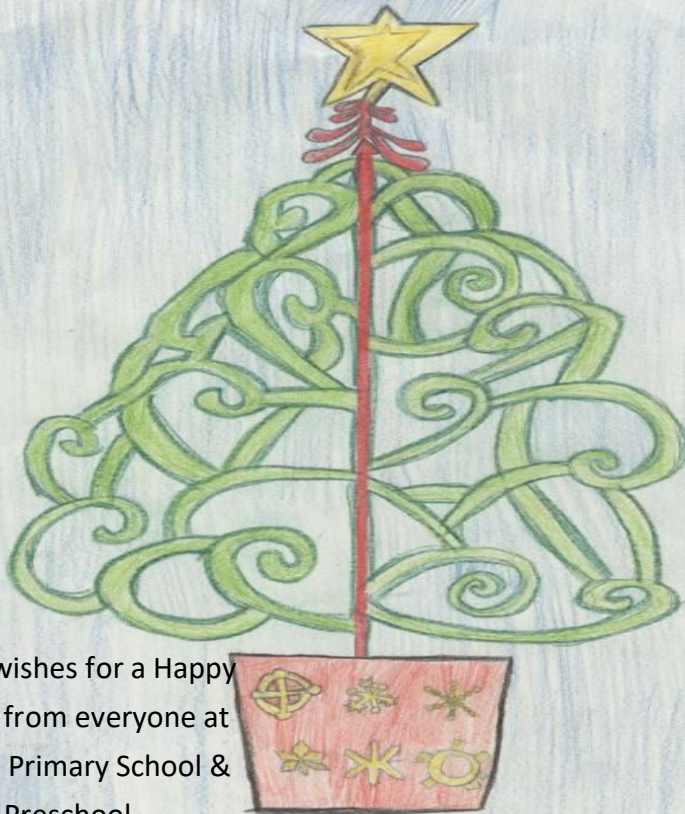


Jacobstow Journal

*Providing news and information for the
Parish of Jacobstow*

Issue No. 42

December 2017 January 2018



With best wishes for a Happy
Christmas from everyone at
Jacobstow Primary School &
Preschool

Delivery free to every household in the Parish otherwise 50p

www.jacobstowvillage.co.uk



Editorial by Sarah

Whilst doing my normal trudge up and down Widemouth Beach this morning, I stopped to chat to a fellow dog walker. He was telling me he had just been involved in the beach clean up and what a success it was. "Do you know what?" he asked, "You really do get the feeling of community around here." We then discussed this further and I really must agree with him. How often do you stop and chat to someone whilst walking through the village, even in Bude for goodness sake, especially in the winter when you can see the faces and are not just tearing around like a supermarket sweep. The Morrisons run can take forever! And surely that's what nice about living here, the feeling of community and friendship which you seem to encounter at every turn. All you need to do is think about all the clubs and organisations that we feature in the Journal, to see how many people are interested in enriching our village and getting people with similar interests together. Why not make a New Year's resolution, just pick one event or club from this edition of your lovely, friendly Journal and go along, give it a go...what's the worst that can happen? As our year draws to a close, can I take this opportunity to thank Sue and Celia for being the total backbone of the Journal, Dennis, Mike, Bob, Dougie, Greeta, Doreen and Anne for delivering the Journals in all weathers, and Rachel for designing our brilliant cover pictures. The Journal would not exist without all of you, thank you! Happy Christmas everyone and good wishes for the New Year.

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

All contributions received will be included at the Editorial Team's discretion.

Editorial Team

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Sue Burrows	Tec.Support	07989 785518
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**Sarah Smith
Almar, Jacobstow
EX23 0BN**

The deadline for adverts, letters or articles for the February/March edition will be 15th January
Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing.
Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mr.s Caroline Pallett
Mrs Ilona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes. Agenda and Minutes of previous meetings are on the village website www.jacobstowvillage.co.uk

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 5th October, 2017

Cllr. Osborne chaired the monthly meeting of the Parish Council with three Councillors, County Cllr. Nicky Chopak and three members of the Public attending.

Footpaths – Mrs Mary Carter reported that the materials for the kissing gates will be arriving soon. Tesco's are waiting for a photo of the finished work. Cllrs. Osborne & Chapman to arrange for the Contractors to do the work after the materials are delivered.

Age UK Cornwall & The Isles of Scilly – Transport Services – Information received regarding door-to-door transport for people who have difficulty accessing public transport. Clerk to find out if there is a local service for this.

Planning Application PA17/08334 – Mr P Jeffs & Miss N Greaves – Listed Building Consent for the conversion of Redundant Farm Building within Curtilage of Listed Building, to a residential dwelling namely:- proposed conservation standard of roof lights. Councillors support this Application.

Code of Conduct - Most Councillors and the Clerk had attended the Code of Conduct Training Course held in Bude recently and expressed the opinion that it was worth going to.



Nicky Chopak, your County Councillor contact details -
mobile no: 07810 302061

Email: nicky chopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Summary of Minutes of Meeting held on 7th November, 2017

Cllr. Osborne chaired the monthly meeting of the Parish Council with all Councillors present.

Posters received to put on Notice Boards giving details of Scott Mann's Advice Surgeries held in Bude, Bodmin, Launceston & Wadebridge.

Clerk confirmed that Age UK Transport do operate in this area. Posters put on Notice Boards showing telephone numbers.

Planning Application PA17/09450 – Dr & Mrs Waumsley, Southcott Meadows, Jacobstow. Rear & Side extensions & alterations. This is a modification to the original plans in that there is to be no balcony. Councillors support this application.

Planning Application PA17/Mr & Mrs Palmer, Knowle Farm, Poundstock, Bude – Conversion of adjacent barn as additional accommodation to house with new single-storey link. Councillors support this application.

Applications for Grant from Community Fund received from 2nd Bude & Jacobstow Scouts, Cubs & Beavers. It was unanimously agreed to donate all three Clubs £500. Each.

Please note there will be no council meeting in December unless an urgent planning permission is received

Your MP Scott Mann - Full version of this letter - follow link on www.jacobstowvillage.co.uk

Surgeries Friday 12th December 2-4pm Wadebridge 01208 74337
to book which is recommended, drop in is first come first served



Cornwall has a higher than average number of second homes, and although the custom they bring to the Cornish economy is welcome, I believe that some form of contribution should be made, and that's why I supported the extra stamp duty and why I successfully lobbied the Government to use the extra money to build self-build community-led housing. Nearly £20 million was brought forward for the South West from the Community Housing Fund (CHF), with £5.1 million being allocated to Cornwall – the most for any county. As a keen supporter of self-build housing and schemes, I have been monitoring the progress of this funding and I am very satisfied with the inroads that have been made by the Affordable Housing Team at Cornwall Council to be build 1,000 new homes through the CHF.

I was also very pleased to recently support a Bill in Parliament which will introduce tougher sentences for people who assault emergency services workers, including paramedics, police officers and firefighters. Tabled by Labour MP for Rhonda, Chris Bryant, the Bill would introduce a new offence of assault or battery against an emergency worker which would attract a 12-month prison sentence as well as the ability to take bodily samples to prove that the suspected person is indeed guilty of assaulting and/or spitting at a worker.

The Government has also announced tougher fines for littering, with fines proposed to rise from £80 to £150, as well as a new offence for people who throw litter from cars. Picking up litter not only takes time and money for Cornwall Council, but it degrades our beautiful county and can seriously harm wildlife, and I'm very pleased that heftier fines are being proposed.



Jacobstow Neighbourhood Watch



We would like to make you aware that we have received a report of a man cold calling by a telephone call on a resident in North

Devon claiming to be from the police regarding a police investigation, she was then instructed to press 1 to continue, which then put her through to a man who asked for her details, at this point she then put the phone down as she realised it was a scam.

A genuine call from the police will not ask you to press a number. If you doubt the authenticity of a caller please hang up and phone the business/company back on their main advertised number.

We are not sure of the intentions of this scam call, but it may have been an attempt to gain personal / bank details, or a charge attached to pressing 1, or may add you to a list for more scam calls.

Please be wary of this and hang up on any similar calls and do not follow out any instructions given by cold callers. Please inform neighbours and consider placing this information on noticeboards. If you have any concerns please email 101@dc.police.uk, or phone 101. If you have any information please phone Action Fraud on 0300 123 2040 or visit the website www.actionfraud.police.uk. Thank you.

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the Jacobstow village web page www.jacobstowvillage.co.uk and follow the link from there

www.devonandcornwall-pcc.gov.uk

For link into Police Commissioner reports

Primrose Community Fund

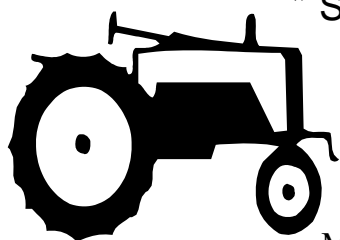
Please note that funds are still available from this fund. If you are a local group or organisation who have a specific funding issue please contact the Parish Council for further details.

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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JACOBSTOW PRIMARY AND PRESCHOOL

The 'Blood Hound' Rocket Car.

The Year 5/6 children at Jacobstow Primary School and Preschool had a fabulous and inspiring day at the Newquay Aerohub watching the trial run of the 'Bloodhound' as it prepares for the land speed record attempt. It was a day of science and technology guaranteed to capture the imagination of all who were privileged enough to attend, lots of hands on practical science plus the rocket car itself.



Crackington Film Club

All films 7.30pm at Crackington Institute, Higher Crackington, EX23 0JL



January: 14/01/18 - Timbuktu

(2014) French / Mauritanian drama Nominated for Oscar and Palme D'Or. Set in city of Timbuktu

28/01/18 - One Chance (2014) True story of shy shop assistant Paul Potts who became an opera singer after winning Britain's Got Talent. Stars James Corden

TIMES OF CHURCH AND CHAPEL SERVICES

3 rd December	Carol Service
10 th December	Morning Prayer
17 th December	UBS Service J'stow 10.30
24 December - Christmas Eve	- No Service
25 December - Christmas Day	- Holy Communion 9.30
31 Sunday December	UBS Poundstock 10.30
7 th January	Evensong 4pm
14 January	Morning Prayer 9.30am
21 st January	UBS St Gennys 10.30am
28 th January	Holy Communion 9.30am



Jacobstow Church

Big Changes at Canworthy Water Chapel



3 congregations are merging to become

Living Water Methodist Church

There is Daily Prayer at 8am

Monthly Holy Communion at 7.30pm on 1st Friday
Sunday Worship at 10.30am followed by fresh coffee

For full details contact Revd Doreen on 01566 781854



Eden Chapel

Young at Heart

1st and 3rd each month

1.30-3pm

Contact Alison

01566 781418

Coast Church

Family Church

Sunday Services 11am

Jacobstow Village Hall

Come and join us,
all are welcome.

Non-denominational



Dimma Chapel

For full details

Please contact

Audrey Wicket

01840 230268



CHURCH AND CHAPEL NEWS & EVENTS

JACOBSTOW CHRISTMAS CAROL SERVICE

**Sunday 3rd December 7pm in the church and
supper afterwards in the Parish Hall 7pm**

St Genny's Silver Band Carol Concert

Friday 15th December 7.30pm

Chairman Glenton Brown

Raffle and Seasonal Refreshment

**Come along and join us in the
St Genny's Christmas Tradition**

HARVEST FESTIVAL

was held in the Parish Hall. It was led by Rev'd Tony Windross.

Many thanks to Auctioneers, Moses and John and to all who attended. £130 was raised for Church Funds.

December 4th 6.30pm Everyone invited to Beavers, Cubs and Scouts
Outside Carols followed by Mincepies and Christmas Draw



December 6th Beavers Christmas Party Remember a plate

December 11th Cub Christmas Party Remember a contribution

December 12th Scout Christmas Party - Food to share

Church Lottery Results

	1st	2nd	3rd
September	Mr J Basset	Mr R Fox	Mr M Carter
October	Mr D Addey	Mr P Mitchell	Mrs J Allen

Food Assembly in Jacobstow



Come and join our award winning community initiative, which enables us all to buy most of our food directly from over 30 local farmers, growers and food producers on-line through a single website Home delivery option available
Best for customers, best for producers, best for the Environment

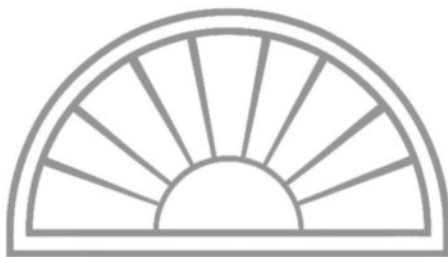
www.FoodAssembly.com

Best Food Initiative in Britain (BBC Food & Farming Awards)

As seen on Countryfile!

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FANTASY DOG - By Celia Proudfoot

For a while now, I have been having a debate with my husband about the possibility of getting a dog. The trouble is, we haven't been able to agree on a suitable breed. He would like a big, energetic long haired dog (ideally a sheepdog) that he can take for long walks, whereas I am concerned that the dog will just cause havoc and mess in our home. My husband does not like small dogs and I do understand this. The other day I was in the car park at Tesco's when I saw the perfect dog. Lots of other people seemed to think so too as the darling creature had attracted quite a following of admirers. He was a black labrador puppy, about 12 weeks old. I was smitten. Then I found myself daydreaming and thinking, wouldn't it be amazing if this dear dog could stay this size forever - sturdy and strong, wonderful placid temperament, gorgeous lollypop tail and heart melting chocolate eyes. That would be my ideal dog! He would happily fetch sticks on walks with my husband. Pet sorted. In my dreams..... Do you have a fantasy dog/cat/horse? Let us know.



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Bob's Gardening Spot

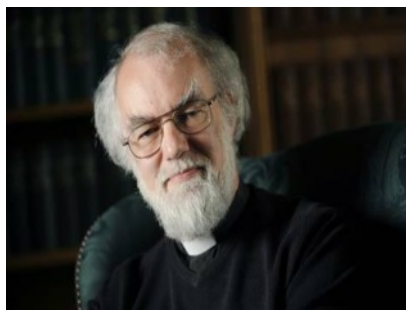
Now you should be studying your tender plants to see if they need protecting with heavy fleece. Tree ferns need wrapping with fleece too. Stuff the crown with straw and then tie the fleece around them, use the same method for banana plants. Some plants I put into my greenhouse to give them extra protection are peaches and cherries. It's a good time to do any jobs you have put off, like painting any exposed timber with preservative. Prune your blackcurrants, cutting back about a third of the plants growth every year, but also remove old or diseased branches aiming leave the bush with an open framework. Carry on digging your veg patch to expose any weed roots to the elements. Clean your paths off to get rid of slippery moss growing on them.



And so we come to the end of another gardening year, have a very Happy Christmas and a prosperous New Year! **Good gardening Bob**

Rowan Williams in Launceston

Come and listen to the former Archbishop of Canterbury and current Master of Magdalene College, Cambridge reveal how Charles Causley inspired his career as a poet. Saturday 9 December 2017 at 7 30 Launceston Town Hall Tickets from Launceston Tourist information Centre £10, under 18 and unwaged £8



Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11-11.15am.

The Wainhouse Inn - the Pub is the Hub has a good Library of books supplied from Truro. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday



Late summer and early Autumn in the UK can very often be dominated by tropical storm remnants, and this year was no exception. The first to have a significant effect was Tropical Depression 10, which gave heavy rainfall early on the 3rd, with 1.57" being collected here in Canworthy Water during the morning. A lot of this fell in 1 hour after 0930. The day was very typical of tropical influence, with muggy conditions persisting and extensive hill-fog to the surface.

"Aileen" was to affect the UK 12/13th, had no direct impact to our area but a warm air-mass drawn up in it's wake produced another wet day on the 15th, giving 1.28" collected.

Very few days were completely dry, and the total amount for the month was 5.83", which was some 30% greater than the previous 5 years.

October's main weather event was the passage of ex hurricane "Ophelia" which caused serious damage to the Irish Republic SW. For a hurricane to maintain it's tropical status above 45 North this far east in the North Atlantic is very unusual, and it certainly was surreal to see a hurricane "eye" on satellite images so close to the UK. The storm had little effect on our area.

Named Storm "Brian" arrived on the 21st, and was noted as producing more rain in a 24 hour period than the month prior to the 21st, giving 1.12" of rain collected and winds gusting to 37mph in the garden here. Local headlands saw gusts to 71mph reported.

The total rainfall collected for the month was 2.52", which was in keeping with the previous three years which were all fairly dry compared with what one would expect for October in the South West.

Long-range weather observations are often unpredictable, but some models are forecasting a slightly drier winter than of late, with temperatures a little lower in keeping with more lengthy settled periods.

HIGH TIDES and SUNSET - December 2017- January 2018

Date	1 Dec	8 Dec	15 Dec	22 Dec	29 Dec	Jan 5	Jan 12	Jan19	Jan 26
AM	2.47	8.25	3.09	7.23	1.08	7.17	1.33	6.24	1.43
PM	15.06	20.55	15.25	19.41	13.32	19.44	14.02	18.40	14.18
Sun set	16.20	16.18	16.18	16.21	16.27	16.33	16.42	16.53	17.05



As promised, in continuation of 1st Jacobstow Guides International Adventures over the summer, here is Sarah's account of Kernow '17, an international jamboree right here in North Cornwall!

My favourite week of the holidays! I survived the mud!

Kernow 2017 was by far my favourite week of the summer holidays. It was held at 9 Ashes at Pencarrow and was a Jamboree for Scouts and Guides and there were about 1500 people there. We camped and were put into sub camps and groups to do all the different activities.

Some of the activities we did were: Kernopoly, which is when we had to go to different places in Cornwall either by bus or train and collect things, for example bakery bags. The more



items we got and the more places we went, the more points we got.

We went kayaking, rock jumping, water zorbing, 4x4 driving, did crafts and played lots of different sports with the new friends we met. In the evenings we had disco's, a campfire, fireworks, competitions and quizzes.

The weather got wetter and wetter and more muddy as the week went on but this just added to the fun! I made lots of new friends and loved every bit of Kernow 2017 and would definitely go again if I had the chance.



We have also been very busy this term learning first aid, completing the Onesie Challenge badge, which has included lots of food based activities. As well as walking up Rough Tor by moon light and taking part in our district sleepover with the sharks at Plymouth Aquarium!

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PUZZLE PAGE



Welcome to your “tea break” puzzle page, Thank you for the many entries, Rachel & Jamie Wren were pulled from the hat. They win a £10 **voucher for Wainhouse Stores**. If you would like a chance to win this edition’s voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 15th January 2018.

C	O	M	P	A	N	I	O	N
P	H	A	P	P	Y	U	L	E
R	G	R	E	E	T	I	N	G
A	E	W	I	S	H	E	S	W
E	L	I	C	S	E	V	T	O
Y	G	N	E	E	T	E	A	N
W	N	E	R	O	X	M	R	S
E	I	T	R	E	G	N	A	M
N	J	F	R	I	E	N	D	S

WORDSEARCH - one of the film titles listed below do NOT appear in the grid above, which one?

CHRISTMAS	COMPANION
EVE	FRIENDS
GREETING	HAPPY
JINGLE	ICE
MANGER	NEW YEAR
SANTA	SNOW
STAR	TREE
WINE	WISHES
YULE	



1



Name the
classic
Christmas
Telly

2



3



4



5



6



7



Last edition answers Word search missing word Spiderman. Movie Quotes 1. Terminator 2. Gone with the wind 3. Wall Street 4. The Sixth Sense . Psycho 6. The Silence of the Lambs 7. A Few Good Men 8. Carry on Cleo 9. When Harry Met Sally 10. Titanic 11 Terminator 2 12. Dirty Dancing 13. Jaws 14. Jerry Maguire 15. Taxi Driver



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Regular Events

In the Parish hall unless stated otherwise

Monday Cubs 6.30 - 8.00 Scout Hall Wainhouse Corner
Brownies 4.30 - 5.30 Canworthy Water Sunday School

Tuesday Scouts 6.30 - 8.00 Scout Hall
Rainbows 5.45 - 7.00
Guides 7.00 - 8.30



Wednesday Beavers 6.00 - 7.00 Scout Hall

Sunday Coast Family Church 10.30

1st and 3rd Tuesday of the month Young at Heart - Eden Chapel 1.30

1st Tuesday of month Parish Council 7.30

2nd and 4th Tuesday Arts and Crafts Club 2.00 - 4.00

2nd Thursday of month WI 7.30

2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30

1st Friday of the month Walking Club Parish Hall car park 10am



December

Sunday 3rd Jacobstow Carol Service , in Parish Hall and supper

Friday 8th Late night shopping - Launceston

Saturday 9th Rowan Williams talk Launceston Town Hall 7.30

Sunday 10th Christmas Fair at the Castle Bude 11am - 4pm

Friday 15 St Gennys Silver Band Carol Service-Legion Hall 7.30

Monday 25th Christmas Day Swim Crooklets beach



Jubilee Club



Christmas Lunch 11th December, please contact
Mo or Fernley on 01840 230428 for more details.

Never Mind the Potholes, What about the Pedestrians and Other Road Users?

I live not far from the staggered blind junction at Eden Chapel.

Over the last 3 years the amount of traffic has dramatically increased. This increases during the summer when holiday tourists head for the coast. There are occasions when traffic goes through all night. The road is an unclassified road so the national speed restriction 60 mph applies. Towing vehicles are restricted to lower speeds (but often seem to ignore this fact).

This road was never constructed to carry constant use by 30 ton loads and has suffered accordingly. Hopefully the Big Wind Farm construction will finally be quashed or the consequences and heavy vehicle movement will be unbearable for everyone who lives in this area. The road is part of the cycle network and is regularly used by cyclists. It is also used almost every day by up to 4 horse riders. I spoke to 2 girls who regularly ride their horses between Canworthy Water and Eden. Their concern is that a significant number of vehicles, whilst moving over when passing, simply do not reduce speed to take horse riders into consideration. Given that a lot of the roads locally are not wide enough to allow the recommended 2 metres gap between a horse and a passing car, the hazard is obvious. From personal experience the speed the vehicles travel at, particularly white van man is inappropriate for the road width. Some drivers do not even slow down for pedestrians. The road has always been a main access point between the hamlets and villages heading to the A39 but that is no consolation when other road users who have no protective steel shells around them are using it. Large vehicles often stop to pass alongside my property and on the S bend just above Eden Chapel. The road is simply too narrow at a minimum of 5 points, 2 of which are on blind bends. I am aware of 4 major incidents involving vehicles travelling in opposite directions over the



last 3 years. The rubbish collection vehicle stops at every household and this is in itself a hazard especially as it often coincides with Tilley's school bus run. Tilley's drivers know every inch of this road and are extremely courteous and careful. They often have to stop or pull over when confronted by large vehicles travelling in the opposite direction. I have not yet mentioned the lady who walks her greyhounds daily below the 30mph road restriction at Wainhouse Corner, the users of disability scooters who visit and park outside Eden Chapel regularly and the other road users who simply want to walk, cycle or ride a horse safely.

Never mind the Potholes cont.

It is difficult to know what to do to educate vehicle users, but to those who read this article, please slow down and consider other road users and hidden access points and gateways as well as the conditions and time of day. This problem is not confined to the road I live on. The roads leading to Jacobstow, Trengune and Blagdon are all used by pedestrians, adults and children, dog walkers and cyclists. They all have hidden hazards and all are regular

routes for cars and delivery vehicles of all sizes. My final comment: What would you do if you caused an incident or injured/killed another road user? There is no refuge, no footpath, no escape and no way for a pedestrian, a cyclist, a jogger or a horse rider to get out of YOUR way! Please slow down and consider other users on our narrow, winding roads. After all it's better to be late in this world than early in the next!

David Crisp, Headon Cottage



'A Winter Gala' of popular operatic arias and songs from films and shows.



One of Britain's finest baritones, Darren Jeffery, and mezzo-soprano Shelley Coulter-Smith will perform 'A Winter Gala' on Sunday January 21st at Minstrels Music Centre, Canworthy Water (between Bude and Launceston), PL15 8UB. Darren Jeffery regularly sings leading operatic roles at Covent Garden, English National Opera, and Glyndbourne, including many appearances at BBC Proms. Shelley Coulter-Smith is also well known from her many operatic roles throughout Europe. Darren and Shelley will be accompanied by Anthony Seddon, an accomplished pianist with a strong association with music in Cornwall. Tickets will be

£13 on the door, full-time students free. This concert is one of six outstanding musical events promoted each year in North Cornwall by Bude Music Society which is urgently seeking music lovers to join the committee. This worthwhile involvement requires no depth of musical knowledge, just enthusiasm for live music. Find contacts and more about us on www.budemusicsociety.com or search for Bude Music Society on Facebook.



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Christmas Panto & Film guide

Panto - Oh no it isn't...oh yes it is!

Hall for Cornwall - Truro

Sleeping Beauty 5th to 31st December

Tickets £16 - £29



Theatre Royal
- Plymouth

Peter Pan 15th Dec - 13th Jan Tickets
£10 to £36.50



Queens Theatre - Barnstaple

Beauty and the Beast 8th - 31st Dec

Tickets £16.50 to £23.50



Holsworthy Amateur Theatre Society

Aladdin Mon 29th Jan - Sat 3rd Feb & Mon 5th - Sat 10th
Feb Tickets £9.00 www.holsworthytheatre.co.uk

Northcott Theatre - Exeter

Dick Whittington 2 Dec - 7th Jan

tickets £11 - £26



Christmas Films



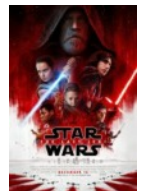
Star Wars - The Last Jedi - The next chapter of the Saga

Jamanji - Welcome to the Jungle - Four teenagers on
detention are sucked into the world of Jamanji

The Greatest Showman - Showman P T Barnum cre-
ates the Barnum & Bailey Circus

Last Call Pitches - The Belles find themselves split
apart and they reunite for an overseas tour

Downsizing - A guy realizes he'd have a better life if he
shrinks himself



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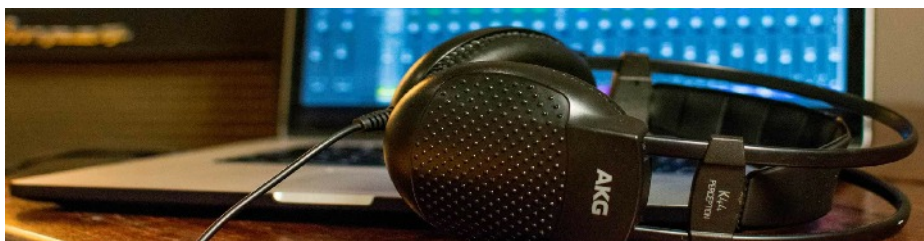


JACOBSTOW WI

Members and their partners and friends enjoyed celebrating Jacobstow WI's 79th Birthday at Trethorne on October 29th. We currently have 22 members and enjoy a varied programme of events throughout the year and participate in activities arranged by the Cornwall and National WI Federations as well as the Royal Cornwall and Holsworthy Show competitions.

We'll be having our Christmas lunch at the Metropole Hotel in Padstow on December 1st, followed by our Christmas Party on 14th. Our 80th year starts with a talk on 11th January by Graham Hodgson: My work as an Ambulance First Responder.

The WI welcomes new members so do come along to a meeting at Jacobstow Parish Hall or contact the President, Mrs Jill Baker 01840 239829 or Mrs Pat Lane 01840 230743. We meet on 2nd Thursday of each month at 7.30pm and a warm welcome awaits you.



Tintagel Orpheus Male Voice Choir

Are you interested in or have experience in Photography, Filming and Sound mixing?

The Choir are looking for such a person to join their friendly team. The position is subject to gaining funding from the Arts Council. If successful the purchased equipment would be used to record our concerts and publicise the choirs activities. This is on a voluntary basis. If you want more information please contact Mike Willis by email tintagelchoir@yahoo.com



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JACOBSTOW AMBLERS

**Next walks: Thursday 7th December & Thursday 11th January
10am Parish Hall. Phone Mary: 01840 230656**

After quite a lengthy break over the summer, the walking group got together again on Friday 6th October on a fine bright and warm autumn day. The group consisted of myself (Celia,) Rachel, Jill, Mary and another Celia!

Other members of the group were busy on that day and so we have agreed to return to meeting on Thursdays again. We did the



Jacobstow to Ash route, taking the James Way. We had two dogs with us and it was quite tricky lifting them over some of the styles so we are really looking forward to getting the kissing gates to allow easier access for all. We paused at Blagdon Circle (see photo) and wondered what its origins were. It was great to meet up again and get out in the fresh air, enjoying beautiful countryside. If you have any favourite quotes you would like to see on the



Mary : 01840 230656;
Celia : 01566 781 473;
Sue : 01566 781292

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Ingredients

Serves: 8-10

Metric Cups

250 grams caster sugar

4 large egg whites

1 pinch of salt

2 teaspoons cornflour

1 teaspoon white wine vinegar

300 millilitres double cream

1 teaspoon cocoa powder

4 teaspoons instant espresso powder
(not instant coffee granules)

CAPPUCCINO PAVLOVA

Something to cut all that rich grease?



Method

Preheat the oven to 180°C/gas mark 4/350°F. Line a flat oven sheet with baking parchment and, using a 23cm/9inch cake tin, draw a circle on it.

Mix the sugar with the instant espresso powder in a small bowl and set aside.

In a clean, grease-free metal bowl whisk the egg whites and salt until they are holding soft peaks. Keep whisking while you add the sugar-coffee mixture a tablespoon at a time.

When you have a firm, ecru-coloured meringue, fold in the corn-flour and vinegar using a grease-free metal spoon.

Dollop the meringue mixture inside the drawn circle. Smooth and shape it with a spatula so that it looks rather like the crown of a boater: it must be flat on top.

Put it in the oven and immediately turn down to 150°C/gas mark 3/300°F and cook for an hour. Switch off the oven and leave inside until cool.

Once the base is cool, lift it carefully in its paper and place it top-side down on a flat plate and peel off the paper.

Whip the double cream until thick but soft and spread delicately over the top of the meringue. With a teaspoon, push the cocoa through a fine sieve or tea strainer to decorate the top, cappuccino-style.

THANK YOU TO TESCO SHOPPERS FOR YOUR VOTES!

I would like to thank all of you who went shopping in Tesco's and put your blue chips in the bucket for our cause. Thanks especially to Sue Burrows who was able to understand the masses of paperwork, enabling the Jacobstow Amblers to apply for the grant in the first place. We received £1000 and the Parish Council will contribute to funding. We are all set to carry out the replacing stiles with kissing gates and a bridal gate at Ash. We are awaiting the delivery of the materials from County and are waiting for our order to be cut at the sawmills. The wood being used is oak. We just hope we not having to wait for it to grow! I have been assured about 3 weeks from my last request. Local councillor Caroline Pallett walked all the paths this summer and has compiled an excellent report into their condition with suggestions for improvements. The last time any major work was done on the network was 20 years ago, so hopefully this is just the start of upgrading the whole network. With Caroline's report it's clear where we need to continue. So another big thank you. We will have a celebratory walk and lunch when this first phase is completed. Please come to lunch if you can't make the walk.

Dyw Genes! Mary Carter.

CANWORTHY BOOK CLUB

A Certain Age by Beatrix Williams

The book was compulsively readable. A tale of intrigue, romance and scandal in New York during Roaring Twenties.

We found it a little frivelless after some of the heavy reads we have had lately

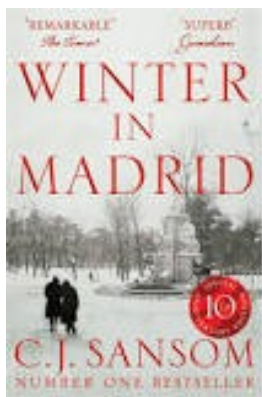


Winter in Madrid by C J Sanson

This was rather different from his usual Tudor who-dun-it as it is set after the Spanish Civil War 1940 and is both a romance and a spy story.

It was especially interesting in the light of the recent Spanish problems with Catalonia.

We considered it well written and historically correct and thoroughly enjoyed this book



Strange English Christmas Traditions

World's Oldest Christmas Tree? -Wrest Park in Bedfordshire might be the site of the world's oldest surviving Christmas tree. Planted in 1856 by Thomas de Grey, the tree was brought into the mansion every year and decorated for the family's festivities.



Horsing about - Mari Lwyd is a Welsh tradition that had almost died out, but is now being revived by students at the University of Wales. The tradition consists of a model horse's skull being carried from door-to door on a pole by a young man, accompanied by his friends; Sergeant, Merryman, Punch and Judy.



Card controversy - Even some of our most established traditions have unusual origins. In 1843 John Calcott Horsley sent the first printed Christmas card for his friend, Sir Henry Cole. The card caused some controversy at the time because it depicted a small child drinking wine, but in spite of this the idea of sending festive cards soon caught on.

Sacred plants - Before it became a romantic symbol, Mistletoe was considered so sacred in ancient Britain that it could only be cut by druids with a golden sickle.



Who ate all the pies? - For good luck it is recommended to eat a mince pie on each of the twelve days of Christmas. Tradition states that anyone who refuses one of their twelve pies will suffer a year of misfortune (you have been warned!)

Festive law-breaking - In England the Holy Days and Fasting Days Act of 1551 stated that every citizen must attend a church service on Christmas Day, and must not use any kind of vehicle to get to the service. As this act has not yet been repealed there must be a large number of us who are breaking the law every 25th of December!

Tarred and feathered - In the Victorian era birds raised in East Anglia were often herded along Drovers' roads to London, to be sold fresh in time for Christmas. To protect their feet turkeys were fitted with leather or sacking boots, while geese had theirs tarred and sanded.



Wild swimming - For those who don't find December cold enough for their liking, there is always the option of a bracing 100-yard swim in Hyde Park's Serpentine Lake on Christmas morning (temperatures usually below 4°C!). This tradition dates back to 1864, but in 1904 playwright J.M Barrie donated a prize cup, and the event has been known as the 'Peter Pan Swim' ever since.



Burning barrels - If you need to warm up after that icy swim, then head up to Allendale in Northumberland on New Years Eve to take part in the Tar Bar (Barrel) festival.

Rewarding the plough - Last but not least for all the farmers out there: don't forget to bring your plough inside and put it under the dining table as a way of marking the holiday season. You can also pour beer over the plough as a reward for all its hard work.

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KIDS' PAGE

A long time ago when I was a little girl growing up in London, my father would take me to Trafalgar Square on Christmas Eve to sing carols around an amazing Christmas Tree. As there were lots of people there, I would sit on my dad's shoulders, so I could see.

The tree has a special story behind it. Every year since 1947, the tree has been given to the people of London to thank the people of Britain for the support given to Norway during the Second World War.

This year will be the 70th tree given to us. It is always huge and is 20 metres high. That's about the size of 10 tall people standing on each other's shoulders!



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Camel Trail Adventures - By Mary Carter

I was cycling quite merrily along the Camel Trail, enjoying the autumn colour, when something, (don't know what) got caught in my front tyre. Thought it was a blow out. It was a wipe out for sure. I was down, along with husband Mick on his bike on top of me. He was in pain, bad hip and all. Even lost a shoe. I tried to untangle us from the bikes but my knee just gave way. Brute adrenaline fuelled force got us untangled

Thank God Mick was OK. But I went to get up and my leg gave way. I struggled on all fours to get to the stone wall and sat shaking. First a nice young man on his bike stopped to help. I thought if I could get on my bike and use one leg to get to a road junction, so tried and fell straight off. Ouch. Had to lie in the mud groaning for ages. By this time a lovely lady with dog turns up. Luckily for just enough time she she got reception and was able to phone 999. I managed to get back to the wall. The next on the scene is an 80 year old on a very nice horse. He can't walk 'cos of his knees. Tells me 'Deep Heat' is a miracle cure. Then the paramedic arrives having had to keep up with Mo the lady with the dog and phone who had gone to show him the way - a 10 minute brisk walk, the gate to the trail being locked. I am wrapped in foil and with trouser leg slashed, the ambulance arrived. I get carted off to hospital. This lovely lady Mo, pushes my broken bike, then drives Mick back to pick up our car. Ex ray found nothing broken but I need crutches until I mend. Still in bike gear, with the foil blanket over my knees, finished my whisky. Now on Arnica. Reading the pamphlet on how to get upstairs on crutches. While Mick cooks supper....



News from The Old Orchard Inn Week St Mary

We are pleased to announce the opening of Week St Mary's first ever snooker club, with a full size table, on the 31st March. Newly refurbished, warm, comfortable and large room with excellent facilities.



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Can you tell your Old Man's Beard from your Witches' Whiskers?

These oddly descriptive and rather cheeky names belong to some of our region's hidden woodland treasures, the lichens. Unsurprisingly not many of us could point them out on a woodland walk yet the south west's coastal and upland woods (known as Atlantic woodlands) are some of the richest places for lichens, mosses and liverworts in the British Isles. Plantlife with funding from the National Lottery and the support of regional partners wants people to know more about the woodlands on their doorstep so that we can value them more and do more for their conservation.

Over the next 12 months we will be developing the 'Building Resilience in South West Woodlands' project and we want to hear from the people who live near these woods, work in or visit the area. Let us know what you think about the woodlands of Dartmoor, Exmoor, North Devon, North Cornwall and the Quantock Hills. Tell us what activities you would like to get involved with.

To do this go to www.surveymonkey.co.uk/r/BRCommunities

Now back to those beards and whiskers..

On your next woodland walk have a look into the branches of hawthorn, oak, ash and birch trees to see if you can find either of these lichens. Both are nationally fairly rare but can be abundant in some of the south west's older native woodlands as they prefer to live in the clean, light and damp conditions they provide.

Witches' Whiskers (*Usnea florida*)

With its huge hairy wart-like discs, this grey-green lichen can't be mistaken for any other. The discs are the fruits of the lichen and can grow up to 1cm across although they can be much smaller.

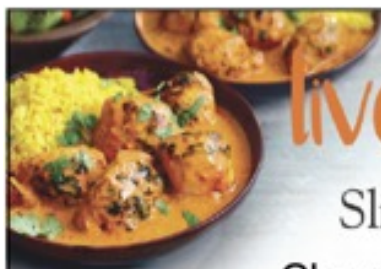


Old Man's Beard (*Usnea species*)

Sometimes sticking up on branches and sometimes dangling from them in clumps, these 'usnea' lichens are made up of thin, round, grey-green threads and are reminiscent of a tangled beard.

To hear Plantlife's Alastair Moralee talk about the project





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Wainhouse Cnr	~	0925	~	~	Launceston Tesco	1250	1235	~	~
Jacobstow	~	0930	~	~	Launceston Westgate	1300	1245	~	~
Week St Mary	~	0940	~	~	N Tamerton	1325	~	1325	~
Canworthy Water	~	0955	~	~	Bude Strand	~	~	~	1310
Warbstow Cross	0935	0958	0935	0935	Whitstone	~	~	1332	1332
Canworthy Water	0938	1001	0938	0938	Week St Mary	1340	~	1340	1340
Week St Mary	0953	~	0953	0953	Canworthy Water	1354	1307	1354	1354
Whitstone	~	~	1001	1001	Warbstow Cross	1400	1311	1400	1400
Bude Strand	~	~	~	1023	Canworthy Water	~	1314	~	~
N Tamerton	1008	~	1008	~	Week St Mary	~	1326	~	~
Launceston Westgate	1033	1030	~	~	Jacobstow	~	1341	~	~
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Widmth M	0702	0902	1102	1312	1542	1742
'ski Cross	0705	0905	1105	1315	1545	1745
Jacobstow				1320		
Wainhs	0709	0909	1109	1325	1549	1749
Crackgton	~	0917	1117	1332	1557	1757
Boscastle	0723	0933	1133	1349	1613	1813

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Boscastle	0751	0956	1215	1431	1611	1841
Crackgton	0807	1012	1231	1447	1627	~
Wainhs	0814	1019	1238	1454	1634	1854
Jacobstow		1024				
'skni Cross	0818	1029	1242	1458	1638	1858
Widmth M	0821	1032	1245	1501	1641	1901
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95 Correct 26 November 2017!

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