

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 7

August/September 2011



1st anniversary edition

Editorial

I was walking my dog over the hill from Widemouth beach car park onto Black Rock Beach one morning, talking to a fellow dog walker who I meet from time to time. We were both moaning about the raising cost of living, how much his electric bill was this month, and how much the car parking had gone up.

We reached the brow of the hill and looked down onto Black Rock beach and the cliffs going away in the distance “sort of makes it ok though” I said “when you live in a place like this”.

I know its an old and worn out expression, but maybe we should all stop and smell the roses from time to time, and appreciate the lovely part of the world that we live in.

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Almar

Jacobstow EX23 0BN

The deadline for adverts, letters or articles for the Oct/Nov edition will be 14 September. Please note this does not guarantee that the item will be published due to possible limitations on space.



Goodbye to Mike.

If you read your Journal thoroughly, which I am sure you all do, you will have noticed that the name of the editor has changed. Everyone on the Journal was sorry when Mike handed in his notice as the editor. He is very committed to the Air museum at Davidstow and felt that he could not give the Journal the attention he thought it needed. If you would like to read more about the Museum and Mikes involvement please check out his article on pages 16 and 17. We wish him all the best and thank him for putting so much work in the early days of the Journal.

We would also take this opportunity in welcoming Sue Burrows onto the editorial team, with Sue joining we have a correspondent in Canworthy Water, which gives more balance to the team.

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

<u>Chairman:</u>	Mr. Norman Osborne	01840-230592
<u>Parish Clerk:</u>	Mrs D. Turner	01566-781269

<u>Members:</u>	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
	Mrs Ilona Franklyn	Mr Jim Cory	Mrs. June Rose

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 21st June 2011

Summary of Minutes of Meeting held on 21st June, 2011

Mr. Norman Osborne chaired the monthly meeting of the Parish Council, those attending were Mrs. I Franklyn, Mr R Reason, Mr. D. Adey, Mrs. J Rose and two members of the Public. Apologies received from two Councillors.

Solar Power – *Mr. Jim Davidson had reported that his Solar System was up and running and that anyone was welcome to visit to see it.*

NALC – Code of Conduct – *NALC correspondence giving the latest guidance on potential changes to the Code of Conduct received. Councils may opt to operate without a code in future.*

Cornwall Council - Amended Public Speaking Procedure – *A copy of the amended Public Speaking Procedure received.*

Western Greyhound – *Western Greyhound had Emailed regarding buses going through the village and said that they will make sure it is considered at their Autumn review.*

Parish Signing – *Oliver Jones had Emailed saying that a "Slow" marking could be put on the carriageway adjacent to the existing warning signs. Clerk confirmed to him that we would like this to be done. Quotation given on telephone for signs. Sign A would be £125 and Sign B £73.10 each. Total £271.10. Proposed and unanimously agreed we order and send cheque as per quotation.*

Planning Application – Mr. L. Moutrie, *The Rectory, Jacobstow. Two storey extension and single storey extension to provide additional living accommodation. Councillors unanimously support this application.*

Planning Application – Mr. A Human, *Penhallym, Week St. Mary. Barn conversion to three holiday cottages. – Councillors unanimously support this application.*

Summary of Minutes of Meeting held on 19th July 2011

Summary of Minutes of Meeting held on 19th July, 2011

The meeting began with a minute's silence in remembrance of Mrs. Mollie Parsons who was Clerk to the Parish Council for about forty years.

The Queen's Diamond Jubilee – NALC inform us that on Monday 4th June, 2012 the aim is to light 2,012 Beacons throughout the United Kingdom. Channel Islands, Isle of Man the Commonwealth and the UK Overseas Territories marking this historic moment in the Queen's reign and in her life too. Mrs. Smith and Mrs. Franklyn to get ideas and organise an event on this day.

Speedwatch – The Vehicular Activated Sign will now be installed in mid-September. At the moment they are waiting for Western Power to organize the electricity.

Neighbourhood Watch - A report has been received advising people to be aware of cold callers calling and producing a card stating that they are deaf and mute asking for money or selling pictures to raise money for an operation. **This is a scam.** They are not disabled in any way.

Planning Application – Mr & Mrs D J & G M Phillips – Construction of 5 lodges to provide accommodation for respite care, short term residential care and supported holidays for adults with physical and or learning difficulties, New Witheven, Jacobstow, Bude. Councillors unanimously support this application

Planning Application – Mr & Mrs M Ford - Construction of dwelling following removal of caravans and demolition of garage, Land rear of Old Wainhouse Inn, Wainhouse Corner, Bude. Councillors unanimously support this application.

Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

Jacobstow Journal Quiz Night

As you know, the Journal is delivered to every household in the Parish FREE. We have to raise funds to cover our advertising costs and have arranged a quiz night for Friday 30th September 7.00pm at the village hall.

It will be a fun evening, so why not get a team of friends together, come and have a good time and support a worthwhile cause!

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

My Triumph Herald Convertible 13/60 1967/68

We brought the car from Mr Maunders of Holsworthy in 1977, he owned a large shop in town and was a member of a well known family in the area. At the time the car was very pale yellow, but my husband decided he liked the brighter yellow which it is today, he painted it by hand and made a very good job of it. It was only much later that I had to have it re sprayed as the frost had got in and ruined it. The car looks quite small when you look at it today, but we would pile all the children in it and off we would go, 4 in the back 3 in the front, no seat belts in those days!.

We went up to London to see my sister, drove it around the city taking in all the sights, Trafalgar Square, Big Ben etc, there was hardly any traffic in those days, we had the hood down and everywhere we parked up a crowd gathered, made up mostly of Germans who really loved the car and wanted to buy it offering a large amount of money, but we refused all offers. On the way home one of the windows would not go up and it was pouring with rain so everyone in the back got soaking wet. We managed to buy a large sheet of plastic and put it over the children, but it was a very wet cold family who arrived back in Cornwall.

It was used for taking chickens to market, shopping trips to Plymouth and a general family runabout until the seat belt laws came in, then we had to buy a bigger car, but we kept the Triumph and started to take it to vintage shows and so began a new life for it. We loved going to all the shows and meeting up with like minded people so she was kept highly polished and in tip top condition which she still is today. So I hope for many more years you will see me bombing about the village!



Irene Webster

A lovely article Irene, thank you so much. I am sure many of you have such memories to share, why not write an article, it doesn't have to be long, or if you want, just contact one of us at the Journal, tell us your story and we will put pen to paper for you!



Bude Rural Neighbourhood Beat Manager, Nick Jessop

Contact at Bude police station on 01288 357502, email us at bude@devonandcornwall.pnn.police.uk (Bude Police) or www.devon-cornwall.police.uk. Please remember however these should only be used for non urgent enquiries.. In an emergency dial 08452 777444 or dial 999 in an emergency.

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CHURCH AND CHAPEL NEWS

A busy two months fund raising by Jacobstow Church Members during June and July.

The Church fete held in the Parish Hall raised well over £250 for Church Funds followed by a very successful BBQ at the home of Mr. and Mrs G. Harris raising approximately £300 (and it didn't rain!)

Mr. and Mrs Reason welcomed forty guests over two evenings to their home, Penhallam Cottage, for a cordon bleu dinner. As usual , Marion cooked a fabulous meal including delicious crab tarts, steak, lamb shank, pavlova, choc sponge and home made ice cream. Marion and Bob donated all the ingredients and raised well over £1000 half of which will go to the Church Roof fund, still needing £20,000 and the remainder to Church funds. Places already hopefully booked next year!!!

Members will be manning a beach stall at Crackington Haven on Aug. 10th and are planning to hold a BBQ at Tobarn Farm on September 3rd.

Harvest Festival service will be held in the Parish Hall followed by supper and auction on October 4th at 7.30p.m

Dimma Chapel held a successful cream tea event on Sunday July 17th raising £210

The Harvest Festival Service will be held on the 25th August 11.0a.m, to be conducted by Mrs. Street, followed by Lunch at 12.30p.m .

Diary dates:-Aug 10th Beach stall at Crackington 17th WI Canworthy Water
25th Harvest Festival (Dimma)

Sep 3rd BBQ at Tobarn Farm (Church Funds) 13th WI Jacobstow

1st Eden Brigade

We are delighted to report that two local Councillors, Cllr Phil Tucker and Cllr Glenton Brown have supported our work by awarding us Community Chest Grants. The decision to award two grants was made due to our location, on the boundary of two areas. Cllr Tucker's grant was for £350 and was awarded for the purchase of a wide screen TV which will be used to assist and enhance our teaching with video and PowerPoint presentations. This will prove to be a great asset to the work of the Brigade. Cllr Brown's grant was for £225 and this was awarded for sports and games equipment. We are very grateful to both Councillors for these generous awards.

We have been blessed with good weather for our Brigade nights recently, which has allowed us to spend a lot of time outdoors, enjoying sports, games and visits.

The members of **Company section** have been finishing their Community Badge activities and working towards their Recreation Badge. They have been beach combing, fishing and orienteering, and taken part in sporting activities. They have also made rafts in readiness for a raft-race on the river. This section has also continued to look at incorporating Christian values into everyday life.

The **Junior section** members are currently working towards their Bronze Badge, which involves learning about their community. We visited Warbstow Bury to learn the history of this important site, a pig farm where they were able to hold a piglet, and a dairy farm where they could see where milk comes from and learn about milk production. They have been bird-watching and orienteering, and have enjoyed various sports.

Anchor Section is now led by Warrant Officer Mrs Gemma Hooper, who has been joined by a new helper Mrs Christina Medland, a primary school teacher. The Anchor Section members also visited Warbstow Bury, and have enjoyed clay modelling, making a den, sports and games and spent an evening cooking pizzas.

1st Eden Brigade meets every Thursday at Eden, Headon Cross, Jacobstow, from 6.15 to 7.45, and is for boys and girls aged from 5 - 18 years. Come and join us for a great time of fun and learning. For more details call 01566

781346

Goodbye and Good Luck!

Everyone at Jacobstow Community Primary School and Preschool would like to wish Charlotte, Rhys, Molly, Harry, Chloe and Jack, good luck for the next stage of their educational adventure as they start at Budehaven in September.

Neighbourhood watch alert

A company sign was stolen from the A39 at Wainhouse Corner on Monday 18th July between 17 - 1900 hours. If you have any information please contact Bude Police station quoting crime number BU-11-462

Rainbows, Brownies & Guides Summer Term

An extremely busy term for all the girls at Jacobstow 1st and Wainhouse 1st Girl Guiding.

The girls have been able to start gaining some more badges. However, the highlight for the Brownies was back in June when they had their camp weekend which included a trip to Exeter for the South West Girl Guiding 40th Anniversary celebrations. This was a fantastic day for everyone with over 5000 children at West Point having the opportunity to try new things like quad biking, ice skating, archery, wall climbing and lots more. An excellent weekend was had by all even if they were a little tired.

We've also been for a walk along the canal in Bude with a Fish & Chip supper, then a week later and the weather being kind we had an evening on the beach.

Our last day for the Rainbows and Brownies was a day at Newquay Zoo which was great fun, with just a bit of education involved to help the girls gain one of their badges.

You will be able to see pictures in the hall (at Jacobstow) of the girls trips.

The Girl Guides camp trip is going to be happening over the summer, so we will let you know how they get on.

Remember if you know a girl from the age of 5 who would like to come and join us, please contact Geraldine Skinner on 01566 7817234.

Jacobstow Footpath's

Did you know that a leaflet has been compiled of all the footpaths in the parish? It is available from the Church, Wainhouse pub and other locations

Times of Church Services



Jacobstow Church Services:-

Aug. 5 th	Morning Prayer	9.30a.m.
14 th	Holy Communion	9.30a.m.
21 st	Evensong	6.30p.m..
28 th	Holy Communion	9.30a.m
Sept 4 th	Morning Prayer	9.30a.m..
11 th	Holy Communion	9.30a.m.
18 th	Evensong	6.30p.m.
25 th	Holy Communion	9.30a.m



All Services at 11 am on:

August

7th, 14th 21st and 28th

4th, 11th, 18th and 25th

Dimma Chapel Services:-

Aug 7 th	Morning Service	11.0a.m.
14 th	Holy Communion	9.30a.m.
21 st	Morning Service	9.30a.m
28 th	Morning Service	9.30a.m



Sept 4 th	Circuit Service at Tintagel	11.00a.m
11 th	Morning Service	9.30a.m
18 th	Morning Service	9.30a.m
25 th	Harvest Festival	11.00a.m.
To be conducted by Mrs. Street		
Followed by lunch 12.30p.m. All welcome		



CHURCH LOTTERY

JUNE

JULY

1ST PRIZE
2ND PRIZE
3RD PRIZE

Mrs L. Dodd
Mrs M Carter
Mr. K. Shelley

Mrs N Osborne
Mr K. Bennett
Mrs S. Osborne

THE ROYAL BLUE COACHES



How many of us can remember the Royal Blue Coaches bringing excited holiday makers to the Cornish seaside? Every Saturday was “change over day” in the numerous hotels and Guest Houses and the majority of visitors arrived on The Royal Blue coaches from the Midlands and London

in eager anticipation of a week or fortnight by the sea.

Very few families had a car in the thirties, forties and early fifties so the most economical way to reach Cornwall would be by bus. Often the journey would be long and tedious with many changes of coaches and stops but in the excitement of seeing the sea for the first time all this would be forgotten on arrival at the chosen destination.

The company started in Bournemouth with horse drawn carriages in 1880 and gradually expanded through various take-overs until 1986 when the name disappeared and was replaced by National Express.

The second world war brought black out night driving, fuel shortages and Royal Blue garages being bombed and so the coach services closed down from October 1942 until Easter 1946.

After the war, due to fuel shortages, people hesitated to use their own cars so there was a strong demand for long distance coach travel. The Beeching cuts of the railways also generated more demand and business peaked in 1965 with well over one and a half million passenger miles.

A Group of Royal Blue enthusiasts visited Cornwall in June with a dozen restored coaches and passed through Wainhouse Corner on the A39 on their way from Bude to Padstow, a rare and nostalgic moment bringing back memories of the excited holiday makers on their way to Polzeath, Newquay etc. after the dark days of war and rationing.



By Pat Cottell

MOLLIE **PARSONS**

It was with great regret that the Parishioners of Jacobstow learnt of the death of Mrs. Mollie Parsons on

Monday 11th

July at Barnstaple Hospital. Mollie, nee Cowling, was born in 1918 at Coxford Farm, St. Gennys and moved to Park House, Jacobstow, after marrying Jack Parsons in August 1947, the village blacksmith. Mollie and Jack had a son, Gilbert, but sadly Jack died in 1977 and for several years Mollie continued to live at Park House before moving to Cory Close, Wainhouse Corner twenty-one years ago. Since March this year she spent the last few months at St. Annes', Whitstone.

Mollie led a full and active life in Jacobstow, becoming very involved in Parish activities and was well known and respected by many. She served on the Parish Council as clerk for over 30 years and was also secretary of the Parish Hall. Thanks to her hard work a substantial grant was awarded to upgrade the Hall and to show their appreciation the Hall committee named the kitchen "Mollies Kitchen"! In recognition of her dedication a proud Mollie was presented to the Queen at the Royal Cornwall Millennium Show at Wadebridge, a great honour.

Jacobstow Church was another important part of her life, organist for forty years, helping with the cleaning and polishing and serving as Church Warden before being awarded the post of Church Warden Emeritus of Jacobstow Church.

Mollie was an active member of Jacobstow W.I. for sixty years holding posts as Treasurer, Secretary, and several times as President. She was also local correspondent for the Bude and Stratton Post and even had time to help with Meals On Wheels until over eighty years old, often delivering meals to people younger than herself.

Due to failing eyesight in her late eighties Mollie was eventually forced to retire from all her activities. Mollie will be sadly missed by the residents of Jacobstow, her many, many friends and most of all by Gilbert and family and her sister Jean.





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County Councillor Report by Cllr Phil Tucker

Please repeat my Mantra

Very few people would doubt the need for the Council to save money and most would agree that spending cuts need to be urgent. Most would equally agree that the council historically is not very good at being frugal. I would agree with those points myself and would certainly say that the council tax payer should get better value for money.

However there are times that reducing costs can so adversely affect the community that the savings are outweighed by the extra costs incurred by a community least able to sustain those costs.

This is often true of rural areas where small changes can make a huge difference. If for instance a toilet is closed in Truro or Penzance there is obviously an inconvenience (excuse the pun) of walking an extra 400 metres to get to a provision perhaps in a restaurant or supermarket or indeed another public toilet. However closing of a toilet in a rural area can mean a 5 mile drive. Equally if a bus route is lost in Saltash then it will be inconvenient to wait an extra half hour to get to Plymouth. Lose a bus route in my division and we'll probably have lost the only bus that day.

I have voiced reasoned arguments to stop those seemingly inconsequential changes which officers have identified as saving money. They might slightly inconvenience an urban area but I explain how those changes will affect our rural community

Every chance I get when communicating at Council meetings or by letter I repeat my little mantra, ***“urban changes affect more people but rural changes affect people more”***. I have been uttering this for many months.

Last week I was at a meeting where we were discussing a project which I am trying to get through council. The first stage of this is to get officer understanding and ‘buy-in’. It was a tough argument because it demanded a capital cost but it would repay that in hard cash within 8 or 9 years (including interest) and would have a real benefit after that of £100,000 per year. The astounding thing during this meeting, which filled me with a feeling that perhaps council officers were not all autotrons from the land of ‘companyline’, was that one of the officers quoted my mantra.

I think the message is getting through. **Urban changes affect more people, Rural changes affect people more.**

Regards Phil Tucker

*I am here to help my electorate. If you have a problem then, if I can't help, I bet I know someone who can. Please call me. 01288 341617
philip.tucker@homecall.co.uk*

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KID'S SUMMER HOLIDAYS PAGE

JOKES FOR SUMMER

Q. What did the pig say at the beach on a hot summer's day?

A. 'I'm bacon' !!

Q. Why is a dog so hot in the summer?

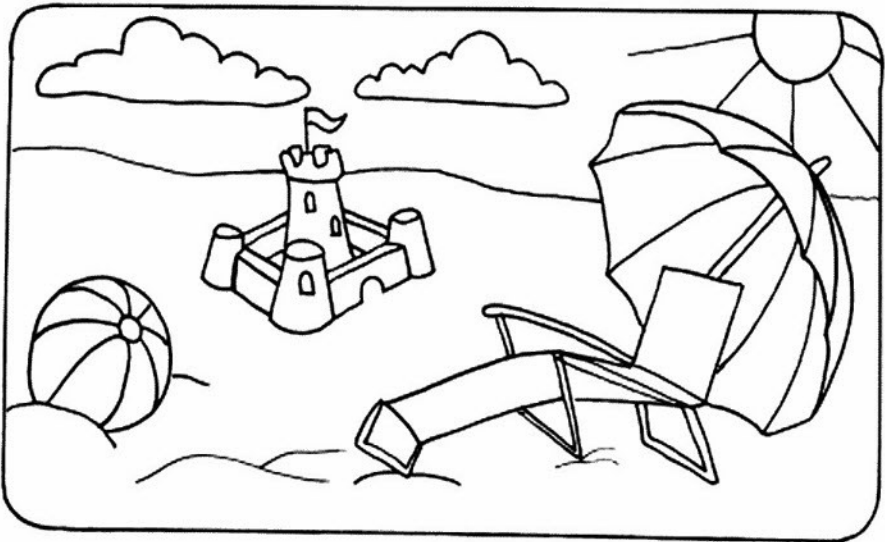
A. Because he wears a coat and pants!!

Q. Why are pirates called pirates?

A. Because they arrrrrrr"



A BEACH PICTURE FOR YOU TO COLOUR



NOW FOR THE SERIOUS STUFF!!!

Please ensure that you swim only at beaches that are patrolled by lifeguards and pay attention to the 'flag system'

Remember to 'splash on the factor 50+'

Remember that cold water can be a shock to the system and take care when entering the sea.

Don't use inflatables in water that you cannot swim in

Never turn your back on the sea, there is always one big wave that you were not anticipating.

TAKE CARE, BE SAFE & ENJOY THE SUMMER



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Introduction to Webbers Estate Agents and the First Stages of Selling

Webbers are pleased to be sponsoring and supporting publications such as this and we are going to use the allotted space to provide a small introduction to us as a company and the first steps on selling and moving. Webbers Property Services have been in business since 1924

and were initially based in Barnstaple as Auctioneers. Our past president, Mr Vivian Moon, was the first trainee John Webber employed and although he recently passed away, was part of Webbers for more than 70 years. He was very proud of the tradition and the family values that the company have gained and kept over the years of business. Now having sixteen offices throughout Cornwall, Devon and Somerset and numerous National Awards behind them, these values are tied into customer service, value for money and innovative marketing for everybody including those selling flats, up to those selling mansions and all in between.

The Bude Office, which is your local office, is managed by John Tape being strongly supported by Stephanie Stevens, Debbie Olney, Sue Pooley, and Pam Belverstone, have been trading locally for some 35 years.

We are here to provide some advice to the most sensible way of selling your home and the first thing I would suggest is always obtain two or three valuations. The Estate Agents will come to your home, not only to look at the value of the property itself but discuss the fee and the cost of moving. They will inform you of what services they have to offer, marketing and professionalism, which will mean you get a service that you are happy with. We at Webbers have local, regional and national advertising; have access to the Guild of Professional Estate Agents Park Lane Showroom in London and across seven national websites.





JAF (Jesus and Fun)

Jesus is the Name we Honour!

JAF meet every Sunday at Eden, Headon Cross, Jacobstow at
10.30am,

Come and join a modern Spirit led **family Church** that welcomes everyone from babies to OAPs. Disabled facilities (access and toilet). Baby-changing facilities. Refreshments are served at the close of every service.

Aug 7th - Creation Feast - Wadebridge - No service at Eden

Aug 14th - Celebration - Sue Griffin - Light Band

Aug 21st - Messy Church

Aug 28th - **Open air service on Warbstow Bury followed by picnic dinner** (weather permitting, if wet at Eden)

Sept 4th - Messy Celebration

Sept 11th - Bryan Ede sc

Sept 18th - Annual Trip (no service at Eden)

Sept 25th - JAF and 1st Eden Brigade Harvest Festival



For more details call 01566 781346

We had a wonderful time when the Callington Community Gospel Choir came to us earlier this year. It was enjoyed so much, both by JAF families and the Choir itself, that Steve (their leader) and some of the others offered to come back and lead a Sunday morning family service. We were really blessed when they came on 5th June and again, a great time was had by all and we look forward to their next visit.

On June 12th a very moving Pentecost Sunday service was led by Rev. Doreen Sparey-Delacassa with the assistance of 'The Light Band'. Mrs Caroline Pallett was brought into membership of The Methodist Church and everyone, including the children, shared sacraments.

The Light Band, our seniors, have now been meeting for twelve months and are developing into a really good worship group. We have two very capable drummers, two excellent soloists and a gifted pianist. All thanks are due to our guitarist and leader Sally.

'Little Lights' is a primary group, training to become a worship group under Sally's tuition, guidance and leadership. Plans are for an adult worship group as well in the autumn.

Watch for our new website

Volunteering at a Museum

A "Hobbies and Interests" article by Mike Quance

Having started this article I've already realised that it will be difficult to stop it becoming a "commercial" for the museum! However I don't think that matters too much, just as long as it provides some idea of what the museum is about and what is involved in being there as a Volunteer. *"Work in a museum - why would you want to do that? They're boring and stuffy aren't they?"* I've had those questions several times and my reply is always that some museums might be, but this one certainly isn't! The reason for this is that it's the **Cornwall at War Museum** located next to the cheese factory on the A39. If you've been to Davidstow Moor then you will know that "stuffy" is the one thing that it isn't!

The museum is on part of the old RAF Davidstow Moor airfield site and now has a total of thirteen different buildings. The exhibits cover not only the Royal Navy, British Army and RAF but also has multiple displays on civilian activities as well. With all of these displays it is not surprising that the average visitor usually spends 2-3 hrs looking around and quite often comes back for a second visit. It is also not surprising that with all these buildings there is a very large amount of work involved in both maintaining existing displays and creating new ones. The museum is privately owned by Steve and Sheila Perry (from Wadebridge) and has a number of volunteers who assist on a daily basis. Although most volunteers are ex-Service personnel there are also several who have had no connection at all with the Armed Forces - they come from all walks of life and simply enjoy being there. Some volunteers are there only once a week and others 3 or 4 times. I used to be at the museum for just two days a week but this has now increased to three days because of the amount of work involved, together with further work at home on the computer. Sometimes I am in the Guardroom (Reception Area) to welcome visitors, take their (small) entrance fee, explain about the museum and answer questions about the airfield. At other times though my involvement is much more practical and although my background is electronics (RAF, working on Radio and Cypher equipment) this doesn't matter at all! Most days I am either designing something, making a new display area, painting, restoring an exhibit - or sweeping the floor (well, someone has to do it and we all take turns!) The great thing is that every day is different and all of the volunteers get on very well together and help each other when needed. There is no salary of course, but there is always a never ending supply of tea, coffee, biscuits and cake to keep us volunteers happy!

Volunteering at a Museum (contd.)

How did I first get involved? Simple really as I went to the museum one day as a visitor and when Steve (the Owner) found out about my background asked if I could do some research on part of a Radar Scanner that they had there. I went away, found out some details and returned a week later with written information and a photograph. By then I realised that working there could be both interesting and also fun. Since retiring I've always tried to keep myself busy and use whatever expertise I have and also I enjoy working with other people. Being at the Cornwall at War Museum (CAWM) achieves this and gives me a great deal of personal satisfaction. Although we are closed to the public during the winter months it doesn't mean that our work is then at an end as there are even more things to do when the visitors are not around. Buildings have to be repainted, displays stripped down and rebuilt, space found for new exhibits and the damage caused by the Davidstow weather repaired! What is particularly nice is the enthusiastic reaction from the visitors (usually on holiday) who come from all over the UK and also from many other parts of the world. Cornish people also enjoy their visit very much although the most usual comment is *"We didn't know you were here, how long have you been open?"*. Well this is our 5th season and we are most definitely here - in fact the museum keeps growing year by year which means even more work for the volunteers. If you are interested in visiting the museum or working as a volunteer then come and see us. You can be sure of a very warm welcome with a huge amount of things to see and do. There's even a do-it-yourself NAAFI where you can have tea, coffee or a cold drink - depending on what the Davidstow weather is doing that day!

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August - events in the local area

 = Recycling

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Bude Surf life saving club demonstration Crooklets beach 6.30 every Tues this month	3 Poundstock Guildhouse open 10.00-4.00	4 Poughill Revel 2pm WI Jacobstow 7.30pm	5	6 Tintagel Carnival
7 Bude-Stratton Heritage Day Coast Church 11.00am	8	9	10 Poundstock Guildhouse talk by Terry Faull on L'ceston Priory 7.30 	11	12	13
14 Coast Church 11.00am	15	16	17 WI Cream tea's 2.30 - 4.30	18	19 Cornwall wildlife trust, The Triangle Bude 9.00-1.30	20 Bude Carnival
21 Coast Church 11.00am	22	23	24 	25	26	27 Bude Jazz festival Week
28 Coast Church 11.00am	29 Bank Holiday Bude lifeboat day	30	31			

NOTE. Activities are in Parish Hall unless stated otherwise. Guides 5 - 8pm** means Rainbows/Brownies 5 - 6pm, Guides 6.30 - 8 pm

September - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Bude Community Cinema night 7.30 film TBA	3 BBQ at Tobarn 7.00
4 Coast Church 11.00am	5	6	7  Coffee Morning 10.30 to noon Guides 5 -8pm	8	9	10
11 Coast Church 11.00am	12	13	14 Guides 5 - 8pm	15	16	17 Shoreline Quadrathon Bude
18 Coast Church 11.00am	19	20 Parish Council Meeting 8pm	21  Coffee morning 10.30 - noon Guides 5 -8pm	22	23 Autumnal Equinox	24
25 Coast Church 11.00am	26	27 APCM 7.30	28 Guides 5 - 8pm	29	30 Journal Quiz Night 7.00	

NOTE. Events in Parish Hall unless stated.

Guides 5 - 8pm** means Rainbows & Brownies 5 - 6pm, Guides 6.30 - 8 pm

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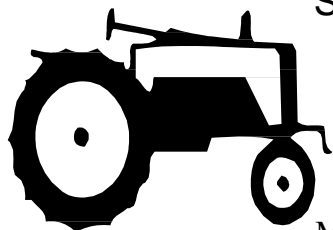
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WE WAS BRUNG UP PROPER ! - Life for a child in the 50's, 60's and 70's

"And we never had a whole Mars bar until 1993"!!!

We had no childproof lids on medicine bottles, doors or cabinets and when we rode our bikes, we had no helmets or shoes,

We drank water from the garden hose and NOT from a bottle.

Take away food was limited to fish and chips, no pizza shops, McDonalds , KFC, Subway or Nandos...

Even though all the shops closed at 6.00pm and didn't open on a Sunday, somehow we didn't starve to death!

We shared one soft drink with four friends, from one bottle and NO ONE actually died from this.

We could collect old drink bottles and cash them in at the corner store and buy Toffees, Gobstoppers, Bubble Gum and some bangers to blow up frogs.

We ate cupcakes, white bread and real butter and drank soft drinks with sugar in it, but we weren't overweight because.....

WE WERE ALWAYS OUTSIDE PLAYING!!

We would leave home in the morning and play all day, as long as we were back when the streetlights came on. No one was able to reach us all day. And we were O.K.

We would spend hours building our go-carts out of old prams and then ride down the hill, only to find out we forgot the brakes. We built tree houses and dens and played in river beds with matchbox cars.

We fell out of trees, got cut, broke bones and teeth and there were no lawsuits from these accidents.

We ate worms and mud pies made from dirt, and the worms did not live in us forever.

You could only buy Easter Eggs and Hot Cross Buns at Easter time...

We rode bikes or walked to a friend's house and knocked on the door or rang the bell, or just yelled for them!

Our teachers used to hit us with canes and gym shoes and throw the blackboard rubber at us if they thought we weren't concentrating .

The idea of a parent bailing us out if we broke the law was unheard of. They actually sided with the law!

We had freedom, failure, success and responsibility, and we learned **HOW TO DEAL WITH IT ALL !**

DID YOU KNOW - that you can get various recycling and refuse bags from the Library in Bude?

The Garden Spot by Bob Rudd

Now is the time you should be enjoying your rewards for all your work in the year. Tomatoes, lettuce, spring onions, radish and all your salad crops are ready now. Second early potatoes are also ready with main crop coming in September. Early apples could be ready now, just lift the fruit and give it a slight twist, if it comes off easily they are ready.

Somebody recently asked me about melons in a conservatory, setting no fruit after lots of flowers. You must pollinate them with a fine paint brush and only allow about 3 or 4 fruits per plant. When the melons start to grow big they need support under them like hammocks holding them up, the plastic netting from oranges in the supermarket is good for this.

September is the ideal month to take cuttings of Fuchsias, Geraniums and other tender perennials, try to keep them warmish over winter once rooted.

Now is the time to seed or turf a new lawn, but make sure that you give it lots of water to help it establish well. The shading on the greenhouse can be removed, try to clear the greenhouse to be ready for cleaning the inside later. Plant evergreen shrubs while the ground is still warm and moist.

Spring cabbage should be sown now and will be ready in February to May. I am trying a new one called "Sennan" from D T Browns, it makes a ball cabbage before the summer type cabbage. Japanese onions should be sown now, they do not mind the winter and are ready from June onwards. Now is the time to lift the blade on your mower to leave the grass longer and more able to survive the winter. Don't forget that I am happy to try and help you with any gardening problems you may have, just come and see me or drop me a line at Almar, Jacobstow



JACOBSTOW ART and CRAFT GROUP

Meetings are normally held every two weeks at:

The Jacobstow Parish Hall

Please note the group is closed for the summer season

Re-opening in the Autumn

Please see future editions of the Journal for
starting dates

For more information contact:

Jeanne 01840-230113 or Judy 01840-230900



The Coast Family Church Non Denominational

We meet on Sunday mornings

Come and join us in the
JACOBSTOW PARISH HALL
at 11.00am

ALL ARE WELCOME

PUZZLE PAGE

Welcome to your “tea break” puzzle page, a winning entry for the last edition, from Sharon Patient was pulled from the hat, she wins a £20 voucher for Wainhouse stores. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Editor, Almar Jacobstow EX23 0BN. In the event of a tie the winner will be drawn from a hat by the Editorial Team. The editor’s decision is final. Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

A	F	E	S	T	I	V	A	L	L	N
V	H	A	L	W	I	L	L	O	O	E
L	D	A	I	R	Y	A	Z	N	O	W
I	S	T	K	E	W	S	E	E	P	Q
S	H	O	R	N	T	B	U	D	E	U
N	M	A	R	K	E	T	X	C	E	A
E	H	O	L	S	W	O	R	T	H	Y
P	C	A	T	T	L	E	E	A	S	Y

WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

BUDE	CATTLE
COLLIE	CORNWALL
DAIRY	DUCHY
FESTIVAL	HALWILL
HOLSWORTHY	LONE
LOOE	LOOP
MARKET	NEWQUAY
NONE	PENSILVA
SHEEP	SHORN
WALL	WET

General knowledge quiz

1. What is the name of the BBC teletext system ?
2. Which word can go before meat, dog and roll ?
3. Who is the oldest of the seven dwarfs?
4. What is the name of Mickey Mouse’s pet dog ?
5. What colour do you add to blue to make it green?
6. What colour are Harrods shopping bags?
7. At the start of a game of chess, who moves first ?
8. What is a nautical mile per hour called ?
9. What creatures body does a Sphinx have ?
- 10 How many milligrams in one gram ?
- 11 Which side of the ship is starboard ?
- 12 What colour were ET’s eyes ?



Last edition answers
 Word search missing word
 Beach
 Quiz: collective nouns for living creatures e.g string of ponies
 Fourth child was called Mary
 30 second maths test = 63

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Jacobstow and Canworthy Water W.I. News

Canworthy Water W.I members went to Boscastle for lunch followed by a walk around the harbour for their June Meeting and are holding a social afternoon for their July meeting in the 27th. In future all of their meetings will be held in the Bethel Chapel Sunday School on the third Wednesday of the month. The August meeting will be a talk on "hearing dogs for the deaf" and September, being their birthday month, an outing to Atlantic Village in Bideford has been arranged. Sorry that there is no report from Jacobstow WI look out in our next edition

Missing Dog

I am sure you will remember a previous article about dogs going missing, unfortunately, the problem seems to have arisen again. Paul and Celia Sousek lost their 13 year old black and white collie cross, who is partially blind, on Thursday 14th July. If you have any information please ring Celia on 01840 230548.

JACOBSTOW BOOK CLUB

Well, Jacobstow book club! What a jolly set of people who have yet to agree on the definition of 'a good read' and some of us yet to completely read the suggested book! You can tell this is not a club for the intense.

Review : Dean Koontz 'The Good Guy'

Tim Carrier likes to enjoy a beer after work without drawing attention to himself but on meeting a stranger who mistakes his identity and slides him a manila envelope across the bar accompanied by the words "Half of it's there. Ten thousand. The rest when she's gone" you know you have been parachuted into a corrupt gang land world. A world where a well worn normality carefully orchestrated by Tim is going to be turned upside down. Luckily for Tim's apple pie making Mum he will meet the woman he wishes to spend the rest of his life with, Linda. Believe you me you are not talking about the average woman when talking about authoress Linda. She is fascinating in an interesting way, you are left in no doubt that Linda is no blonde Sindy.

So the plot unfurls and in parts rips along as if in a sailing race. All is handled, with adequate background being given on the main characters' past lives which allows you to realise that the government conspiracy in which they are unwittingly involved can, with a bit of luck, be handled. All has a happy end that you have no desire to alter.

The author has, I feel, thoroughly researched the psychological sexual state of the career killer and despite the dialogue and banter between the hero and heroine, which in places was overdone, I thoroughly enjoyed the style. The similes on every page were a sharp reminder of being taught good grammatical use of English from that wonderful manual of 'First Aid to English'. My conclusion is that I will read more of Dean K's books especially as they can be acquired from the library, Bude second hand book shop or Amazon at an average price of £2.50

Book club meets every third Friday of the month (7.30pm)
at the Round House, Little Broad Langdon.

Tel: 01566 781449 email: yvonne@littlebroadlangdon.net

(We read 1-2 books a month, chosen by the members)

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SUMMER DRIVING TIPS

Engine oil—use correct engine oil and check engine oil level once a week. This is one of the most important things you can do to keep your engine running smoothly and if allowed to get too low your engine will wear more quickly.



Check radiator levels

Check tyre pressures and condition—Once a month, including the spare tyre! Check pressures on cold tyres to get a most accurate reading. If tyre pressures are low it will cause increased fuel consumption, shorter tyre life and reduced stability in braking and cornering. If too high it may cause less grip, reduced comfort and reduced stability.

Check the tread of your tyres, the legal minimum limit is 1.6mm across the central three quarters of the tread width and around its entire circumference. Tyres have tread wear indicators moulded into the main grooves. When the tread surface is worn level to these indicators the tyres are at the legal limit and should be replaced. Any doubts, get them checked professionally.

Check wiper blades—for splits or damage to keep the windscreen clean, and keep a bottle of screen wash in your vehicle.

Thunderstorms and heavy downpours can start suddenly, reduce visibility and leave the road slippery. Braking distances double in wet weather so keep your distance.

Don't fill your tank up to the brim with fuel, heat expansion can cause a fuel leak.

Keep all lights clean. Make sure that they all work properly. Change bulbs as necessary.



Get your battery checked—A battery can go flat if your vehicle's alternator is not working. An alternator uses power from the engine to keep your battery charged. The battery may be under excessive strain if your vehicle is used for frequent short journeys and the battery does not have time to recharge.



Consider breakdown cover especially when making journeys in rural locations. Keep a fully charged mobile phone with you in case of an emergency. Keep an up to date map in your vehicle. Don't rely on Sat Nav.

Thank you to W.Sanders & Sons Ltd - Please see advert on Page 6

1st EDEN BRIGADE NEWS

1st Eden Brigade meets every Thursday at Eden, Headon Cross, Jacobstow, from 6.15pm to 7.45pm, and is for boys and girls aged from 5 – 18 years. Come and join us for a great time of fun and learning. For more details call 01566 781346.

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USE IT TO KEEP IT!!!

In line with today's technological advances and financial situation British Telecom has been cutting back on the number of red public telephone boxes still in use.



2009 saw the parish council

being asked if they would like to adopt our Parish Hall telephone box, for our own use and maintain it, just as a red box. The council decided to request that this part of 'old England' be kept as a 'non coin operated' working box (We are all aware that most mobile phone networks do not work in the Parish Hall/school area.

The Parish Hall Committee are pushing hard for groups etc to increase the usage of the hall, so it is necessary to have a convenient land line available for emergencies and urgent communication. In January this year we requested 'could our box be given a spruce up?' June saw it freshly painted (thank you BT :-)) NB it was reported to us recently that 20`10 saw our gold old English landmark only being used 3 times!!

Jacobstow Food Market Closes

Paul & Celia's intention in starting the market was to offer an alternative source of food direct from local producers to the residents of Jacobstow and neighbouring parishes and thus to create a measure of food resilience, which we thought would be useful in the near future when energy, travel and food will become that much more expensive.

However, since the level of interest has not matched expectations of the stallholders, the organisers and the stallholders have jointly decided not to continue the Local Food Markets for now.

We thank all the local producers for their patience and forbearance and for offering all that meat, vegetables, jams, chutney, plants, woodcraft, bread, eggs, sausages, salamis, honey, milk, cream, butter and even spring water. We would also wish to thank all the customers who have taken the time to attend the market and also Judy Dawkins, who helped with refreshments and Bob Reason for his help.

If there is a clear wish from a large section of the community to restart the Local Food Market, we shall be ready to do so. In the meantime you can find details of all the producers at www.TransitionNC.org (Local Food Producers). To see the whole of this foreshortened article google 'Jacobstow market closes' or just 'Jacobstow events'. Paul & Celia Sousek, Cottage Farm

Solar Energy - making our footprint smaller on this planet by lowering our carbon emissions.

This is something I am interested in doing for my children, grandchildren and their children in the future. Hence I have been looking into the recent publicity of purchasing a Solar PV system to be able to have cheaper electricity over the next 25 years (from the date of installation of such a system).

I recently visited a household in the village who have had a Solar PV system installed including an inhouse inverter (which returns any electricity not being used to the grid) to try to understand it more.

How it appears to work :-

A government scheme appears to exist called FiT which pays the individual for all units produced.

1. Generation Tariff - a set rate is paid by the energy supplier for each unit (KWH) of electricity generated, once the scheme is entered for 25 years at a preset tariff (at present this is set at 43.3p per KWH until next April)

2. Export Tariff - a further 3p per KWH from the energy supplier for each unit exported back to the National Grid.

3. Energy bill savings - on all electricity usually used, as your generated electricity will power appliances not having to buy as much from the supplier Both FiT + Export income is non taxable and index linked.

My visit has encouraged me into looking further into the costing's of a PV system and installation and the number of panels that would be best for my property.

By Anne Adey

Some further information that you may find useful can be found on www.direct.gov.uk www.energysavingtrust.org.uk

As you will discover when you start searching this subject on the internet, there are a lot of companies after your business, as usual it is a case of "buyer beware", please seek official advice.



OLD ENGLISH SAYINGS AND THEIR MEANINGS

SLEEP TIGHT The bed frames were strung with ropes on which straw mattresses were placed. After some time the ropes would loosen and one of the young men would pull them tight.

GIVING SOMEONE THE COLD SHOULDER When guests would over stay their welcome as house guests, the hosts would (instead of feeding them good, warm meals) give their too-long staying guests the worst part of the animal, not warmed, but the cold shoulder..

THRESHOLD The raised door entrance held back the straw (called thresh) on the floor.

A Life with Cats - An Interview with Frankie Franklyn.

By Jeanne Gimblett

Frankie and Dave's cottage was alive with the bright colour of summer flowers. The garden is not just a haven for the birds but harbours a safe area for her own two cats, Alfie a Brown Burmese and Zebedee a Siamese Seal Point, plus any feline visitors that Frankie is currently sheltering.

Frankie and Dave brought their cottage thirty years ago and have lived in Jacobstow since 1989. Having read her article on Cat's Protection I was really interested to find out more about Frankies' relationship with cats.



I was saddened to hear that some of their own cats had become victims of the road. Freddy Short- Stop, so named by a Canadian hockey-playing vet, was a mischievous Burmese, he had moved with them and lived at the cottage for just two years before he was knocked down. Black and white Jasmine, Frankies' first rescued kitten, and Toby a Siamese were also traffic victims; so I could understand Frankies' desire to provide a safe area for her cats. Maybe

this is a reminder for all of us to drive through our lanes with care.

Frankie told me that Fred had been one of their most enterprising kittens and had provided an impromptu cabaret at a party she'd held. Inviting her guests to step through to the dining room the kitten had rushed to the table landing in the beautifully prepared trifle! Luckily it was a party of cat owners who were quite happy to tuck into the trifle despite Fred's escapade.

One of her earliest memories was asking her mother if they could walk to the end of the road so that she could see the doctor's cat sitting on the garden wall. She was fascinated by the smooth grey animal who responded to pats by rubbing his head against her hand. Frankie told me that she has a much loved book written about a Siamese cat:- *Charles: The Story of a Friendship*, Publisher: *Michael Joseph*, a present from her aunt. This book was written in the 1930's when Siamese cats were still very new to this country.

Frankie gradually became more interested in Siamese and Burmese cats. In 1976 she began to breed from her own Siamese and Burmese cats. Her first Queen (breeding females are known as Queens) was called Becky; she had a litter of seven kittens.

(contd on Page 30)

A Life with Cats - An Interview with Frankie Franklyn (contd.)

Frankie had joined Cat Protection in 1975 and eventually she had her breeding cats spayed, so that they could have no more litters. Her work with a veterinary practice reinforced Frankie's realisation that there were more cats than there were people willing to care for them. She told me that although she enjoyed the world of cat breeding and was careful to find good homes for the offspring there was never any way to be completely certain that the animals, or their offspring, would continue to have a reasonable life without neglect. Despite this her two Queens, Becky and Tiggy, had produced good litters which included:- Letty, Singi-songi, Hannah and Fred, all of whom lived with Frankie and Dave over the years. Frankie remembers, with some clarity, the move from Surrey to Cornwall with seven cats travelling in the car. A non-stop cacophony of miaowing and groaning. They were relieved that they had no reason to be stopped by the police!

Frankie continues to work for Launceston Cat Protection and was this afternoon going to Bude to try to rescue a stray with seven kittens who had taken up residence in a garden shed! She looks after some rescued cats at her home but many cats and kittens go to the rescue centre at Hexworthy Barton, Lawhitton, the home of Mary Chudley. This is a wonderful place set in a garden overlooking the Tamar Valley. Frankie told me that the centre and garden will be open for visitors on September the 10th 2pm to 4pm, and is well worth a visit.

I asked Frankie if she could have one wish what would it be? Her reply:- "For all animals to be treated with kindness and respect." We both agreed that the balance of the planet rested on all living creatures and those who are dependent on us, such as small children and animals, need to be cared for and not neglected or abused. Frankie added that she did not like snakes but she respected their place in the world's scheme of things.

It was fascinating talking to Frankie and if you would like to read more, particularly about Siamese cats, she recommended Doreen Tovey's books:- *Life with Siamese Cats*, and her best known book *Cats in The Belfry*. (The books referred to by Frankie are all available through the internet)

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COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

COFFEE CLUB

The coffee club is having a break for the summer from 27th July meeting up again on 7th September



We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith on 01840 230565 to discuss a suitable fee

Journal quiz night - Friday 30th September 7.00pm Jacobstow Village Hall, get a team up and come and support us!

Breaking news—THE REBEL CINEMA



The Rebel Cinema is proposing to reopen its doors on August 4th with the latest Harry Potter film "Deathly Hollows Part 2". All the internal works have been completed, included new seating, and the outside repainted and waiting for the final paperwork approval from the Council

Don't forget - if you want to see what your Parish Council is doing then you are more than welcome to attend the regular monthly meeting which is normally the 3rd Tuesday of the month.

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Cookery Corner - By Marion Reason

4 ways to deal with a glut of Courgette's

1 egg beaten	3-4 courgette's depending on size
5-6oz Gruyere cheese diced small	3 tablespoon grated parmesan cheese
7 fl oz creme fraiche	salt and pepper

Method

Wash and course grate the courgette's on to a clean tea towel, do not peel before grating, pick up the sides of the tea towel, twist and squeeze to get rid of the excess water. Put squeezed courgette's into a bowl, add the diced Gruyere, egg, 2 tablespoons of parmesan, creme fraiche, salt and pepper and mix well.

Recipe 1

Use the above mixture in a puff pastry case, brush with egg, sprinkle over the rest of the parmesan and bake in a hot oven for about 20 - 25 minutes

Recipe 2

Make pancakes, fill with the mixture, place in a dish, cover with a small amount of cheese sauce, sprinkle parmesan, cheddar or mozzarella over the top then bake in a hot oven for 20-25 minutes

Recipe 3

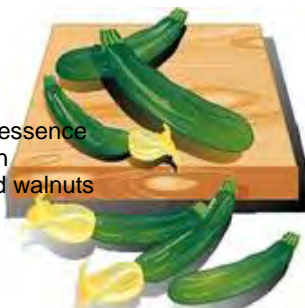
Put some sliced courgette in the bottom of a buttered oven proof dish, season with salt and pepper then a layer of sliced tomatoes, followed by a layer of courgette mixture another layer of courgette's, tomatoes and mixture. Finish with a layer of tomatoes, sprinkle with cheese and bake until vegetables are cooked, approx 20 minutes

Courgette Loaf

2 eggs	4 fl oz sunflower oil
8 oz caster sugar	1 / 4 teaspoon vanilla essence
12 oz self raising flour	1 tsp ground cinnamon
1 / 2 tsp salt	2 oz coarsely chopped walnuts
8 oz courgette's	

Method

Coarsely grate the courgette's, put them into a sieve and leave for about half an hour then lightly press to get rid of any excess water. Beat the eggs until frothy, add the sunflower oil, sugar, vanilla essence and courgette's and mix. Sift in the flour, cinnamon and salt and mix again. Stir in the walnuts, put into a greased loaf tin and bake for about 50 - 60 minutes 180c 350f gas mark 4



THE WILSEY DOWN
presents
MUSIC IN THE MARKET 2011
CHARITY EVENT

AT **HALLWORTHY MARKET** **AUGUST BANK HOLIDAY**
SATURDAY 27th
AUGUST 2011

BAR & FOOD **LIVE MUSIC**

Doors Open
7pm til 1am (ish)

**Tribute Acts: Dolly Parton & Kenny Rogers plus
Whiskey Thieves & Michelle**
**In aid of Cornwall Air Ambulance
& HeartSWell South West**

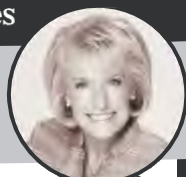
Advance Ticket Price: £10 - On Door Price: £15 (if available)
TICKETS NOW ON SALE - Tel: 01840 261205
Also Tickets available from The Wilsey Down,
Wainhouse Post Office
and Camelot Garage, Camelford
(Under 16's must be accompanied by an adult)

IN MEMORY OF ELSIE



Rosemary Conley Diet and Fitness classes

Weigh in, work out, weigh less!



BODMIN

St Teath Church Hall,
St Teath, Bodmin, PL30 3JT
Tuesday 09:30 - 11:00 am

BUDE

Marhamchurch Primary
School,
Marhamchurch, Bude, EX23 0HY
Thursday 5:30 - 7:00 pm

BUDE

Bude Central Methodist Church
Hall,
Leven Road, Bude, EX23 8LA

Call Sarah on 01566 880331

email: sarah.martin@rosemaryconley.com

Ref: jacobstow1

Class Fee £5.80. * When you pre-pay £22 for 4 classes - new members only. Bring advert to claim offer.

SUMMER BUS TIMETABLES from 22nd May

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F		MTh	W	F
Warbstow Cross	0935	0935	0935	Holsworthy	--	1300	--
Canworthy Water	0940	0940	0940	Launceston Tesco	1250	--	--
Week St Mary	1000	1000	1000	Launceston Westgate	1300	--	--
Whitstone	--	1008	1008	Boyton	1315	--	--
Titson	--	--	1015	North Tamerton	1325	1315	--
Marhamchurch	--	--	1020	Bude Strand-----			1300
Bude Strand	--	--	1030	Marhamchurch	--	--	1310
North Tamerton	1015	1015	--	Titson-----			1315
Boyton	1025	--	--	Whitstone	--	1322	1322
Launceston Westgate	1040	--	--	Week St Mary	1340	1330	1330
Launceston Tesco	1050	--	--	Canworthy Water	1400	1350	1350
Holsworthy	--	1030	--	Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910	Launceston Westgate	1245
Wainhouse Corner	0925	Launceston Tesco	1255
Jacobstow	0930	Launceston Westgate dep	1305
Week St Mary	0945	Canworthy Water	1330
Canworthy Water	1005	Warbstow Cross	1335
Warbstow Cross	1010	Canworthy Water	1340
Canworthy Water	1015	Week St Mary	1400
Launceston Westgate	1040	Jacobstow	1415
Launceston Tesco	1050	Wainhouse Corner	1420
		Higher Crackington	1435

595 Boscastle – Bude

(a = Schooldays only)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

Sunday

Boscastle	0755	0955	1155	1355	1555	1755	0855	1055	1355	1655
Crackington Haven	0807	--	1207	1407	1607	1807	0907	1107	1407	1707
Wainhouse Corner	0815	1010	1215	1415	1615	1815	0915	1115	1415	1715
Jacobstow School	--	1013	--	--	--	--	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818	0918	1118	1418	1718
Widemouth Bay	0821	1021	1221	1421	1621	1821	0921	1121	1421	1721
Budehaven School	0828a	--	--	--	--	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830	0930	1130	1430	1730

Bude – Boscastle

(Partial listing of stops only)

Bude Strand	0720	0920	1120	1320	1520	1720	0930	1230	1430	1730
Budehaven School	--	--	--	--	1523a	--	--	--	--	--
Widemouth Bay	0728	0928	1128	1328	1528	1728	0937	1237	1437	1737
Treskinnick Cross	0732	0932	1132	1332	1532	1732	0940	1240	1440	1740
Jacobstow School	--	--	--	1337	--	--	--	--	--	--
Wainhouse Corner	0737	0937	1137	1337	1537	1737	0942	1242	1442	1742
Crackington Haven	--	0945	1145	--	1545	1745	0950	1250	1450	1750
Boscastle	0747	0957	1157	1357	1557	1757	1002	1302	1502	1802

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Brigade Mr & Mrs G Jose	01566 781346
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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