Jacobstow Journal

Providing news and information for the

Parish of Jacobstow

Delivered free to every household in the Parish

www.jacobstowvillage.co.uk



Issue No. 27

April/May 2015



Editorial by Sarah

I was reading an article the other day about people doing random acts of kindness. This got me thinking, do you really need to go and establish an orphanage to qualify, surely not? Also, do these acts have to involve money, I don't think so.

What about if you just said good morning to someone in the street, would that perk them up and so they would pass the greeting on. I don't think you have to join the Samaritans to show that you have compassion in your heart, just one small act could make all the difference to someone's self worth. Likewise, you don't have to give your job up and go and live in a rain forest to make a difference to the planet. If we all just picked up a couple of pieces of litter, how much would that add up to!

Someone stopped me in the car park at Widemouth and said "Have you got change of a ± 1 for car parking as it's only 50p all day", "No" I said "but I have got 50p, here you go". That only cost 50p but I can tell you, they where well impressed.

I understand that some people commit their whole lives to selfless acts, but if we all did one small deed a day, imagine what a difference that would make. So, next time you see an opportunity, grab it it will give you a warm fuzzy feeling all day, and if you do believe in the pearly gates imagine the brownie points!! Sarah

Enquiries, Articles and Letters	Editorial Team		
<i>email to</i> : jacobstowjournal@gmail.com <i>or in writing to the Editor</i> :	Sarah Smith Sue Burrows Celia Proudfoot	Editor Tec.Support Articles	01840-230565 01566 -781292 01566 781473
All contributions received will be included at the Editorial Team's discretion.		rah Smith r, Jacobstow X23 0BN	
The deadline for adverts, letters or articles for the June/July 2015 edition will be 20 May. Please note this does not <u>guarantee</u> that	The current Rat page advert. Co		is £20 for a half- n 01840-230565,
the item will be published due to possible limitations on space.	-	•	n Magazine Printing. 01288 341617

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	<u>Jaco</u>	bstow Parish Coun	<u>cil</u>
		r. Norman Osborne	01840-230592
	Parish Clerk: M	lrs D. Turner	01566-781269
Members:	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
rser.	Mrs Ilona Franklyn	Mr Ray Fox	Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 4th Tuesday of every month (except, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

<u>Editor's Note</u> The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. <u>We have omitted certain minor items for brevity</u> but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 27th January 2015

- 1) Cllr.C Smith chaired the monthly meeting of the Parish Council with five Councillors. Cllr. Nicky Chopak and three members of the public attending.
- 2) BT Telephone Kiosk Mr Quance spoke regarding the Parish Council purchasing the telephone kiosk at Wainhouse Corner for £1.00 and then selling it to the Museum. Councillors were in agreement with this. Mr Quance finding out if this is possible as the kiosk is on private land.
- 3) Changes to Wainhouse Corner Post Office The authorities want to change to a new style which would mean that Post Office services would be offered from a till on a retail counter in a modern open plan branch instead of a separate screened counter. The Post Office would then be open during normal shop hours. This was discussed by Councillors who thought this would cause queuing problems but decided to leave the decision to the local Post Office owners.
- 4) Planning Applications approved by Cornwall Council -PA14/11257 & PA14/08408 – Jolliffes Cottage, Mrs Ann Connolly and PA14/10623 – Mr M Uglow, East Langdon Farm.
- 5) Road Sweeper It was proposed we employ the Road Sweeper to do an extra sweep soon. Clerk to Email Cory asking for this to be done.

Summary of Minutes of Meeting held on 24th February, 2015

Cllr. Norman Osborne chaired the monthly meeting of the Parish Council with four Councillors and four members of the public attending. Apologies received from two Councillors.

- 1) Hall Wall A discussion was held with regard to painting the Hall walls. Enquire if there are any products that could be used to enable this to be done.
- 2) Cory Environmental As the Clerk had paid the sum of £120 for the road sweeping proposed we reimburse her with this amount. Prop. Cllr. R Reason Sec. Cllr. Adey.
- 3) Donations It was unanimously agreed to give the annual donations to Jacobstow church and Eden Graveyard Fund. Also to the Charities:- Childrens Hospice (SW) (Little Harbour), Stratton Hospital, Cornwall Air Ambulance, Bude Memory Café, Marie Curie and the Samaritans.
- 4) Wainhouse Corner Garage, Shop and Petrol Station -Clerk to write letters to the three businesses asking them to improve the quality of their forecourts.
- 5) Councillor Matters It was noted that the Council had cleared the drains by the Church. Also the Vehicular Activated Signs at the Camelford end are not working. Cllr. Adey to enquire about plastic to cover the 1906 maps of the village.



Nicky Chopak, your County Councilor can be contacted on mobile no 07810 302061 email nickychopak@gmail.com Her address is The Post House, Tresmeer, Launceston, Cornwall PL15 8QU

Summary of Meeting held on 24th March, 2015

Cllr. Norman Osborne chaired the monthly meeting of the Parish Council which began with the Annual Parish Meeting. There were three Speakers who all gave very interesting talks.

Mrs Judy Pride from Little Harbour Children's Hospice (SW) spoke on their work. The care they offer to families is wide ranging from respite and short breaks, emergency care, palliative care and end of life care. Each hospice is a home-from-home environment allowing children and families space to forget their worries for a while, be together as a family and find expert help and support in facing an uncertain future. Mrs Russell, head of Jacobstow School gave a report on the school stating that in January they had their long awaited OFSTED inspection the outcome of which was that the school was a good school in all areas.

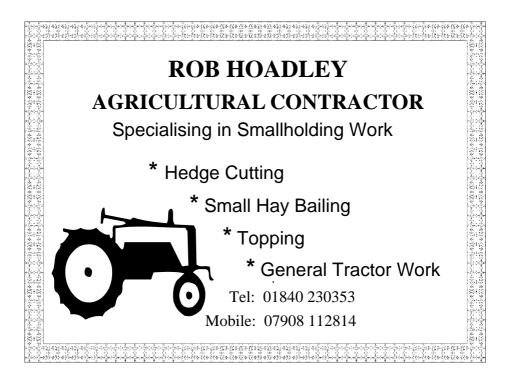
Col. Nicky Chopak gave a report on her year's County Council work, the roads being an ongoing problem with patching and pot holes. This was followed with a short Council Meeting.

Correspondence was received from the Post Office regarding the changes to St. Gennys Post Office. The new-look Post Office is scheduled to open at the current location on Thursday 16th April at 1300. (It will need to close on 13th April at 17.30 for refurbishment.) The opening up of Kents Lane was discussed and it was decided to discuss it next month and organize a site meeting.





Two new brass plaques showing the way to Jacobstow





NEW "THE PUB IS THE HUB" is advisable Computer Access and Library se Inn rom 10am ssible.

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Wainhouse

* * *

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ST PIRRAN'S DAY

Ruth welcomed us to the Parish Hall. Maureen



said "Deth Da and Dynnargh Dhis" which is Hello and Welcome in Cornish.



The Rev Tony said grace, then pasties and salad were served to about 30 people. This was

followed by delicious choice of desserts and a cuppa.

The raffle was held. £166 was made for the Jacobstow Church

SIMNEL CAKE

Dr Chambers says in his "Book of Days" circa 1860 that, "It is an old custom in Shropshire and Herefordshire, and especially at Shrewsbury, to make during Lent and Easter, and also at Christmas,rich and expensive cakes, which are called Simnel Cakes. They are raised cakes, the crust of which is made of fine flour and water with sufficient saffron to give it a deep yellow colour, and the interior filled with the materials of a very rich plum cake, with plenty of candied lemon-peel and other good things. They are tied up in a cloth and boiled for several hours, after which they are brushed with egg, and then baked. When ready for sale, the crust is as hard as if made from wood - a circumstance which has given rise to

various stories of the manner in which they have at times been treated by persons to whom they were sent as presents and who had never seen one before: one ordering it to be boiled to soften it and a lady using it as a foot-stool."

Historically they were made by female servants to give to their mothers on their day off, Mothering Sunday (4th Sunday in Lent).



These days a rich fruit cake recipe is used, then topped with marzipan when cool. The marzipan can be used decoratively before being grilled to an amber colour. The decorations should symbolise the Easter story with eleven balls referring to the eleven disciples, not Judas who hanged himself. The larger ball in the middle would signify Jesus Christ. The plait in this one is the Crown of Thorns.

TIMES OF CHURCH AND CHAPEL SERVICES

Jacobstow Church



April Wed 1 7pm Holy Communion Sun 5 Easter Day 6.15am Warbstow Bury 9-30am Holy Communion Sun 12 9.30am Morning Prayer Sun 19 UBS 10.30am Sun 26 Holy Communion

May

Sun 3 Evensong 6.30 Sun 10 Morning Prayer 9.30 Sun 17 Deanery Service tba Sun 24 Holy Communion 9.30am Sun 31 UBS 10.30 Whitstone

Eden Chapel - April



All services 10.30am unless otherwise stated.

- 5 9.30am Communion Rev Doreen & Sunday School
- 11 (Saturday) 4pm Messy Church
- 12 11am United Service Bethel inc a Christening
- 19 10.30am Family Service with Mrs Poorta
- 26 5pm Tea Time Service

May

- 3 9.30am Communion Rev Doreen & Sunday School
- 10 11.30am United Service Rev Doreen
- 16 (Saturday) 4pm Messy Church, Pentecost
- 17 10.30am Andrew Nicholson Cornwall Youth enabler
- 24 5pm Tea Time Service



Canworthy Water Chapel All Sunday Services 11am Rev Doreen 01566 781854



Dimma Chapel For full details Please contact Audrey Wicket 01840 230268

Coast Church Family Church

Sunday Services 11am Jacobstow Village Hall Come and Join us, all are welcome. Non denominational



CHURCH AND CHAPEL NEWS & EVENTS

O-----O Jacobstow Church

Our Easter Sunday Service is from 9.30am and the church will be looking its best with candles and flowers.

We are urgently looking for an organist, to at least help out occasionally, and eventually to take over from the current organist. We hold three services a month; two at 9.30am and one afternoon or evening service and we pay the standard rate of pay.

Please contact Ruth or Ray Fox on 01840 230153.

Eden Chapel

-----0

Saturday 11th April - 4pm Easter celebration with crafts, games and an Easter egg hunt for all ages, shared tea afterwards

 $26^{\rm th}$ April Mike Stern from Launceston Christian book shop will be joining us for a shared tea at $5 {\rm pm}$

10th May after our United Service at 11.30 we are going to have a shared lunch and fellowship as the vice chair of the Methodist conference Mrs Gill Dascombe and the President elect Rev Steve Wild are coming to visit. This is a wonderful opportunity, so come along, all are welcome. 16th May come and celebrate Pentecost with a little early fun, games and food 4pm

Don't forget Youth club , Friday evenings during term time 7 - 9pm

Pritt stick and prayer 1st Tuesday of the month 1.15

	1st	2nd	3rd
January	P Smith	Mrs S Osborne	N Osborne
February	Mrs S Osborne	Mrs D Rudd	Mr & Mrs Bennett

Church Lottery Results



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What's On



Some events taking place further afield

Bude Follies Falcon Hotel 8-11pm £6 on the door

- 1 6 Fantastic Fudge Hunt, Bideford
- 1 17 War Horse Exhibition, Wheal Martyn Museum, Carthew, St Austell
- 3 5 Bude Art Society Easter Exhibition, Tourist Information Centre
- 3 5 Easter Craft & Gift Fair, Bray Hall Marhamchurch 10 4
- 5 Easter Sunday Worship Warbstow Bury 6.30am
- 4 12 St Endellion Easter Music Festival. Port Issac
- 4 Josh Curnow at the Coach House, Juliots Well 9pm
- 4 Easter Eggs extravaganza, Launcestion Town Hall 10 4
 - 5 Charlie Lou Parker Camelford Conservative Club 4pm 7pm 6 North Cornwall Motor Racing Club, Banger Racing, Netherbridge
- 7 A musical Feast Parish Hall Ashwater £10 per ticket 01409 211419
- 11 Launceston Market in the Square
- 18 25 Boscastle Walking Week
- 18 An evening of Song, Launceston Town Hall 7.30
- 18 Bude Choral Society, Sea Songs and Shanties, Parkhouse Centre 7.30
- 19 Vintage Bride Wedding Fair, Great Terrace, Clovelly

26thNorth Cornwall Motor Racing Club Charity Fundraising Day Netherbridge

May

April

- 2 3 Vospers Werrington Park Speed Climb
- 9 Launceston Market in the Square
- 9 Egloskerry Garden Car Boot Sale
- 17 Bude Motor and Classic Show, Rugby Club
- 17 North Cornwall Motor Racing, Lawn Mower Racing, Netherbridge
- 22 25 Bude & Stratton Folk Festival
- 23 25 Launceston Steam & Vintage Rally, Trebant Farm, Altarnun PL15 7RR
- 24 Open Garden at Manaton, Launceston 2pm 5pm

MOBILE LIBRARY

The van will be coming on 14 April and 4 weekly after that. It will arrive at Canworthy Water 11ish, depending on how long it takes to drive from St Austell.

"**Pub is the Hub**" - Don't forget the Old Wainhouse Inn has a good selection of books and is open during pub hours.

Enter by back door, you won't have to pass the nosey drinkers!



Bob's Gardening Spot

Daffodils which have flowered should be finished, so nip off the spent flower heads but leave the foliage to die down, but experts say you can cut down the foliage after six weeks of the finished flowering. You should be planting summer flowering bulbs, Dahlias, Cannas and Gladioli this month if you plant

them over a few weeks you will get flowers throughout the Summer and into the Autumn.

Keep sowing vegetables little and often to get a steady supply of crops over a longer period. Main crop potatoes should be planted out this month, about two feet between rows and fifteen inches apart. Earth up early potatoes to encourage more spuds on the stems as they grow.

The grass will be growing strongly now, so start to lower the cutter blade and feed with a proper spring feed. Please read the instructions on the box and follow them carefully.

Any shrubs that have finished flowering should be cut back, taking out older wood. Plan to take out about one third of the old wood, down to the ground. Prune Clematis "Montana" once it has finished flowering.

Runner and French beans should be sown now (May) outside, but you can sow them earlier if you have somewhere indoors If you are growing carrots you can put up a

barrier around the plants to prevent the carrot fly ruining your crop. It should be about two feet high around the crop and it can just be a polythene sheet fixed to a wooden frame with an open top.

Happy Gardeníng.....Bob

GLITTER DON'T LITTER

Black Bags and Red Bull Cans....Not a new film title, just some of the items commonly found along the road sides, in our hedgerows and paths. Mary Carter: The Foot-path Coordinator is planning a Jacobstow spring clean with a litter pick. Wednesday April 22nd 2015 You can contact her on: 01840320656



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Monday Beavers 5-6; Cubs 6.30-8 Tuesday Scouts 6.30-8 Wainhouse Scout Hut



we have completed the Chocolate "Go-for-It" badge, which included cooking buns and biscuits, designing a chocolate bar wrapper and blind tasting of different types.

A "Go for It" is a patrol badge that the girls have to organise themselves. They are given a choice of different activities on the subject and all have to do 4 weeks of activities.

In the February half-term we returned the hospítalíty with St Breward Guídes Visiting us for a sleep over and doing a badge in the time we were together. This was "I'm a Guíde Get Me Out of Here" and yes we did have a Bush Tucker Trial of dog food, worms, brains and soil..... which didn't taste too bad!

We have started the new term with 8 girls and are looking forward to the Cook-a-fun badge and competition which is being run by South West Region. After the Division round, we hope that one of the patrols will go forward to the County Round.

In March we did the Unit round of the Bolitho Shield, which is the Cornwall Girl Guiding Guide Competition. The girls had to break a code and produce the message it contained, make a pendant, provide the grid references of places in Cornwall containing animals and birds names and finally wrap a box of matches which then was submerged in a bowl of water. Surprisingly the matches did stay dry. The winners were the Panda patrol by one mark and the marking wasn't fixed.

In March we enrolled 4 of the Guides on the beach.

There is good news for Brownies as the Marhamchurch Unit is going to be open once more. If your daughter is interested in Guides (10-14) or Brownies (7-10) please contact me on 01840 230006. We would love to re-open Rainbows and Brownies in Jacobstow, but are in need of new Leaders. I would recommend being a Guider, it is fun and the reward and adventures you can have are wonderful. Come and have a taster session...... Sorry ladies only. Dereck A Smith

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Rachel Wren was pulled from the hat, she wins a **£20 voucher for Wainhouse Stores**. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20th March 2015



Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

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WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

ANEMONE	BLACKBIRD
BONNET	BULBS
BUN	CHANGEABLE
CHOCOLATE	EASTER
EGG	HOT
JASMINE	PAGODA
PRIMULA	PRUNING
ROSE	SHRUB
SIMNEL	SNOWDROP
WEATHER	



Name the film





Famous Film Quotes - Name the film

- 1. "You talkin' to me?"
- 2. "Here's looking at you kid"
- 3. "I see dead people...all the time"
- 4. "I feel the need the need for speed
- 5. "As God is my witness, I'll never be hungry again"
 - 6. "Say 'hello' to my little friend"
 - 7. "Go ahead, make my day"
 - 8. "A boy's best friend is his mother"

Last edition answers Word search missing word Trousers Famous Rabbits 1 Bugs Bunny 2 Duracell bunny 3 Peter rabbit 4 Playboy Bunny 5 Rabbit from Winnie the Pooh 6 Roger Rabbit 7 Thumper 8 Doc from Alice in Wonderland



LAMBING AT WEST WITHEVEN FARM



Farmer Steven Turner with lambs

> Orphan lamb keeping warm by the Aga



Getting a helping hand from visitor Jenna



Farmer Steven Turner and his mother Doreen work day and night at this time of year caring for the sheep and lambs



Lambs safe with Mum!

MENTION US PLEASE!

If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.



Something you want us all to know about? Email and address for letters is on page 2

Afternoon Tea at the Boscastle Farm Shop and Café in support of Geoff's London to Paris bike challenge

Many thanks to all who came and sampled the excellent cream teas and cakes provided by the Boscastle Farm Shop on Thursday 12^{th} February. A total of £357 was raised for the Cornwall Air Ambulance. Special thanks should go to Nikki and Jackie who baked, organised and hosted the event. Geoff Morris



PLEASE SHARE





DogLostis a FREE SERVICE run by volunteers www.doglost.co.uk Reuniting Dogs with their Owners Phone: 0844 800 3220 E-mail: admin@doglost.co.uk Dog ID: 68830

Bude for Food Assembly has been selected as one of three finalists in the BBC Food and Farming Awards in the category "Best Food Initiative" Every week Food Assembly customers in Bude can order food online from numerous local food producers via their local assembly website. Food can either be collected from Rosies Kitchen, Crooklets Beach or the Food Assembly also offers a Home Delivery service. The winner of the award will be announced at a cermony in

Bristol on Thursday 30th April Paul Sousek

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
Coast Family Church 10.30	Every Monday Beavers 5-6 Cubs 6:30-8.00 Scout Hall Wainhouse Corner	Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner			GOOD FRIDAY Big Breakfast 9.30 - 2.00 Youth Club Eden Chapel during term time 7-9pm	
5	9	2	8	6	10	11
EASTER SUNDAY Coast Family Church 10.30	EASTER MONDAY	Pritt stick and prayer Eden Chapel 1.30		Coffee morning 10.30 - 12.00 WI 7.30 Happy Crafters Eden Chapel		
12	13	14	15	16	17	18
Coast Family Church 10.30						
19	20	21	22	23	24	25
Coast Family Church 10.30				St George's Day Coffee morning 10.30-12.00 Happy Crafters Eden Chapel		Anzac Day
26	27	28	29	30		
Coast Family Church 10.30	mily Church Parish Council 7.30 0.30	Parish Council 7.30				
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Events in our Village - April

21		Eve	Events in our Village - May	illage - May		
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31					1	2
Coast Family Church 10.30	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout Hall Wainhouse Corner	Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner			Youth Club Eden Chapel Every Friday during term time 7-9pm	
3	4	5	6	7	8	6
Coast Family Church 10.30	Bank Holiday		Coffee morning 10.30-12.00	GENERAL ELECTION Happy Crafters Eden Chapel		
10	11	12	13	14	15	16
Coast Family Church 10.30		Pritt stick and prayer Eden Chapel 1.30		W.I 7.30		
17	18	19	20	21	22	23
Coast Family Church 10.30				Coffee morning 10.30 - 12.00 Happy Crafters Eden Chapel 1.30 - 3.30		
24	25	26	27	28	29	30
Coast Family Church 10.30	Bank Holiday Spring fayre & Dog show	Parish Council 7.30				
Note: Fver	Note: Events in Parish Hall unless stated otherwise	ess stated otherwise				

Note: Events in Parish Hall unless stated otherwise



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Martin Brooks 07812 959 879 www.northcornwallpilates.co.uk martin@northcornwallpilates.co.uk

Life In Jacobstow by Rachel Wren



Growing up here I have seen many changes in the area over the years but also many things that have not changed. One of these being the community spirit which has always been very strong here in Jacobstow. I grew up going to Church and being part of the many fundraisers organised in aid of the Church, the Parish Hall and the

School. Bingo was a particular favourite and all were very well supported by the local and surrounding areas.

I also attended Jacobstow Primary School as did generations of my family and it is lovely to be able to give my children the chance to have a similar upbringing, as they also now attend Jacobstow School and the Beavers Club at Wainhouse. The school is brilliant and they both really enjoy going. I have no doubt that they will look back at their time there with some really fond memories, as I do.

Beavers gives the children a good start at learning the life skills that they will undoubtedly need in the future as well as making friends, working together and having new experiences which will prepare them for Cubs and Scouts thereafter. We are very lucky to have people who are willing to run the clubs. It is very much appreciated by all parents. I love this area, there are so many beautiful walks and views to enjoy and I couldn't think of a better place to live

Extra Note from The Journal - Rachel very kindly designs all the covers for the Journal - don't know what we would do without her.

Wind Turbine Lottery Results.

This was won by a lucky lady from Bude who wishes to remain anonymous! We hope she enjoys driving her new car!





W.I. BATON COMES TO JACOBSTOW



At last it's arrived, the long awaited Baton, celebrating 100 years of the W.I, got to Jacobstow on its relay around Cornwall.

It arrived on Saturday 24th February bourne by Barbara Corbett, the County Chairman, who joined us at the trac-

tor, ready to follow down the hill to the Parish Hall. The tractor was driven by 19 year old Amy Osborne.

The Baton was presented to Pat Lane, Jacobstow President, and then carried by Sue Dyer, a mem-



ber of

Week St Mary W.I, to the Parish Hall. We had banners from North Tamerton, Week St Mary, North Petherwin, Jacobstow and St Gennys W.I.

Afernoon tea was served in bone china cups, the celebration cake was cut.

speeches made and many photos taken.

The Baton was then handed over to Carol Sparham, President of Bude W.I in the Central Methodist Hall at 7pm



What a day we had!



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WEATHERWISE

by Monitor

An unusual feature of the past two months was persistent high pressure, a feature known as an "Azores" high, which not only was much further to the north than what would be expected in



the UK winter, but somewhat dense. I recorded a pressure of 1038Mb on the 7th February, and 1042Mb on the 8th and 17^{th.} Interesting also was the more or less complete lack of any Continental Artic High Pressure Systems, with none of the cold NE winds associated with such. Although a fairly cold period was observed early February, it was of Polar origin, giving frequent wintry showers more than anything else in the south of the country. Most of the deep winter depressions kept well to the north of the country, with only the 14th January giving anything like storm conditions locally.

January rainfall was 6.72 inches collected at Canworthy Water, with February giving 3.73 inches .



I consider the winter to be fairly quiet this year, with only a few cold nights, -3°C being typical in the limited number of frosts recorded.

All very ordinary then, nothing to see here, move along please!

Cranes against the sunset Otterham Turbines

HIGH TIDES and SUNSET- April and May

Date	3 Apr	10 Apr	17 Apr	24 Apr	1 May	8 May	15 May	22 May	29 May
AM	5.33	9.21	4.39	9.49	4.23	8.28	3.21	8.43	2.49
PM	17.5	21.45	17.06	22.08	16.42	20.49	15.52	20.59	15.19
Sun set	17.23	17.35	17.48	18.01	18.11	18.23	18.35	18.46	19.57



Busy Beryl



Home 01288 341187 Mobile 07542 168957

Could you do with someone to call an a regular basis to do housework, gardening or little DIY jobs you can't cope with anymore.

I am police checked and can offer personal and employment references. My charges are £10 per hour Why not give me a call to have a chat.



Please call for more information and to book your place on:07971783597

JUBILEE CLUB

MONDAY 20TH APRIL TREWITHEN HOUSE & GARDENS Nr Truro Coach at Tilleys Yard 9.10 am & Haven Rd Crackington 9.30am





MONDAY 18TH MAY HEARTLANDS CENTRE, REDRUTH Coach at Tilleys Yard 9.10am & Haven Rd Crackington 9.30am

Bookings for each one please as follows Olive 01566 781373, Eve 01566 781452, Bev 01566 781761



Michelle Robinson 07508532811 01566 781671 m.robbinson@btinternet.com

Michelle has been looking after wildthingz for several years now, originally she started off with hedgehogs but now any wildlife in trouble - give her a call.

She is supported by many local people in looking after the waifs and strays in the area. You too can support her by letting her have your old newspapers and stuff.



Telephone: 01288 353661

Fax: 01288 359392



Widemouth £550 pcm





Canworthy £325,000

11 Lansdown Road Bude North Cornwall EX23 8BH



Tresparrett £300,000



Notice Board

Big Breakfast

- Good Friday
- 9.30 to 2pm



- In aid of repairs to Parish Hall
- £6.50 each, please come and bring along a friend

DOG SHOW WITH SPRING FAIR

25th May Parish Hall

Stalls will include plants, home produce, gifts

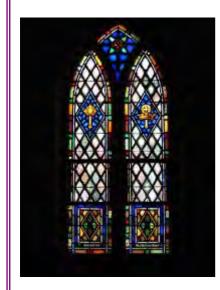
Refreshments and cream teas

Stalls from 1pm





R J SARGENT & SON FUNERAL DIRECTORS



PRIVATE CHAPEL OF REST

MEMORIALS SUPPLIED

FAMILY BUSINESS

SINCE 1973

Tel: Terry Sargent

01288 361468 Trewithian, Poundstock Bude EX23 0DS



Page 32

Spare time! What spare time?

Throughout my working life I have been fortunate enough to have jobs that I enjoyed and which kept me busy. I can still remember thinking in the past "What will I do when I retire? I'll get bored". Wrong! Having moved first from Middlesex back to my birthplace in Plymouth, I then discovered the delights of North Cornwall and moved to Jacobstow. One day, driving across Davidstow Moor, I came across an airfield and being ex-RAF



started to investigate further. It wasn't long before I found that there was a museum nearby (the Cornwall at War Museum) and that was it! No more spare time! The museum is privately owned by a couple (Steve & Sheila) from Wadebridge and supported by volunteers who come from all walks of life. Of course quite a few are ex-military but, equally, quite a few are not! The museum is open from Easter until end-October and I

have never yet met a visitor who wasn't impressed. Although it appears small from the outside it is actually the opposite and grows larger year by year. With a total of eighteen buildings it covers Army, Navy and Air Force - and civilian activities as well. Most of the exhibits (of which there are thousands) relate to WW2 but there are also WW1 exhibits and items associated with the Falklands conflict.

Not everything is just about the armed-forces and one of the current projects is the creation of a narrow-gauge railway of the type used to transport goods to the trenches in WW1. This is a fairly long-term project and will take some time to complete, although



a reasonable amount of track has already been laid and a diesel engine and rolling stock are already on site.

The work undertaken by the volunteers is extremely varied and includes constructing new buildings, designing and creating new displays, brickwork, woodwork, metalwork and painting, building maintenance, sound and video systems, photography, cleaning, research and anything

else you can think of! Some of the work (for safety reasons) can only be undertaken when the museum is closed but during the open period some of the volunteers are also heavily involved with visitors. Not only individual visitors but also with the many group visits that we have such as car clubs, WI, historical societies, cadets, scouts and schools. It is true to say that I don't get bored working there as each week (or even each day) brings something different. Last week we had a phone call from a Harbour Master in

West Cornwall to say that a trawler had "fished up" a large gun and would we like it? Of course we would! It was collected and brought back to the museum for restoration and research as to what it was and when it ended up at the bottom of the sea. They are a friendly crowd to work with and being there has certainly stopped me from being bored. If you think you might also be interested in working



there then why not phone me (01840-230113) to find out more or have a look at the museum website www.cornwallatwarmuseum.co.uk

Mike Quance Page 33

KIDS" PAGE

How to Decorate Real Eggs.



PREPARATION.

EASY WAY: Hard boil for 15 minutes with 2 teaspoons of Vinegar in the water. If you choose to decorate a hard boiled egg, this will keep for no more than 2 weeks and is best stored at night in the fridge. Good for competitions, you can always take a photo of your egg.

MORE CHALLENGE: Blow the egg: use a raw egg, wipe Clean. Shake for 5 minutes to loosen insides. Pierce top and bottom with a pin, gently wiggle pin to open hole a bit. Wipe Clean, then blow over a bowl or sink. Wash gently in soapy water. Dry.





DECORATING. Either paint or colour with felt pens or add stickers etc.

USE FOOD COLOURING. Half fill 2 cups with hot water and 4 drops of colouring \$ 2 teaspoons vinegar. Place eggs in this for 2 minutes. TO STENCIL: Stick stickers on dry

egg. Then immerse in red dye. Dry. Peel off stickers and then immerse in turquoise (2 drops green, 2 blue)

GO ONLINE: GreatAunt.co.uk or You Tube



BeforeAndAfterTV. Always ask permission 1st!

JACOBSTOW WALKING GROUP by Celia Proudfoot

On Thursday 5th February we met at Jacobstow Parish Hall at 10am. The walk was well attended with four new walkers and Chester the black



labrador joining in, although staunch supporters Ann and Steve were unable to go.

We walked down the road and took the first footpath on the left after the church, heading towards Jacobstow Holywell. Almost immediately we came to one of several kissing gates which were installed at the start of the Millenium. Each gate has a

plaque with words of love inscribed on it. One of the quotes is from Shakespeare, another is in Cornish. Others are more general. The one shown here is inscribed "A kiss is something you cannot give without taking and cannot take without giving" Our guide Mary was responsible for researching and organising the making of the plaques and their content and her partner fixed them to the gates.



As we headed across fields to the Holy Well, Mary pointed out the spot known as "Witchy Pool" where witches were plunged into the pool as punishment for their crimes. Duckpool near Bude was also used for this purpose. There was I like many a visitor to Cornwall innocently thinking what a lovely name Duckpool was and how it was most probably associated to lovely ducks. We then walked on to the Holy Well, passing ancient oak trees. The Holy Well is set on ley lines and is the reason for the village of Jacobstow being built. It is another area that has been restored. The



primroses and snowdrops were out. Although the paths were muddy the weather was kind. The 2nd walk on Thursday 5th March was from St Gennys church across the cliff tops and down to Crackington in glorious sunshine. The next walk will be on Thursday 9th April meeting Jacobstow Hall and the May 7th walk will start at

Jacobstow Hall sharing cars from there. Both starting at 10am.

Lancaster Clearance - David Johnson Wainhouse Corner 0797 <u>6</u>688943



House - Barn - Shed - Garage Clearance. Items brought for cash. I will beat any quote and offer a house cleaning service after clearance. Please ring me to discuss your requirements New for 2015 Man & A Van Service. Light removals, Pick up and deliver within a 50 mile

INTERESTING THINGS ABOUT JACOBSTOW

Penhallam

Probably the oldest part of the current Jacobstow Parish is Penhallam (in the north of the parish) as this is mentioned



(as Penhalun) in the Doomesday Book. Within this vicinity was a 13th century moated manor house (Penhallam Manor House) built by Andrew de Cardinham. Moated manor houses are found mainly in central and eastern England, but are rare in the south-west so Penhallam is therefore particularly unusual. Having been abandoned in the 14th century, its full medieval ground plan has survived unaltered by later building work but all that remains now are low, grass-covered ruins. Further details can be obtained from English Heritage who administer this site.



Clearing a Blocked Lane at Hele Barton Farm By Anne Connolly



On Wednesday 11th March we joined the small but elite footpath clearing team at Hele Barton Farm, in order to help clear a totally overgrown sunken lane.

The team (Mary Carter and Tom) had already been there for 2 hours, working hard. Initially we couldn't see where they were, until a hidden voice shouted out from beneath the undergrowth. We then saw what can only be described as a challenging scene; thick brambles and gorse totally blocking the footpath along its length, with 6 inches of water and mud at the bottom. Sadly, Steve had worn Crocs, through which the deep mud and water instantly squeezed and he manfully carried on until Tom found some spare wellies and so trenchfoot was avoided! We only spent 2 hours helping and it was fun but hard work. After we left, Mary continued for another 3 hours, until the whole track had been cleared. How she managed to keep going for a full day, we don't know! Thank you Mary!



Bude Guided Geological Walks

2-hour guided walks by Dr Roger Higgs, DPhil on Bude Formation rocks. 5-star TripAdvisor reviews. "An excellent, thought provoking tour. Roger is very friendly and imparts his enthusiasm for geology on you. A great way to spend 2 hours and learn something about the world around you." Enjoy the geology along this sector of the glorious South West Coast Path. Sand and mud layers deposited in a giant tropical "Lake Bude" 300

million years ago were folded due to Britain and France colliding, forming a Cornish mountain range, before dinosaurs existed.

Bude Geological Walks are offered all year on Wednesdays (2pm) and Sundays(11am), starting from Bude Tourist Information Centre. £15 adults (16 and older); £8 children (7-15). Advance booking required. Please enquire at the Bude TIC office, or by



phone or email. Telephone payment accepted. Sorry, no dogs are allowed and children must be at least 7 years old. Private walks at other times can be arranged for 1-25 people



Jacobstow Primary School & Preschool

CARES about preparing our children for their place in the world of the future

The governing body of Jacobstow Primary School and Preschool are delighted that following a recent OFSTED Inspection the school was considered a **GOOD** school in all areas of inspection.

The inspection report gives the following as the 'strengths' of the school:

The head teacher has created a climate of trust Pupils are confident and enthusiastic

Teachers provide a range of activities that stimulate and excite pupils to work hard.

Teaching assistants make a strong contribution to pupils' learning More able pupils are given activities which deepen their thinking Pupils show great respect for adults and each other

Children get off to a good start in the pre-school

Disabled pupils and those with special educational needs thrive as a result of excellent guidance and support

Additional government funding is used well to help eligible pupils to achieve their best

Governors have a good understanding of how well the school is doing

Parents and pupils are overwhelmingly positive about the approachability of all staff

Two areas for development are;

• To raise standards in writing across the school



World book Day

Amelie as Saucepan Man from 'The Faraway Tree', Delilah as The Snow Queen from the 'Lion the Witch and Wardrobe' and Ebony as 'The Cat in the Hat'. All winners in the Jacobstow Primary School and Preschool World Book Day dressing up competition. World Book Day is an international event celebrating books of all sorts, encouraging everyone to 'get lost in a book' and developing a love of books for children of all ages.

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only (except Public Holidays)

(encept i done i	Tomaa	,5)				Journe	
	MTh	W	F	1	MTh	W	F
Warbstow Cross	0935	0935	0935	Holsworthy		1300	
Canworthy Water	0940	0940	0940	Launceston Tesco	1250		
Week St Mary	1000	1000	1000	Launceston Westgate	1300		
Whitstone		1008	1008	Boyton	1315		
Titson			1015	North Tamerton	1325	1315	
Marhamchurch			1020	Bude Strand			1300
Bude Strand			1030	Marhamchurch	_		1310
North Tamerton	1015	1015		Titson			1315
Boyton	1025			Whitstone		1322	1322
Launceston Westgate	1040			Week St Mary	1340	1330	1330
Launceston Tesco	1050			Canworthy Water	1400	1350	1350
Holsworthy		1030		Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

595 Boscastle – Bude

(Partial listing of stops only)

(a = Schooldays only) (h = School holidays)

Launceston Tesco

Launceston Westgate

Canworthy Water

Canworthy Water

Wainhouse Corner

Higher Crackington

Warbstow Cross

Week St Mary

Jacobstow

Western Greyhound 01637 871871

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

1230

1230

1255

1300

1305

1325

1340

1345

1400

Webbers Coaches 01208 74711

Monday to Saturday

				h	а	h	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven		1047		1447	1507			
Wainhouse Corner	0817	1055	1217	1455	1515	1617	1707	1907
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503		1625	1715	1915
Budehaven School					1525			
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

No Sunday Service

Bude – Boscastle

(Partial listing of stops only)

	а	h				h	а	
Bude Strand	0710	0715	0840	1115	1240	1515	1530	1725
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536	1731
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542	1737
Wainhouse Corner	0727	0732	0857	1132	1257	1532	1547	1742
Crackington Haven			0905		1305		1555	
Boscastle	0745	0750	0920	1150	1320	1550	1605	1755

Useful Contact Numbers

Local Authority

Local Mathority	
Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Nicky Chopak (County Councillor)	07810302061
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814
Citizens Advice Bureau	0844 4994188
Healthcare	
NHS Direct	0845 4647
<u>Hospitals</u>	
Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 761001
Stratton	01288287700
Doctors Surgerys	
Boscastle	01840 250209
Neetside, Bude	01288 272866
Medical Centre, Stratton	01288 352133
Camelford	01840-213894
Jacobstow Organisations	

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs P Lane	01840 230743
Jacobstow Church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs M Andrew	01840 230006
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
National Express coaches	08717818178
Farm Crisis Network	07002 326326