

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 20

December 2013/January 2014



Editorial by Sarah

So, this sees the end of another year (where does the time go?) and the hope that a lovely new year brings with it. Maybe this year I will be able to stick to my resolutions, yeah right!. I have found that being involved with the Journal has been a very rewarding experience. I don't know if you are aware of the people who help and support our small team in making sure that we have something to shove through your letter box every couple of months. The team is made up of me, Pat, Sue and Jo and we are easily recognisable as the people walking around every couple of months muttering about Brownies, WI and Church Services. We also have a small team of distributors, Bob Reason, Dennis Adey, Irene Webster, Mike Quance, Doreen Turner, Bill Cottell, Dougie and my dad Bob (who also does the gardening spot). Vera Davies is an ex school teacher and wields her red pen with the proof reading. We receive tons of help and encouragement from the Parish Council. It is always nice to hear from our readers with feed back, hopefully positive, but if it is negative hopefully we can learn from it. I hope you enjoy reading your Journal and that it helps you feel part of the village as that is the main thing we strive for. Maybe your New Year's resolution can be to help us with our bi-monthly mutterings and contact us if you have any suggestions or articles.

We would all like to take this opportunity of wishing our readers a Happy Christmas and a prosperous New Year.

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email to: jacobstowjournal@gmail.com

or in writing to the Editor:

All contributions received will be included at the Editorial Team's discretion.

Sarah Smith
Almar, Jacobstow
EX23 0BN

The deadline for adverts, letters or articles for the February/March edition will be 20th January 2014. Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

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Jacobstow Parish Council

<u>Chairman:</u>	Mr. Norman Osborne	01840-230592
<u>Parish Clerk:</u>	Mrs D. Turner	01566-781269

<u>Members:</u>	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
	Mrs Ilona Franklyn	Mr Ray Fox	Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 15th October, 2013

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors and two members of the public attending. Apologies received from one Councillor.

Planning – Cornwall Council had approved Planning applications for Mrs & Mrs Princep, Kerley, Jacobstow and Mrs Susan Anderton, Little Otter, Jacobstow.

Pub is the Hub – Jen & Peter Owen waiting for 200 books and a computer to be delivered. They will attend the November meeting to explain what is happening.

Cornwall Council Planning – Have advised that the Friendly Links Officer for our area is Paul Banks. Clerk to Email him to ask him to come to the next meeting.

Superfast Broadband – Superfast Broadband is taking off in Cornwall and is now available to more than 75% of premises in the county.

Cornwall Council – Advised that a new website has been set up called "What's On Cornwall" to advertise events free.

Planning Application. Mr D Shepherd. JW Shepherd & Son. Trefrida Farm, Jacobstow – Cover for existing yard. Councillors approve this application.

Parish Work - Mr Adey reported that Cornwall Council had cleared leaves from the culvert and that the Wainways sign had been erected.

Trand – Affordable Housing – Andrew Wiles and an Architect came to advise on the latest development. They showed the latest plans for the project and are at the moment looking for a Housing Association to take on the project. They will attend the November meeting to advise further.



Christmas Day Swim - Bude Lifesaving Club

On Christmas morning, hundreds of intrepid swimmers from across Cornwall and beyond will go for a refreshing dip in the sea to help raise money for the Northern Hemisphere's oldest

Surf Life Saving Club at Crooklets Beach, Bude.

Grin and bare it!

Swimmers of all ages (from 8 up if accompanied by an adult) are welcome to take part in the mad cap splash but only those 12 and under are allowed to wear wetsuits! To stave off the cold, swimmers will be led in a group warm-up on the beach by the club's resident fitness trainer, David Herman, before the klaxon sounds at 11am to signal the dash for the waves.

Competition

In honour of the fun headgear worn by many, this year there will be a competition for the swimmer with the best Christmas hat. A winner will be

Save the date-

Wine and Wisdom night

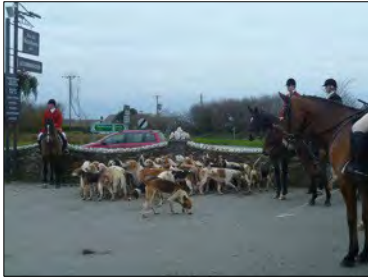
Jacobstow Parish Hall

**Saturday 1st February
7pm**

In aid of Hall funds



SOUTH TETCOTT HUNT HAS ITS ANNUAL MEET AT THE OLD WAINHOUSE INN



Huntsmen and followers enjoyed a Stirrup Cup provided by the pub



MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

Jubilee Club

The Christmas lunch has been very well supported and is fully booked. Our AGM is on Monday 20th January at the Crackington Institute Hall 12 noon. Soup, pasty and cake lunch will be followed by the Annual Report, then a quiz, raffle and generally a happy get-together. Hope to see you there!





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Sunday carvery served from 12 to 4pm.

Try one of our take away meals

The Old Wainhouse Inn
 AA ***

Booking is advisable Tel: 01840 230711

“What's On”

Some events that are happening a bit further afield in December

- 1st Clovelly Christmas Lights
- 1st Johnny Cowling Christmas Concert Lanteglos Church 7pm
- 3rd Pensioners Lunch, Jacobstow Village Hall 12.00pm
- 4th The Wrecking Season (a film by Nick & Jane Darke)
 The Edgcombe 7pm £6.00 See P27 for details
- 6th Bude Late Night shopping 5pm - 9pm
- 6th Camelford Town Band, Delabole Church Carol Concert 7.30
- 7th The Castle Christmas Fair 11am to 6pm
- 5th-8th Padstow Christmas Festival
- 6th-7th Carols & Traditional Christmas Music, Pencarrow House 7pm
- 7th-8th every weekend in December
 Victorian Christmas at Lanhydrock 11am-4pm adult £4 child £2
- 7th-8th Santa By Steam Bodmin & Wenford Railway
- 7th Big Sheep Farmers Market
- 7th Ghost walk at Bodmin Jail - 01208 76292 for details
- 7th Book Sale St Stephens Community Hall Launceston 8.30am
- 11th Christmas Bingo, Port Isaac Village Hall 6-9.30pm
- 11th Christmas Light Lunch & Grand Draw, Langore Village Hall,
 Launceston 12..00 - 2.30pm £4.00 - 01566 773206 for details
- 14th Bude Choral Society, Bude Methodist Church 7.30pm
- 18th Minstrels Music Centre Christmas Concert and 10 yr Ann 7pm
- 22nd Camelford Town Band Carol Service Camelford Hall 6pm

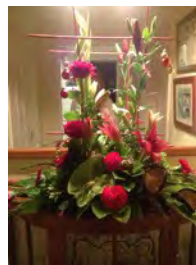
FLOWER ARRANGING IN THE PARISH HALL

On Friday night there was Flower Arranging in the Parish Hall. Elaine Raynolds from Bruallen Florist in Delebole gave a brilliant demonstration with over half a dozen arrangements which were then raffled, the evening was even better when Sarah

and Jo from the journal
won!!!!!!



Tea and a mince pie
completed a lovely evening.



Times of Church and Chapel Services

Jacobstow Church



December	1st	Evensong 4pm
	8th	Morning Prayer 9.30am
	15th	Bennifice, St Gennys 10.30am
	22nd	Communion 9.30am
	25th	Communion 9.30am
January	29th	Bennifice, W St Mary 10.30am
	5th	Evensong 4.00pm
	12th	Morning Prayer 9.30am
	19th	Benifice TBA 10.30am
	26th	Communion 9.30am with Archdeacon Audrey Elkington

Eden Chapel



All services 10.30
unless otherwise
stated.

1st Dec	Communion
6th Dec	Crib Scene Festival Service/Nativity
15th Dec	John Hagarth Curator at Wesley Cottage, Trewint
5th Jan	Communion
12th Jan	Messy United - Venue TBA Contact Rev. Doreen
19th Jan	Family Service

There is always a children's element to each service and a dedicated Sunday School on the first Sunday of each month

Coast Church

Family Church

Sunday Services 11am
Jacobstow Village Hall
Come and Join us,
all are welcome
Non denominational



Canworthy Water Chapel

All Sunday Services
11am
Rev Doreen 01566
781854



Dimma Chapel

For full details
Please contact
Audrey Wicket
01840 230268

SERVICES, NEWS & EVENTS



The harvest supper in the Parish Hall was great fun as it usually is with Moses Andrews conducting the auction. Instead of a gavel Moses brought along a stick with the most enormous knobbly handle with which he set about demolishing the Parish Hall tables bringing it down with a crash at every

sale, to the delight of his audience

Thank you to Revd. Rob Yeomans for leading the service and to Moses for the entertainment and to every one who supported the evening by bringing along produce and food and then buying it back again.



Jacobstow Church

Sunday 15th December 7.00pm

Silver Band and beautiful supper
in the Parish Hall afterwards
a warm welcome to all

Eden Chapel invites you to a **Christmas Crib Festival**
At Eden Chapel (on the road from Wainhouse Corner to
Canworthy Water) on

Thursday, 5th December from 2.00p.m.6.00p.m.

Friday, 6th December from 2.00p.m.—8.00 p.m.

Saturday, 7th December from 2.00 pm.—6.00

On Sunday 8th December, there will be a Service at
10.30 a.m. then the Crib Festival will continue from 12.00
noon—4.00 p.m. Refreshments will be available. If you
would like to display a crib, please contact Ali on
01566 781418. Donations accepted. Proceeds to Church work



Church Lottery Results

October Mrs H Spry

Mrs J Ward

Mr P Smith

November Miss S Cowling

Mrs J Onion

Mrs D Rudd



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www.TransitionNC.org, local food
section



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Childrens Bumper Christmas Quiz

Take the first letter of each the answer
and it spells a three worded salutation!

The first name of this hero is Harry

One a day keeps the doctor away

Pretty as a

He flies with Wendy

The colour of the sun

A Merry

Ivy would be lost without

Rudolph the red nosed

Cold as ...

You hope mum will buy some at the shops

Presents around the Christmas

Baby Jesus's mother

The king at Camelot was

Soft, white and cold

The six week summer

Breakfast fruit juice

Clowns will make you

Holly would be lost without ...

Night and ...

Pictures are painted by an

The Submarine was



LATE NIGHT SHOPPING IN BUDE 6TH DECEMBER 5PM TO 9PM

Family fun with the Bude Reindeer Trail prize competition, Farmers and craft Market at the Lower Wharf. Local choirs singing Christmas carols throughout the night to really get you in the Christmas Spirit!

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Bob's Gardening Spot



Now is the best time to dig your plot and apply plenty of compost to your ground, then cover it with weed suppressant to keep the weeds at bay.

Prune your apple and pear trees and soft fruit bushes, making sure that you cut out any branches that are diseased or damaged. Apply or renew grease bands to trees, these protect the tree from crawling insects that may damage your tree later. Also you could apply a grease material with a brush making sure that you use the correct grease type.

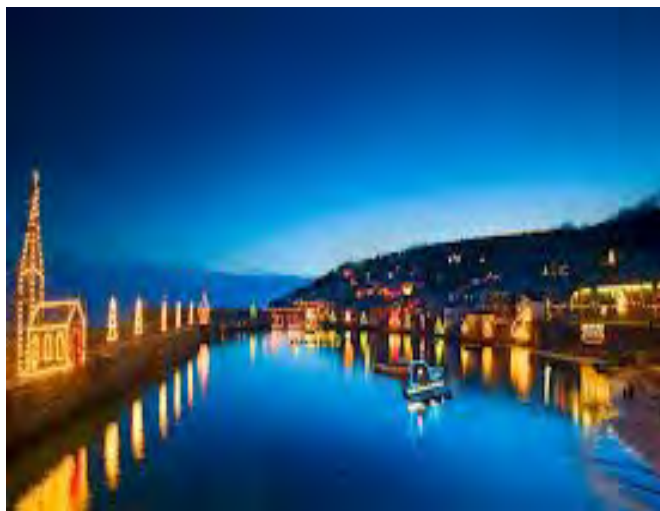
Get your greenhouse ready for next year by removing all the plants and giving it a good clean with a suitable cleaner. I usually try to fumigate with sulphur candles.

In January you should be studying your seed catalogues for new plants and buying your early seed potatoes for chitting, to plant when the ground is ready. Check your lawn for areas that have poor drainage and spike it with a fork about six inches deep then brush in sharp sand to keep the holes open. Leave a small amount of sand on the top and it will help the grass roots grow.

If you did not sow sweet peas in the Autumn now is the time to catch up. Sow them into cardboard tubes so they get a good root system. Soak the seed overnight to soften the coat but if they have not swelled up by the morning give the coat a nick with a sharp knife.

Happy Christmas and a flourishing New Year

Bob



**Tilley's
coaches are
arranging a
Mousehole
Lights Tour
on 21st
December.**

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details**

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SCOUT INTERNATIONAL CAMP AT PENCARROW



Twelve members of our group enjoyed this wonderful experience at the end of July. We camped alongside Scouts from across this country, and also from Canada, Ghana, Spain, Sweden and the USA.

Thousands of young people were kept busy from early morning until late in the evening. They went sailing and weight boarding at Siblyback, and Letter Boxing across the Moor to the Cheesewring. One blistering morning they took part in bungee running, trampolining and zorba fighting. On another occasion they spent a night in the woods, sleeping under home made shelters, and cooking on open fires. They waded, chest deep, through the Pencarrow Lake catching pond life as part of an Eco survey. In the Global Village they experienced the sounds and movement of an earthquake and were taught by Rescue Services how to be of practical help. Lady Iona St Aubyn gave us the full run of their beautiful estate at Pencarrow. She visited us daily, and if she could join in, she always did.

On the final day of the Jamboree, our Chief Scout, Bear Grylls made a flying visit! To the delight of us all, he whizzed down the zip wire, followed more sedately by David Walliams, the children's author and comic actor. It was a wonderful week of fun and friendship – how lucky we are!

WHAT DO SCOUTS DO IN THE WINTER TIME?



In October, the local Scouts attended a camp at Bodmin. The boys cooked for us all, as well as enjoying the Assault Course, Low Wires, Aerial Runway, shooting etc. This was a Camp Cook Badge well earned!

Scouts have also been conducting a traffic survey at Wainhouse Corner, to see how many cars have more than one occupant; sadly there were very few.

Great fun was also had trimming back the trees around the Scout Hut. At the time of writing, they will be taking part in Ten Pin Bowling, and

in the following week at the end of November, each Scout will be bringing in a three course meal, prepared and cooked by them. The menus look very exciting – I can't wait to taste them all!

Cubs are learning about Road Safety and Conservation. Cubs and Scouts all joined together for a Bonfire Night at Pat Moyers' farm at Dizzard, where a sparkling firework display was enjoyed by all, thanks to Eddie Lill and his display team.

We are heaving with Scouts and Cubs at the moment – but we can always squeeze in more! Please ring me, Daphne Dowling 01288 352786, or Pat Moyers 01840 230026 if you would like to know more

...

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition, from John Lightfoot was pulled from the hat, he wins a **£20 voucher for Wainhouse stores**. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20th January 2014
Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

C	L	O	W	N	O	L	A	M	P
H	H	Y	A	W	C	U	A	M	A
W	A	R	E	O	V	I	E	S	N
E	P	R	I	N	C	E	S	S	T
R	P	E	N	S	R	W	Y	U	O
F	Y	B	E	Y	T	R	V	R	M
U	X	K	G	O	X	M	I	A	I
L	N	I	D	D	A	L	A	T	M
J	Q	A	M	A	R	D	L	S	E

WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

ALADDIN BERRY
CHEERFUL CHRISTMAS
CLOWN DRAMA
GENIE HAPPY
IVY JOKES
LAMP LAST
MUSIC PANTOMIME
PRINCESS SNOW
STAR TINSEL

Bumper Boxing Day Quiz -

Settle down with a glass or two and tackle the quiz for a quiet ten minutes.

1. If you were born on Christmas day, what is your star sign?
2. What is Aladdin's mother called?
3. 'Christmas won't be Christmas without any presents' is the opening line from which classic novel?
4. In pantomime who is Princess Marcella?
5. The song White Christmas was first performed in which Bing Crosby film?
6. The Poinsettia plant originates from which country?
7. 'Driving home for Christmas' was a hit single for which singer in 1988?
8. In which pantomime does Robin Hood and Maid Marion appear?
9. What colour are the berries of the mistletoe plant?
10. In 1847 what did Tom Smith, a London confectioner invent?
11. Which monarch was crowned on Christmas Day in **Westminster Abbey**?

Last edition answers Word search missing word Russet Capital Cities 1 Beijing 2 Paris 3 Washington DC 4 Canberra 5 Berlin 6 Stockholm 7 Tokyo 8 Mexico City 9 Dublin 10 Abu Dhabi 11 Madrid 12 Rome Album covers 1. Born in the USA - Bruce Springsteen 2 John Lennon & Yoko Ono Double Fantasy 3 ELO Out of the Blue 4 Duran Duran Rio 5 Fleetwood Mac Rumours 6 Beatles Abbey Rd

Free home fire safety checks



You can request a free home fire safety check by completing the home fire safety check short survey on the Cornwall Council website www.cornwall.gov.uk. This will be used to assess your level of need, you will need to answer some questions about you or the occupier of the property. Those with the greatest need in the community will be eligible for a free home fire safety check and will be contacted to arrange an appointment to do this. In this case a firefighter will visit your home at an allocated time and accompany you around every room in your property with the aim of:

- Identifying and making you aware of the potential risks in your home.

- Making sure you know what to do in order to reduce or prevent these risks.

- Helping you put together an escape plan in case a fire breaks out in the future.

- Ensuring you have a working smoke alarm and if you don't, we will fit a free smoke alarm (type of alarm will vary depending on the need).

The home fire safety check will take about half an hour of your time. The firefighter will be wearing a uniform & carrying an identification card. Please ask to see the identification card, and if you require confirmation telephone the **Freephone Helpline** : 0800 3581 999.

If you are eligible an officer will contact you and arrange a convenient time to visit your home. Please be aware that there is a waiting list.



Tony Hogg's Quarterly Report



Devon and Cornwall's Police and Crime Commissioner Tony Hogg is marking his first 12 months in the pioneering new role by setting out his agenda for year 2 and highlighting some of his main achievements so far. They include:

- ① Halting the decline in police officer numbers;
- ① Greater force performance analysis;
- ① Major funding contributions to community projects;
- ① Launch of £250,000 Small Grant Scheme to support Police and Crime plan;
- ① Value for money analysis and regional collaboration (including Special Branch);
- ① Doubling public engagement (compared to former Police Authority);
- ① Appointment of victim's advisor.

This is a condensed version of Tony's report. To read the whole transcript please go to his website at www.devonandcornwall.pcc.gov.uk

WHAT WILL YOUR DRINK COST?

YOUR LIFE?

**ENJOY CORNWALL
DRINK SENSIBLY**
A Safer Cornwall Partnership campaign

Action for a
SAFER CORNWALL
www.safercornwall.co.uk





December - events in the local area

Book Bus
C/W Canworthy
WC Wainhouse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Art & Craft Club 2.00 pm	3 OAP's Lunch Village Hall 12pm Brownies 5.00	4	5 Crib Festival Eden Chapel See Page 9 for details	6 Christmas Tree Festival Dimmer Chapel See Page 29	7
8	9 Art & Craft Club 2.00 pm W/C 	10 Brownies 5.00	11 C/W 	12 Coffee Morning 10.30 -12.0 W I 7.30	13	14 Bude Choral Society Methodist Church Bude 7.30PM
15 Carol Concert Jacobstow Church 7.00 pm	16	17	18	19	20 Jacobstow School Term Ends	21
22 -	23 W/C 	24	25 CHRISTMAS DAY	26 BOXING DAY	27	28
29	30	31 NEW YEARS EVE				

NOTE. Activities are in Parish Hall unless stated otherwise.

JANUARY - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 NEW YEARS DAY	2 Coffee Morning 10.30 - noon	3	4
5	6 Jacobstow School Term Begins	7 Papilates 3 - 4 pm Brownies 5.00	8	9 W I 7.30pm	10	11
12	13 Arts & Crafts 2.00 - 4.00pm w/c 	14 Papilates 3 - 4 pm Brownies 5.00	15 c/w 	16 Coffee Morning 10.30 - noon	17	18
19	20 Jubilee Club AGM See page 5 for details	21 Papilates 3 - 4 pm Brownies 5.00 Parish Council 7.30	22	23	24	25
26	27 Arts & Crafts 2.00 - 4.00pm w/c 	28 Papilates 3 - 4 pm Brownies 5.00	29 c/w 	30 Coffee Morning 10.30 - noon	31 CHINESE NEW YEAR	

NOTE. Activities are in the Parish Hall unless otherwise stated.

T Fox Garden Services

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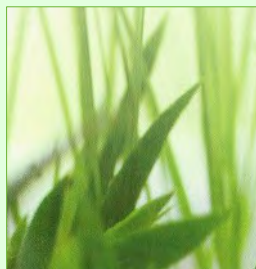
Trevor Fox

Lower Poulza Post, Jacobstow, Bude, EX23 0BX

Mobile : 07832970345

Home : 01566 781841

Email : foxey04@msn.com



ROB HOADLEY

AGRICULTURAL CONTRACTOR

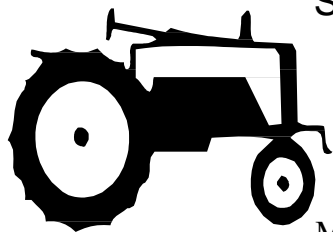
Specialising in Smallholding Work

* Hedge Cutting

* Small Hay Bailing

* Topping

* General Tractor Work



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Green Inn at Week St Mary re-opens

Jason Orchard and his daughter Annabelle are reopening the Green Inn under the new name, The Old Orchard Inn. The grand reopening party on 23rd November will be followed by a December packed with events

and entertainment. On Wednesday 4th December you can join a Food Hygiene Course during the day. The course costs £30 but you will gain a professionally recognised qualification. There will be live music on the 14th and a comedian on the 20th, early days yet, so details to be confirmed. Jason told me that they have remodelled the pub, the front door has been moved to the side to catch the sun and the flow of the pub has been improved with four distinct areas. A good honest food menu is planned from Easter onwards with a family of four having a "belly filling" meal and a round of drinks for under fifty quid! The pub is a free house and is going to serve a good selection of locally produced ales, lager and all the usual tipples will be available, also tea and coffee.

Jason can be contacted on 01288 341646 or 07887 614414 for more information

Overseas Visitors call at Jacobstow Church

On the 1st of October the church had a visit from Barbara and Anson Lovellette from St Joseph in Michigan USA. They are descendants of the Uglow family.

John Jolliffe married Victoria Diamond whose great grand-mother was Edith Ethel Uglow and they emigrated in 1881. Also visiting the church were Kathy and Steve Roelli who are decadents of Edward and Margery Uglow.



They have left some photocopies of family photographs in the church but the copies are too dark to reproduce for the Journal, however they are still in church if anyone wants to look at them, but please do not remove them as other family members may wish to see them. They also left a phone number for Uglow family members who may wish to get in touch and that is in the visitors book at the church should anyone want it.

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01840 250568 (Roger)

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THE W.I. COMMITTEE WISH ALL MEMBERS

A VERY HAPPY CHRISTMAS AND A PEACEFUL NEW YEAR.

SEE YOU ALL IN 2014



The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president,
Mrs Pat Lane 01840 230743

Pilate's update

The new term starts on 7th January 3pm to 4pm in the Jacobstow Village Hall and ends 1st April. The class is Pilate's 1 (for beginners) and works on core strengthening to improve flexibility, posture, strength, breathing control and stress release. Suitable for all ages, sizes and levels of fitness, also suitable for anyone with specific back and mobility problems. Each 12 week course costs £60.00 or you can pay as you go for £6.00 per session, please note if you decide to pay as you go Sally cannot guarantee a place. Contact Sally on 07737 600424 or 01840 261644 honeyzfitness@hotmail.co.uk



Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.



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A film by Nick & Jane Darke on 4th December

The north coast of Cornwall is one of the best collection points in the world for long-haul drift. When a southwest gale blows for three days, artefacts and natural objects from across the world - from Labrador down to the Amazon Basin - wash up on these shores. Playwright Nick Darke comes from generations of beachcombers, or wreckers. He traces everything he finds along the coastline

back to its source, via the telephone and the internet.

Over many years, he has built up a unique picture of coastal communities around the Atlantic, making friends with fishermen, scientists, oceanographers and fellow beachcombers along the way.

This film follows Nick onto the beach during one stormy winter and records all his discoveries.

A fantastic opportunity to see this acclaimed Cornish film, and to enjoy a question and answer session with the director afterwards. The Edgecumbe Hotel has kindly offered to host the evening. The bar will be open from 7pm, and film will start at 8pm. Tickets £6 from Seventh Way Gallery.



The Jacobstow Village Hall committee would like to thank Coast Family church and Phil Tucker for their donations towards the new chairs for the Hall, it is greatly appreciated



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CHRISTMAS TREE FESTIVAL (with a difference)

At Dimma chapel

Just Bude side of Wainhouse

Corner on the A39

Friday 6th &

Saturday 7th December

11am - 3pm

Sunday 8th December 3pm onwards

Light refreshments available

6.30pm concert led by

Rev Ray Avent

Guest organist George Grigg



If you would like to choose a carol for the concert or for further details ring:

Audrey on 01840 230268 or Sarah on 01840 230626

CANWORTHY WATER BOOK CLUB

LANDED by Tim Pears

Rather a sad story, enjoyed by us with much discussion as to when/what the life changing moment was. Written in good English

NOTWITHSTANDING by Louis de Bernieres

An enjoyable book with separate but connected stories based on the village where he grew up.

A very different book from Captain Correlli's Mandolin and others which he has written.





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Jacobstow £249,950



Boscastle £145,000

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COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

COFFEE MORNING

Coffee mornings will break for the Christmas Holiday on
16th December and
re-open on 16th January 2014
Usual day, Every other Thursday on re-cycling day
Telephone 01840 230262

Launceston Hospital has a
new telephone number
01566 761001. Thank
you to one of our readers
for letting us know. It has
been updated on the back
cover

Parish Council Meeting

You will note that there were no
minutes from the Parish Council
Meeting held on the
18th November. These will be
published in the next edition of
The Journal

Are you organising a
community event? If so,
we can advertise it for you
for free and we will even
help you design it!!!!!!

Dont forget the Parish notice
boards outside the village hall and
Wainhouse Stores for up to date
information. You can also use
these to promote any community
activity you want prople to know
about



DON'T FORGET

Carol Service
Jacobstow Church
15th December at
7.00 pm



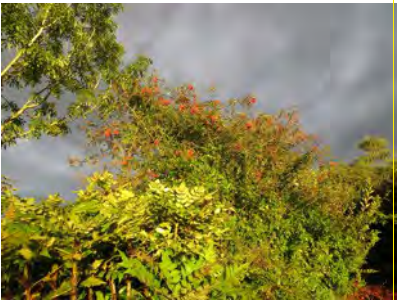
Arts & Crafts
Christmas
Celebration on
9th December.
Group begins again on
13th January 2014

Did you know that you can hire Jacobstow Parish Hall for parties
and Meetings?
For further details speak to any Committee Member or ring the
Secretary on 01840 230173

WEATHERWISE by Monitor

September started here with a slight grass frost, 4°C being noted early morning. Early fog and mist cleared quickly, but there were only a few sunny days. Where there were long breaks, quite a number of days were quite warm, 22°C being typical by mid-afternoon. The 7th and 13th produced significant rain, and a thunderstorm was observed to the north on the 6th. The later part of the month produced a number of warm and humid days, I recorded 21°C on the 24th. The total rainfall collected at Canworthy Water for the month was 3.26". An extensive and prolonged thunderstorm was observed to the east of the area on the 28th around lunchtime, there had been activity earlier that day. This summer was very active in that respect this year, having been quiet previously for several seasons.

October was very wet! Above average sea temperatures produced a number of extensive rain periods, starting on the 3rd (1.05" in 6 hours) with a thunderstorm in the morning. The total collected for the month was 8.3". By far the most rain recorded here for some while was the St Jude's



Day storm, which gave 1.42" in 20 hours. This storm developed over our area with a rapid drop in pressure during the early evening of the 27th once an upper weather front had cleared through, although wind-speeds locally were not of any real note. Storms that develop such as this are known as "Explosive Cyclogenesis", being a storm where the pressure drops at or faster than 1Mb per hour over a short period.

HIGH TIDES and SUNSET- December and January (estimated)

Date	6 Dec	13 Dec	20 Dec	27 Dec	3 Jan	10 Jan	17 Jan	24 Jan	31 Jan
AM	7.09	1.48	6.34	**	7.09	14.06	21.11	4.25	11.37
PM	19.36	14.15	18.54	12.01	19.26	2.34	9.32	16.46	23.00
Sun-set	16.17	16.17	16.19	16.23	16.25	16.34.	16.24	16.56	17.08

Marion's Cookery Corner

Christmas Chocolate Fruitcake

This is a good last minute cake as you can eat it straightaway but it will also keep for up to 2 months if you want to 'feed' it.



Ingredients

200g butter	200g self raising flour
200g dark brown sugar	100g ground almonds
100g dark chocolate broken into bits	3tbsp cocoa
75ml brandy	1 tsp mixed spice
1 tsp vanilla extract	3 eggs beaten
250g raisins	250g currants
100g dried cranberries	100g sour or glace cherries
100g mixed peel	

Method

1. Put the butter, sugar, chocolate, brandy, vanilla and dried fruits into a large saucepan. Heat gently, stirring occasionally until everything has melted together. Remove from the heat
2. Heat oven to 150c/130c fan/ gas 2. Line a deep cake tin, 20cm round or 18cm square, with a double layer of baking parchment. Wrap a few layers of newspaper around the outside and secure with string.
3. Mix the flour, almonds, cocoa and spice together. Stir the eggs into the slightly cooled chocolate mixture in the saucepan, followed by the flour mixture. Scrape into your prepared tin and bake for 1 ½ to 2 hours or until a skewer poked in comes out clean. Cool in the tin and then either decorate if eating straightaway or wrap in greaseproof paper and store in an air tight tin.

Decorating suggestions

Traditional marzipan and royal icing. Whole dried fruit, glazed with apricot jam, chocolate ganache or chocolate fudge icing...YUM!



Here we go, **ITS CHRISTMAS AGAIN.** Time to be jolly but also a time to think of others less fortunate than yourselves and a time to give to those who have less than you. Support your local Christmas Fairs and give generously

K

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D	X	O	H	E	B	F	W	A	Z
Y	I	S	L	I	O	G	L	M	I
T	R	D	T	L	W	X	E	I	P
Z	M	W	Y	F	Y	H	G	L	T
R	E	E	D	N	I	E	R	Y	S
R	M	R	O	X	J	G	R	A	D
E	S	T	O	C	K	I	N	G	U
B	E	O	T	E	L	T	S	I	M
A	K	X	Q	B	A	F	R	U	G



COOKIE NAME PLATES

Ingredients:

300g icing sugar

Half a teaspoon of peppermint essence

4 giant cookies

Sweets and sprinkles to decorate

Method:

Mix icing sugar with peppermint essence

With enough water to make a thick icing

Spread icing over cookies and create a border

With sweets and sprinkles

Using icing pen write guests names in the centre of each cookie. When icing is dry, wrap in cellophane and tie with pretty ribbon.



Q. Why do Christmas Trees make such bad knitters?

A. Because they keep dropping their needles.
Ha Ha

WORLD WAR I EXHIBITION 2014

Next year is the anniversary of the start of the Great War, to commemorate this event Bude Stratton Archives and the Bude Old Cornwall Society are hosting an Exhibition of memorabilia.

If your family or friends have items, photographs or memories which they would like to share, The Archives would be happy to include your items.

We are interested in what it was like to live in or near Bude in those days. We are also interested in those who left to go to fight and whether they survived or died.

Anything which you would like to share please call:

Bude Heritage Centre on 01288357300 and The Archive Team or the Bude Old Cornwall Society will get back to you.

"Although most of us think primarily of the Great War in terms of life and death in the trenches, only a relatively small proportion of the army actually served there. The trenches were the front lines, the most dangerous places. But behind them was a mass of supply lines, training establishments, stores, workshops, headquarters and all the other elements of the 1914-1918 system of war, in which the majority of troops were employed. The trenches were the domain of the infantry, with the supporting arms of the mortars and machine-guns, the engineers and the forward positions of the artillery observers."

Extract from an article by Chris Baker



Art & Craft Group



We have had a cracking start to this winter. With a free-for-all afternoon, then two sessions making pottery decorations and wall hangings. We look forward to a card demonstration by Wendy from the Bude shop Moments, this was on Monday 25th November beginning as usual at 2.00 pm. On 2nd of December, an extra meeting, we will be making willow frame lanterns under the guidance of Hilary Workman.

Then 9th December we shall have our Christmas celebration. We shall begin again on 13th January 2.00 pm at the Jacobstow Village Hall all are welcome if you would like to come or find out more please contact Judy on 01840 230900.



BIG BEN from the inside– By Sarah Smith

“What you need to ask yourselves is this, I know you filled the medical questionnaire out, but you probably did that yesterday or the day before, how are you feeling today?. Are you having an off day, did you sleep ok last night, are you really feeling up to this?”. This was Shaun talking to our little group of 8 people at the start of our climb of 334 steps up the Elizabeth Tower, as it was named in 2012 to celebrate the Queens Diamond Jubilee and, to be honest, he wasn’t really selling it to me. The other problem was that although Leaza, my friend and I were the youngest in the group, it wasn’t by a long way, more than half of the group were male and you just knew that the suggestion of “if you are feeling tired or out of breath, just stop for a breather” was not going to be taken up, not on our watch!.

We started the climb up the first 144 steps (“this is the longest and worst climb”) to our first stop off point. The whole of the tower is lined surprisingly spacious rooms, and this is where we all collapsed gasping for air, slight exaggeration, for the first little chat from Shaun. He explained how the architect Charles Barry won a competition to design the new Parliament building after the Palace of Westminster was destroyed in a great fire in 1834. Barry’s final design which he collaborated with Augustus Welby Pugin (great name!) included a prominent clock tower. The clock was designed

by Edmund Denison and made by Edward Dent, it was installed in 1859 and officially started on 31st May 1859 and the Great Bell, Big Ben began striking the hours on 11th July 1859.

We then left the comfort of the Houses of Parliament chairs and continued our climb up to another level, and another chat about the actual bell “Big Ben”. Did you know that it is actually the second bell that was cast. The first bell was cast in Stockton-on-Tees in 1856 but during tests a fatal crack appeared. This bell was broken up and cast again at the Whitechapel Bell Foundry. When the bell was delivered to the bottom of the bell tower it was found to be too wide at the base to fit through the door, it had to be turned sideways, which took four men 36 hours, then righted and winched up the tower by hand. After fitting the bell it too developed a crack but they managed to drill top and bottom of the crack and stop it spreading, you can still see the repairs today.

The next climb up took us to a real “wow” moment, we went through a door and were stood in a narrow corridor, on our right hand side was the back of the south face of the clock, each dial is 7 meters in diameter and is glazed with 312 pieces of opal glass.

Big Ben from the inside – continued

On the left side was a wall full of the 28 light bulbs which illuminate the clock face at night. You can still see the original gas jets which used to be lit every night. Nowadays the light bulbs are long life low energy bulbs.

As we reached the highest point we could go to, the time was 9.50, we had heard the clock chiming the half hour and quarter to the hour as we climbed, Shaun had timed our climb so that we arrived in time to hear Big Ben strike 10 o'clock. As you climb out into the actual clock tower it is the first time you are outside, exposed to the elements and become truly aware of the height that you have climbed. Shaun then told us some more history of the tower and the bells, showed us the microphones that are used by the BBC to broadcast the live strike on radio 4 at 6pm and 12 midnight. Time was marching on and at 2 minutes to 10 Shaun asked us to put in our ear plugs and lean against the huge metal brackets from which the bells where suspended. The first thing you see is the four quarter bells striking the Westminster Chimes (G sharp, F sharp, E and B for those who want to know) and then for about a second there is a silence, the anticipation is amazing, then you see the hammer rise and strike Big Ben. I was standing about four foot away from the bell and I can honestly say you almost feel the bell ring with all of your senses, your head literally rings and the vibration going down the brackets is astounding.

We could not continue the climb to the highest point of the tower which is called the Ayrton light. It used to be lit just on the side that faced Buckingham Palace so that Queen Victoria could see that her Parliament was in session, nowadays all four sides are illuminated when Parliament is in session late into the night.

The climb down seems slightly easier at the start, but you then become almost punch drunk with looking down at the steps as they wind around and down, if you lean over the middle you can see the banister winding around like something out of Alice in Wonderland. We then stopped in another side room to see the various workings of the clock. Did you know that when the competition was announced one of the rules was that the clock wasn't allowed to loose more that one second. This still applies today, it is checked three times a week for accuracy using the speaking clock and if it is found to be running fast or slow the pile of old pennies that sit on top of the pendulum, which is 4.4 meters long, are adjusted. As you watch the huge pendulum swinging you can see the pile of pennies sitting on top. The Big Ben tour is free, you need to contact your MP, the tours are at 9.15, 11.15 and 2.15 Monday to Friday. It is the sort of visit which you will remember for years to come and well worth the huffing and puffing!



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Thursdays 7.30 pm to 10pm.

Warbstow Community Centre. Main lesson starts at 7.45pm. £3.00 per person including lessons

Lots of time to practice and receive individual help from us. Let us know if you would like to come. Or, if you just want a chat about what to expect please ring on (01566) 781 587 (Please don't forget to leave your name and contact phone number), or email adrianandlouise2@btinternet.com

We also teach at the Bude Jive and Rock n Roll club on Mondays at the Parkhouse

Centre. We offer private lessons, party/event fun lessons and give dance demonstrations at shows.

Ring or email us to discuss your needs. We look forward to hearing from you and seeing you jiving Adrian and Louise Stevens

BUS TIMETABLES

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
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Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate		1040	--
Launceston Tesco		1050	--
Holsworthy	--	1030	--

		MTh	W	F
Holsworthy	--	1300		--
Launceston	Tesco	1250	--	--
Launceston	Westgate	1300	--	--
Boyton		1315	--	--
North Tamerton		1325	1315	--
Bude Strand	-----			1300
Marhamchurch	--	--	--	1310
Titson	-----			1315
Whitstone	--	1322	1322	
Week St Mary		1340	1330	1330
Canworthy Water		1400	1350	1350
Warbstow Cross		1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Tesco	1230
Launceston Westgate	1230
Canworthy Water	1255
Warbstow Cross	1300
Canworthy Water	1305
Week St Mary	1325
Jacobstow	1340
Wainhouse Corner	1345
Higher Crackington	1400

595 Boscastle – Bude

(Partial listing of stops only)

(a = Schooldays only) (h = School holidays)

Western Greyhound 01637 871871

Monday to Saturday

				h	a	h	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven	--	1047	--	1447	1507	--	--	--
Wainhouse Corner	0817	1055	1217	1455	1515	1617	1707	1907
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503	--	1625	1715	1915
Budehaven School	--	--	--	--	1525	--	--	--
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

Bude – Boscastle

(Partial listing of stops only)

						h	a	
Bude Strand	0710	0715	0840	1115	1240	1515	1530	1725
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536	1731
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542	1737
Wainhouse Corner	0727	0732	0857	1132	1257	1532	1547	1742
Crackington Haven	--	--	0905	--	1305	--	1555	--
Boscastle	0745	0750	0920	1150	1320	1550	1605	1755

**No Sunday Service
595**

Morwenstow
and points North
- there is now a
Service (217)
run by
Stagecoach but
it is erratic at the
moment
Ring Barnstaple

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Nicky Chopak (County Councillor)	07810302061
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814
Citizens Advice Bureau	0844 4994188

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 761001
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs P Lane	01840 230743
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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