

Jacobstow Journal

*Providing news and information for the
Parish of Jacobstow*

Issue No. 56

April/May 2020



Delivery free to every household in the Parish otherwise 50p

www.jacobstowvillage.co.uk



Editorial by Sarah

Forget about your latest trainers or handbags, this seasons must have accessories are toilet rolls, handwash and pasta. Who would have thought it. I remember watching BBC news when the virus first started in China, with a government health minister saying “its not going to arrive here, there is nothing to worry about”, WRONG!. One part of me thinks, just calm down everyone, more people die of common flu every winter than have so far been struck down by the Coronavirus. But, on the other hand, my parents, who are both over 75 live with me, and that makes you stop and think.

I went into Morrisons resolute in my mind that I am not getting caught up in the panic buying. Faced with a shelf with only 3 packets of toilet roll left on it I buckled and brought one packet of 9 loo rolls. Now, I think my grandmothers mentality has dribbled through my family, we are always stocked up enough to survive being snowed in, so I am now the proud owner of 24 loo rolls, and 3 lots of hand wash. In my defence most of it was already here, brought before the panic set in. I think all you can do is remain sensible, wash your hands, avoid lots of contact with surfaces when out and about, and if you do fall foul of the bug, stay in and hug your loo rolls! Stay safe everyone and lets keep an eye on elderly and vulnerable in the village and offer to help if needed.

Bulldog spirit will prevail

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

Editorial Team

Sarah Smith	Editor	01840-230565
Sue Burrows	Tec.Support	07989 785518
Celia Proudfoot	Articles	01566-781473
Jill Baker	Articles	01840 239829

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the June/July 2020 edition will be 10th May Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mrs Caroline Pallett
Mrs Ilona Franklyn Mr Andy Vogel Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovvillage.co.uk

Summary of Minutes of Meeting held on 4th February, 2020

Cllr. Osborne chaired the monthly meeting with all Councillors, County Cllr. Nicky Chopak and five members of the public attending.

Mrs Jeanne Gimblett spoke on climate change. She said there are grants available for planting trees. She was asked to find out details and come and talk at the Parish Meeting.

Mr Mick Carter had taken the door of the Phone Box off and found that it needs work on this. The cost of the parts will be in the region of £410. Ask him to proceed with this.

The Annual Charity Donations were discussed and it was decided to give the following:-

Jacobstow Church Graveyard Fund £150

Eden Graveyard Fund £150. Cornwall Air Ambulance £200

Childrens Hospice SW £200 Bude Memory Café £50

It was reported that there is a very large pot-hole near Trefrida Farm. County Cllr. Nicky Chopak will deal with reporting this.

Accounts to Pay:-

Hire of Village Hall £168.00

ICO (Data Protection) £40.00

It was noted that the Pot Holes on the Eden Chapel to Ferretts Cross had been done on the 18th January, 2020

The Parish Council have funding available, provided by a grant from the Primrose Solar Farm, for community groups.
Please contact Doreen Turner on 01566 781269 for further details

Summary of Minutes of Meeting held on 3rd March, 2020

The meeting began with the Annual Parish Meeting for which there were three Speakers. Cllr. Osborne chaired the meeting with six Councillors and 12 members of the public.

Mrs Mikaela Rofe, Headmistress gave a report on the School. Cllr. Nicky Chopak reported on her year as County Councillor and Mrs Jeanne Gimblett gave a talk on Climate Change.

This was followed by the monthly Council meeting.

The question of the Defibrillator in the Phone Box was discussed. Clerk to ask someone from Heartsafe to come to a meeting to discuss again. Also the Council has to take over the annual cost of the Wainhouse Corner defibrillator.

Planning Application PA19/08073 – Outline Application for 14 light Industrial Units together with 3 live/work units

Councillors unanimously object to this Application. They are concerned about the access so near an already dangerous junction. The water run off from such a large expanse of car park. The viability of Industrial Units in a rural setting and there being no footpath to the Bus Stop.

Your MP Scott Mann - - For full version of this letter follow the link on www.jacobstovillage.co.uk

There were some big wins for North Cornwall in the budget as I welcomed the Chancellor's announcement of £500k in seed funding for the Camelford bypass. Coronavirus (COVID-19) has caused severe disruption around the world; the pandemic is a cause for concern but our economy and our public services are robust. As a government, we must support people and provide a bridge for business. SMEs with under 250 workers make up the majority of businesses in North Cornwall, and the Government is supporting these businesses by refunding all Statutory Sick Pay for 14 days from the first day of illness. We will support people if they fall ill by paying statutory sick pay for all workers advised to self-isolate from the very first day. Many of my constituents are self-employed and we will support you by making it quicker and easier to access benefits – from the very first day of illness. The minimum income floor will also be removed for Universal credit.



www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report



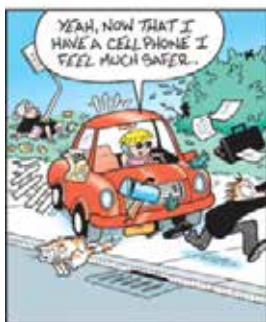
Nicky Chopak, your County Councillor contact details -
mobile no: 07810 302061

Email: nickychopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU



Jacobstow Neighbourhood Watch



A number of our readers have expressed concerns about drivers using mobile phones. These include drivers cars for domestic use as well as “white van man” and tractor drivers. It is illegal (because it is unsafe) to use a mobile phone whilst driving. If you see this, report it. Taking a photo is best, or memorize the number plate. If you have this information, phone Crimestoppers (anonymous) on 0800 555111.

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there



Early Saturday morning Dennis was out early, (well twas in my eyes!!) clearing the road with the help of Derek-the farmer and his son of a landslide!!!!!!
As you can see from the picture it WAS halfway across the road!!! Ann Adey

Church Lottery Results

	1st	2nd	3rd
January	Mr D Adey	Mr T Smith	Ms D Pratt
February	Mr K Shelley	Mrs W Smith	Mrs G Cowling



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Bob reason article

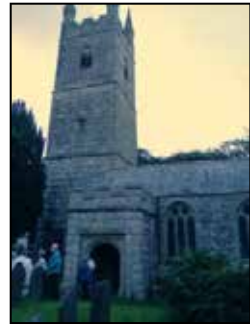
CHURCH AND CHAPEL SERVICES

April

5th Palm Sunday 11am
Holy comm Warbstow
9th Maundy Thursday 7.30
Holy comm
12th Easter Sunday 9.30
Holy Comm
19th Holy Comm 9.30 Warb
26th Morning Prayer 9.30

May

3rd Holy Comm 9.30
10th Evensong 4pm
17th Holy Comm 9.30
Warbstow
21st Morning Prayer 9.30
Ascension Day
28th Morning Prayer



Jacobstow Church



LIVING CHURCH

Sunday Service 10.30 refreshments after

Kids Club (Term time) Wednesday 4.30-5.30

Young at Heart Tuesday 2 weekly 1.30-3.30

For more information contact Alison 01566 781418 or 07557916073



Coast Church
Family Church
Sunday Services 11am
Jacobstow Village Hall
Come and join us,
all are welcome.
Non-denominational

April Events in the Parish Hall

The Big Breakfast

Good Friday 10th April 9.30am to 2.00

£6.50 each and All are welcome





Saturday 18th April starting at 7.00pm

£4.00 per head - teams of 4/6

Please bring your own wine, if desired. Soft drinks and
Nibbles will be provided

Raffle and prizes for the winning team

Book a table before 4th April please, call Anne Connolly on
01840 230252

AGM of the Parish Hall Committee

Friday 17th April 7pm. You are welcome to attend

**PLEASE BEAR IN MIND THAT BECAUSE OF
THE CORONAVIRUS ALL EVENTS IN THE
VILLAGE ARE SUBJECT TO CANCELLATION
OR RESCHEDULING, PLEASE CHECK WITH
THE ORGANISERS IF IN DOUBT**

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Bude, Cornwall

A Cautionary tale

by Sarah Smith



I like to think of myself as a little computer savvy. Many's a time I've scoffed at people who are caught out by scams on the Internet. Well, I am truly climbing down from my ivory tower after this little episode.

Just before Christmas I started having problems with my PayPal account. Whenever I tried to use it I would get a message saying that my password didn't match and asking me if I would like to have a reset email sent, which I said yes to, but the email never arrived. The other reset methods available didn't work either. In the Christmas rush I just dismissed it and used my credit card instead.

In February I received my credit card bill with numerous purchases to a computer game company totalling over a thousand pounds, with the payment being made via PayPal. I got straight on the phone to PayPal, half an hour later after going through credit card bills back to September, we managed to find a payment taken in September for £3.00 which I didn't recognise.

The long and the short of it, the criminals put that £3 payment on my account and just let it sit there, they then blocked my email account from PayPal and changed my password and delivery address. Because they blocked my email I did not receive emails from PayPal telling me this. They have confirmed this is the new sophisticated methods these criminals are using now. I've had to change my email address, credit card and all my passwords. All the charges have been refunded to me, thankfully I used a credit card rather than a debit card. Both PayPal and Barclaycard are aware of the address that was used to receive all these deliveries, but I get the impression that they will just write this off and move on. Please check your credit card statements carefully and learn by my puffed up mistake!

Wellness mornings - Parish hall

Lorraine Gibson is looking at starting wellness mornings on Tuesday 14th April until Tuesday 19th May in the Parish Hall. The morning timetable will be as follows

10am mat based Pilates

11am Facial Yoga

11.40 Relaxation

12.00 - 12.30 with refreshments and time for questions and answers.



Initially, Lorraine is interested in finding out if there are enough people interested. The cost for the first course will be £90 for the whole course, £70 pilates only, £36 for facial yoga and relaxation only. The refreshment time afterwards will also be used to discuss health and wellness, diet and fitness. If people wish to express their interest please contact Lorraine on lorrainesfitness@outlook.com for all questions and reservations.

If Lorraine is unable to teach in the village hall she will set up an interactive classroom and will provide people with links to join. A decision will be made closer to the time and you will need access to a computer with internet access.

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Bob's Gardening spot

As I write I have just put early potatoes in bag's to get a clean early harvest that taste superb.

Now's the time to start cutting your grass, start with the blade's set high to keep your sward green and slowly lower the blade so you can get the grass looking good by late April (rain permitting!).

Feed your shrubs by applying feed around the root ball. You should also be sowing your summer vegetables including all the salad stand-bys. Sow tomatoes in the green house or on a sunny window sill but keep turning them after they have emerged so they do not become leggy. I always grow the variety Ferline because they do very well in my cold green house. I also sow sweet peppers and they need turning as well to keep the plants strong. Happy Gardening Bob



Book Club

Two of the books we read this month were:



The Constant Gardener by John Le Carre

When mild-mannered British diplomat, Justin Quayle, decides to discover how and why his beautiful, activist wife was brutally murdered in a remote area of North Kenya, he becomes embroiled in the duplicitous and dangerous world of the British High Commission and a multi-billion pharmaceutical company. They will do anything to pursue profit and won't let anyone get in their way. A gripping read; one of Le Carre's best. Enjoyed by most of us.

Scrublands by Chris Hammer

A Sydney journalist, Martin Scarsden is sent to New South Wales outback town, Riversend, to write an article about how the town is recovering from a violent incident that happened a year ago. Martin himself is slowly recovering from his experiences in the Afghan war and often experiences flashbacks. He finds a town suffering from heat, drought and suspicion and not everyone is pleased to see him, nor willing to answer his questions. Enjoyed by all the group.



Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11.15ish - Coffee and Chat.

The Wainhouse Inn has a good Library of books supplied from Truro which are changed regularly. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday



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Jacobstow Rainbows, Brownies and Guides, joined with all units from our district on 22nd February to celebrate World Thinking Day. The day that celebrates girl guiding and girl scouting around the world, where all girl guides and scouts think about each other and celebrate the positive impact that the movement has on every member. The girls completed a round robin of activities including making a glass vial filled with different coloured sand, where each colour represented a different emotion. Decorating cupcakes with flags of the various nations that have a girl guide or girl scout organisation. Making a paracord bracelet, completing wordsearches. They also coloured a dove and leaf on which they wrote something they were proud about themselves and something that they liked about one of their friends in guiding to put on our very own trees (picture below). Two members of the ranger group (girls aged 14-19) were awarded their ranger gold award and their chief guide award, two of the highest awards available for their age range. The morning ended with everyone renewing their promise and enjoying a slice of celebration cake. If any one knows of any girls aged either 5-7 (rainbows), or 7-10 (brownies) that would like to join us, please do let us know as we are always open to welcoming new friends. Contact details on back page.



Hello and Goodbye from Jacobstow



Goodbye to Andrew and Lynda Bird and
Hello to David & Ros at Broadlands Farm.

Hello to Samantha Christie who has moved into
8 South Park.

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PUZZLE PAGE



Welcome to your "tea break" puzzle page, Julie Newton was pulled from the hat and wins a £10 voucher to spend at Wainhouse Stores. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th May 2020.



L	F	S	T	S	A	C	D	O	P
R	I	V	S	P	R	H	B	Y	Z
E	R	F	T	A	O	A	E	P	S
G	S	T	E	S	T	R	A	E	U
U	T	S	K	S	A	I	V	O	O
L	E	E	C	I	T	T	T	P	L
A	T	T	I	O	I	Y	Y	L	U
R	S	T	T	N	O	X	L	E	B
S	A	O	W	P	N	U	F	E	A
X	T	H	N	O	I	H	S	A	F

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

BEAUTY	CHARITY
FABULOUS	FASHION
FIRST	FUN
HOTTEST	LIFESTYLE
PASSION	PEOPLE
PODCASTS	READERS
REGULARS	ROTATION
TASTE	TICKETS



Cat lovers turn this edition...can you name the famous felines?



1



2



3



4



5



6



7



8

Last edition answers Word search missing word Hellebores Famous dogs 1. Pluto 2. Toto 3. Scooby Doo 4. Lassie 5. Mutley 6. Dougal 7. Shep 8. Snoopy



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Every Little Helps!

All the evidence tells us that Climate Change is a reality and we don't have very much time if we are going to hold our average world temperature increase to under 1.5 deg. C ; the tipping point. Many scientists agree that *Carbon Capture* is one way to help.

The Earth has wonderful ways of holding onto carbon in our forests, peat bogs, wetlands and undisturbed meadowland but population growth and industry have destroyed many of these natural resources. This loss not only affects us but also our plant and animal population.

To minimise the effect of Climate Change, Cornwall Council has plans to plant a "Forest for Cornwall" and is also taking steps to increase soil carbon, partly through the increase of wildflower meadows and planting of marine grasses. It appear that 8,000 hectares of trees can capture 38,000 tons of carbon dioxide per year.

We can all help. As individuals we can plant a tree or allow part of our lawn to remain wild. Schools and community groups can become involved in planting wild flower patches, community woodland or even an orchard. There are potentially hundreds of native trees waiting to grow up in our hedgerows.



Why not let our field hedges grow and do some of the work for us?



For more information about tree planting funds see "The Woodland Trust" website. There is also opportunity to apply for funds for community tree planting through the Council's "Grow Nature Seed Fund". More details about this are on their website.

If you are interested in being part of a group to look at more ideas to help protect our environment and increase our wild life here in Jacobstow, please get in touch with Jeanne Gimblett 07706927197.

Who knows perhaps we can have a new tree in every garden!

C.H.O.R.A. TRIAL

The trial started and finished at Wainhouse Inn which looked like a used van lot! There were many motor-bikes and quads in and around the area. Thank you to everyone for your tolerance for this once a year event.



WEATHERWISE by Monitor

January didn't throw up many surprises. Quite few days were very mild, I noted 13°C on the 14th and a number of days got close to this figure. No stormy periods of note, and rainfall was on the light side for the month with 5.1" being collected at Canworthy Water.



However, there was one event that largely went un-noticed in the news generally. This was that over the period 18th to the 21st of the month, an exceptionally high pressure was recorded in the South West. The barometer rose to 1048.5mb, 30.95" and 1050mb was recorded at Mumbles Head in Swansea. The last time such a high barometer reading was recorded in the UK was 1957. The 1976 hot summer got close to this, but was more noted for size of the anticyclone than its density.

February started typical of the month but was dominated by a particular notable storm. This was "Storm Ciara" over the 9th/10th of the month and was not only a large event, but persisted over a couple of days. The 10th produced a number of strong squalls and thunder showers throughout the day. The following few days were also very stormy and wet, a number of days gave nearly an inch of rain collected and the total collected for the month was 9.19". This was 3 1/2 times my 8 year average for February and was exceptional, to say the least. Such wet conditions gave a couple of days with high flows on the Ottery at Canworthy Water, with the 16th giving a peak of 1.05 meters around eight in the morning. There were a number of days giving similar conditions.

With the frequency of SW winds dominating the month, there were no days of frost recorded here. In fact, the 12th got to 12°C during the afternoon. Some days towards the end of the month produced strong NW wind squalls with hail and snow reported on the highest ground locally. In particular, the 25th saw wind gusts in excess of 45 mph even in the sheltered garden here.

February fills Dyke, somebody said!

For those who are interested Monitor has his own Facebook weather group, North Cornwall Weather Watchers which you might like to join.

HIGH TIDES and SUNSET - April - May 2020

NB - Heights based on Newquay for Bude +25minutes)

Date	3 Apr	10 Apr	17 Apr	24 Apr	1 May	8 May	15 May	22 May	29 May
AM	1.02	7.33	1.53	6.47	***	6.25	***	5.45	10.36
PM	13.58	19.53	14.39	18.59	12.02	18.47	12.28	18.01	23.03
Sun set	19.58	20.09	20.20	20.32	20.43	20.53	21.03	21.13	21.21

Regular Events In the Parish hall unless stated otherwise

- Monday Cubs 6.30 - 8.00 Scout Hall Wainhouse Corner
 Brownies 4.30 - 5.30 Canworthy Water Sunday School
- Tuesday Scouts 6.30 - 8.00 Scout Hall
 Rainbows 5.45 - 7.00
 Guides 7.00 - 8.30
- Wednesday Beavers 5.30-6.30 Scout Hall
 Living Water Kids Club 4.30 - 5.30 Canworthy Water
- Sunday Coast Family Church 10.30
- 1st and 3rd Tuesday of the month Young at Heart - Canworthy Water 1.30
- 1st Tuesday of month Parish Council 7.30
- 2nd and 4th Tuesday Arts and Crafts Club 2.00 - 4.00
- 2nd Thursday of month WI 7.30
- 2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30
- 1st Friday of the month Walking Club Parish Hall car park 10am
- 2nd & 4th Friday Living Water Youth Club 7 - 8.30 Canworthy Water



Sir Goldsworthy Gurney

Sir Goldsworthy Gurney is often referred to as 'Bude's Forgotten genius'. Gurney was born near Padstow on 14th February, 1793, and by the time he was 20, he was practicing surgeon in Wadebridge.

He is perhaps best known for his experiments with steam-powered vehicles called 'homeless steam carriages' or 'drags'. In 1829, one was driven from London to Bath and back. At a speed of five miles an hour, it took two days, and at the time was the longest journey ever made under steam power. He went on to set up the 'Gurney Steam Carriage Co.', which was very successful until the early 1830's, when the coming of the railways and the imposition of road taxes put him out of business. In 1830 he built his 'Castle' on Bude's sand dunes and devised a new method of lighting for it, injecting a stream of oxygen into an oil flame. This extremely bright light source was then reflected by a series of mirrors. This invention, known as the 'Bude Light', was used to illuminate Pall Mall, Trafalgar Square and the Houses of Parliament.



In 1863, Gurney was knighted for this public service. Three months later he suffered a stroke and retired to 'Reeds' at Poughill, where he was cared for by his daughter Anna Jane. He died in 1875 and was buried at Launcels Church near Stratton.

* information from The Castle Bude Website



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A BIG THANK YOU TO DAVID & JACKIE.

Pictured here litter picking in Canworthy Water. They do this about twice a year, voluntarily, filling 2 sacks of rubbish a time. I just happened to see them whilst out and about on my bike, so we had a chat. It really cheered me up and my by ride is much nicer now the rubbish has been cleared. However, isn't it sad that people think it's ok to litter our lovely countryside?



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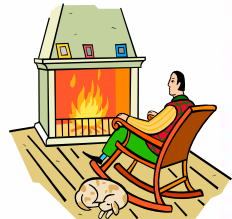


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Our speaker in February was Terry Faull who kindly came at short notice to give us a very interesting talk about the lives of two Cornish women from the late 18th early 19th centuries. Mary Delaney and Mary Bryant came from very different backgrounds; the former the landed class and latter a poor background. Delaney was forced into an unhappy marriage by her family for money, of which she saw very little, despite promises from her husband. Bryant was transported for seven years for theft and escaped Australia, returning to England. Both women made the best of the hands that life had dealt them, showing the stoicism and strength found only in Cornish women!

We held our Annual Meeting in March, reflecting on our activities in 2019 and looking ahead to our forthcoming programme. After the business part of the meeting, members were invited to speak about their hobbies/interests; Jen Cowling showed us a selection of her beautiful embroideries, Jill and Hilda talked about Quilling and Jen Spettigue shared her passion for sewing, knitting and crochet crafts.

We're also beginning to plan for the Show season, hoping that these events will still go ahead in the light of the current situation. The Royal Cornwall Show WI Competition theme is "Visions of the Future". At the Holsworthy and Stratton Show in August, each WI entry will represent a different decade from the 1920s onwards - the decades were chosen by lucky dip by each WI and is a closely guarded secret until Show day!

Next meetings: April 9th Visit to Cornish Farmhouse Meats

May 14th Resolutions discussion and Members evening

The W.I. always welcomes new members so do come along to a meeting at Jacobstow Parish hall or contact the president, Mrs Jill Baker 01840 239829. We meet on the 2nd Thursday of each month at 7.30 and you can be sure of a warm welcome



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JACOBSTOW WALKING GROUP

Mary had asked me to lead the walk as she was away. I arranged for the group to meet at the Parish Hall car park on Friday 21st February and then drive on to St Gennys Church so we could take the footpath across fields and to the cliffs, then down to Crackington. I waited in the car park but nobody came. Fortunately I had a text from Sue to say she would meet at St Gennys Church. Sue had brought



her dog Buster, so we set out to the fields. It was only muddy in a couple of places despite the rain we've had. Also it was actually not raining! It was very windy for the first twenty minutes, but then became sheltered as we took the path down the cliff to Crackington. Sue and I get on very well, so chatted our way through the walk. At Crackington, we did not want to take the road up hill, but took a little while to find the footpath that runs alongside the road. It was good to see primroses out after such a long wet winter. The footpath then joins the road so you can cross and head up to St Gennys Church.

For details of the next walk phone Mary: 01840 230 656



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Jubilee Club

Monday 6th April -
Cockington/Torquay

Monday 11th May - Ilfracombe

Contact Mo 01840 230428 or Eve 01566
781452 to book a seat



SWIM SAFE, BUDE

This year Swim Safe Bude will run Monday to Friday, from 3rd to 14th August. Sessions last approx 50 minutes and can be booked via the Swim England website from late Spring - follow the SwimSafe link. You can also register your interest in advance on www.swimming.org and be the first to know when bookings start. All sessions are free of charge and parents are welcome to join in. A fun way to learn how to stay safe in open water and in Bude advice on the local rip currents is also included.



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JACOBSTOW SCHOOL

At Jacobstow School this term we have been thinking about the phrase – 366 New Days ~ 366 New Chances to encourage children to be brave and adventurous and have a go at anything they think they might want to try. To support this, parents have completed a questionnaire about their child's talents, passions and interests to help us gauge what activities to try and put on in school.



From this we will be able to get in outside experts and practitioners and introduce new and exciting clubs and learning activities. We have introduced a board games club and chess club this term which have been really popular! Similarly our Songfest Club has had a lot of interest, with children from different age groups practising their singing. We are looking forward to the performance in Launceston Town Hall. We have been working with Sophie from Relax Kids Yoga to look at ways for the children to be more mindful and aware about their feelings. Our Sports Coaches have been working with our older children to look at different skills and strengths they have. These children will take part in a 'Born to Win' event in Bude. Currently our children in years 3,4,5 and 6 are having a First Aid session with Ian Elson – a local First Aid trainer and soon our youngest children will be taking part in a Mini First Aid session. We have a Jacobstow Jungle Stay and Play session on Friday mornings for local pre school aged children to attend, alongside our nursery, reception and year 1 children. Moving into the (hopefully) nicer weather, we are keen to work further with our local community and would be really interested in making use of the interests and passions of our villagers to help guide our children and ignite a spark in them. Some of our governors and parents are keen gardeners and we wish to try and create a 'kitchen garden' which can grow and sell produce such as fruits, vegetables and flowers. Currently we have been selling our daffodils and soon we are hoping to sell fresh loaves of bread, which will be made by our wonderful cook Joanne and came from a suggestion from one of our school council children. If anyone in the village has any fresh produce or homemade products such as jams, chutneys or cakes, we would be happy for them to bring the items in so we can sell them outside our school entrance. We think it is crucial that our children have the confidence to engage with and converse with different people in our community so would welcome the chance to do this.

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KIDS' PAGE. WHY WE NEED TO PLANT TREES.

The Woodland Trust has said we need to plant 50 million trees a year for the next 50 years to combat climate chaos. There are 66 million people in Great Britain, so each one of us just needs to plant one tree a year for the next 50 years. Why?



- Trees are one of our best friends when it comes to beating the climate emergency - extreme weather putting millions of lives (people and animals) at risk. The best chance to stop this is to reduce the amount of carbon dioxide (CO₂) we're releasing. It sticks in the atmosphere acting like a blanket warming the planet. Fortunately, trees absorb CO₂. They need it to grow. In return , they release oxygen, which helps us breath. It's a win- win!
- Trees clean water. During a storm, heavy rainfall runs off flooded land, collecting pollutants and transporting it to our rivers and streams. Trees help stop this by intercepting the rainfall with their leaves, branches and trunk. Their roots play a part too. They hold the soil in place so that it can withstand heavy rainfall and not get washed away.
- Trees clean the air using their leaves and bark.
- Get ready to plant trees! Next issue we will show how to plant a tree and list some organisations that might be able to help you. If you have any good ideas, contact us on our letters page or e mail us : iacobstowjournal@gmail.com



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SPRING CLEANING, SAFFRON BUNS AND JUNKET!



In preparation for Easter, Holy Week was traditionally a busy time of penitence and purifying washing - the home had to be scrubbed inside and out, clothes drapes and household linens washed and it may be the origins of Spring cleaning. People were also scrubbed, shaved and deloused!

On Good Friday traditions vary from eating no food to a simple fish meal with figs to follow, to eating special foods such as dried fruits and almonds. In the 19th Century saffron buns with clotted cream were the favourites in Devon and Cornwall.



Hot Cross Buns developed from small wheaten buns and cakes eaten to celebrate the Spring Equinox. These were often flavoured with spice and the tops were slashed with a cross to help them rise. Bread for Easter Day was baked on Good Friday and some believed it protected them from devils and ill health, from fevers to foot and mouth disease. One Good Friday loaf would be baked hard and dry, then hung up for protection. If grated into milk it was believed to be a cure for men and beasts alike!



May Day used to be celebrated by almost every village in Britain to celebrate the start of the Celtic summer and was generally a cheerful time for gathering flowers, making garlands, dancing and sports. In Cornwall young people visited local farms blowing horns to announce summer's return and claiming junket, cream and cake for breakfast.

On the first day of spring, a person at the North Pole would see the sun skimming across the horizon, beginning six months of uninterrupted daylight. A person at the South Pole would see the sun skimming across the horizon, signalling the start of six months of darkness.

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ROBIN HOOD AND THE SHERWOOD HOODIES.

This pantomime was performed by the Craven Players at Crackington Institute. I went to the Saturday matinee on February 8th.

It was a real community production with cast members ranging from five to shall we say seventy five? The lead role (Robin Hood) was brilliantly played by the superbly talented Jane Johnson. In fact almost the entire Johnson (3 generations) family played a significant part in the panto with Jenny Johnson acting brilliantly as Friar Tuck and also being responsible for the choreography. Joyce Punton made an excellent Sherriff of Nottingham and there is some promising talent coming through in the younger generation; namely Freddie Macnamara as Will Scarlet and Jenna Cowling as Dancing Dave. The sets made good use of technology and set changes were professional and allowed the performance to flow. Well done to the actors and all the people behind the scenes. All photos are from The Craven Players Facebook page.



The Battle of Stratton Re-enactment by Malcolm Warren

It was the initiative of a local Bude couple, Derek and Madeleine Carter, that the Battle of Stratton was re-enacted for many years over the same ground fought over during the original battle on 16 May 1643. The Sealed Knot was initially the idea of Brigadier Peter Young when in 1968 he inaugurated the society. In 2 years it had more than 1000 members. The name is derived from a group that, during the Protectorate, plotted for the restoration of the monarchy. Today they are non-political with no political affiliation or ambition.



The Carters with Bude and Stratton supporters organised the first of more than 30 re-enactments. Events were generally centred on Stratton where the streets were decorated prior to the arrival of Sealed Knot members who'd spend the weekend in full period costume. The ale houses in Stratton, including The Tree, Kings Arms and the Bideford Inn were the main centres for the meetings of comrades in arms. Over the years a number of venues were used for the re-enactments but many took place across the fields behind The Gregson Centre, Stratton. This was the same area of land that would have been occupied by Sir Bevill Grenville's and Sir John Berkeley's troops during their assault on the Parliamentary positions some 365 years earlier.

A typical re-enactment weekend commenced on the Saturday morning with a muster in front of the Castle, Bude. The troops would be welcomed by the town dignitaries, then present themselves for formal inspection by their senior officers and town representatives. This was followed by a parade through the town with all pomp and ceremony. In Stratton troops mustered to march to the re-enactment site. At the Gregson Centre the troops split with the Parliamentarians heading for the top of the field and the Royalists continued to march down the lane entering the bottom of the battlefield through a small copse to confront their opponents on the higher ground. With commentary to members of the public the battle commenced following the general pattern of the original offensive. With musket fire, cannon fire, the clash of pike and sword along with the shouts of command and man to man struggle it was not too hard to visualise the original battle.

Sunday morning the troops mustered again with one group in Stratton and another at their camp site to the north of the battle site. Each group would march to converge at the Monument to the battle on the top of Stamford Hill to lay a wreath in memory of the fallen of both sides. Cannon or a volley of musket fire often formed part of the ceremony. Later a further re-enactment would be staged in the same fashion as the previous day. After this second battle the troops would disperse to their homes, in the same manner as centuries before, but would arrange to meet twelve months later for a further re-enactment of the battle.

Alas, with dwindling numbers of both the general public and Sealed Knot members, increasing costs and health and safety requirements, the battle re-enactment no longer takes place. The Heritage Centre in Bude continues to recognise the occasion with different related events and long may this be the case.



LOCAL BUS TIMETABLE Partial listing of stops

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420 Higher Crackington – Launceston

480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

Operates Monday to Fridays but not on Bank or Public Holidays

	480	420	480	480		480	420	480	480
	M Th	Tu only	Wed	Fri		M Th	Tu only	Wed	Fri
Hghr Crackington	~	0910	~	~	Holsworthy Library	~	~	1310	~
Wainhouse Cnr	~	0925	~	~	Launceston Tesco	1250	1235	~	~
Jacobstow	~	0930	~	~	Launceston Westgate	1300	1245	~	~
Week St Mary	~	0940	~	~	N Tamerton	1325	~	1325	~
Canworthy Water	~	0955	~	~	Bude Strand	~	~	~	1310
Warbstow Cross	0935	0958	0935	0935	Whitstone	~	~	1332	1332
Canworthy Water	0938	1001	0938	0938	Week St Mary	1340	~	1340	1340
Week St Mary	0953	~	0953	0953	Canworthy Water	1354	1307	1354	1354
Whitstone	~	~	1001	1001	Warbstow Cross	1400	1311	1400	1400
Bude Strand	~	~	~	1023	Canworthy Water	~	1314	~	~
N Tamerton	1008	~	1008	~	Week St Mary	~	1326	~	~
Launceston Westgate	1033	1030	~	~	Jacobstow	~	1341	~	~
Launceston Tesco	1043	1040	~	~	Wainhouse Corner	~	1345	~	~
Holsworthy Church	~	~	1023	~	Hghr Crackington	~	1358	~	~

The 480 to/from Bude, Holsworthy and Launceston doesn't go to Jacobstow and Wainhouse only Week St Mary, Canworthy Water and Warbstow

95 Boscastle – Bude First Kernow! 01872 305950

Mondays to Saturdays

Monday to Friday from Bude

Bude	0653	0853	1053	1303	1533	1733
Widmth B	0700	0900	1100	1310	1540	1740
Widmth M	0702	0902	1102	1312	1542	1742
'ski Cross	0705	0905	1105	1315	1545	1745
Jacobstow				1320		
Wainhs	0709	0909	1109	1325	1549	1749
Crackgton	~	0917	1117	1332	1557	1757
Boscastle	0723	0933	1133	1349	1613	1813

Monday-Friday to Bude

Boscastle	0751	0956	1215	1431	1611	1841
Crackgton	0807	1012	1231	1447	1627	~
Wainhs	0814	1019	1238	1454	1634	1854
Jacobstow		1024				
'skni Cross	0818	1029	1242	1458	1638	1858
Widmth M	0821	1032	1245	1501	1641	1901
Widmth B	0823	1034	1247	1503	1643	1903
Bude Strd	0839	1043	1256	1512	1652	1912

95 Winter Schedule - Correct 26 November 2017!

Local Authority

Cornwall County Council
Bude "One Stop Shop" and Library also)
Library Renewal Hotline)
North Cornwall MP Scott Mann
Nicky Chopak (County Councillor)
Police Force Enquiry Centre
Crimestoppers (Anonymous)
Floodline
Power Cut-Western Power Distribution
Sita Recycling Centre, Tiscott Wood
Dog Warden (Environmental Health)
Cats Protection, Mary Chudleigh
Citizens Advice Bureau-Advice Cornwall

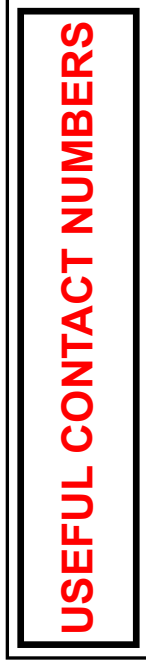
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Jacobstow Organisations

Jacobstow Infants School
Parent/Teacher Association Jenny Johnson
Women's Institute, Mrs J Baker
Jacobstow Church, Mr Brian Marshall
Art Group, Jeane Gimblett
Happy Crafters, Eden Chapel - Alison
Parish Hall Bookings, J Gimblett
Scout and Cub Groups, Mrs D Dowling
Beavers, Josie Shepherd
Guides and Rainbows Mrs M Andrew
Brownies Louise Cowling
Wainhouse Post Office and Stores
Jacobstow Walks, Mary
Jubilee Club, Mo 01840230428 or Eve 01566 781452
Julietter Garden Club, Greg

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01566 781418
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01840 230330
01840 230006
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01840 230554
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01566 781452
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