

# *Jacobstow Journal*

*Providing news and information for the Parish of Jacobstow*

Delivered free to every household in the Parish

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Issue No. NUMBER 18

August/September 2013

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## Stay Beach Safe



## Know Your Flags!

## Editorial – Sarah Smith

If you use the A395 up and over the moor to Launceston you could not have failed to see the new wind turbine at Pipers Pool, crickey its a big un isn't it? I think the subject of renewable energy is very topical at the moment for various reasons. You can usually find 5 different opinions in a room full of 3 people, I for one (and a lot of other people too, I bet) can see both sides of the argument. We cannot rely on fossil fuels as we knew all the time this was not an endless supply. What do we think about Nuclear power?, I think views have changed on that one too since the tsunami in Japan.

However, are huge wind turbines the way to go? Small private turbines make sense, the installation is carried out by a local firm and the power is used on site. What about the big Pipers Pool one and others like it? I have heard that these turbines have been installed in the past by crews from as far afield as Spain, and does the energy generated stay in this county? Probably not! Some people say that the turbines are ruining the countryside and our tourism industry, but again, if the particular tourist looking at the turbine agrees with them, they probably think its a thing of beauty. What about solar panels? Ask someone from Week St Mary about that one. Wave power? Maybe this should be researched more, we have enough water around us, and what about turbines out at sea? Does it get them out of the way, or spoil the view at Widemouth?

Lots of points to ponder, good and bad, but I am sure most of you have made your minds up about which side of the turbine you sit, why not write to our letters page.

### Editorial Team

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### Enquiries, Articles and Letters

*email to:* jacobstowjournal@gmail.com

*or in writing to the Editor:*

All contributions received will be included at the Editorial Team's discretion.

Sarah Smith  
Almar, Jacobstow  
EX23 0BN

The deadline for adverts, letters or articles for the October/November edition will be 20/09/13. Please note this does not guarantee that the item will be published due to possible limitations on space.

### Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

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## Jacobstow Parish Council

<u>Chairman:</u>	Mr. Norman Osborne	01840-230592
<u>Parish Clerk:</u>	Mrs D. Turner	01566-781269

<u>Members:</u>	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
	Mrs Ilona Franklyn	Mr Ray Fox	Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

*Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.*

## **Jacobstow Parish Council**

### ***Summary of Minutes of Meeting held on 18<sup>th</sup> June, 2013***

*Mr Norman Osborne chaired the monthly meeting of the Parish Council. Those attending were four Councillors, Cllr Nicky Chopak, Andrew O'Brien from Cornwall Council, two people from Trand & six members of the public. Apologies received from two Councillors.*

**Andrew O'Brien, Cornwall Council & Trand** - Andrew O'Brien talked on Affordable Homes and said as a result of the recent forms sent to every household in the Parish there are 14 people who qualify for a home. Trand, the developers, are in contact with three Housing Associations. Trand are getting more drawings done and Pre Planning Application, we will hear more in July. Application with Council July/August or maybe September.

**Planning – Western Power** – To upgrade 480m of existing overhead line to 3Phase and install an additional pole to support a larger transformer. The works are necessary to support the connection of renewable generation equipment at Cottage Farm (PA/03877)

**SLCC/Membership** – Annual membership due amounting to £48.00 Propose we pay Mr Peter Chapman, Sec. Mr R Reason.

***Planning Application – Mrs Susan Anderton – Removal of condition 3 attached to decision notice 2007/00056 to remove the holiday occupancy restriction at Little Otter, Broad Langdon, Jacobstow, Councillors support this.***

## **Church Lottery Results**

June Winners

1st Mrs M Parnell

2nd Mr D Braunton

3rd Mr & Mrs Thrussell

Unfortunately, the July draw was made on 28th and we had already gone to print, details of the winners in the next edition

## JACOBSTOW PARISH COUNCIL

### *Summary of meeting held on 16<sup>th</sup> July, 2013*

*Mr Norman Osborne chaired the monthly meeting of the Parish Council with a full attendance of Councillors and two members of the Public. Apologies received from Cllr Nicky Chopak.*

*The meeting began with a minutes silence in memory of Mr Jim Cory and Mrs June Rose. Both had been Councillors until a few months ago.*

**Bude Community Network** – Bude Community Network asking if we have any priorities to discuss at their next meeting. Reply to them regarding the issue of Broadband in our rural community.

**Swim Safe – Bude 2013** – ASA & RNLI are offering free swimming lessons for children at Bude Sea Pool this summer. Swim Safe will run everyday (except Saturday) from 29<sup>th</sup> July -30<sup>th</sup> August.

**Bude Coastal Assets Project** – Main Public Consultation event 27<sup>th</sup> July, 2013 at The Parkhouse Centre.

**Grant Thornton – Audit** - The Audit has been successfully completed and the fee for this is £120 (Inc VAT). Propose we pay Mr P Chapman Sec. Mr Ray Fox.



### *Swim Safe - take part, have fun, stay safe*

Most swimming lessons take place in an indoor pool so this summer why not give your children the chance to improve their skills at the Bude Sea Pool. Every day (except Saturdays) children have the chance to have fun in a structured swimming lesson

in Bude Sea Pool as well as learn all about how to stay safe at the beach. With the majority of children who learn to swim doing so in the safe and familiar environment of an indoor pool, Swim Safe will provide children with a practical understanding of swimming in a different aquatic environment. Each 40 minute session will be completely free and include in-water tuition in a tidal sea pool with accredited ASA teachers, as well as advice from RNLI lifeguards on how to stay safe at the beach.

Swim Safe will run six days a week from 29th July until 30th August at Bude Sea Pool and will be open to both visitors and local children. Book now using the hotline telephone number 07760 991029 or come along to Bude Sea Pool from 29 July, full details of sessions on the website [www.swimming.org](http://www.swimming.org).

Children must be aged between 7-14 years old and able to swim at least 25 metres unaided to take part. Parents or carers must be present during the session.

## **CHURCH AND CHAPEL NEWS**

### **EDEN CHAPEL**

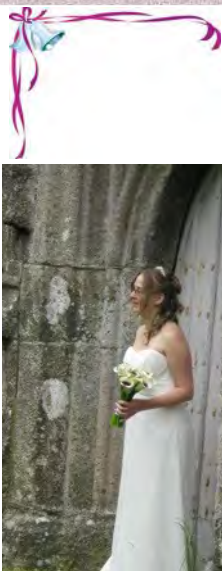
**All Sunday services start at 10.30a.m.**

- 4th Aug**      **Creationfest at Wadebridge Showground. This is a free Christian Festival with lots of events, services and children's work Well worth a visit.**
- 11th Aug**     **Messy United at Canworthy Water 11a.m.**
- 18th Aug**     **Jean Heywood**
- 1st Sept**      **Joint Communion with St. James Church, Jacobstow at Eden followed by lunch.**
- 8th Sept**     **Children's production of Noahs Ark followed by refreshments**
- 15th Sept**    **Andrew Nicholson, Cornwall Youth Enabler. This is also worth a visit as he is very good at getting the youth involved in the Church.**

**There will be no more Lighthouse kids until September.**

**Pritt stick and pray 1.30p.m onwards  
on the 1st and 3rd Tuesday of each month.**

**Zumba, Fridays at 2p.m.**



**The wedding of Matthew and  
Laura on Saturday, 29th June 2013  
at Jacobstow. Two bridesmaids, a  
flowergirl and a pageboy. Reception  
at Hartlands Hotel.**





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## **Times of Church Services**

### **Jacobstow Church**



1st Sunday in the month	Evensong
2nd Sunday	Morning Prayer
3rd Sunday	no service
4th Sunday	Holy Communion

Due to the situation with the Clergy these arrangements may change - please check notice board

### **Dimma Chapel**

For full details of services

Please contact Audrey Wicket

On 01840 230268



### **Eden Chapel -**



For full details of church times and activities please see Church and Chapel News

All services 10.30  
unless otherwise  
stated.

### **Canworthy Water Chapel**

**All Sunday Services 11a.m**

**Rev. Doreen 01566 781854**



Coast Church Family Church      Sunday Services 11am  
Jacobstow village hall. Come and Join us, all are welcome.  
Non denominational



## Jacobstow Primary School & Preschool

CARES about preparing our children for their place in the world of the future  
and is part of the

Bude Communities' Schools' Trust

### **Our Trip to Roseland Activity Centre By Xavier Booth**



Our class really thinks that the trip to Roseland was great. We all loved it. There is a big range of activities that you are able to do from Sailing, Canoeing and Kayaking to Archery and map reading. All of them are great. The best bit is that you also get to go on the climbing wall that they have. On the climbing wall there are four different difficulties ranging from easy to really hard. Also you can try just one colour of

handles to make it a lot harder. It's colossal.

The place that you stay in has five dormitories. Two staff dormitories, a main deck dormitory and port and starboard dormitories. Also there is a kitchen, dining room and a lounge. There is plenty of space in the dormitories to keep all of your belongings and bags.

We all think you should go because it is absolutely amazing.

### **A Report –St Just In Lane By Ethan Webster**

Jacobstow Primary School green base went to Roseland Education centre in St Just Lane. They went for an educating fun time for 3 days.

On their first day (Monday) they got to Roseland settled in and met the team: Alex, Jez and Nicky and then went to do some rock-pooling. They did a competition on who could find the biggest fish, biggest shell and a starfish. They found two types: the cushion starfish and the lined starfish.

On their second day (Tuesday), they got up and changed and then got ready for canoeing and sailing. Unfortunately, the wind was too heavy and the water was rough. After that, they went back to the centre and got split up in two groups; one group went on the climbing wall the other went orienteering down the woods. On their



third and last day (Wednesday) they went ready for canoeing and kayaking as sailing was cancelled. The canoeing people got waterproof trousers and life jackets. Kayakers got wet suits and life jackets also. They played lots of games and when they finished they went back, got in dry clothes and got ready to leave. Unfortunately lots of people were sick 🌟.

## JIM CORY



It was with great sadness that Parishioners of Jacobstow and St Gennys heard of the death of Jim Cory who died on Monday 15th July at Derriford Hospital.

Jim was born at Trelay in 1934 and was educated at Jacobstow school before passing the 11+ exam and going on to Launceston College.

On leaving school Jim joined his father Ned farming Trelay. In 1959 he married Janet and had two daughters, Ann and Mary. He had a particular interest in Devon and Cornwall long wool sheep and still had a small flock at Wainhouse Corner.

In 1979 Jim and Janet moved to Beckavens which they farmed for twenty years before moving to Tregunna Close.

Jim devoted much of his spare time serving as a parish Councillor first at St Gennys and then Jacobstow being Chairman of both in turn. He was also Governor of Jacobstow School and Bude Haven.

Jim also found time to be an active member of St Gennys Band for fifty years playing the cornet and sometimes bass. When marching in carnivals he banged the big drum!

He was a keen follower of rugby at Polson Bridge and spent many Saturdays supporting the home team.

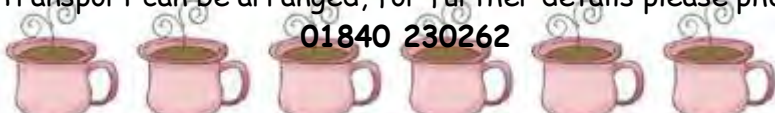
Jim will be sorely missed by his many friends and neighbours and our sympathies are with Janet and daughters.

## Did you know Jacobstow has a Coffee Club ?

Once every two weeks on the Thursday of recycling week. The next date is 19th September 10.30 - 12.00pm in Jacobstow Parish Hall. You will be given a very warm welcome. If you have any books or puzzles to swap, please bring them along.

Transport can be arranged, for further details please phone

**01840 230262**





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[www.TransitionNC.org](http://www.TransitionNC.org), local food  
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# *IT'S A BOY!!*



The baby, Third in Line to the Throne was Born in the Lindo Wing of St Mary's Hospital at 4.24pm on the 22nd July 2013 weighing in at 8lbs 6oz



The Duke and Duchess of Cambridge present their new baby son, George Alexander Louis to the World for the first time



Baby  
Cambridge's first  
wave!!!!

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## **BOB'S GARDENING SPOT**



August is the right month to sow spring cabbage plus main crop carrot, winter radish and turnips. You should be harvesting your runner beans, onions, shallots and garlic. The onions and garlic should be laid out in the sun to be totally dry to store for winter use. Tie in tomatoes, cucumber and peppers, also pinch out the side shoots between main leaves and stem on your tomato plants.

On the flower front you should be gathering sweet peas every day to keep the plants flowering later in the year. Your Dahlias will be flowering soon, so keep them well watered and fed. Now is the ideal time to take cuttings of your favourite plants to make sure you have them next year, some plants that lend themselves well to cuttings are Clematis, Geraniums, fuchsias and other tender perennials.

Plant evergreen shrubs before the soil cools down and it is also a good time to renew evergreen hedges. You should also be planting autumn flowering blubs and pot up narcissi for spring flowers. Pruning peaches and nectarines if its required can be done now. Strawberries which have fruited and are now looking scruffy can be cut down but try not to cut the main growing point. If your strawberries have been in the same bed for three years you should be moving them to a new bed. Any questions just drop me a line at the Journal, but for now, happy gardening

Bob



**HALLWORTHY STOCKYARD**  
**MUSIC IN THE MARKET 2013**  
**2 NIGHT CHARITY EVENT - AUGUST BANK HOLIDAY WEEKEND**  
in aid of HeartSWell - Cancer Research, Bude - Cornwall Air Ambulance  
**NIGHT 1 - FRIDAY 23<sup>rd</sup> AUGUST 2013** **NIGHT 2 - SATURDAY 24<sup>th</sup> AUGUST 2013**  
**LIVE MUSIC - BAR & FOOD - DRINKS £2** **LIVE MUSIC - BAR & FOOD - DRINKS £2**

**For more information or to book tickets please call Rick  
07974060526 or Wilsey 01840261205**

**Tickets £10 per night also from Camelot Garage, Wainhouse  
Stores, Tresmeer Shop**

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## SCOUTS AND CUBS SUMMER FUN

Cubs and Scouts have all enjoyed this recent glorious weather, hiking through Ludon Woods to Trevigue and back again on the coastal path along the cliffs to Crackington. They have learnt to light fires to cook their sausages, built shelters in the woods, improved their pioneering skills and built dams on the beach

In June they held a Sleepover with Cubs in tents and Scouts in cardboard boxes at Treyeo Farm at Bridgerule. This was all part of the national Giant Sleepover Day and our group raised £50 for UNICEF to provide peanut paste for African malnourished children.

In July the group joined together for a Fancy Dress Parade around Wainhouse. We were all delighted to see Jim Cory and several other local residents in the Scout Hut afterwards for tea and cakes.

Nine local Cubs participated in this year's Figure of Eight hike at St Austell. The following weekend, Cubs were once again camping on Pat Moyers land at Dizzard. Exactly a year ago we camped on completely saturated ground, but this year it was perfect and on the night hike the honeysuckle everywhere smelled glorious.

The Cubs ended this term with a Bear Hunt in the woods at Small Hill and ground sheet chariot races in the fields which was all great fun. The Scouts ended their term with a Thank you Garden Party at Crackington. We invited all our Scout Committee and helpers who enjoyed an evening of playing croquet, boules, badminton, bagatelle and bar skittles. After a party tea the evening ended with a tug of war for the Scouts and several of the more daring adults! Many thanks to all those who have helped in any way during this term, especially to those who have allowed us to camp on their land or use their fields.

Scouts, Cubs and Beavers start again in September. If you are interested please come and join us. Phone for more details 01288 352786



### ANNUAL FANCY DRESS PARADE.

There were knights, crusaders, pirates, a builder, burglars, a policeman, an evil



witch, a fairy, a pumpkin, a cowboy, a ghou, an athlete, a white rabbit, Andy Murray, Bradley Wiggins, Angry Birds, Little Red Riding Hood and a sandwich man.

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## PUZZLE PAGE



Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Claire Retallick was pulled from the hat, she wins a **£20 voucher for Wainhouse stores**. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20th September 2013  
Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

P	A	I	T	N	A	R	T	S	A
H	E	L	L	E	B	O	R	U	S
F	U	R	O	S	C	O	E	A	Q
H	E	L	E	N	I	U	M	O	P
G	E	R	A	N	I	U	M	N	A
E	U	R	O	X	N	W	Y	I	I
U	A	I	C	S	A	I	D	P	V
M	E	N	O	M	E	N	A	U	L
E	V	O	L	G	X	O	F	L	A
N	O	G	A	R	D	P	A	N	S

WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

ANEMONE	ASTRANTIA
DIASCIA	FOXGLOVE
GEUM	GERANIUM
HELENIUM	HELLEBORUS
LUPIN	MYRTLE
PERENNIALS	ROSCOEIA
ROSE	RUE
SALVIA	SNAPDRAGON



Holiday Money - Can you identify the countries that have the following currency ?

- |             |            |
|-------------|------------|
| 1. RENMINBI | 2. LEMPIRA |
| 3. KRONA    | 4. PESO    |
| 5. KRONE    | 6. ZLOTY   |
| 7. RUBLE    | 8. DONG    |
| 9. PULA     | 10. RIEL   |
| 11. KUNA    | 12. BIRR   |

(a few countries share the same name for their currency - any are correct)

I have removed the name of these famous companies, can you guess them?



1



2



3



4



5



6

Last edition answers Word search missing word Hostel ; TV catchphrase Quiz: 1 Victor Meldrew 2. Del Boy 3. Homer Simpson 4. Joey from friends 5. Blue Peter 6. Laurel & Hardy 7. Tommy Cooper 8. Blackadder 9. Who wants to be a millionaire 10. X Files 11. Allo Allo; Airline Logos 1. Quantas 2. Malaysia 3. Emirates 4. Sri Lanka 5. Air America 6. Air Canada

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## THE JUBILEE CLUB

### FORTHCOMING TRIPS

Monday 19th August - Air Ambulance near Newquay and Healeys Cider Company

Monday 16th September Tour Plymouth and bus to Mount Edgecombe

Meeting at Tilley's Yard 9.10 am.

To book, please contact either of the people below:

Olive 01566 781373, Bev 01566 782761 or Eve 01566 781452

## Spring Fair



The annual spring fair was held in the village hall on Bank Holiday Monday 27th May. It was very well supported with plant, cake, book and bric a brac stalls



and a tombola. Lovely hot lunches were served and a total of £298 was raised for church funds. I can personally vouch for the Bakewell tarts from the cake stall...Yummy! (Sarah)



### **Mobile Library** (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

## VISIT TO DELABOLE WIND FARM

One of the notices on the Noticeboard was Good Energy inviting visitors to Delabole to look around the windmills/turbines and that those interested would be picked up by Tilleys. Well why not ...

They were monsters, towering above us. High profile jackets and hard hats were provided. After a short talk we climbed the steps to the entrance and we were inside the "engine house" of the turbine. There was a hum of fans cooling the converters and a muffled thwack of the rotors going round. Amazing views towards the quarry.



How many facts do you need?

There were 10 installed in 1991 these were upgraded in 2010 when 4 new ones were erected. Annual Output 10,000 MWhs to power 3000 homes now Annual Output is 25,800 Mwhs to power 7800 homes

One of the most interesting things, which had nothing to do with turbines, was a large John Deere Tractor cutting grass at over 30' at a time.

While we were there he finished 3 large fields. What a long way we've come from hand scythes and horses.



### Wainhouse Corner – Proposed

#### **Affordable Housing for Local People - Information provided by Trand**

10 affordable homes, of a mix of sizes, all prioritised for local people, are being proposed for a site at Wainhouse Corner. The site is next to 'Wainways', on the road heading south-east towards Canworthy Water. Also 5 market homes, to help pay for the affordable housing.

The proposed design looks to the local vernacular and utilises slate roof, render, slate hanging and limited stone. The design will front the road with a 'courtyard' feel to the rear of the site to emphasise the rural nature. A minimum of 2 parking spaces per home will be provided. The homes will meet level 3 of the Code for Sustainable Homes.

The developer is Trand (UK) Ltd. A recognised social landlord, probably a housing association, will become the owner/landlord of the completed homes.

More details, including the proposed layout of the development, are available on Trand's website ([www.trandliving.co.uk](http://www.trandliving.co.uk)). There is also an opportunity to comment, or ask questions, via the website. Trand will report back to the Parish Council on comments received. All being well the planning application will be submitted during the coming autumn.



**August - events in the local area**Book Bus  
C/W Canworthy  
WC Wainhouse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 * Leopalloza * Tintagel Carnival * Poughill Revel	3 * Bray institute cake cup decorating
4 Coast Church 10.30 * Canal workshop Brass on the grass	5 W/C 	6 * Bude canal soc cream tea	7 C/W 	8	9	10
11 Coast Church 10.30 * sculpture on the beach	12	13	14 * event at Poundstock Gildhouse * Camelford Agricultural show	15	16	17 * Bude Carnival * Clovelly gig regatta
18 Coast Church 10.30	19 W/C 	20	21 * Big Breakfast Poundstock Full Moon C/W 	22	23	24 * Bude life boat weekend
25 Coast Church 10.30	26 BANK HOLIDAY	27 * Bude Jazz festival	28	29	30	31

**NOTE.** Activities are in Parish Hall unless stated otherwise.

\* details on page 29

## September - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Coast Church 10.30	2  W/C 	3	4  C/W 	5	6	7
8 Coast Church 10.30	9 Cubs Scouts	10 Scouts  Brownies 5.00	11	12 W I 7.30pm	13	14  *Awesome Foursome
15 Coast Church 10.30	16 Cubs Scouts  W/C 	17 Brownies 5.00 Scouts Parish Council 8.00	18  C/W 	19 Coffee Club  10.30	20	21 W I Food 7.00 For 7.15 Entertainment 8.0 *WSM Revel
22 Coast Church 10.30	23 Cubs Scouts	24 Scouts  Brownies 5.00	25	26	27	28
29 Coast Church 10.30	30 Cubs Scouts  W/C 					

**NOTE.** Events in Parish Hall unless stated.

Rainbows & Brownies 5 - 6pm,

# **BRIAN TEAGUE & SONS**

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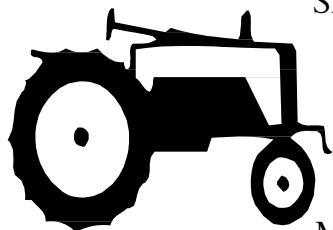
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## PICNIC by the POOL

On a beautiful sunny Sunday afternoon the Friends of Bude Pool held a fund raising event.

There was a barbecue, swimming competitions, a choir sang to us and bands played. All against an amazing sparkling blue sea with surfers riding the waves.



The afternoon was well attended and lots of money raised to repair the pool with new members and friends made.

## ART & CRAFT GROUP

The Jacobstow Art & Craft group will start again late September.

For details of dates and times please contact Jeanne on 01840 230113



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**01840 250568 (Roger)**

\* \* \* \* \*

The June meeting speaker was Kirsty Lurch on Care in the Community. Kirsty was very informative on help available. The competition was won by Mrs Jen Spettigue.

The meeting in July was entertained by Mr Jeff Provis who was born and grew up in Port Isaac. His family were fisherman which was a hard life. He became a policeman serving in various towns in Cornwall and was shocked on his return to Port Isaac how much it had changed.

There are only two houses in the old town still occupied by "locals" the rest being holiday homes. Jeff has written two books describing life and people in old Port Isaac. Mrs Eve Thain won the competition. There is no meeting in August and the speaker in September will be Mr Chris Billings - Driving Safer and Longer.

Congratulations to Mrs Jen Spettigue for coming second in the W.I. Competition at the Royal Cornwall Show.

On Saturday 21st September members are organising a supper in the village hall. All welcome 7.15pm for 7.30pm.

Please contact Mrs Pat Lane on 01840 230743 for details.

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president, Mrs Pat Lane 01840 230743

**The Committee of the Jacobstow Journal would like to take this opportunity of thanking Jacobstow Parish Council for their kind donation to assist us in producing The Journal.**



We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith on 01840 230565 to discuss a suitable fee.



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## Meet your councillors

Here is a short introduction to your parish councillors, with pictures in case you have trouble putting a name to a face, including two new faces, Peter Chapman and Ray Fox

Chairman Norman Osborne

Norman has lived in the village for 25 years and been chairman of the Parish council for the last 10 years - he is a farmer in the village



Vice-Chairman - Charmaine Smith

Charmaine has been the Vice Chairman for the last 4 years and a councillor for 20 years.

Parish Clerk - Doreen Turner

Doreen has been our Parish Clerk for the last 14 years.

She helps her son look after the farm at Canworthy Water, where she has lived all her life



Councillor - Dennis Adey

Dennis has been a councillor for 10 years and retired to the village 12 years ago. He also is the head organiser of our Neighbourhood Watch.

Councillor - Robert (Bob) Reason

Bob has been a councillor for the last 4 years and has lived in the village for 13 years. He is a semi retired taxi driver who helps out on the school runs



Councillor - Ilona (Frankie) Franklyn

Frankie has been a councillor for 10 years and has lived in the village for 22 years. She is retired and gives a lot of her time to help with the Cats Protection League.

Councillor - Peter Chapman

This is Peter's second term as a councillor for Jacobstow, the first time for 16 years and this time for just 6 months. He has a farm in the village.



Councillor - Ray Fox

Ray is our other new councillor who joined the council 6 months ago. He has lived in the village for 5 years and is also church warden for Jacobstow church.

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# What's on in August & September ?

Here are some

ideas of things to do and events that are on in and around our area for the summer holidays - sorry about the small text, a lot to fit in!!!

\* **Swim safe** at the Bude seapool 29th July until 30th August, see page 23 for more details.

**Tintagel Carnival** Week commencing 2nd August



\* **Poughill Revel and cuckoo fair** 2nd August 2pm adults £1.00 Children free - Children's fancy dress, BBQ, Hay rides and roll a pig!



\* **Leopalooza** - Friday 2nd to Sunday 4th August - Nr Week St Mary headliners are Man like Me (Fri) Bastille (Sat) and Jacob Banks (Sun) tickets on sale via web site [www.leopalooza.com](http://www.leopalooza.com).

\* **Cupcake decorating** - 3rd August - The Bray Hall, Pinch Hill, Marhamchurch. Decorate freshly made cupcakes, each class will decorate based on age and interests

\* **Canal barge workshop** Open day every Sunday from 4th August 2-5pm free admission. See the Bude Canal Tub Boat and other heritage artefacts

\* **Brass on the Grass** - Sunday 4th August at the castle grounds in Bude. Bude Town Band will be playing for your enjoyment, why not take a picnic?

\* **Bude Canal Society Cream Tea** Tuesday 6th August 3-5pm £3.50pp at Treglea, Lower Upton Bude. Please ring on 01288 361878 so they are aware of numbers.

\* **Sculpture on the Beach** Sunday 11th August 12.30-4.30pm Northcott Mouth Beach. Enjoy a sausage sizzle and a fun day with the only rule is 'use what you find' £2 entry per sculpture. Prizes awarded

\* **Victorian Ladies dressing table** talk by Christine Woolf. Wednesday 14th August 7.30 at Poundstock Gildhouse ring 01288 361525 for details

\* **Bude Carnival** Saturday 17th August afternoon events start at 2pm, evening procession at 6.30 from the wharf - no theme, no boundaries! But remember it's a family show

\* **Clovelly gig regatta** Saturday 17th August. Gig racing is exciting, strenuous and crews can reach speeds of 9 knots in the powerful tidal waters. 01237 431781 for more details.

\* **Bude Lifeboat Weekend** - 24th - 26th August. Rowing races, cream teas, helicopter demo, hog roast, ladies guild stalls, disco, fireworks - what more could you ask for!

\* **Bude Jazz festival** 28th - 30th August. The 26th year of jazz in Bude!!

\* **Clovelly Lobster and Crab feast** - 1st September. Live music, quay kitchens, beer tasting, food, arts and craft stalls, walkabout magic 10am-5pm

\* **Craft Fayre** at St Swithins Launcells Parish Church 9th - 14th September 10am-5pm. 48 stalls of hand crafted arts and crafts, refreshments.

\* **Awesome Foursome** - 14th September 800m sea swim, 30km cycle, 10km Kayak and a 10km run. 01288 354039 for details for the non-faint hearted!

\* **Week St Mary Revel** 21st September





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## COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

Have you any friends or relations who live away and would like a posted edition of the Journal? The annual cost of £5.00 for 6 editions includes postage and packing. To order please contact any staff

### **STRATTON HOSPITAL**

#### **PLEASE NOTE—**

**New Telephone No:-**

**01288 320100**

### **EDEN CHAPEL**

**Sunday 8th September at 10.30a.m.**

**Childrens Production of**

**NOAHS ARK**

**Refreshments**

**Free entry but  
donations welcomed**



## **“Its your dogs mess - its your business”**



While we love responsible dog owners who clear up after their beloved pooches, could you please use one of the four dog bins in the village and not throw the bags over the hedges. This is a real worry to the farmers as it could have a detrimental effect on the livestock.

Many thanks - Parish Council

Are you organising a community event? If so, we can advertise it for you for free and we will even help you design it!!!!!!

Dont forget the Parish notice boards outside the village hall and Wainhouse Stores for up to date information. You can also use these to promote any community activity you want people to know about



### **Pilate's update ....**

Following a really good response I am going to contact the instructor with a view to starting classes in September at the village hall, anyone else interested please contact me so I can add your name to the list -

Sarah 230565

*Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?.*

*For further details speak to any Committee Member or ring the Secretary on 01840 230173*

## WEATHERWISE by Monitor

May was more of a mix than usual this year. An often dull and overcast month, the early part having a few good days, the 6th got to 19°C and the 7th to 20°C. But the month was dominated by cold winds - only 10°C was reached on the 16th.



Heavy persistent rain was observed on the 14th, giving a total of .78" for the day and the light winds generally turned quickly in the evening to gale force from the North-West in heavy rain showers. A total of 3.26" was collected at Canworthy Water for the month.

However, June was a lot better, Fairly warm on a number of days, and little of any significant rainfall to report locally, only the 15th producing wet and quite windy conditions. A total of 0.9" was collected here. Winds were frequently cool and drying. Of the 2 months, very little thunderstorm activity was observed despite some developments over the channel, this seems to be the trend of recent years.

Far away in the tropical Atlantic, only tropical storm "Chantal" has to date produced any weather of significance.

Sea temperatures here are currently a couple of degrees below average, this being very noticeable with any winds on shore along our west-facing coasts so far this year.

## HIGH TIDES August and September

Date	2 Aug	9 Aug	16 Aug	23 Aug	30 Aug	6 Sep	13 Sep	20 Sep	27 Sep
AM	2.28	7.22	00.23	7.20	00.17	6.23	11.28	6.17	10.47
PM	15.06	19.37	13.11	19.41	13.04	18.36	**	18.36	23.24

# Recipe of the Month by Marion Reason

## Tomato and Mascapone Sauce



### Ingredients

1 large onion - finely chopped	2 cloves garlic - crushed
400g tin chopped tomatoes	2 tblsp tomato puree
1 tsp sugar	$\frac{1}{2}$ tsp salt
250 g mascapone cheese	1 dessert spoon white wine vinegar

### Method

Sweat the onion with a knob of butter until opaque, not browned. Add the garlic and sweat for a couple more minutes. Add the tomato puree and sweat for another couple of minutes while stirring. Add the tin of tomatoes, sugar, salt and white wine vinegar and bring to a gentle simmer for about 5 minutes. Add more vinegar, salt or sugar to taste. Stir in the mascapone and bring it back to heat.

### Suggested recipes

1. Add pre-cooked veg, aubergine, carrots, leek, beans, broccoli, cauli, peas or any combination you fancy. Layer between pasta sheets, make a béchamel or cheese sauce for the top, cover with grated cheese and put into the oven on 180c for about 30 minutes.
2. Just add to plain cooked pasta and top with parmesan for a quick supper
3. Leave out the mascapone and add the sauce to fish or chicken.
4. Add chilli sauce or flakes to either sauce to your taste and used with burgers, chops or steaks.
5. De-skin sausages and make into meat balls, add to the sauce and add to potatoes and veg.

The sauce with or without mascapone or chilli can be used for practically anything you feel like putting it with - very versatile!

## KID'S PAGE

### SPLASH

If the weather is wet you will always have a great time at Splash in Bude  
Ring first before you plan your day.  
01288 356191



**Tintagel Castle** - Ring for any special days  
Tel. 01840 770328 or check the website

If you fancy a spooky day out call in at  
**The Witchcraft Museum** in Boscastle.  
Ring 01840 250111

Don't forget, you can still go down to the Beach at  
**Widemouth, Crackington or Crooklets** and spend the day without spending Mum's money!!!!



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For information on these and other attractions go to **'dayoutwiththekids.co.uk'**

**Summer Holidays** are here again and on our kid's page this month are some ideas for activities during the summer.

**Hidden Valley Discovery Park**  
on the way to Launceston.  
Great day out for all the family  
Ring 01566 86463

If the weather is wet, enjoy bowling at  
**Harlequins**

Ring **01288 35536**

Don't forget here at The Journal we would love to see your photos and hear about your adventures during the school holidays

## CELEBRATION of MARRIAGE at Eden Chapel

The festival was very successful. People of all ages came to see a wide variety of wedding dresses, suits, floral displays, photos, DVDs and other memorabilia which were kindly contributed by local people and businesses.



Special thanks must go to Warbstow CP school for their contribution of photos showing their Celebration of Friendship service which was held a few days before this festival.



The children of Light House kids at Eden enjoyed attending stalls and the money raised (£300) went to Water Aid and chapel funds.

Cream teas and refreshments were served during the event and Reverend Doreen Sparey Delacassa held a short Thanksgiving Service to close the festival.

Many thanks to all those who came to the festival or contributed in anyway.



## CANWORTHY WATER BOOK CLUB

Firstly anyone who wants to keep their mobile library, write to either your new local Councillor, Nicky Chopak ([nicky chopak@gmail.com](mailto:nicky chopak@gmail.com)) or re-elected Glenton Brown ([gbrown@cornwall.gov.uk](mailto:gbrown@cornwall.gov.uk)). Let your wishes be heard - your mobile library is under threat but not quite gone yet.

Having got that off my chest these are the books we have read over the last few months.

**The Silver Linings Playbook by Matthew Quick** - a book of the obscure views of a middle aged guy who had been in a mental health home for a while and his experiences on returning home to his family. We liked the book overall even though we weren't interested in American Football.

**Among Others by Jo Walton** - A well written book about a rather weird intense teenager who could see and talk to fairies. A lot of work with the dictionary needed and I felt there was rather a flat ending.

## Interview with Rachel Wren

### By Jeanne Gimblett

I had the pleasure of meeting and talking to Rachel this month, a perfect warm day to meet with her as she always looks so ‘summer-bright’. Most readers will know Rachel and her family, her husband Jamie and their two children Kieran and Logan, but you may not know that she has designed the majority of the Jacobstow Journal covers for the last two years.

Rachel grew up in St Gennys and went to Jacobstow school and then Budehaven when, after sixth form, she obtained a place at UWIC (University of Wales Institute Cardiff ) where she studied product design for her BA.

Much of the course entailed hand-drawn schemes and model making with an emphasis on ergonomics. She explained that this was the manner in which design fits with human needs and interaction. She told me about her final project at UWIC where she designed a remote control suitable for children. It had to be the right shape for smaller

hands, have inviting colour, appropriate size buttons and so on.



During her degree course Rachel learned to use computer software, such as Photoshop and AutoCad, to help her create displays and models for presentation.

Rachel explained how she had always loved making things

and at a very early age she would help her Dad, Gordon, when he was ‘pottering’ in the shed. She thinks that all the family are fairly creative as her brother is a builder and her sister, who studied graphic design, now works on layout for The Bude and Stratton Post

## Interview with Rachel Wren Cont'd

After UWIC Rachel continued to work at The Cabin until she got a job with Deesign Partnership (later became Muck Truck UK). Initially she was employed in reception but with all her skills it is not surprising that she redesigned the firm's website and did much of the advertising - at the same time as running the office!

Rachel and Jamie were married at St. Gennys Church and now live at the top of Edgar Road. She is still working hard, as a full time mother of two, but finds time to keep working on design projects.

This month's cover of bathers and sea was created by using the computer. Rachel told me how she had put it together- first she designed the background and then, with Photoshop tools, she created the coloured flags.

Finally she captured pictures from the web and used parts, little people and other objects to create the finished scene. She said that it was very similar to making a collage only it used computer technology. Rachel also designs business cards, wedding stationery and anything else you can think of. Her life is extremely busy but she loves walking and with two small boys, plus the family spaniels, she certainly gets plenty of exercise. She and Jamie also cycle with the children and enjoy the beach and park.

Rachel still has time for her newest interest which involves baking and icing special cakes. She has made Jamie an iced bodice-shaped cake , highly successful, and is planning to turn Ben 10's Omnitrix watch ( for those of you without small boys Ben 10 is a cartoon hero whose watch transforms him into one of any number of aliens ) into a birthday cake for Keiran's birthday. It seems that Rachel cannot stop creating and I am sure I am not the only one who looks forward to seeing each new design on the Journal's front cover.



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Thursdays 7.30 pm to 10pm.

Warbstow Community Centre. Main lesson starts at 7.45pm. £3.00 per person including lessons

Lots of time to practice and receive individual help from us. Let us know if you would like to come. Or, if you just want a chat about what to expect please ring on (01566) 781 587 (Please don't forget to leave your name and contact phone number), or email [adrianandlouise2@btinternet.com](mailto:adrianandlouise2@btinternet.com)

We also teach at the Bude Jive and Rock n Roll club on Mondays at the Parkhouse

Centre. We offer private lessons, party/event fun lessons and give dance demonstrations at shows.

Ring or email us to discuss your needs. We look forward to hearing from you and seeing you jiving Adrian and Louise Stevens

## BUS TIMETABLES

### 208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only  
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**Webbers Coaches 01208 74711**

	MTh	W	F
Warbstow Cross	0935	0935	0935
<b>Canworthy Water</b>	<b>0940</b>	<b>0940</b>	<b>0940</b>
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate		1040	--
Launceston Tesco		1050	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco		1250	--
Launceston Westgate		1300	--
Boyton		1315	--
North Tamerton		1325	1315
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary		1340	1330
<b>Canworthy Water</b>	<b>1400</b>	<b>1350</b>	<b>1350</b>
Warbstow Cross		1405	1355

### 220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

**Webbers Coaches 01208 74711**

Higher Crackington	0910
<b>Wainhouse Corner</b>	<b>0925</b>
<b>Jacobstow</b>	<b>0930</b>
Week St Mary	0945
<b>Canworthy Water</b>	<b>1005</b>
Warbstow Cross	1010
<b>Canworthy Water</b>	<b>1015</b>
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Tesco	1230
Launceston Westgate	1230
<b>Canworthy Water</b>	<b>1255</b>
Warbstow Cross	1300
<b>Canworthy Water</b>	<b>1305</b>
Week St Mary	1325
<b>Jacobstow</b>	<b>1340</b>
<b>Wainhouse Corner</b>	<b>1345</b>
Higher Crackington	1400

### 595 Boscastle – Bude

(Partial listing of stops only)

(a = Schooldays only) (h = School holidays)

**Western Greyhound 01637 871871**

Monday to Saturday

				h	a	h	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven	--	1047	--	1447	1507	--	--	--
<b>Wainhouse Corner</b>	<b>0817</b>	<b>1055</b>	<b>1217</b>	<b>1455</b>	<b>1515</b>	<b>1617</b>	<b>1707</b>	<b>1907</b>
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503	--	1625	1715	1915
Budehaven School	--	--	--	--	1525	--	--	--
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

No Sunday Service

**Bude – Boscastle**

(Partial listing of stops only)

	a	h			h	a	
Bude Strand	0710	0715	0840	1115	1240	1515	1530
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542
<b>Wainhouse Corner</b>	<b>0727</b>	<b>0732</b>	<b>0857</b>	<b>1132</b>	<b>1257</b>	<b>1532</b>	<b>1547</b>
Crackington Haven	--	--	0905	--	1305	--	1555
Boscastle	0745	0750	0920	1150	1320	1550	1605

## **Useful Contact Numbers**

### **Local Authority**

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Nicky Chopak (County Councillor)	07810302061
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

### **Healthcare**

NHS Direct	0845 4647
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#### **Hospitals**

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288 320100

#### **Doctors Surgery's**

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre at Stratton	01288 352133
Camelford	01840-213894

### **Jacobstow Organisations**

Infants School	01840 230337
Women's Institute Mrs Pat Lane	01840 230743
Jacobstow Church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides Mrs Mary Andrews	
Brownies Mrs Mary Andrews	
Wainhouse Post Office and Stores	01840 230554

### **Other Numbers**

National Rail Enquiries	08457 484950
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