

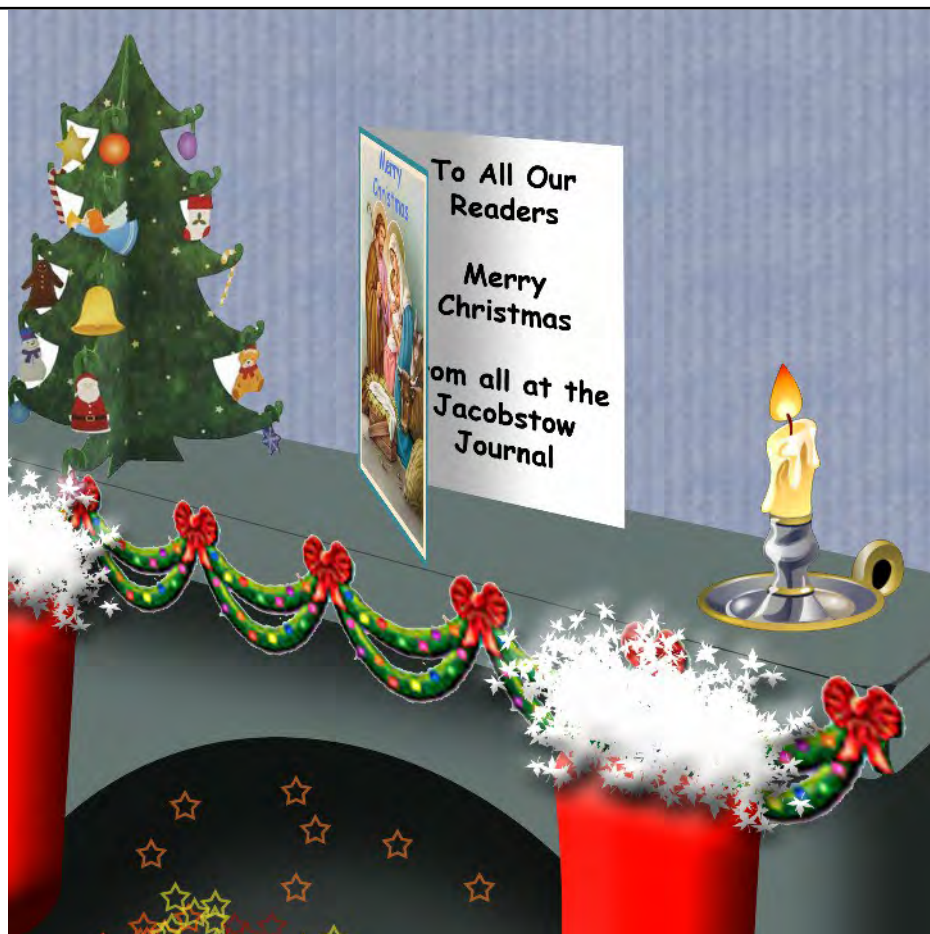
Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 9

December 2011/January 2012



Our thanks again to Rachel Wren for our great front cover

Editorial

Even though I am writing this at the end of November, I feel that we will all have had enough of Christmas pretty soon, so I have decided to concentrate on a review of the year in our Parish. At the start of the year we heard that the Parish plan had been completed and as the year progressed we all started to see the results of this, the automatic speed signs up at Wainhouse Corner, the new notice board outside of shop, but there are still suggestions which need some input from us to get them off the ground.

In the February/March edition we discovered that the church roof is in need of repair, and we have all tried to do our bit to support that. Moving onto our April/May edition the first thing that struck most people was the picture of the old filling station up at Wainhouse (and don't think we didn't try to zoom in and see how much the petrol was!). Inside we met our local beat manager for the first time, Nick Jessop, and we also had an interesting article on the market that used to be held up at Wainhouse.

Summer brought our June/July edition through your doors with a charming picture of the royal wedding being replayed at the infants school. We also had an interesting article by Mignon Warner about her crime fiction writing, it never ceases to amaze me the cross section of life that we have in our village, you just need to scratch the surface. The August/September edition was something of a milestone for us as we celebrated our first year of production and I think we are getting better and better at this newsletter malarkey, let us know what you think, anything else you would like to see included? Just drop us a line, we are totally open to any ideas

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or in writing to the Editor:

All contributions received will be included at the Editorials' Team discretion.

Sarah Smith
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EX23 0BN

The deadline for adverts, letters or articles for the Feb/March edition will be 20th January 2012. Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

<u>Chairman:</u>	Mr. Norman Osborne	01840-230592
<u>Parish Clerk:</u>	Mrs D. Turner	01566-781269

<u>Members:</u>	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
	Mrs Ilona Franklyn	Mr Jim Cory	Mrs. June Rose

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 18th October 2011

Mr Norman Osborne chaired the monthly meeting of the Parish Council with Councillors Mrs C Smith, Mrs I Franklyn, Mrs J Rose, Mr D Adey, Mr R Reason, Cllr Phil Tucker and five members of the Public attending. Apologies received from one Councillor.

Vehicular Activated Signs – It was noted that the VAS signs were in place and the Chairman congratulated Cllr Phil Tucker and Mr Dennis Adey for all the hard work put in on this matter.

Proposed changes to pre-application service - For budgetary reasons Cornwall Council have to move to a scheme that is based on cost recovery. Fees have been kept as low as possible.

Planning Application – Mr Barry Sobey- The meeting was declared open at this point. A discussion was held on the siting of two small (20kw) wind turbines with a hub height of 20m and three bladed rotors of 12.8m diameter at Witheven Stables, Jacobstow. Mrs Workman read a letter of objection. Councillors decision was that they had no reason to object. Open meeting then closed.

Planning Application – Mrs J Throssell, Broompark, Week St Mary. Installation of 16no solar pv panels on aluminium ground frames, double tier ground mount. Councillors support this application.

Bude Rural Transport Scheme – Reply to correspondence saying we are still keen to actively pursue rural transport schemes in the Bude area.

Speedwatch – The last Speedwatch had been carried out and reported that 11 cars had triggered the VAS with one letter being sent and 23 triggered the VAS with five cars being logged. Letters to be sent to the Speedwatch crew thanking them for their tireless efforts during the past two and half years. Also letters of thanks to the Post Office and Petrol Station for their help.

DEVON & CORNWALL POLICE – ADVISE THAT THEY ARE NO LONGER HOSTING POLICE LIASON MEETINGS AND EXPECTING PEOPLE TO TURN UP, THEY WILL NOW ENDEAVOUR TO COME TO US.

Summary of Minutes of Meeting held on 15th November 2011

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors, Cllr. Phil Tucker and four members of the public attending. Apologies received from one Councillor.

Road Closure – It was noted that the road North West of Towerhill to Penhallym, Week St Mary will be closed from 12th – 21st December for patching work.

Watergate Bridge – Reply received from Oliver Jones, Area Manager, advising that the bridge is not highway maintainable nor listed as a Council structure but under private ownership.

Code of Conduct – Reply to an Email saying we support a single Code for Cornwall which could be adopted by all Councils in the County.

Notice Board – The door at the Post Office had been painted and Mr Bob Reason had offered to fix the new Notice Board. The cost for this is £141.23 Proposed Mr R Reason, Sec. Mrs I Franklyn. Mr Adey to keep it tidy i.e. remove old notices.

Survey on Neighbourhood Planning – Cllr. Phil Tucker to arrange a cluster meeting to discuss Neighbourhood Planning early in January

Planning – Mr Barry Sobey – Witheven Stables, Jacobstow. Cornwall Council had advised that they had negotiated for one of the turbines to be reduced in size because of the noise level.

Planning Application – W Sanders & Sons, Wainhouse Corner Alterations to existing secure vehicle storage building to comply with Devon & Cornwall Police contract requirements. Councillors support this application.

Planning Application – Mrs P Humphrey – Homeleigh, Southcott, Jacobstow. Installation of rooflights to loft space and first floor extension over porch. Reply saying Councillors have no objection.



Xmas or Christmas?



As Xmas draws nearer, being constantly reminded by television adverts and Xmas goods on display since September, what has happened to Christmas? To some people it is just a commercial spending spree, to others it is a family get together, to some a time of intense loneliness, to Christians a celebration of the birth of Christ, Some religious groups do not celebrate at all and some celebrate with their own festivals around mid December recognising the winter solstice.

How Christmas has changed over the years from the traditional stocking hung at the end of the children's beds, excitingly anticipating Santa's arrival, to the now well thumbed Argos catalogue and presents demanded from its pages. X- boxes, Play Station 3, Wii etc., blackberries, smart phones, I-Pods, laptops, notebooks— HELPI!!!! — I'm probably out of date already! Many children used to be thrilled to have a dolls pram, pedal car or even a book, (remember the Blue Peter annual?) as their main present but today nothing but the latest gizmo will satisfy their expectation which puts parents under increasing pressure.

It now costs a bomb to post the Xmas cards so lets e-mail them instead, put up the pre-decorated optic fibre lit plastic Xmas tree, lay on a party with thawed out goodies from Iceland and raise our glasses filled with cheap supermarket lager but most of all HAVE A SUPER XMAS but don't forget that what we are really celebrating is—**Christmas!**

By Pat Cottell



What can I do at the Post Office?

We have a Post Office right on our doorstep at Wainhouse Stores, and I am sure you can remember the scare a while back when we didnt know if we would have it for much longer. So I decided to look into what the Post Office in the shop can offer us, and to be honest, I discovered a few things that I didnt know.

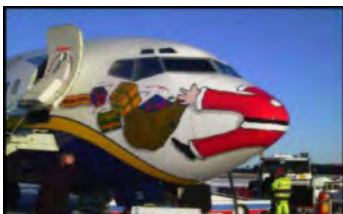
If you have a current account with Santander, Bank of Ireland, Bank of Scotland, Barclays, Cahoot, Clydesdale Bank, Halifax, Nationwide, Natwest, Lloyds TSB, Northern Bank, Smile, The Co-op, Royal bank of Scotland or the Uslter Bank you can use the post office to pay in and withdraw money or check you balance for free.

Going on Holiday? Thats a nice thought with the winter weather closing in, once you have booked your holiday you will be needing some spending money, you can order from £500 to £2,500 in over 70 currencies for 0% commission with free delivery on all orders. They can also sort out your Euros over the counter, even less waiting!

With Christmas coming I am sure you are in the same position as me, what do you buy the grumpy teenage nephew? The obvious answer is a gift token because, lets be honest, whatever you get them will be wrong. The gift tokens you can buy in the shops and supermarkets are for just a couple of choices of shop. If you buy the Gift card from the Post office it is accepted in 60 different shops and businesses from Debenhams to River Island via Halfords, Top Man and many more. If you loved ones live abroad you could send a money gram. You can send cash to over 233,000 agent locations in 190 countries and the money typically arrives within 10 minutes of sending, so you can get speedy confirmation. Of course if you want to be really organised you could join the Post Office Christmas savings club, only £2 to start it up and you can save up to £1,000 towards next year and the Christmas savings card is accepted in thousands of High Street Stores.

I know this sounds like an advertisement for the Post Office, but how many of our villagers rely on the Post Office at Wainhouse for their pensions, benefits or bill paying, the old saying of "use it or lose" it really does ring true. If you want to know more about things the Post Office can do for you, speak to the friendly staff or check out the website at www.postoffice.co.uk.

I have tried to make sure that all the information in this article is correct, but if you are in any doubt please check first.



**Don't
show this
one to
the kids!**



**Scrooge's
Christmas
tree!**

Church and Chapel

Church Roof Fund Jacobstow Church Roof fund is gradually inching towards its ambitious target of £81,000.

So far £46,000 has been raised and in order to boost funds

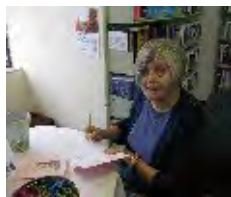
further Mrs. Ruth Fox has composed a small book of poems about Jacobstow and some of its Church members.

“The Little Jacobstow Book”, was launched at a book

signing in Bude Library where a steady trickle of customers kept Ruth busy autographing copies. Out of the

original 100 copies printed only a very few remain and can be obtained from

Wainhouse Stores for £2.50p The poems are light hearted and the illustrations raised a smile. A lovely memento of Jacobstow written by a talented poet for an excellent cause.



A **Candlemas Festival of Light** is planned for **February 2nd** when the Church will be decorated with candles to be followed by a concert in the Parish

A well supported Quiz evening was held in the Parish hall on November 11th when £90 was raised for Church Funds.

THE ANNUAL CAROL SERVICE will be held on Tuesday December 4th at 7.0p.m. St Gennys silver band will provide the music. The pennies for the Church Roof fund will be collected in the font and a buffet supper will follow in the Parish Hall.

Pat Lane is hosting a **MULLED WINE EVENING** at her home on Saturday 10th December 7.0-9.0p.m.. **All welcome.**

Dimma Chapel are holding their annual Christmas childrens' party on Sunday 18th December at 3.30p.m. There will be a short Service followed by fun and games for the children **ALL WELCOME**

LITTLE RED BUS

The Little Red Bus is a dial and ride system based around Launceston. There is a regular route which will stop and collect at the Sunday School at Canworthy Water on a Tuesday. The bus collects from many areas and whilst in Launceston travels around taking in The Doctor's Surgery, Hospital, Library, Co-op, Tesco and town centre. Basically if you want to go somewhere from wherever - Ring 01566 777960 and they will help and advise you. Trips are organised on a regular basis - Exeter, Totnes and

soon Truro is a twice monthly Wednesday regular - arriving 11ish leaving 4ish. There are monthly day trips including a pub meal. Travel is arranged to visit Launceston and Lewannick Film Clubs.

Visit their website www.littleredbus.org.uk to see full details

Times of Church Services



No service times arranged for church yet
but please see notice on Church porch



All Services at 11 am on:

December 4th, 11th, 18th

January 8th, 15th, 22nd & 29th

Please see notice board for
details of services over
Christmas and New Year



December	4th	9.30 am	
	11th	11.00am	
	18th	3.00 pm	Short service
			combined with Childrens Party
Xmas Day	25th	11.00am	with Canworthy water Chapel



Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

CHURCH 100 LOTTERY RESULTS

October 2011

The draw for November will take place on
Nov.27th, unfortunately too late to be included in
this edition of the Journal.

1st Mrs F.Millsom

2nd Mrs J Ward

3rd Mr F Duke

The Lottery for the Church Fund starts again in
January 2012. If you would like to join please
contact Mr B Marshall 01840 230526
or Mr R Fox 01840 230153

Home Fire Safety Checks



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FIREFIGHTERS IN CORNWALL WANT TO CHECK YOU OUT! FREE HOME FIRE SAFETY CHECKS CARRIED OUT IN YOUR AREA

Cornwall Fire and Rescue service's initiative the 'Home Fire Safety Check' is designed to help us "work together to make Cornwall safer".

Firefighters can visit people in their homes in your area to carry out a Home Fire Safety Check (HFSC).

The Home Fire Safety Check is a visit to each individual home to provide advice on how to stay safe and, depending on the need, the supply of free smoke alarms.

David Carlisle, Station Manager from the Prevention Department at Cornwall Fire and Rescue Service said;

"The Home Fire Safety Check is designed to keep the people of Cornwall safe by providing fire prevention advice, safe escape advice and the providing of a free smoke detector, if required. All based on the principal that prevention is better than cure. We work primarily with vulnerable groups such as the elderly, disabled, those who rely on assistance from others as well as those who live some distance from the nearest fire station.

At fire scenes we often advise the occupiers and surrounding properties of potential dangers in their homes. If we can get people to refer themselves or others, who they think are vulnerable, we have the opportunity to prevent the fires from happening."

There is a whole host of advice and tips on the fire service website www.cornwall.gov.uk/mresafety or you can call the Freephone Helpline on 0800 358 1999 to enquire about a free home fire safety check

Working together to make Cornwall safer

Jacobstow Book Club

Jacobstow Book club choices for October were David Guterson Snow falling on Cedars, and Marina Lewycka Short History of Tractors in Ukraine.



Snow falling on Cedars is a murder mystery. A fisherman is found dead in the nets of his boat off an island in the Pacific Northwest. Its a story about love and war and the struggle for survival. When I first read this years ago I could hardly put it down, but this time around I found the authors attention to every little detail very boring. What I did find very interesting was his research into the relations between the Americans and the Japanese settlers who came there in the 1930's. Their hard work on the land and fishing endeared them to the local people with whom they had many friends. After the bombing of Pearl harbour in the 2nd world war everything changed, most Japanese went into internment camps but several of the young men joined the forces and fought along side of the Americans but after the war the easy going friendships had gone for ever. The man arrested for the murder of the fisherman was Japanese and the locals let their hatred of their fellow man colour their evidence at the trial. All in all a very thought provoking book to read.

A short history of Tractors in Ukraine by Marina Lewycka was a delightful book. The story is about an elderly gentleman who goes to Ukraine for a holiday and meets a much younger women who is determined that he will marry her and bring her to this country for what she hopes will be a better life for her and all her family with hilarious results. Going through the story is the history of the tractor which the gentleman has been writing for years which for the tractor buff is a gem. This lovely book is well worth a read even if you don't like tractors.

Its all in a name. There are some strange place names around the UK.....

Anton's Gout - nr Boston Lincolnshire

Booby Dingle - nr Hay-on-Wye

Clenchwarton - nr Kings Lynn, Norfolk

Dungy Head nr West Lulworth Dorset

Lickham Botton nr Hemyock Devon

Scapegoat Hill nr Huddersfield

My name is Nick Jessop and I am the Bude Rural Neighbourhood Beat Manager.



Contact me at Bude police station on 01288 357502, email us at bude@devonandcornwall.pnn.police.uk (Bude Police) or www.devon-cornwall.police.uk. Please remember however that these are not monitored 24hrs a day and should only be used for non-urgent enquiries. In other instances continue to use the force enquiry centre on 08452 777444 or dial 999 in an emergency.



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County Councillor Report by Cllr Phil Tucker

Fast Broadband

Cornwall Council made a decision in 2009 to get fast broadband to as many areas of Cornwall and as soon as possible. Like communication links of roads, rail and air, internet connection was seen as vital in Cornwall if we were to encourage employment into the county.

This was a political decision because it did mean some significant investment from Cornwall Council but it was (and still is) seen as vital to the county if we are to compete with the rest of the UK. Cornwall Council, BT OpenReach and Cornwall Development Council (CDC and funded by the Council) formed a very ambitious plan which would see superfast broadband to 80% of the population by 2013.

This is now starting to be rolled out and before Christmas, homes and businesses in Bude and Launceston, will be able to achieve connection speeds up to 100mbs. (At the moment some of us are still on less than 1mbs so you can hopefully appreciate the difference).

The fastest speed connections will need the fibre optic connected right into the building and is called fibre to the premises or FTTP. However speeds of 20mbs can be achieved in the more rural networks and will depend on the distance back to a fibre connection. This is not the distance back to the exchange as it is now, rather it is to the roadside green box and most villages have one of those close to a large percentage of the local community.

It means business can be done all over the world as quickly as being in the same building. Our FTTP connections will achieve connection speeds better than most other companies in the UK and Cornwall is the place to employ people and stay connected. This progress is far far more advanced than other rural counties and will ensure that Cornwall is a place to do business.

What about my line I hear you say. Well navigate to www.superfastcornwall.org where you can enter your phone number and see what date your 'green box in the road' will be updated. More importantly you can register your interest for the upgrade and get an understanding of providers and the costs. There is an opportunity to ask them to "keep me in the loop" and you will be informed of progress in your exchange. The costs will be about £20 per month which is little more than you are probably paying now. You can get phone connections and Skype phones which will reduce your costs further and you can watch on demand programmes, many completely free, from the broadcasters like BBC, Channel 4 and others.

Although I appreciate that this will be read early in December, could I wish you a very Merry Christmas and send my best wishes for 2012 .

If you have any issues which you feel are not being addressed properly or which you need help with then please don't hesitate to give me a call.

Phil Tucker 01288 341617 philip.tucker@homecall.co.uk

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“That calf is too much at home”! By Sarah Smith

These were the words that Caroline Breyley from Trengilly Farm heard as she sat down to her evening meal.



The week before these wise words were uttered by Roy, they had to call Stattons the Knacker man out to a cow that had fallen and broken its pelvis.

Unfortunately, the cow was three weeks off of calving, so Caroline called the vet at the same time and asked him if there was any chance of saving the unborn calf. So, when the cow was put

down the vet performed an emergency caesarian and delivered a healthy male calf, which was promptly called Howard after the vet.

At first Howard could not walk or suckle, so Caroline kept him in the yard close to the house and encouraged him to learn to walk by picking him up and getting him used to the feel of his long gangly legs. She also had to persuade him into feeding from a bottle by dropping milk onto the back of his tongue.

After 2 or 3 days Howard was standing on his own, starting to feed well and take an interest in his surroundings. The dogs had started to play with Howard and Roy suggested that maybe they should start to put a bit of distance between them and the calf so that he didn't become too humanised.

A week after Howard was born Caroline and Roy settled down to their evening meal, and Howard decided that maybe it was time to see if this indoor living was all it was cracked up to be. He walked into the house and settled down in front of the fire on the dogs blanket, needless to say the dog was not that impressed at this. Caroline managed to find a little friend for Howard, another little orphaned calf called Harvey, his mother had to be destroyed because she had two inconclusive TB tests, they are now the best of friends and Howard no longer demands a place in front of the fire!.



MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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JOURNAL QUIZ

The Quiz night was really successful and well supported. Roger Reynolds was the Question Master and produced a wide array of questions of which some were easy (if you knew the answer) some were not

The winners were Waggoners Knots from Canworthy Water.

Thank you to Anne and Dennis Adey for keeping the score.

There was an excellent supper provided of cheese, crusty bread and pasties. This was washed down with tea or coffee if a bottle of wine had not been brought along!

The evening raised £200 towards publishing costs of the Journal. The Journal is a free publication produced for the benefit of the Parishioners of Jacobstow, however it does cost money to produce so any donations are always welcome.

By Sue



NOTICEBOARD - key in the shop

This month the long awaited Noticeboard was fixed at Wainhouse Corner Country Stores. Bob managed to fix the first screw with Sue's help and soon with the help of electric screwdriver the board was in place and ready to use. Pat managed to record the event for posterity, being careful of the rush hour on the A39.



A couple of notices are already in place! Please add your event or for sale item at the same time as making sure to tell the Journal so that they can be included in the next Journal.

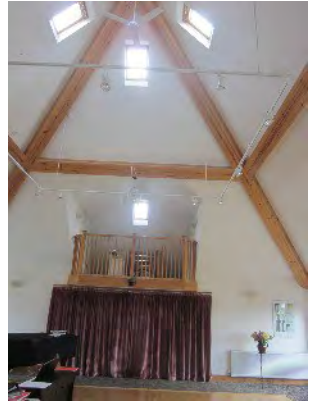
Thank you to the Parish Council, Parish Plan 2010 and Wainhouse Stores.

By Sue

MINSTRELS MUSIC CENTRE By Sue Burrows

After the traumatic experience of Foot and Mouth and as part of their Farm Diversification, Raymond and Veronica Jones built the Music Centre.

The Music Centre is built at Canworthy with outstanding views towards Warbstow Bury and along the Ottery Valley. The Hall itself is square shaped rising to an apex, outlined by natural wood beams. Above the performance area is a balcony and through curtains underneath is an excellent social area for refreshments. The acoustics are admirable.



The original idea was to provide musical holidays. After 5 enjoyable years of hard work they changed to the format they have at present.

This consists of private tuition in piano, strings and voice, from beginners to diploma level and running the Mini-Minstrels and the Minstrels Singers, who meet between 6.15-7.15pm and 7.30-9pm ish with maybe a coffee break.

Both choirs have recently performed on their own and with other choirs at events in Camelford, North Petherwin, Launceston and at the Minstrel Centre.

Bude Music Club recently gained a grant which enabled "Travelling by Tuba" to introduce us to the versatility of the tuba and other "horns" which was accompanied by piano - a lovely evening. This was part funded by a grant to also provide an educational day at Budehaven School.

Don't miss December 15 Minstrels Christmas Concert 7pm

In 2012 Bude Music Club have two further concerts lined up at the Music Centre

22 January - Percussion Concert;

12 February - Viola and Piano Concert.

In February/March there will be a return concert by Czechs, Ota Lebr , violin and Marek Sedivy, pianist.

In June there is another treat in store when Hartland Orchestra are again "In Concert".

These occasional concerts are organised by the performer(s), Bude Music Society and Minstrels Music Centre..

- Christmas Party Menu 2011

Call 01840 230711 to reserve your table(s) or to enquire if there is room for you at our fantastic Christmas Day or New Years Eve Special Menu Festivities

THE OLD WAINHOUSE INN

Starters :

(V) Soup with homemade bread

Duck liver & orange pate, Homemade toasted bread & apple chutney

Oak smoked salmon, dressed rocket, horseradish cream & Homemade bread

(V) Marinated beetroot, Cornish blue cheese & rocket salad

Main Course :

Local roast Turkey with all the trimmings

Venison bourguignon, mashed potatoes & seasonal vegetables

(V) Garlic field mushrooms & chestnut tart topped with melted Cornish brie with new potatoes & rocket salad

Pan fried Salmon fillet, sauteed garlic new potatoes & creamed cabbage with smoked bacon

Desserts :

Christmas pudding with Cornish clotted cream * Treacle tart & Cornish clotted cream

Chocolate brownie & vanilla ice cream * Three Cornish cheeses & crackers

2 Courses £15.50 * **3 Courses £18.50** * *Christmas Day Special : 3 Courses : £39.50*

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December - events in the local

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 Jacobstow Infants school christmas fayre 2pm	3
4 Coast Church 11.00 Carol service in church 7.30 supper in hall afterwards	5 Arts and crafts group 2.00pm - 4.00pm	6 OAP lunch noon for 12.30 APCM 7.30pm	7	8 WI Jacobstow 7.30pm	9 Mulled wine evening at Pat Lanes	10
11 Coast family church 11.00am	12 Jacobstow infants school Christmas play dress rehearsal 10.15am	13	14  Coffee Morning 10.30 - Noon LPD standard parcels	15	16	17 Last Posting date 2nd class
18 Coast family church 11.00am	19 Arts and crafts group 2.00pm - 4.00pm	20 Last posting date 1st class	21 Guides 5 - 8pm	22 Winter solstice - shortest day	23	24
25 <u>CHRISTMAS DAY</u> Coast family church 11.00am	26 <u>BOXING DAY</u>	27 <u>BANK HOLIDAY</u>	28 	29	30	31 <u>NEW YEARS EVE</u>

NOTE. Activities are in Parish Hall unless stated otherwise. Guides 5 - 8pm** means Rainbows/Brownies 5 - 6pm, Guides 6.30 - 8 pm

January - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 <u>NEW YEARS DAY</u> Coast Family church 11.00am	2 <u>BANK HOLIDAY</u>	3	4	5	6 Epiphany	7
8 Coast Family church 11.00am	9	10	11 ♻️ Coffee Morning 10.30 -Noon Guides 5 - 8pm	12 W I 7.30pm	13	14
15 Coast Family church 11.00am	16 Arts and Craft group 2 - 4pm	17 Parish Council Meeting 8pm	18	19	20	21
22 Coast Family church 11.00am	23	24	25 ♻️ Coffee Morning 10.30 -Noon Guides 5 - 8pm	26	27	28
29 Coast Family church 11.00am	30 Arts and Craft group 2 - 4pm	31				

NOTE. Events in Parish Hall unless stated.

Guides 5 - 8pm** means Rainbows & Brownies 5 - 6pm, Guides 6.30 - 8 pm

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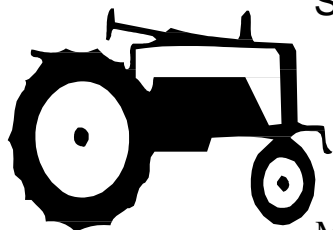
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Quite Interesting Christmas Facts By Sarah Smith

Tinsel became a popular Christmas tree adornment after a mythical spider created sprawling webs from branch to branch.

What are the names of Santa's reindeer?

Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner/Donder, Blitzen, and Rudolph. Eight of these names are taken from Clement C. Moore's "A Visit From St. Nicholas," and the ninth from the song "Rudolph the Red-Nosed Reindeer" (NB. Donner is also known as Donner.)

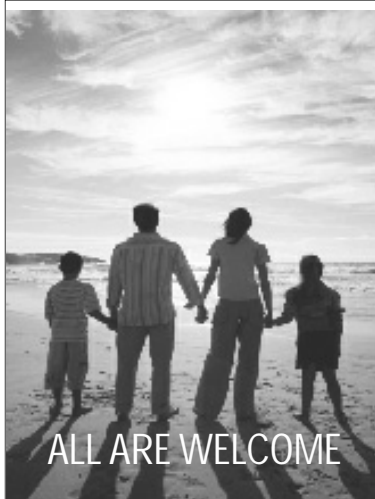
When Robert Louis Stevenson, author of Treasure Island, died on December 4, 1894, he willed his November 13 birthday to a friend who disliked her own Christmas birthday.

England has only known seven white Christmases in the entire twentieth century. According to the records of the Meteorological Office in London, snow fell on Christmas Day only in 1938 and 1976. (The definition of a white Christmas in England is when one snowflake falls on the roof of the London Weather Centre.)

The average person in Britain sends 50 Christmas cards

The Christmas tree outside No. 10 Downing street is presented by the winning grower of the British Christmas Tree growers association's "best Christmas Tree" competition.

1 in 3 men will wait until Christmas Eve to finish their shopping. 1 in 6 men would like to get rid of all the "gift-giving nonsense."



ALL ARE WELCOME

The Coast Family Church

We meet on Sunday mornings

at 11.00am

Come and join us in the
JACOBSTOW PARISH HALL

Non Denominational

Bobs Gardening Patch

Winter is a difficult time of the year because you can not do much in the garden. Empty your compost bin on the garden, above all on your runner bean patch and pea area. I always spread the compost around and cover it with weed suppressant ready to plant in the spring. Dig over the veg patch and leave it rough to let the frost break it down to workable ground.

Now is the time to prune apples and pears to keep them in shape for next year. Try to keep the tree open so it will not become congested in the centre. Do not prune plums, cherries or apricots until the new growth starts or you will cause silver leaf because the plant will draw in disease down the cut.

You should have insulated your tender plants but if you have not do it now, especially container grown plants or put them in a greenhouse, conservatory or shed. Get your order in for early potatoes so you can chit them ready to plant out early next year. I only grow early potatoes because I get a lot of keel slug damage (the little black ones that live underground), they become active when the soil becomes warmer.

I will be sowing my onion seeds around Christmas in a propagator, also my shallots by the same method. My large bulb onions went really well this year and some grew very big around 1 1/2 pounds, the variety was called "bonus" from Suttons seeds.

If your rhubarb is getting too big or you want more plants dig a plant up and divide it into several pieces. Plant one bit back and let the other pieces get frosted then you can plant them elsewhere.

Best wishes for Christmas and the new gardening year

Bob



JACOBSTOW ART and CRAFT GROUP

This autumn we have had still life subjects for painting and sessions of clay tile making with slip decoration. We have two more meetings before Christmas. On 5th of December we will be working at card making for those who want to try their hand at making their own Christmas cards and our last meeting will be a Christmas celebration. The group has been running for three years now, and we still have a strong nucleus of original members. Membership has fluctuated at most we have had fourteen at a meeting but occasionally we have had as few as five.

It is a real advantage to have the space which the Parish Hall offers us, but we need to have enough members to afford this venue. We do not expect everyone to come to all meetings so, ideally, we need to have a larger group. We would be happy to welcome anyone interested in joining us. Bring your own favourite craft or try something which you may have wanted to do but not had the time or opportunity. Our 2012 meeting will start on Monday January 16th and after that every other Monday. We meet between 2.00 pm and 4.00pm. We all pay £2.50 per meeting. We occasionally have an outside demonstrator but more often we pool our skills and those who have a particular skill are happy to pass it on to others.

For more information contact Jeanne Gimblett 01840 230113

PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition from Claire Retallick was pulled from the hat, she wins a £20 voucher for Wainhouse stores. Thank you to Mrs Vera Davies and Wainhouse stores for sponsoring the last puzzle page. Please return your completed entries to Sarah Smith, Almar or via Wainhouse Stores by 20th January 2012

C	H	R	I	S	T	M	A	S
P	A	A	V	B	R	A	I	N
I	D	N	Y	E	E	G	S	O
N	V	G	D	L	E	I	I	W
E	E	E	O	L	X	C	L	F
C	N	W	E	S	E	A	V	L
O	T	J	I	N	G	L	E	A
N	C	R	A	C	K	E	R	K
E	U	L	B	A	U	B	L	E



WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

ADVENT	BAUBLE
BELLS	BLUE
CANDLE	CRACKER
CHRISTMAS	DOE
IVY	JINGLE
MAGICAL	PINECONE
RAIN	RANGE
RED	SILVER
SNOWFLAKE	TREE
TURKEY	

CHRISTMAS CAROL QUIZ

- Good King Wenceslas looked out 'on the Feast of Stephen' when is the feast of Stephen. ?
- What decked the halls in the famous carol?
- Whats the name of the carol about Christmas evergreen plants? 4
Who travelled across 'field and fountain, moor and mountain'?
- The following letters represent which carol? OLTOB
- According to the carol, how many ships came sailing in on Christmas Day?
- 'The cattle are lowing' are lyrics taken from which carol?
- Who sang 'Glory to the newborn king'?
- The following letters represent which carol? DDMOH

Can you name the Eighties christmas presents?



Last edition answers

Word search missing word
TOURIST

Quiz: 1969, Hermans Hermits,
Malaysia, Twiggy, Jim Reeves,
Coventry, Lord Denning, William
Shakespeare, 1961, Colgate

NAME..... CONTACT DETAILS.....

????

A DATE FOR NEXT YEARS DIARY

?????

FRIENDS OF JACOBSTOW PARISH HALL

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Jacobstow & Canworthy W.I.

Mrs. Street entertained Jacobstow members at the October meeting showing slides of her walk around the entire Cornish Coast path. The photography was stunning of views, plants, buildings and unusual signposts and members feet were tapping to the accompanying music of the Port Isaac Fishermen. The competition, a photograph of the Cornish Coast, was won by Mrs. Pat Moore .



Members and guests enjoying the Annual Birthday Lunch at the Eagle House Hotel on Sunday October 23rd

Several members organised and assisted in running a quiz evening at the Poundstock Gildhouse in aid of the Little Harbour Hospice. Approximately £100 was raised for this very good cause and members are looking forward to a visit to the Hospice at the end of Nov.

November meeting saw members busily learning how to weave with Willows and were pleased with their handiwork producing wreaths which could be decorated for Christmas. Mrs Hilary Workman was an excellent demonstrator and the Competition "Flower arrangement in a basket" was won by Mrs Jen Cowling.

Its members' Party time on December 8th and the January meeting, the 12th at 7.30p.m. , will be a talk by Liz and Graham Jones on Family

Canworthy Water W.I. Members entertained fellow group W.I.'S in place of their September meeting when a talk on flowers was given by Michael Storm.

The annual Birthday lunch will be held at the Falcon Hotel in Bude on November 23rd when members will exchange Christmas presents.

There is no meeting in December, the next meeting will be on January 18th in the Sunday School room at Bethal Chapel when there will be a talk by The Cornwall AIR AMBULANCE.

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting of either of the above or contact the presidents, Mrs Pat Lane (Jacobstow) 01840230743 or Mrs Hilda Hicks (Canworthy Water) 01840261514

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Crackington Haven Outfit Riders Association

Apologies to those who may get disturbed but on the last Saturday of January, the woods around Crackington, Tresparrett and Trewint



will once again echo with the sound of motorcycle sidecars, solos and quad bikes competing in the 23rd annual trial.

Drawing competitors from as far afield as Wales and the South East, this event is the biggest gathering of motorcycle sidecars (also known as “combinations”, or more affectionately as “outfits”) in England, and is also supported by local riders of two-wheels (“solos”) and four-wheelers (“quads”).

Competitors are presented with a series of challenging off-road hill-climbs and tracks; successfully reaching the end results in a “clean” ride with no penalty points, whereas using the rider’s foot to aid forward motion or coming to a complete stop results in penalty points being awarded. The competitor in each class with the fewest points is awarded the winner’s trophy later the same evening at the annual dinner and dance at The Coombe Barton Inn.



For anyone interested in spectating, the event starts at Wainhouse Corner Inn, and takes in groups of sections at Ludon, Trevilla, Trehole, Lansweden, Bastard Mill and Trewint. Come and enjoy an unusual spectacle!

Wendy Hodgson

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1st EDEN

BRIGADE NEWS



The Officers of Brigade were surprised to learn that some people in the local community do not know what Brigade is. To explain; Brigade is very similar to the Scouting and Girl Guide movement. We wear uniform, work for badges and go to camp, as do these other uniformed organisations. The 1st Eden Brigade is a part of the worldwide Boys' Brigade movement, which is now for children and young people of both sexes. The Boys' Brigade was founded in Glasgow on 4th October 1883 by Sir William Alexander Smith, and was the first uniformed organisation as The Scouting movement started over twenty years later. From this one Company formed in Scotland, the Boys' Brigade has grown into a worldwide organisation and has worked with millions of children and young people. The highest award that can be won in the Boys'

Brigade is the "Queen's Award"; this award is a great honor and is higher than the Duke of Edinburgh awards, which can also be gained in the Boys' Brigade. Members who spend several years in the organisation will benefit when going for job interviews in later life, thanks to the high moral standards they have been taught. The Boys' Brigade will care for and challenge young people for life through a programme of informal education underpinned by the Christian faith. This is achieved by providing opportunities for leadership, decision making and skills training; empowering children and young people by involving them in decision making at all levels of the organisation and giving them responsibility appropriate to their age and aptitude. Brigade aims to raise the awareness of children and young people to the needs of others (especially other young people) locally, nationally and globally and encourages them to engage in activities and projects in which they can make a difference.

Our Company Section held a "Stay Awake Night" on the Thursday night of half-term to raise money for three charities: Barnardo's, Asthma UK and WWF, and to gain their "Get Up And Go" badge. Over £300 was raised for these charities, which are the Boys' Brigade's chosen charities for this year, and which have been studied by Company Section as part of this term's programme.

1st EDEN BRIGADE NEWS

1st Eden Brigade meets every Thursday at Eden, Headon Cross, Jacobstow, from 6.15pm to 7.45pm, and is for boys and girls aged from 5 – 18 years.

Come and join us for a great time of fun and learning.

For more details call 01566 781346.

Interview of the Month by Jeanne Gimblett



An Interview with Father Christmas

This month I have had the great honour of meeting Father Christmas. I was especially pleased because this is the busiest time of the year for him and his elves as they prepare for his Christmas visit. His answers were so interesting that I thought that you may like to hear it as it happened.

How did you become Father Christmas?

Well I was born in December many, many years ago. My real name is Nicholas, I have always liked doing things for other people but I got into a bit of trouble with the government then because I insisted on giving away money and help to the poor.

What happened?

I was put in prison for a short time, which was most interesting as I got to talk to other prisoners and learn their

stories, I travelled a lot and I liked to give any spare coins to poor children, they were always so pleased.

So you really are a soft hearted person?

I suppose you could call me that, but later on because of my journeys and life story I was made the Patron Saint of sailors, thieves, merchants and children, quite a lot of responsibility! I got the name St. Nicholas or Santa Claus, but of course you all know me as Father Christmas.

Did you have to do any preparation for the Job of Father Christmas?

Well I suppose my whole life was a kind of preparation, but there was a lot more to learn, I had to understand how to manage a work force of elves, bless 'em they can be a little difficult at times. I also had to learn to create Christmas Magic.

What like Harry Potter?

No absolutely not like Harry Potter. My magic has to deliver the right toys to the right child on the right night all over the world and that takes a lot more than a bit of wizardry!!

Sorry I didn't mean to upset you.

No, no m'dear you didn't. It is just that I had to do a lot of learning, can you imagine. I spent a year travelling with the Inuit people herding reindeer. Reindeer can be awkward creatures, and they need to eat a great deal of a strange arctic moss before they have enough energy to take me all round the world in two days.

In two days but I thought...

Ho, Ho, Ho (yes he really did laugh like that) you must not make that mistake. Christmas Day here is Christmas Eve, on the other side of the world. Besides some children have their presents on Christmas Eve and others on Christmas Day and even a few on Boxing Day when old St. Steven takes over the festivity.



Interview of the Month by Jeanne Gimblett Cont

Yes I see. I have always wondered how you know all the children and get their presents right?

Well first of all I could not manage at all without Mrs Christmas, she is the person who makes sure all the letters are put on my desk and that I read everything, but there is also my magic Selectatron machine. I must not say too much about that but it is a wonderful magic 'know-it- all' it gobbles up the news about new babies, changes in address, children who do not have Christmas stockings but get celebrations on other days and so on..



Oh a sort of computer?

(Father Christmas got a bit redder in the face.) Hmmph! No not a computer I have used Selectatron for over one thousand years and it needs no electricity and no server and never goes wrong!

Sorry, but don't you give computer and electric toys to children as well as nuts and oranges now?

Yes, yes. We create all sorts of toys. I leave a lot of the preparation to the elves you know. We have always had a great team of Carpenter Elves, they made the bricks and wooden toys, We have a group of garden elves who produce splendid nuts and oranges,. As the world changes our elves learn new skills. We now have Itty and Gamma elves who deal with what you call information technology and games. So you see we are not out of date.

How on earth do you get ready each year for such a big event?

I have to confess a secret I am a bit of a workaholic, always have been and I just love loading the sleigh and skimming through the sky. I would rather be working than anything else. Mrs C. says that she is really tired of going skiing on her own,

but I really am too busy to go and besides I would rather drive the sleigh.

We all live in Jacobstow Parish in Cornwall. Do you remember us?

Oh yes, yes I remember you all and look forward to seeing you soon, some of the best chimneys left are in Jacobstow. You see chimneys are very small nowadays and I have to keep practising my Magic dance exercises to bend down those little pipes.

Thank you very much Father Christmas, I never thought I would have the

pleasure of meeting you, we are truly happy that your words will be printed in our Jacobstow Journal.

Not at all my dear. May you all have a blessed and peaceful Christmas.

(and with that he went ,all I could hear was the beating hooves overhead.)



WATCH OUT - SCAM ABOUT

I was caught on this one. Living in Canworthy Water getting on the internet takes time. So, when someone rang me saying you've a problem, I told them to get lost. Three weeks later and I thought maybe ... ??

They appeared to say they were part of Microsoft Windows and that I had a Trojan. I didn't believe them BUT ... Needless to say after a while they asked for shedfuls of money and then I said get lost. - Sue Burrows

Top Tips for not growing old. Some quotes from famous people

You are never too old to become younger - Mae West

Be careful of reading health books - you may die of a misprint -MarkTwain

If you are given the choice between money and sex appeal, take the money. As you get older, the money will become your sex appeal-

Katherine Hepburn

COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events



Friday 9th December
Mulled wine evening
at Pat Lane's



Carol Service
Sunday 4th
December 7.30 in
Church followed

Supper in Church hall all welcome

Senior Citizens Lunch Tuesday
6th December
2011



At 12.00 pm

Any help greatly appreciated
contact Janet on 230329

Thank you to Judy and Roger Dawkins
for the donation to the Journal

We are now able to offer the service of
delivering flyers with the Jacobstow
Journal. Please contact Sarah Smith on
01840 230565 to discuss a suitable fee

*Did you know that you can hire Jacobstow Parish Hall for parties
and Meetings?
For further details speak to any Committee Member or ring the
Secretary on 01840 230173*

Don't forget - if you want to see what your Parish Council is doing then you are more than welcome to attend the regular monthly meeting which is normally the 3rd Tuesday of the month.

SELLING IN THE WINTER?

It is one of our most asked questions from house sellers, "What is the best time of year to sell"? The obvious answer is the Spring March and April are historically the months where the market comes to life with character cottages and properties with land looking at their best and it gives people the majority of the year to try and find a buyer and secure the move they need. We usually have a slight drop in productive business through July and August although we remain busy with viewings they are not necessarily buyers in a position to proceed. Webbers in Bude have just had their busiest November for three years, which is really encouraging for the property market in general through the winter period.

If you do need to sell quickly, it is still possible to sell through the winter period and if you are highly motivated you could price your property competitively with a good chance of success. There are always those buyers who keep their eye on the websites and in the local papers having sold and are in rented accommodation waiting for that right property to come on to the market so they can pounce. This is also a very good time of year to get any extra information if you are thinking about a move for 2012. We tend to be relatively quiet through December and early January and this is an ideal time to get a valuation if you are thinking about making a move. It also gives the agent a chance to produce the details, floor plans and have everything ready for the spring market so that when you are ready to come onto the market all we need do are fresh photographs and have the bulk of the work already in place.

We can also do "low key marketing" in which case some vendors do not want to go fully onto the market but are happy to have details produced and available for serious buyers within the office. This means you can go away in the winter period or again just be organised and ready for the New Year.

To find out more about our free valuations and the property market moving forward into 2012 please contact John Tape and Webbers Property Services 01288 353661 or e-mail me on john.tape@webbers.co.uk

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Recipe of the Month by Marion Reason

NIBBLES FOR UNEXPECTED GUESTS

as requested by Judy Dorkins

Use ready-made puff pastry or make your own.

Guyere Cheese Nibbles

Roll out pastry, cover half with grated cheese, fold other half over and roll out to about 1/8" thick, cut into 2" rounds or squares, then freeze.

When needed, take from freezer, top with halved cherry tomatoes and cook in a hot oven 200°C (400°F Gas 6).

ALTERNATIVE INGREDIENTS

If you have it put ½ teaspoon of pesto on top and serve hot or cold.

Add blue cheese with gruyere to make “posh” cheese straws

Top with thinly sliced red onion and goats cheese

Chop up red, green and/or yellow pepper, fry in a little oil with garlic for 5 minutes, cool and place on top then bake

Cheddar and Parmesan cheese are just as good Guyere

Cook plain and when cooked and cooled top with smoked salmon and cream cheese, ham and horseradish, mayonnaise, Feta cheese and olives in fact anything you fancy.



Speed Watch update

Some 3 years or so ago when the Bude police were active in 'PACT' - Partnership and community together; one of the most common problems in the local parishes was the speed of traffic. The initiative 'speedwatch' was formed and organised from Bude by PC Gary Watts. Jacobstow set up a team who became 'police volunteers', to be involved in monitoring the passing traffic on the A39 Wainhouse Corner, under this Police initiative - an educational initiative in encouraging drivers to slow down and keep to the 40 mph limit when passing through Wainhouse Corner. Although it appeared to be successful, it became evident that the limit was still being abused, (speeds of up to 64 mph were recorded from time to time) When Jacobstow Parish Plan was completed, it was shown a high percentage of residents were concerned about the speeding traffic through Wainhouse Corner.

In 2009 the parish council made the decision to get 'vehicular activate signs', if possible, at both ends of the A30 40mph zone. Money was put aside each year towards this aim. 2010/11 county councilor

Mr Philip Tucker kindly financed a major part of his '4 year highways budget' to ensure that Jacobstow would get this achieved as soon as possible.



October 2011 saw the signs installed; at this stage they make a big difference. It reawakens drivers to check their speed and slow down if they are over 40 mph.

A huge thank you goes to all who have helped over the past 3 years in supporting the parish council in its endeavours to allay the fears of parishioners over their safety when using the petrol station, shop, post office, garage, Wainhouse Inn and any section of the A39, with its associated junctions. Also to the members of the

'Speedwatch@ team, backed up by Bude Police and its associated beat managers.



KID'S PAGE AT CHRISTMAS



Unscramble the letters to find the words in our

Christmas Foods Anagram

Word List: chocolate, cookies, cranberries, gravy, mints, pudding, stuffing, turkey, walnuts, yams



abceeiinrrrs

accehltoot

agrvy

alnstuw

amsy

ceikoos

ddginpu

ekrtuy

ffginstu

imnst



How does King Wenceslas like his Pizzas? - Deep & Crisp & Even!!!!

Who hides in the bakery at Christmas? - Mince Spies!!!!

What is a mum's favourite Christmas Carol? - Silent Night!!!



Don't forget to get your list into Santa on time!!!



**MERRY CHRISTMAS AND A HAPPY NEW
YEAR TO YOU ALL AND
HAVE A GREAT TIME**



Jacobstow Community Primary School and Preschool invites you to their

Christmas Fayre on Friday December 2nd at 2pm.

Stalls, games, raffle and refreshments.

Please come and join the children in beginning their Christmas celebrations.



Christmas Play

There is an open invitation to anyone from the community who would like to see our school Christmas Play at our dress rehearsal. We are unable to offer places at the main performances as we are short of space but it is lovely to have an audience for the dress rehearsal! There may be a few hiccoughs but that is all part of the fun!

Jacobstow School hall Monday 12th December at 10.15am

The Olympic Flame comes to Jacobstow!!



Jacobstow Preschool

We are delighted by the support that we have had for the new preschool with 14 children on roll after Christmas. We are about to consult parents about the possibility of increasing our opening hours and offering charged places as well as the funded places that we currently offer. If you have any views or would like to know more then please contact the school office. (01840 230337)

We take children during the term in which they are 3 years old and have maximum of 16 places available for any session.

You are very welcome to visit and see what we have to offer and to try taster sessions.

Thank you to all who have supported us.

We would like to wish you all a very
MERRY CHRISTMAS and a HAPPY NEW YEAR

from
School

everyone at
and

Jacobstow
Preschool.



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Canworthy Water	0940	0940	0940	Launceston Tesco	1250	--	--
Week St Mary	1000	1000	1000	Launceston Westgate	1300	--	--
Whitstone	--	1008	1008	Boyton	1315	--	--
Titson	--	--	1015	North Tamerton	1325	1315	--
Marhamchurch	--	--	1020	Bude Strand-----			1300
Bude Strand	--	--	1030	Marhamchurch	--	--	1310
North Tamerton	1015	1015	--	Titson-----			1315
Boyton	1025	--	--	Whitstone	--	1322	1322
Launceston Westgate	1040	--	--	Week St Mary	1340	1330	1330
Launceston Tesco	1050	--	--	Canworthy Water	1400	1350	1350
Holsworthy	--	1030	--	Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910	Launceston Westgate	1245
Wainhouse Corner	0925	Launceston Tesco	1255
Jacobstow	0930	Launceston Westgate dep	1305
Week St Mary	0945	Canworthy Water	1330
Canworthy Water	1005	Warbstow Cross	1335
Warbstow Cross	1010	Canworthy Water	1340
Canworthy Water	1015	Week St Mary	1400
Launceston Westgate	1040	Jacobstow	1415
Launceston Tesco	1050	Wainhouse Corner	1420
		Higher Crackington	1435

595 Boscastle – Bude

(a = Schooldays only)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

Boscastle	0755	0955	1155	1355	1555	1755
Crackington Haven	0807	--	1207	1407	1607	1807
Wainhouse Corner	0815	1010	1215	1415	1615	1815
Jacobstow School	--	1013	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818
Widemouth Bay	0821	1021	1221	1421	1621	1821
Budehaven School	0828a	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830

Sunday

0855	1055	1355	1655
0907	1107	1407	1707
0915	1115	1415	1715
--	--	--	--
0918	1118	1418	1718
0921	1121	1421	1721
--	--	--	--
0930	1130	1430	1730

Bude – Boscastle

(Partial listing of stops only)

Bude Strand	0720	0920	1120	1320	1520	1720
Budehaven School	--	--	--	--	1523a	--
Widemouth Bay	0728	0928	1128	1328	1528	1728
Treskinnick Cross	0732	0932	1132	1332	1532	1732
Jacobstow School	--	--	--	1337	--	--
Wainhouse Corner	0737	0937	1137	1337	1537	1737
Crackington Haven	--	0945	1145	--	1545	1745
Boscastle	0747	0957	1157	1357	1557	1757

0930	1230	1430	1730
--	--	--	--
0937	1237	1437	1737
0940	1240	1440	1740
--	--	--	--
0942	1242	1442	1742
0950	1250	1450	1750
1002	1302	1502	1802

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Brigade Mr & Mrs G Jose	01566 781346
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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