

# Jacobstow Journal



Providing news and information for the Parish of Jacobstow

[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)

**Issue: 72**  
**Aug/Sept 2022**



Delivery free to every household in the Parish - otherwise 50p

## Editorial by Sarah

Sometimes when I walk my dog on Black Rock beach I just trudge up and down, thinking about the day ahead and what jobs I've got to get done. Then I stop, look up and marvel at the waves hitting the bottom of the cliffs or sometimes its the sound of the pebbles being dragged back into the sea (love that sound). We are so lucky to live here, this can be attested by the amount of visitors who come every year and some year after year. I went to Niagara Falls a while ago and whilst we were there we needed a maintenance man to come and look at the safe in our room. We had a falls view room (had to be done) and we got chatting to this chap. "You're so lucky seeing this ever day" we said to him, "Don't even notice it anymore," was his reply. Now that's sad. If you take nothing else from my amazing words of wisdom - joking - then please just take a minute to stop, look around and just appreciate our surroundings...unless you are emptying the bins, in that case just get on with it.!

My mother and I work on the puzzle page every edition. She does the word search and I do the quiz. We had no entries for the last edition, I must admit this hasn't happened for a long time. Occasionally it did when we first set the Journal up. But come on my regular puzzle entrants. In the words of the indomitable Delia Smith, "Where are you? Let's be havin' you!"

---

### Enquiries, Articles and Letters

*email to:*

**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**

*or in writing to the Editor.*

Sarah Smith

Almar, Jacobstow, EX23 0BN

### Editorial Team

Sarah Smith	Editor	01840-230565
Sue Burrows	Tec.Support	07989 785518
Celia Proudfoot	Articles	01566-781473
Jill Baker	Articles	01840 239829

#### Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the October/November edition will be 15<sup>th</sup> September. Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

## Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr John Shepherd Mr Andy Vogel  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstovvillage.co.uk](http://www.jacobstovvillage.co.uk)

### ***Summary of Parish Council Meeting held on 7<sup>th</sup> June, 2022***

*Cllr. Charmaine chaired the monthly meeting with six Councillors and County Cllr. Nicky Chopak attending.*

**Cornwall Council** – *Meet the leader – Cllr. Linda Tayler will be at the Ivor Potter Hall on Wednesday 22<sup>nd</sup> June, 2022 to discuss any problems.*

**Cornwall Council** – *Cornwall Council approved Planning Application for PA22/03026 Highway Farm Jacobstow and refused Planning Application for PA22/03551 – New Building on land East of Little Beckaveans.*

**Child Poverty** – *The question of meals for children entitled to free school meals during the school holiday was discussed. It was agreed this is not a matter for the Parish Council.*

**Councillor Matters** – *A road sign was in the hedge around the Certificate Hill area. Cllr. Chopak will report this..*

*Road markings at the Wainhouse Corner junction. Cllr. Chopak will deal with this.*

*Hut in field on the Jacobstow road - Enforcement Officer has visited twice. Oakdene, Wainhouse Corner - Large building going up in back garden.*



Nicky Chopak, your County Councillor contact details -  
mobile no: 07810 302061

Email: [nicky chopak@gmail.com](mailto:nicky chopak@gmail.com).

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

## ***Summary of Parish Council Meeting held on 5<sup>th</sup> July, 2022***

*Cllr. Charmaine Smith chaired the monthly meeting with six Councillors and County Cllr. Chopak attending.*

**Minutes** – *The minutes of the previous meeting had been Emailed to all Councilors and was agreed and signed*

**Cornwall Council** – *Approved Planning Application Nos.PA22/02738 New Witheven, Jacobstow*

*PA22/03339 – Dwelling, Trefrida, Jacobstow Planning Application No*

*PA22/04863 – To erect a general purpose building – Land South of Hele Barton, Week St Mary Councillors supported this Application.*

### **Accounts to pay:-**

*Mrs M Cowling – Internal Audit - £50.00*

### **Councillor matters:-**

*Car Park - Clerk to contact the Parish Hall regarding the car parking at school arrivals and departure times.*

*One suggestion was to put a notice asking parents not to park outside the Hall between 8.30 and 9.15am and 2.45 & 3.30pm. Another suggestion was to put Traffic Cones in these spaces at these times.*

Your MP Scott Mann - - This information is obtained from Scott's Facebook page

My office organised a meeting between Cornwall's NHS hospital leaders, the ambulance service, the Council, MPs, and care homes, to discuss the challenges we face with ambulance response times. I have heard some harrowing stories from constituents and my heart goes out to anybody who has suffered because of delays. I set up this meeting to get everyone together in one room to share ideas and information, following representations I received from Cornish GPs and residents. The meeting highlighted some stress points, and I will be sharing the findings of this meeting with Ministers and stressing the importance of supporting and expanding our local social care system. Cherylin Mackrory, the MP for Truro & Falmouth led a debate at the start of July in the House of Commons on ambulance waiting times at Treliske which are the worst in the country. It was good to get a shout out from the minister



**MENTION US PLEASE!** If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.





## Jacobstow Neighbourhood Watch

Safeguard your children.



Wadebridge Police have received a report that a young boy was followed home by 2 males in a white van, on a Tuesday evening. The boy had the good sense to run to a nearby house. One of the males shouted out to the boy, while they were following him. While this type of incident is rare, Police are asking parents to speak with their children and asking them to safeguard themselves as best they can. Examples of this are not walking home from school or going out alone, having their mobile phone to hand, if they have one and if they do see anyone acting suspiciously, to report it straight away. All of the schools in the Wadebridge area have been notified and have been asked to send out a message to their students or parents to be extra vigilant.

**Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there**

**[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**

**This is your link to the Police Commissioner's Report**



# OPEN DAY

## SUNDAY 28 AUGUST

EXPLORE THE  
FIRE ENGINES & STATION

MEET THE CREW

FANTASTIC RAFFLE  
(SUPPORTED BY LOCAL BUSINESSES)

@ Bude Fire Station  
The Wharf

TOMBOLA TEA & COFFEE CAKE STALL



## PLATINUM JUBILEE CELEBRATION

Jacobstow's celebration of Her Majesty The Queen's Platinum Jubilee was a great success and everyone involved in organising all the events is heartily congratulated for their hard work and commitment before, during and after the day itself. There are far too many people to thank individually and of course, it couldn't have succeeded without those that supported us on the day. Thank you all.

The proceeds from the Dog Show were all donated and there was a donation box in the Parish Hall. We are very pleased to announce that a total of £210 was raised and this has been donated to the Cornwall Air Ambulance Trust.



THANK YOU

THANK YOU

THANK YOU

## WELL BLESSING READING.

Mary read this out on 2<sup>nd</sup> June celebrations at the Holy Well.

**“ We pray for healing blessings on the waters, we pray for healing blessings on the sea. We pray for healing blessings on the rivers, that they may shine in crystal purity.” Starting in the East: “We are calling the waters in the eastern realms. May the power of reason be gifted to the water.” Turning to the South: “Fire of water, we are calling all the waters in the southern realms. May the power of compassion and love be gifted to the water.” West: “We are calling to the waters in the western realms. May the power of hope and change be gifted to the water.” North: “ We are calling the waters in the northern realms. May the power of strength and stability be gifted to the water.” Above and within: “May the power of the sun above and earth's inner light be combined to nurture and heal our waters in all realms.”**



# David's Random Ramblings



Over recent weeks I've been reflecting on some of the bold ideas that inspired and drove me in my youth. Chief amongst these was my huge, almost obsessive ambition to build a global business empire dedicated to the production of electrical devices, in which households could chill fresh food and store it safely for an extended period. I thought that, with my clear ideas and brave ambition, I would be able to dominate the world market for such equipment and amass a fortune to rival or exceed those of Zuckerberg, Musk and Bezos. Yes, dear reader, I have to confess that, in my younger days, it was always my aim to be a fridge magnate.

## HAPPY CRAFTERS

**We meet at** Otterham & St Juliot VH

1<sup>st</sup> & 3<sup>rd</sup> Thursday of each month - 2pm until 4pm

Please come and join us with your current craft,  
project  
or just come along for tea/coffee and a natter!

For further details please contact

**Julie Morris - 01840 230106**

**ANNOUNCEMENT FROM BUDE HARBOUR MASTER -**  
Following the winter storms the far end of the breakwater from Tommy's Pit to Barrel Rock has sustained severe damage. Subsequently, Tommy's Pit has developed a leak, resulting in the water level being significantly reduced. Harbour users are advised not to walk/stand in this area or jump into Tommy's Pit from height .

# CHURCH AND CHAPEL SERVICES

Services at Jacobstow continue on the 3<sup>rd</sup> Sunday of each month 10.30am. With services at Warbstow on the 1<sup>st</sup> and 4<sup>th</sup> Sunday of each month 10.30am . For other services across the Benefice see monthly notice on church gate or contact Rev Heather Ashton on 01840 250359 for more information. These arrangements may change - please check notice board



Jacobstow Church



## LIVING CHURCH

A new minister is due to take over at the church in August. More information will hopefully be available in your October/November Journal.



## Coast Family Church

Sunday services on the **first, third and fifth** Sunday of the month at 10.00am Jacobstow Village Hall

Come and join us  
All are welcome  
Non-denominational



# CHURCH AND CHAPEL NEWS & EVENTS

## Boscastle group of churches

Harbour happenings at Boscastle on the lawn beside the road leading down to harbour on Sunday 28<sup>th</sup> August 10.30. Service with stalls and various attractions, running through the day with each church taking part raising funds for their own church. Jacobstow will be in attendance with a stall, please come along and support us.

Michealmas Day - Thursday 29<sup>th</sup> September - A celebration & study of Soul and Spirit. Keep this date free - news and events to be announced please ring Dru Pratt 01840 230307 for more information.



Scenes from the Gospels will be appearing around the Benefice of the Boscastle Group of Churches over the summer months.

Here's one:

A camel, a rich man and a needle!

But why? Is the man about to do some sowing? Are they part of a camel train and carrying a package of needles? Is

it this kind of needle that is being referred to? Things to ponder....

## Church Lottery Results

	1st	2nd	3rd
July	Mrs N Smith	Mr J Lewis	Mrs F Jewell
August	Mrs W Smith	Mrs G Cowling	Mr Z Loader
September	Mrs M Trotman	Ms L Cowling	Mrs A Curtis

# *Tintagel Skip Hire*

*a name you can trust*

- Waste Management
- Range of Skips
- Recycling Centre
- Wheelie Bins
- Muck Away
- Waste Collection Services

**Long or short term hire  
Commercial or domestic use**

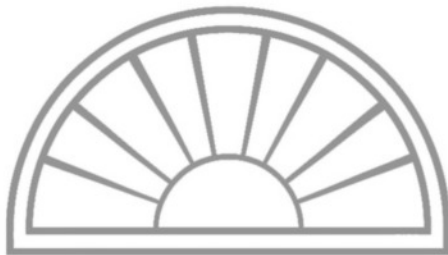
*Trebarwith Road,  
Delabole*

*Established 1907*

**01840 770449**

**07979 415236**

**[www.tintagelskiphire.co.uk](http://www.tintagelskiphire.co.uk)**



## **BRIGHT JOINERY**

**Fine Carpentry • Architectural Joinery • Bespoke Furniture**

**07813 545 774**

**[info@brightjoinery.co.uk](mailto:info@brightjoinery.co.uk)**

**[www.brightjoinery.co.uk](http://www.brightjoinery.co.uk)**

**Bude, Cornwall**



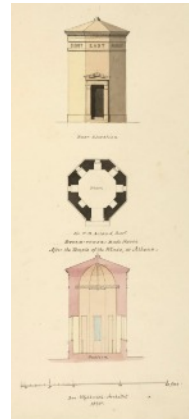
## The Octagon or Storm Tower

situated on Compass Point was built by George Wightwick whilst employed by Sir Thomas Dyke

Acland to draw up plans for St Michael's Church in the 1830s. It was built as shelter for a coastguard and situated so he could communicate with the coastguard station and raise a beacon or warning flag to aid shipping negotiating the dangerous Bude Bay and Lundy Channels.



50 years later the weather and sea and eroded the cliff so badly that the Tower was in danger of falling down the cliff. In 1881 it was demolished and re-built inland. The original tower was built exactly to the compass points, the new tower had to be slightly swivelled so that there was still a view between tower and coastguard station and signalling could be seen between them.



Now, over 100 years on the tower is again in danger of tumbling down the cliff. There has been local support through crowd funding to the tune of £60,000 and it was proposed to move the tower inland again. This work had been agreed with Historic England and Historic Environment Planning and the proposal of dismantling, re-locate and re-building the grade II listed structure was due to start Spring 2022. Natural England then asked for more information as there might be "adverse effects to the integrity of the site."



Update -  
Permission has  
now been  
granted. The

next step is site investigation during August with a view to dismantling the Tower in Spring 2023.



## **Wainhouse Country Store**

### Post Office

Banking services including  
Foreign Currency-Euros on demand and Electric Key charging

### Country Store

Local cheese and cream, fresh bread and cakes  
Barnecutts pasties freshly baked on the premises,

Bacon and fresh meats

Fruit and vegetables, fresh flowers

Newspapers and Magazines



### Off Licence

Tel 01840 230554

**National and Healthcare lottery now available**

## **Josie's Boarding Kennels**

Trefrida Farm, Jacobstow

Purpose built heated kennels

Licensed and insured

Daytime to long term boarding available

Viewing welcome

Tel: 01840 230330

Mobile: 07855001284

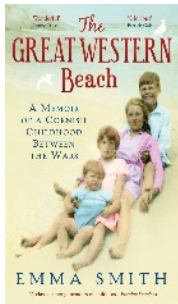


## Gardening for Wildlife



Hedgehogs, bats, sparrows, song thrushes and stag beetles are all declining species in the UK, but if we manage our gardens to benefit wildlife, these creatures and many more will find refuge. It's not hard to be of help. Consider a whole host of wild ideas and features – or just pick one and then sit back, enjoy the view and see who visits!

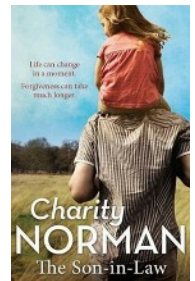
Why have a plain, ugly fence when a green, living boundary can bring the riches of flowers, scent, berries, rich autumn colours and wildlife? Ever thought about which heavenly-scented plants provide night-time nectar for moths? Or digging a pond? If you introduce a water feature, not for fish but for newts, dragonflies, pond skaters, you'll also be providing water for birds. Plant up the edges with the golden blooms of marsh marigolds and the lush spikes of purple loosestrife and you'll have nectar stations for insects and beauty to dwell on.



### BOOK CLUB

#### **'The Son in Law' by Charity Norman**

The opening is a very dramatic and violent scene. A husband and father has lashed out in anger at his wife, accidentally killing her, whilst their three children cower in fear. The husband goes to prison, so the grand parents bring up the children, until their son in law is released and a very hard fought and emotional



custody battle ensues. This will pull at your heart strings and is thoroughly recommended.

#### **'The Great Western Beach' by Emma Smith**

Most of us enjoyed this memoir of a childhood growing up in Newquay between the wars. The writer cleverly evokes the feelings of a twelve year old girl, as she describes the joys of their family days out, picnics on the beach and dressing up to go to parties. However, she does question the social barriers and standards of behaviour that are imposed by her parents, especially by her father, who has fought in and survived the Great War, and



# Wendy Hodgson

S.A.C. DIP. FHPT/S.A.C. Dip. FHPP

Foot Health Practitioner



the foundations of life

Professional treatment in a well-equipped clinic  
or in the comfort of your home by appointment

Sterilised Equipment

Professional Service for Registered Care/Nursing Homes

Confidentiality assured

Evening or Weekend Appointments

For the treatment of all foot-related problems:

**Call Wendy on 01840 230216 or 07910 309936**

Medlands, Jacobstow, Bude, Cornwall EX23 0BL

wendyhodgson2010@hotmail.com



## Wild Cyclamen

FLOWERS & FOLIAGE

Seasonal, scented, locally grown flowers for ALL occasions

Nurtured slowly and simply with good soil,

soft rain and sunshine.

Orders now being taken

Contact : 07770 838472

[www.wildcyclamenflowergarden.co.uk](http://www.wildcyclamenflowergarden.co.uk)



Well, what a busy Summer Term all the units have had, getting outside as much as possible, having to have some last minute changes due to weather – not always wet. The brownies had to change their penultimate meeting as they were going to learn how to build a fire and make smores, but with the extreme heat warning in place, we decided to make our smores over candles instead.

The guides have been very active this term, with a meeting spent geocaching around the village, which included the leaders being grateful for mobile phones, as it was nearly pick up time, and we were at Eden Chapel, with the parents at the Parish Hall, so a quick call meant pick up was changed, with only the leaders having to walk back to the hall. We have also walked from St.Gennys Church down to Crackington beach, ending with a scavenger hunt. The guides penultimate meeting was spent walking up Rough Tor, which we do every year. The girls had requested smores at the top as last year we had left the meths in the car. This year we forgot to bring the tranguias at all! So we will have to try again next year to remember all the essentials for toasting our marshmallows.

Rainbows have also had lots of fun this term, with a visit to the beach, walk to the river and a fun sports evening with races in the hall.

At the time of writing we have one meeting left before our summer break, which is our annual district get together on Widemouth Beach, with other units from the district joining us for some beach fun.

If there are any girls aged between 5 and 14 years who would like to join us, all units have space and would love to welcome new girls.



### **Contacts**

**[jacobstowbrownies@outlook.com](mailto:jacobstowbrownies@outlook.com)**

**Louise on 07817985661 or**

**Mary on 01840230006.**

# Warbstow Flower Group



If you are interested in joining us we will  
be pleased to hear from you

Please email me, Marian Haynes at  
[trolleylnight@btinternet.com](mailto:trolleylnight@btinternet.com)



## A FLAVOUR OF THE ROYAL CORNWALL SHOW 2022



The beautiful whale (top left) is made entirely from 'Ghost Gear' removed  
from the sea to highlight the problem of lost fishing nets, ropes etc.





## PUZZLE PAGE

Welcome to your "tea break" puzzle page. No entries for the last edition. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> September 2022

S	U	N	H	A	T	A	L	T	I
E	U	Z	X	T	S	F	E	U	C
R	R	M	Y	O	A	L	W	H	E
U	O	S	M	H	N	I	O	H	C
T	A	U	A	E	D	G	T	C	R
R	D	N	P	Z	R	H	I	A	E
A	L	E	V	A	R	T	S	E	A
P	C	O	A	C	H	S	I	B	M
E	L	O	L	L	Y	X	U	M	S
D	B	P	P	K	I	N	G	S	E

**WORDSEARCH** - one of the words listed below does NOT appear in the grid - which one?

BEACH HUT  
COACH  
FLIGHTS  
ICE CREAMS  
MAP  
SAND  
SUN  
SUN HAT  
VISIT

BOOKINGS  
DEPARTURES  
HOT  
LOLLY  
ROAD  
SUMMERTIME  
SUN BURN  
TRAVEL



1. From which language is the word 'ketchup' derived?
2. Which is the country with the biggest population in Europe?
3. Who portrayed **Edward Scissorhands**?
4. What are made and repaired by a cobbler?
5. What is an endoscope used to examine?
6. Apart from womanizing and producing films, what was the other passion of Howard Hughes?
7. What colour are the four stars on the flag of New Zealand?
8. How many states make up the United States of America?
9. Which English football team plays its home matches at Old Trafford?
10. Mr. Carson is the name of the butler in which popular costume drama?



Last edition answers Word search missing word Flags Queen Quiz 1. Elizabeth Alexandra Mary 2. 14 3. 25 4. 73 years 5. 8 6. 1992 7. 9 September 2015

# *G Climo & Sons*

Building Contractors & Plant Hire

*Tintagel, Since 1907*

**Call George on 07798940466 or 01840 770449**

## **All building work undertaken**

New builds, Extensions, Demolition, Driveways, Barn conversions &  
Joinery shop

**~ 12m Telescopic handler ~ Various sizes of Swing  
Shovels ~ Haulage ~ Skip hire for commercial & domestic  
waste ~ On-site Crusher & Screener ~**

Suppliers of: Sand, Cement, Aggregates, Chippings, Tarmac  
Plainings, Concrete Blocks,

[www.gclimoandsons.co.uk](http://www.gclimoandsons.co.uk)



## **EDWARDS SMALL TRACTOR JOBS**

**Small holding work**

**FLAIL MOWING: LONG GRASS, RUSH,  
BRACKEN JUNGLE ETC,  
POST HOLE BORING GATE  
POST OR SHED. TOPPING,  
CHAIN HARROWING, HORSE  
FIELDS ETC ROTAVATING  
GARDENS TEL 01840 230385**

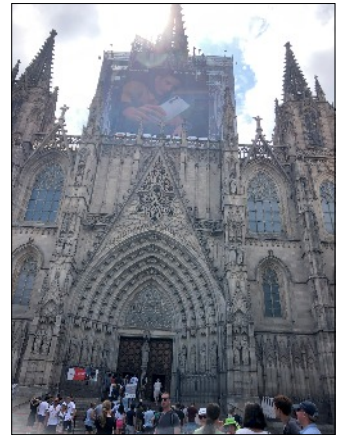




Yes so I've been away but still think of Jacobstow. All the family, ages 12-75, met up near Barcelona. We had a large "mansion" with pool. It was hilarious and mad and never to be forgotten.



Sangria and Cava don't mix!



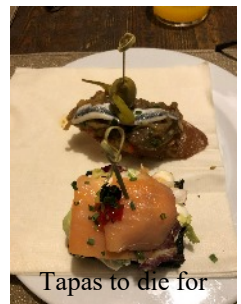
Santa Cruz Cathedral built  
13<sup>th</sup> 14<sup>th</sup> century



The Kiss - made up from 100s of  
different photographs



All this amazing stuff left  
these grand children  
completed unmoved!



This modern cathedral,  
Sagrada Familia, started  
in 1882 and due to be  
finished 2026 is an  
amazing mixture of  
classic and ultra  
modern. Designed by  
Gaudi, still unfinished.  
It has been built from  
donations only. It has  
now been given  
UNESCO World  
Heritage Site status.  
A-M-A-Z-I-N-G



## WEATHERWISE by Monitor

Few surprises with May this year, in fact all very normal of late. Rainfall collected at Canworthy Water for the month was 2.21", 56mm as against my 10 year average of 2.67", 68mm. No really wet days were observed here, the 11th saw 0.4" collected from early morning but cleared up quickly. High pressure to the east of the country tended to favour winds more southerly by mid-month. Warm and moist inflows from the Southern Continent kept temperatures very mild to warm for May, and this along with much colder air aloft in the middle of the month created instability and a thunderstorm was observed in the evening mid-channel to the south of the Duchy on the 14th. It was generally weak and stayed offshore. Warm afternoon temperatures into the low twenties were observed the following day, with more active storms noted to the south and east of the area but nothing local.

Matters stayed quite warm during the day to the end of the month but turned somewhat showery. Extensive hill fog was noted on westerly winds on the 26th, but the following two days were perfectly clear with continuous sunshine from dawn to sunset. A thundery area of low pressure over Brittany developed on the 29th, surface heating with cooler air aloft set a number of thunderstorms off by early afternoon with a notable one east of Launceston and a few heavy downpours were observed locally by late afternoon here. Overall, temperatures were above what one would expect for late spring down west.

June generally started off in the same pattern. Easterly winds locally and a convergence line to the south set off a thunderstorm offshore of Salcombe around half nine in the morning; it remained active and continued to build inland giving a line of storms northwards into the afternoon. A local elevated one was observed here but no rain of note. This brought us up to 10 thunderstorms locally or within detector range since the beginning of April, which was more than the whole of last summer. Further activity was noted on the 18th, giving three more distinct storms some giving heavy downpours. Such was also observed on the 25th, with a line this time up the north coast along with heavy rain and extensive hail here in the late afternoon. They tended to keep along the shore line although one was observed inland of Camelford around midday.

The month was often noted for cold northwesterly winds despite long sunny periods, and a total of 3.21", 81mm of rain was collected against my 10 year average of 2.98", 75.7mm. Whilst the rain total was not of note in itself, 15 days in the month saw rain of some description which didn't help grass cutting duties here.

### HIGH TIDES and SUNSET - August - September

Date	5 Aug	12 Aug	19 Aug	26 Aug	2 Sept	9 Sept	16 Sept	23 Sept	30 Sept
AM	10.50	6.04	10.56	5.36	9.31	5.05	9.28	4.34	8.27
PM	23.15	18.24	23.25	17.49	21.50	17.25	21.50	16.49	20.47
Sunset	20.56	20.44	20.30	20.16	20.01	19.45	19.30	19.14	19.27



We have had a fabulous Summer Term at Jacobstow School. There have been lots of visitors, visits, activities and exciting events.

This year, after 2 years of no SATS tests, no formal reporting of data and no Phonics Screening Summer checks, all of our classes throughout the school were involved in testing or 'exams' of some sort. I would like to acknowledge my thanks to a number of groups for making this time in school purposeful, not stressful and a useful time for everyone. Thank you to our staff for supporting all of their children so ably to prepare them for the demands of the formal testing, but also in supporting them in their learning still catching up the gaps left by Covid; thank you to parents for the additional practice at home - most particularly for our Year 6 children who were revising each week and finally, of course, it goes without saying that we need to thank our children for approaching the tests and checks so confidently and positively.

Throughout the Summer term, we have been involved in a number of sporting events and sessions in school and within the local community. Children in our Year 5 and 6 class were selected to take part in the Born to Win competition, with nearly every child selected being successful in going through to the Elite Academy sessions. Maybe we have some future Olympians in our midst?

All of our Key Stage 2 children also enjoyed a focus session of swimming lessons - for many this was the first time they had ever had swimming lessons, or certainly the first time in the last two years. Thank you to Camelford Pool for encouraging the children. We held our Sports Day event at the beginning of July - with Enterprise House storming to victory. Well done to Miss Hunter, Aiden and Nina who are the House, Vice and Staff Captains. Every child in school and nursery took part in at least 3 races! However, overwhelmingly, the best moment was being able to have our parents join us 'normally' without restrictions and to have more parents than I have EVER seen in my 20 year teaching career join in with the Parents' Races - we easily had over 8 heats for both males and females! We have also enjoyed another 'first' for our school this year: our Key Stage 2 production of The Jungle Book. We purchased this play over 2 years ago, aiming to perform it in July 2020 - however, sadly this was not to be. However, we have been able to finally reach our aim of putting on a show, involving all KS2 children in one way or another. We realised during the dress rehearsal that for some of these children, it was the first time they had performed on stage for over 4 years - which is a massive achievement.

As we head towards the end of the school year and think about the future, we have enjoyed a few more new traditions including our usual transition days which haven't been able to happen normally until now, our Year 5/6 residential trip at Menadue Centre, Bikeability, our Beach Day building in an appreciation of our area and supporting children to learn essential skills to stay safe on the beach in the summer and our Nursery and year 6 graduation events. I can't wait for the year where we can look back and compare our Year 6 leavers to their Nursery Graduation photos - I am sure there will be lots of 'ah' moments. In September, we will be joining with the LAP SW (Learning Academy Partnership SW) Trust - alongside a couple of other local schools. We are really excited to continue on our journey as a school, with the able assistance of LAP SW as we strive to fulfil our visions and values each and every day in all we do: Making Memories, Nurturing Confidence and Inspiring Ambition for Bright Futures!

Mikaela





# AQUAFLAME

## PLUMBING & HEATING

INSTALLATION, SERVICING, REPAIRS  
GAS SAFETY CERTIFICATES, SURVEYS,  
ENERGY EFFICIENCY UPGRADES.  
OIL, GAS & RENEWABLES



**WRAS**  
Water Regulations Advisory Scheme



FREE QUOTATIONS

**T: 07557 872 662**

## Pilates Classes In North Cornwall

Launceston/St Kew/Higher  
Crackington [Warbstow](#)  
Week St Mary/Canworthy Water



### What does Pilates do?

- Targets the deep core stabilising muscles
- Improves muscle tone, strength & joint mobility
- Improves posture, alignment & body awareness
- Corrects muscle imbalances & encourages pain-free movement
- Classes are progressive and operate on a school term basis.
- Classes limited to 12 people
- All equipment required is provided.

BODY CONTROL  
**PILATES®**

Martin Brooks 07812 959 879  
[www.northcornwallpilates.co.uk](http://www.northcornwallpilates.co.uk)  
[martin@northcornwallpilates.co.uk](mailto:martin@northcornwallpilates.co.uk)





# Jacobstow in Bloom



## 2<sup>nd</sup> Jacobstow Scout Group

In July Beavers, Cubs and Scouts participated in a sponsored bike ride with all funds being raised going towards the new Scout hut.

Watch out for other fund raisers.

**Summer Tractor Rally and Josie's Dog Show in September**

Thank you as always for everyone's support.

Jill Cole



# **TILLEYS COACH HIRE**

**WE OFFER AN EFFICIENT, RELIABLE SERVICE  
29 TO 57 SEATER COACHES AVAILABLE**



**PLEASE CONTACT US FOR A COMPREHENSIVE QUOTE  
OUTINGS, FUNCTIONS AND EVENTS  
TEL: 01840 230244**

## **R & N FUELS (Nicholls Brothers)**



**Local deliveries  
All solid fuels**



**Competitive prices  
01840 230111 (Colin)  
01840 250568 (Roger)**



We very much enjoyed Jacobstow's Platinum Jubilee celebration on 2nd June and were kept busy throughout the afternoon serving up cream teas (scones and splits!) in the Parish Hall. Many thanks to all those who baked for us and helped on the day. Thank you also to everyone that came and supported the day's events.

A week later was the return of the Royal Cornwall Show, when some of our members helped with the Federation Stall. After its 3 year absence, the Show was as busy as ever with lots to see and do.

The national WI Annual Meeting was held in Liverpool attended by representatives from across the country, including one from Jacobstow! This year's Resolution to improve the diagnosis and support for women and girls with ADHD and autism was passed with 96.5% of the votes and will therefore be taken forward as a WI Campaign.

In July we had a most entertaining talk, taking us on a tour of central London's statues and landmarks. The speaker Alison Yeo had been an experienced city tour guide and entertained us with hilarious stories about statues being moved, removed, altered and even buried due to the sensitivities of the times. With tales about the groups she led, the origin of several London place names and much more besides, we could have listened to her for hours.

On 25<sup>th</sup> August we'll be joining Bude, Marhamchurch and Week St Mary Bonaventures at the Holsworthy & Stratton Show. We are putting together various displays about the activities of the WI, including Resolutions & Campaigns, Crafting - with examples and demonstrations, Denman online courses and what is available to members in the modern WI. If you're coming to the Show, do come and see us.

Looking ahead to our next meeting on Sep 8,<sup>th</sup> we'll be hearing about the work of The Fishermen's Mission.



# R Mears & Sons Chimney Sweeps

**Thorough vacuum & brush cleaning.**

**Full CCTV investigations.**

**Chimney linings, pots, cowlings & bird protection fitted.**

**Solid fuel appliances, Rayburns, woodburners and stoves installed and serviced.**

**Tel: 01840 261 221**

**Mob: 07737 533 392**

[www.sweepcornwall.co.uk](http://www.sweepcornwall.co.uk)



**DENISE WELLINGTON**  
FUNERAL SERVICES

**COMPASSIONATE, CARING,  
TRUSTED & PROFESSIONAL**

Memorials | Pre-Paid Funeral Plans

**24 Hour Contact 01288 359277**



[denisewellingtonfunerals.co.uk](http://denisewellingtonfunerals.co.uk)  
[enquiries@denisewellingtonfunerals.co.uk](mailto:enquiries@denisewellingtonfunerals.co.uk)

## JACOBSTOW WALKING GROUP. Celia Proudfoot.

Our usual walk as the walking group was replaced by the well blessing which took place on Thursday June 2<sup>nd</sup> as part of the Jacobstow jubilee celebrations. We met outside the village hall at 10.30. There was a lovely atmosphere with everyone feeling what a special day



it was, helped by marvellous weather. Lots of young families came and the children had bunches of flowers and two dear little girls had made a special miniature garden, all to offer as gifts for the Holy Well. I chatted to the girls about their garden and I was very impressed by the sticks for growing runner beans.



I said I hoped Peter Rabbit would not eat their lettuces and they told me no he wouldn't as it was a Lego rabbit which they were anxious to get back once it had been at the well for a little. It's quite an uphill walk to the well but even the small children kept up, with just the youngest getting a shoulder ride near the top. At the well, Mary laid the



beautiful wreath she had made and the children added their flowers and garden. Then Mary read a poem and we turned at intervals to face North, South, East and West. Once the reading was done, Mary gave all the children and most adults a beautiful gemstone each. We then headed back down the hill to continue with the rest of the day's wonderful celebrations.



MARY:

0184023656

# Julian Trick

WINDOW CLEANER  
&  
PRESSURE WASHER

t : 01840 779169

m : 07760238756

e : jftrick@hotmail.co.uk



# Andy Vogel

**Carpenter**

**Internal - External - Roofing**

**Home Improvements - Renovations**

**25 years experience**

**07792 533597 / 01566 781638**







# Cornwall Corner

## Colours

White	gwyn	Black	du
Red	ruth	Blue	glos
Green	gwer	Yellow	melen
Scarlet	cough	Grey	los



**NORTHERN SOUL**  
PENISTONE HOLIDAY PARK  
KILKHAMPTON, BUDE EX23 9QY  
CORNWALL  
Saturday 1st October 2022  
TOP DJ LINE UP  
*All DJ's Start 10.00pm  
from 10.00pm Only*

**PAUL RILEY**  
**EMMA COX**  
**PETE ROBINSON**  
**TOM YULE**  
**WE STAX**

3PM LAM

Amazing New Refurbished Venue with a Full Licenced Bar and  
Superb Sound System WOODEN DANCE FLOOR

Bar Menu Available.  
Large Free Car Parking Area.

**TICKETS £10.00 IN ADVANCE**  
Tickets can be purchased via Facebook Pay Pal  
Contact Dave Salisbury for more details.  
07879 486077

**DRAG QUEEN**  
**STORY HOUR**  
THE OFFICIAL SUMMER TOUR 2022  
Cornwall Libraries  
**Bude Library**  
**Wed 3rd August 2022**  
12:30 PM

VISIT THE LIBRARY FOR YOUR  
**FREE TICKETS**  
Please have your  
library card/number ready

Drag Queen  
Story Hour UK

Drag Queen  
Story Hour UK





# The Old Wainhouse Inn

AA \*\*\*

Booking is advisable Tel: 01840 230711

Sue & Neil and the Team welcome you and hope you enjoy the warm relaxed atmosphere.

Open Breakfast till Dinner and more#

Sunday Carvery 12 till 3

Take Aways available

We use Local Ales and Produce where possible



*start your comeback*  
with  
**Slimming World**

**CAMELFORD HALL**

**THURSDAY'S PM**  
**FRIDAY'S AM**  
**CONTACT JULIE**  
**TO BOOK A SLOT ON**  
**07708433054**

*groups now open!*

**Please note:**  
**SESSIONS NEED TO**  
**BE PRE BOOKED TO**  
**COMPLY WITH**  
**COVID-19**  
**REGULATIONS**

**Slimming**  
WORLD  
**PIC-COLLAGE**  
slimmingworld.co.uk

# Epic Summer Salad -



## Ingredients

400g Black Beans - drained	2 Handfuls baby spinach - chopped roughly
500g tomatoes chopped into large chunks	½ cucumber - de seeded and chopped
1 red onion - finely sliced	1 mango - peeled and chunked
2 avocados - peeled and sliced	6-8 radishes - sliced
	100g feta cheese - crumbled

## Dressing

Large bunch of mint	Small bunch coriander
Small bunch of basil	1 green chilli - deseeded and chopped
1 small garlic clove	100 ml olive or rapeseed oil
2 limes zested and juiced	2 tbsp white wine vinegar
2 tsp honey	2

## Method

Make the dressing by blending all of the ingredients in a food processor, saving a few herbs for the salad. You can make the dressing up to 24 hours before serving.

Scatter the beans and spinach over a large platter. Arrange the tomatoes, cucumber, mango, onion and radishes on top and gently toss together with your hands. Top the salad with the avocados, feta and herbs and serve with the dressing on the side.

**NEATE FEET**  
**MOBILE FOOT HEALTH PRACTITIONERS**  
**07870 508867 Mob**



Toenail clipping, callus removal  
Paddings and dressings. Verrucaes



Everything you need to keep  
your feet in tip top condition

Reflexology also available  
Members of the alliance of private sector chiropodists



**W. SANDERS AND SONS LTD**  
**WAINHOUSE CORNER GARAGE**



MOTOR REPAIRS, SERVICING

TYRES AND EXHAUSTS

AIR CONDITIONING



MOT TESTING CLASS IV & IVV



**WAINHOUSE CORNER**  
**TEL 01840 230708 FAX 01840 230731**



# KID'S PAGE

The weather's hot. This is a cool way to paint! Just empty ice cubes into a tray and get your paints out. Toddlers will love this.

## HOW TO MAKE ICE PAINTS



### STEP 1:

Pour water into the ice tray. Do not overfill or colours may run into other sections. Add 1-2 drops of food colouring to each section. Place the ice tray in the freezer and freeze the ice completely.

**STEP 2: Place poster board or paper into a large tray, and empty the ice tray onto it.**



**STEP 3: Use a spoon to spread the ice around. The ice will start to melt and leave colours on the poster board. Colour the whole poster with**

**your ice paints until until no white space is left.**



**Treating the following in the  
comfort of your own home:**



**Toe Nail cutting  
Thickened Toe Nails  
Ingrowing Toe Nails  
Fungal Nails  
Tinea Pedis  
Corns and Calluses  
Verruca  
Neurovascular Assessment**



**07570883967**

**Lynn Goodwin MAFHP MCFHP**

## **Could you be a Volunteer Ambassador?**

Citizens Advice Cornwall are looking for  
Ambassadors to:

- Give talks about the charity
- Attend events and supermarket collections
- Organise fundraising events from coffee mornings to skydives
- Distribute and collect, collection tins
- Research potential supporters

If Fundraising and Awareness Raising isn't  
your thing why not become a volunteer  
adviser or administrator instead?

Interested? Email  
[recruitment@citizensadvicecornwall.org.uk](mailto:recruitment@citizensadvicecornwall.org.uk)



**citizens  
advice**

**Cornwall  
Charity No: 1096193**

## WHAT'S ON



5<sup>th</sup> Aug: Arthurian Centre Camelford. “The Last Baguette” Farce 6.30.

9<sup>th</sup> Aug: Ebbingford Manor, Bude. “Awful Aunt” by David Walliams 5pm

9/10 Aug: Stowe Barton. “King Lear” 7.30.

13<sup>th</sup> Aug: North Cornwall Vegan Fair. Parkhouse Centre. 10.30 - 4pm

14<sup>th</sup> Aug: Penwith 6pm St Gennys Band

15<sup>th</sup> Aug: Ebbingford Manor. Gunpowder Plot 5pm

17<sup>th</sup>/18<sup>th</sup> Aug: British Firework Championships, Plymouth.

17<sup>th</sup> Aug: Ebbingford Manor, “A Midsummer Night’s Dream”

19<sup>th</sup> - 21<sup>st</sup> Aug West of England Steam Engine Rally, Stithians Showground

19<sup>th</sup> Aug: Ebbingford: 6.30 “War of the Worlds”

20<sup>th</sup> Aug Bude Carnival

21<sup>st</sup> Aug: Crackington Institute, Jane Eyre

24<sup>th</sup> Aug: Norton Barton, The Odyssey.

26<sup>th</sup> - 29<sup>th</sup> Aug: Wadebridge Folk Festival.

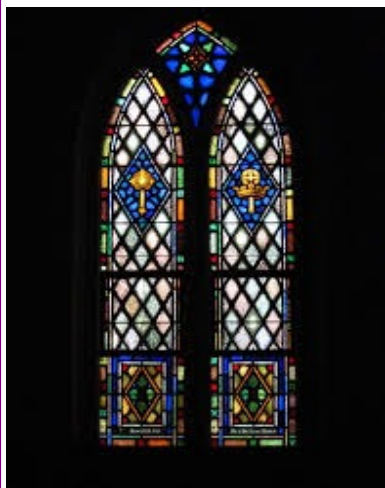
27<sup>th</sup> Aug: Ebbingford Peter Pan, 5pm Bring a chair.

27<sup>th</sup> Sept: Principles of Garden Design with Paul Skerrit, Gildhouse, Poundstock.



# **R J SARGENT & SON**

## **FUNERAL DIRECTORS**



**PRIVATE CHAPEL OF REST**

**MEMORIALS SUPPLIED**

**FAMILY BUSINESS**

**SINCE 1973**

**Tel: Terry Sargent**

**01288 361468**

**Trewithian, Poundstock  
Bude EX23 0DS**

# **BALLYNET**

**Bespoke Website Design**

**A cost-effective website design and build  
solution for small businesses**

**To discuss your particular requirements and  
for a no-obligation quote, please contact Mitch or Katy**

**Email: [enquiries@ballynet.co.uk](mailto:enquiries@ballynet.co.uk)**

**Phone: 07503875236**

**[www.ballynet.co.uk](http://www.ballynet.co.uk)**



STUDIOS ON THE HIGH STREET.

Celia Proudfoot

When I heard that an old work friend of mine was involved in this project, I thought I would go and take a look around. Maddie is one of the artists working with Swanskin Printmakers whose group was able to rent the old WH Smith premises in Launceston. They are part of a wider 3 month project in the town, doing drop in daytime courses for children and adults of all ages and abilities. Tresors Kernow (Cornish Treasures) is a pilot project to breathe new life into towns and villages bringing some joy in the context of Covid recovery funded by the UK Community Renewal Fund. The project finishes at the end of July and I only wish I had known about in time to advertise it in the previous issue of the Journal as I think our readers would have enjoyed visiting and taking part.

# STUDIOS ON THE HIGH STREET

Follow on @studiosonthehighstreetlanson

An arts project part of Tresors Kernow. 14 artists, 3 studio spaces, 3 months – a lot of creative energy by and about the people of Launceston.

Tresors Kernow  
The event is part of Tresors Kernow (Cornish Treasures), a pilot project to breathe new life into towns and villages with culture and heritage, adding some joy in the context of Covid recovery and climate adaptation. Tresors Kernow is led by Cornwall Museums Partnership and Creative Kitchens. The project is funded by the UK Government through the UK Community Renewal Fund. Cornwall Council has been Designated by Government as a Local Authority for the time and is responsible for providing the progress of projects funded through the UK Community Renewal Fund in Cornwall.

UK Government  
CORNWALL COUNCIL  
CREATIVE KERNOW



WHSMITHS  
Faith Chevannes  
Katie GoddenGreen  
Sophie Fordham  
Oonagh Glancy  
Sue Coleman  
Maddy Meaden  
Karen Howse  
Gilly Spottiswoode  
Gabrielle Goodchild  
Jacqui Harris

WHSMITHS  
Karen Howse  
Lydia Christine

WHITE HART HOTEL  
Sara Akroyd

22 CHURCH STREET  
Janie M McDonald  
Richard Hudson  
Peter Ursem

HELLO project

STUDIOS ON THE HIGH STREET



# Handyman

**Need a hand...? Any job considered**

**House or garden maintenance**

**Fencing/woodwork/metalwork/engineering**

**Basic Plumbing Mowing/tree work**

**Flat pack furniture assembly**

**Fixings and brackets**

**You name it and I'll be happy to discuss it  
references on request**

**Please call Jeremy Draper on 07847 893603**

# DB WALLING



Cornish Stone  
Wall Specialists

- Dry stone wall repairs
- Retaining dry stone walls
- Stone work with mortared joints
- Earth stone hedging
- Landscaping
- General construction & ground works
- Garden features

## FREE QUOTES

Call Dan on

# 07968 996191



[www.dbwalling.co.uk](http://www.dbwalling.co.uk)

WALLING LANDSCAPING CONSTRUCTION

## REGULAR EVENTS - In Parish Hall unless otherwise stated

- Monday      Cubs 6.30-8.00 Scout Hut  
Brownies 4.30-5.30 - Canworthy Sunday School
- Tuesday      Scouts 6.30-8.00 Scout Hut  
Rainbows 5.45-7.00  
Guides 7.00-8.30
- Wednesday      Beavers 5.30-6.30 Scout Hut  
Living Water Kids Club 4.30-5.30 Canworthy Water
- Sunday      Coast Family Church 10.30
- 1<sup>st</sup> & 3<sup>rd</sup> Tuesday monthly Young at Heart Canworthy Water 1.30
- 1<sup>st</sup> Tuesday monthly Parish Council meeting 7.30
- 2<sup>nd</sup> & 4<sup>th</sup> Tuesday monthly Arts & Crafts Club 2.00-4.00
- 2<sup>nd</sup> Thursday monthly WI 7.30
- 2 & 4<sup>th</sup> Thursday monthly (recycling weeks) Coffee Club 10.30
- 2<sup>nd</sup> & 4<sup>th</sup> Friday Living Living Water Youth Club 7-8.30 Can Water
- 2<sup>nd</sup> Wed monthly during summer Poundstock Gildhouse talk 7.30
- 4<sup>th</sup> Tuesday monthly Juliotter Gardening Club, Otterham Hall, 7.30

---

---

## LOCAL BUSES

**Please Note** If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

**95/95B and 94** These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

**Transport for Cornwall** - 08081962632 - [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

---

---

**220** - Launceston, Tues;

**371** - Launceston, Mon/Thurs;

**372** - Holsworthy, Wed;

**373** - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

**Travel Cornwall** - 01726 861108- [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

---

---

## Local Authority

Cornwall County Council  
Bude "One Stop Shop" and Library also )  
Library Renewal Hotline )  
North Cornwall MP Scott Mann  
Nicky Chopak (County Councillor)  
Police Force Enquiry Centre  
Crimestoppers (Anonymous)  
Floodline  
Power Cut-Western Power Distribution  
Sita Recycling Centre, Tiscott Wood  
Dog Warden (Environmental Health)  
Cats Protection, Holsworthy  
Citizens Advice Bureau-Advice Cornwall

03001 234100  
03001 234111  
  
01208 75656  
07810302061  
101  
0800 555111  
0845 9881188  
08006783105  
01288 355131  
03001234212  
0345 3712717  
03444994188

## Other Numbers

National Rail Enquiries 08457 484950  
National Express coaches 08717818178  
Farming Community Network 07002 326326  
Rebel Cinema 01288 36'442  
**SAMARITANS** 116123  
**Child Line** 0800 1111  
**Women's Refuge** 01872 225629

## USEFUL CONTACT NUMBERS

## Healthcare

NHS, Non-emergency

111

## Hospitals

Derriford, Plymouth  
Treliske, Truro  
Barnstaple  
Bodmin, E Cornwall  
Launceston Hospital  
Launceston Minor Injuries  
Stratton Hospital  
Stratton Minor Injuries

01752 202082  
01872 250000  
01271 322577  
01208 251300  
01566 761001  
01566 761030  
01288 320100  
01288 320101

## Doctors' Surgeries

Bottreaux Surgery, Boscastle  
Neetside, Bude  
Medical Centre, Stratton  
Drs Nash & Uglow, Camelford

01840 250209  
01288 270580  
01288 352133  
01840 213894

## Jacobstow Organisations

Jacobstow Infants School 01840 230337  
Parent/Teacher Association Jenny Johnson 01840 230456  
Women's Institute, Mrs J Baker 01840 239829  
Jacobstow Church, Mr Brian Marshall 01840 230526  
Art Group, Jeane Gimblett 07706927197  
Happy Crafters, Eden Chapel - Alison 01566 781418  
Parish Hall Bookings, J Gimblett 07706927197  
Beavers, Josie Shepherd 01840 230330  
Cub Groups, Mrs D Dowling 01288 352786  
Scouts, Robert Medland 07842084971  
Guides and Rainbows Mrs M Andrew 01840 230006  
Brownies Louise Cowling 07817985661  
Wainhouse Post Office and Stores 01840 230554  
Jacobstow Walks, Mary 01840 230656  
Jubilee Club, Mo 01840230428 or Eve 01566 781452  
Julietter Garden Club, Pat Thorne 01840 261237