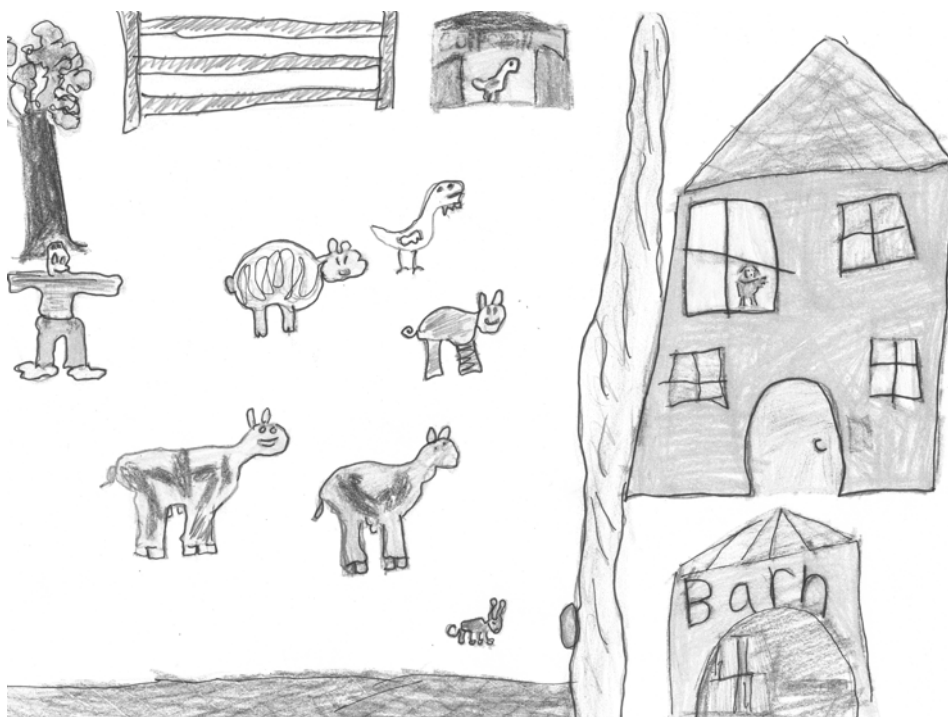


Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Issue No.1

August/September 2010



Drawing by **Teagan**, aged 8, from Wainhouse Corner

Editorial

You spoke and we listened! One of the major things that came out of the recent Parish Plan questionnaires was that you didn't know what was happening in the Parish and you didn't know what the Parish Council did. Hopefully we will be able to satisfy both of those concerns in the Journal by publishing details of local events and a regular summary of the Parish Council meetings. We make no secret of the fact that we have looked at similar publications from other Parishes and have chosen what we believe to be the best of their ideas and added a few of our own – after all, why re-invent the wheel! We have included a Letters Page in the Journal and we would welcome letters on any topic that is relevant to life in Jacobstow, as long as it stays within the bounds of common decency! You might like the Hobbies and Interests page and feel that you also are doing something that you would like to share with other people. If so, just write in and tell us about it.

This is a new venture and we are all very much on a “learning curve”. If there are items that you would like to see added (or even those that you wish would disappear!) then please let us know. We would particularly like to be kept informed of any social events that you wish to publicise – especially those that benefit either a Charity or the Parish as a whole. After all, this is your Journal and should be used to publicise your interests and your ideas for your Parish.

Mike Quance, Editor

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The deadline for adverts, letters or articles for the next edition (October/November) will be 6th September.

Enquiries, Articles and Letters

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Advertising Rates

The current Annual Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is independent of the Jacobstow Parish Council.

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Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592
Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr. Dennis Adey Mr. Bob Reason
Mr. Jim Cory Mrs. June Rose
Mrs. Ilona Franklyn Mrs. Charmaine Smith

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. A full version of the Minutes is displayed on the Parish Hall Notice Board after formal approval at the following month's Council meeting.

Jacobstow Parish Council

Summary of Minutes of Meeting held on 18th May, 2010

First Step Homes - The monthly meeting started with a talk by Stefan Klimek from First Step Homes on affordable housing for the local community. They are proposing to build ten or more houses just outside the development boundary. These would be two and three bedroom houses which will only be sold to local people i.e. people born and educated in the parish or neighbouring parishes. Some would be on a shared ownership basis.

AGM - As this was the Annual General Meeting the election of Officers then took place.

Re-election of the Chairman, Mr. Norman Osborne, Re-election of the Vice-Chairman, Mrs. C. Smith. Re-election of the Clerk, Mrs. D. Turner who is also the Responsible Financial Officer.

Crime Report - The weekly Crime report was received from the Bude Police for Councillors to read.

Insurance Premium - It was agreed to pay the Insurance premium amounting to £309.61p.

Speed Watch - Mr Adey reported on Speedwatch saying that the occasional vehicle is still going through at 60mph and that several people had been sent letters from the Police regarding speeding.

Neighbourhood Watch Inauguration - The Neighbourhood Watch Scheme is going ahead. Parish Council agreed to pay for the signs, this amounts to £90.

Jacobstow Parish Council

Summary of Minutes of Meeting held on 15th June, 2010

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors and five members of the public attending. Apologies received from one Councillor who could not attend.

Neighbourhood Watch Signs - *Mr Adey thanked the Council for their donation for the signs and said that they were being erected the next day. The Neighbourhood Watch officially starts then.*

Rural Post Offices & Shops - *The Chairman had attended a recent meeting and it was stated that there is no programme to close Post Offices at the moment. They advised to "Use it or lose it"*

Bude Network – *Mr Reason reported on the recent Network meeting. Affordable homes for local people will be discussed next month.*

Crime Report – *The weekly Crime report was received from the Police and read to Councillors.*

Speedwatch – *Mr Adey reported on Speedwatch stating that they had done two hours the day before and that it has now officially gone County wide. One in four Watches will now have a Policeman in attendance. Police will also be looking for people with no seat belts, using mobile phones etc.*

Planning Application – Mr. B. Clarke, Lower Poulza, Jacobstow

Application received to alteration and erection of two storey extension to provide family annexe.

Times of Services at St.James Church

<u>August</u>			<u>September</u>
1st	9.45	Holy Communion	5th
8th	0.45	Holy Communion	12th
15th	9.45	Morning Prayer	19th
22nd	6.30	Evensong	26th

Canworthy Water Methodist Church

Service at 11am every Sunday

Mobile Library

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20 with the 2nd being the first date in August.

It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40 with the 11th being the first date in August.

For enquiries phone 0800-032-2345

SUMMER BUS TIMETABLES from 23rd May - 30th October 2010

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate	1040	--	--
Launceston Tesco	1050	--	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco	1250	--	--
Launceston Westgate	1300	--	--
Boyton	1315	--	--
North Tamerton	1325	1315	--
Bude Strand	-----	-----	1300
Marhamchurch	--	--	1310
Titson	-----	-----	1315
Whitstone	--	1322	1322
Week St Mary	1340	1330	1330
Canworthy Water	1400	1350	1350
Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Westgate	1245
Launceston Tesco	1255
Launceston Westgate dep	1305
Canworthy Water	1330
Warbstow Cross	1335
Canworthy Water	1340
Week St Mary	1400
Jacobstow	1415
Wainhouse Corner	1420
Higher Crackington	1435

595 Boscastle – Bude

(a = Schooldays only)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

Boscastle	0755	0955	1155	1355	1555	1755
Crackington Haven	0807	--	1207	1407	1607	1807
Wainhouse Corner	0815	1010	1215	1415	1615	1815
Jacobstow School	--	1013	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818
Widemouth Bay	0821	1021	1221	1421	1621	1821
Budehaven School	0828a	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830

Sunday (Summer only)

0855	1055	1355	1655
0907	1107	1407	1717
0915	1115	1415	1715
--	--	--	--
0918	1118	1418	1718
0921	1121	1421	1721
--	--	--	--
0930	1130	1430	1730

Bude – Boscastle

(Partial listing of stops only)

Bude Strand	0725	0925	1125	1325	1525	1725
Budehaven School	--	--	--	--	1528a	--
Widemouth Bay	0733	0933	1133	1333	1533	1733
Treskinnick Cross	0737	0937	1137	1337	1537	1737
Jacobstow School	--	--	--	1342	--	--
Wainhouse Corner	0742	0942	1142	1347	1542	1742
Crackington Haven	--	0950	1150	--	1550	1750
Boscastle	0752	1002	1202	1402	1602	1802

0930	1230	1430	1730
--	--	--	--
0937	1237	1437	1737
0940	1240	1440	1740
--	--	--	--
0942	1242	1442	1742
0950	1250	1450	1750
1002	1302	1502	1802

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In aid of the Church - a meal to remember from Pat Cottell

Twenty ticket holders enjoyed a sumptuous four course cordon bleu dinner at Penhallem Cottage prepared by Marion and her willing helpers. Bob and Marion Reason kindly donated all the ingredients so that the tickets sold were all profit for Jacobstow Church funds. The guests were treated to starters with a choice of King Prawns and Monkfish, Pate or figs with goats cheese. Main course was rack of lamb or beef fillet both with dauphine potatoes and a selection of vegetables. The dessert was just as mouth watering, again with a choice of strawberry tart or chocolate orange dessert cake followed by a selection of cheeses and biscuits and coffee. Gordon kept everybody well supplied with wine and Marion and her daughter appeared at the end with liquors to round off a wonderful evening! Marion is a superb cook and we are all hoping there will be a repeat next year.

Gordon and Lynn Harris hosted a successful and well attended BBQ at their home on the evening of Friday July 10th despite the showery weather. The Beef burgers were homemade by Gordon, cooked by Janet Cory and were delicious. Tombola, raffle, bring and buy stalls and various competitions kept the visitors entertained and approximately £360 was raised for the Church.

JACOBSTOW CUBS' SUMMER FUN.

Twenty four Jacobstow Cubs meet on a Monday at Wainhouse Corner. They have been busy in the fresh air, riding their bikes along a farm lane, lighting fires and cooking" eggy bread", rock pooling and building dams on the beach, tug of war and games in the fields at Dizzard.

They took part in the Raft Race on Bude Canal, building their own rafts from poles and barrels and paddling to victory.

Twenty Cubs, boys and girls, attended the County Camp near Bodmin. They joined over 300 Cubs from across Cornwall and made lots of new friends. Sixteen activities were on offer, including zip wire, climbing wall, craft, semaphore, the Gun Run, mountain bikes in the woods and Camp fire to name but a few, all good healthy fun. The weather was perfect, the children were delightful. Thank you, Jacobstow Cubs.

JACOBSTOW SCOUTS

On a freezing night in March, a team of Jacobstow Scouts took up the Challenge called the Camel Run. Using map and compass they had to follow a route from Camelford Football Club out to Rough Tor and back, a distance of thirteen miles, in the pitch dark, taking part in activities such as fire lighting, first aid and crossing marshy ground on the way. Our team set out at nine o'clock and arrived back still smiling at five thirty in the morning. I had spent a very cold night in the car, as a check point some where towards Rough Tor. The Scouts can't wait to join in again next year!

In April they were off again, taking part in the Coast to Coast Challenge. They left Par on the south coast early on Saturday morning, walked to a camp site near Bodmin, and on Sunday morning continued to the north coast, a total distance of thirty six miles. What an amazing effort from boys and girls aged eleven and twelve I am so proud of them.

During the term, the Scouts have visited the Bude Fire Station to learn fire prevention skills from experts. They have also been canoeing, cycling, discovering how a car engine works, making bridges to cross a river and having great fun juggling, plate spinning and stilt walking.

If you have any skills to share, or can help Cubs or Scouts in any way, please ring Daphne Dowling on 01288 352786.

The next edition will feature reports from Rainbows, Brownies and Guides.

Friends of Jacobstow Parish Hall
invite you to an evening of
Wine & Wisdom

Saturday 23rd October 2010 at 7.30 pm
Teams of six - £5 per head. Come on and have a night out!

Bookings to Janet Cory 01840 -230329

Brigade

After 14 years of no Brigade in this area, it is to start again. Many parents here have fond memories of their time in the Brigade. It will be a weekly meeting starting on Thursday September 9th at 6.15pm – 7.45pm at Eden, Headon Cross, Jacobstow

Brigade is for both boys and girls 5 -18 year olds, across the globe, offering an experience of life beyond what is possible in school or at home.

Brigade leaders are fully trained, and have undertaken criminal record checks and are committed to providing a safe and supportive environment.

We believe that by engaging in exciting activities, making new friends, having fun and finding a purpose to life, children and young people can discover and develop their full potential. BB was started in 1883 by William Alexander Smith. Did you know the Cubs and Scouts movement started from the BB movement in 1908?

We hope to have our own mini bus, pick up and drop off points to be arranged, so this will help parents having to ferry children. In the summer we will have trips out, and also compete against other Brigade company's in the South West. If you are interested call George on 01566 781346

Budding Picasso's

A big thank you to the staff at Jacobstow primary school for organising a competition among the pupils to design the cover for the Journal. We thought long and hard about the cover of the magazine and decided that the children's pictures are an excellent illustration of village life. We will be featuring a different picture from a pupil at the school on the cover of every issue.

Interview of the Month with Doreen Turner

by Jeanne Gimblett

Doreen lives at Canworthy Water I met her there on the farm that is her home. We sat in her sunny garden, with an occasional visit from her grandson Alfie who was helping his Father with the cattle (Alfie is two in July).

How long have you lived here Doreen?

Well I was born in Warbstow then we moved to Canworthy Water and I went up to Warbstow school. So this has always been home . The railway was still here then, with a station at Tresmeer. 'smeer' was its local name. The highlight of the summer holidays was going by train to Padstow for the day> When I married Mervyn, in 1965, I came to live here at the farm , so I didn't move far. This farm has been in the same family for at least four generations. My son runs the farm now. Mervyn died in November 2006.

That must have been hard for you?

It was, we'd been married for 43 years and I'd known him or six years before we married. The last few years have been difficult ones. But I am lucky to have two daughters and a son and four lovely grandchildren, with another one on the way.

Have you seen many changes over the years of farming ?

Well, there are things like size of the machinery, you used to see smaller tractors, no electronics in those days and you often had to use a starting handle to get them going. Nowadays we are used to larger machinery, inside as well as outside. Years ago my husband had a herd of fifteen dairy cows, and that was not unusual, we built the herd up to Ninety or more, but that is small compared with now. The herds tend to be much larger.. We rear mainly sheep now, we have a flock of 400, and my son works part of the time as a life guard on the local beaches. So you could say we have diversified!

Did you work, apart from the Farm?

No, before I married I worked at an insurance office in Launceston, I used to ride my Lambretta scooter to work and I remember my hands got so cold by the time I got to the golf course I had to stop to thaw them out so I could change gear in the town! The roads were a lot quieter then. Now if you try to move animals there will be six or seven cars queuing, to get by. I didn't go out to work after I married. We didn't in those days.

When did you become Parish Clerk?

I was offered the job ten years ago after Molly Parsons retired. Do you know she'd been Parish Clerk for forty years, and had established some strict rules!! The job has changed with the increase in computers. There is a lot of e mail and the 'postage cost' is transferred to the receiving council. Just look at the cost of ink and paper! I think my time learning typing and shorthand at college years ago has been helpful for this job.

(Interview continued on Page 27)

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County Council Report by Cllr Phil Tucker

There has been a recent trend, after finishing exams, for youngsters to go to Newquay. These young people come from all over the country to generally chill out after the weeks and months of revision and work. Generally the appearance of these students is upbeat and certainly these youngsters enjoy their first real freedom from parental control.

There are issues however, as we saw last year, where these people are using this freedom to indulge in drinking large quantities of alcohol. It should be made clear that special training at retail outlets along with spot checks of supermarkets and off licences and test purchasing means that very little is sold from local retail outlets. Predominantly adults are buying and supplying alcohol to minors. There are many instances where parents, when dropping off their child, have also dropped them off with crates of beer and bottles of vodka presumably assuming that we will look after them if they get into trouble. Most of the children arriving are 16 or 17 but some are as young as 15. The Police have already collected children this year, children unconscious from alcohol; the officers have called the parents to demand that this child is collected immediately and we have informed their local police of the situation so the message does "follow them home".

So many children requires a huge response from Council services, for where there are children you may be assured there is also the less desirable elements of society; the petty thieves and worse. The risk of fire is also increased, the cocktail of inexperience; alcohol and crafty cigarettes, nightlights and Chinese lanterns.

The reason I have highlighted this is, while the services in Cornwall have been commended for their handling and response last year, the cost is being borne predominantly by the Council and therefore the Council Tax Payer. CCTV coverage alone has exceeded the budget by a significant amount, the Fire & Rescue Service have drafted staff from other stations, social services and child services have stationed staff, and the police have significantly increased their presence.

The emphasis this year quite rightly will be to make those responsible, for supplying age restricted products, pay for their actions. The government mantra is "every child matters", which is a demand correctly embraced by the council but this is at a significant cost to the tax payer because of the actions of a few, rather selfish, individuals. I write this long before the print date of the Journal so I don't know what events have unfolded from Newquay this year. I hope it has been a chilled well earned rest for students, keen to surf and enjoy the weather this year.

If you have any issues which you feel are not being addressed properly or which you need help with then please don't hesitate to give me a call.

Phil Tucker 01288 341617 philip.tucker@homecall.co.uk

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Hobbies and Interests Page

Letterboxing on Dartmoor by Geraldine Smith

I always enjoyed walking but my children needed more to amuse them than just a walk. My Uncle, who was involved with Scouts, introduced me to Letterboxing which can be enjoyed by the whole family. Letterboxing is a combination of orienteering and treasure hunting where clues are used to locate boxes placed on the moor. Each box contains a rubber stamp and a visitor's book. Walks can be close to the road, or for the more experienced orienteer, further afield; there are also charity walks and walks with an accomplished letterboxer. Walks can also have a theme where the stamps feature a pattern such as Disney characters. To go letterboxing you require an inkpad, notebook or set of blank cards (this being best if children are involved as they like to stamp their own cards), an Ordnance Survey map, a compass, suitable clothing and plenty of food and drink for those hungry youngsters!

We would set off as a large family group and good natured discussion would follow between the adults as to which way to go and in deciphering the clues. Once a direction had been established off the children would go each hoping to be the one to discover the box, discrete help being given to the younger members or to those yet to find a box. On discovering a box great excitement would follow – you could compare it with England scoring a goal! Adults would produce the inkpad and everyone took turns to stamp their card and sign the visitor's book. My Uncle had his own stamp which he would use in the visitors book, but this had to be registered with the club.

While the children hunt for the boxes the adults can take some time to enjoy the surrounding moors and, if they are lucky, some of the wildlife. Once you have obtained a hundred stamps you can become a member of the 100 Club and receive a cloth badge and car-sticker. There is a letterbox meet in Princetown in October and March where you can purchase walks, maps and other goods and meet fellow letterboxers.

For more information contact:- **Dartmoor National Park Authority**

Editor's Note: For further reading suggest "Dartmoor Letterboxes"

by Anne Swinscow ISBN 0-9509114-2-9

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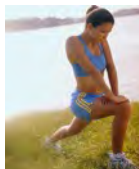
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Canworthy & Jacobstow W.I. Reports

CONGRATULATIONS to **Jacobstow W.I.** on winning the Royal Cornwall Cup for the best exhibit in the W.I. competition "A Good Read". Thanks go to the successful team of Pat Lane, Ruth Fox, Liz Smith, Sue Osbourne, Jen Cowling and Marion Reason. The Cup and Plate were presented to Jen Spettigue, President, and Pat Lane by The Duchess of Cornwall. The exhibit was based on the Book The Darling Buds of May and as Pop Larkin would say "Just Perfick!"

Jacobstow W.I. usually meet on the 2nd Thursday of the Month in the Jacobstow Parish Hall at 7.30p.m. and **Canworthy Water** in The Canworthy Sunday School on the 3rd Wednesday of the month in the afternoon, neither have meetings during August.

If you are interested in joining or for further information please contact either:-

Jen Spettigue	Jacobstow W.I.	tel. no. 01288 361545
Hilda Hicks	Canworthy Water W.I.	tel. no. 01566 781249

At the **Jacobstow** June meeting the Speaker was Clive Hayes (Wispas, Bude) who told members all about chocolate. Competition for "The Prettiest Tin" was won by Judy Dawkins, 2nd Jen Cowling and 3rd Pat Cottell. Flower of the Month was won by Jen Spettigue. The September Meeting will be a presentation about the Mustard Seed Charity.

Canworthy Water June meeting was held at the home of Amy Dawe who also provided "high tea!" Arrangements were discussed for their 60th birthday celebration at the Falcon Hotel, Bude, in lieu of their September meeting. The competition for "A Teapot" was won by Elizabeth Heard, 2nd Hilda Hicks and 3rd Amy Dawe.

Affordable Housing

At the May meeting of the Parish Council a presentation was given on affordable housing by the developer, First Step Homes, who are proposing to build 10+ houses at Ferrets Cross in a field between Little Beckaveans and No.8 South Park. People tend to have very differing views on this subject but it does seem to be a way forward in attracting younger families into the village. Without them we will turn into a community of elderly residents or second-home owners. If you would like to comment on this then please write in to the Letters Page. This proposal is of major importance so the Journal will keep you informed of any future activity.

AUGUST - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6 St Gennys Silver Band Crackington Haven (see note below)	7 North Cornwall Youth Football event in Bude
8 North Cornwall Youth Football event in Bude	9	10 Beach Stall Crackington 10.30-12.30	11 Camelford Show 09.30	12	13	14
15	16 Holiday Club 9.45-12.15 Eden, Headon Cross	17 Holiday Club 9.45-12.15 Eden, Headon Cross	18 Holiday Club 9.45-12.15 Eden St Gennys Silver Band Crackington Haven (see note below)	19 Holiday Club 9.45-12.15 Eden, Headon Cross	20 Holiday Club 9.45-12.15 Eden, Headon Cross	21 Bude Carnival
22	23	24	25	26 Holsworthy Show	27	28 Bude Jazz Festival
29 Bude Jazz Festival	30 Bude Jazz Festival <i>Bank Holiday</i>	31 Bude Jazz Festival	Holiday Club at Eden, Headon Cross, is for 5-10yr olds (under 5's with parent)		Beach Stall, Crackington, on August 10th is in aid of St James church.	

The St Gennys Silver Band perform in the "Sand Pit" at Crackington Haven on August 6th & 18th from 7.30 pm. Come and listen and also enjoy Hot Dogs, Tombola, Cakes, Skittles etc.

SEPTEMBER - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Bude Jazz Festival	2 Bude Jazz Festival	3 Bude Jazz Festival	4
5	6 Beavers & Cubs 6.30-8.00pm	7 Scouts 6.30-8.00pm	8 Coffee Morning 10.30 am	9 W.I. Meeting 7.30 pm Brigade 6.15 - 7.45 Eden, Headon Cross	10	11
12	13 Art & Craft 2 pm Beavers & Cubs 6.30-8.00pm	14 Scouts 6.30-8.00pm	15 Guides 5 pm	16 Brigade 6.15 - 7.45 Eden, Headon Cross	17	18 Whist Drive 7.30 pm
19	20 Beavers & Cubs 6.30-8.00pm	21 Scouts 6.30-8.00pm Parish Council 7.30 pm	22 Coffee Morning 10.30 am Guides 5 pm	23 Brigade 6.15 - 7.45 Eden, Headon Cross	24	25
26	27 Art & Craft 2 pm Beavers & Cubs 6.30-8.00pm	28 Scouts 6.30-8.00pm	29 Guides 5 pm	30 Brigade 6.15 - 7.45 Eden, Headon Cross		

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Fax: 01566 781751

Speedwatch - a report by Dennis Adey

Two to three years ago, a police initiative set up by Gary Watts (now Sergeant) of Bude Police station, under P.A.C.T (Partnership and Communities Together) brought local parishes together, to ascertain their concerns within our local communities of crime/unsafe feelings. One of these concerns appeared to be speeding, ours particularly the speeding through Wainhouse Corner.

Some two years ago, a "speed watch" team of volunteers were schooled by the police to monitor the traffic on the A39 passing through Wainhouse Corner. This is done as regularly as possible, weather and volunteers permitting. Passing traffic speeds are monitored from both directions within the 40mph limit.

We only have a very small number of volunteers, three people need to work together at a time, in a cold and windy spot for a couple of hours, even in the wet!

However, the entire aim of speedwatch is to try and encourage motorists to be aware that they are passing through a 40mph limit, at a busy junction of both traffic and pedestrians. A re-education of road awareness!. Day time speeds have been recorded of up to 64mph ! Teams are running in several North Cornwall parishes and it is about to be put into operation throughout Cornwall.

We do need help doing this survey so please contact Dennis Adey at Springwood if you would like to assist.

As this is the first issue of the Jacobstow Journal, all best wishes and good luck, watch this space for updates on our progress.

Puzzle Corner

Welcome to your “tea break” puzzle page, this page is sponsored by ‘Bordering on Perfection’ gardening services, please see the advert on page 28 for further details.

Solve the puzzles and return the completed page (or a photocopy) by 6th September to Sarah Smith, Assistant Editor, Almar, Jacobstow EX23 0BN (or leave at the Wainhouse Country Store) for the chance to win 2 hours free gardening from Bordering on Perfection. In the event of a tie the winner will be drawn from a hat by the Editorial Team. The editor’s decision is final.

G	E	R	A	N	I	U	M
T	D	B	E	W	M	T	U
N	E	U	S	O	P	E	L
A	B	T	O	S	A	K	T
L	Y	D	R	U	T	S	I
P	E	T	U	N	I	A	P
O	R	D	E	R	E	B	L
S	G	R	O	W	N	X	E

Find the words below that are hidden
in the grid on the left.

BASKET	RENT	ROSE
GERANIUM	GROWN	BED
MULTIPLE	SOWN	SUN
PETUNIA	ORDER	TUB

Quick quiz

1. In which century was Charles 1 beheaded
2. In which county are the towns of Whitehaven and Penrith
3. Who played Corporal Jones in Dads Army
4. Which comedian died aged 100 in 2003



MOBILE CODE

If 3673 is FORD on this phone keypad, which
other car makes have the following numbers:

- | | |
|----------|----------|
| A 7222 | B 46632 |
| C 524827 | D 869682 |

Name.....

Tel. No:.....

Jacobstow Art and Craft Club

The club started two years ago, with a few people getting together to enjoy a sociable afternoon while pursuing their chosen craft. and raising a little money for the Parish Hall.


We have painters, knitters, quilters and card makers in the group . Ideas have spread and we have found that we can demonstrate our favourite craft to others.

Last year we tried our hand at printing and pottery. We had a hilarious afternoon making our first joint painting for Christmas 2008, and a fascinating afternoon fashioning Easter bonnets this year!! We learned how to make unique hand made cards using all sorts of lovely beads and stamps.

We enjoyed these group activities so much that we plan to include demonstrations of glass painting, mosaics and papier mache in our next sessions. Members, who wish to, can continue with their own craft if the subject of the week does not interest them.

We break from indoor activities through the Summer months, although a small group of painters and sketchers try to brave the elements and meet outside. Unfortunately last summer we had many days which were just too wet to do this.

So what ever your own area of interest, even if you have never picked up a needle or paint brush, do come along and try something different.



Jacobstow Art and Craft Club

We meet on a Monday afternoon every two weeks
in the Parish Hall 2.00 pm until 4.00pm

Autumn meetings begin 13th September 2010

* All are welcome *

There is a fee of £2.00 each week to cover the cost of the hall.
For further information phone Jeanne Gimblett on 01840-230113

JACOBSTOW COMMUNITY PRIMARY SCHOOL

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e-mail: secretary@jacobstow.cornwall.sch.uk

Jacobstow Community Primary School was built in 1973 following the amalgamation of four village primary schools, St Genny's, Week St Mary, Poundstock and Jacobstow. The new school was built as all the small schools had falling rolls and were not viable; some things never change!

Today the school is a bright, lively and caring place for children to learn. In September 2010 we shall have 82 on roll taught in three classrooms accommodating Foundation Stage with year 1, years 2 and 3 and years 4, 5, and 6. Our ethos is that we should use our beautiful local environment as much as possible to fulfil our vision statement (above). We are part of the National Trust Guardianship programme, exploring the local landscapes and traditions. We have strong links with Budehaven School in the areas of sport, art and languages which should enhance the children's learning and secure positive transitions. We also link regularly with the other small schools locally to give the children opportunities to mix with their peers with sporting activities, gifted and talented workshops, school trips and staff training.

We are very proud of our school and welcome people to come and look round it, so please do come and see us at work.

If you feel that you have a gift or talent you could contribute to school life and would like to volunteer to help in any way, then please get in touch.

For further information please visit our website:

www.jacobstow.cornwall.sch.uk

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Young people's page

Hi all, and first of all, welcome to the brand new Jacobstow Journal. I'm Alan Holloway, and am now 18 years old, not really young anymore I guess, but hey! I'd like to think I am.

So that you all know, this is going to be a regular page dedicated to the young ones of the Jacobstow Parish, I thought it would be a good idea to include you guys and girls in things, simply because, you matter just as much as the grownups do!

So what can you look forward to?

Well, it's my first time writing for a newsletter, and well, I'm just finding my feet, so if any of you have some ideas you want to see on this page, then either email or get an adult to email me at alanbrianholloway@gmail.com

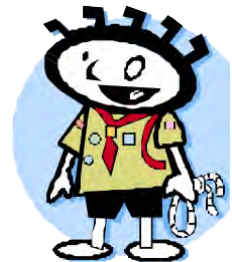
What is there to do in and around Jacobstow? Finding something to do in Jacobstow can be quite hard sometimes, because of where we live. So I thought I would include a write up in each edition of the Jacobstow Journal about different clubs and sports that you can get involved with both in and around Jacobstow. So here it goes...

Jacobstow Cubs and Scouts

Cubs and Scouts are a part of the Scouting group that is known around the world for its youth involvement in both community work and helping young people to learn and help one another through fun activities that they can go on to earn badges and awards.

Jacobstow has its very own Cub and Scout group, held at Wainhouse Corner, in the Green hut, behind the Old Wainhouse Inn. The Cubs (and Beavers!) meet on Monday evenings and the Scouts on Tuesday evenings.

They are always looking for new members and also adults who are interested in becoming involved with the Cubs and Scouts, either as leaders or as helpers for each week. If you are interested then pop along one Monday or Tuesday evening at 6.30 pm and ask for Daphne Dowling also known as the 'Akeila'.



Congratulations

A big "well done" to Teagan Aged 8 from Wainhouse corner, whose wonderful picture is featured on the cover of our first edition of the Jacobstow Journal.

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The following is a copy of an advertisement displayed on the Parish Hall Notice Board.

As part of the National Superhomes scheme (www.Superhomes.org.uk), Cottage Farm will be opening its doors to the public again on 15th August 2010.

Cottage Farm is an organic sustainable farm raising native breeds and selling produce locally. It is powered by renewable energy with almost no use of fossil fuels, having reduced its carbon emissions by 70% so far (as assessed by the Cornwall Sustainable Building Trust), but aiming at carbon neutral living and farming. We are also of course actively engaged in the Transition process.

Visitors will be able to see and ask questions about

- the various energy saving steps taken
- the various methods of renewable energy generation employed and its benefits
- the organic farming methods, localised sustainable food production and carbon free deliveries of Cottage Farm fresh meat boxes.
- We may also discuss the Superhomes charity and Transition Movement and its contribution to increasing local resilience in North Cornwall.

Programme: Arrival time: 14:00 - 14:30 Start time: 14:30

14:00 - 14:30 - coffee and cake

14:30 - 15:15 - presentation and questions – what we do, why we do it and what are the benefits (as given at Royal Agricultural College, Cirencester and at the recent Transition Conference)

15:30 - 16:00 - The Low Carbon House tour: insulation, devices, water heating, space heating

16:00 - 17:00 - External tour: PV panels, wind turbine, wood processing, bore hole water, bio diesel production

17:00 - 18:00 - Organic farm walk: sheep, cattle, geese, wood, hedges and trees, orchard and more

The attendance will be limited to 15 participants.

Please book here: <http://www.sustainable-energyacademy.org.uk/superhomes/cottage-farm-jaco...> and click on 'Register Online'. Alternatively, send us an email at Cottage.Farm@tiscali.co.uk, stating number of people attending, names and address. Looking forward to welcoming you, Paul & Celia

Did you know that you can hire Jacobstow Parish Hall
for parties, meetings etc?

For further details speak to any Committee Member or
ring the Secretary on 01840-230173

Letters to the Editor

Wayside Bench

I frequently drive through the village on my way to Wainhouse Corner and so often encounter villagers walking to, or returning from the shop/post office, very often carrying heavy bags of shopping, usually they are elderly people. I also pass quite a few people walking their dog.

It occurs to me, that it would be a very good idea if there was a bench at some point, in order that a rest could be taken, or time to simply sit to "enjoy watching the world go by".

What a great idea the Journal is and I wish it good luck for the future.

Yours sincerely
Frankie Franklyn

Editors Comment: This is certainly an idea worth pursuing. Any suggestions as to where a bench (or benches) could be located? Also, any thoughts on how could we raise the money for this?

Communications

We would like to send the editorial team of Jacobstow Journal team our congratulations and best wishes for the future. The desire for better Parish communication was a high priority on the questionnaire returns so the Journal is a big step in the right direction. The Steering Group hope to be able to deliver the Parish Plan design to all Parishioners this Autumn.

From:
The Parish Plan Steering Group

Parish Hall

Fellow Parishioners. I hear mumblings that there is nothing on in the Parish Hall that you fancy. Well, if you have a desire to run a Film Show, form a Choral Society, do Old Time Dancing, learn to Bellydance, have a Gardening Club and you want to have a go – then the hall is there for your use.

Come on, lets hear from you and what you want to do.

Bob Reason,
Hon.Sec. Parish Hall Committee

P.S. If anyone wants to front a Youth Club it's possible that Cornwall Council may have some money to obtain equipment.

Marie Curie Cancer Care Fund

Dear Sir,

A very big thank-you to all the people who kindly supported the TEA PARTY at Madison on Thursday, July 1st despite the really appalling weather.

A total of £370 was raised for the Marie Curie Cancer Care Fund.

Many thanks to all the willing helpers who made the afternoon so successful. Even though several of us had a "cold shower" from the puddle on top of the tent it all added to the fun. Once again
THANK-YOU.

Sincerely,

Pat & Bill Cottell

Letters to the Editor

Film Show

I had intended to go to the recent Parish Plan Meeting about Jacobstow but forgot so I looked up Jacobstow Parish Plan on the internet instead and ended up on a website with a report on the meeting by someone called Paul. I have to say I was surprised as it didn't seem to be a very nice report and he didn't say anything good about the people of Jacobstow. He did have one idea that I liked and that was to show films in the Village Hall and he said that the film equipment would cost under £500. Like a lot of older people I don't get out as often as I would like so that would be really good. I hope it happens.

Editor's Comment: The Paul you refer to is Mr Paul Sousek who, we understand, used to be a Marketing Executive in the South-East before deciding to become a farmer when he bought Cottage Farm a few years ago. He runs a Transition website so I'm not sure why it should have a report on our Parish Plan. I have looked at the report and he does seem to be rather angry, although I'm not sure why. It could be that he is trying to attack the Parish Plan Steering Group for what they are doing. Perhaps he doesn't understand that they are only allowed to report on

what Parishioners have asked for and they cannot propose other ideas themselves. In fact even the analysis of the completed questionnaires has to be done by someone from outside of the Parish in order to prevent any bias. So all he has actually done is to comment on everyone who filled in a questionnaire. I do agree though that his comment about showing films in the Parish Hall is a good one. The final part of his report says "Call me naive but I expected more" and that has given me an idea! It is good to know that Mr Sousek feels that more people should be involved in local activities and I wonder if he would like to take the initiative on this one? I know that Mr Sousek has a video projector as he has shown films in other Parishes and so would be an ideal person to start a Jacobstow Cinema Club. He already has the equipment and, with his marketing background, he should make a success of it. He will have to hire the Parish Hall but the entrance fee to see a film should more than cover that and make a profit. Also, the Parish Hall has an excellent kitchen so he could provide refreshments during the interval. What a great idea! We'll let you know in the next issue if Mr Sousek would like to do this for the benefit of the Parish and when it might start.

An invitation from the Editor. If you would like to see your letter in print then please email jacobstowjournal@gmail.com. Don't worry if you don't have access to the internet, just write the letter by hand and post it to us (address on the inside cover page) and we will do the rest.

Interview of the Month with Doreen Turner (contd from Page 9)

You seem to have a very busy life. How do you relax?

I like the sea, I walked down to the Strangles this morning. When I was a child we had an Aunt who lived at Crackington, in the house that is right by the beach, Penkenna, We often went there and always spent Christmas there. I do love the sea I could sit and watch it for hours. I've travelled but I've never thought how it would be to live somewhere else, I have always been here so I don't question it. I sometimes wonder what makes other people choose to live here.

Doreen, what is most important to you?

I don't know, I like everything but I do like having children around. I have time for children and my daughters bring their children and friends to stay and I look after young Alfie. I had my three children and there were always others to look after. I was always here when their parents were busy. So children are a very big part of my life. I believe that children help you to look forward.

Thank you, Doreen, for letting me talk to you.



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Recipe of the Month by Marion Reason

This month - a Tomato Tart (with a difference!)

Main Ingredients

Puff Pastry (ready-made or make your own)

1 red Onion

10-12 Cherry Tomatoes or 4-5 larger ones

1 tbsp Crème Fraiche

1 clove Garlic

Salt

Dressing

2-3 Cornichons or tsp Capers

3 tsp White Wine Vinegar

3 tsp Olive Oil

Oven Setting: 200 deg.C, 400 deg.F, Gas Mark 6

Put a baking tray in the oven.

Thinly slice the onion and sweat in a little oil or butter until cooked, put in a dish and leave to cool. Roll out the pastry $\frac{1}{4}$ inch thick and cut out a 6-7 inch square. Put the pastry onto a piece of baking parchment and $\frac{1}{2}$ inch from the edge cut a mark all the way around but not all the way through. It should now look like a “picture” in a “frame”. Brush the “frame” with egg or milk and prick the “picture” all over with a fork. Mix together the onion and Crème Fraiche and add the garlic and salt. Pile the mix onto the “picture” but leave the “frame” clean. Halve (or slice) the tomatoes and put on top. Sprinkle with salt and place it (still on the parchment paper) onto the hot baking tray and bake in the top part of the oven for 20-25 mins.

To make the dressing chop the cornichons (or capers) and mix well with wine vinegar and olive oil.

Serve the tart hot or warm and put the dressing on when serving.

Four variations for this recipe.

1. Add 2oz Gruyere cheese to the onion/Crème Fraiche mixture.
2. 5 mins before the end of cooking sprinkle some Roquefort or blue cheese over the tart.
3. Sprinkle a small amount of curry powder over the tomatoes before cooking.
4. Instead of tomatoes use blanched asparagus with Gruyere cheese over just before the end. This is really lovely!!

The Garden Spot by Bob Rudd

This time of the year, you should be thinking about your spring crops in the vegetable garden. A good crop filler is spring cabbage which can be cut for spring greens, a good cropping variety is "April". You should still be sowing lettuce, spring onions, radish, over winter onions and turnips.

This time of the year it is very important to keep gross feeder runner beans and climbing beans well fed and watered and keep picking your sweet peas, if you let them set seed you will not get any more flowers. This also encourages the bees to keep coming and pollinating your runner beans etc.

I have four apple trees in half barrels on the vegetable plot and these benefit from the bees coming to the runner beans and sweet peas.

In our vegetable garden we also have ten raised beds to overcome the very clay soil which is not very good for any root crops as the drainage is very poor, but clay soil is very fertile if you can break it down.

Now is the right time of the year to take cuttings of clematis, alpinas, any half ripe shrubs such as geraniums and fuchsias and tender perennials. You should also be potting up prepared hyacinth and narcissus for Christmas flowering.

Keep these in a dark, frost free shed or under a layer of peat or ashes outdoors until they start to grow. Also do not cut the grass too short if the weather is dry and hot. Happy gardening!

Neighbourhoodwatch - a report by Dennis Adey

A scheme is currently set up within the parish. This will help a quick reaction time in combating any crime or peculiar goings on, within and around our parish.

We are a relatively crime free area, with a strong feeling of security, we always like to feel this way, and continue to do so. Signs have been purchased (thanks to a donation) and displayed, to show all that they are entering a "neighbourhood watch scheme" area. This means that any incidents will be reported to scheme coordinators and then on to the police. If you want to help in our "safe feeling" environment, please ring either Bude police station or a local co-ordinator, to join the scheme.

Ensure our safe environment remains so.

Bob and Marion Reason would like to thank Lyn & Gordon Harris, Pat Lane, Frankie Franklyn, Drue Pratt, Lorna Reason and Sue & John Andrews for their help in providing a 4-course "waitressed" meal for 20 people on the evening of June 19th which resulted in a donation of £430 to St James Church, Jacobstow.

Holiday Club 2010

Starting on Monday August 16th to 20th daily for 5 days 9.45am – 12.15pm

Lots of fun for everyone, crafts, games, competitions,
stories and songs, don't miss it
For all primary school age children

At Eden, Headon Cross, Jacobstow

Come and have a great time!

No charge but donations appreciated to cover costs.

Book now! – 01566 781346

Continuing on Sunday morning August 22nd with activities
for the whole family including parents

The Jacobstow Journal would like to express their very sincere thanks to both Cllr Phillip Tucker of Cornwall County Council and also the Jacobstow Parish Council for providing “start-up” funding for the Journal.

Worried about the effect of climate change or what happens when the oil runs out? Need advice on environmental issues? We don't have a local Transition group dedicated to Jacobstow, but there is one just across the A39 in St.Gennys. If you want help or advise try talking to Ron Muckleston who is Chairman of the local group. He wont baffle you with science or lecture you with a “doom and gloom” approach, in fact he is friendly and knowledgeable and you can contact him on 01840-230127 or email transition45@btinternet.com

A big **THANK YOU** to our Advertisers!

Although the Jacobstow Journal received financial support in terms of Grants as “start-up” funding, it is not subsidised or supported in any way for ongoing publication costs. It relies entirely on revenue from Advertising and we would therefore like to express our very great appreciation to the companies and organisations that have placed adverts for the forthcoming year. Without you we would not exist. If anyone else would like to place an advert then please contact Sarah on 01840-230565 or email jacobstowjournal@gmail.com

To our readers, please mention this Journal when replying to advertisers.

Useful contact numbers

Listed below are telephone numbers which you may find useful to have close at hand.

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police (Non emergency)	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling centre Tiscott Wood	01288 355131
Dog Warden	01208 893407

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstable	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgery's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr B Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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