

Jacobstow Journal

*Providing news and information for the
Parish of Jacobstow*

Issue No. 49

December 2018 - January 2019



Have a very Happy Christmas from the children and staff of Jacobstow Primary School and Preschool to all of our school communities.

Delivery free to every household in the Parish otherwise 50p

www.jacobstowvillage.co.uk



Editorial by Sarah

As usual at this time of year, it's nice to look back and see what has happened in our village over 2018. I think one of the biggest developments of the year was the whole village getting 'Superfast' with the broadband, hopefully you are all whizzing around on Amazon and downloading films as fast as you like. This really is a big help to rural areas, whether it's the school finally getting online, work, play or just keeping in touch with family far and wide.

All our wonderful volunteers made the regular clubs and meetings happen: cubs, guides, art club, coffee morning, you name it, they organised it. We also had an amazing number of fundraising events which, as usual were enthusiastically supported. Quiz nights, dog shows, concerts, pasty suppers, WI coffee mornings, so let's carry on giving all these very worthwhile causes our support in the coming year.

It wouldn't be the Christmas edition without me mentioning all the brilliant volunteers who make your Journal happen for you. Sue, Celia and Jill on the editorial team. Rachel who designs our front covers so imaginatively and our wonderful distributors, Mike, Dennis, Anne, Dougie, Greta and Doreen. Thank you all so much.

That just leaves me to wish you all a very merry Christmas and health, wealth and happiness in the New Year. Sarah.

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

Editorial Team

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Celia Proudfoot	Articles	01566-781473
Jill Baker	Articles	01840 239829

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the February/March edition will be 15th January 2019 Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mrs Caroline Pallett
Mrs Ilona Franklyn Mr Andy Vogel Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovvillage.co.uk

Summary of Minutes of Meeting held on 4th October 2018

Cllr Osborne chaired the monthly meeting with a full attendance of Councillors, County Cllr. Nicky Chopak and two members of the Public.

Privacy Policy – A Privacy Policy for the Website was discussed and agreed that the Clerk should draft one and confirm it is OK with Councillors via Email.

Devon & Cornwall Police Merger with Dorset Police –

Councillors did not wish to make any comment on this.

Post Box – The Clerk reported that after correspondence with Royal Mail they have said that the post box will be replaced.

Cllr. Pallett reported that the Stile had been repaired as necessary. Cllr. Pallett also reported that Cornwall Council have agreed to do the suggested Road Markings at Eden Chapel.

It was reported that the hedge at Little Beckaveans needs cutting back. Cllr Chopak will get in touch with Cornwall Council. Hedges are the responsibility of the land owner. Maybe this could be put in the Journal.

It was suggested we put the Website details on the bottom of the Notice Board. Cllr. Smith to ask Mr Dereck Smith if this could be done.

The Parish Council have funding available, provided by a grant from the Primrose Solar Farm, for community groups.
Please contact Doreen Turner on 01566 781269 for further details

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report

Summary of Minutes of Meeting held on

6th November 2018

Cllr. Osborne chaired the monthly meeting with six Councillors and two members of the public.

Road Closure – Information received advising that the road from Edgar Road to Eden Road will be closed from the 14th- 16th November, 2018 (24hours)

Planning Application – PA18/08933 –The Rectory, Jacobstow Extension to dwelling and carport with Office space over (amended). The amendment is to extend the existing roof overhang. Councillors support this Application.

Planning Application PA18/08399 – Witheven Farm Cottage, Jacobstow. Change of use of existing detached double garage to form two bedroom residential annexe.

Proposal to include gabled end roof. Councillors support this Application but would like a clause saying it cannot be sold separate to the main dwelling.

Planning Application PA18/08858 – Land at Wainhouse Corner. Demolition of existing building and erection of a Dwelling. Councillors support this Application.

Cllr. Adey reported that the Salt Bins at the School and Hele

Barton will be filled within the next few weeks. Also enquire about installing a Salt Bin at Ferretts Cross.

Your MP Scott Mann - - For full version of this letter follow the link on www.jacobstowvillage.co.uk



On 11th of November I attended services in both Bude and Stratton, but across North Cornwall, other services and events to mark the centenary took place and I would like to thank all those who organised, volunteered and attended. Almost every town and village in Cornwall has a memorial to those who fell in the Great War, and it is still hard to comprehend just how high the cost really was. Soldiers, sailors and airmen from Cornwall fought and died on many fronts. The Duke of Cornwall's Light Infantry, which lost over 4,500 men, participated in some of the most famous battles on the Western Front including Mons, Ypres and during the final '100 days offensive'.

The centenary of the armistice finds us united in respect and remembrance for all of the casualties of the Great War, but we also remember the sacrifice of British and Commonwealth troops who have made the ultimate sacrifice on battlefields since. We do not forget that servicemen from Cornwall have fallen in Afghanistan and Iraq, giving their lives to protect this country and our way of life. We shall remember them.

Scott Mann Surgeries

Friday 14th December Wadebridge 2-4pm

Friday 18th January Launceston 10am - 12 noon



Jacobstow Neighbourhood Watch



Want to make your inbox as safe as your home?
Here are 3 ways to stay safe online:

- Use a strong and separate password for your email account
- Activate a two step authentication on your email
- Use password managers to store passwords for your less important accounts

Consider the similarities between your home and your devices...

- You wouldn't have the same key for your car, house and bike lock - use a strong and separate password for your email account
- We upgrade TVs, washing machines and blenders as they become old and less effective or safe - install the latest software and app updates
- When we go on holiday or even to the corner shop we lock our front door - secure your tablet or smartphone with a screenlock
- Home insurance is there in case the worst happens and our home is damaged - always backup your most important data

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there



Nicky Chopak, your County Councillor contact details -
mobile no: 07810 302061

Email: nickychopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Jacobstow Parish Hall Trustees would like to bring to your attention that the car park is for users of the hall and not for long stay and overnight parking.

Sometimes hall users have heavy equipment to carry in and need to park closely, and we also need the spaces for visitors to events held at the hall.

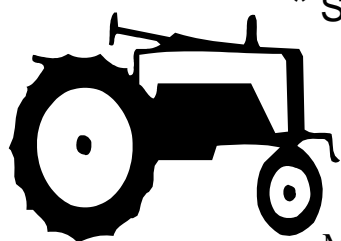
Many Thanks.

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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AA ***

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Have You Ever Tried Getting a Pet to Swallow a Tablet?

I feel I should have completed the title with a laughing emoji. I am about to look after a friend's Shetland pony, which is an annual event when they take their holiday. The main task is to get Dinky (the pony) to take a tablet every day. Dinky is the master of making this procedure as difficult as possible. At first he was only too happy to

munch on a chunk of carrot which has been split just enough to push the pill into it. Then he went off carrots but would eat a piece of nice sweet apple with the pill pushed into a small split. The honeymoon period ended, but he could be bribed with a fig roll (easy to push the pill into the fig centre.) Last year, the fig rolls were out of fashion and Dinky opted for a small bucket of chaff and pony nuts with the pill in the mix. He still had the uncanny knack of leaving the pill. This year he is eating a tablet stuck onto the end of a pony nut with spit! As for my cats, all have bitten and growled and kept the tablet in their mouth whilst I stroke their throat for what seems an eternity. When I stop, the pill, (now a foaming mass) is spat out to the other end of the room. I now leave it to the veterinary nurse to do (oh how animals love having money spent on them.) The only person I know who can administer a pill to a cat is my sister in law, who is, of course, a nurse! The Journal's editor Sarah, has to give her dalmation a tablet once a month and this is cunningly smuggled into a large piece of cheese. Have you any pets and pills stories? Contact us on the letters page.



"Good morning, Mr. Morton! We were just calling to see if you've been getting Binky's pills in OK!"



"Two seconds. How long do you pretend you've swallowed a pill before spitting it out?"

CHURCH AND CHAPEL SERVICES

DECEMBER

2nd Evensong 4pm

9th Morning Prayer 9.30am
& Carol Concert 7pm

16th UBS Week St Mary 10.30 am

23rd UBS Jacobstow 10.30am

25th Christmas Day Mass 9.30am Poundstock
11.00am Warbstow (including Jacobstow)
no service at Jacobstow

30th UBS Poundstock 10.30am

JANUARY

6th Evensong 4pm

13th Morning Prayer 9.30am

20th UBS 10.30 Church TBD

27th Holy Communion 9.30am



LIVING CHURCH

Sunday Service 10.30 refreshments

Mondays Mums and Tots 11am

Kids Club (Term time) Wednesday
4.30-5.30

Young at Heart Tuesday 2 weekly
1.30-3.30

4th Wed Library van & refreshments

For more information contact :
Supt Barrieball 01566 781699 or
Glenys Poorta on 01566 781205.



Coast Church

Family Church

Sunday Services 11am

Jacobstow Village Hall

Come and join us,
all are welcome.

Non-denominational

CHURCH AND CHAPEL NEWS & EVENTS



Jacobstow Church Carol Service

With St Gennys Silver Band

Sunday 9th December 7pm

Followed by tea in the Parish Hall

Everyone welcome

Living Water Chapel

Sunday 16th 1030 Dec Christingle Service

Friday 21st Dec 5pm Stable Service

Look out for the January Jumble Sale - to be arranged

Church Lottery Results

	1st	2nd	3rd
September	Mrs P Lane	Mr A Smith	Ms P Trotman
October	Mr J Osborne	Ms L Chichley	Mrs J Baker

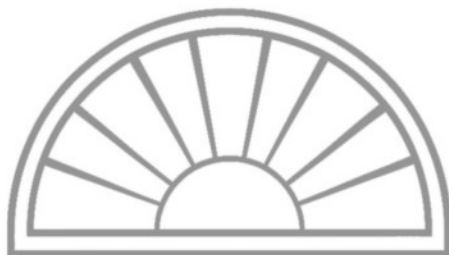
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Bude, Cornwall

REMEMBRANCE SUNDAY -Lest we forget



St James Church



Living Water had a fantastic display of memorabilia and here are a selection of their arrangements. Their aim of 200 odd poppies was well surpassed



GCHQ huge poppy over Morwenstow



Brian Marshall and Sue Burrows rang Remembrance Rounds on behalf of Jacobstow at Poundstock.

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Bob's Gardening Patch

In December you should be planting next year's vegetables you may want to grow. Order your potatoes early to get the variety you want to grow and choose other vegetables you want for the coming year. If you are growing onions from seed, sow them over Christmas under cover and don't let the frost get to them.

Dig over any ground ready for the frost to break it up when it arrives. Any tender plants should be taken indoors or covered with fleece. I always stuff straw into the top of my tree fern and wrap it in fleece, giving it plenty of protection. Do not wrap anything in polythene or it will rot if the weather turns warm and the plant sweats.

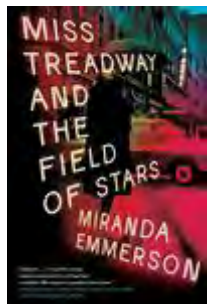
I hope you have had an enjoyable year of gardening and look forward to the next one. Happy Christmas Bob

BOOK CLUB

Temporary Gentleman by Sebastian Barry

This is another in the McNulty series with Jack looking back.

General consensus was it was rather tedious. Not memorable and a waste of a tree.



Miss Treadway & the Field of Stars by Miranda Emerson

American actress, Iolanthe Green disappears halfway through a successful London run. Her dresser, Miss Treadway and others try and find her, tripping over everybody's pasts. It shows a rather disreputable London in 1965.

It was easy to read and hard to anticipate the outcome, which was rather nice although rather sudden.

Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11.15ish - Coffee and chat.

The Wainhouse Inn has a good Library of books supplied from Truro which are changed regularly. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday

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We've been very busy at guides since returning from our summer break, getting to grips with the new programme that girl guiding launched in July. The new programme ensures that the link between rainbows, brownies, guides and rangers is apparent, with all sections being asked to do similar things to gain awards as they go on their guiding journey.



Girl Guiding - Jacobstow
Invite you to a Christingle Service
at St James' Church, Jacobstow
on Tuesday 4th December
at 6pm.



Scouts: 07842 084971
Cubs : 01288 352786
Beavers:07855 001284

The Cubs made £147.55 at the Dog Show. There were 14 dogs entered. 10 classes: Prettiest Bitch, Most Handsome Dog, Cutest Puppy under 12 months, Best Dog and Bitch over 12months, Waggiest Tail, Best Child Handler, Best Trick, Most Well Behaved Dog, Best Condition, Dog the Judge Would Like to Take Home.



Update on the new Scout Hut:

"The Executive Group have a site at Rosecare which is being explored. We have already had positive feed-back from a Pre-Planning Application which we had put in. We are currently drawing up plans and hope to submit them to Planning in early Spring 2019.

In the meantime we will continue our fund raising events so watch this space."

Dereck A Smith

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, Thank you for the many entries Rachel Wren was pulled from the hat. They win a £10 **voucher for Wainhouse Stores**. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 15th January 2019.

Thank you to Wainhouse Stores for sponsoring this page.

N	O	S	A	E	S	D	R	A	C
G	I	F	T	W	R	A	P	G	H
S	R	E	K	C	A	R	C	R	R
N	E	W	Y	E	A	R	S	E	I
F	I	R	E	S	I	D	E	E	S
Y	N	U	O	Y	N	O	N	T	T
L	U	X	P	I	V	Y	D	I	M
L	F	P	B	S	N	O	W	N	A
O	A	O	S	A	N	T	A	G	S
H	R	Z	X	O	B	T	S	O	P

WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

CARDS
CRACKERS
GREETING
FUN
HOLLY
NEW YEARS
POSTBOX

CHRISTMAS
GIFTWRAP
FIRESIDE
HAPPY
IVY
NOEL
ROBIN
SANTA
SEASON
SEND
SNOW



1



2



3

Name the classic Christmas movies



4



5



6

Last edition answers Word search missing word Paddle. Quiz 1. Summer lovin had me a blast 2. St Swithins 3. Donna Summer 4. Indian summer 5. Norman 6. Mungo Jerry 7. Summer Bay 8. The popes 9. Estate 10. Beijing



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Letters Page

Something you want us all to know about? Email and address for letters is on page 2

Regarding the letter from Jo Afford in the previous edition of the Jacobstow Journal about her rental of a terrible holiday cottage in Widemouth, I must say that I feel extremely surprised by her exhortation to holiday cottage owners in Jacobstow to "Make more of an effort with the inside of your properties". I am sorry that she had a bad experience but may I suggest that she should complain to the letting agent of the specific property which was sub-standard and not tar us all with the same brush. We have 2 holiday cottages on our farm which we take a great deal of care with, as do the other cottage owners in Jacobstow - you only have to look at the reviews to see that Jacobstow cottage owners do not need her advice. We have stayed in some cottages in The Cotswolds and The Lake District which have been very poorly looked after, with dodgy wiring, lack of proper cleaning and grotty bedding, so please don't think that this is just a Cornish problem. It does seem to be true that some cottage owners in tourist hot spots can get away with a poor service but the holiday cottage owners of Jacobstow can rest assured that we are providing high quality, clean and welcoming accommodation for our guests.

Liz Bird Treforda Farm

Dear Sarah

I have just received my latest Oct/Nov journal, and I wanted to encourage you by saying that the quality layout and presentation is exceptional, the work you and your team do is very much appreciated. I receive all the local journals but yours is a cut above the rest. Thank you.

Nigel Warner (That bloke from The Coast Family Church!!)



Scam Mail warning Royal Mail are trying to raise awareness of scam mail in our local community. Typically, scam mail involves professional fraudsters sending convincing letters that are designed to trick people out of money or other valuables, this could include bogus competitions and fake draw prizes. This mail mostly originates from overseas and is hard to detect. Royal Mail are committed to doing all they can to protect their customers have have intercepted 4 million suspected pieces of scam mail. Should you be concerned about scam mail please write to Royal Mail at FREEPOST SCAM MAIL enclosing any suspect items. Call Royal Mail on 0800 0113 466 or email scam.mail@royalmail.com

Last posting dates for Christmas - December

Airmail -

Tues 4 th Africa & Middle East	Fri 7 th Cyprus, Malta, Asia, Far East & Eastern Europe
Sat 8 th Caribbean, C & S America	Mon 10 th Greece, Turkey Australia & New Zealand
Fri 14 th Canada, Czech Rep Italy	Sat 15 th Finland & Sweden
Poland & USA	Mon 17 th Rest of Europe except
Tues 18 th Belgium, France, Ireland and Luxemburg	

UK MAIL

Tues 18 th	2 nd class	Thurs 20 th	1 st Class
Fri 21 st	Tracked 24	Sat 22 nd	Special delivery

1914 Christmas in the Trenches.

Those who lived through the First World War experienced Christmas in a variety of ways. One of the most famous Christmas time events was the truce that took place along some parts of the line on the Western Front in 1914. British officer John Wedderburn-Maxwell took part in the truce. He described what he did after it was stopped. "After the war had recommenced, I went up to see the Lincoln colonel. And there I found the second in command and the adjutant sitting down to a jolly good Christmas, which they'd sent across and told me to come and join. And we had roast pheasant – it was wonderful the way they could cook in those trenches on charcoal fires – roast pheasant and plum pudding and plenty of rum. Of course, the colonel could always get rather more than the ration! No, we had a real slap-up meal".



Regular Events In the Parish Hall unless stated otherwise

- Monday Cubs 6.30 - 8.00 Scout Hall Wainhouse Corner
 Brownies 4.30 - 5.30 Canworthy Water Sunday School
- Tuesday Scouts 6.30 - 8.00 Scout Hall
 Rainbows 5.45 - 7.00
 Guides 7.00 - 8.30
- Wednesday Beavers 6.00 - 7.00 Scout Hall
 Living Water Kids Club 4.30 - 5.30 Canworthy Water
- Sunday Coast Family Church 10.30
- 1st and 3rd Tuesday of the month Young at Heart - Canworthy Water 1.30
- 1st Tuesday of month Parish Council 7.30
- 2nd and 4th Tuesday Arts and Crafts Club 2.00 - 4.00
- 2nd Thursday of month WI 7.30
- 2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30
- 2nd & 4th Friday Living Water Youth Club 7 - 8.30 Canworthy Water

Further Afield - more local events you may be interested in

December

- 1 Crooklets Beach Clean
- 1 Camelford Christmas lights switch on 6-8pm
- 2 Bude Christmas Fayre, Parkhouse centre 11 - 4
- 2 Christmas Lights in aid of RNLI Clovelly 3-6pm
- 4 Cornwall Wildlife Quiz, Rosies Kitchen Bude 6.30 - 9.30
- 6 Christmas with the New Jersey Boys Launceston Town Hall 7.30
- 6-9 Padstow Christmas Festival
- 9 Bude Metric Brass Band Parkhouse Centre 3-5pm
- 13-16 Christmas Tree Festival St Michaels Church Bude 10.30 - 5.00
- 15 A Dickensian Christmas Launceston Town Hall 7.30
- 23 Winter Wonderland Family Party Falcon Hotel Bude 2-4pm
- 25 Bude SLSC Mike Moyle Christmas Day Swim

January

- 19-31 Budehaven Community School Annual Exhibition Willoughby Gallery
The Castle Bude
- 21 Cornwall Wildlife Trust Around the bottom of the world Stratton Primary
School 7.30

PLEASE NOTE ROAD HEDGES MUST BE CUT BY THE LAND OWNERS

It was reported that the hedge at Little Beckaveans needs cutting back. Cllr Chopak will get in touch with Cornwall Council. Land owners hedges should be cut between 1 September to 28 February



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WEATHERWISE by Monitor

The late summer and early autumn months of September and October were fairly similar this year, as both saw quite dramatic changes due to tropical storm remnants.



First though, the rainfall figures. September gave a total of 3.06" collected, whilst October gave 3.1." The latter is quite a low figure for this month, and continues a trend observed since 2015. That said, the rainfall over the Cornwall area has been noted as varying considerably with far heavier falls on the windward side of Bodmin Moor - a function of southerly winds being more dominant than the usual south westerly/ north westerly transition of weather systems we expect in this part of the UK.

The trend towards a more SE wind direction (following on from the summer) certainly reflected in the temperatures, many days in September reached the 20's with high humidity making it feel somewhat warmer than the thermometer indicated.

The 20th to the 23rd gave a wet period, with 2.2" collected in the three days as an extra tropical storm passed through the area, with near-storm conditions at times during the night on the 20th.

October also saw a very warm day on the 10th, with a number up to this day in the 20's. The 12th to the 14th saw further storm conditions with the wind gusting to 34mph here at the station, and 60mph observed widely on high ground locally. Conditions were frequently very muggy with hill fog to the surface at times, very typical of extra tropical weather systems.

A sharp frost was recorded at -5°C on the morning of the 30th, with two thunderstorms observed on the 31st, as warm and humid air from the south gave a 13°C rise in less than an hour. The morning from -2°C, quickly becoming unstable as it met colder upper air on its passage. This gave the curious situation where the day maximum temperature had been reached by 1030 in the morning.

HIGH TIDES and SUNSET - December 2018-January 2019

Date	7 Dec	14 Dec	21 Dec	28 Dec	4 Jan	11 Jan	18 Jan	25 Jan	1 Feb
AM	4.51	9.14	3.37	9.16	3.54	8.05	3.12	8.06	2.47
PM	17.09	21.37	16.00	21.48	16.15	20.21	14.44	20.32	15.14
Sun set	16.17	16.17	16.19	16.24	16.31	16.40	16.51	17.02	7.54

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Members have been celebrating 80 years of the WI in Jacobstow!

1938 - 2018

On 28th October we enjoyed a Birthday lunch at the Falcon Hotel Hotel with Board members from Cornwall Federation, our Adviser and members from Week St Mary Bonaventures WI. All the ladies were presented with a floral corsage and a commemorative gift to mark this very special occasion and after lunch the Port Isaac Gulls sang for us .



Celebrations continued with a Birthday Tea at the Parish Hall on

1st November when Elaine Reynolds demonstrated several floral arrangements which were taken home by the lucky winners of the Draw. Tea and a Raffle rounded off a fitting celebration of the

WI's 80 years in the village. It was lovely to see many former members and friends - thank you for your support.

In October we also celebrated 100 years of WI campaigning - the first Resolution in 1918 was for improved housing. The Campaign for **Equal Pay** started in 1943 and the WI was raising awareness about the impact of

plastic on the environment in the **1960s** . Ahead of other organisations, in **2017** the **End Plastic Soup** campaign highlighted the issue of microplastic fibres released when clothes are washed.



Our next meeting on 13th December will be the Christmas Party and on 10th Jan, Michelle Barker will be talking to us about The Costume Rooms in Bude.



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JACOBSTOW WALKERS

We had a lovely amble up the Valency Valley to Minster Church and back down behind and through the Wellington Hotel.

The weather held. The trees hadn't really started to change colour.

We decorated the Holy Well and hunted for the carvings on the church walls, the sun rising/burst was easy but the scissors (or were they shears?) took a little time.

Afterwards some of us had a delicious lunch in the Boscastle Farm Shop.



Minster Church

Here are some retrospective photos of our walk.

The next hike is to St Clether Holy Well. Lifts can be caught at Wainhouse Corner 10am. Otherwise meet at St Clether church. Let Mary know if you have any queries or want further information.

Mary : 01840 230656; Celia : 01566 781 473; Sue : 01566 781292

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Jubilee Club



Annual AGM will be held at the Crackington Institute on Monday 14th January. All the trips for the coming year will be discussed and agreed on and all are welcome.

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E-Bikers of the World Unite! (You have nothing to lose but your blubber.)

By Caroline V Pallett

“You don’t have to turn up for work looking like a scarecrow, you know,” said a customer at the pub I worked at. He had had to give up his car and now had to travel by bicycle. His bicycle was powered partly by a lithium ion battery and partly by himself. He told me he had lost more than a stone and a half over only a few months. I had considered purchasing an e-bike for some time, and about seven years ago, I overcame my initial reservations and purchased a bottom-of-the-range power cycle for £599 which came with free reflectors and a bell. It turned out to be an excellent investment for a number of reasons. Firstly, because of the power-assist function, hills were no longer a necessary evil. The bicycle in Holland has priority over all other forms of transport and every Dutch person I have ever seen is fabulously slim. However, Holland is pancake flat and does not have Millook or the hill through Warbstow that goes to Hallworthy, or the one at Crackington. E-bikes level the playing field. Secondly, e-bikes require no tax, insurance or MOT. The distance they can cover varies. My trustee old e-bike does about 26-30 miles, depending in the terrain (or 15 miles if you go up Millook on it). You can now buy bikes that can cover 60 miles or more if carefully ridden. Thirdly, e-bikes are incredibly environmentally friendly. The batteries require little electricity to charge them and I can charge mine off my little solar panel array at home, meaning that my bike is powered by myself and the sun. I reckon I have covered at least 15,000 miles on my e-bike since its purchase, with no deterioration whatsoever in its performance. That’s a lot of planet that has been saved, because I usually make all short journeys on my bike. Apparently the vast majority of car journeys are less than 5 miles in length. If we all used e-bikes we could make a big dent in our collective carbon footprint. Most e-bikes have at least two power settings, so you can adjust the amount of ‘assist’ according to conditions or fitness level. You can switch off the battery and just use them as a normal bike, though they are a little heavier than standard bikes. For those a little intimidated by the hills around here, they are ideal, enabling you to still get about and enjoy the scenery. Initially potential manufacturers quite erroneously thought everyone who rode a bike was a would-be Bradley Wiggins, and therefore not want an e bike. Now around 50,000 are purchased each year in the UK! E bikes are fun; I have been exploring old railway routes that are now cycle ways, and the bonus is you can reach your destination with barely a hair out of place!



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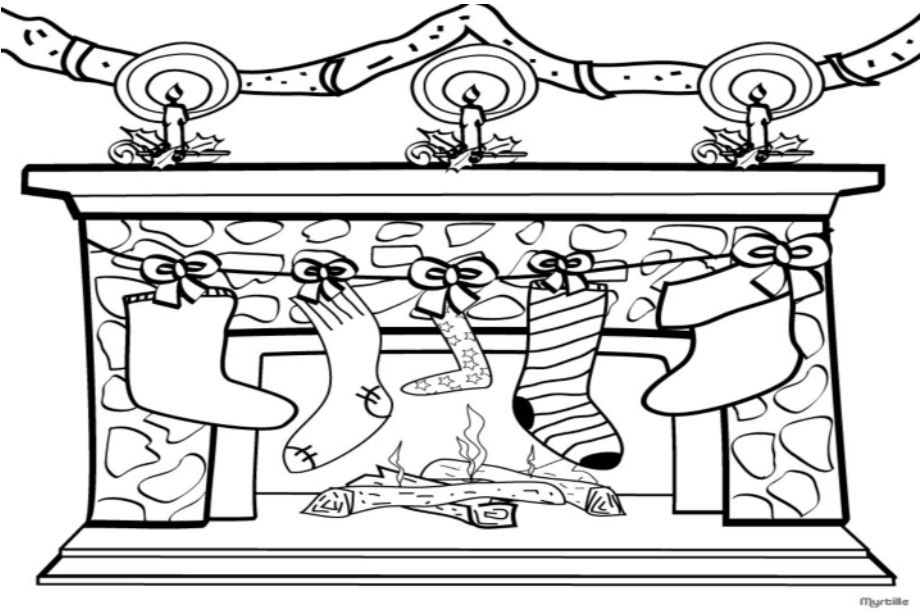
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What year and who were the “actors?”



This float was reacting to Rolls Washing Machines going bust.

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Celebrating 80 years of the Jacobstow WI

The Jacobstow WI was formed on 25th October 1938 with Mrs Ellen Browne elected as President. Tea hostesses were appointed for each month and were required to light the fire and lamps in the village hall before the meetings! A monthly competition was held and talks and demonstrations were given, often by members on subjects ranging from dressmaking to milk cookery. Games evenings were sometimes held with other WIs. A year later in 1939 all the programmed speakers withdrew owing to the War and it was unanimously agreed that the WI would carry on with a revised programme, chiefly working for comforts for the troops. Money was raised for this cause with whist drives, concerts and stalls. The members were also involved in making blackout curtains alongside the ARP and parcels were sent to men from the Parish serving in HM Forces containing a pair of socks, a knitted scarf and a 3 shilling postal order.

Members will recognise much from those first meetings and our membership numbers are also similar. That the WI traditions and friendship continue in Jacobstow after 80 years is truly inspiring. The Cornwall Federation celebrates it's Centenary in 2019 with many special events to enjoy throughout the year.

THE WI IS WHATEVER YOU WANT IT TO BE!



Near-ta Theatre's cult festive comedy is celebrating its tenth consecutive year. Charlie and Toby are feeling low, and why wouldn't they?. It's Christmas Day, and Christmas films. Its a fun, festive, fantastically funny Christmas offering. Suitable for all and children 10+ years. Tickets Adult £9 Child £7 family £25 from www.crpo.co.uk or Wainhouse Stores

Boscastle and Crackington Pilot Gig Club was formed in 2004 following the devastating flood that hit Boscastle and Crackington Haven. The club has flourished and now has 4 gig boats: Torrent, Rival, Porthcracken and Jan Rogers. There are both men's and ladies teams A, B, C (ladies), Vets (aged 40-50) and Supervets (aged 50+) as well as social rowers. Members of all ages and abilities take part in weekly on-the-water training, at Tamar Lakes and from Boscastle Harbour.



Once beyond the relative safety of the harbour walls, the row out is exhilarating and at times challenging, but rowers have a privileged view of the dramatic Boscastle and North Cornwall coastline. During both training

and social rows, wildlife is often seen, and this summer the conditions resulted in more sea rowing, and fantastic sightings of puffins, seals, blooms of jellyfish, and an array of fish and dolphins. Training at sea and at the lakes provides excellent preparation for regattas and competitions along the length of Cornwall and North Devon in stunning locations. This summer crews headed to the Scilly Isles for the World Championships, a unique experience with 150 boats and crews from as far afield as Holland and the USA, racing off a start line that was approximately 1 mile long. The Boscastle and Crackington Gig Club also host their own annual regatta in Boscastle, which in 2018 was a great



success, with a raffle, competitions, BBQ and a live Band. In September at the Ladies County Championships at Newquay, both A and B teams faced stiff competition but succeeded in

getting through to the second heat. Over the winter months the club will compete in the North Coast Winter League, and training continues in the build up for next year's 30th World Championships in the Scilly Isles. If you are interested in giving this fantastic sport a go within a friendly and welcoming club, we offer taster and beginner sessions. Contact the Club via our Facebook page – Boscastle and Crackington Pilot Gig Club. By Kaylie Haines

I found visitbude.info.com an informative web-site

LOCAL BUS TIMETABLE Partial listing of stops

Travel Cornwall - 01726 861108 - www.summercourttravel.com

420 Higher Crackington – Launceston

480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

Operates Monday to Fridays but not on Bank or Public Holidays

	480	420	480	480		480	420	480	480
	M Th	Tu only	Wed	Fri		M Th	Tu only	Wed	Fri
Hghr Crackington	~	0910	~	~	Holsworthy Library	~	~	1310	~
Wainhouse Cnr	~	0925	~	~	Launceston Tesco	1250	1235	~	~
Jacobstow	~	0930	~	~	Launceston Westgate	1300	1245	~	~
Week St Mary	~	0940	~	~	N Tamerton	1325	~	1325	~
Canworthy Water	~	0955	~	~	Bude Strand	~	~	~	1310
Warbstow Cross	0935	0958	0935	0935	Whitstone	~	~	1332	1332
Canworthy Water	0938	1001	0938	0938	Week St Mary	1340	~	1340	1340
Week St Mary	0953	~	0953	0953	Canworthy Water	1354	1307	1354	1354
Whitstone	~	~	1001	1001	Warbstow Cross	1400	1311	1400	1400
Bude Strand	~	~	~	1023	Canworthy Water	~	1314	~	~
N Tamerton	1008	~	1008	~	Week St Mary	~	1326	~	~
Launceston Westgate	1033	1030	~	~	Jacobstow	~	1341	~	~
Launceston Tesco	1043	1040	~	~	Wainhouse Corner	~	1345	~	~
Holsworthy Church	~	~	1023	~	Hghr Crackington	~	1358	~	~

The 480 to/from Bude, Holsworthy and Launceston doesn't go to Jacobstow and Wainhouse only Week St Mary, Canworthy Water and Warbstow

95 Boscastle – Bude First Kernow! 01872 305950

Mondays to Saturdays

Monday to Friday from Bude

Bude	0653	0853	1053	1303	1533	1733
Widmth B	0700	0900	1100	1310	1540	1740
Widmth M	0702	0902	1102	1312	1542	1742
'ski Cross	0705	0905	1105	1315	1545	1745
Jacobstow				1320		
Wainhs	0709	0909	1109	1325	1549	1749
Crackgton	~	0917	1117	1332	1557	1757
Boscastle	0723	0933	1133	1349	1613	1813

Monday-Friday to Bude

Boscastle	0751	0956	1215	1431	1611	1841
Crackgton	0807	1012	1231	1447	1627	~
Wainhs	0814	1019	1238	1454	1634	1854
Jacobstow		1024				
'skni Cross	0818	1029	1242	1458	1638	1858
Widmth M	0821	1032	1245	1501	1641	1901
Widmth B	0823	1034	1247	1503	1643	1903
Bude Strd	0839	1043	1256	1512	1652	1912

95 Winter Schedule - Correct 26 November 2017!

Local Authority

Cornwall County Council
Bude "One Stop Shop" and Library also)
Library Renewal Hotline
North Cornwall MP Scott Mann
Nicky Chopak (County Councillor)
Police Force Enquiry Centre
Crimestoppers (Anonymous)
Floodline
Power Cut-Western Power Distribution
Sita Recycling Centre, Tiscott Wood
Dog Warden (Environmental Health)
Cats Protection, Mary Chudleigh
Citizens Advice Bureau-Advice Cornwall

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101
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0845 9881188
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111

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Stratton Hospital
Stratton Minor Injuries

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01566 761030
01288 320100
01288 320101

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01288 352133
01840 213894

Jacobstow Organisations

Jacobstow Infants School
Parent/Teacher Association Jenny Johnson
Women's Institute, Mrs J Baker
Jacobstow Church, Mrs R Fox
Art Group, Jeane Gimblett
Happy Crafters, Eden Chapel - Alison
Parish Hall Bookings, Mrs L Harris
Scout and Cub Groups, Mrs D Dowling
Beavers, Josie Shepherd
Guides and Rainbows Mrs M Andrew
Brownies Becky Shute
Wainhouse Post Office and Stores
Jacobstow Walks, Mary
Jubilee Club, Mo 01840230428 or Eve 01566 781452
Julietter Garden Club, Penny

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01840 230456
01840 239829
01840 230153
01840 230113
01566 781418
01840 230266
01288 352786
01840 230330
01840 230006
01566 781717
01840 230554
01840 230656
01566 781452
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