

*10 year anniversary edition*  
**Jacobstow  
Journal**

*Providing news and information for the  
Parish of Jacobstow*

*Issue No.*

60

August/September 2020



*Thank you Jacobstow  
for 10 years of memories*



***Delivery free to every household in the Parish otherwise 50p***

***[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)***



## Editorial by Sarah

Well, as you may have seen from the front cover, this is our 10 year anniversary of producing your village newsletter for everyone. When I attended a presentation about the Parish Plan and ticked the box to say that a village newsletter might be a good idea, little did I know. I do think that the Journal has now bedded itself into village life and that hopefully, people appreciate it dropping through the letter box. It carries out a very important function of keeping everyone informed of what is happening, and also provides all the details you might need about clubs, events, meetings and also local trades, people who support us, by placing adverts.

Maybe this newsletter has never been so important than at the moment with the disjointed life we are all living. Hopefully we have managed to provide you with a little light relief as well as keeping you up to date with local events and developments. No editorial in the 10 year anniversary copy would be complete without a thank you to all the people past and present who are connected to the Journal and without whose help this venture would never have lasted as long as it has. We would be nothing without you all. Thank you! Also, if you can think of anyway to help and support us, don't hide it away; contact us and let us know your thoughts

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### Enquiries, Articles and Letters

*email to:*

**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**

*or in writing to the Editor.*

Sarah Smith

Almar, Jacobstow, EX23 0BN

### Editorial Team

Sarah Smith	Editor	01840-230565
Sue Burrows	Tec.Support	07989 785518
Celia Proudfoot	Articles	01566-781473
Jill Baker	Articles	01840 239829

#### Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the October/November edition will be 15<sup>th</sup> September. Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

## Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mrs Caroline Pallett  
Mrs Iona Franklyn Mr Andy Vogel Mr Peter Chapman

*Editor's Note* The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)

### ***Summary of Minutes of Meeting held on 2<sup>nd</sup> June, 2020***

*Cllr. Osborne chaired the monthly meeting of the Parish Council which was held on line using Zoom, with four councillors, County Cllr. Nicky Chopak and one member of the public.*

*Councillors agreed to adopt a broad delegation for the period up to March, 2021 due to the Coronavirus Pandemic: "The Council delegates authority to the clerk in consultation with the Chairman/Vice Chairman to take any actions necessary to protect the interests of the community and ensure Council business continuity."*

*Planning Application PA19/08073 – Outline planning for the erection of 14 light industrial units together with 3 live/work units – Land South of The Old Wainhouse. A Skype meeting was held with the Planning Officer, Highways Officer, County Councillor and reps from the Parish Council in the morning. After discussion it was decided to go with Planning Option 2 which is "To agree to disagree". Councillors look forward to improvements to the pavement and to refuge/island on A39.*

*The necessary audit forms had been read by Councillors and agreed. They will be signed, as necessary, by the Chairman and the Clerk/Responsible Financial Officer. The accounts will now be checked by the Internal Auditor and then the Certificate of Exemption will be sent to the External Auditors.*

The Parish Council have funding available, provided by a grant from the Primrose Solar Farm, for community groups.

Please contact Doreen Turner on 01566 781269 for further details

**[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**

**This is your link to the Police Commissioner's Report**

## *Summary of Minutes of Meeting held on 7<sup>th</sup> July, 2020*

*Cllr. Osborne chaired the monthly meeting of the Parish Council which was held on line with Zoom. Five Councillors, County Cllr. Nicky Chopak and one member of the public attended.*

*Planning PA/08073 – Outline Application for Industrial Units on Land South of the Old Wainhouse Inn had been approved by Cornwall Council with conditions.*

*Email received and forwarded to all Councillors recommending that Local Councils put procedures in place to consider their responses on planning applications electronically.*

*The Clerk had obtained the new bus service timetable and had put this on the two notice boards and sent it to the Journal for the next edition.*

*Accounts to be paid:- Internal Audit £50.00 Website fees £185.00*

*County Cllr. Nicky Chopak said that as there cannot be more than six people at a meeting at present, and with no face to face contact, on-line meetings are likely to continue until the end of the year.*



Nicky Chopak, your County Councillor contact details -  
mobile no: 07810 302061

Email: [nickychopak@gmail.com](mailto:nickychopak@gmail.com).

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Your MP Scott Mann - - For full version of this letter follow the link on  
[www.jacobstovillage.co.uk](http://www.jacobstovillage.co.uk)

The public health of North Cornwall has been my number one concern during this global pandemic, and the tourist economy in the constituency has responded in an incredible way. Around 40% of private-sector jobs in North Cornwall are dependent on the tourism sector, many businesses have had no income for three months, and many staff have been furloughed. To date, the Government has made over £440 million in support available for businesses in Cornwall, but I know from my conversations with holiday parks, hotels and B&Bs, that the industry is keen to start generating revenue again. However, we must continue to think locally and where possible, use local businesses and services. If my team or I can assist you, please do not hesitate to contact me via [scott@scottmann.org.uk](mailto:scott@scottmann.org.uk). You can also follow my regular updates on my website [www.scottmann.org.uk](http://www.scottmann.org.uk), and on social media by visiting my Facebook page <https://www.facebook.com/>





## Jacobstow Neighbourhood Watch



Many people are using new services, apps and devices to work or socialise at this time. To help you stay safe:

- \* Adjust privacy and safety settings.
- \* Review the security settings on your smart devices.
- \* Set up two factor authentication.
- \* Update your devices - see [www.gov.uk](http://www.gov.uk) for more details

**Any urgent information will be posted on the jacobstow village facebook page; don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there**

### Did you know you can get multi-use tickets from Cornwall

Council Just park - they cover 4 car parks in Bude?

See [cornwallcouncil.gov.uk/justpark](http://cornwallcouncil.gov.uk/justpark)



### Happy Belated 90<sup>th</sup> Birthday Gertie!

Residents of Wainhouse Corner truly surprised Gertie Cowling on her 90th birthday during lockdown on the 10th of May, with a socially distanced rendition of "Happy Birthday" and celebration with cake and bubbles making a usually chatty lady speechless!

### Scouting Movement contact numbers below:-

Scouts - Robert - 07842084971

Cubs - Daphne - 01288352786

Beavers - Josie - 07855001284



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## JUBILEE BENCH USERS

We have had an enthusiastic response to our article about people who use the Jubilee bench. Claire Retallic emailed to say “Hello, my children and myself went for one of our bike rides around the village and passed the Jubilee bench, but it was missing due to Derek treating it. Wednesday 3rd June is World Bike day. Thought we would send a photo anyway!!”

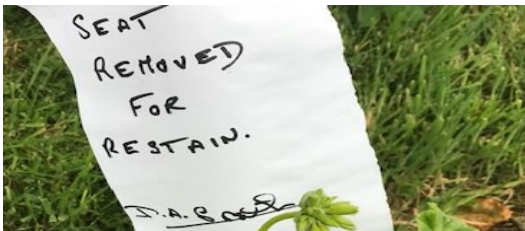


Marion McDonald emailed, “What, no bench! Went to take a photo of Lady and Richard sitting on the Jubilee bench for the Journal, only to find that it had been taken.....away to be re-stained. The pair often stop here for a rest on their daily walk, before going on to meet Lady’s boyfriend Paddy, on the corner.”

My neighbour Debbie Turner often stops at the bench during her bike rides. I took this photo of her.

Thank you for your emails and photos.

Keep them coming!



# CHURCH AND CHAPEL SERVICES

The church is still closed at the moment, Discussions are ongoing to slowly reopen in phases.

[www.strattondeanery.co.uk](http://www.strattondeanery.co.uk)



Jacobstow Church



## LIVING CHURCH

All services are suspended at the moment. For more information please contact Alison 01566 781418 or 07557916073 .



Coast Church  
Family Church  
Services suspended until further notice

Stay safe everyone



Hello new friends,

Just a short note to introduce myself! My family and I moved to Canworthy Water just before Lockdown for me to take up a role as the pastoral worker for the Camelford and Week St Mary Methodist circuit. For me, that means the privilege of looking after the Methodist Chapels and the villages they look to serve from Week St Mary all the way south to St Tudy.

What a strange world we are reemerging into. As a county, country and world, we have been rocked with the trauma of the pandemic, affecting all areas of life.

It's certainly personally not been the role that I assumed it would be when offered back in December, and each family member has been affected by economics, education or just lack of social contact. I wonder what has changed for you?

With all the worry and uncertainty that has been the landscape for the last months, we have seen the coming together of communities, of neighbours who didn't know each other, regularly checking in and supporting with shopping, collecting prescriptions and just a friendly distance wave.... For my faith, the explanation would be that this is the very sacrificial love that God has for each one of us, his dearly loved children. In caring for each other, we show a little bit more of that love in action.

Knowing God comes with a promise of a peace that passes our circumstances and so let me close with a prayer for you all that you would know that.

'Love...bears all things,  
Believes all things,  
Hopes all things,  
Endures all things.  
Love never ends.'

(1 Corinthians 13:7-8)

"Loving God, strengthen us in this difficult time with your love that bears all things. We pray for our neighbours, our friends, our families and ourselves that we would know your peace that passes our own understanding. Would you loving God strengthen our hearts and our minds and remove any fear. Would you open our eyes to see the goodness of you when we love one another." Amen



Sophie Doyle is the lay worker for the Camelford and Week St Mary circuit. Socially distant pastoral visits in person can be arranged for outdoors when the weather is fine or please feel free to call The Manse on 01566 781572 if you need someone to talk to. The churches in Week St Mary have arranged food or hygiene boxes for anyone who needs them in these difficult times. Please contact Sophie for more information.

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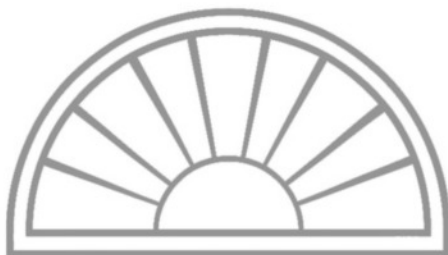
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## PORTRAITS OF NURSES BY LOCAL ARTIST DAVE KING.

A portrait for Amanda. Amanda is a band 5 nurse who has worked for the NHS for 10 years. She currently works at Stratton Hospital. Thank you Amanda.



A portrait for Fliss. Fliss is a paediatric respiratory community nurse and works out of 2 hospitals; The QE2 in Welwyn Garden City and the Lister at Stevenage. 18 months prior to that she was at The Royal Brompton for 13 years. A portrait of her in her PPE is not possible be-



cause she has to wear a "spaceman" helmet with air 'waterfall'. This is very specialist equipment and no photos of it are allowed. (You can't see her face properly anyway!) Thank you for what you do every day Fliss.

A portrait for Sarah. She is a community nurse living in Beaworthy and working in Holsworthy. She returned to nursing 2 years ago after an 11 year 'gap' and says: "It's the best thing I ever did! I wouldn't say I'm a hero. Every day is a privilege in our job". Thank you Sarah. It's also a privilege to make these small paintings as a thank you to the NHS.

Check out the Instagram Gallery.  
#portraitsforhsheroes #thankyouhealthcareworkers #oilsketch #oiloncanvas #artistsoninstagram

Dave King is a retired teacher. He was Head of Art at Budehaven School. He lives in Holsworthy and paints in a variety of styles.

I think this is some of his best work.



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## Bob's Gardening Spot

Now is the time to raise the mower blade when cutting your lawn if it is very dry and you should also think about applying a summer feed.

Plants growing in containers will appreciate a feed as well as a good watering. Dead head roses, cut them about two leaves below the flower you are removing.

Start checking your apples and pears to see if they are ready to harvest. Lift the fruit in your hand and if they leave the tree easily then they are ready to eat.

If you have any new perennials in pots, September is the ideal time to plant them in the garden. Also, any perennials that are already in the garden and have formed nice clumps can be lifted and divided to get new plants.

Onion and garlic sets should also be planted now before it gets too cold. I'm sure we all agree that the garden has been a source of sanity at the moment, so whatever you are doing, enjoy your garden - Bob

## Jacobstow Book Club

Obviously there was no chance for the group to meet and compare books but here are two that members of the group have been enjoying reading individually during lockdown:

'The Mirror and the Light' by Hilary Mantel. The last in the trilogy about the life of Thomas Cromwell had been long awaited and did not disappoint. The writing is so superb that you are drawn into the drama, as Thomas grows in power and his enemies gather, whilst he strives to find a new queen for his aging and ailing monarch, to replace his beloved Jane. Some found this too long but I did not want it to end.

'The Seeker' by S.G. Maclean. Another female writer of historical novels. This one is a murder mystery set in the time of Oliver Cromwell, a period of history not often explored by novelists. London is a hot bed of intrigue and deception, following the Civil War and the execution of the king. No one is able to trust friend, neighbour, nor even family member. The Seeker is the head of Cromwell's personal security and is tasked with solving the murder.





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Wow, well we are still living in very different and strange times. Although, girl guiding is still not allowing face to face all the Jacobstow units have been having fun and completing badges through their virtual meetings via zoom.

Jacobstow Rainbows completed their network skills builder stage 1 badge, by doing junk modelling (see pictures attached). Mary especially liked that there was no clearing up for the leaders, although missed the discussions with the girls about what they were doing, as depending on camera angle we couldn't see!



Jacobstow Brownies have also been busy working towards and completing the network skills builder stage 2 badge. For this we have talked about what makes a good friend; thought about what they want to do when they grow up; attempted to complete an origami without instructions, draw a picture from a verbal description and tried to remember numbers when presented visually to help find out if we learn better by doing, hearing or sight. The final clause included the girls completing various challenges in their family team including standing on a pillow case and having to flip it over without any member touching the floor! To discover what things are best done in teams and what is best done on your own.

Jacobstow Guides completed two stage builder badges by relaxing before bed, making a top trumps game and creating some adverts to encourage people to exercise more, including walking your pet mouse and doing more skateboarding.



All units have also started work on a special badge that has been designed and created by Launceston district (which Jacobstow belongs to) to remember the time that we went virtual.

Although all the units have been busy completing their own badges, one common request if there is spare time is a scavenger hunt, the only problem being with it being requested so often is the leaders run out of ideas!

Louise 07817985661 for more information



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# PUZZLE PAGE

Welcome to your “tea break” puzzle page, Andrew Smith was pulled from the hat and wins a £10 voucher to spend at Wainhouse Stores. If you would like a chance to win this edition’s voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> September 2020.

E	X	A	M	P	L	E	S	S	M	G
Y	Z	T	O	D	A	Y	U	O	I	N
S	K	I	L	L	A	M	O	C	X	I
F	A	I	R	Y	N	E	I	I	T	T
X	L	L	E	P	S	G	R	A	U	E
N	E	T	T	I	R	W	E	L	R	V
H	S	I	L	G	N	E	S	E	E	I
R	U	O	M	U	H	W	K	V	Z	R
P	O	E	M	S	L	E	V	O	N	O
Y	G	N	I	L	L	E	P	M	O	C
H	E	A	R	T	B	R	E	A	K	B

**WORDSEARCH** - one of the words listed below does NOT appear in the grid - which one?

BOOKERPRIZE	COMPELLING
ENGLISH	EXAMPLE
FAIRY	FICTION
GEM	HEARTBREAK
HUMOUR	MIXTURE
MOVE	NOVELS
POEMS	READ
SERIOUS	SKILL
SOCIAL	SPELL
TODAY	WRITTEN

**Can you name the famous landmarks?**



Last edition answers: Word search missing word: Madagascar Name the Film 1. Pulp Fiction 2. Jaws 3. The Sound of Music 4. Gladiator 5. Forrest Gump 6. Terminator 7. Titanic 8. Back to the Future

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# EXCLUDED

ExcludedUK is a newly formed non-profit NGO and serves as a collective platform for those entirely or largely excluded from the UK Government's Covid-19 financial support measures. As many people and businesses in our area are self employed, you may find the addresses below helpful.

Website

<https://www.excludeduk.org/excluded-uk-an-inclusive-alliance-for-the-excluded>

Facebook page

<https://www.facebook.com/excludeduk>

Facebook group - if people are struggling, they can join this group which is really supportive. <https://www.facebook.com/groups/excludeduk>

## A BIG THANK YOU TO OUR EDITOR, SARAH SMITH

**Sarah has gone out of her way to thank her team but not received any thanks herself. So here it is: Sarah is a joy to work with. She is kind and supportive, puts up with panics from Celia. She has the rare quality of quiet authority combined with a terrific sense of humour. She is quick, and brilliant at working under pressure. It is a pleasure to work with her and I'm sure the team would not have stayed together were it not for her. THANK YOU! Huge respect from Celia, Jill and Sue.**

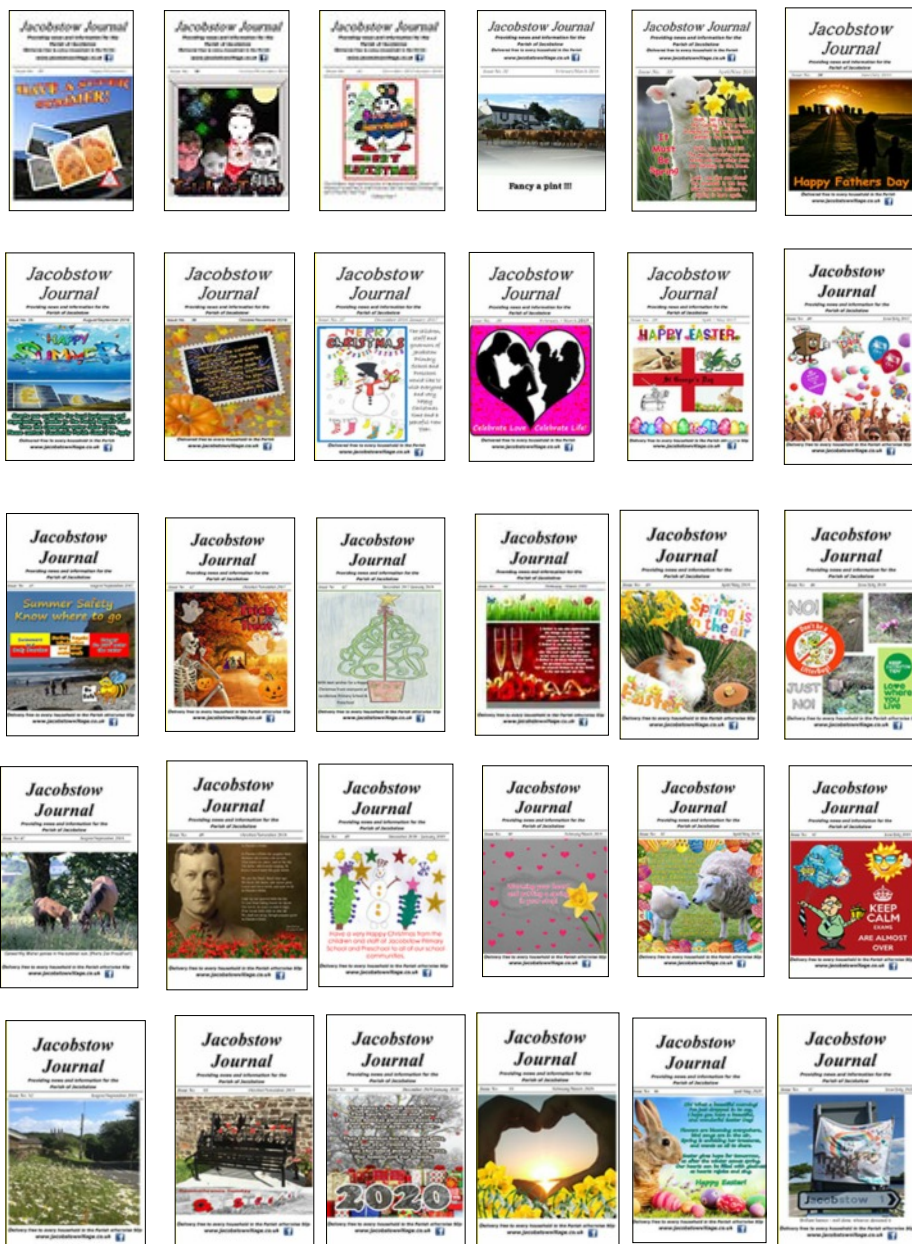


A couple of lovely photos taken by Tony Newton on his walk. Thanks Tony for sending them in. Anyone else got some pictures we could all enjoy? Send them to [jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)

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# WEATHERWISE by Monitor

English summers tend to be one of contrasts, this one so far being no exception. May, which can normally be very indifferent, actually started off quite warm with 20°C on the 4<sup>th</sup> and even on overcast days, was little different during the month. There was a thunderstorm observed off Falmouth on the morning of the 8<sup>th</sup>, and another one also around the same area on the 10<sup>th</sup> in the early evening.

Conditions rapidly changed overnight on the 11<sup>th</sup>, with a frost here at Canworthy Water and only 13°C reached during the day, and -3°C early. This caused quite a bit of young plant damage here. Conditions continued on the cool side with virtually no rain and a predominance of easterly winds. The main point of note for May was the lack of rainfall, only 0.83" being collected and it broke the sunshine record for the month nationally.

June was wet. 5.81" was collected and there were a number of very wet periods. A rain period which commenced on the 10<sup>th</sup> continued through to the following day and by the evening 1.42" had been recorded. Quite a few days had thunderstorms in the locality but nothing really close, although a torrential downpour was observed locally on the 16<sup>th</sup>.

There was another storm the following day around lunch time, but it was elevated and didn't produce much in the way of rain here, but lightning did knock the power out in some areas to the east of us.

All very exciting stuff; we haven't had much summer storm activity in recent years. Towards the end of June, an extended southerly drift from Southern Europe saw increased day temperatures, and by the 24<sup>th</sup> matters changed quickly from a cool 11°C overnight to 27°C by midday and by the following day it was very hot at 30.3°C with dewpoints in the low 20's. By late morning there was towering cumulus everywhere and by early afternoon thunderstorms broke out widely, especially in North Devon.

Matters cooled down somewhat towards the end of June .

## HIGH TIDES and SUNSET - August - September 2020

*NB - Heights based on Newquay for Bude +25 minutes)*

Date	1 Aug	7 Aug	14 Aug	21 Aug	28 Aug	4 Sept	11 Sept	18 Sept	25 Sept	30 Sept
AM	4.03	8.16	1.19	7.30	1.24	7.14	11.25	6.25	****	5.13
PM	17.22	20.32	14.00	19.49	14.09	19.30	****	18.43	12.21	17.28
Sun set	21.04	20.52	20.39	20.25	20.11	19.55	19.40	19.24	19.09	18.5

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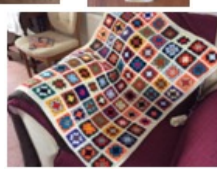


During the Lockdown, Jacobstow WI members have had to rely on telephone calls, emails and a monthly Newsletter to keep in touch with one another and this continues whilst restrictions remain in place. Many national and county WI events have also had to be rescheduled, but our annual Resolutions programme has continued to be progressed. After voting in May, two Resolutions were chosen to become national WI campaigns which were:

1. A call to increase potential stem cell donor registration in order to provide potentially life-saving treatment to those with certain blood cancers and
2. A call to End Modern Slavery through raising awareness and a campaign to defeat it with help and protection for victims.

We'll be kept informed as the campaigns develop to see how we can take action locally on these important issues.

Although we remain unable to meet, our WI members have been keeping very busy! Here are a few examples of members'



Lockdown crafts.

We've had a couple of "Virtual competitions" with members sending in photographs of their items and are hoping we'll be able to meet in small numbers very soon.

In the meantime, if you'd like to find out more about the WI and its activities, do give Jill Baker a call on 01840 239829 or send an email to [jacobstowwi@btinternet.com](mailto:jacobstowwi@btinternet.com)



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## MARY & MICK OUT & ABOUT ON THEIR BIKES.

This was written during proper Lockdown when the roads really were quiet! Mick and I have been taking full advantage of the quiet roads, and on our E bikes we've been visiting the local churchyards where you don't usually see a living soul. Mind, we did come across one family at Davidstow. Their little dog had got lost, and it was lucky the keen sighted youngest lad spotted the dog's ears in a slurry pit so they were able to pull their very smelly pet out. Coming back from Lesnewth, I was trying to avoid the arduous hill back up to Marshgate. We took the first right; in hind sight it should have been the second. I said, "This road looks awfully like a moor road." When we eventually popped out, there were the views of the cheese factory and Roughtor. We'd gone miles out of our way! We had that strong North wind right in our faces and had to battle it down the A39. It was such a relief to take the road off to Otterham and Trelash and have the shelter of the gorgeous hedges. On arrival home, we sat down and both promptly fell asleep.

Then the other day we were went to North Petherwin. Relaxing after our picnic, I looked my watch and saw to my horror that it was ten past three. We had arranged for our wonderful neighbour Ed to call round to our house at 4pm. Ed has been doing all our shopping for us and was going to collect our shopping list. We had to hightail it home and remember to pick up the eggs I'd bought and hidden in a hedge. There was that wind again. Against us. It was a very hard trip back, but we made it. Didn't go cycling again for a few days!

Just to take a flask and some cake and sit on the bench overlooking the sea at Canceleave, or take in the views from the top of Warbstow Bury or see the lanes lush and full of flowers. It has been a compensation, because we are finding it difficult not being able to hug our children .



**Walking group are meeting  
again 7<sup>th</sup> August & 18<sup>th</sup>  
September 10am village hall  
everyone welcome**

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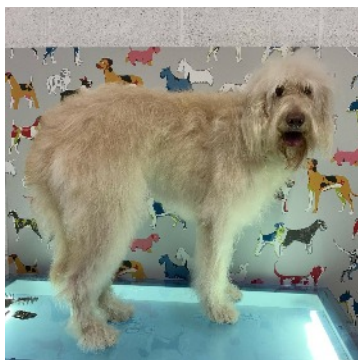
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## Shaggy Dog Story.



It's not just the human ladies who suffered during lock down with lack of access to the salon. Lady McDonald, Marion and Richard's pet pooch definitely felt lighter after a visit to the parlour!



Sign spotted in the Bossiney area whilst out for a walk last Thursday: "St Piran's Well". Isn't it heartwarming that, in these troubled, febrile times, Cornwall's patron saint remains in good health, despite his extremely advanced age? I think that we should all take encouragement from this. Kind regards, David Cawley



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## COMING OUT OF LOCKDOWN by Celia Proudfoot

I'm feeling a lot happier since Lockdown ended. For me, I just desperately missed my adult children, who live in Bristol and Newcastle and had little in the way to distract me from feeling like that. My husband and I were being very careful due to our age and also the fact that he has had pneumonia (even though that was a good 10 years ago.) We were not going to supermarkets and could not play music with our musician friends. I did a fair amount of comfort eating and drinking! My husband on the other hand, decided to diet in order to improve his health in the face of the Pandemic. He cycled like a demon, cut down on the booze and ate very sensibly. As a result he has lost 2 stone. I am genuinely pleased for him and how it has improved his chances health wise. I still don't have his will power. Coming



out of Lockdown meant I felt I could go to the supermarket, not because the government said I could, but because the supermarkets had sorted themselves out to be safer places to go. I ordered fabric and 3 ply disposable masks at considerable cost, but what we have saved in fuel and going out has covered this. I was getting fed up of online shopping and spending a fortune, only to find so much stuff did not arrive. Our neighbour was great and shopped for items we could not get online. I decided to shop only at opening time, to avoid as many people as possible. The lovely thing was meeting friends in our garden to play music together and we were grateful for good weather. The best thing was meeting our daughter (who lives in Bristol) and grandson on Dartmoor for a walk and picnic. Although our grandson is only three and a half, he understands social distancing. The hardest thing was not being able to do normal grandparenting roles, so when the picnic finished and our daughter was trying to pack up, Ethan wanted to get going, but we were on a steep, quite dangerous slope in order to be in the shade. I was all set to grab him to keep him safe, but then devised a game called “Who is the best statue?” which involved silly poses, distracting him and keeping him safe. Recently our daughter took a short break down



here and we were able to see her, her partner and our grandson. Now we are looking forward to seeing our son and his fiancée who have been teaching in Newcastle. They are self isolating for 2 weeks, then coming to see us. We can't wait as we haven't seen them since Christmas, and they were supposed to marry in August. Photos shows my husband socially distancing from our grandson and me pretending to rob a supermarket with my daughter.

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# KIDS' PAGE - JUMPIN' JELLYFISH!

## Jellyfish Jubilee!

### DID YOU KNOW?

**Jellyfish have no brain, blood, bones, or lungs!**  
And yet, they can breathe, move, catch food, eat, and make more jellyfish. **AMAZING!**

### Why so SQUISHY?

**Jellyfish are made of 95% water.**

The watery gel inside their bodies gives them support instead of bones.



### Can jellyfish see?

Most jellyfish don't have eyes, so they can't see. (BUT the box jellyfish has 24 eyes and it can see!)

### Bad dinner guests:



After jellyfish digest their food, they spit out the waste from their mouth.

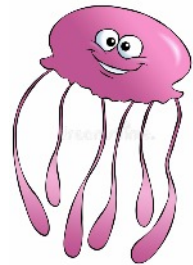
EWWW!



LIVINGPORPOISEFULLY.COM

It's summer and there are lots of jellyfish on the beach! All jellyfish can sting, even when out of the water, so it is a good idea to wear wet suit shoes on the beach. Most stings are no worse than a nettle sting and are best treated with warm water and vinegar. Best to avoid them though.

Maybe you could make some jellyfish art, either painting, fabrics or sculptures.



## my All About poster

**LIVE-Ocean**

- \* Jellyfish are **NOT** a type of fish!
- \* Jellyfish do **NOT** have a heart, brain, or lungs.
- \* Jellyfish can be very colorful! (Some of those colors are white, blue, pink, yellow, green, purple, red, orange and multi-colored)
- \* Jellyfish are always moving.
- \* Jellyfish can be very colorful!
- \* Jellyfish are **able** to catch their prey/food.
- \* The jellyfish's "jelly" is made partly of **salt** and **protein**, but mostly of **water**.
- \* Jellyfish have tentacles that sting!
- \* The oral arms bring the food to their mouth.
- \* The stomach digests the food.
- \* The food enters their mouth which is found underneath their body.
- \* Jellyfish have tentacles that sting!

**EAT-** Fish Plankton Fish eggs

# Jellyfish



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## Traditions of Late Summer

### Rushes and Rushbearing

The tradition of covering stone and beaten earth floors with loose rushes began in Medieval times and in summer and autumn floors were also strewn with herbs and flowers which when crushed underfoot, scented a whole room. Churches also had rushes or hay strewn on their floors which was replaced annually in the first week of August and the whole parish would participate. There was a procession around the parish with children carrying wreaths of rushes and flowers, musicians and dancers would accompany cartloads of rushes and the church bells would ring.



### Lammas

Lammas, believed to come from “loaf mass”, was celebrated when the first bread made from the new season’s corn was offered to the Church to be consecrated during the service. It seems to go back to the Celtic fertility festival held on 1<sup>st</sup> August which celebrated the symbolic marriage of the earth-mother goddess and when earthly marriages were often arranged. Games and fairs were held in celebration.

### The Harvest Festival

The modern day Harvest Festival was the brainchild of a Cornish vicar in 1843. The Lammastime custom of offering the first fruit was turned into a celebration and thanksgiving for all the harvest.



### The Straw Harvest

In the past, straw was a most valuable commodity and its harvest was almost as important as the grain harvest. Straw was used for thatch, beds, furniture and rope as well as animal feed and bedding. Straw rope made beehives, baskets, draught proof screens, mats and chairs as well as hampers and ropes for fishermen.

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# Jacobstow School

Well - what an unusual Summer Term this turned out to be! Instead of our usual Sports Days, SATs tests, Summer Residential Trips, we have instead had to adapt to the world of 'bubbles' of children and new rules, routines and guidelines to help stay as safe as we can whilst also getting some semblance of normality back into our school.



The biggest benefit from the lockdown has been the sheer amount of lifelong skills that children have been able to master as they have had the time to focus on them - from bike riding and roller skating to tying shoe laces and learning how to bake - most of our children will be emerging from lockdown with a wider variety of skills than they had going into lockdown. The whole of the Jacobstow School Team would like to say a huge thank you and well done to all of our mums, dads, grandparents, aunts, uncles and friends who have sent links to children, sent parcels and letters in the post, stayed in contact with them and supported

their academic and emotional well being. Personally, I would like to say some thank yous as well: to my amazing staff team who have trusted me to make decisions, have respected these choices even if they may have had doubts at first; to Lin and Catherine for returning to work to help us clean and tidy - and sorting through the maze of red tape involved currently; to Jo Marriott the Chair of Governors for her unwavering support and a listening air and to the board of governors for approaching all decisions sensitively and seriously; to all the local community members and parents who have offered their help for anything we have needed; to Joanne Wilton who has given 110% in her care and attention to the food she prepares for the children in school and battling to get the best for the food parcels we have been giving out to some of our eligible families and to Penny Maloney who has been an absolute rock from the beginning of lockdown to now (and indeed before) helping to deal with the huge amount of queries and issues which have arisen from suppliers and companies, to liaise with parents, help give out the food parcels and to cover all of the breaktimes and lunchtimes since we have had children back in school. My final thank you is to my husband who has had to navigate working from home 9-5, with two very energetic, creative and often chaotic children under 8 whilst putting up with a wife who has been working even longer hours since March and has come home tired out and anxious on more than one occasion - thank you Sion! So - after all of that...what else have we been up to? We are really pleased that Miss Hunter was successful in getting a permanent post at our school. We are just preparing a virtual sleepover and pyjama day for the next week which will be interesting!. We are absolutely delighted to be opening a Foundation Stage Unit for our Nursery and Reception

children from September, which will be known as Little Stars, and then we have three other Classes for our Year 1 and 2, Year 3 and 4 and Year 5 and 6 children. We hope all of our families and members of the Jacobstow Village Community have an enjoyable Summer - in whatever form it may take!



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## 95 Boscastle – Bude

### Monday-Saturday to Bude

Camelfd	0713	0843	1143	1343	1553	1806
Boscastle	0745	0915	1215	1415	1635	1840
Crackgton	0803	0933	1233	1433	1643	1958
Wainhs	0811	0941	1241	1441	1651	1906
'skni X	08.15	0945	1245	1445	1655	1910
Widmth M	0818	0948	1248	1448	1658	1913
Widmth B	0820	0950	1250	1450	1700	1915
Bude Strd	0837	1000	1300	1500	1710	1925

### Please Note

If you are unfamiliar with the buses - check the times. If you want to walk one-way then catch a bus **FIRST**

## 95 Monday to Saturday from Bude

Bude	0850	1050	1325	1535	1735
Widmth B	0857	1057	1332	1542	1742
Widmth M	0859	1059	1334	1544	1744
'Skni X	0902	1102	1337	1547	1747
Wainhs	0906	1106	1341	1551	1751
Crackgton	0914	1114	1349	1559	1759
Boscastle	0931	1131	1406	1616	1816
Camelfd	1005	1205	1440	1650	1850

## 95 Sundays and Bank Holidays

To Bude at Wainhouse

1041; 1241; 1441; 1641;  
1841; 1936

To Camelford at Bude

0826; 1016; 1216; 1416;  
1616; 1816

**Travel Cornwall** - 01726 861108 - [www.travelcornwall.uk.com](http://www.travelcornwall.uk.com)

## 420 Higher Crackington – Launceston

## 480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

These buses to/from Bude, Holsworthy and Launceston via Week St Mary, Canworthy Water and Warbstow don't go to Jacobstow and Wainhouse

Operates Monday - Fridays - NOT on Saturday, Bank or Public Holidays

	480	420	480	480
	M Th	Tu only	Wed	Fri
Hghr Crackington	~	0910	~	~
Wainhouse Cnr	~	0925	~	~
Jacobstow	~	0930	~	0910
Week St Mary	~	0940	~	~
Canworthy Water	~	0955	~	~
Warbstow Cross	0935	0958	0935	0935
Canworthy Water	0938	1001	0938	0938
Week St Mary	0953	~	0953	0953
Bude Strand	~	~	~	1023
Launceston Wgate	1033	1030	~	~
Launceston Tesco	1043	1040	~	~
Holsworthy Church	~	~	1023	~

	480	420	480	480
	M Th	Tu only	Wed	Fri
Holsworthy Library	~	~	1310	~
Launceston Tesco	1250	1235	~	~
Launceston Wgate	1300	1245	~	~
Bude Strand	~	~	~	1310
Week St Mary	1340	~	1340	1340
Canworthy Water	1354	1307	1354	1354
Warbstow Cross	1400	1311	1400	1400
Canworthy Water	~	1314	~	~
Week St Mary	~	1326	~	~
Jacobstow	~	1341	~	1400
Wainhouse Corner	~	1345	~	~
Hghr Crackington	~	1358	~	~

## Local Authority

Cornwall County Council  
Bude "One Stop Shop" and Library also )  
Library Renewal Hotline )  
North Cornwall MP Scott Mann  
Nicky Chopak (County Councillor)  
Police Force Enquiry Centre  
Crimestoppers (Anonymous)  
Floodline  
Power Cut-Western Power Distribution  
Sita Recycling Centre, Tiscott Wood  
Dog Warden (Environmental Health)  
Cats Protection, Mary Chudleigh  
Citizens Advice Bureau-Advice Cornwall

## Healthcare

NHS, Non-emergency

111

## Hospitals

Derriford, Plymouth  
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Barnstaple  
Bodmin, E Cornwall  
Launceston Hospital  
Launceston Minor Injuries  
Stratton Hospital  
Stratton Minor Injuries

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Jacobstow Organisations  
Jacobstow Infants School  
Parent/Teacher Association Jenny Johnson  
Women's Institute, Mrs J Baker  
Jacobstow Church, Mr Brian Marshall  
Art Group, Jeane Gimblett  
Happy Crafters, Eden Chapel - Alison  
Parish Hall Bookings, J Gimblett  
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