Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

www.jacobstowvillage.co.uk



Issue No. 33

April/May 2016



Editorial by Sarah

With a big sigh and a guilty look at my boxed set on the shelf, I took myself off to the Rebel cinema to watch the Dads Army film. I am a lifelong fan of Dads Army, have all the episodes and the Christmas Specials, oh and a mug! I know, I know.

Should we try and remake a classic? Is it too much for the critics to bear that a new version was made. When you consider that the original shown on Saturday evenings on BBC2 still attracts over 2 million viewers and is regularly previewed in the Radio Times on Pick of the Day every Saturday.

Well, for me personally I enjoyed the film, it didn't try to copy the television series, more run alongside it, although I did feel Catherine Zeta Jones probably didn't need to be in every single scene.

This does question if the critics really reflect the public's view. When you think about the popular TV or cinema that gets mangled by the critics, but watched by millions of people, Mrs Brown's Boys for example, I know its Marmite, but the figures don't lie. It makes me think that critics just have to be seen to be slating anything that doesn't have a Booker Prize or Toronto film festival award. Why can't they open their eyes and just admit that for the working Joe Public, after a hard day, sometimes you just want to let a film wash over you, that doesn't need your full attention. Umm food for thought!

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com or in writing to the Editor.

All contributions received will be included at the Editorial Team's discretion.

The deadline for adverts, letters or articles for the JUNE/JULY edition will be 20 May. Please note this does not guarantee that the item will be published due to possible limitations on space.

Editorial Team

 Sarah Smith
 Editor
 01840-230565

 Sue Burrows
 Tec.Support
 01566-781292

 Celia Proudfoot
 Articles
 01566-781473

Sarah Smith Almar, Jacobstow EX23 0BN

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

Jacobstow Parish Council

<u>Chairman:</u> Mr. Norman Osborne 01840-230592 <u>Parish Clerk:</u> Mrs D. Turner 01566-781269

Members:Mrs Charmaine SmithMr Dennis AdeyMr. Bob ReasonMrs Ilona FranklynMr Ray FoxMr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except, for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes. Agenda and minutes of previous meetings on the village website www.jacobstowvillage.co.uk

<u>Editor's Note</u> The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. <u>We have omitted certain minor items for brevity</u> but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 2nd February 2016

Cllr Osborne chaired the monthly meeting of the Parish Council with five Councillors, County Cllr. Nicky Chopak and five members of the public attending.

- 1) Public Question Time Members of the public had a discussion on the Notification for Prior Approval for a Proposed Change of Use of Agricultural Building to three dwelling houses for Mr Barry Sobey at Witheven Lane, Jacobstow. The public were against this application.
- 2) Defibrillator The defibrillator which had been given by Mrs Fran Holmes had been installed at the Post Office and will be in use soon. She had paid for it to be checked annually for three years after which the Council will pay. Clerk to find out who is responsible for checking the defibrillator once a month.
- 3) Footpath Account It was agreed to pay the Footpaths Trimming Account amounting to £540. Proposed Cllr R Reason, Seconded Cllr. Adey. It was discussed and agreed that the total spend in any one year should be no more than £1000. This to be reviewed in November.
- 4) Planning Application Mr & Mrs A Sharp, Trelymm, Canworthy Water. Proposed bedroom and ensuite extension. Councillors support this application.
- 5) Donations It was decided to give Jacobstow Church and Eden Graveyard Fund the usual £150 each. Also to give donations to Childrens Hospice (SW), Cornwall Air Ambulance, Samaritans, Stratton Hospital and Bude Memory Café.

Page 3

Summary of Minutes of Meeting held on the 1st March, 2016

Cllr. Osborne chaired the monthly meeting of the Parish Council with five Councillors and ten members of the public attending. The evening began with the Annual Parish Meeting for which there were three Speakers, Mrs Sue Russell, Head of Jacobstow School, PCSO Stuart Baxter, Devon & Cornwall Police and Mrs Sue Burrows, Bude Museum. All three gave very interesting talks. Tea & biscuits were then served after which the monthly Council meeting was held.

- 1) <u>Planning Application No PA16/01099 Mr & Mrs Fursdon</u>, Kents Cottage, Road from Ferretts Cross to Beckaveans, Jacobstow. Proposed dwelling. Councillors unanimously supported this.
- 2) <u>Community Benefit Fund</u> The Community Benefit Fund was discussed and it was decided to put an article in the Journal for any local Organizations wishing to apply for a Grant up to £500 to fill in a Claim form (obtainable from the Clerk). Claim forms received to be discussed at the July Council meeting.
- 3) <u>Planning Mr & Mrs Sharp –</u> Trelymm, Canworthy Watger. This was approved by Cornwall Council.
- 4) <u>Prior Approval Change of use Mr. Barry Sobey –</u>This Application was refused by Cornwall Council
- 5) <u>Cornish & Devon Post</u> Account received for newspaper advertisement for £20.16. Proposed we pay Cllr. Smith, Seconded Cllr. R Reason.

Your MP Scott Mann – – For full version of this letter follow the link on www.jacobstowvillage.co.uk In January I wrote that a group of MPs had issued a critical report of BT, saying that not enough was being done to roll out broadband or provide sufficient internet speeds. The regulator of the communications industry, Ofcom, has now ruled that BT's Open R



each division must open itself up to other internet providers. Now though, BT has been told that it must open up its infrastructure and network so other service providers can install their own cables. This is a significant development, because it could mean that many rural properties which have previously been denied broadband could be connected by another service provider. I've been approached by constituents who are concerned that an EU Brexit could stop funding in Cornwall. The day after the referendum, regardless of the result, we will still be a member and thus still receive funding. The referendum is not legally binding on our membership and it will take up to two years for us to leave once we invoke Article 50 of the Lisbon Treaty, which states that EU treaties do not cease to apply until the member in question has actually left.

Surgeries Bude Parkhouse Saturday 2^{nd} April bookings 9.40-10.20 drop in 10.40-11.30 01208 74337 to book which is recommended, drop in is first come first served



Nicky Chopak, your County Councillor contact details mobile no 07810 302061 email nickychopak@gmail.com. Or The Post House, Tresmeer, Launceston, Cornwall



Jacobstow Neighbourhood Watch



I have been advised that a company is phoning local individuals claiming to be able to re-rate your property to achieve reductions in council tax and tax banding. They require your credit card and £65 payment up front. I can confirm that we have checked this with Cornwall Council and Trading Standards and that this is a scam. Could you please pass on the message within your area.

Company Details: Claimers UK Telephone: 0844 8009426

Regards Sarah Mason
County Executive Officer
Cornwall Association of Local Councils
Unit 1/1a Riverside House
Heron Way
Newham
Truro TR1 2XN
Cornwall

Telephone: 01872 272648 Work Mobile: 07975 704622 email: enquiries@cornwallalc.gov.uk URL: www.cornwallalc.gov.uk

http://www.actionfraud.police.uk/report_fraud

Telephone: 0300 123 2040 Contact details for police: Emergency 999

Non Urgent call 101 text 67101, call 01288 357502 or use the blue elephone box on the front of the Police station in Bude Email; bude@devonandcornwall.pnn.police.uk or follow the links on the police website for the Facebook page

Any urgent information will be posted on the Jacobstow Village Facebook page, don't worry if you do not use Facebook, go to the jacobstowvillage web page and follow the link from there

Urgent information

Your Parish Council has received a community funding grant from Primrose Energy .

They would ask that any local Club or Organisation who would like to benefit from this Community fund for up to £500, please submit applications to Doreen Turner, Parish Clerk, for consideration at the July Parish Council meeting

ROB HOADLEY

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Page 6

SWEEP, OUR "FLINTSTONES" CAT



Why would we call her a "Flintstones" cat? For the simple reason that like Fred Flintstone we threw her out of the house each night. Which was not what we did with our cats, but Sweep was different. Let me start at the beginning. We already had a cat and two children and were living in Canworthy Water across the road from a farm. At the time, the farm had lots of farm cats, including Sweep. The problem was that Sweep hated the farm dogs. She was scared of them. She came over to our house frequently for a break from farm life and the children had grown very fond of her. One morning the children came rushing into the house saying "Mummy, Sweep's been run over, we have to save her." My heart sank as I went to our front door and saw Sweep lying on the road outside. She was still alive but she looked as if she was concussed. I had recently done a First Aid course and recognised the symptoms! Although she was not our cat the children were crying and there was no time to lose, so I decided to drive Sweep to the vets and deal with ownership details later. I assumed she would die. Once I had left her with the vet, I phoned the farm to let them know what had



happened. Sweep survived and the vet said she needed to spend a week indoors in the warm. Our family came to an agreement with the farm and we adopted Sweep. She made a full recovery and became street wise and very aware of cars. Sweep loved being in the house but we had to restrict her to day stays only as we were unable to house train her. We hated throwing her out each night after a lovely evening warming herself in front of the wood burner. Our neighbour, the late John Fry built her a kennel so she could keep warm at night, but she never used it, preferring to sleep in the barn up the road. She would often sit on the downstairs windowsill at night, crying to come in. This meant that if either one of us came downstairs in the night, we would try to duck out of view and creep past the window; she made us feel so guilty! However every morning our joy was to bring her in from the cold, feed her and let her thaw out on our bed. She was a very tolerant cat and allowed us to dunk her in a bucket of soapy water when she had diarrhoea, before taking her to

the vet. If we went away for the weekend or on holiday, the first thing we would do would be to send our children to look for her in the fields behind our house and bring her back for a celebratory meal and warming by the fireside! Sweep lived to a ripe old age. She knew all about the dangers of cars and she was an incredible hunter, catching mice, rats and rabbits. To her credit, she was never interested in birds.

TIMES OF CHURCH AND CHAPEL SERVICES

April May

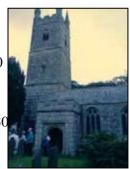
3rd Evensong 6.30 1st Evensong 6.30

10th Morning Prayer 9.30 8th Morning Prayer 9.30

17th UBS at Warbstow 10.30 15th UBS WSM 10.30 taken by Archdeacon Audrey

24th Holy Communion 9.30 22nd Holy Communion 9.30

29th UBS at St Gennys & Big Breakfast



Jacobstow Church



Canworthy Water Chapel All Sunday Services 11am Rev Doreen 01566 781854



Eden Chapel

Services second and forth Sundays of the month with guest speakers, refreshments and children's work



Dimma Chapel For full details Please contact Audrey Wicket 01840 230268

Coast Church
Family Church
Sunday Services 11am
Jacobstow Village Hall
Come and Join us,
all are welcome.
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CHURCH AND CHAPEL NEWS & EVENTS

Warbstow, Eden and District Youth Club

I am writing on behalf of the former members of Warbstow, Eden and District Youth Club. We would like to thank you for the support you have given the youth club over the past 6 years. Regretably, the decision has been taken to end youth club as of the 12th February. This has been due to the fact we now have very few members and despite our best efforts have been unable to attract more young people or another leader who can carry our club forward.

Young at Heart Club - Eden Chapel, Headon Cross, Jacobstow (between Wainhouse Corner and Canworthy Water)

1st and 3rd Wednesday of the month 1.30 - 3pm All welcome to come and join us for a chat, refreshments, table top games, pool, darts, keep fit, crafts, music....in fact whatever you feel like as long as it's legal and not offensive to others. We are already planning our Christmas Lunch!

Friends of Jacobstow Church are pleased to announce

Dog Show and Spring Fare
Jacobstow Parish Hall

Bank Holiday Monday 30th May

Refreshments, stalls and good family fun!! Church Lottery Results

| | 1st | 2nd | 3rd |
|----------|----------------|------------|--------------------|
| January | Mr B Marshall | Mr P Smith | Mr M Cobbledick |
| February | Miss S Cowling | Mrs R Fox | Mr J Lewis |

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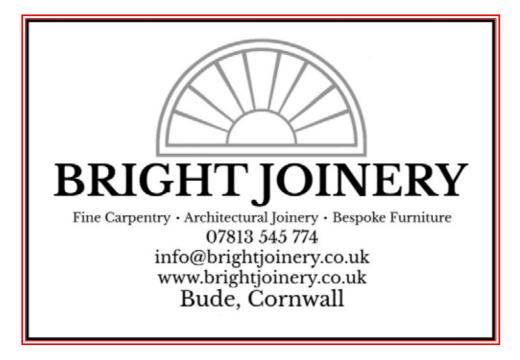
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email: PaulTNC@gmail.com, facebook/BudeForFoodAssembly



What's on - Things happening a bit further afield

April

| 1 | Bude Farmers and Craft Market, Every Friday, Lower Wharf Bude |
|--------|--|
| 1-3 | St Endellion Easter Music Festival - Port Issac |
| 1-14 | Absurdists exhibition - The Castle Bude |
| 2 | Johanna Graham Quartet Blisland Village Hall 7.30 |
| 3 | Golden Eagle Jazz Band Falcon Hotel Bude 7.30-10.30 |
| 7 | Free guided estate walk Lanhydrock 2.30 |
| 9 | Launceston Market in the Square |
| 11 | Camelford Old Cornwall Society talk on Stannon Clay works by |
| | Arthur Welch, Camelford Hall 7.30 |
| 16-5 M | ay Karen Gi <mark>mlin</mark> ge 'Safe Passage' exhibition The Castle Bude |
| 16-17 | Black Rock Surf & Kayak competition - Black Rock beach |
| 18 | Cornish Tea Treats Tintagel Old Post Office 11 - 1 |
| 24 | Clovelly Wedding Fair, Clovelly Village 1 - 5 |
| 30-2 N | lay South West Organ Festival, Dingles Lifton 10am each day |
| 30 | Bluebell tour Lanhydrock 10-1 |
| 30 | Vospers Werrington Park Speed Hill Climb 9.30 - 5 |
| 30-2M | ay English National Surfing Championships Watergate Bay Newquay |
| | |
| May | |
| | 2/4/4 |
| 2 | Padstow May Day |
| 6-8 | Thundercat Racing Championships Newquay |
| 7-26 | Jonathan Wickers 'No Boundaries' Exhibition The Castle Bude |
| 9 | Camelford Old CornwallSociety, History of Sport in Cornwall |
| | Talk by Dr Jo Mattingly 7.30 Camelford Hall |
| 14 | Launceston Market in the Square |
| 20 | Bat Patrol - Lanhydrock |
| 23 | Rag Rug Textiles Tintagel Old Post Office 10.30-5 |
| 27-30 | Bude & Stratton Folk Festival, Falcon Hotel, Bude Rugby Club and |
| | other local venus |
| 28-30 | Launceston Steam and Vintage Rally Trebant Farm 9am |
| | www.launcestonsteamrally.com |
| 28-16 | June Mike Hindle Exhibition The Castle Bude |

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BOB'S GARDENING SPOT

Now is the best time to sow French Beans under glass. Sow peas and keep sowing every 3–4 weeks to get a regular supply. Sow leeks out doors – choose a maincrop like "Musselbrugh" or "Giant Winter". Make a plan for winter vegetables like Cauliflower. Brussel Sprouts and Savoy Cabbage.

Clean out your border now growth has started to show where the perennials are placed in the border. If you need summer bedding buy them as plug plants to grow on ready to fill the gaps. Pinch off bulb heads and plant Gladioli corms: grow them in a circle and put a cane in the centre to support them when they grow tall. In early May you should be planting your tomatoes under glass but plan it right to support them and plant Marigolds around the base to deter white fly.

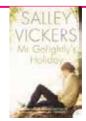
You should be planting out your runner beans. French beans and courgettes if you like them. Plant out Chrysanthemums for winter flowers, also plant out Dahlias and take cuttings from their young shoots to give you extra plants for free!

Prune plums and cherries now the sap is rising by leaving it a bit later, you avoid silver leaf problems because the fungus can not enter any cuts. One final job, make compost bins to recycle your garden

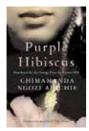


CANWORTHY WATER BOOK CLUB MR GOLIGHTLY'S HOLIDAY by Sally Vickers

Well written with an interesting plot, although there seemed an un-necessary amount of words we didn't know



We talked a lot about the God and Job connection and felt that the Readers' Reviews were very illuminating but didn't spoil the story.



PURPLE HIBISCUS by Chimamanda Nghozi Adichie

The plot surrounds a very well to do self-made industrialist who is an extreme Catholic. It depicts how he browbeats his immediate family whilst being generous to outsiders. Another well written book although the content was brutal, the descriptions of life, cuisine and flora of Nigeria was vibrant.

Welcome to the Village - David & Kim Cawley at Higher Southcott Farm





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Jacobstow Primary School and Preschool



Jacobstow year 3-4 children visit RHS Rosemoor Gardens and develop their learning.

A day out at the Royal Horticultural Gardens at Rosemoor is always a delight but did you know that they run a fantastic educational programme? Jacobstow

Primary School children regularly visit making the most of the opportunity for the children to get to know and love the gardens but also to learn a wide range of related skills. Year 3-4 spent a great day there recently developing their map reading and orienteering skills. Despite the dreary weather the children really enjoyed the opportunity to explore the formal gardens whilst searching, using their maps for a set of clues to unlock a coded message.





1st Jacobstow Guides

We have been having lots of fun recently, joining with the Rainbows and planting lots of bulbs, making yummy pancakes on Shrove Tuesday. We had a peer educator come (a member of the senior section trained to provide sessions on matters that affect young girls) and complete a session on self confidence and self esteem. We went on a penny hike around Bude that mysteriously took us past 3 Chip shops, where we were able to sample and compare Chips. As well as completing lots of activities with buttons in order to complete a Challenge badge.

We are delighted that we are able to reopen our Rainbow unit, so if you have a daughter aged 5-7 years who is interested in joining please get in contact with either Mary on 01840 230006 or Helena on 07966484690, alternatively register her interest in joining at http://www.girlguiding.org.uk/get_invovled.aspx. We have found a leader eager to set up a Brownie unit (for girls aged 7-10 years), so watch our for further details. If you are interested in volunteering to help with the unit please do get in touch!

Dereck A Smith

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Andrew Smith was pulled from the hat, he wins a £10 voucher for Wainhouse stores. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20 May 2016. Thank you to Wainhouse Stores for sponsoring this page.

| N | S | R | Е | Т | Α | Е | Н | Z |
|---|---|---|---|---|---|---|---|---|
| Т | U | F | Т | U | N | Α | Ε | Р |
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| Р | S | I | Е | Е | В | R | Е | Н |
| Е | 0 | Т | Е | Χ | R | N | В | Т |
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| Ν | М | Α | Е | Е | N | U | R | Р |
| Е | 0 | G | В | I | R | D | Е | 0 |
| F | С | Е | Е | D | Α | Н | S | U |

WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

BEAN BIRD COMPOST CLOCHE FENCEPOST FRUITCAGE GEAR GREENHOUSE HEATERS HELLEBORES **HERB NURSERY PATH PEANUT PLANT PRUNE SEED SHADE** TAP

How's your garden growing? Can you identify the various bits and bobs below?

















Last edition answers Word search missing word Jacobstow Quiz Answers 1. 007 2.3 3.orange 4.geology 5.12 6.Asda 7.64 8.On the moon 9. Pound Coin 10.Yellow 11. Dads Army 12. Blue, Red and Yellow 13. Mr Benn 14. The Victoria Cross 15. Rome

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Something you want us all to know about? Email and address for letters is on page 2



Hi, We've recently moved into the village and while impressed by the number and variety of birds visiting the garden, were somewhat surprised to have been adopted by a rather splendid cockerel (photo attached). We assume that some poor soul is missing the chap and we'd would like to see him reunited with his family and, presumably, harem. Have you any idea of who might have lost the fellow and/or how we might discover them?Kind regards

David & Kim Cawley Higher Southcott Farm, David & Kim Cawley Higher Southcott Farm, David & Cawley Higher Southcott Farm, David & Kim Cawley Higher Southcott Farm, David & Ca

I was out for two hours this morning walking the roads from my house to Tobarn Farm and from the pub down to the tree just past the bus station and around Wainhouse corner garage petrol station and Wasterow. I picked up 3 large bin liners full of rubbish, a lot of which I think is probably from recycling which has blown around or off the lorries but there were loads of Red Bull cans and vodka bottles on the Canworthy Water road. Can we put a notice in the journal telling people not to litter in the first place but if anyone does see any rubbish on their travels or around their homes (particularly on bin days as I am sure this is part of the problem) to take a bag and walk for a few minutes up the road and collect it? It doesn't take much time and it is better for everyone.

Thank you Rachel Wren

Today, Monday 7th March, my faith in human nature has been restored as I encountered a young mother of two children picking up rubbish along the roadside. Rubbish that has been dropped by people who obviously have no respect for the locality and just lob their rubbish out of their car windows.

They are Red Bull, Vodka drinking takeaway louts and should feel guilty that a resident, who I am sure has better things to do with her day, feels she has to do this horrible task.

So, I personally say "thank you very much" to this young mum for trying to keep the village nice and tidy

Greta Trewin

Events in our Village - April MONDAY THESDAY WEDNESDAY THIRDDAY

| SATURDAY | | | | | | 16 | | 23 | Passover St George's Day | 30 | |
|-----------|---|---|------------------|---|---|----|---|----|---|----|---|
| FRIDAY | | 1 | April Fool's Day | 8 | | 15 | | 22 | | 29 | |
| THURSDAY | | | | 2 | New Moon Coffee Morning 10.30-12.00 | 14 | Happy Crafters Eden Chapel 1.30 - 3.30 WI 7.30 | 21 | Coffee Morning 10.30-12.00 | 28 | |
| WEDNESDAY | Every Wednesday Beavers 6-7 Scout Hall | | | 6 | Young at Heart Eden Chapel 1.30 - 3pm | 13 | | 20 | Young at Heart Eden Chapel 1.30 - 3pm | 27 | |
| TUESDAY | Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner Guides Parish Hall | | | 5 | Parish Council 7.30 | 12 | | 19 | | 26 | ed otherwise |
| MONDAY | Every Monday Cubs 6.30-8.00 Scout Hall Wainhouse Corner | | | 4 | | 11 | | 18 | | 25 | Note: Events in Parish Hall unless stated otherwise |
| SUNDAY | Regular Events Coast Family Church 10.30 | | | 3 | | 10 | | 17 | | 24 | Note: Events in Par |

Events in our Village - May

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|---|---|--|----------|----------|
| Regular Events Coast Family Church 10.30 | Every Monday Cubs 6.30-8.00 Scout Hall Wainhouse Corner | Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner Guides Parish Hall | Every Wednesday Beavers 6-7 Scout Hall | | | |
| | 2 | 3 | 4 | 5 | 9 | 7 |
| Мау Dау | Bank Holiday | Parish Council 7.30 | Coffee Morning 10.30- 12.00 Young at Heart Eden Chapel 1.30-3pm | Police & Crime Commisioner Election 7am - 10pm | New Moon | |
| | 6 | 10 | 11 | 12 | 13 | 14 |
| | | | | WI 7.30 | | |
| | 16 | 17 | 18 | 19 | 20 | 21 |
| Whitsun | | | Coffee Morning 10.30-12.00 Young at Heart Eden Chapel 1.30-3pm | Happy Crafters Eden Chapel 1.30 - 3.30 | | |
| | 23 | 24 | 25 | 26 | 27 | 28 |
| | | | | | | |
| | 30 | 31 | | | | |
| | Bank Holiday Spring Fayre & Dog Show | | | | | |
| 21 Note: Even | nts in Parish Hall un | Note: Events in Parish Hall unless stated otherwise | 0 | | | |



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What does Pilates do?

- Targets the deep core stabilising muscles
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- Corrects muscle imbalances & encourages pain-free movement
- Classes are progressive and operate on a school term basis.
- Classes limited to 12 people
- All equipment required is provided.



Martin Brooks 07812 959 879 www.northcornwallpilates.co.uk martin@northcornwallpilates.co.uk

Juliotter Garden Club



Do you love gardening? We have monthly speakers and outings organised to enrich your lives! The Juliotter Garden Club, are a very friendly and informative group meeting the 4th Tuesday of every month at Otterham & St Juliot Hall, Marshgate.

Next Meeting: Tuesday 26 April 7.30pm, Nick Bacon will speak on "Growing Vegetables the Old Fashioned Way"

On Saturday 21 May 10am - 1pm, we have Plant Sales at Otterham & St Juliot Hall Marshqate.

We look forward to meeting you for coffee and biscuits and welcome new members.

PET NEWS - Did you know The Pet Travel Scheme enables you to travel with your pet dog, cat or ferret to other EU countries an then return home without having to put then into quarantine? Here are the steps:



Pets must firstly be **micro-chipped** and subsequently **vaccinated against rabies**. Once these steps are completed a **Pet Passport** can be issued. Pets will be allowed to travel with a Pet Passport 21 days after a rabies vaccination.



Before travelling home, dogs must be treated against **tapeworm**. This needs to be treated by a veterinary surgeon and added to the passport.

Contact your vet or visit www.defra.gov.uk for more info

WINE & WISDOM QUIZ

A very successful quiz to raise funds for the Parish Hall was held recently. John Osborne set the varied range of questions, he was an excellent quiz master, assisted by his daughter Sian.

A grand total of £240 plus a £20 donation was raised. Thank you to all who attended. Franklyn

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01840 250568 (Roger)

Jacobstow Art and Craft Group

We have just come to the end of our 2015-16 winter spring meeting. Membership has increased this year and we regularly welcome ten or more people to the village hall on a Tuesday afternoon. We have had the opportunity to take part in various craft projects. This year's programme has included quilling, a method of using paper quills to decorate cards.

We also made more pottery plates and green man faces from clay, learned to create hand built mosaics and practised the arts of hand-carding fleece to spin on a hand held spindle. So as a group we are probably well prepared to live in a Roman Village!

We will start meeting again in the village hall in early Autumn; look out for the new dates in the August/ September Journal. We are always open for new members. We hope to have some sketching outings during the summer dates to be arranged, weather permitting. If you are interested in joining us please contact Jeanne on



Jacobstow WI are now entering into their 78^{th} Year and still going strong with 20 members. We have just started our New Year programme.

We meet on the second Thursday of every month, in the Parish Hall at 7.30pm and have an interesting evening of speakers, competitions and discussions. We are once again entering the Royal Cornwall Show and the Holsworthy Show. So, why not come and join us and give it a go, you can be sure of a warm welcome.

Next Meeting Thursday 14th April 7.30 with a talk by Coralie Short from Tregida Smoke House and Fresh Fish. Thursday 12th May is Members' Night.

President Mrs Pat Lane 01840 230743



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JACOBSTOW WALKING GROUP



Next walks -Thursday 21st April, Thursday 19th May. All welcome. Phone Mary to find out where to meet.

Nine people and four dogs set out to walk up to Jacob's Well on the most gloriously warm and sunny morning we'd seen for a long time. Although the sun was shining, it was very muddy due to all the relentless rain we'd had and we slipped and slid through the field next to the Rectory and up through the woods.

After emerging from the woods, we were encouraged by Mary to pick up some small rocks. The people at the back of the group were a bit bemused as to why, as they hadn't heard the reason, but all became clear when the rocks were all lobbed into a deep muddy hole when we emerged into Witchypool Lane, to stop people disappearing into the mud.

We continued on up to Jacob's Well where our photograph was taken and everyone enjoyed seeing all the primroses, daffodils and snowdrops growing there. Mary took the opportunity to pour some water into the well, that she had collected from St Anne's Well in Whitstone.

We returned the same way we had come and being up high, had a fantastic panoramic view all the way over to Dartmoor.

Everyone (Mary, Jeanne, Jill, Sue, Rachel, Barbara, Denny, Helen and Anne) enjoued

themselves. The dogs also enjoyed themselves and were kept on their leads as there were lots of sheep around. Lots of good conversation, fabulous views and amazingly enough, lots of lovely sunshine. Thanks as usual to Mary who organised the the walk.



Mary: 01840 230656; Celia: 01566 781 473; Sue: 01566 781292



Busy Beryl



01288 341187 Mobile 07542 168957

Could you do with someone to call on a regular basis to do housework, gardening or little DIY jobs you can't cope with anymore.

I am police checked and can offer personal and employment references. My charges are £10 per hour Why not give me a call to have a chat.



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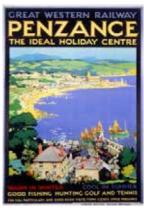
Jubilee Club

At the AGM in January the committee running the Jubilee club wanted to stand down after 4 years of doing a wonderful job.

A new committee has taken over including Ruth and Ray Fox and Alison Hoather but the job of publicity has gone to Alison .

In February we went to Exeter for the day and on 21 March we are going by train from Liskeard to Penzance

New members always welcome, please ring Mo Chambers on 01840 230 428 or Eve Thain 01566 781 452 or Ray on 01840 230 153 to make a booking,



On 18 April we are going to Dartmoor Zoo (the zoo in the film 'We Bought a Zoo')



Ashtanga Vinyasa Yoga & Ayurvedic Foot Massage

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Thursdays 10.00 - 11.30am & 6.00 - 7.30pm

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For more information and booking please call Simon on 07770 511724 or Bev on 07905 504589 www.yogaandayurveda.co.uk



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Just when you thought that it was all over!

Unless you are involved with CARE (Campaign Against Rural Exploitation) you could be forgiven for thinking that the threat of a giant wind farm towering over Jacobstow has gone away. WRONG! Although it was rejected by Cornwall Council the developers have not given up and have gone to Appeal. As far as they are concerned "NO" only means "No" until they can change it to "YES". They have not given up and neither should we. The people at CARE are doing an excellent job on our behalf but now we have to start helping ourselves again. The developer (Good Energy) have submitted revised planning information as part of their Planning Appeal and that gives us the opportunity to submit our objections by letter or email. Developers usually claim that they have the support of the community for their projects and we need to let the Planners know that this is not so and that the majority of local people are very much against it. Please send emails to:

Helen.Skinner@pins.gsi.gov.uk with a copy to JHolman@cornwall.gov.uk

Please send letters to: Helen Skinner, The Planning Inspectorate, Major Casework, 2/26 Hawk Wing, Temple Quay House, 2 The Square, Temple Quay, Bristol BS1 6PN

The following points are very important and <u>must</u> be included when writing:

- 1. The reference is **The Big Field Wind Farm APP/00840/W/15/3014917 Good Energy Supplementary Evidence**.
- 2. Give your name and either give address or state that you live local to the windfarm.
- 3. State that your are responding to the new evidence (this is **very** important!)

Details of the new evidence from Good Energy is on the Cornwall Council Planning website or can be seen at Launceston Library One Stop. The following are some of the main points that they are claiming or which you can address:

They claim they have listened closely to local community over 18 mths. (Have they?) They have changed the type of wind turbine and the hub is lower but the blade is longer (this means there is more of a visual impact as each will have a wider sweep).

You can also comment on the cumulative effect of turbines in the area. For example several more turbines at Otterham and on local farms. Technical details show that the noise from their new turbine is higher than that of the original model and will breach ETSU-R-97 levels at a number of properties.

There are many more items you could mention but it is very, very, important to write something quickly. **In fact within 2 days of reading this article!**

Article submitted by Mike Quance.

Just a little of the History of Jacobstow Church Bells

If folk are disturbed by the clatter and banging of the bells on a Monday evening, it's not the first time that the tranquility has been disturbed.

The bells had been made originally on the spot, in the grounds of the Old Rectory in 1769 by the Lezant bell-founder John Pennington for the sum of £50.

Six Bells. The tenor alone is 6 cwt 26 lbs and the ropes 65 feet long.



In the May of 1970 the bells were in need of restoration and were taken down and transported to Blackfriers Foundry in London. While fund raising was going ahead it was arranged that a few people would learn to ring at Marhamchurch. By October, £1,235 was raised and on the 19th October Mr. F.A. White and his staff set about reinstalling the bells. The builders had previously cut

his staff set about reinstalling the bells. The builders had previously cut holes in the tower walls to accommodate the steel girders on which the bell frame rested.

On October 23rd 1970 after the bells had been silent for 11 years and 3 months the Rev Michael Pearce called upon Mr William Parsons to break the silence by ringing the Tenor bell, after which the bells were rung for a further 13 years,

One can realize why Winnie Smith was awarded The Truro Diocesan Guild of Ringers award for 50 years of service as a ringer. The team was mostly made up of her family. They were rung for many occasions: weddings, birthdays, Christenings and one muffled peal for the Captain, Mr. W Parsons. He had seen the bells restored twice in his lifetime. The ropes had begun to fray and the ringing tailed off and then stopped except for visiting ringers.

In 1986 renewed interest was shown for the Bells. Dereck Smith took us on. I was one of his lucky pupils. Jacobstow had a fresh team and an excellent captain, with Winnie's family again the backbone. Money was soon raised for a set of new ropes and we joined the Guild of Ringers so got the badge and were even able to proudly wear the sweat shirt with its emblem.

In 1996 The 5th Bell was in need of repair, as it was cracked. It was taken away for 4 months to Bazelys in Tavistock for the restoration work, leaving us to have cream teas and knit-ins to raise more money. We had a strong team while it lasted, unfortunately again the interest faded,

In Autumn 1996 Sid Heard came and taught Brian Marshall, now our Captain. It has just been the two of us for the last 20 years. And it's with the support of The Week St Mary and Poundstock Ringers that we have kept the bells chiming. (Thank you) .

For the last 20 years, Brian has been doing the vital job of keeping the bells maintained, organizing the guild events, ringing for services and allowing for visiting bell teams that tour the country to enjoy Jacobstow Bells.

Bell Ringing Continued

We are trying to get a team together. How good it would be to have a Jacobstow team ringing for the carol service this year!

We are so lucky, we have a splendid tower, I think the 2nd highest in Cornwall and great set of well maintained bells.

They are part of our heritage, and much of the country's history can be traced though the history of its bells. They call us to wake, to pray, to work, to



arms, to feast, and in times of crisis, to come together. Above all, the bells are the sound of freedom and peace, as in World War II when they were silent until the day they could ring in the peace



Recently a team of 7 ringers (350 years experience between them) visited us from Launceston. We had a magical evening quaffing wine and noshing cake whilst the light from the church windows cast shadows from the tombstones

Practice: Monday at 7:30 If you have an interest in learning to ring then why not join The Jacobstow Bell Team and become part of Parish history!

BUDE WELCOMES REFUGEES

Following items desperately needed :Clothing : Children's clothing 5+, thermal hats, gloves etc. new underwear.

General equipment: blankets, tents, solar torches, baby wipes, dressings, plasters etc. Food: UHT milk, tea, coffee, rice, beans ,chickpeas, spices tinned veg and so on.

Collection: Monday 28th Tuesday 29th March at ST Andrews Church Stratton EX23 9DW

More information on our face book page.



THE DEFIBRILLATOR AT WAINHOUSE CORNER

What is a defibrillator? An AED (automated external defibrillator) is a device that gives the heart an electric shock when someone's heart has stopped (cardiac arrest) They can be used on anyone over 1 year old, including pregnant women. Using a defibrillator before an ambulance arrives can double the chances of



survival. The defibrillator is on the wall outside Wainhouse Shop.



What to do:

If someone is unconscious and not breathing get someone to call 999 for an ambulance. If you are alone, you must do this. The operator will direct you to the defibrilator and enable you to gain access by having the box unlocked. Do not leave your patient. Get someone else to get the defibrillator.

Start CPR until someone can bring you the defibrillator



Hard and Fast

About 100 presses a minute. Do in time to the song "Staying Alive!"

WHEN THE DEFI-BRILLATOR (AED) ARRIVES:

Switch it on. It immediately gives you a series of visual and voice prompts to guide you through each step.

You can use it with no training.

Follow these prompts until the ambulance arrives.

AED / DEFIBRILLATOR OPERATION SUMMARY

Confirm patient is unconscious, no breathing, no pulse.

Turn on the AED and follow the voice & visual prompts.

Attach electrode pads to patient's bare chest (male or female) as indicated.

Stop CPR and do not touch patient while AED analysing.

Page 34 Deliver a shock by pressing flashing red light if indicated.

WHERE DO I PLACE THE PADS? Follow the prompts on the defibrillator. The Journal have printed these images to give you more information and confidence.



On a female On a male One piece pad **Ensure the chest is clean of hair and dry**

• Keeping going until a Paramedic arrives

Keep going with CPR, the defibrillator will confirm your compressions are fast enough and hard enough. Listen to the defibrillator, it will want to check and see if it can deliver another shock every couple of minutes.

Want to find out more?

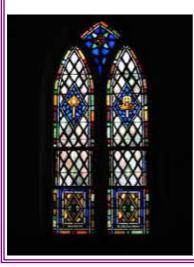
At the time of writing this, we know that a training session is planned to take place in the village hall. As soon as we know the date we will try to keep you informed. Whatever happens, the Journal staff intend to video the training session (if we are allowed to) and hope to put this up on the village website. There is also plenty of information on the internet. A trusted website is www.sja.org.uk (the St John's Ambulance website) Or you can Google St Johns Ambulance How to use an AED. This has printed information and a video. This may be a good time to consider doing a First Aid course. Remember the emergency services are trained to talk you through a difficult situation until help arrives and you can hand over to someone more experienced.

Mobile Library - Enquiries phone 0800 0322345 or 01872 272702 The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11-11.15 am.

The Wainhouse Inn - the Pub is the Hub has a good Library of books supplied from Truro. Enter by backdoor to avoid drinkers!!

Note that Bude Library will be closed on Tuesday and Friday

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KIDS' PAGE

WE'RE GOING INTO OUTER SPACE!!!!!!!



WITH BRITISH ASTRONAUT TIM PEAKE CURRENTLY WORKING ON THE SPACE STATION, WE THOUGHT YOU MIGHT LIKE TO THINK ABOUT SOME THINGS.

HOW DO ASTRONAUTS SLEEP?

VERY WELL! THERE IS NO GRAVITY IN SPACE SO THEIR SLEEPING BAGS
ARE TIED TO THE WALL AT THE TOP OF
THE BAG AND THEN THE
ASTRONAUTS JUST ELOAT

ASTRONAUTS JUST FLOAT. THEY DON'T NEED PIL• LOWS!

DO ASTRONAUTS GET
SCARED? AMERICAN ASTRONAUT CHRIS HADFIELD
SAYS NOT REALLY BECAUSE THEY TRAIN
AND PREPARE REALLY CAREFULLY TO

AND PREPARE REALLY CAREFULLY TO HELP THEM DEAL WITH LOTS OF SITUATIONS. HE SAYS THIS IS A GOOD LESSON FOR LIFE. CHRIS TOOK HIS GUITAR INTO SPACE AND PLAYED THE DAVID BOWIE SONG "GROUND CONTROL TO MAJOR TOM" YOU CAN WATCH IT ON YOUTUBE! HE IS FLOATING WHILST HE SINGS.

TIM PEAKE HAS GIVEN A LESSON ON GRAVITY. LOOK HIM UP ON YOUTUBE!

WHAT WOULD YOU LEAVE IN A TIME CAP-SULE ON THE MOON? LET US KNOW AT Page 37



By the first week of the New Year, 3.74" of rain had been collected at Canworthy Water. Nothing to note generally, although to the south of the Azores an out of season hurricane was observed, certainly quite a rare event. The 20th saw a moderate frost at -3°C overnight, but the month was fairly mild, extensive hill fog to ground level here was observed on the 31st Total rainfall collected was 7.65".

February's main event was the extensive rainfall on the 6th, although only an inch was collected locally, it was clear that within the River Ottery upper catchment area, a considerable amount must have fallen, as the river broke its banks in a number of places in this afternoon, peaking around midafternoon, which has not been seen here for a few years previously. All flood defences worked well, with usual road flood towards Canworthy at the Green Bridge, however. Total rainfall collected for the month was 4.75", fairly typical. Nothing of note frost-wise, -3°C on the odd day.

So again, we have seen a mild, stormy winter. There is some evidence of persistent high pressure systems to the south-west of the UK and we are about due for a few hot summers, as these tend to follow bi-decadal periods. We shall see!

HIGH TIDES and SUNSET- April and May

| Date | 5 Feb | 12 Feb | 19 Feb | 26 Feb | 4 Mar | 11 Mar | 18 Mar | 25 Mar | 1 Apr |
|------------|-------|--------|--------|--------|-------|--------|--------|--------|-------|
| AM | 2.29 | 7.39 | 2.34 | 7.07 | 0.26 | 6.35 | 0.55 | 6.09 | 11.51 |
| PM | 14.53 | 20 | 15.05 | 19.24 | 13.08 | 18.06 | 13.39 | 18.24 | 0 |
| Sun set | 17.21 | 17.33 | 17.46 | 17.58 | 18.09 | 18.21 | 18.32 | 18.44 | 19.55 |

CORRECT ON 17 JULY 2015!!

LOCAL BUS TIMETABLE

Partial listing of stops

Travel Cornwall - 01726 861108 - www.summercourttravel.com **420** Higher Crackington – Launceston

480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

Operates Monday to Fridays but not on Bank or Public Holidays

| | 480 | 420 | 480 | 480 | | 480 | 420 | 480 | 480 |
|---------------------|------|---------|------|------|---------------------|------|---------|------|------|
| | M Th | Tu only | Wed | Fri | | M Th | Tu only | Wed | Fri |
| Hghr Crackington | ~ | 0910 | ~ | ~ | Holsworthy Library | ~ | ~ | 1310 | ~ |
| Wainhouse Cnr | ~ | 0925 | ~ | ~ | Launceston Tesco | 1250 | 1235 | ~ | ~ |
| Jacobstow | ~ | 0930 | ~ | ~ | Launceston Westgate | 1300 | 1245 | ~ | ~ |
| Week St Mary | ~ | 0940 | ~ | ~ | N Tamerton | 1325 | ~ | 1325 | ~ |
| Canworthy Water | ~ | 0955 | ~ | ~ | Bude Strand | ~ | ~ | ~ | 1310 |
| Warbstow Cross | 0935 | 0958 | 0935 | 0935 | Whitstone | ~ | ~ | 1332 | 1332 |
| Canworthy Water | 0938 | 1001 | 0938 | 0938 | Week St Mary | 1340 | ~ | 1340 | 1340 |
| Week St Mary | 0953 | ~ | 0953 | 0953 | Canworthy Water | 1354 | 1307 | 1354 | 1354 |
| Whitstone | ~ | ~ | 1001 | 1001 | Warbstow Cross | 1400 | 1311 | 1400 | 1400 |
| Bude Strand | ~ | ~ | ~ | 1023 | Canworthy Water | ~ | 1314 | ~ | ~ |
| N Tamerton | 1008 | ~ | 1008 | ~ | Week St Mary | ~ | 1326 | ~ | ~ |
| Launceston Westgate | 1033 | 1030 | ~ | ~ | Jacobstow | ~ | 1341 | ~ | ~ |
| Launceston Tesco | 1043 | 1040 | ~ | ~ | Wainhouse Corner | ~ | 1345 | ~ | ~ |
| Holsworthy Church | ~ | ~ | 1023 | ~ | Hghr Crackinghton | ~ | 1358 | ~ | ~ |

The 480 to/from Bude, Holsworthy and Launceston doesn't go to Jacobstow and Wainhouse only Week St Mary, Canworthy Water and Warbstow

Stagecoach Barnstaple 01271 329089 or Stagecoachbus.com

595 Boscastle – Bude a = school time h = hols and Saturday

Mon - Sat except Bank Hol

Boscastle

0735

| Mon - Sat except B | ank Ho | I | | | | | |
|--------------------|--------|-------------------|------|-------|-----------------|-------|------|
| Monday to Friday | | | h | h | | | |
| Boscastle | 0751 | 1000 | 1205 | 1425 | 1459 | 1632 | 1839 |
| Crackington Haven | 0807 | 1015 | 1220 | 1440 | ~ | 1647 | ~ |
| Wainhouse Corner | 0815 | 1023 | 1228 | 1448 | 1510 | 1655 | 1850 |
| Jacobstow | | <mark>1027</mark> | | | | | |
| Treskinnick Cross | 0819 | 1032 | 1232 | 1452 | 1514 | 1659 | 1854 |
| Widemouth Bay | 0822 | 1035 | 1235 | 1455 | 1517 | 1702 | 1857 |
| Budehaven School | 0828a | ~ | ~ | ~ | ~ | | |
| Bude Strand | 0831 | 1044 | 1244 | 1504 | 1525 | 1710 | 1905 |
| Monday - Friday no | t Bank | Holiday | /S | | | | |
| Bude Strand | 0705a | 0910 | 110 | 5 130 | 5 152 | 27 17 | 25 |
| Budehaven School | ~ | ~ | | ~ | ~ 153 | 32a ~ | |
| Widemouth Bay | 0714 | 0919 | 1114 | 131 | 4 15 | 41 17 | 34 |
| Treskinnick Cross | 0718 | 0923 | 1118 | 131 | 8 15 | 45 17 | 38 |
| Jacobstow | | | | 132 | <mark>.2</mark> | | |
| Wainhouse Corner | 0722 | 0928 | 1123 | 132 | 8 15 | 50 17 | 43 |
| Crackington Haven | ~ | 0936 | 1131 | 133 | 6 15 | 59 17 | 51 |
| 5 " | | | | | | | |

0951 1146 1351 1614 1806

ii = iiois and Saturday

Sunday and Bank Holidays May - October

| Boscastle | 1057 | 1327 | 1557 | 1827 |
|-------------|------|------|------|------|
| Crackington | 1112 | 1342 | 1612 | 1842 |
| Wainhouse | 1120 | 1350 | 1620 | 1850 |
| Treskinnick | 1124 | 1354 | 1624 | 1854 |
| Widemouth | 1127 | 1357 | 1627 | 1857 |

Sunday and Bank Holidays May - October Bude 0915 1145 1415 1645

 Widemouth
 0924
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 Treskinnick
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 Wainhouse
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 1703

 Crackington
 0941
 1211
 1441
 1711

 Boscastle
 0956
 1226
 1456
 1726

-ocal Authority

Bude "One Stop Shop" and Library also) North Cornwall MP Dan Rogerson Nicky Chopak (County Councillor) Crimestoppers (Anonymous) Police Force Enquiry Centre Sornwall County Council Library Renewal Hotline Floodline

03001 234100 03001 234111 01566 777123 0845 9881188 07810302061 08006783105 0800 555111

Other Numbers

Farming Community Network Regal Cinema, Wadebridge National Express coaches National Rail Enquiries Rebel Cinema SAMARITANS

JSEFUL CONTACT NUMBERS

01566 773814

33001234212

03444994188

Citizens Advice Bureau-Advice Cornwall

01288 355131

Power Cut-Western Power Distribution

Dog Warden (Environmental Health) Sita Recycling Centre, Tiscott Wood

Cats Protection, Mary Chudleigh

Healthcare

01752 202082 01872 250000 01208 251300 01566 761030 01288 320100 01271 322577 01566 761001 01288 320101 Bottreaux Surgery, Boscastle -aunceston Minor Injuries Stratton Minor Injuries NHS, Non-emergency Launceston Hospital Doctors Surgery's Bodmin, E Cornwall Derriford, Plymouth Stratton Hospital Treliske, Truro Barnstaple Hospitals

Jacobstow Organisations

01840 230456 01840 230743 01840 230153 01840 230113 01840 230337 Parent/Teacher Ass, contact Jenny Johnson Women's Institute, Mrs P Lane Jacobstow Church, Mrs R Fox Art Group, Jeane Gimblett Jacobstow Infants School

01566 781418 01840 230173 01288 352786 01840 230330 01840 230006 01840 230554 01840 230656 Jubillee Club, Olive-01566 781373;Eve-781452;Bev-781761 Scout and Cub Groups, Mrs D Dowling Guides and Brownies, Mrs M Andrew Happy Crafters, Eden Chapel - Alison Parish Hall Bookings, Mr R Reason Wainhouse Post Office and Stores Beavers, Josie Shepherd Jacobstow Walks, Mary

01840 261146

Julietter Garden Club, Penny

01840-213894

Drs Nash & Uglow, Camelford

Medical Centre, Stratton

Neetside, Bude

01288352133

08448151358

01840 250209