

Jacobstow Journal

*Providing news and information for the
Parish of Jacobstow*

Delivered free to every household in the Parish

Issue No. 22

April/May 2014



For further details see page 5.....

Editorial by Sarah

At the last Journal meeting we discussed whether to include an article about the planning application for the wind turbines at Week St Mary. We decided that it was probably best for the Journal to remain impartial to this matter and not to carry an article. I think the phrase 'can of worms' was mentioned. I do feel that a mention in my Editorial is the best way to show that we are not sweeping this matter under the carpet, but that we also recognise that strong opinions exist in both camps about this matter.

Good Energy did attend the Parish Council meeting in February but, to be honest, I felt that a full and frank discussion was avoided because the planning application had not been submitted so the councillors could not comment on something that they did not have the in depth details. The cynic in me could say this was good timing by Good Energy and will we ever see them again once the application has been submitted. On the other hand, they have a lot of ground to cover to try and get their point across.

I have been speaking to some of the residents of Week St Mary and did make my rather good, if I say so myself, suggestion that they float a balloon up to the height of the top of the blade so that people can get an idea if they will be visible from their home or not. Apparently this has been looked into and cannot be done because they would have to obtain permission from the Civil Aviation Society. Maybe that speaks for itself on the intrusiveness of these turbines. I would say though, study all the information and make an informed decision, please do not let apathy win on this one and then turn round once they are installed "Oh there! I didn't realise they were so high" TOO LATE!

Editorial Team

Sarah Smith	Editor	01840-230565
Jo Afford	Admin	01566-781656
Sue Burrows	Tec.Support	01566 -781292

Enquiries, Articles and Letters

email to:
jacobstowjournal@gmail.com

or in writing to the Editor:

All contributions received will be included at the Editorial Team's discretion.

Sarah Smith
Almar, Jacobstow
EX23 0BN

The deadline for adverts, letters or articles for the June/July edition will be 20th May Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mr. Bob Reason
Mrs Ilona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 18th February, 2014

1. Mr Norman Osborne chaired the monthly meeting of the Parish Council with a full attendance of Councillors and three members of the public.
2. **Roads – Clerk to write to Oliver Jones regarding the state of the road from Eden Chapel to Ferrets Cross and from Jacobstow to Week St. Mary via Certificate Hill.**
3. **Cornwall Council – Mobile Library – A 12 week public consultation is taking place on recommendations to replace the Council's existing mobile library and mobile one stop services with a range of community based initiatives.**
4. **Cornwall Council - Home to School Transport** – Clerk to write to Cornwall Council asking them to re consider charging 8-11 year old children to be transported to school. State that we feel this will have an impact on the environment in the village as people who cannot afford the transport, maybe they have two or three children at the school, will drive them to school.
5. **Donations** – It was decided to give the annual donations to the following:- Jacobstow Church, Eden Graveyard Fund, Cornwall Air Ambulance, League of Friends of Stratton Hospital, Marie Curie, Bude Memory Café, CAB and Childrens Hospice SW.

Summary of Minutes of Meeting held on 18th March, 2014

- 1. Mr Norman Osborne chaired the Annual Parish Meeting with a full attendance of Councillors, Speakers Mrs Jenny Owen, Jeremy Ward. Cllr. Nicky Chopak and twelve members of the public.*
- 2. Mrs Jenny Owen talked on the Library which is now operating at the Old Wainhouse Inn. This is open from 10.0am until closing time of the pub. There is also a Computer there for anyone to use.*
Cllr Nicky Chopak spoke on the year as a new Councillor. Mr Jeremy Ward spoke against the planning for the Big Field Wind Farm and Mrs Charmaine Smith read the yearly report from Jacobstow School.
This was followed by the monthly Parish Council meeting.
- 3. **Planning Application – Good Energy Generation Ltd** – Wind Farm development of up to 11 turbines (up to 125m to blade tip) on land adjoining Creddacott Farm, Week St. Mary. Councillors discussed this and it was decided to have an open Meeting for Parishioners on the 26th April, 2014 from 10.00am – 2.00pm.*

Church lottery results

	1st	2nd	3rd
January	Mr & Mrs Throssel	Mr F Duke	Mrs I Webster
February	Mr J Osborne	Mrs J Smith	Mrs M Carter
March	Mr P Smith	Mrs N Osborne	Mrs A Atkins

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.



PARISH INFORMATION

Saturday 26th April 2014

10am till 2pm At Jacobstow Village Hall

**See all the available information and give
your opinion on the proposed windfarm at
Week St Mary**

**EXTRA-ORDINARY MEETING OF
JACOBSTOW PARISH COUNCIL**

TUESDAY 29TH APRIL 2014

At 7.30pm

**TO DISCUSS THE PLANNING
APPLICATION FOR THE WIND FARM AT
WEEK ST MARY**



**If you wish to register your comments on
the Cornwall Planning Web Site,
planning@cornwall.gov.uk. The Planning
Application reference is PA14/02107. Make
sure you include your address and reason.
You can also write to County Hall In Truro**

Jacobstow Contact - Mr Peter Finneran - Tel 01566 781387

HAPPY CRAFTERS

The Happy Crafters would like to welcome anyone interested or practiced in any art or craft.

We meet at Eden Chapel on the Wainhouse road on the second and fourth Thursday of each month between 1.30 and 3.30pm.

Tutorials are included from time to time and these are mainly conducted by our own members.

The cost is £10 a year for membership or £2 per session for non members.

Any of our members will be pleased to give you help and advice if there is a craft that you would like to try. We also have a large library of craft books and DVDs.

If you are interested, please ring me or speak to any member of our group.

Happy Crafting!

Bev Willis (Chairperson) 01566 781761 or

mikeandbev48@btinternet.com



NEW
"THE
PUB IS
THE
HUB"

Computer
Access
and
Library

The Old Wainhouse Inn
AA ***

Booking is advisable Tel: 01840 230711

A warm welcome is assured from the Old Wainhouse Inn
Children and dogs are welcome

Enjoy everything from a hearty Breakfast, served from 10am
to a Three Course Dinner.

Fresh seasonal local produce is used wherever possible.

Relax and enjoy local ales, fine wines and a log fire

Sunday carvery served from 12 to 4pm.

Try one our take away meals

Computer Concerns



This is a new regular feature in the Journal, every edition we will shed some light on different aspects of technology and the internet. If you have come across any useful tips or information, why not share it with everyone, email or write to us.



‘Superfast?’ Broadband!

As some of you gnashing your teeth will know, fibre optic broadband is available in the village as far as Ferrets Cross, that's the T junction at the bottom of Edgar Road. BT are giving us the run around and I cant seem to tie them down to a date when the rest of the village will be updated. I have emailed Dan Rogerson our MP, and he has contacted BT , it is being investigated by the Open Reach High Level complaints Team and he will have a full response once the investigation has been completed. We will keep you updated and will continue to press for answers, this subject is too important to let drop, especially for Jacobstow School.

Text too small?

Did you know that if you hold down the Ctrl button, bottom left on the keyboard and spin the wheel in your mouse at the same time you can enlarge the text on the screen...give it a go!

Use email safely

Ignore unsolicited emails and be wary of attachments, links and forms in emails that come from people you don't know. Avoid untrustworthy (often free) downloads

Website Wonders - some websites you may find interesting
lettersofnote.com-a site with scans of letters, telegrams and faxes
including the Museum of Modern Art turning down a gift from Andy Warhol
thedailybeast..com - news and opinion website features a daily cheatsheet
with summaries of must reads from all over.

TIMES OF CHURCH & CHAPEL SERVICES

Easter Sunday 6.00 am Wasrbstow Bury Sunrise Communion
Rev. Rob and Rev Doreen - Followed by breakfast in Sunday School

Jacobstow Church

April
 6th Evensong 4pm
 13th Morning Prayer 9.30am
 17th Holy Communion 7pm
 Maundy Thursday
 20th Holy Communion 9.30am
 Easter Day
 27th Holy Communion 9.30am

May
 4th Evensong 4pm
 11th Morning Prayer 9.30
 18th No service at Jacobstow
 Eucharist at Tintagel 1
 25th Holy Communion
 9.30am



Eden Chapel



Easter Messy Church Canworthy Water April 12th
 Maunday Thursday 17 April Canworthy Water 8pm
 Good Friday 18th 10.30 Canworthy Water
 Easter Praise 20th April Rev Doreen Eden 9.30
 Canworthy Water 11.00am

Messy Church Regularly on 2nd Sunday 5pm Canworthy Water
Lighthouse Kids Club starts at Eden after Easter



Canworthy Water
 Chapel
 All Sunday
 Services 11am
 Rev Doreen
 01566 781854

Coast Church Family Church

Sunday Services 11am
 Jacobstow village hall
 Come and Join us,
 all are welcome.
 Non denominational



Dimma Chapel
 For full details
 Please contact
 Audrey Wicket
 01840 230268

SERVICES, NEWS & EVENTS

Jacobstow Church News

As most of you know, our second attempt to find a new Rector has failed. We fed, watered and entertained two candidates for two days and neither of them would take the job, so we are back to square one.

This time the Bishop has taken pity on us and is going to do his best to help. How, we do know at this stage, but we are hopeful.

On the 21st June the church will hold its Annual Gift Aid Day which is becoming an important event in our year. This year we would like to have an exhibition of Jacobstow photographs in the church at the same time as Gift Aid Day.

I am asking if anyone who has photographs of Jacobstow people, houses or events such as weddings or school photos to allow me to make copies of them to use in the exhibition. Afterwards these copies could form a small archive of Jacobstow's recent history to be held somewhere safe for the future.

Anyone who has photographs relating to Jacobstow people at the time of WW1 and WW2, these would be especially welcome. Please contact Ruth or Ray Fox on 01840 230153

Spring Fair and Dog Show Saturday 26th May 12 noon

Jacobstow Parish Hall

In the hall there will be a tombola, bric-a-brac stall, plant stall and light refreshments.

At 2pm there will be a dog show sponsored by Josies Boarding Kennels of Trefrida Farm Jacobstow. Every dog owner will be able to find a class suitable for their dog to enter, so it should be fun!. From 2pm onwards cream teas will be available at £2.50 each





Organic Meat

at below shop prices

Cottage Farm Organics

award winning sustainable organic
farm powered by renewable energy



fresh Red Ruby Beef – ‘the best beef I have ever eaten’ Hugh.F-W
hung for 21 days, all cuts from fillet to mince in 10 & 15 kg boxes

fresh Wiltshire Horn Lamb – ‘the sheep for organic farms’
hung for 7 days, whole & half lamb boxes, cut to your requirements

BBC Sustainable Farmer of the Year finalist

Best Small Scale Renewable Energy Scheme



Nationwide Delivery

Free to EX22/23 & PL15/32/33/34/35

For a brochure tel 01840 230548

Email cottage.farm@tiscali.co.uk

Or order on-line at

www.CottageFarmOrganics.co.uk



FC2915L-PS

Boscars
Private Hire
Taxi
07790983911



What's on - Things happening further afield

April

- 5th Book Sale St Stephens Community Hall Launceston 01566 775216
- 9th Poundstock Gildhouse Flower arrangements for spring with Bleujen Florist. Tel 01288 361525
- 12th Bude Jive Club present The Unconditionals and DJ Eddie Falcon £10 per ticket. Tel 01288 353568/359966
- 12 -20 St Endellion Easter Festival www.endellionfestivals.org.uk
- 12-13 NGS - open gardens at The Barn House, Higher Penhalt Poundstock 11am-4pm 3.50 pp children free & dogs allowed tel 01288 361365
- 18-20 Craft & Gift Fair The Bray Hall Marhamchurch 10-4 free admission - donations to Cornwall Air Ambulance
- 25th Quiz Night at Poundstock Gildhouse contact 01566 781559
- 26-27 Black Rock Surf Kayak contest. Black Rock Beach, Widemouth entries in advance 01288 354039 or email info@shorelineactivities.co.uk

May

- 1 Padstow May Day
- 3 Book Sale St Stephens Community Hall Launceston 01566 775216
- 3-4 Poundstock Revel 2pm - 4.30pm 3rd Blessing & Tea 2.30pm 4th tel 01288 341537
- 4 Spring Craft Fair - Hengar Manor, St Tudy, Bodmin
- 11-12 NGS - open garden at Trebartha, North Hill, Launceston
- 14th Post Cards of Bude presentation by Adrian Abbot - Poundstock Gildhouse
- 10-17 The Fowey Festival of Words and Music 01726 833847
- 17th Plant Sale Poundstock Gildhouse
- 17th St Matthew Passion for CHSW, evening of Choral Music 7.00 Launceston Central Methodist Church
- 18th Bude Motor Classic , Rugby Club Bude tel 01288 354616
- 22-25 Port Issac Music Festival 01208 880905
- 23-26 Bude & Stratton Folk Festival 01288 352199
- 24-26 Launceston Steam & Vintage Rally, Trebant Farm £7 adults £4 OAP
- 29-31 Parkhouse Patchwork Exhibition, Parkhouse Centre 10am-5pm (4pm Sunday)
- 31st Tamar Lakes Nightwalk - sponsored Womens Moonlight walk for North Devon Hospice tel 01271 347232 to enter



Wainhouse Country Store

Post Office

Banking services including
Foreign Currency-Euros on demand and Electric Key charging

Country Store

Local cheese and cream, fresh bread and cakes
Barnecutts pasties freshly baked on the premises,
Bacon and fresh meats
Fruit and vegetables, fresh flowers
Newspapers and Magazines



Off Licence

Tel 01840 230554

National and Healthcare lottery now available

Josie's Boarding Kennels

Trefrida Farm, Jacobstow

Purpose built heated kennels

Licensed and insured

Daytime to long term boarding available

Viewing welcome

Tel: 01840 230330

Mobile: 07855001284



BOB'S GARDENING SPOT



April is the ideal time to plant an evergreen hedge, but beware of the wind effect on plants. A strong wind can remove more water than a plant can take up from the soil so try to give the hedge a fighting chance by putting up a wind brake to shelter it from the worst of the winds.

Now is the time to tie in climbers, try to train the new growth horizontally so it flowers all along the stem and not only at the top. If you want to grow a fruit tree please buy a pot grown one, as the bare rooted trees will not like being moved once its in growth. Now is the time to sow all your salad crops, but only sow small amounts of lettuce, spring onions, radish etc. I only grow "Ferline" tomatoes because they are blight resistant.

Late April/early May is the time you should be planting your runner beans, french beans and sweet corn outside with a little cover of fleece for a short while. Do not forget to sow your winter greens to get them ready to plant out at the right time.

You should be mowing your grass now, but start with the mower set high to just clip the top off and lower the blade later until you reach your summer cutting height. Don't forget, anything you want to share, or any questions you have just drop me a line at the Journal, I will be happy to hear from you

Happy Gardening

Bob

CANWORTHY WATER BOOK CLUB



BLISS by Peter Carey - The events following the screwed up family and friends of the central character after he has had a heart attack and believed he has died. General opinion was "a waste of tree"!

THE LONG WEEKEND by Veronica Henry

Visitors to a celebrated up market hotel, how their lives arrived and how the lives were altered.

We thought the book fairly light weight but that it was an enjoyable holiday read

NEATE FEET

MOBILE FOOT HEALTH PRACTITIONERS

07870 508867 Mob



Toenail clipping, callus removal
Paddings and dressings. Verrucaes



Everything you need to keep
your feet in tip top condition

Reflexology also available

Members of the alliance of private sector chiropodists

W SANDERS AND SONS LTD
WAINHOUSE CORNER GARAGE
MOTOR REPAIRS, SERVICING, TYRES
AND EXHAUSTS
MOT TESTING CLASS IV & VII
24 HR ACCIDENT RECOVERY



WAINHOUSE CORNER
TEL 01840 230708 FAX 01840 230731



A MOONLIGHT ADVENTURE

Tramping through the darkness, with map and compass to show the way.....stopping at Check Points to use their skills at problem solving, first aid, firelighting and flags of the world.....working as a team, supporting, encouraging, laughing. With the full moon shining overhead, Prion keeping watch and Polaris showing their way, they tramp on through forest and lanes. Who are these night time walkers? Who wants to walk for six hours in the dead of a Cornish night?

They are Jacobstow Scouts, William Harvey, Robert and Victoria Clarke-Feltham, Tom Greene, Trystan Gwennap, Xavier Booth and bringing up the rear, Scout Leaders Eddie Lill and Robert Medland. [Adults are there for safety, but no help is allowed on the Annual Camel Run Night Hike, with teams there from all over North and Mid-Cornwall]

Once again Jacobstow Scouts, thank you – and be super proud of your achievements!



1st Jacobstow Guides

The Guide Unit reformed in the summer term and since then we have been doing a variety of events. We have joined forces with St Breward Guides to walk part of the Camel Trail and take pictures of the flora and fauna.

We have worked on the Glamarama Go For It, making face packs, decorating hair slides, studying the current fashion and looking at subjects such as self awareness and image for girls.

More practically we have cooked buns and biscuits, the chocolate buns were very nice! The girls are now working on their film lovers badge ... can anyone recommend a black and white film for 10 & 11 year olds?

On a clear moonlight night we walked from Helebridge to Bude along the canal and enjoyed chips before making the journey back. The girls found out that you don't need a torch.

We completed the winter term by enrolling all the girls on Crackington Beach, with the waves lapping at their feet. The girls lived up to the Be Prepared Motto, but the Mum's need a bit more practise, there were a few wet feet but all enjoyed the toasted marshmallows and hot chocolate.

This term we have started the celebrations for the Brownies Centenary by working on the Cornwall Birthday Challenge badge. I have been delighted that Louise Cowling has joined me as an assistant guider.

If you or your daughter, aged between 10 and 14 would like to join us on a Tuesday evening, please contact me, Mary Andrew, on **01840 230006**



Dereck A Smith
Quality assured Painting
and Decorating

2 South Park

Jacobstow, Bude

Tel: 01840 230631 (Home)

07811235761 (Mobile)



Wendy Hodgson

S.A.C. DIP. FHPT/S.A.C. Dip. FHPP

Foot Health Practitioner



Professional treatment in a well-equipped clinic
or in the comfort of your home by appointment

Sterilised Equipment

Professional Service for Registered Care/Nursing Homes

Confidentiality assured

Evening or Weekend Appointments

For the treatment of all foot-related problems:

Call Wendy on 01840 230216 or 07910 309936

Medlands, Jacobstow, Bude, Cornwall EX23 0BL

wendyhodgson2010@hotmail.com

PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Jo Smith was pulled from the hat, she wins a **£20 voucher for Wainhouse stores**. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to

Sarah Smith, Almar Jacobstow EX23 0BN by 20th May 2014

Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

W	E	A	T	H	E	R	N	U	S	D
N	I	G	C	L	O	U	D	S	U	W
S	U	N	R	I	S	E	J	O	R	I
U	R	I	T	G	A	L	E	S	F	N
W	A	R	T	E	S	N	U	S	E	D
O	B	P	W	A	R	M	V	F	R	Y
B	B	S	A	K	X	S	Z	L	S	T
N	I	K	V	R	E	N	T	O	T	H
I	R	Y	E	A	F	O	G	O	X	G
A	C	X	S	D	Y	W	Z	D	R	I
R	A	I	N	R	O	Y	T	S	I	M

WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

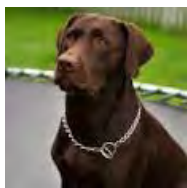


CLOUDS
DARK
FOG
MIGHTY
RAIN
SEAS
SNOW
STORM
SUNRISE
SURFERS
WAVES
WINDY
ZEPHYR

CRIBBAR
FLOODS
GALES
MISTY
RAINBOW
SKY
SPRING
SUN
SUNSET
WARM
WEATHER
WINTER



Whose the pooch? Can you name the breeds of these dogs?



1



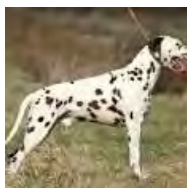
2



3



4



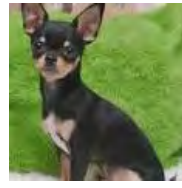
5



6



7



8

Last edition answers Word search missing word Primrose. Diary dates 1. 28th June 2. 25th January 3. 15th June 4. 20th April 5. 21st June 6. 9th November 7 4th March 8. 8th May 9. 23rd April 10. 15th July 12. 4th July
Picture Quiz Archeologist Louis Armstrong Chelsea the hundred acre wood/Ashdown forest

Protecting your pets with Vaccinations

Make sure you protect your pets and keep them safe by keeping up to date with their vaccinations.

If the number of pets protected by vaccines drops our animal companions could be at risk from an outbreak of infectious diseases, some of which can be transmitted to humans.



When to vaccinate

When puppies and kittens are born they are usually protected from infections by their mother's milk, providing she has been regularly vaccinated. However, this protection only lasts a few weeks so they need **regular vaccinations from an early age**.

Puppies are typically vaccinated at eight and 10 weeks, **kittens** at nine and 12 weeks, with an initial course of two injections. **Your young pet should then be given a booster 12 months after their first vaccination.**

Older pets need protecting too, as their immunity can decline. Speak to your vet as the regularity of your companions vaccinations can vary depending on the diseases prevalent in your area.

Vaccines against infectious diseases

Dogs should be routinely vaccinated against:

- Canine parvovirus and Parainfluenza Virus
- Canine distemper virus
- Leptospirosis
- Infectious canine hepatitis.



If your dog will be **spending some time in kennels** they may also be given a kennel cough vaccine. This vaccine is usually given intra-nasally (into a nostril) and protects against **bordetella bronchiseptica**.

Dogs travelling abroad may require a rabies vaccination.

Cats should be routinely vaccinated against:

- Feline infectious enteritis
- Feline herpes virus
- Feline calicivirus
- Feline leukaemia virus - Current recommendations are for "at risk" pets only



Rabbits should be routinely vaccinated against:

- Myxomatosis
- Rabbit Haemorrhagic Disease (RHD).

NICKY CHOPAK, Your Cornwall Councillor

Thank you for allowing me to give you a review of the past year through my eyes as a 'Newbie' Cornwall Councillor.

No –one warned me about the different types of situations I would become involved in – from blocked drains, pot-holes , overgrown hedges to poorly sited BT telephone poles to problems with council tax and housing benefit and major and some minor planning issues. I am a member of two committees, Finance and Resources and Health and Adult Care, both come with a 'health warning'! I have learnt very quickly, who are the best people to contact within Cornwall Council, and some of those I don't need to deal with!

Cornwall Council, since the inception of new administration, have come under huge budgetary pressures, which are currently leading to review of opening hours for libraries, one stop shops and mobile libraries and a major review of school transport services, which I have been working on to ensure it hopefully will not affect Jacobstow. These will be debated at full Council in the coming months. We already have had to make some difficult decisions regarding public toilets, some day care and elderly care homes, two of which were St Hilarys and the Foyer in Bude – both of whom looked after our most elderly & vulnerable residents. Along with cuts to public transport budgets, life in the rural communities has certainly become more challenging (as a politician might say!). The highways budget has been cut, so potholes will only be mended slowly!


Cornwall Council do not appear to be Truro centric, however the new Chief Executive Andrew Kerr is visiting Bude tomorrow , he is keen to encourage localism and get to grips with the challenges we face living in North Cornwall. So if you have any immediate concerns I am more than happy to raise them with him when I see him.




Do not hesitate to contact me with any other issues you may

Nicky Chopak, your County Councilor can be contacted
on mobile on 07810 302061, email nickychopak@gmail.com.
Her address is The Post House, Tresmeer, Launceston, Cornwall PL15 8QU



April- events in the local area

 Book Bus
C/W Canworthy
WC Wainhouse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout hall	1 Every Tuesday Scouts 6.30 - 8.00 Scout Hall Wainhouse Corner	2	3	4	5
6 Coast Family Church 11am	7 School Holidays start w/c 	8	9 c/w 	10 Coffee Morning 10.30 - noon W I 7.30	11	12
13 Coast Family Church 11am	14	15 Full moon Parish council 8.00	16	17	18 GOOD FRIDAY BH BIG BREAKFAST 9.00-2.00	19
20 EASTER SUNDAY Coast Family Church 11am	21 EASTER MONDAY BH w/c 	22 School holidays end	23 ST GEORGES DAY c/w 	24 Coffee Morning 10.30 - noon	25	26 Parish meeting 10am - 2pm Week St Mary wind farm
27 Coast Family Church 11am	28	29 Extra-ordinary parish council meeting Week St Mary wind farm planning application 7.30	30			

NOTE. Activities are in Parish Hall unless stated otherwise.

May - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout hall Wainhouse	Every Tuesday Scouts 6.30 - 8.00 Scout Hall Wainhouse Corner	C/W 	1	2	3
4 Coast Family Church 11am	5 MAY DAY BH	6	7	8 Coffee Morning 10.30 - noon W I 7.30pm	9	10
11 Coast Family Church 11am	12 W/C 	13	14 Full moon C/W 	15	16	17
18 Coast Family Church 11am	19	20 Parish Council check notice board for time	21	22 EURO ELECTIONS 07.00-22.00	23	24
25 Coast Family Church 11am	26 SPRING BH SPRING FAIR & DOG SHOW W/C 	27	28 New moon C/W 	29	30	31

NOTE. Events in Parish Hall unless stated.

T Fox Garden Services

*Border maintenance, grass cutting, hedge cutting,
vegetable beds all other garden tasks*

Experience in maintaining all aspects of gardening, from small gardens to estate work. Experienced in key holding for weekend/holiday homes. Qualified NVQ Level3 in Horticulture. RHS insured, 25 years experience. Friendly service

Trevor Fox

Lower Poulza Post, Jacobstow, Bude, EX23 0BX

Mobile : 07832970345

Home : 01566 781841

Email : foxey04@msn.com



ROB HOADLEY

AGRICULTURAL CONTRACTOR

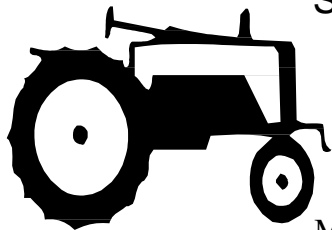
Specialising in Smallholding Work

* Hedge Cutting

* Small Hay Bailing

* Topping

* General Tractor Work



Tel: 01840 230353

Mobile: 07908 112814



Please sign my petition to bring railway services back to North Cornwall.

As you will be aware, rail services to and from Cornwall are currently suspended because of storm damage to the track and sea wall at Dawlish in Devon. As well as repairing the existing railway line, the Coalition Government have asked Network Rail to come forward with plans for another, additional railway line to and from Cornwall and Devon.

The current plan would be to [re-open the line from Exeter to Plymouth, via Okehampton and Tavistock](#). This would bring rail services much closer to north and east Cornwall, and would help keep our area connected if there were problems with the existing main railway line along the south coast of Devon.

But I also want Network Rail to look at extending this new railway line to communities in east and north Cornwall.

Please can you [sign my petition](#) asking Network Rail to explore bringing back railway services North Cornwall? You can sign my petition to bring the railways back to North Cornwall here:
<http://campaigns.libdems.org.uk/NorthCornwallRailways>

Thank you for your help. If you would like to further discuss this campaign or if there is anything else that I can help with please don't hesitate to contact me.

Yours sincerely,

Dan Rogerson MP

Liberal Democrat MP for North Cornwall



Well done winning team

Quiz Night Triumph

Another very enjoyable evening was had by a full house in the Village Hall at the Quiz Night on 1st February.

It was a very well organised evening which helped to raise funds for the Village Hall restoration funds.

Many thanks to Quizmaster Jeanette Turner for very entertaining questions and keeping order!

Ti.lleys coach hire

We offer an efficient, reliable service
29 to 57 seater coaches available

Please

contact us

for a comprehensive quote
Outings, functions and events
Tel: 01840 230244



Nicholls Brothers
R&NFUELS



Local delivedes

All solid fitels



Competitive prices



01840 23011(Coli11)

01840 250568 (Roger)

Jacobstow WI say a big thank-you to those who came or contributed to the Soup and Sweet Lunch.

We were able to send £155.00 to Macmillan in memory of Pat Cottell.

Once again, thank you.

Meeting 10th April

Walk around Launceston with
Mr Tremain

Members Night

12th May at 7.30pm in the Parish Hall



The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president, Mrs Pat Lane 01840 230743



Unexpected visitor.

This cheerful fellow turned up at Jo's front door last week.

If you have had any 'unexpected visitors' please let us know here at the Journal



R Mears & Sons Chimney Sweeps

Established over 30 years

Vac Brush. Full CCTV investigations.
Pots, Cowlings & Bird Protection fitted.
Solid Fuel Appliances, Rayburns,
Woodburners, Stoves etc serviced.
Fully Insured.

Tel: 01840 261221
Mob: 07737 533392
www.sweepcornwall.com



Wheeled Diggers/Swing Shovels/Mini Diggers
Rock Breakers/Dump Trailers/T tractors for hire with operator.



MIKE HAINES

Plant CPCS reg'd

Mataranka, Warbstow
Launceston
Cornwall PL15 8RP

Phone/Fax 01566 781384
Mobile 07831 539822

Groundworks, Site excavations,
Drainage, septic tank installations
Tarmacing, Landscaping,
Ponds and Lakes
Specialising in Concreting
Small or very large areas

Streetworks and VVRAS approved

EASTER EGG HUNT

Easter egg hunts are brilliant fun for children of all ages. Here's how to set up an Easter egg hunt - with tips on what you'll need to buy, find, how to prepare and how to make it easy and fun for all ages.



We've also put together some ideas to organise some fantastic Easter Egg Hunts all with different themes or twists.

Will Easter Egg hunts become a family tradition in your family?

What you'll need:

Chocolate Easter eggs. Go for a variety - from small mini eggs to larger (more visible) foil wrapped eggs



You could also buy plastic eggs which open up and you can pop a few little treats inside.

A few bowls, baskets or pots to collect the eggs in

Card, sellotape and paints

Craft materials A pen and some paper

Before you start

It's always good to set a few ground rules before you start the hunt to ensure things are kept fair. Try the following:

Create a base and ask each child to return to it once they have collected 5 eggs. They should stay there until all the children have returned before setting out again. That way you can ensure they all get the same amount of eggs.

If you have a large group of children, pair the younger ones up with the older ones. Small children can be overwhelmed by older kids so it works better if they can work in teams.

Rules on chocolate consumption are essential (unless you want a garden/house full of hyper children!) so make sure they have a clear understanding of how much they can eat.

Overall, an Easter egg hunt should be fun and enjoyable for everyone so set rules you know will work according to the ages and needs of the children involved. Just simple things like sharing, taking turns and being patient can make all the difference to how things run.

CALISTA

Mobile Hair and Nails

*Cutting, Colouring, Blow Drying, Setting,
Perming, Gents Cuts, Kids Cuts And Hair up.*

*Manicures, Luxury Manicures, Overlays, Acrylic
and Gel Extensions.*

*Specialist In Wedding To
Make An Appointment*

Call Vicky On: 07854 165791



Lots of fun for dogs and
owners using positive
training methods

*Located near
Bude, Cornwall*

New classes starting soon

Puppy Training
Pet Obedience
Beginners Agility

Private Lessons also available

Please call for more information and
to book your place on: **07971783597**

Jubilee Club

Trips for April and May below all welcome, please contact Bev 01566 781761,
Eve 01566 781452 or Olive 01566 781373



Monday 14th April Morwellham Quay

Monday 19th April
Padstow + Boat trip on
Jubilee Queen (to be confirmed)



Ramblings - some guided walks in our area
Please bring Boots, food and drink



- | | | |
|-----------|--|---|
| 9th April | Cornwall Ramblers 10am Meet at Lesnewth Church for Valency Valley inland to St Nectan's Glen & Coast Path to Boscastle 12 ¼ miles 6/7 hours. Andrew 01208 592079 |  |
| 20th | Cornwall Ramblers Meet lower Longbeak car park between Bude & Widemouth Bay 10.30. Widemouth, Wanson, Poundstock, Trengayor Woods, Dizzard & Millook. 12 miles 6 hours. Andrew 01208 592079 |  |
| 25th | Slow paced walk at Crackington Haven 11am at the Haven car park. Easy one climb 3 miles 01409 253511 | |
| 3rd May | Cornwall Ramblers 10am meet at Poundstock Church car park. Widemouth Bay, Bude, Canal tow path Marhamchurch & inland Paths 14 miles 7/8 hours Andrew 01208 592079 |  |
| 18th | Cornwall Ramblers 10.30am meet at Lesnewth near Church. Lesnewth, St Juliets, Forraby and Minster 8 ½ miles 4 ½ hours. Nigel 01637 873768 |  |
| 25th | Cornwall Ramblers 10.30am meet Warbstow Bury (restricted parking). Trenglos, Badgall, Splatt, Truswell & Warbstow Bury. 10-11 miles 5 ½ hours. Dave 01566 782665. Dogs - difficult stiles owners advised to contact leader for advice. | |



Crackington Haven £325,000

Telephone: 01288 353661

Fax: 01288 359392

Email: bude@webbers.co.uk



Marhamchurch £249,950

webbers
the award winning estate agents



Stratton £219,950

**11 Lansdown Road
Bude
North Cornwall
EX23 8BH**



Crackington Haven £189,950

Julian Trick

**WINDOW CLEANER
&
PRESSURE WASHER**

t : 01840 779169

m : 07760238756

e : jftrick@hotmail.co.uk



COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

Coffee Mornings in the Village Hall take place every other Thursday (Recycling week) Don't forget to bring along your puzzles or books to swap - Transport can be arranged, for further details phone 01840 230262

You may have noticed that we have a full letters page, all about the wind farm planning application at Week St Mary. We have not "cherry picked" the letters to give a one sided view, we publish every letter we are sent, provided they are not offensive in any way.

Mobile Library

(for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

TONY HOGG POLICE & CRIME COMMISSIONER WILL BE HOLDING A PUBLIC SURGERY IN BUDE

Wednesday 16 April

To book a slot email or phone
opcc@devonandcornwall.pnn.police.uk
or 01392225555

Stating Your Name and Contact details, the times you are available and a short overview of the topic you want to

Pub is the Hub.

Don's miss out on the latest books from the library, you can order books to be delivered here and make full use of the computer for free

Dont forget the Parish Notice Boards outside the Village Hall and Wainhouse Stores for up to date information. You can also use these to promote any community activity you want people to know about

We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith on 01840 230565 to discuss a suitable fee

*Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?
For further details speak to any Committee Member or ring the Secretary on 01840 230173*

WEATHERWISE by Monitor

January and February were so similar that for the purposes of this report I will for this time consider them together. Violent storms resulted from conditions which were unchanged to the close of last year, deep exceptional Atlantic storms produced heavy rain and high winds on the 3rd, 6th, 18th and very prolonged rain on the 18th. Thunder and



local thunder storms were frequent. The 6th January was the worst of these, producing lightening damage and power outages.

February was no better, storm conditions existed inland on the 1st, 4th, 5th, 8th, 9th, 12th, 14th and 15th, when it finally stopped, thank goodness! This period was indeed exceptional, producing extensive coastal damage and further power outages. Winds inland often exceeded 90 mph.

Rainfall collected at Canworthy Water was 9.9" for January and 8.28" in February, a total of 18.18" in two months, half a yard!

Of note throughout this period were the actual depth of these polar storms, the one on 12th February was so deep at 939Mb that normal barometers would not go down that far - my "Shortland" model only reads down to 940Mb. Needless to say that such deep depressions produced tremendous high seas - the likes of this certainly haven't been seen in the south-west for many years

HIGH TIDES and SUNSET- April - May

Date	4 Apr	11 Apr	18 Apr	25 Apr	2 May	9 May	16 May	23 May	30 May
AM	8.52	3.29	7.47	2.31	7.5	1.26	6.48	0.53	6.51
PM	21.06	15.55	20.06	15.08	20.05	14.08	19.1	13.31	19.08
Sun set	19.59	20.1	2-21	20.32	20.43	20.54	21.04	21.13	21.22

Recipe of the Month by Marion Reason

Muffins



Ingredients

5oz plain flour	1 egg
¼ teaspoon salt	4 fl oz milk
2oz melted butter	1 ½ oz caster sugar
½ teaspoon vanilla extract	½ level tablespoon baking powder

Method

Preheat oven 200c 400f gas 6. Prepare tin either by well greasing or papers
Sift together in a large bowl the flour, baking powder and salt. In another bowl beat the egg, add the milk, sugar, melted butter and vanilla extract. Mix well together then sift the dry ingredients again over the wet mixture. With a large metal spoon fold the dry ingredients into the wet, DON'T beat or stir and odd bits of dry mixture showing and a lumpy looking mixture is correct.

Now add your additions with just a couple of folds. Put straight into the cases and put them in the oven near the top for about 25 - 30 minutes. Put straight on the wire rack.

The less you mix the lighter the muffins

Additions:-

Blueberrys & Peacans. Chopped under ripe strawberries, Apricots, chopped apple, sultanas, seeds or nuts

If savoury leave out the vanilla and halve the sugar. Red onion - sauted first and cooled, Finely chopped bacon, cheese - grated or mozzarella - chopped herbs - finely chopped, chopped roasted veg, cold Parma ham, blue cheese crumbled. The list is endless!

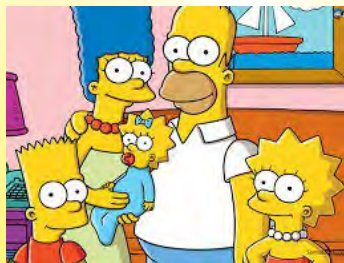
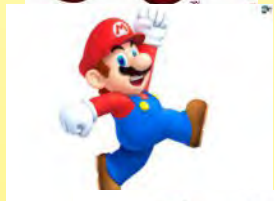
JACOBSTOW WALKING - There are laminated copies of local walks including a map for you to use in the church and Old Wainhouse Inn. When you have walked the walk, talked the talk, please return the laminated copy to church or pub

KID'S PAGE

Here we go again, another edition of the Jacobstow Journal Kid's Page. We hope you and your family all survived the storms and are looking into Spring and especially Easter with all those eggs!!!!



A quiz for you this edition, can you name all the characters on this page. Answers on page 37



Q. What do you call an Easter egg from outer space?
A. An "egg-tra terrestrial!!!!!!

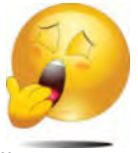
Page 34



Tips for a good nights sleep

Having trouble climbing the apples and pears and getting to the land of nod? Try these handy hints

Keep your bedroom quiet, dark and not too warm (nomore than 17c)



There should be no television, tablet computers or mobile phones in the bedroom

Going to bed and getting up at regular times provides a healthy sleep rhythm

Use sheets made from natural materials (cotton or linen) to avoid night sweats

Get lots of exercise during the day, preferably in the fresh air, but avoid exercise within 4 hours of going to bed

Avoid fatty foods or eating a heavy meal in the evening as they take a long time for your stomach to digest

Make a to-do list of all the things you need to address the next day to avoid wrestling with problems

Establish a routine with children, they need to be run off their feet during the day to be tired at night. Aim for a calm bedtime routine that might include a bath and book

News from Jacobstow Art & Craft Group.

We are coming to the end of our sixth year of meeting every other Monday through the winter. This time we have had a variety of meetings with time to carry on with our own work as well as demonstrations. Before Christmas we had a card making talk from Wendy of the Bude Craft Shop, Hilary Workman showed us how to make willow lanterns, we made pottery tiles and Just before Christmas we all made table decorations assisted by Ruth Fox.



It is always quieter after Christmas but to our delight we have two new regular members plus one or two people who like to come to specific events. We always welcome others and our interest in the process of making and creating brings us together.

Our last session was a bit different as we tackled mask making and decorating ! To do this we worked in pairs and after liberal application of grease on the face and with hair securely tied we made plaster casts of each other's face . The results were fascinating if a bit scary as you can see. This next session we will be decorating the masks and we hope to publish a picture of the final results in the next issue.

SECRET DEALERS

The hit television series Secret Dealers will be back on your screens in 2014 and we are looking for people to take part now.

WHAT WOULD YOU KEEP AND WHAT WOULD YOU SELL?

If you have unwanted antiques or collectables you could get them expertly valued with the opportunity of selling them commission-free to one of our dealers.

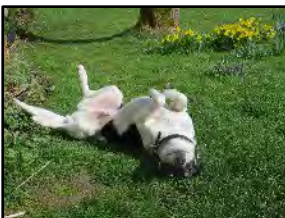


For more information or to apply to be on the show get in touch. We'd love to hear from you!



CALL 0117 970 7674
OR EMAIL SECRETDEALERS@RDFTELEVISION.COM

Standard network charges apply from a BT landline. Calls from mobiles will be considerably more.



**THIS IS MY DOG ENJOYING A
BIT OF SPRING SUNSHINE -
SEND US YOUR AMUSING
PHOTOS!**

Answers to Cartoon quiz

Winnie The Poo with Tigger, Piglett & Roo, Bugs Bunny, Noddy,

Elmer Fudd, Pluto, Mario, Spongebob Squarepants, Simpsons, Popeye & Danger Mouse. Hope you got them all right!!!!!!

Letters Page – We are happy to print any letters you would like to send to us, but we do not necessarily agree with the views expressed.

Lodestone Edge Jacobstow

Wednesday 19th March.

Dear Editor,

I was able to attend the Parish Council Annual meeting last night. There were three speakers and it was an interesting evening. but the reason I am writing is because of the brief talk given by a representative from a Week St. Mary group who are very concerned about the application to build a Wind Farm adjacent to their village.

These windmills are going to be 120 feet taller than the present windmill at Otterham. When in position they will be 800ft, above sea level which means that they will be visible right across the area including from Jacobstow and Launceston! The wing span of the arms will be 80ft, and these have to be delivered intact on lorries there will be an immense building project to erect the windmills and the proposed traffic will come via Wainhouse corner. To facilitate the large vehicles the small bridge on the week St Mary Road will be destroyed and rebuilt.

Like all of this parish, we have also received Good Energy material through the door, however, in my view, this does not outline the down side of their business project. I have always thought that Windmill power has a part to play in our lives but I do believe that this undertaking is just too destructive and will have a very adverse effect on our local environment.

Last night the Parish Council agreed to run an open day so that they can find out how parishioners of Jacobstow feel about Good Energy's planning application. I hope lots of us will be able to find out more about the project. If we feel that it is not the best thing for this area we need to make this known by writing to Cornwall Council, or to the Clerk of our Parish Council whose address is available. We only have a short time to do this.

Yours sincerely,

Jeanne Gimblett.

Dear Editor.

We wanted to comment on what an interesting meeting was held at Tuesday 18th March. What a wake up and shaking we all had as to the impact that the application for the wind farm on our doorstep is going to have on Jacobstow. ITS RUDE. There is always a silver lining to everything and this is that it will probably keep the house prices down.

Dyw Genes! Mary and Mick Carter



Letters page 2

Week St Mary Windfarm

I have just woken up to reality! I've known for some time that a windfarm was proposed for the next Parish but hadn't realised until now that it is virtually on the boundary with Jacobstow and can be seen for miles around. Did you know this? The reasons against windfarms are well documented so I am not going to repeat them here, other than the fact that it does affect house prices – ask any Estate Agent! As you might know the Cornwall Council website allows individuals to make comments (either for or against) on Planning Applications and at present the comments in favour greatly outnumber those who are against the windfarm. Having had experience of similar proposals I found this very suspicious and investigated further as it is normally only a few in favour and the overwhelming majority against. With very few exceptions the people in favour are not from this area and it would appear that the developer, Good Energy, could well have written to each of their existing customers asking them to write in to Cornwall Council with letters of support. From previous occasions I recognize the names of other supporters as belonging to the Green Party or one of the Transition groups. I would emphasise that there is nothing illegal in this and everyone is entitled to an opinion. However, it does mean that a windfarm next to Jacobstow could be determined by people from Penzance, Hayle, Lostwithiel and numerous other places in Cornwall – or even elsewhere in the UK! To give you an idea of size, the Jacobstow Parish Church is 40m high, the windturbine at Otterham is 70m and Big Ben is 96m but the proposal for Week St Mary is for 11 turbines each having a height of 125m. As an individual you can do something about it. It was “people-power” that stopped the proposed windfarm at Davidstow, which shows that it can be done. If you don't want a windfarm on our doorstep then you need to contact Cornwall Council Planning Department and let them know. The Planning Application reference is PA14/02107 and you can either email them or write to them at County Hall, Truro. Obviously if you are in favour of the proposal then you can let them know that.

Let them know what you want. In this instance sitting back and doing nothing is not an option. Michael Quance, Lodestone Edge, Jacobstow.



WARBSTOW, EDEN and DISTRICT YOUTH CLUB

**We meet on Friday nights 7-9pm at
Eden Chapel, Jacobstow
13-19 years Welcome**

**11-12 years with parental support
£1 weekly subs to help with costs
and treats**

Come and try the “Skate Board Ramp”

BUS TIMETABLES

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate		1040	--
Launceston Tesco		1050	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco		1250	--
Launceston Westgate		1300	--
Boyton		1315	--
North Tamerton		1325	1315
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary		1340	1330
Canworthy Water	1400	1350	1350
Warbstow Cross		1405	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Tesco	1230
Launceston Westgate	1230
Canworthy Water	1255
Warbstow Cross	1300
Canworthy Water	1305
Week St Mary	1325
Jacobstow	1340
Wainhouse Corner	1345
Higher Crackington	1400

595 Boscastle – Bude

(Partial listing of stops only)

(a = Schooldays only) (h = School holidays)

Western Greyhound 01637 871871

Monday to Saturday

				h	a	h	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven	--	1047	--	1447	1507	--	--	--
Wainhouse Corner	0817	1055	1217	1455	1515	1617	1707	1907
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503	--	1625	1715	1915
Budehaven School	--	--	--	--	1525	--	--	--
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

No Sunday Service

Bude – Boscastle

(Partial listing of stops only)

	a	h			h	a	
Bude Strand	0710	0715	0840	1115	1240	1515	1530
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542
Wainhouse Corner	0727	0732	0857	1132	1257	1532	1547
Crackington Haven	--	--	0905	--	1305	--	1555
Boscastle	0745	0750	0920	1150	1320	1550	1605

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Nicky Chopak (County Councillor)	07810302061
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814
Citizens Advice Bureau	0844 4994188

Healthcare

NHS Direct	0845 4647
------------	-----------

Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 761001
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	01288 272866
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs P Lane	01840 230743
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs M Andrew	01840 230006
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
National Express coaches	08717818178
Farm Crisis Network	07002 326326