

Parish Council Meeting
You will note that there were no minutes from the Parish Council Meeting held on the 18th November. These will be published in the next edition of The Journal.

Dont forget the Parish notice boards outside the village hall and Wainhouse Stores for up to date information. You can also use these to promote any community activity you want people to know about.

Are you organising a community event? If so, we can advertise it for you for free and we will even help you design it!!!!!!

DON'T FORGET
Carol Service
Jacobstow Church
15th December at 7.00 pm

Arts & Crafts
Christmas Celebration on 9th December.
Group begins again on 13th January 2014.

Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?. For further details speak to any Committee Member or ring the Secretary on 01840 230173.
WEATHERWISE by Monitor

September started here with a slight grass frost, 4°C being noted early morning. Early fog and mist cleared quickly, but there were only a few sunny days. Where there were long breaks, quite a number of days were quite warm, 22°C being typical by mid-afternoon. The 7th and 13th produced significant rain, and a thunderstorm was observed to the north on the 6th. The later part of the month produced a number of warm and humid days, I recorded 21°C on the 24th. The total rainfall collected at Canworthy Water for the month was 3.26”. An extensive and prolonged thunderstorm was observed to the east of the area on the 28th around lunchtime, there had been activity earlier that day. This summer was very active in that respect this year, having been quiet previously for several seasons.

October was very wet! Above average sea temperatures produced a number of extensive rain periods, starting on the 3rd (1.05” in 6 hours) with a thunderstorm in the morning. The total collected for the month was 8.3”. By far the most rain recorded here for some while was the St Jude's Day storm, which gave 1.42” in 20 hours. This storm developed over our area with a rapid drop in pressure during the early evening of the 27th once an upper weather front had cleared through, although wind-speeds locally were not of any real note. Storms that develop such as this are known as “Explosive Cyclogenesis”, being a storm where the pressure drops at or faster than 1Mb per hour over a short period.

**HIGH TIDES and SUNSET- December and January (estimated)**

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Marion’s Cookery Corner

Christmas Chocolate Fruitcake
This is a good last minute cake as you can eat it straightaway but it will also keep for up to 2 months if you want to ‘feed’ it.

Ingredients

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<td>200g butter</td>
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<td>200g dark brown sugar</td>
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<td>100g dark chocolate broken into bits</td>
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<td>75ml brandy</td>
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<td>1 tsp vanilla extract</td>
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<td>250g raisins</td>
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<td>100g dried cranberries</td>
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<td>100g mixed peel</td>
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<td>200g self raising flour</td>
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<td>100g ground almonds</td>
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<td>3tbsp cocoa</td>
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<tr>
<td>1 tsp mixed spice</td>
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<td>3 eggs beaten</td>
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<tr>
<td>250g currants</td>
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<td>100g sour or glace cherries</td>
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Method

1. Put the butter, sugar, chocolate, brandy, vanilla and dried fruits into a large saucepan. Heat gently, stirring occasionally until everything has melted together. Remove from the heat.

2. Heat oven to 150c/130c fan/ gas 2. Line a deep cake tin, 20cm round or 18cm square, with a double layer of baking parchment. Wrap a few layers of newspaper around the outside and secure with string.

3. Mix the flour, almonds, cocoa and spice together. Stir the eggs into the slightly cooled chocolate mixture in the saucepan, followed by the flour mixture. Scrape into your prepared tin and bake for 1 ½ to 2 hours or until a skewer poked in comes out clean. Cool in the tin and then either decorate if eating straightaway or wrap in greaseproof paper and store in an air tight tin.

Decorating suggestions

Traditional marzipan and royal icing. Whole dried fruit, glazed with apricot jam, chocolate ganache or chocolate fudge icing...YUM!
Here we go, **ITS CHRISTMAS AGAIN.** Time to be jolly but also a time to think of others less fortunate than yourselves and a time to give to those who have less than you. Support your local Christmas Fairs and give generously.

---

**COOKIES NAME PLATES**

**Ingredients:**
- 300g icing sugar
- Half a teaspoon of peppermint essence
- 4 giant cookies
- Sweets and sprinkles to decorate

**Method:**
- Mix icing sugar with peppermint essence
- With enough water to make a thick icing
- Spread icing over cookies and create a border
- With sweets and sprinkles
- Using icing pen write guests names in the centre of each cookie. When icing is dry, wrap in cellophane and tie with pretty ribbon.

---

**Q. Why do Christmas Trees make such bad knitters?**

**A. Because they keep dropping their needles.**

**Ha Ha**
WORLD WAR I EXHIBITION 2014

Next year is the anniversary of the start of the Great War, to commemorate this event Bude Stratton Archives and the Bude Old Cornwall Society are hosting an Exhibition of memorabilia.

If your family or friends have items, photographs or memories which they would like to share, The Archives would be happy to include your items.

We are interested in what it was like to live in or near Bude in those days. We are also interested in those who left to go to fight and whether they survived or died.

Anything which you would like to share please call:
Bude Heritage Centre on 01288357300 and The Archive Team or the Bude Old Cornwall Society will get back to you.

“Although most of us think primarily of the Great War in terms of life and death in the trenches, only a relatively small proportion of the army actually served there. The trenches were the front lines, the most dangerous places. But behind them was a mass of supply lines, training establishments, stores, workshops, headquarters and all the other elements of the 1914-1918 system of war, in which the majority of troops were employed. The trenches were the domain of the infantry, with the supporting arms of the mortars and machine-guns, the engineers and the forward positions of the artillery observers.”

Extract from an article by Chris Baker

Art & Craft Group

We have had a cracking start to this winter. With a free-for-all afternoon, then two sessions making pottery decorations and wall hangings. We look forward to a card demonstration by Wendy from the Bude shop Moments, this was on Monday 25th November beginning as usual at 2.00 pm. On 2nd of December, an extra meeting, we will be making willow frame lanterns under the guidance of Hilary Workman.

Then 9th December we shall have our Christmas celebration. We shall begin again on 13th January 2.00 pm at the Jacobstow Village Hall all are welcome if you would like to come or find out more please contact Judy on 01840 230900.
BIG BEN from the inside—By Sarah Smith

“What you need to ask yourselves is this, I know you filled the medical questionnaire out, but you probably did that yesterday or the day before, how are you feeling today? Are you having an off day, did you sleep ok last night, are you really feeling up to this?”. This was Shaun talking to our little group of 8 people at the start of our climb of 334 steps up the Elizabeth Tower, as it was named in 2012 to celebrate the Queens Diamond Jubilee and, to be honest, he wasn’t really selling it to me. The other problem was that although Leaza, my friend and I were the youngest in the group, it wasn’t by a long way, more than half of the group were male and you just knew that the suggestion of “if you are feeling tired or out of breath, just stop for a breather” was not going to be taken up, not on our watch!

We started the climb up the first 144 steps (“this is the longest and worst climb”) to our first stop off point. The whole of the tower is lined surprisingly spacious rooms, and this is where we all collapsed gasping for air, slight exaggeration, for the first little chat from Shaun. He explained how the architect Charles Barry won a competition to design the new Parliament building after the Palace of Westminster was destroyed in a great fire in 1834. Barry’s final design which he collaborated with Augustus Welby Pugin (great name!) included a prominent clock tower. The clock was designed by Edmund Denison and made by Edward Dent, it was installed in 1859 and officially started on 31st May 1859 and the Great Bell, Big Ben began striking the hours on 11th July 1859.

We then left the comfort of the Houses of Parliament chairs and continued our climb up to another level, and another chat about the actual bell “Big Ben”. Did you know that it is actually the second bell that was cast. The first bell was cast in Stockton-on-Tees in 1856 but during tests a fatal crack appeared. This bell was broken up and cast again at the Whitechapel Bell Foundry. When the bell was delivered to the bottom of the bell tower it was found to be too wide at the base to fit through the door, it had to be turned sideward's, which took four men 36 hours, then righted and winched up the tower by hand. After fitting the bell it too developed a crack but they managed to drill top and bottom of the crack and stop it spreading, you can still see the repairs today.

The next climb up took us to a real “wow” moment, we went through a door and were stood in a narrow corridor, on our right hand side was the back of the south face of the clock, each dial is 7 meters in diameter and is glazed with 312 pieces of opal glass.
Big Ben from the inside – continued

On the left side was a wall full of the 28 light bulbs which illuminate the clock face at night. You can still see the original gas jets which used to be lit every night. Nowadays the light bulbs are long life low energy bulbs.

As we reached the highest point we could go to, the time was 9.50, we had heard the clock chiming the half hour and quarter to the hour as we climbed, Shaun had timed our climb so that we arrived in time to hear Big Ben strike 10 o’clock. As you climb out into the actual clock tower it is the first time you are outside, exposed to the elements and become truly aware of the height that you have climbed. Shaun then told us some more history of the tower and the bells, showed us the microphones that are used by the BBC to broadcast the live strike on radio 4 at 6pm and 12 midnight. Time was marching on and at 2 minutes to 10 Shaun asked us to put in our ear plugs and lean against the huge metal brackets from which the bells where suspended. The first thing you see is the four quarter bells striking the Westminster Chimes (G sharp, F sharp, E and B for those who want to know) and then for about a second there is a silence, the anticipation is amazing, then you see the hammer rise and strike Big Ben. I was standing about four foot away from the bell and I can honestly say you almost feel the bell ring with all of your senses, your head literally rings and the vibration going down the brackets is astounding.

We could not continue the climb to the highest point of the tower which is called the Ayrton light. It used to be lit just on the side that faced Buckingham Palace so that Queen Victoria could see that her Parliament was in session, nowadays all four sides are illuminated when Parliament is in session late into the night.

The climb down seems slightly easier at the start, but you then become almost punch drunk with looking down at the steps as they wind around and down, if you lean over the middle you can see the banister winding around like something out of Alice in Wonderland. We then stopped in another side room to see the various workings of the clock. Did you know that when the competition was announced one of the rules was that the clock wasn’t allowed to loose more that one second. This still applies today, it is checked three times a week for accuracy using the speaking clock and if it is found to be running fast or slow the pile of old pennies that sit on top of the pendulum, which is 4.4 meters long, are adjusted. As you watch the huge pendulum swinging you can see the pile of pennies sitting on top. The Big Ben tour is free, you need to contact your MP, the tours are at 9.15, 11.15 and 2.15 Monday to Friday. It is the sort of visit which you will remember for years to come and well worth the huffing and puffing!
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Tel/Fax 01840 230312  Mobs: 07790 154537 07952 249645 & 07765 227463

Jive Club in Warbstow with lessons

Thursdays 7.30 pm to 10pm.
Warbstow Community Centre. Main lesson starts at 7.45pm. £3.00 per person including lessons
Lots of time to practice and receive individual help from us. Let us know if you would like to come. Or, if you just want a chat about what to expect please ring on (01566) 781 587 (Please don’t forget to leave your name and contact phone number), or email adrianandlouise2@btinternet.com
We also teach at the Bude Jive and Rock n Roll club on Mondays at the Parkhouse Centre. We offer private lessons, party/event fun lessons and give dance demonstrations at shows.

Ring or email us to discuss your needs. We look forward to hearing from you and seeing you jiving.

Adrian and Louise Stevens
### BUS TIMETABLES

#### 208

Warbstow – Canworthy Water – Bude – Launceston - Holsworthy  
Mondays, Wednesdays, Thursdays and Fridays only  
(except Public Holidays)

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Webbers Coaches 01208 74711

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#### 220

Higher Crackington – Launceston  
(Tuesday only (except Public Holidays))

<table>
<thead>
<tr>
<th>Higher Crackington</th>
<th>0910</th>
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<tbody>
<tr>
<td>Wainhouse Corner</td>
<td>0925</td>
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<tr>
<td>Jacobstow</td>
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<tr>
<td>Week St Mary</td>
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<tr>
<td>Canworthy Water</td>
<td>1005</td>
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<tr>
<td>Warbstow Cross</td>
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<td>Launceston Westgate</td>
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<tr>
<td>Launceston Tesco</td>
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<td>Higher Crackington</td>
<td>1400</td>
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Webbers Coaches 01208 74711

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<td>Launceston Tesco</td>
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<tr>
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</tbody>
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#### 595

Boscastle – Bude  
(a = School days only) (h = School holidays)

| Boscastle | 0805 | 1035 | 1205 | 1435 | 1455 | 1605 | 1655 | 1855 |
| Crackington Haven | -- | 1047 | -- | 1447 | 1507 | -- | -- | -- |
| Wainhouse Corner | 0817 | 1055 | 1217 | 1455 | 1515 | 1617 | 1707 | 1907 |
| Treskinnick Cross | 0820 | 1059 | 1221 | 1459 | 1519 | 1621 | 1711 | 1911 |
| Widemouth Bay | 0825 | 1103 | 1225 | 1503 | -- | 1625 | 1715 | 1915 |
| Budehaven School | -- | -- | -- | 1525 | -- | -- | -- | -- |
| Bude Strand | 0832 | 1110 | 1232 | 1510 | 1530 | 1632 | 1722 | 1922 |

Bude – Boscastle  
(Partial listing of stops only)

| Bude Strand | 0710 | 0715 | 0840 | 1115 | 1240 | 1515 | 1530 | 1725 |
| Widemouth Bay | 0716 | 0721 | 0846 | 1121 | 1246 | 1521 | 1536 | 1731 |
| Treskinnick Cross | 0722 | 0727 | 0852 | 1127 | 1252 | 1527 | 1542 | 1737 |
| Wainhouse Corner | 0727 | 0732 | 0857 | 1132 | 1257 | 1532 | 1547 | 1742 |
| Crackington Haven | -- | -- | 0905 | -- | 1305 | -- | 1555 | -- |
| Boscastle | 0745 | 0750 | 0920 | 1150 | 1320 | 1550 | 1605 | 1755 |

Western Greyhound 01637 871871

No Sunday Service

**595**

**Morwenstow and points North**

- There is now a Service (217) run by Stagecoach but it is erratic at the moment
- Ring Barnstaple
### Useful Contact Numbers

#### Local Authority
- Cornwall County Council 03001 234100
- Bude “One Stop Shop” 03001 234111
- Cornwall Library Service 03001 234111
- North Cornwall MP Dan Rogerson 01566 777123
- Nicky Chopak (County Councillor) 07810302061
- Police-Local Beat Manager Nick Jessop 01288 357502
- Police Force Enquiry Centre 08452 777444
- Crimestoppers (Anon) 0800 555111
- Floodline 0845 9881188
- Sita Recycling Centre, Tiscott Wood 01288 355131
- Dog Warden 01208 893407
- Cats Protection Mary Chudleigh 01566 773814
- Citizens Advice Bureau 0844 4994188

#### Healthcare
- NHS Direct 0845 4647

#### Hospitals
- Derriford, Plymouth 0845 1558155
- Treliske, Truro 01872 250000
- Barnstaple 01271 322577
- Bodmin 01208 251300
- Launceston 01566 761001
- Stratton 01288287700

#### Doctors Surgery’s
- Boscastle 01840 250209
- Neetside, Bude 0844 8151358
- Medical Centre, Stratton 01288 352133
- Camelford 01840-213894

#### Jacobstow Organisations
- Infants School 01840 230337
- Women’s Institute Mrs P Lane 01840 230743
- Jacobstow Church Mrs R Fox 01840 230153
- Art Group 01840 230113
- Parish Hall Bookings Mr R Reason 01840 230173
- Scout and Cub Groups Mrs D Dowling 01288 352786
- Guides and Brownies Mrs G Skinner 01566 781234
- Wainhouse Post Office and Stores 01840 230554

#### Other Numbers
- National Rail Enquiries 08457 484950