

Jacobstow Journal

Providing news and information for the Parish of Jacobstow



Delivered free to every household in the Parish



Issue No. 3 December 2010/ January 2011



Drawing by Eyanah Cholerton aged 7 from Poundstock

Editorial

Sarah Smith, Asst. Editor



Ho ho ho, hope you are all getting ready for the festive period that is soon to be upon us. The hustle and bustle of shopping, trying to fit in all the social appointments, running hither in a dither trying to create a mini me to take over some of the last minute chores and commitments.

I think it's a good idea to maybe take a step back from the commercial side of the festivities to think about the true spirit of the occasion, try to get back to the fundamental spirit of Christmas (and not in an Ebenezer Scrooge way!). Just doing one charitable act over the season will fill you with a sense of bonhomie that trying to steer a wonky trolley around the supermarket just doesn't seem to reproduce.

Why not have a look at the events in our diary or some of the social adverts also in this Journal?, Maybe you could volunteer to help or even just support an event that you would normally read about and then dismiss.

Then we all have the yearly tussle with the New Year resolutions. Instead of the usual suspects of "loose weight, take up exercise and stop biting my nails" why not try "give an hour a week to a local cause, visit an elderly neighbour get involved in a local group that I know are desperate for volunteers" you can make your Christmas glow last all year round!.

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The deadline for adverts, letters or articles for the February/March edition will be 7th January. Please note this does not guarantee that the item will be published due to possible limitations on space.

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Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is independent of the Jacobstow Parish Council.

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Jacobstow Parish Council



Chairman: Mr. Norman Osborne 01840-230592
Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr. Dennis Adey Mr. Bob Reason
Mr. Jim Cory Mrs. June Rose
Mrs. Ilona Franklyn Mrs. Charmaine Smith

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. A full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Council meeting.

Jacobstow Parish Council

Summary of Minutes of Meeting held on 19th October, 2010

Mrs C. Smith chaired the monthly meeting of the Parish Council with five Councillors, Cllr Phil Tucker and six members of the Public. , The meeting began with an interesting talk by Daryl Wellington, Bude Fire & Rescue Station Manager. There had been no house fires in the last twelve months, they now deal with more car crashes than fires. Anyone in need of Smoke Alarms, they can still be fitted free.

Camelford Sports Centre – Cornwall Council are withdrawing their financial support for the Sports Centre. It has been suggested a small group should be formed to co-ordinate responses/actions in opposition to this. Put up a poster if anyone local would like to be part of this.

Cornwall Council – AskSARA – Quick Online advice on equipment available to the elderly to help maintain their independence.

Stratton Hospital – League of Friends is asking the Parish Council to consider a request for funding by way of a donation to assist with their current appeal to raise £1m towards improvements to Stratton Hospital. Discuss this again next month.

Canworthy Water Chapel News

A highly successful Scarecrow Exhibition was held at Canworthy Water followed by cream teas on Sunday 26th September which raised £320 for shelterbox.

Organised by Mrs Shute

Jacobstow Parish Council

Summary of Minutes of Meeting held on 16th November 2010

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors, Cllr Phil Tucker and four members of the Public.

Parish Paths - *Account received from Mr. R. Jewell for trimming the Parish footpaths, also a letter saying that he can no longer do this job. Clerk to write a letter to him thanking him for looking after the paths so well for 50 years. The Parish Paths Coordinator, Mrs. Mary Carter, had already found someone to take the job on, Mr. Matt Turner.*

New Plans to revive Post Offices – *Post Offices have received the go-ahead to offer :-*

new services in an effort to attract more customers. The government will maintain its commitment for 95% of the total rural population to be within three miles of a Post Office.

Parish Hall – Letter received from the Parish Hall Committee asking for a donation towards new chairs for the Hall. This to be discussed in February.

Times of Church Services

St. James, C of E, Jacobstow

December

5th	7.30	Carol Service	
	6.30	Evening Service	2nd
12th	9.45	Holy Communion	9th
19th	9.45	Morning Prayer	16th
25th	9.45	Holy Communion	23rd
26th	10.30	United Benefice service	
		Week St Mary	

January

Canworthy Water Methodist

Dec 5th	11am
Dec 12th	11am
Dec 19th	11am
Dec 25th	11am
Dec 26th	Service at Bethel Chapel
January	morning Services

Dimma Methodist

December 5th at 11.00 am. 12th, at 9.30 am

December 19th Childrens service 3.30 January services to be arranged

Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

WINTER BUS TIMETABLE

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate	1040	--	--
Launceston Tesco	1050	--	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco	1250	--	--
Launceston Westgate	1300	--	--
Boyton	1315	--	--
North Tamerton	1325	1315	--
Bude Strand	-----	-----	1300
Marhamchurch	--	--	1310
Titson	-----	-----	1315
Whitstone	--	1322	1322
Week St Mary	1340	1330	1330
Canworthy Water	1400	1350	1350
Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Westgate	1245
Launceston Tesco	1255
Launceston Westgate dep	1305
Canworthy Water	1330
Warbstow Cross	1335
Canworthy Water	1340
Week St Mary	1400
Jacobstow	1415
Wainhouse Corner	1420
Higher Crackington	1435

595 Boscastle – Bude

(a = Schooldays only)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

Boscastle	0755	0955	1155	1355	1555	1755
Crackington Haven	0807	--	1207	1407	1607	1807
Wainhouse Corner	0815	1010	1215	1415	1615	1815
Jacobstow School	--	1013	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818
Widemouth Bay	0821	1021	1221	1421	1621	1821
Budehaven School	0828a	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830

Sunday - No service in winter



Bude – Boscastle

(Partial listing of stops only)

Bude Strand	0725	0925	1125	1325	1525	1725
Budehaven School	--	--	--	--	1528a	--
Widemouth Bay	0733	0933	1133	1333	1533	1733
Treskinnick Cross	0737	0937	1137	1337	1537	1737
Jacobstow School	--	--	--	1342	--	--
Wainhouse Corner	0742	0942	1142	1347	1542	1742
Crackington Haven	--	0950	1150	--	1550	1750
Boscastle	0752	1002	1202	1402	1602	1802



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Church and Chapel News from Pat Cottell

Jacobstow Parish Church

Harvest Festival was celebrated on October 5th in the parish hall followed by a buffet supper and a lively auction of donated vegetables etc. when a decent sum of money was raised for the Church

The church is part of the Week St Mary circle of churches and on

Sunday 31st October Jacobstow Church hosted a joint service for all 8 churches. 56 people attended and refreshments were served after the service.

It was a great opportunity to meet up with friends from Week St Mary, St Gennys, Warbstow, Poundstock, Widemouth bay, Whitstone and Treneglos.

A service of Remembrance was held at 9.45 am on 14th November before the start of the Communion service. The church was decorated with flowers and poppies and two minutes silence was observed. Brian Marshall read out the names of the fallen and Pat Lane read the Act of Commitment. Revd James Rugg took the service which was attended by the church congregation and one member of the public.

The Rainbow nursery will hold its own carol service in the church at 2pm on the 10th December

Dimma Church was beautifully decorated for their Harvest Festival Service on Sunday 26th September. Many friends and neighbours from nearby Chapels were welcomed and enjoyed the lunch that followed provided by the member ladies of the Chapel. A special service for children will be held on 19th December at 3.30p.m., all welcome.

RAINBOWS, 1st WAINHOUSE BROWNIES and GUIDES, 1st JACOBSTOW

The last meeting before Christmas is to be held on 1st December with the first one after the New Year probably on 19th January 2011.

For more information contact Mrs Geraldine Skinner 01566-781234

1st Wainhouse Rainbows, Brownies and Guides

Would like to invite the community to their first Christmas Concert, starting at 6.30 on Wednesday 1st December in the village hall. During the evening the children will be singing Christmas carols, reading poems and doing some individual acts

Either during or after the concert you will have the opportunity to buy refreshments and raffle tickets



We look forward to seeing you



A pet is for life, not just for Christmas

We all know the slogan usually reads "A dog is for life etc" but this really does apply to any pet that you are thinking of giving as a gift this Christmas.

Any pet should be a considered purchase and not an impulsive one. You need to be aware of the ongoing expense of keeping a family pet, in both financial and emotional terms.

Please give this a lot of thought, especially at this time of the year, before making this commitment for life

Womens Institute

Jacobstow W.I. usually meet on the 2nd Thursday of the month in the Jacobstow Parish Hall 7.30p.m and **Canworthy Water W.I.** in the Canworthy Sunday School on the 3rd Wednesday of the month at 2.30p.m.

If you are interested in joining or for further information please contact either:-

Jacobstow W.I. Jen Spettigue tel. no. 01288 361545

Canworthy Water W.I. Hilda Hicks tel. no. 01840 261514

JACOBSTOW INFANTS SCHOOL



The Foundation Stage Children.

This year we are delighted to welcome 15 children into our first class, they are in no particular order:

Finbar, George, Callum, Ebony, Jessica, Bodhi, Ryan, Lola, Abbie, Alfie, Boe, Sam, Thomas, Dylan and Bethany. We wish them every success in their Educational adventure

BRIDGE - Beginners and Improvers Classes

Bude Bridge Cub will be holding classes at 2pm every Wednesday from Oct 6th until the end of March 2011.

A qualified English Bridge Union teacher will attend twice monthly & other experienced players will be on hand to instruct and assist weekly.

Venue: Parkhouse Centre Bude. For further information please contact M. Hicks 01288 359784 or J. Ridding 01288 352528



Cats Protection League

By Frankie Franklin

The Cats Protection League, as it was originally named, was founded in 1927 by a group of ladies, who were concerned by the plight of cats, which at that time were regarded as vermin. In 1935, a legacy, in the form of a house in Slough, enabled the CPL to increase the amount of work undertaken. In 1950 another legacy, created the first shelter, at which cats needing a new home could be cared for. In 1978, the league moved from Slough to a shop in Horsham, in West Sussex. In 1985 a house was purchased, still in Horsham and some time later, the house next door was also purchased. In 1998, the name was changed to Cats Protection, the idea being that the new name reflected a more modern approach to cat rescue. By the turn of the century, the 2 houses were bursting at the seams and finally in 2004 the new purposely built offices, cattery and veterinary centre was opened at Chelwood Gate W Sussex. The aims of C P remain as they were all those years ago, to neuter all cats not wanted for breeding and to care for and re-home cats to the right home. A healthy cat is never put to sleep, however long it takes to find it a home.

I have been a member of this charity since 1975 and know how it has grown and kept pace with modern living. When I moved to Jacobstow in 1989, I actively became involved with the local branch.

A great deal of the work undertaken by us focuses on a “trap neuter & return” scheme with regard to farms, stables etc. We always need good homes for these cats, who in return for a daily meal and a warm bed, will pay for their “keep.”

Most cats are tested for the Felv virus and leukaemia virus, both of which are infectious to other cats. All domestic cats are neutered vaccinated micro-chipped and health checked.

For my part, I am the treasurer of the Launceston branch, fosterer and home visitor. Home visits ensure that a cat we home, not only goes to the right family, but the new owners get the cat they want. I help with some fundraising events and attend workshops etc. organized by H Q to ensure that my knowledge is up to date.

In 2009 we re-homed 200 cats. Spent over £7000 on neutering, vets bills came to £8000 £5,500 on food and litter. We have a small grant from H Q plus a small neutering grant, but we have to raise most of the money we need to keep afloat by fund raising events, collecting boxes and donations. All the cats homes by us are micro-chipped, vaccinated and neutered. For me, my involvement with cat rescue is very satisfying, especially when a frightened cat “blossoms” and becomes a happy cat in a new home. Of course, there are some very sad occasions, such as a call from a distressed owner whose cat has gone missing. One very good reason to micro-chip your cat. Or a much loved cat has had to be put to sleep.





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County Councillor Report by Cllr Phil Tucker

At the time of writing this I don't know the details of the savings in full. I believe that the council is hoping to reduce the numbers of redundancies to around 700 jobs. This has been achieved by making reductions in spending earlier than planned by government so the savings kick in earlier. Also the numbers are reduced by a reduction of middle managers rather than front line staff. I know Alec Robertson, leader of the council, is keen to save early to minimise redundancies. We have in-depth briefings from the 1st to the 5th of November so no doubt the media will have full coverage.

Unfortunately I am writing this on the 20th of the month. I have been to all meetings possible to put the case for the Bude area. Although cuts are going to be made we need to ensure it doesn't affect North Cornwall more than West. Government, in some form, employ roughly 1 in 5 of the working people of Cornwall and to protect our economy those wages are vital.

Waste

The emphasis therefore is on saving charges and fines and a major area to save fines is in dealing with waste. There has been a sluggish attitude in the past with Cornish waste handling. While the fines were low we didn't deal with the disposal of waste issue. The fines are now at a medium scale and land filling of waste will not be an option soon. This should have been dealt with 5 years ago maybe even 10. We had a presentation on what is being done nationally and some counties are at least 10 years ahead. Landfill fines are set to double in the next 5 years so action is urgent. My plea to all residents is to recycle your waste. Each kg of recycling will do its part. Unbelievably only half of the community of Cornwall do any recycling. We have reached 40% recycling with only half the community. Imagine if all did it. I wanted to deal with comments which I have heard.

It all ends up in the same place. All items placed out for recycling are indeed recycled ***It only ends up in another country for them to landfill.*** The items recycled in Cornwall have established markets in the UK and are totally audited.

Why should I do the work for the council? Put the other way why should the council do your work. You are not doing the council's work, you are taking responsibility for your waste and hopefully ensuring that the products used in your home (copper, tin, glass plastics and paper) are reused. Recent research points out that our world population has now used more than half of the total available metals in the earth.

The place stinks with all the different bags. Everything in any recycling bag should be clean and dry. If that is the case then it cannot smell.

It uses more energy to recycle than it does to get a new one. There may be things that use more energy to recycle, though I have yet to hear of one. What I can say is there is definitely no product which we recycle that uses more energy and resources to recycle.

How is it environmentally friendly to drive around the roads collecting recycling?

We have to recycle. We can not landfill our resources like we have previously. Driving a truck around collecting recycling is not particularly good for the environment but compared with every resident driving to central recycling bins it is much more efficient.

Continued on page 13

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NADELIK....OLD CORNISH CUSTOMS



The celebration of Christmas today is mainly the result of invention by the Victorians and the influence of advertisers. Before this, Christmas was only observed in Church and much of the pagan and mid-winter traditions were largely forgotten.

In Cornwall, however, some of these traditions have been revived by including ancient traditional Cornish carols in Church Services and the Montol festival in Penzance. A Cornish Christmas was a combined celebration of the birth of Christ and the mid-winter pagan festivities.

On Christmas Eve children would dance around painted lighted candles placed in a box of sand and this custom was carried on until the beginning of the 20th century. The church towers would be illuminated, those near the coast could only be lit in very calm weather.

On or around "Montol", 21st December, a Cornish Bunch or "kissing bush" would be hung from the ceiling in front of a window and illuminated at night by a candle set inside it. The Bunch was constructed by tying two hoops at right angles together and decorating it with evergreens, apples etc. A yule log with a picture of a man, carved or chalk drawn, would be burnt to signify what had been lost or yet to come. This was often referred to as "the block" and even today the expression "put a block on the fire" is still used in some households.

The "Lord of Misrule" led the "Guise", traditional dancing and music, in towns and villages over the Christmas period celebrating mischief, topsy turvey and role reversal. People dressing up in gentleman's hand me downs, some dressed in tatters and some men dressed as women and vice versa, wearing masks, blackening or whitening their faces to disguise themselves. They were accompanied by a hobby horse, usually a horses skull and adorned with ribbons etc.

Christmas is so very different today with its commercialism and hype that a lot of the innocence of the celebrations have been lost but for many Cornish families it is a time to "come home" and share in the celebrations together.

County Councillor Report by Cllr Phil Tucker. Cont

It is the supermarkets fault for supplying so much packaging. Actually the supermarkets are very good at supplying what we want. If we didn't buy a memory card in a blister pack they wouldn't supply it. Councils are working with supermarkets to reduce packaging but ultimately it is down to the consumer to say no. An example is plastic bags; for years now supermarkets have supplied alternative bags which can be used again and again; use of plastic bags has hardly reduced.

Embrace Recycling

I hope we can all embrace recycling as a necessary part of our consumer life. We need to be proud of our ability to get as much out of the waste stream as possible. Importantly recycling saves money that can be used in our community.

If you have any problem or wish to discuss an issue with council then please call me. I am pleased to be your councillor and want to be approachable and helpful. Please call me. Regards Phil

philip.tucker@homecall.co.uk or Tel: 01288341617

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Speedwatch - a report by Dennis Adey

Great News: - There is hope on the horizon, reference Vehicular Activated Signs being installed on the A39 passing through Wainhouse Corner.

At the October Parish Meeting it was stated that “thanks to the combined effort of the Parish Council; County Council and One Cornwall, two Vehicular Activated Signs were to be ordered” These signs were to be paid for from Parish Precept money set aside and Councillor Phil Tucker’s budget. To which we say “A Big Thank you”.

The quotes we received from One Cornwall in October (due to highways past ‘speed check’ surveys) were much lower than anticipated. This has meant that both ends of the 40 mph speed limit at Wainhouse Corner will be dealt with at the same time.

The Speedwatch Team are continuing sessions at Wainhouse Corner and have been present on seven occasions over the last two months (September and October). Seventy-one letters will have been sent out from the Bude Police to drivers who were going through at excessive speeds. We, as a team, are sure that numbers will drop rapidly once the Vehicular Activated Signs are in place. Whilst we are on duty we very often observe accidents just waiting to happen.



Please take extra care when stopping and leaving
the Post Office/Shop and Petrol Station at
Wainhouse Corner.

Have a good and safe Christmas Time

Best Wishes

Dennis

Food Market - Village Hall

The first Jacobstow food market
will be held in the Parish Hall on
Friday 10th December 10.00-12.00

Several local producers have booked stalls and if you have
any excess fruit, vegetables, eggs flowers or similar to sell
just bring them along, a Community stall will be available,
free of charge to Jacobstow residents.

Refreshments will be available and entry is free.

Any questions or to book a stall just call Celia on 01840
230548



Stratton Hospital improvements

The Primary Health Care Trust has committed £2 to £3million to modernise Stratton Cottage Hospital. Plans include moving the minor injuries, out patients and X-ray departments to one end of the hospital, this will help reduce the risk of infection. The wards will have the addition of en-suite facilities and the palliative care room will gain a folding bed for overnight visitors and a private family room. This will greatly improve the facilities available to family and friends at a difficult time, and allow them to be together.

The League of Friends have also committed to raising an additional £1 million towards specialist equipment to help towards the patients comfort. The giant thermometer outside the hospital is proudly set at £300,000.00, but there is still more to do. If you are interested in holding a fundraising event or including the hospital in your contributions please contact Ray Hockin on 01288 361391 for further details and the registered charity number.

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**Hope you slowed down for the
Scarecrow competition at Canworthy
Water!**

Did you know that you can hire Jacobstow Parish Hall
for parties, meetings etc?

For further details speak to any Committee Member or
ring the Secretary on 01840-230173

Canworthy & Jacobstow W.I.

JACOBSTOW W.I. have had a busy two months and excellent speakers have entertained members. At the October meeting Mrs. Margaret Warren told members about her life as a butchers wife and gave some useful tips on the best joints of meat to buy. November, Mr. Tim Dingle showed some beautiful slides of garden birds, and an insight into their complex lives and habits. Competition winners were Jeanette Turner and Jen Cowling for their pasties and Eve Thain for a photograph of a bird.

An enjoyable Sunday Birthday lunch was held at the Eagle House, Launceston on October 24th and a very successful Quiz night on Saturday October 30th at the Gildhouse, Poundstock, raffle prizes and “nibbles” being generously donated.

Members are looking forward to their Christmas Party On Dec. 9th and a talk by Mr. Alan Zoefitg on furniture design on 13th January 2011. Both meetings will be held in the Parish Hall, Jacobstow at 7.30p.m.

CANWORTHY WATER W.I. October meeting was well attended and supported by visiting members from nearby W.I.s The Speaker was Mrs. Jen Bainbridge from Tavistock who showed members how to accessorize clothes with scarves and belts. Some lucky members had a “makeover” with make up and advice on which colour suited them best. The annual Christmas lunch and exchange of presents took place on the 17th November at the Masons Arms in Camelford.

There is no meeting in December and on Weds 19th January Mr David Cross will be organising a quiz for members, venue to be arranged.

Neighbourhood Watch Warning of Postal Scam

It has been confirmed by the Rail Mail that Trading Standards are making people aware of a postal scam that may be operating in this area, please read this message carefully, especially with Christmas approaching.

The scam operates by a card being put through your door from a company called PDS (Parcel Delivery Service) with the suggestion that they have been unable to deliver a parcel and to contact them on 0906 6611911 (this is a premium rate number and is based in Belize) if you call the number, you will start to hear a recorded message, even if you disconnect the call at this point you will still be charged £315.00.

If you do receive a post card with these details on, please contact Royal Mail Fraud on 020 72396655

December - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Christmas concert 6.30 Guides , Brownies and Rainbows Coffee Morning	2	3 Christmas Bazzar Infants school 2pm	4 Mulled wine evening Pat Lanes 7-9pm
5 Carol Concert St James Church & food at Parish Hall	6 Arts and Crafts 2 - 4pm	7 OAP Lunch	8 Guides 5 - 8pm	9 WI Jacobstow 7.30pm	10 Food Market 10-12 Late night shopping Bude	11
12 JAF & Brigade Christmas special Eden Chapel 2.30	13	14	15 Christmas Play Infants school 2pm Coffee Morning 10.30 - noon	16 Brigade Christmas Party 6.15 Eden Chapel	17 Bude community Cinema White Christmas 6.30	18 Last posting date 2nd class mail
19 JAF Christingle 10.30 Eden Chapel	20	21 Parish Council meeting 7.30 Last posting date 1st class mail	22	23	24	25 Christmas Day
26 Boxing Day	27 Bank Holiday	28 Bank Holiday	29	30	31	

NOTE. Activities are in Parish Hall unless stated otherwise. Guides 5 - 8pm** means Rainbows/Brownies 5 - 6pm, Guides 6.30 - 8 pm

JANUARY - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31					1
2	3 Bank holiday	4	5	6	7	8
9	10	11	12 Coffee morning 10.30 - noon 	13 W.I. Jacobstow 7.30 pm	14	15 Whist Drive 7.30
16	17 Art & Craft 2 pm	18 Parish Council Meeting 7.30 pm	19 Guides 5 - 8pm**	20 Food Market 10-12	21 Military Whist Drive 7.30	22
23	24	25	26 Coffee Morning 10.30 - noon Guides 5 - 8pm** 	27	28	29

NOTE. All events in Parish Hall.

Guides 5 - 8pm** means Rainbows & Brownies 5 - 6pm, Guides 6.30 - 8 pm

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JACOBSTOW CUBS.

In July, many Cubs took part in the Figure of Eight Challenge Hike. Along with hundreds of Cornish Cubs, our team hiked along the South Coastal footpath for ten miles, camped the night and continued, for six more miles the next day. We did really well to come second over all, losing by two minutes to Stoke Climsland. Next year we will try again!

This term we have been busy Map Reading round Dizzard, fire lighting and cooking in the dark and learning to be safe on the roads.

The Cubs helped to give the Scout Hut a thorough Autumn clean, polishing the windows, table tops, basins and scrubbing the floor. Having kept their own bedrooms tidy for a week and cooked and washed up a meal at home, they deserved their Home Help Badge.

We are now looking forward to a Bonfire night at Dizzard, working towards an Entertainment Evening and finally an old fashioned Christmas Party.

SCOUTS IN SWITZERLAND.

Pat Moyers and I joined Bude Explorers, and took nine Jacobstow Scouts for a holiday of a lifetime in Switzerland. After weeks of fund raising, bag packing, car boots and jumble sales, we arrived in Kandersteg, an International Centre, run by Scouts. Our scouts had a wonderful time mixing with all Nationalities, tasting food and learning their customs. The older Scouts were able to hike way up into the mountains to ice climb on the glaciers. My team walked for four hours up and up, carrying our sleeping bags and all our food. We spent the night in Baden Powell's own chalet, miles from anywhere, the only sounds were the whistling marmots and the ringing of cow bells. We all realise how lucky we are to have had this experience.

This term the Scouts have been busy painting the inside of the Scout Hut, and a very good job they have made of it, considering their age.

They are looking forward to a torch light party in the fields at Crackington, Ten Pin Bowling and their Christmas Party, also finding time to work for Hobbies, Sports and Artist badges.

We will join the Cubs and Beavers at the Remembrance Day Parade at St Gennys Church.

SHELTERBOX.

Shelter Box sent out a challenge to all Cornish Scouts with different activities each month. The whole group has taken part, gaining greater understanding of how this wonderful Cornish organisation works, and fundraising for them in various ways. We may now wear our Shelter Box badge with pride.

If you can help us in any way please ring Daphne Dowling on 01288 352786

The Garden Spot by Bob Rudd

At this time of year you should be ordering your seeds and tubers for the New Year. Study all the catalogues for the best value for the product you want. Now is the time to plant new shrubs and trees while the ground is still warm.

The greenhouse should be insulated and a small heater installed to protect tender plants from the worst of the weather, an average temperature of 5c is ideal and you could be growing winter lettuce, great for over the Christmas period. You could sow early sweet peas to put on healthy growth ready to plant out in the spring.

Cover tender plants with fleece if they are tall (tree ferns) or a mulch of leaves or bark if they are shorter plants. I stuff the crown of my tree fern "Dicksonia Antartica" with straw and then wrap fleece around the trunk tied with string. Do not let the crown stay wet all winter or it will rot.

Be aware of the damage winter winds can do to your taller plants and try to prune the top so they will not rock. The only plants you should not prune now are Plums, Peaches and all this family of plants.

Perhaps the best thing about this time of the year is to sit and study the catalogues in the warm indoors and looking out on the wild garden and rest ready for the spring rush!!



Jacobstow Art and Craft Club we

meet on a Monday afternoon every two weeks in
the Parish Hall 2.00 pm until 4.00 pm

Final meeting for this year 6th December and we resume on
Monday 17th January 2011.

You are welcome to bring your own craft-work to continue.

There is a fee of £2.00 each week to cover the cost of the hall.

Puzzle Corner

Welcome to your “tea break” puzzle page, this page is sponsored by Mrs Vera Davies, who also proof reads the Journal for us.

Solve the puzzles and return the completed page (or a photocopy) by 7 January to Sarah Smith, Assistant Editor, Almar, Jacobstow EX23 0BN (or leave at the Wainhouse Country Store) for the chance to win a £10 Morrisons voucher, In the event of a tie the winner will be drawn from a hat by the Editorial Team. The editor’s decision is final.

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WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

Candle	candy
Cards	cherish
Choir	Christmas
Church	Christmas tree
Festive	greeting
Happy	holly
Ivy	lights
Merry	mince pies
Mulled wine	mistletoe
Reindeer	robin
Santa	sleigh
Snow	tinsel

Christmas History Quiz

1. Who was the first British monarch to broadcast the christmas message to the nation?
2. Who banned Christmas in England between 1647 and 1660?
3. The Christmas period of 1813-14 saw the last what in London?
4. John Callcott Horsley designed which first commercial Christmas item in 1843?
5. Yorkshireman William Strickland is believed to have brought the first what to Britain from North America in 1526



Name:

Tel. No:

Cottage farm recognition - an article by Paul Sousek

A Jacobstow farm has been selected as one of the finalists of the Cornwall Sustainability Awards. Winners will be announced on 3rd December 2010, Pavilion Centre, Royal Cornwall Showground, 11:30-15:00. Bookings: jrowell@cornwall.gov.uk.

Cottage Farm, an organic sustainable carbon neutral farm powered by renewable energy, one of the first in the country, is run by Paul and Celia Sousek.

Paul says "We are thrilled to have been considered for this prestigious award. In just four years we converted Cottage Farm to organic status, established a herd of native Red Ruby cattle and a herd of rare breed Wiltshire Horn sheep whilst learning to farm! At the same time, having first reduced energy consumption, we installed solar-thermal panels, wood burner and heat store for heating, PV panels and wind turbine for electricity and bio-diesel for our tractor and cars, making the whole farm, including local deliveries of our fresh beef and lamb, environmentally friendly and carbon neutral.

Find us at www.TransitionNC.org (click Food Directory/Cottage Farm), local Transition group, also featuring directories to Local Food, Local Renewable Energy, Services, and sections on Learning, Farming and each Parish.

Phone Celia on 01840 230 548 or email cottage.farm@tiscali.co.uk to enjoy meat

Puzzle Page winner

Congratulations to Ruth Gill from Wainhouse Corner, whose name was pulled from the hat, she wins 2 hours gardening from *Bordering on Perfection*. Don't forget to enter this edition for the chance to win a £10 Morrisons voucher!



Jacobstow Parish Plan

The Parish Plan Steering Group are very happy to announce that the Parish Plan has been completed and printed. A copy of the Parish Plan has been delivered to every household with the December / January edition of the Jacobstow Journal. We would like to say thank you to all those who have made this plan possible by filling in their original questionnaire and supporting the Steering Group.

We hope that the resulting plan will interest you and that you will keep the plan for future reference.

We will be submitting copies to all the bodies named in the partners' column so that they are made aware of the wishes and concerns of this Parish. It is usual to review a Parish Plan after three or four years to monitor progress or otherwise. The Jacobstow Parish Plan shows that there is lots of room for individual initiative. We have a journal now and the Parish Council have worked on improving their communication channels. Road safety measures have improved and we look forward to the beginning of a local produce market. There are still many areas which need people with enthusiasm to start the ball rolling. Could you be one of those people?



Jacobstow school 1912

What an interesting photograph! Recognise any family members from the past? Photo kindly supplied by Mrs Joan Uglow

Good King Wenceslas phoned phoned for a pizza
 “Do you want your usual?” the girl asked “Deep pan, crisp and even?”

Eden for all the family on Sunday’s

Dec 5th - JAF Messy Church 10.30am – 11.15am – Tea, Coffee and mince pies

Dec 12th – **JAF Christmas special 2.30pm** Tea, Coffee and mince pies

Dec 19th –JAF Christingle 10.30am Tea, Coffee and mince pies

Come and join us and find out what fun it is for your self – one mum who came for the first time not long ago said I thought it would be boring but I have really enjoyed it!

The 1st Eden Brigade (North Cornwall) Company

meets every Thursday 6.15pm -7.45pm
 at Eden, Headon Cross, Jacobstow

If you are between 5 and 18 years of age why not come and join us for a fun packed evening and an opportunity to learn lots of new skills, gain badges, compete against other companies and be part of a worldwide organisation?

Own minibus picks up and drops off at various points, as above.

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1st EDEN BRIGADE NEWS

1st Eden Brigade is going really well and we have already achieved a lot this term, from making a Christmas cake and almond pasting it, to making calendars, mince pies and Christmas table decorations. We have discussed many things, such as managing money, healthy food, bullying, and various other topics. The Company and Junior sections have all enjoyed some marching and everyone has learnt to stand to attention. The Junior section has been encouraged to do one hour's work at home as part of their badge work, to help them understand the importance of work and that it is a part of life.

We now have twenty-five children on the register and are looking forward to seeing them all in full uniform very soon. This week we received our trophies and have been given a generous donation towards their cost by Mr T Ward of Cornish Tractors, Week St. Mary, who was himself an officer in the Boys Brigade for several years.

Our own minibus collects and drops off along a route covering Trelash, Splatt, Canworthy Water, Wainhouse Corner and Tobarn. Other places could be included if and when needed, time permitting.

We work closely with the 'Every Child Matters' agenda, as used by schools and the Police.

Pictured below are a few of our members from each section with their Christmas table decorations that they made so beautifully.

The 1st Eden Brigade (North Cornwall) Company
Meet Every Thursday
6.15 - 7.45 at Eden, Headdon Cross, Jacobstow
For Boys, Girls and Young People 5-18 years of age.
Own Mini bus pick up and drop off points. Call 01566 781346



Dec 2nd Prepare for Christmas presentation Day
Dec 9 Prepare for Christmas Presentation Day
Dec 12 Christmas Presentation
Dec 16 Christmas Pary



JAF & Brigade Christmas Presentation at Eden

On Dec 12th at 2.30pm

A full programme of singing, drama, music, dance and our "Light Band" and "Little Lights"

Carol singing for all to join in. Tea coffee and mince pies

Please come and support these children and young people and see how gifted they are!

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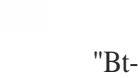

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Interview of the Month
Frank Duke's memories of a lifetime on the land
by Jeanne Gimblett

Frank is one of the oldest residents of Jacobstow. He was born at his grandmother's house and lived his early life at Kerley in Jacobstow Parish. Frank has allowed me to ask him lots of questions about growing up and working here. He went to school in The Old School House, long before the present school was built. He remembers that the two classrooms had to be expanded to three, using the Parish Hall, when children were evacuated to this area during the Second World War. Mr Paynter, the owner of Hele Barton Farm, also owned the adjoining farm and it was here that Frank's father worked. From the age of five Frank would walk two and a half miles to school, at first on his own and then in the company of Gertie his sister. It was, he said, quite safe to walk on the roads as there were fewer than five cars in the Parish! Frank left school when he was fourteen and started work on Hele Barton Farm. Initially he worked with the Wagoner helping with the horses. The two farms had six horses and a Fordson tractor. In those days the horses were regularly shod at the Jacobstow or Treskinnick Cross forge (few people owned cars so blacksmiths were as important as the garage today).

During the war the government required all farmers to set aside a certain area to grow food. For Hele Barton this involved ploughing 130 acres out of the 500 available. Five acres had to be potatoes which were planted, dug and packed by hand. A pair of horses could reckon to plough an acre a day, so with six horses and one old Fordson you can see how the majority of the winter was taken up with preparation and ploughing. Dung was carted to the fields and dumped from the back of a cart in small heaps. It was then spread by a man with a fork. Frank's day started at 8.00a.m and finished at 6. 00 p.m; he worked six and a half days a week. In those days there were seven full time employees on the farm which also reared sheep, pigs and chicken.

There were fourteen cows, milked by hand until the late 1940's. The milking had to be completed before breakfast. In summer Frank helped carry the full churns down to the 'butter well' where they could be immersed in cool water overnight (no milking systems and refrigerated plants then). He laughed as he told me how the churns were taken to the collection point in the farmer's motor bike and side car; two churns sitting in the sidecar seats. In those days there was a monthly market at Wainhouse Corner, this was held opposite the pub, now the site of the garage and adjacent houses. There were other markets at Week St Mary and Launceston. The railway station was reasonably near at Otterham and the farmer would hire a lorry to send five tonnes of bagged

Interview continued overleaf

Letter to the Editor

To the editor,

I wish the best of greetings to all of the team, and a very Merry Christmas and a Happy New Year to the village.

Thank you for all the information contained in your Journal. The cover pictures from the children are very clever and amusing. It is nice to see so many people involved in village affairs and it is good that they care for our way of life, and long may it continue. The farming community is friendly and I look forward to seeing the new lambs and calves, a sure sign that Spring has sprung! It is also good to see that the roads are finally being repaired, lets hope we do not see such a harsh winter this year, which could undo all that good work

Many thanks Mrs D Rudd

Thank you for your kind comments - editor

An invitation from the Editor.

If you would like to see your letter in print then email jacobstowjournal@gmail.com. Don't worry if you don't have access to the internet, just write the letter by hand and post it to us (address on the inside cover page) and we will do the rest.

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Interview with Frank Duke Cont

potatoes off to the railway for onward delivery to buyers in the city.

Frank showed me his long service certificate, awarded to him by The Royal Cornwall Agricultural Show, for forty years continuous working in agriculture and on the same farm, a rare achievement. Frank told me that despite not travelling far from Cornwall and spending a lifetime in agricultural work he has no regrets. He thought that the changing face of farming meant that he had been involved in the mechanisation which brought new methods and skills. He had made the journey from working with horses to driving large combine harvesters so there was no time to be bored. Frank's memories could fill a book if I had time to write one! He told me that in his youth Wainhouse Inn was a very popular public house as there was no pub in Week St. Mary, and the Wilsley was closed on a Sunday. Being partial to a drop of beer he was riding his bicycle home from visiting the Pub one evening when he witnessed the bombs falling on Plymouth, a sad but spectacular site which he has never forgotten. He said that one of the biggest changes he had seen was the expansion of the village to more than double its original size. Something that has not changed is the view you can see as you travel from Crossways to Week St. Mary; here you may see the same scenes which he saw in his youth. Frank and his wife Jean often travel to Launceston on the Tuesday bus and this journey affords them the pleasure of looking out over those particular fields and woods. It was fascinating to hear some of Frank's memories, I am only sorry that I do not have space to write more.

Christmas No.1 Singles in the UK in the 1990s

1990	Saviour's Day	Cliff Richard
1991	Bohemian Rhapsody	Queen
1992	I will always love you	Witney Houston
1993	Mr Blobby	Mr Blobby
1994	Stay another day	East 17
1995	Earth Song	Michael Jackson
1996	2 become 1	Spice Girls
1997	Too Much	Spice Girls
1998	Goodbye	Spice Girls
1999	I have a dream/Seasons in the Sun	Westlife



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Recipe of the Month by Marion Reason



FRANZIPAN MINCEPIES **INGREDIENTS**

PASTRY

8 oz plain flour
4 oz soft unsalted butter
2 oz caster sugar
2 egg yolks
1 tablespoon cold water

FILLING

4 oz soft unsalted butter
4 oz caster sugar
2 eggs – beaten
2 oz ground almonds
2 tablespoon plain flour

Jar of Mincemeat – Jar of Apple Sauce (Optional)

METHOD

PASTRY

Put the flour, soft butter and caster sugar into a food processor and blitz to fine crumbs, add the egg yolks and cold water, blitz again, place into a bowl and bring together to make a very short biscuit-like pastry. Put pastry into fridge for 15 minutes.

FILLING

Cream the soft butter and caster sugar together then add the beaten eggs and beat together, stir in the ground almonds and the flour.

Roll out the pastry thinly and cut out circles and put in patty tin. In each case put a teaspoon of mincemeat then half teaspoon of apple sauce then top with a teaspoon of the filling mixture and spread to edges. Bake in a pre-heated oven over 190 c (375 F Gas Mark 5) for about 20 minutes until golden.

ALTERNATIVES:

Make one large tart instead of small tarts

Use lemon curd under the almond filling.

Blind bake large tart case, spread mincemeat over then apple sauce, whisk the two egg whites with 4oz caster sugar, 1 teaspoon cornflour, 1 teaspoon white wine vinegar until stiff, place mixture on top of tart and bake at 150 c (300 f Gas Mark 2) for 30 – 45 minutes.



Super-fast Broadband

An article by Mike Quance

Those of you who use the Internet will probably know that our broadband speeds are very slow compared to those in the cities. Will it improve? Maybe, or maybe not, but we do have an opportunity to try to improve the situation. Those of you who read the Western Morning News might have seen a letter from BT concerning broadband speed and urging communities to contact them. For those of you who missed it we are publishing the full article below.

Communities throughout the South West now have a great opportunity to influence BT's £2.5 billion plans to roll-out super-fast fibre broadband across the UK. The *Race to Infinity* allows people to show local demand for the technology by voting at www.bt.com/racetoinfinity by December 31. We have pledged that the five UK exchanges with the highest percentage of votes will be upgraded by early 2012 at the latest. The competition is open to all exchanges receiving at least 1,000 votes. The smaller exchanges serving less than 1,000 homes and businesses can also benefit. BT will engage with any community where 75% of homes and businesses have voted for super-fast broadband and we promise to explore all possibilities of bringing fibre broadband to the area. We would urge all communities to make their voices heard and take part in this very important nationwide survey. The website offers downloadable information packs, flyers and posters for people who want to become active super-fast broadband campaigners. (From Jon Reynolds, BT South West Regional Director)

Here in Jacobstow we are obviously not going to qualify by ourselves but the 01840 exchange also serves other Parishes and we are already in touch with St Gennys about this and will be contacting Camelford as well. Other parts of the Parish have 01566 numbers and we will also investigate where this comes from. This may come to nothing at all, but if we don't try we will not have any chance of succeeding so we urge anyone who uses the Internet to follow up on the BT website.

Hobbies and Interests

We are starting to collect articles for future editions of the Journal. If you would like to see an article published about your hobby or interest then please contact the Editor or email us on the address given on the inside front cover to discuss this



LAST POSTING DATES

Letters UK

18th dec	2nd class
21st Dec	1st class

Parcels

15th Dec	Standard
22nd Dec	Parcel force 48
23rd Dec	Next Day

Contributors wanted

We are looking for a young person from the village to contribute articles. It could either be a regular column, although not necessarily for every edition, or even a 'one off' article. We would like you to share your thoughts with the rest of the village on your life, either day to day or maybe the way you view current affairs and how they could affect you. You may be particularly interested in helping us if you are interested in pursuing a career in journalism, it all looks good on a CV!

Please apply to the editor at the address inside the front cover



Missing dog

This is Poppy, she is a two year old Patterdale/Jack Russel cross and went missing from her home on 11th November. The worrying thing is that we think possibly 4 or 5 dogs have gone missing in the area recently. Please look out for Poppy and also keep an eye on your own dog!

Dereck A Smith

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Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police (Non emergency)	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgery's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Brigade Mr & Mrs G Jose	01566 781346
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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