

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 17

April/May 2013



Editorial

Although the media frenzy around the horsemeat scandal has started to subside, it has made me more aware of the journey our food makes from “field to fork”. I was astonished to see the journey all the components of a frozen Lasagne make, probably more than a DVD player. I have always tried to support English produce, but sometimes when you are doing your big weekly shop trying to pin down an English apple can be exhausting. Does the usual hassled shopper really have time to study the small print on every purchase? A point in question is pre-cooked chicken that you would maybe use in a salad or stir fry. I have studied this product in all the major supermarkets and the labelling information is usually the same “Produced in the EU using chicken from Thailand”. To me this throws up all sorts of questions, where in the EU? That's a very large area, how long has it taken for the chicken to get from Thailand to “The EU” and also, maybe most importantly, what are the welfare standards for chicken in Thailand? I can't imagine an RSPCA inspector pops up unexpectedly.

So, if maybe one good thing comes out of this whole sorry situation, we will be more aware of the origin of our food and the supermarkets are going to have to stop going for the cheap, large profit margin option and start being more responsible.

We are lucky where we are, local produce is more easily available and to make the journey of your apple really short, why not start taking some gardening tips from Bob on page 13 and have a go at growing your own.

Sarah

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All contributions received will be included at the Editorial Team's discretion.

Sarah Smith
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The deadline for adverts, letters or articles for the June/July edition will be 20th May. Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

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Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mr. Bob Reason
Mrs Ilona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 19th February, 2013

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors, Cllr Phil Tucker and one member of the public attending. Apologies received from one Councillor.

Trand UK Ltd – *The meeting began with a talk by two members of Trand UK Ltd regarding affordable housing in the Wainhouse Corner area.*

Windmills & Solar Panels – *A discussion was held on the proposed Windmills & Solar Panels in Week St Mary.*

Draft Sustainable Energy Action Plan – *Mr Adey had read the information and reported on this. This was then passed to Councillors to read.*

ICO Renewal – *It was agreed to pay the ICO renewal amounting to £35. Prop. Mr R Reason. Sec. Mrs I Franklyn.*

Planning Application – Mr & Mrs I Jones, *Honeys Meadow, Jacobstow, Bude – Proposed extension to form verandah. Councillors support this application.*

Code of Conduct – *Mr Peter Chapman reported on the Code of Conduct meeting that he, the Chairman and the Clerk had recently attended. with a full attendance of Councillors, Cllr Phil Tucker and three members of the Public.*

Summary of Minutes of Meetings held on 19th March, 2013

Mr Norman Osborne chaired the monthly meeting of the Parish Council with a full attendance of Councillors, Cllr Phil Tucker and three members of the Public.

As this was the Annual Parish meeting there were four Speakers, Mrs Sue Russell (Head of Jacobstow School) PC Jessop (Beat Manager from Bude), Cllr Phil Tucker and Cllr Ray Fox.

The Speakers all gave very interesting talks and this was followed with tea and biscuits being served.

A short Council Meeting then took place.

Planning – Mr & Mrs I Jones – Cornwall Council had approved planning application.

Road Closure – Cornwall Council advised road closures. The road North West of Towerhill to Penhallym will be closed from 22nd – 26th April 2013

*The road from Week Green to Higher Langdon from 23rd April – 27th April 2013
(7.-30 – 1800hrs).*

Cornwall Local Plan – Strategic Policies Development Plan Document, This was given to Councillors to read.

Planning Application – M Uglow, East Langdon Farm, Canworthy Water, Erection of machinery/lambing shed with access track. Councillors support this application.

Cornwall and Devon is the third safest place to live in UK and North Cornwall, one of the safest in Cornwall, but we mustn't get complacent.

The Police are offering a Free Crime Prevention Survey. If you ring 101 your request will be sent to the appropriate place and arranged

Church and Chapel News

Jacobstow Church News



St Pirans lunch was held in the Parish Hall with Pasties and Puddings and very lumpy custard. (Ruth Fox said we could include the “master chef” criticism of the custard as she made it!). Everyone enjoyed themselves and the lovely food. Full marks to John Osborne for the determination shown to custard consumption

Eden Chapel News and Events

Lighthouse Kids a fun primary aged children's club is on the 2nd and 4th Wednesday of the month (except school holidays) from 4.30pm till 6pm. A snack and drink to start with then we play games, do craft and watch Christian cartoons which vary from week to week.

On the 1st and 3rd Tuesday of the month from 1.30pm to 3.30pm we have our craft group called Pritt Stick and Prayer, bring your own craft to do or join in with the activity provided. Tea and cake/biscuits will be served halfway through. A donation to cover the cost of craft items would be appreciated.

On the 13th April 7pm we are holding a Quiz night for Eden Chapel funds . £4.00 per person, 6 to a team . Come as a team or make one up on the night, refreshments served and a prize to the winning team and a raffle. Please ring Sarah on 01840 230796 to book your place.

We are hoping to hold a wedding dress festival in late June and can we put a plea out for mannequins or dress forms to display dresses on. If anyone would like to display a dress or wedding memorabilia please contact Alison on 01566 781418

Everyone young or old are very welcome to join us.

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

CANWORTHY BOOK CLUB

Great House by Nicole Krauss

Utterly confusing, vaguely relating to the travels of a desk and the people connected to it.

We generally thought it odd but on persevering a good read. Another book where the blurb didn't fit the book.

The Long Song by Andre Levy

The tale of a black Jamaican sugar plantation worker, July. She is chosen to be a maid in the big house and this is her story.

A captivating read. Members enjoyed its humour inspite of the awfulness of slave labour



A warm welcome is assured in the Old Wainhouse Inn. Children and dogs are welcome

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Times of Church Services

Jacobstow Church



1st Sunday Evensong -
Dru Pratt officiating
2nd Sunday Morning Prayer -
Carol Goundry officiating
3rd Sunday - usually no service here
4th Sunday - Holy Communion

Dimma Chapel

Services to be arranged

Contact:

Audrey Wickett : 01840 230268



Eden Chapel -



All services 10.30
unless otherwise
stated.

7th April Family Communion Service -
Mr Brian Parkman
14th April Messy United at Eden - Rev Doreen
21st April Family Service Mr Peter Parsons
5th May Family Communion Service Rev Doreen
12th May Messy United - Rev Doreen (venue tba)
19th May Family Service - Miss Naomi Sparey

Canworthy Water Chapel

All Sunday Services 11a.m



Coast Church Family Church Sunday Services 11am
Jacobstow village hall
Come and Join us, all are welcome. Non denominational



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YOU TO THE FOLLOWING EVENTS**

**14th April at 7.30PM. CONCERT AT BANGORS CHAPEL,
POUNDSTOCK, NR BUDE - TBC**

20th April at 6.30 FOR 7PM. CABARET SUPPER

**A THREE COURSE MEAL WITH ENTERTAINMENT FOR JUST £12 PER
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ADVANCE TICKETS ONLY FROM JOYCE HEARD ON 01840 230302

Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.20 to 11.35. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

GALAPAGOS ISLAND HOPPING - Episode 1

By G Smith.



The islands are located 600 meters west of Equador created by undersea volcanic eruptions. For many years it was a refuge for pirates with legends of their plundered treasure troves still buried there. Galapagos became a regular port for whaling fleets threatening the wildlife.

The islands' most famous visitor was Charles Darwin who arrived aboard the 'HMS Beagle' in 1835, the fame of his theory highlighted internationally the need to preserve the area and in 1959 the archipelago was declared an UNESCO World Heritage site.

It is a unique environment which can only be appreciated when visiting. On landing on the islands' all luggage is sprayed with disinfectant before leaving the plane and on embarking you walk over disinfectant mats, luggage is also checked for nuts and seeds. When walking on the islands there are specific paths and areas that you must adhere to. All plants are protected and must not be picked, the cotton plants are used by specific birds, mangroves protect the shores and the leaves remove salt from the water, nothing must be disturbed or removed.

Goats were a very big problem and have now been eradicated. Black rats that came on boats are also a problem as they eat the eggs and baby tortoise. Blackberry seeds cause many problems, chocking native plants and making it difficult for tortoise' to walk and find food.



The animals and birds have little fear of people which enables visitors to observe them closely. We managed to visit three islands, San Cristobal, Isabella and Santa Cruz.

We flew from Quito on an early flight to the eastern most island San Cristobel and after leaving luggage at our guesthouse 'Pimampiro' we visited the 'Interpretation Centre' with our guide learning about the formation of the islands and sea currents and how these affect sea life and animals. We then walked along the shore to the open air restaurant for lunch passing numerous sea lions lying in any place where there was shade, under seats, on pathways, sitting in boats and taking absolutely no notice as you walk past them.

JACOBSTOW COMMUNITY SCHOOL AND PRESCHOOL

Pirate FM Goes Green with Jacobstow School



In the past Jacobstow School and Preschool has worked with Pirate FM as part of their learning in literacy, recording and advert for our school, which is currently on our school website www.jacobstow.cornwall.sch.uk.

On 27th

February we renewed our

relationship when 8 children went to the Pirate FM studios to record another advert. This time it was the real thing with a recording in the studios in Redruth and a tour of the studios to see how the programmes are made.

Theme was how green is our school and how do we look after the environment.

This was real writing with a purpose as the children had to prepare, as well as record, their own script. The advert was broadcast on 11th March and the full version is on the Pirate FM website. It was a great opportunity and was enjoyed by all.



Jacobstow Community Primary School & Preschool

CARES about preparing our children for their place in the world of the future

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www.jacobstow.cornwall.sch.uk

for more details.

An early learning adventure.

We are especially interested to hear from anyone who might like a place from September 2013. Taster sessions are available and there is a stay and play session every Monday morning from 9.15 am.



Cornwall Air Ambulance

Last term the children at Jacobstow School had an assembly delivered by the Cornwall Air Ambulance. They had the opportunity to try on the uniforms and learn about how the service responds to the needs of everyone in Cornwall. There was no requirement to have fund raising events to support the ambulance but the School Council members decided that they

would. On 25th they organised a Bring and Buy Toy Sale and Coffee Morning and raised a fabulous £88!

Councillor's Report

I woke up this morning.....

I'd like to think that during the last four years as your councillor, if you had a problem and called me, that you had (in me) a listening ear and an understanding approach to your problem. I hope you know that I have always operated with honesty and without political influence or prejudice. I would like to think that everything I did and said was with the resident's interest at heart. When there were issues I negotiated on behalf of members of the community and always did it myself. I would not say "you need to speak to...." because I believe the councillor is the only person which anyone "should need to speak to".



I think at council generally we have done a good job as Independents and Conservative administration. Under the Lib-Dems, Child Services, Adult Care, the Fire Service, Housing and some other departments were red flagged or in special care. Most embarrassing of all was that the government was put in to run our Fire Service and Child Services because it was deemed that Cornwall County Council was not able to. And while it was tricky I think the Independents and Conservatives worked well together to remedy these issues.

While the going is good!

Those bad days are gone. I have served for four years on the Fire Improvement panel and was the only elected person in the Chief Fire Officers Association serving the whole South West from Bournemouth to Bristol. Great progress has been made and other Fire Services now come to us as an exemplar, even from other countries. I am a trustee of Flashpoint, a charity to keep children safe. I have served on the Housing group to remove the red flag. Others have worked equally hard on Child Services and Adult Care to get those departments improved. Amongst and during those improvements we have had to cut the budget by £170 million. While it has been difficult to reduce this budget I hope not too many people have been affected.

During the 4 years I have received approaching 28,000 emails and I have dealt with phone calls and post about everything from windturbines to barking dogs and children at threat. I am out most evenings, many days and quite a few weekends. Oddly it has been very enjoyable, especially when I believed that my actions had made a real difference to people's lives. At times it has been difficult to balance work, home and the council but the rewards are great when someone feels I helped. During this time I have greatly enjoyed supporting the Robert Johns Leukaemia fund by helping to run charity bars. A resident and I are putting together an idea to help train older people to use computers and therefore stay in touch with their friends and family.

But as I said I woke up this morning (and it really was this morning that I made the decision) I decided that it was, perhaps, unfair on my family to give my time to the community for another four years as a Councillor. I have therefore decided that I would not be standing for election to Cornwall Council and "look forward to spending more time with my family" and working on local projects in the community.

I would sincerely like to thank all members of the community for their support during my time as their councillor. I would also like to thank the Parish Councillors for their warm welcomes (in cold village halls).

Thank you

Phil Tucker

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Bob's Gardening Spot



Its time to plant your second early and main crop potatoes and earth up your early potatoes. An old method of controlling slugs in potatoes is to put old soot in the rows when you plant your tatties. Sow your cabbages and cauliflowers indoors to give you a good start to your summer and autumn crops. April is the best time to sow hardy annuals where they are to flower, just mark an area to define which plants grow where, sand is good for this. If you do not want a lot of bedding plants you can get a good selection of plug plants at any garden centre. Now is the time to clean up your borders by cutting back old, dead growth on your herbaceous plants.

Weed the bed and fork over the top 2 inches of the soil and spread over a layer of compost, fork it in at the same time. May is the time to think about starting your Dahlias into growth, but if you are not careful a cold snap will knock them back and you could totally loose them. Bushy shrubs will be growing very well and it is a good idea to take cuttings from them to guard against any losses you may find later in the year. Its easy to do, just cut a new stem about 3 - 4 inches long, trim them to just below a leaf node and put them into a pot with half and half compost and Vermiculate or grit. Put them into a cold frame until they show signs of growth when you can plant them into their own pots. Finally now is the time to feed your lawn with a slow release feed to bring it back to life after the winter.

If you have any gardening queries or questions just drop me a line at the Journal and I will do my best to help - meanwhile, Happy Gardening.

BOB

From Frankie and Family.

As many of you know, David, my husband, lost his courageous battle with cancer on the 5th of March. My family and myself have been overwhelmed by the support shown by the kind people of Jacobstow. As you can imagine, it was the worst thing we have experienced and it would have been far worse if we hadn't had that kindness shown to us. The number of sympathy cards I have received is huge, so if I have omitted to say a thank you to anybody, please accept my apology.

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GALAPAGOS ISLAND HOPPING - Episode 1 cont **By G Smith.**

After lunch we had the choice of walking or cycling to Loberia beach for snorkelling and observing sea lions who sat in small groups all over the beach very close to groups of people.

I had only got up to my knees in the sea when a sea lion swam past knocking me over. I also had a small Sting Ray swim past my feet!

The next day we were up early again for a full day boat trip with snorkelling and kayaking. We saw rays, turtles, numerous fish and when snorkelling near 'Sea Lion Rock' saw white tipped shark. From the boat we could watch the 'Blue Footed Boobies' fishing, this was spectacular as they dive at great spread and height straight into the water, to protect themselves they have a cushioned head (rather like an airbag) and their nose is located inside the beak. We also watched the frigate birds and pelicans, some of the group were lucky enough to see a 'Manta Ray'



We went onto Leon Dormido beach and paddled with pelicans, swam and had a go at kayaking.

Another early start to take an 18 seater plane to Isabella Island, the largest and most active but only home to 20% of the human residents of the islands. A quick stop at our hotel, 'Albemarle' another good hotel right on the beach with palm trees and white sands. We were lucky to have a room with a balcony overlooking the beach. There was a shack called 'Iguana Port Bar' at the end of a small pier and true to its name there were Iguanas everywhere.

We then took a boat to Tintureras Island to see Iguanas, we first came across the 'nursery', the adults lay the eggs and then the babies fend for themselves. We also saw white tipped sharks basking in shallow water, on to see adult Iguanas, apparently they can live up to 40 years. They have no predators but the baby sea lions play with them grabbing them by the tail and tossing them back in the water, although this doesn't hurt them they are unable to get out and warm in the sun and they can then die of hypothermia.

Dereck A Smith

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PUZZLE PAGE



Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Sharon Patient was pulled from the hat, she wins a **£20 voucher for Wainhouse stores**. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20th May 2013
Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

B	U	T	T	E	R	C	U	P	R
R	E	U	R	W	O	D	A	E	M
E	X	M	A	L	L	O	W	O	N
H	O	P	Y	P	P	O	P	Y	E
T	C	H	A	R	L	O	C	K	S
A	C	O	M	F	R	E	Y	K	O
E	N	I	D	N	A	L	E	C	R
H	E	L	T	T	E	N	Z	O	G
B	I	L	B	E	R	R	Y	D	O
W	I	L	D	P	A	N	S	Y	D

WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

BUTTERCUP	BILBERRY
CELANDINE	CHARLOCK
COMFREY	DOCK
DOGROSE	HEATHER
HOP	JASMINE
MALLOW	MEADOWRUE
NETTLE	POPPY
WILDFLOWER	
WILDPANSY	



CORNWALL QUIZ (how much do you know??)

1. Which town is the Elizabethan stately home, Prideaux Place near?
2. Where can the only Cathedral in Cornwall be found ?
3. Who transmitted the first Transatlantic signal in Poldhu in 1901?
4. Where is the Tate Gallery
5. The Tamar bridge links Plymouth with which Cornish area?
6. Where is the impressive rocky island of St Michaels near?
7. What is the Cornish village of Porthcorno home to?
8. Which large castle and estate, home of the Williams lies between Truro and St Austell ?
9. The river Fal is bridged at its mouth by which two castles?
10. What is the name of the famous restored gardens near Mevagissey?

Can you name the famous landmarks?



Last edition answers Word search missing word Peat Nature Quiz : 1. Great Barrier Reef 2 Female 3 False (April 22) 4 Arizona 5 True 6 Reduce, reuse and recycle 7 False (Keratine) 8 Galapagos Islands 9 Uluru 10 True

POETRY CORNER

Lets wallow in a well
known celebration of Spring!

DAFFODILS - BY WILLIAM
WORDSWORTH

I wander'd lonely as a cloud
That floats on high o'er vales and hills
When all at once I saw a crowd,
A host of golden daffodils
Beside the lake, beneath the trees
Fluttering and dancing in the breeze

Continuous as the stars that shine
And twinkle on the milky way,
They stretch'd in never-ending line
Along the margin of a bay:
Ten thousand saw I at a glance
Tossing their heads in sprightly dance

The waves beside them danced, but they
Out-did the sparkling waves in glee :-
A poet could not be but gay
In such a jocund company!
I gazed - and gazed - but little thought
What wealth the show to me had brought

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills
And dances with the daffodils



Village Hall quiz night

If you didn't make it to the quiz night on Saturday 2nd February here are a couple of the more trickier questions to ponder,

Which is the lightest metal?
How many strings does a balaika have? Think you know the answers, just remember the two simple rules "1. The Quiz master is always right - 2. If in doubt refer to rule 1!"

9 teams waddled into the fray, full of good humour and the free bottle of wine, by the 8th round you could sense the atmosphere ratchet up a gear, with various mutterings of "we could still win this you know!". The final victory went deservedly to The Juliotters who amassed an impressive score of 92. (I would like to add that the Journal team came 4th!)



Winning team - The Juliotters
A really fun evening, brilliantly organised and much needed funds added to the pot for new chairs for the hall.

WEATHERWISE

By Monitor

January at Canworthy Water produced little weather of any significance. A total of 4.24" of rain was collected with only the last week being really wet. The 27th gave .6" by the evening.



There was quite heavy snow for a while on high ground to the east of this area on the 22nd, and thunder was heard on the 21st, 26th and in the early morning of the 30th, the latter being local but of short duration. Many days were fairly mild and windy but no real inland gales as such. Of note, perhaps, were the lack of any really sharp frosts, nothing less than -2°C observed locally.

February started quite wet and continued to be so up to the 14th. A severe gale overnight 5th/6th produced northerly wind gusts of 75mph locally but little rain. Some tree damage was observed and the wind didn't really ease until evening. The wettest day was on the 10th, with another significant rain event observed on the 14th, giving .7" in 8 hours. The weather changed completely for the rest of the month with no further rain to the end of the period and persistent easterly wind drying up matters quite a lot. A total of 2.68" rain was collected for the month, and again little in the way of frost here.






There is nothing else generally to report at present. The jet stream is well to the south at the moment, and Atlantic sea temperatures continue to decline somewhat.

HIGH TIDES April and May

Date	5 Apr	12 Apr	19 Apr	26 Apr	3 May	10 May	17 May	24 May	31 May
AM	1.24	7.07	0	6.06	0	6.07	10.28	4.56	10.52
PM	14.09	19.21	12.12	18.27	12.23	18.23	22.51	17.22	23.21

April - events in the local area

Book Bus
C/W Canworthy 10.20
WC Wainhouse 11.20

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Easter Monday And April Fools Day	2 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall	3 	4	5	6
7	8 5 pm-8pm Beavers and Cubs In Scout Hall	9 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall	10 Lighthouse Kids 4-6 At Eden New moon 	11 Coffee Morning 10.30 - noon WI 7.30	12	13 Quiz Night Eden Chapel 7.00
14	15 Arts & Crafts 2.00 - 4.00 5 pm-8pm Beavers and Cubs In Scout Hall 	16 Brownies 5.00 Scouts 6.30-8.00 In Scout Hall Parish council 8.00	17 	18 W I 7.30	19	20
21 -	22 5 pm-8pm Beavers and Cubs In Scout Hall	23 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall	24 Lighthouse Kids 4-6 At Eden	25 Coffee Morning 10.30 - noon	26	27
28	29 Arts & Crafts 2.00 - 4.00 5 pm-8pm Beavers and Cubs 	30 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall				

NOTE. Activities are in Parish Hall unless stated otherwise.

May - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 Local Elections	3	4
5	6 May Day Bank Holiday	7 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall	8 Lighthouse Kids 4.00-6.00 At Eden	9 Coffee Club 10.30 - Noon W I 7.30pm	10	11
12	13 Arts & Crafts 2.00 - 4.00 5 pm-8pm Beavers and Cubs In Scout Hall	14 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall	15	16	17	18
19 Whitsun	20 5 pm-8pm Beavers and Cubs In Scout Hall	21 Brownies 5.00 Scouts 6.30-8.00 In Scout Hall Parish council 8.00	22 Lighthouse Kids 4.00-6.00 At Eden	23 Coffee Club 10.30 - noon	24	25 Full moon
26	27 Bank Holiday Spring Fayre	28 Brownies 5.00 Scouts 6.30 - 8.00 in Scout Hall	29	30	31	

NOTE. Events in Parish Hall unless stated.

Brownies 5 - 6pm,

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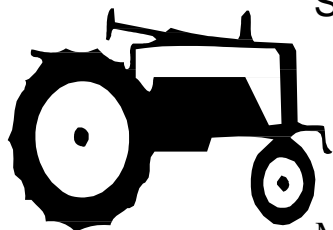
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JACOBSTOW W.I. NEWS

February meeting; Susan Swanepoel from North Petherwin WI came to talk to us about her career as a bra designer for M&S. She brought some beautiful underwear samples for us to see, but as they were from the Twiggy era none of us alas, would ever be able to wear them!

Bella Forsythe won the competition

March Meeting; This was the AGM and Pat Lane was voted President with a six lady committee to support her.

After the voting we all played Beetle and had great fun. The cards had a most unusual marking system which caused much laughter and we made a great deal of noise for respectable ladies.

April meeting is a trip to St Kitts Herbery at Davidstow on 11th April.



The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president,
Mrs Pat Lane 01840 230743

Extract from Jacobstow Parish Council Meetings 5 March 1934

"It was unanimously resolved that a strong protest be sent to Cornwall County Education Committee at the appointment of a Mistress for Jacobstow Council School, in opposition to the District Group Managers. Now that the average attendance is over 55, in the opinion of this Parish, the absence of a Master will be detrimental to the well being of the older boys of the school"

THE JOURNAL is powered by your input

Please tell us about any news, yourself, your holidays, hobbies, clubs, events and adventures.

Let us know by 20th May. Tell us by phone, email or old fashioned pen and paper. We can help you arrange it for printing in the Journal





A DAIRY FARMER

We have been farming at Tobarn Jacobstow for the past 25 years and in The Midlands before that. We currently milk 250 cows and have around 150 younger stock which are replacements cows for the future.



Most dairy farmers start work very early in the morning. It is not a typical nine to five job, it is more like five to nine pm! 5am can come round very early but you cannot lie in bed too long as cows are creatures of habit and like to be milked at regular times. The first job in the morning is to check that there have been no new arrivals during the night. Cows calving is a critical time so they have to be checked regularly and assistance provided if needed. Cows have a 9 month gestation period and they need to have a calf so that they can produce milk. Cows normally have 2 months rest period before calving so that they are in the best condition to produce a healthy calf and then milk.



Milking of 210 cows takes around three hours in the morning. During the winter cows are housed from around October to March. Through the winter they are provided with all their feed and bedding.

This can take the majority of a farmers time during the day to make sure they are comfortable and have enough feed so that they can produce their optimum amount of milk. The dairy herd are fed twice a day and at the same time all the younger cattle also need feeding. In the summer cows are out in the fields grazing grass which makes life easier but, this is also not a quiet time. This is because forage needs to be produced so that cows have enough feed and bedding ready for the next winter. So it is a never ending cycle of feeding or making feed for the cows.

Cows are milked here twice a day and the evening milking starts at around 3.30 and last around 2.5 hours. The dairy cows here



produce around 9,000 litres per cow a year. So in old fashion terms that is 15800 pints of milk, just imagine all that milk on your doorstep!



This lass is 1 hour old

The final job of the day happens around 9pm, this is when the last rounds are done to check if nothing is calving and also that the milking cows are all okay and that there are no problems. Then it is to bed and the cycle starts again the next day.

If anyone would like to come and look round the farm they would be more than welcome.

Letters Page

Something you want to get off your chest?, important information you think every-one should know about? Just drop us a line, contact details inside front cover



From Sue Russell, Head Teacher Jacobstow Primary School

Jacobstow School and Pre-school has to call in help from the police.

Sadly, I have to ask for community support in protecting Jacobstow School and Pre-school from vandalism. We have over the last few years tried to encourage and support the use of the school grounds by the community when the school is closed; after school hours, weekends and in the holidays. However, recently we have had several occasions when we have had to do serious repairs to the external doors as someone has tried to force them. We don't know if this is a serious attempt to access the school or if it just 'kids being kids' and seeing what they can get away with. Whichever it is a serious breach of trust.

We have contacted the police and asked for their assistance. We have asked for random monitoring patrols. We now appeal to those in the community itself to keep an eye on the school and its grounds and to those who use the grounds to make sure they use them sensibly without causing any damage. If anyone has any information about these incidents we would appreciate hearing of it.

Thank you.

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COOPERATIVE OIL BUYING GROUP

Having read the Jacobstow Parish Plan with particular reference to bulk buying, I wondered if I would receive any enquires as the only scheme for bulk purchases is in Warbstow, that I am aware of, which is a syndicate that I started and run with the help of one other and is for domestic heating oil .

I received a call the other day from one of our existing clients in Canworthy Water asking whether I had thought of extending to include Jacobstow. The answer I gave was yes but because of age and health did not feel able and also I have no idea how many homes use oil for heating, but if anyone in the village would be willing to co-ordinate a list I would be happy to include that list with the existing one.

When we started the scheme the object of the exercise was to get as many people in the smallest area because if a tanker holds 10,000 litres and one could get ten people living near to each other wanting 1000 litres one had an ideal situation to negotiate a good price. Whilst the one order was placed the suppliers sent individual invoices. In our hey day we had over 60 names but for one reason or another the people using the scheme diminished.

There could be many reasons for this, replaced old equipment but probably due to the various schemes that the suppliers are offering. My thoughts are that these are a personal choice but do on the whole tie that person to that supplier which will not necessarily be the most competitive all the time.

It is also almost impossible to get an account as most suppliers want payment before delivery and also have 500 litres as a minimum order.

DA Forsyth, Barn Close - 01840 230197

The Jacobstow Art and Craft Group met regularly through the winter and have continued to follow a varied assortment of crafts. We recently had a demonstration of decoupage a method of applying paper cut out and varnish to cover articles and furniture. This was a very popular mode of decorating in the 19th and early 20th century and blends well with the current “ distressed “ furniture paint which is so fashionable. Thank you to Celia Sousek for passing on her knowledge of decoupage. The group members continue to share their skills and help each other. We knit, complete patchwork, paint from still life and generally enjoy our craft meetings. Our next meeting will be Monday April 15th starting at 2.00pm in the Parish Hall and anybody who is interested is welcome to join us. No previous experience or expertise is needed .

Wendy Hodgson

S.A.C. DIP. FHPT/S.A.C. Dip. FHPP

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Now we are into Spring maybe you can talk to mum and dad to see if they would help you to feed all the birds that come into the garden. This is the time when they need your help to keep them strong when they are building their nests and producing their young. If you need any help with this, the RSPB web site is really helpful. Check out their web site on RSPB.org.uk



Spring Flowers Search

IRIS
LILY
DAFFODILS
TULIPS
CROCUS
VIOLETS
POPPY
SNOWDROPS
BLUEBELLS
BUTTERCUPS

Q	J	K	L	P	E	B	T	M	F
B	U	T	T	E	R	C	U	P	S
L	I	L	Y	Q	B	W	L	O	N
G	R	I	G	A	H	U	W	I	P
V	I	O	L	E	T	S	P	P	W
H	S	C	R	O	C	U	S	Y	D
D	A	F	F	O	D	I	L	S	R
E	T	W	X	F	N	O	Q	Q	O
Q	B	A	R	Q	Q	F	O	M	P
P	B	L	U	E	B	E	L	L	S



Q: Can February March?

A. No, but April May!

Q. When do monkeys fall from the sky?

A. During Ape-ri! showers!

CARING FOR HEDGEHOGS IN YOUR GARDEN

If you've got a garden, hedgehogs can be useful visitors. They will eat snails, slugs, beetles and a variety of other insects.

Make a hedgehog a home

To attract hedgehogs to your garden you can try providing hedgehog homes, both natural – by creating 'wild' areas – and man-made by placing a piece of board against a pile of bricks to form a type of bivouac or buy a purpose built hedgehog house.

Hedgehogs hibernate

Hedgehogs normally hibernate between November and mid-March but are sometimes seen during this time, if the weather has been mild. Try to keep aside a hedgehog-friendly area of garden, leaving welcome heaps of leaves and brushwood.

Feeding hedgehogs – what hedgehogs eat

Food and fresh water at any time of the year will encourage visiting hedgehogs to return regularly. You could try leaving out food such as minced meat, fresh liver, tinned dog food (not fish-based), or chopped boiled eggs. There's also hedgehog food available, which can usually be bought from suppliers of garden bird food.

Hedgehogs like milk but it can cause severe diarrhoea; they should never be given cow's milk. So it's best to give hedgehogs plain, fresh water each night in a shallow bowl.

Garden ponds

Make sure there is always an easy route for hedgehogs to climb out of the water. Steps built out of house bricks are often used. Ideally, swimming pools should have shallow steps and a tight-fitting insulating cover should be used overnight.



**PLEASE TAKE EXTRA CARE WHEN MOWING OR
STRIMMING UNDER HEDGES AS HEDGEHOGS MAY BE
HAVING A NAP!!**

COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

Coffee Club in the Village take place every other Thursday,
commencing 4th April 2012

Why not have a look at our new jigsaw puzzles and book exchange

NB

There has been a change of time for the Book Bus at Wainhouse Corner. Now it is 11.20-11.35

Check bus times

Those printed here are those currently on the website

Church Lottery February

1st Mr R Fox
2nd Mrs Harringdine
3rd Mr F Duke

Church Lottery March

1st Mrs M Parnell
2nd Mrs J Cory
3rd Mrs H Spry

Time to have a spring clear out, get rid of all the unwanted christmas pressies and clear some space.

We will be having a stall at the Pendean car boot sale again this year so please dont forget us if you have any unwanted items that we could turn into cash to keep the Journal going.

WE NEED YOUR SUPPORT



We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith on 01840 230565

Are you organising a community event? If so, we can advertise it for you for free and we will even help you design it!!!!!!

Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?.

For further details speak to any Committee Member or ring the Secretary on 01840 230173



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* * * * *

Recipe of the month by Marion Reason

Sticky Orange & Almond Cakes (Gluten free)



Ingredients

2 whole oranges (unpeeled)

6 eggs beaten

8oz granulated sugar

8oz ground almonds

1tsp baking powder (if you want gluten free - check the tub)

Method

Put oranges in a saucepan, cover with water, bring to the boil and simmer for 1 $\frac{1}{2}$ hours. Cut oranges in half, remove any pips and puree in a food processor. Add the eggs, sugar, almond and baking powder, pulse until all combined then pour the mixture into a well buttered, lined swiss roll tin (14x10 in).

Bake for 30 - 40 minutes until firm to the touch in a 190c 375f gas 6 oven.

Allow to go completely cold before carefully turning out, it is quite fragile. Either cut the cake up or use a pastry cutter for rounds.

Serving suggestions

1. Mix icing sugar with orange juice to a runny consistency and spread over the top of the cake
2. Put a small amount of greek yogurt and sprinkle with pomegranate seeds.
3. Serve with chocolate mousse for a dessert, add a few drops of Cointreau for an adult pud!



Week St Mary £175,750

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Fax: 01288 359392

Email: bude@webbers.co.uk



Crackington Haven £205,000



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North Cornwall

EX23 8BH



Tintagel £225,000



Marhamchurch £275,000

St James Church Jacobstow Spring Fair - Parish Hall

Bank holiday Monday 27th May 11.30 - 2.00

Hot Lunches from 12.30

Menu

Chicken Pie, New Potatoes, Peas & Carrots	£8.00
Vegetable Lasagne with salad	£7.50
Kofta Curry with rice puppodums & Tomato salad	£8.00

Tea/coffee and biscuits

Tombola, book stall, bric a brac, bottle stall & plant stand

In aid of church funds

JACOBSTOW CUB AND SCOUT NEWS

Daphne Dowling

In February, the older Cubs visited the County Camp site at Nine Ashes, near Bodmin. They joined other Cubs from across the county, to enjoy go-kart racing, the climbing wall, a low-rope assault course, orienteering, problem solving, archery and firefighting. This last activity proved very challenging in a severe hailstorm. They all had plenty of exciting stories to share with the rest of our pack the next day.



Our Scouts made up two teams to compete in the Camel Run. Alongside over a hundred other Scouts, they plotted the route and using map and compass they hiked for twelve miles through the night, and the mud and the rain. Adults were with them – but were not allowed to help! The route took them from the Beacon at Bodmin, along footpaths to Lanhydrock, returning to the Bodmin Scout hut by about 2.30am. Along their route, the Scouts had various activities to complete. Ali Pollard and Daphne Dowling were in charge of the First Aid Base. Ali had to ‘collapse’ near the toilet block in the Lanhydrock Car Park – and the teams were then marked on their DR.ABC and First Response skills. One team was so convinced that this was real, that they started to ring 999 – which of course would be the right thing to do! After a very short sleep, followed by a huge breakfast, they were all full of beans – literally! My thanks to the Leaders who gave up their comfortable beds to allow the Scouts to enjoy this adventure.

Scouting - For Boys and Girls at the scout HQ Wainhouse Corner Term Time only

Mondays 5.00pm - 6.00pm	Beavers	Aged 5-8 Years
Monday 6.30pm - 8.00pm	Cubs	Aged 8 - 10 ½ Years
Tuesdays 6.30pm - 8.00pm	Scouts	Aged 10 ½ - 14 Years

Interview of the month by Jeanne Gimblett

Rev'd Canon R. C. W. Dickenson

Many of us know Rob Dickenson who has served as Rector of the Week St Mary circle of parishes for the last fifteen years. Rob will officially retire on the 1st of May but his last service will be on Low Sunday (the Sunday after Easter). This will be a United Benefice service at Week St Mary Church.

Rob and his wife Sue began their working life as teachers and prior to becoming our parish priest Rob was Head teacher at Whitstone in a Residential School for Emotionally and Behaviourally Disturbed Adolescents. Rob and Sue lived in the school Gatehouse for several years and then moved to their own home, Penlea, in St Gennys where they lived with their two daughters Sarah and Rebecca. The children attended Jacobstow Primary School and later went on to Budehaven.

Rob told me that in the 1990's he had made a decision to train as a non-stipendiary priest, that is someone who does not take a salary but who works as a part-time priest alongside their own job.

This big decision was the beginning of a series of changes. Rob was asked to take on the role of trainee curate at Boscastle (quite near to home). Then, shortly before his ordination, Bishop Bill asked him to change the venue of his first appointment to the Week St. Mary group of four churches within which his school was set. This was agreed but unfortunately, after just three months into Rob's new role the priest-in-charge became ill, this was complicated by a detached retina and he was unable to return to his Parish. Rob was really plunged in at the deep end; still a trainee Curate and continuing his work as head teacher his life was very full. Yes, we can guess the next step; Rob was asked by the Bishop if he would undertake a full time role as a part-paid curate-in-charge of the parish. This was a big decision for Rob and Sue; if he agreed to this commitment it would change their whole lives. Such a decision would mean Rob giving up his teaching career and, with a very considerable reduction in their income, selling their house.

Since that tremulous beginning as a 'trainee curate-in-charge' Rob went on to become the priest-in-charge and has remained at Week St Mary. His responsibilities grew as his group of churches expanded to include Jacobstow, Warbstow, Treneglos and St Gennys together with his original Week St Mary, Poundstock, Widemouth Bay and Whitstone. Subsequently, this group of eight churches, in five parishes, was listed by the Diocese as an 'united benefice' and named 'The Week St Mary Circle of Parishes' and for which Rob was licensed as its first rector. However, when it came to their knowledge that it was the church wardens of the parishes who had requested that Bishop Bill ask Rob to become their full time incumbent, after much prayer and soul searching, that is what he chose to do.



Interview of the month continued

Rob and Sue moved into the rectory at Week St Mary in 1998 and, in order to surrender their mortgage, they sold their house at St Gennys and brought a smaller one in Week St Mary thus ensuring that they would still have a home of their own in the future.

Rob explained that because the church's main expense nowadays is the provision of a salary (stipend) and house for the paid clergy, the Diocese has moved towards United Benefices, groups of churches and parishes working together as ours does. This means that the Rector becomes much more of a team leader and that the lay members of the team are the life blood of the parishes. This benefice currently has fifteen such people whose role is to provide pastoral support and care often in liaison with the County's Adult Social Care Department when appropriate. There is also a team of six commissioned lay worship leaders who ensure a weekly continuity of worship in each of the churches. While for many of us it is different from our expectation that we will always relate to a man or woman of the cloth, yet I can't help thinking that it is an entirely Christian method of caring for each other.

Rob is excited about the future, I hesitate to call it retirement, because he will be putting his experience to good use when he takes on a voluntary role as Diocesan Advisor for Self Supporting Ordained Ministry, a brand new role which will draw on his own experience of 'learning on the job'. He will visit and learn from other Dioceses where this work is already going on and then will be working with the Bishop and Archdeacon and teams from the twelve Deaneries that make up our Diocese.

Rob knows that he will miss the friendship and the company of his teams and his parishioners. However, life in future will be more predictable. No calls late at night or unexpected visits, three days of commitment with set times and an ability to plan his holidays. He and Sue are looking forward to having more time to visit their daughter Rebecca in Singapore and to enjoy being with Sarah's son, their first Grandson, Toby, who will be baptised by his grandfather on the Saturday after Easter. A momentous day for Rob and Sue who will also celebrate their fortieth wedding anniversary that weekend



At the close of our talk Rob told me this story. He was originally appointed by the Bishop of St Germans. At their meeting the Bishop said "Now remind me what you do?" to which Rob replied: "I am head teacher at a school for profoundly emotionally disturbed teenagers." "Oh," said the Bishop

"You'll be ideal for working in the parishes then.".....and he has been hasn't he? We shall miss him.



The Bride
arrives at
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horse



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We also teach at the Bude Jive and Rock n

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We offer private lessons, party/event fun lessons and give dance
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Ring or email us to discuss your needs. We look forward to hearing from you
and seeing you jiving

Adrian and Louise Stevens

BUS TIMETABLES

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only (except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	
FWarbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate	1040	--	--
Launceston Tesco	1050	--	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco	1250	--	--
Launceston Westgate	1300	--	--
Boyton	1315	--	--
North Tamerton	1325	1315	--
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary	1340	1330	1330
Canworthy Water	1400	1350	1350
Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Launceston Tesco	1230
Launceston Westgate	1230
Canworthy Water	1255
Warbstow Cross	1300
Canworthy Water	1305
Week St Mary	1325
Jacobstow	1340
Wainhouse Corner	1345
Higher Crackington	1400

595 Boscastle – Bude

(a = Schooldays only) (h = School holidays)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

				h	a	h	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven	--	1047	--	1447	1507	--	--	--
Wainhouse Corner	0817	1055	1217	1455	1515	1617	1707	1907
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503	--	1625	1715	1915
Budehaven School	--	--	--	--	1525	--	--	--
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

No Sunday Service

Bude – Boscastle

(Partial listing of stops only)

	a	h			h	a	
Bude Strand	0710	0715	0840	1115	1240	1515	1530 1725
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536 1731
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542 1737
Wainhouse Corner	0727	0732	0857	1132	1257	1532	1547 1742
Crackington Haven	--	--	0905	--	1305	--	1555 --
Boscastle	0745	0750	0920	1150	1320	1550	1605 1755

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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