

Jacobstow Journal

***Providing news and information for the
Parish of Jacobstow***

Issue No. 68

December/January 21/22



Christmas Card by Jaya Pande, Year 6

**Happy
Christmas
And
Healthy
New
Year**

Delivery free to every household in the Parish otherwise 50p
www.jacobstowvillage.co.uk



Editorial from Sarah

I was really struggling with this Editorial, I couldn't decide what the subject should be "umm, Christmas..too obvious, Covid...come on, you don't want to read about that in my lighthearted Editorial. Following a car journey with Celia and a rambling conversation about shopping she said to me "You should use that for your next editorial." Good idea I thought.

Basically I went on a trip to Ikea with some friends, we meet on Widemouth beach most mornings and walk our dogs. We had a lovely day out and filled two trolleys with all sorts of weird and wonderful things. When we left the store (after several hours and copious amounts of meatballs and strange Swedish cakes) I thought, "If you held a gun to my head I honestly couldn't tell you what I had bought." The funniest incident in the store happened in the artificial plant department. My husband insists on buying antique well buckets, putting them in the darkest corners and saying, "We can put a plant in that." So, I found a lovely artificial plant to put in the bucket but it wasn't quite big enough. "That's ok" I thought to myself, "It will grow." Good grief! I would like to take this chance to thank everyone connected with the Journal throughout the year. Sue, Celia and Jill are the team that work tirelessly to bring your Journal to life. All the distributors, contributors and advertisers also need a mahoosive Christmas thank you. And thank YOU for reading and supporting your Journal.

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

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Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the February/March 2022 edition will be 10th January 2022 Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr John Shepherd Mrs Caroline Pallett
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovvillage.co.uk

Summary of meeting held on 5th October 2021

Cllr. Osborne chaired the monthly meeting with six Councillors
County Cllr. Nicky Chopak and one member of the public
attending.

Planning Application PA21/08733 – Rear Extension – 2, Cory Close, Wainhouse Corner.
Councillors support this Application.

Planning Application PA21/07873 – Change of use of land for an extension to the
existing holiday static caravan park to provide four additional static pitches together
with extended access track to serve additional units – Edmore Caravan Park,
Jacobstow. Councillors support this application for eleven months of the year.

Donation - It was unanimously decided to donate £750 to Jacobstow Journal.

Bude Climate Change Partnership – They will be setting up a feasibility study to
investigate the setting up of a community hub to provide advice to people about
reducing their carbon footprint.

Councillor Matters – a) It was reported that from Ash Farm to Oak Gate on Certificate
Hill the drains are fully blocked and badly need clearing.

b) At Plymswood Cross the sign saying Week St. Mary one way and Bude the other was
taken away for repair and has never been returned. This area is used a lot by holiday
makers.

b) The road from Trefrida Cottage to Trefrida Farm has sunk and it has crushed the
water pipe.

Clerk to contact Oliver Jones on these matters



Nicky Chopak, your County Councillor contact details -
mobile no: 07810 302061

Email: nickychopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Summary of Minutes of Meeting Held on 2nd November, 2021

Cllr. Osborne chaired the monthly meeting with six Councillors, County Councillor Nicky Chopak and four members of the public attending.

Bude Area Network – The meeting began with Simon Beasley and Alan Whittle the Chairman and Vice-Chairman of Bude Area Network talking about their work. They are also involved with the Cross Border Health Plan .

Holy Well – Mrs Mary Carter advised that the fencing needs replacing at the Holy Well. It was decided to get a couple of estimates to do the job and discuss again at next month's meeting.

Telephone Box - It was reported that the light in the kiosk does not work. Cllr. Smith will look into this. Also the kiosk needs repainting and Cllr. Pallett offered to do this.

Planning Application PA21/09489 - Straw bedded agricultural shed for housing livestock – Hele Barton, Week St. Mary, Holsworthy. Clerk to reply saying five Councillors support this and one Councillor objected.

Planning Application PA21/10092 – Land West of 1, Barn Lane, Wainhouse Corner, Bude – Reserved matters pertaining, dwelling appearance, scale, layout and landscaping following outline approval PA21/07938 for one dwelling. Councillors support this Application.

Planning Application PA21/09813 – Single storey conservatory extension to South West facing elevation and creation of ramp – The Old Wainhouse, Eden Road, Jacobstow. Councillors support this Application.

Your MP Scott Mann - - For full version of this letter follow the link on www.jacobstowvillage.co.uk

The following texts are extracts from Scott Mann's Facebook page: Scott Mann calls for more NHS provision in Cornwall.

"The best way to alleviate pressure from Treliske is to expand provision in Bodmin. These plans must now be brought forward at pace. Cornwall clearly has the need for more primary care hubs. Expansion of Bodmin is the fastest and most cost-effective way to achieve this.. Smaller sites like Stratton and

Launceston also have a key role to play to alleviating pressures and providing services as close to residents as reasonably possible." He is also, "Delighted that the National Churches Trust has awarded St Stephen the Martyr in Launceston a grant of £286,698 thanks to the support of the Heritage Stimulus Fund, which is part of the government's Cultural Recovery Fund."





Jacobstow Neighbourhood Watch



Most of us seem to have received a letter through the post referring to a free app called Nextdoor Jacobstow.

We have looked into this and as far as we can tell it is genuine. I would say that I have not completed the whole download as it starts to ask personal details which I was not comfortable to provide. Reviews of the app vary from people who are really keen and say it's a good tool to bring the community together, to others who say it's a way of online bullying.

I personally think we have pretty much got this subject covered in our village. You have the Journal and the whole team behind it to help you if you have a problem. You also have the website www.jacobstowvillage.co.uk and the Facebook page which you can use on the website without having to be a member of Facebook.

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

LAST CHRISTMAS POSTING DATES FOR UK MAIL

Sat 18 Dec 2nd Class and 2nd Class signed for
Tue 21 Dec 1st Class and 1st Class signed for
Wed 22 Dec Parcelforce Express48
Thu 23 Dec Special Delivery and Parcelforce Express9, Express10, ExpressAM & Express24



Thank you to the gentleman who rang me with the correct telephone number for Stratton Hospital. We have corrected the listing on the back of your Journal. If you come across an incorrect telephone number on the back page please let us know. We are a dedicated team, but ringing every number for every edition would just be too much.

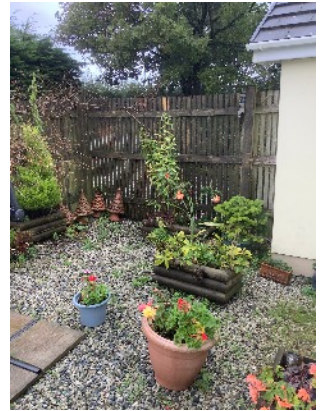
MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

NEW WITHEVEN

New Witheven provides accommodation with care and support for up to nine people who have a learning disability.

My name is Thomas and I live at New Witheven in Jacobstow.

We have been busy in our grounds making a sensory garden and putting in a big pond and a smaller pond to encourage wildlife and for one of the other residents to drive their motorised boat around. We also have a massive lake at the very bottom of our grounds where we have Canadian geese which come back to mate and nest here on the island every year, in the middle of the lake. We have had a successful hatching and survival of a gosling this year and hope to have more next year. The lake is home to many other animals and birds. We have tench, rudd and



carp fish currently living in the water and we also have the occasional visit from a heron. We have some bug houses which are situated near the lake which are homes to many insects and worms. In our small woodland area we have come across a hedgehog's nest and we have squirrels who have decided to nest in some of our trees. We also have bat boxes and bird boxes to encourage the wildlife. Myself and two support workers saw a little stoat who was living tree trunk, which

decided to surprise us one evening with his appearance. We have also put in a very small wildlife pound in the garden to encourage the frogs and toads as we like to see lots of frogs' spawn and the toads that come out, especially at night. We have two poly tunnels within the garden full of fresh fruit and vegetables which we have grown from seed. I have also donated money to the Bude lifeboats and I have raised £80 for them by asking people to sponsor me to take part in a 10km run for the lifeboats in 2020 but unfortunately due to Covid-19 the event was not allowed to go ahead but despite this the sponsorship money was dropped in to the lifeboat station at Bude.





David's Christmas Random Ramblings

And so, Dear Reader, it isn't long now until we go to bed, snuggle down and strain our ears in the hope of catching the sound of distant sleigh bells as we drift off to sleep in eager anticipation of the Festive Season and the gifts that Santa will bring. However, the sound of sleigh bells is as nothing compared with what I experienced the other evening as I attempted to achieve some semblance of slumber. It must have been the worst night's sleep of my entire life. Shortly after draining the dregs of my cocoa and settling down between the sheets, I was convinced that I could hear a constant stream of aircraft touching down in the area just beyond the bedroom door. The wheels seemed to make contact just outside the bathroom and the planes then proceeded to taxi for a short distance before coming to a halt just outside the bedroom door. On and on it went all night relentlessly. Emerging bleary eyed in the morning I opened the bedroom door and the reason for my weirdly disturbed night was immediately apparent. Stupidly, I had gone to bed and left the landing lights on. Silly me! Best Wishes,



Jubilee Bench

The picture of the bench for this edition features an object rather than a person.

This lovely Christmassy decorated stone was left on the bench and a welcome colourful addition it was. We don't know who left it, but thank you.

NEW YEAR'S WALK FOR WALKING GROUP - Mary Carter.



DATE: Thursday 6th Jan. Meet 11am Boscastle car park. Walk up the Valency Valley up through St Peter's Wood to Minster. Back down to Boscastle via The Wellington. **I will book a table for 1pm lunch at Boscastle Farm Shop. Please let me know if you want lunch so I can confirm bookings. Dyw Genes! Mary. 01840 230656**

CHURCH AND CHAPEL SERVICES

Dec 5th Sunday Carol Service 3pm
7th Guides & Brownies Carol Service 6pm
19th Holy Communion 10.30am
25th Holy Communion 10.30 Warbstow
Jan 16th Holy Communion 10.30am

Rev Heather Ashton 01840 250359
for more information



Jacobstow Church



LIVING CHURCH

For more information
contact Alison 01566
781418 or 07557916073



Coast Church
Family Church

No services at the moment

Stay safe everyone
Non-denominational

GOOD NEWS - The Minor Injuries Unit (MIU) at
Stratton Hospital is to remain open for the time being

CHURCH AND CHAPEL NEWS & EVENTS

Jacobstow Church would like to thank everyone who attended the Bazaar and supported our Gift Aid Day

A total of £488.00 was raised for Church Funds



Close the door of hate
And open the door of love all over the world.
Let kindness come with every gift
And good desires with every greeting.
Deliver us from evil by the blessing, which Christ brings
And teach us to be merry with clear hearts.

May the Christmas morning make us
Happy to be thy children
And Christmas evening bring us
To our beds with grateful thoughts
Forgiving and forgiven
For Jesus sake

Amen. — Robert Louis Stevenson



Church Lottery Results

	1st	2nd	3rd
October	Mr K Shelley	Mrs C Smith	Mrs S Ian St John
November	Mrs G Trewin	Mrs H Spry	Mrs L La Broy
December	Mrs J Jewell	Mr L Loader	Mrs G Cowling

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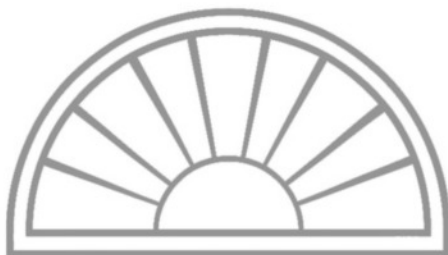
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Bude, Cornwall

SCOUTS, CUBS, BEAVERS

(Contact numbers on back page)



During October the 2nd Bude Scout Group have been lucky enough to have been part of the 'Co-op Community Fund', which raised £2986.72 Thank you to Bude and Kilkampton Co-op



Brooks Family raised £270 with their Litter Pick.

There was a fireworks evening which raised £491 on 2nd November.

Launceston & Callington Ploughing Association held two fund raising events in aid of the Scout Hut.

With Christmas approaching there will be Carol Singing and a Christmas Draw towards the fund.

Thank you for supporting us during the year. If you want to donate to the new Scout Hut you can via the internet using

Crowd Funding Scout Hut for Bude Jacobstow or Martin Brookes, Tucking Mill, Canworthy Water.

In spite of all the fund raising and building (the Scout Hut is now water tight and awaiting windows and slates) the various groups have been participating in weekly challenges and activities.

At the 50th AGM a special tribute was paid to Daphne Dowling for her 42 years with the Scouting Group.



Remembrance Sunday at St Genny's Church was well supported by members, all looking very smart in full uniform.

HIGH TIDES and SUNSET December 2021 - January 2022

NB - Heights based on Newquay for Bude +25 minutes)

Date	3 Dec	10 Dec	17 Dec	24 Dec	31 Dec	7 Jan	14 Jan	21 Jan	28 Jan
AM	1.17	6.58	1.26	46.00	11.25	4.54	11.15	4.49	8.53
PM	14.08	19.17	14.08	19.02	** **	17.13	** **	17.05	21.26
Sunset	16.18	16.16	16.14	16.21	16.27	16.35	16.45	16.56	17.08

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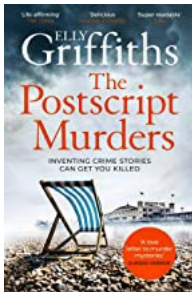
Bob's Gardening Spot

Autumn brings the chance to rake up all your leaves and make a leaf bin. It's really easy, just put four posts in a square about 3 foot apart and wrap chicken wire around to contain the leaves. In around 3 months time you will have lovely leaf mould to enrich your garden with. It is still possible to move strong growing shrubs and why not take the opportunity to divide them at the same time if they are getting too big. With the weather being tricky for getting outside take the time to settle down with a cuppa and plan what you want to grow next year. Go through the catalogues and see if you can discover any new exciting plants.

Any tender plants that are still outside may benefit from being put under cover. If you can't move them, wrap them in protective fleece to keep the worst of the frost off of them. If you have any cabbages in the veg patch, draw the earth up around the stems to stop the wind rocking them out of the ground. Happy Christmas and a good gardening new year Bob



Jacobstow Book Club

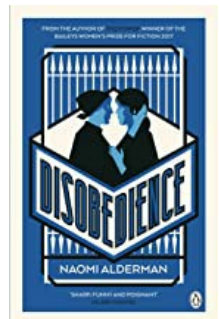


'The PostScript Murders' by Elly Griffiths

We all enjoyed this 'Who done it' by a writer we have read and enjoyed before. When an elderly resident of a sheltered accommodation flat is found dead, her carer, friends and other residents suspect foul play and decide to help the local police detective to solve the mystery, whether she likes it or not.

'Disobedience' by Naomi Alderman

Not everyone in the group enjoyed this book but felt that they had learned a lot about the Orthodox Jewish religion. Ronit's father has recently died, so she returns to Hendon from New York, where she has established herself as a successful financier, after escaping from the claustrophobic atmosphere of her childhood community. Despite the years that have passed, she finds that little has changed.



Wendy Hodgson

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All the units have been really busy this half term. Both the Rainbows and Brownies started the term by doing some activities to increase their understanding of the Promise before the Rainbows Promise Evening, where 12 girls made their Promise and 3 Brownies made

theirs.

The Rainbows completed the term by completing their First Aid badge, where they learnt how to put plasters on and bandage wounds, as well as learning the importance of washing hands by covering hands in paint and washing it off while blindfolded guessing when their hands were clean and seeing if they were correct. Many had to be finished off to make sure they were properly clean.

The Brownies spent the rest of the term cooking chocolate brownies (a popular choice when asked what they wanted to do), we also went on to the school field and danced with umbrellas, for which the girls came up with some beautiful routines.



Toilet roll cakes

Both units ended the term by making some Halloween based crafts including, spiders, webs and cats.

The Guides spent the term working on their "Make a Change" badge, which promotes making small changes to make a big difference. We planted bulbs in the school and church to help the bees in the spring.

We also decided to attempt to twin at least one of the toilets at the Parish Hall, with the toilet twinning charity, with the aim to raise money which is then

used to build a toilet in a country where sanitation is poor and also to educate the people in that community on the importance of hygienic practices and using the toilet to keep healthy. Therefore, in one session where we were unable to use the hall everyone baked something over zoom to sell for this cause, doing fantastically well making £206.70 which is enough to twin 3 toilets.



Toilet Roll Mummy!

We then started this half term with a joint bonfire and firework night, where we had a barbeque, with profits being put towards the toilet twinning. Again we did fantastically well, raising £110, meaning that in total we have raised £316.70, enough to twin 5 toilets, which is a toilet block in a school!

This term we will be busy practising for our annual Christingle service, which is being held in Jacobstow Church on the 7th of December at 6pm, where all are welcome.



Contact details on the back page.

Help Available from Cornwall Council

We are working as fast as possible to ensure that the Household Support Fund can be used to support people who are struggling to buy food or pay essential utility bills or meet other essential living costs this winter as the economy recovers. The current Crisis and Care system remains active whilst we are in this process along with support for Council Tax and Discretionary Housing Payments. The resources below highlight a range of support for anyone at risk of, or experiencing financial hardship.

Crisis and Care awards - Cornwall Council

Support if you need food - Cornwall Council

Benefits and Support - Cornwall Council

<https://transformation-cornwall.org.uk/resources/transformation-cornwall-grants-list>

Help with Food | Let's Talk Cornwall

Community Energy Plus | Independent Energy Experts (cep.org.uk)

How to apply – Get help to buy food and milk (Healthy Start)

Annual Christmas Lunch Reminder

It's not too late to book your place at the Parish Hall on Tuesday 7th December at 12 o'clock for 12.30 for a delicious free Christmas lunch if you are 66 or over and reside in the parish of Jacobstow. It is a lovely social event and all in a newly re-decorated hall. Please ring Ann on 230252 to reserve your place. We will try to make it as safe as possible for everyone regarding Coronavirus.



Tilley's Coaches Excursions

Friday 3rd December - Truro

Friday 10th December - Truro

Sunday 5th December - Clarks Village, Street

Tuesday 21st December - West Cornwall Lights Tour

Tuesday 28th December RHS Rosemoor - Evening glow

Please book your seats on 01840 230244

PUZZLE PAGE



Welcome to your "tea break" puzzle page, Marion McDonald was pulled from the hat and wins a £10 voucher to spend at Wainhouse Stores. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th November 2021.



S	S	A	M	T	S	I	R	H	C
H	E	V	I	T	S	E	F	O	D
I	A	T	S	R	T	Y	S	L	E
M	S	S	R	E	O	V	N	L	C
M	O	O	A	E	R	I	O	Y	E
E	N	R	T	S	Y	Z	W	X	M
R	A	F	S	E	I	R	R	E	B
I	L	C	R	I	M	S	O	N	E
N	O	I	T	I	D	A	R	T	R
G	N	I	T	N	A	H	C	N	E

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

BERRIES	CHRISTMAS
CRIMSON	DECEMBER
ENCHANTING	FESTIVE
FROST	HOLLY
IVY	MINCE PIES
SEASONAL	SHIMMERING
SNOW	STARS
STORY	TRADITION



Can you name the Christmas Songs?



1



2



3



4



5



6

Last edition answers Word search missing word Pumpkin Partners 1. Butch and Sundance 2. Sony and Cher 3. R2d2 & C3PO 4. Lennon and McCartney 5. Miss Piggy and Kermit 6. Tom and Jerry & Thelma & Louise

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“Gathering winter fuel?” Am I still allowed to have a wood-burning stove in the UK? Jayne Dowle, The Sunday Times. (Extracts)



From Jan 1, all new wood-burning stoves must meet EU eco standards. Here's what you need to know: Just when you thought you understood all the rules relating to wood-burning stoves — kiln-dried logs, check; annual chimney sweep, check — along comes another eco-regulation to observe if you want to enjoy crackling flames with a clear conscience this winter. From January 1, 2022, all wood-burning and multifuel stoves sold in the UK must meet “Ecodesign” standards by law. So if you're thinking of upgrading before the leaves start to fall, look for this label. Erica Malkin, the communications manager for the Stove Industry Alliance (SIA) says “A modern Ecodesign-compliant stove used with good quality dry-wood fuel that has been professionally installed and well maintained, including regular chimney sweeping, is a very low-carbon heating solution that uses renewable and sustainable fuel. The Ecodesign mark means that a stove has been independently tested by an approved laboratory and meets the criteria on air quality and particulate emissions set out by the EU regulations. Ecodesign stoves will result in cleaner combustion, meaning they will burn excess unwanted gases before they can reach the atmosphere. **My stove is 10 years old.** **Will there be penalties?** There will be no penalties at present for homeowners who own and operate a stove that is not Eco-design compliant. **Will I be penalised if I sell my home with a non-compliant stove?** Not at the moment because your stove will have predated the new legislation. **How do I find a new Ecodesign Ready stove?** There's an official list of verified Ecodesign Ready stoves from a number of leading manufacturers on the SIA (Stove Industry Alliance) website. Always burn seasoned, dry or kiln-dried wood from an accredited supplier. Always look out for a clean burn system - this means it burns more efficiently and for longer. There is no centralised scrappage scheme for your old stove but some retailers offer incentives if you are upgrading.



WEATHERWISE by Monitor

September is often a late summer month this far west, and this year was no exception. Continuing from an extended dry period in August, the first week saw 16 dry days up to the 7th. This day was also very warm, reaching 26.7°C by early afternoon. (Many days were 23°C plus.) Upper air conditions were becoming more unstable on the 7th by midnight, and it was still 21°C by 0100. Warm overnight temperatures with high dewpoints persisted and by 0800 on the 8th thunderstorms started to break out quite widely across Devon and East Somerset. These tended to track northwestwards and north by midday. A local one was observed at Canworthy around late morning, mostly elevated but limited in activity however giving heavy downpours which continued overnight.

Indifferent conditions in the moist airstream continued with light rain and drizzle at times through to the 26th, with the air source being tropical, but rainfall amounts collected were small and generally warm and humid. A shallow depression moved into the southwest approaches overnight on the 26th, much colder and dry air aloft caused marked instability during the early hours with torrential rain and heavy showers into the afternoon with isolated thunderstorms. By the evening, 1.1" of rain had been collected. Similar conditions were observed again the following day giving 0.73" with short bursts of torrential rain again.

A total of 4" was collected for the month, against my 10 year average of 3.14".

October was a star this year. A wet start in the first week, which saw further thundery outbreaks and heavy downpours on the 4th. The evening of this day saw unusual static build-ups locally, with heavy rain showers around 2200, and a St Elmo's Fire discharge was observed around the top of a tall ash tree here in the garden that lasted about 5 seconds. A lengthy dry spell was then observed through to the afternoon on the 19th with many days exceeding 17°C and a few above 20°C. Overnight into the 21st saw another marked instability event with an intense thunderstorm locally in the early hours with some alarming downpours giving 0.71" by 0800, and extensive rain late afternoon onwards into evening. Very wet, 1.89" had been collected in the 24 hour period to 2300 that day. The Ottery didn't like this one little bit and flooded it's normal banks overnight. It managed to stay dry and still fairly warm until the last week where there were further rain periods.

A total of 6.99" of rain was collected for the month, against my 10 year average of 5.48". The average day temperature was 16.3°C, and there were 15 days above 17°C. Almost tropical for October in Cornwall.

CHRISTMAS EVENTS



Bay View Inn, Widemouth - Christmas Shop

Bude Christmas Fayre
Sun 5 Dec 11- 4

Parkhouse Centre, Bude

Over 50 stalls.

Refresments, even a cup of
mulled wine!

Due to Covid, the number of stalls has been reduced and
weather permitting, there will be some stalls outside.

**The Enchanted
Christmas Market**

Thu 9 Dec–Sun 12 Dec

Thu 16 Dec–Sun 19 Dec

Opens 10am

**Royal Cornwall Showground,
Wadebridge**

Over 100 traders, food & drink stands.

Storytime with Santa on stage & photo
opportunity.

Book tickets for day/evening

**Tavistock Christmas
Festival**

Sun 12 Dec 10 - 4

Pannier Market, Tavistock

Over 60 artisan and gift stalls, Gnome
Trail, Bouncy Castles, Choirs, Food

**The Mike Moyle
Christmas Day Swim**

Crooklets Beach - a fund raising event
for Bude Surf Life Saving Club.

Attracts around 500 participants
and many spectators

No Wetsuits! 1100 AM

Registration necessary

CHORA (Crackington Motor Bike Trial) 29 January 2022

Contact 01840 230312



Regular Events In the Parish Hall unless stated otherwise

Monday Cubs 6.30 - 8.00 Scout Hall Wainhouse Corner
Brownies 4.30 - 5.30 Canworthy Water Sunday School

Tuesday Scouts 6.30 - 8.00 Scout Hall
Rainbows 5.45 - 7.00
Guides 7.00 - 8.30

Wednesday Beavers 5.30-6.30 Scout Hall
Living Water Kids Club 4.30 - 5.30 Canworthy Water

Sunday Coast Family Church 10.30

1st and 3rd Tuesday of the month Young at Heart - Canworthy Water 1.30

1st Tuesday of month Parish Council 7.30

2nd Thursday of month WI 7.30

2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30

2nd & 4th Friday Living Water Youth Club 7 - 8.30 Canworthy Water



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THE TRADITIONAL CHRISTMAS DINNER

Popular history says that King Henry VIII was the first person to serve turkey for a Christmas dinner feast, and he was the King of England from 1509 to 1547. There is historical evidence that by 1573, the turkey was a common component of the Christmas dinner in England. Although turkey retained its popularity, goose became the most common centrepiece of the Christmas dinner table during the Victorian era, although there were some differences between traditions in the north and south of England.



While goose was the meat of choice in the south, those in the north of England were more likely to serve a roast beef dinner. Some wealthy families would eat a bird within a bird to enjoy two or more meats for their Christmas dinner. During the early 20th century, turkey regained its title as the most popular Christmas dinner option. One possible reason for this is that goose was too expensive for many people, and the turkey was a cheaper alternative. Increasingly nowadays vegetarians and vegans serve a nut roast.

Any one interested in a supper club. To be held in the parish hall once a month. Since everyone has different food requirements. The idea is that we bring what ever we were going to eat that evening to the hall .

Could be a laugh! If interested let me know
Mary Carter 01840230656

Oh you can do your own washing up.



CONTINUING THE FIGHT AGAINST COVID-19 IN CORNWALL

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In October we spent a very pleasant evening at the Crackington Cider company where we learnt that since establishing the company in 2011, Jon and Sam are now growing over 1100 cider apple trees of 30 Cornish and vintage West Country varieties. Following the mammoth job of collecting all the apples, Jon described the processes of pressing, fermenting and bottling, all done on-site in the Cidery. We savoured a taste of this award-winning artisan cider and after the difficulties of last year, we look forward to seeing Crackington Cider in the local shops and at the agricultural shows.



The Annual Council Meeting was held in Truro when members from across the county were welcomed by the Town Crier and were lucky to see the newly refurbished Hall for Cornwall just a week after it re-opened. It was a very lively meeting with a speaker from the charity Black Voices Cornwall who are raising awareness of all inequalities and we learnt of the work they are doing in schools and businesses. We were then treated to an uplifting concert by the Rock Choir, numbering around 50 women, who's renditions included Halleluja, and Since You've Been Gone which earned them yet another standing ovation.



Reverend Kate Bottley spoke in the afternoon and she kept us entertained telling us about how she came to be ordained and about her family life and TV appearances. Best known as a presenter on Songs of Praise and for her Red Nose Day fundraising appearances, she was a very funny speaker who joined us for the whole day and fully participated in the meeting.

Jacobstow WI's 83rd Birthday was celebrated with past and present members and friends at Trethorne Leisure with a Sunday carvery meal and raffle and we enjoyed seeing everyone.



For our November meeting, we had an evening of fun with rounds of Who Wants to be a Millionaire and other quizzes and brain teasers. Planning is underway for our Christmas Party on 9th December and we're looking forward to a talk on bee-keeping in January.



**We wish everyone a very Happy, Healthy Christmas
And Best Wishes for the New Year!**



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Memories that a walk to Millook will evoke. By Mary Carter

At the time of coming out of Lockdown, the Tippet family were celebrating Noel's birthday in the wonderful conversion at Canceave .

Unfortunately I was busy getting ready for the garden safari so we'd missed the gathering of the grown children with their offspring but caught the whole bunch of our much loved friends and celebrated our friendship and the new house with a bottle of Camel Valley that had managed to stay hidden . Looking down over the cliff where we've watched kestrels, ravens and peregrine falcons. Once we were able to get down to the Strand with its hexagonal rocks similar to the Giant's Causeway. We often sit on the seat with a thermos of something looking over to Lundy and reminiscing of the crazy week spent celebrating Jacky Ure's 50 birthday. Malcolm had even brought over a dive boat..



One wonderful summer evening in the field there was a whole group of us as we walked the cliff path the scent of honey suckle and gorse thick in the air. As we look down into Millook we get all nostalgic remembering all the times we've watched our sons and nephews slicing and flying in the waves. The celebrating of young lives taken too early and the gatherings and of mulled wine and mince pies after a trek though the valley from Penwyth..

Walking up the valley I can never forget hanging on to two Shetland ponies. A herd of them belonging to Barbara had got out and where at the top of Dizzard .She was driving the trap so she told me to take a pony's halter in each hand and the rest of the herd would follow ! I'm not quite sure which route the ponies took me but I remember a lot of bracken and thorns and the ford I was dragged through losing my footing as at last they were back in their home field.

It is beautiful walking up the valley. A flood plane with a few spindle trees with the bright pink berries. A memory of my horse jumping a five barred gate, and I managed to stay on! We usually turn right and make our way past what was a well for the cottages. For years it was just covered with a sheet of corrugated iron. I was terrified some kids would end up in it. It took a while but County did get the message and hired Uncle Eric to do a lovely job of capping it.

Now we come into the realm of the piskies ! A perfect moss covered tree trunk to sit on and watch for them or deer, which ever. Then it's up the hill to the kissing gate. Just a couple of fields to the car. The walk usually takes about an hour.

Julian Trick

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BONFIRE NIGHT IN CANWORTHY WATER.

A lovely event attended by many families and free to all. We were given soup, tea, squash, and hot dogs. This was all due to the kindness of Living Church and its fantastic team of volunteers. It was held in The Paddock, with the bonfire safely fenced off and fireworks in the adjoining field.



Pilates Classes

There is a possibility of Pilates classes starting up at the Parish Hall on Tuesday mornings with a well qualified Pilates teacher. She needs at least 8 people for it to be viable and would charge £10 per hourly session.

If you are interested in this, please contact me , Anne , on 230 252





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AA ***

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TUNIS CAKE

A treat for feast days, Tunis cake was originally a sponge cake containing dates and figs, thought to be named after the port city of Tunis, known for the export of African fruits. The chocolate topping was added in the 1930s covering a sponge made with honey, dates and walnuts. In the 1960s it changed to a plainer Madeira-type cake, sometimes with lemon or almond flavouring, with chocolate on top and marzipan fruit decorations and became a well loved Christmas treat.

This recipe flavours the sponge with almond and orange and has a softer ganache topping, making it easier to cut and serve!

225g (8oz) Butter, softened
300g (11oz) Caster sugar
4 Eggs
275g (10oz) Plain Flour

2½ tsp Baking Powder
75g (3oz) Ground almonds
Zest & juice of 1 orange

For the Ganache

300ml (½ pint) Double cream
300g (11oz) Plain chocolate, broken into small pieces

Decoration: choose from marzipan fruits, candied peel, or festive shapes.

1. Pre-heat the oven to 170°C/Gas 3/Fan oven 150°C. Grease and line a round 20.5cm (8 inch) diameter, deep sided cake tin.
2. Beat the butter and sugar together until light and fluffy. Gradually beat in the eggs until smooth, adding a little flour if the mixture begins to curdle.
3. Fold in the flour, baking powder, ground almonds, orange zest and juice.
4. Spoon the mixture into the lined cake tin, levelling the surface and bake for 1 hour 30 minutes, or until the cake is firm in the centre and a skewer comes out clean. Remove from the tin, leaving the parchment in place. Once cool, place back into the tin.
5. To make the ganache, bring the cream to the boil, then remove from the heat. Add the chocolate, leave for 2 minutes to melt then whisk until smooth. Pour over the cake and leave to set for 4 hours. Remove cake from the tin and decorate as desired.

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KIDS' PAGE - ANTLERS & HORNS.

We all know reindeer have antlers but how do they grow and why are they called antlers and not horns?

Unlike deer, both male and female reindeer have antlers. The males use them to battle each other for mates, then shed them soon after the mating season. The female keeps her antlers for longer to dig through the snow so she can get the food she needs when she is feeding her babies. The antlers grow more each year sometimes reaching 12 prongs.

Horns are attached to the bone of an animal's head. Horns are made of keratin, a type of protein. Keratin is the same material that makes up hooves, hair, fingernails, and feathers. Animals are not born with horns. The horns grow as the animals get older. Animals like antelopes, cows, goats, and sheep have horns. They can be cut off for safety and it does not hurt the animal because the horn is just like us cutting our nails.



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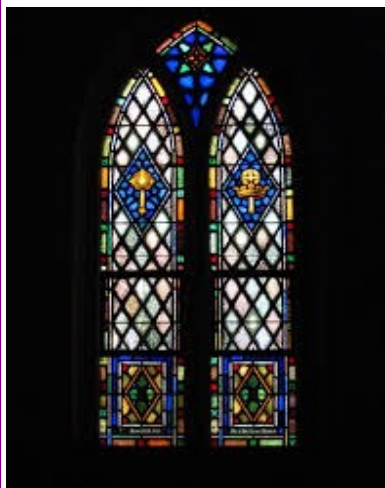
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In Little Stars, we began our learning with a topic all about Dinosaurs. They are now learning all about Space, spaceships, aliens and rockets! Over in Mercury Class, the children began by thinking about the topic of Homes and Buildings and looked at different design features and materials which were used throughout history. For some of their Space Mission Home Learning activities the children created their own home designs - including one covered in sweets, just like the Gingerbread House in Hansel and Gretel. This half term, they are journeying into the topic of Toys through the Ages and have created their own Toy Shop role play corner to help them engage in some real life maths activities. In our Saturn Class, they are spending the term thinking about the Rotten Romans - were they really rotten? Or did we learn things from them? To start their topic the children learnt about Mosaics and created their own designs. Coming up soon, they will be enjoying a Roman dress up day as a Roman Centurion comes to spend the day with the class. The children get the chance to handle artefacts which are replicas of items from Roman times. Our Neptune Class children have been busy thinking about World War 2 and the impact this had on our local area. To start their topic they began with a dramatic air-raid siren sounding as they crawled through a darkened tunnel into their classroom. This level of atmosphere really helped to kick start the children's imagination and empathy as they tried to imagine what life may have been like. They enjoyed taking their learning outside by creating Anderson Shelters during their Forest School Sessions with Mrs Stokes. They used a range of construction materials to build aeroplanes, warships and more shelters. During the last half term, we also raised over £300 money for Macmillan Cancer relief - thank you to everyone who helped to support this. We also held a Harvest Festival assembly in school, led by Reverend Heather, where we discussed the meaning of being thankful and considered just how many people we might have to be thankful for, for creating our loaf of bread for our toast in the morning. Our Neptune Class children then went on a Random Act of Kindness mission around the village, delivering some food parcels and a short letter to some of our community members. We were also really lucky to be able to experience the amazing Graffiti Classics String Quartet performance in school thanks to Soundwaves South West who helped to arrange this visit. During November we are hoping to carry out some different events which will allow us to raise money for both local and other charities. At the beginning of December, we will be holding our Nativity for KS1 and EYFS children and parents - fingers crossed that it will be given the green light to go ahead this year after all the restrictions which we have all had to adapt to. Towards the latter end of the term we will be holding a Christmas Carol Concert in the Church - hopefully being able to invite village members to come and join us all being well. After Christmas we will be going on a whole school visit to the Pantomime in Plymouth. I know that the staff are already looking forward to this trip and are preparing all the standard lines: 'It's behind you!' 'Oh no it isn't!' and 'Boo' will no doubt be used.

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A Brief History Of Chimneys, Chimney Stacks And Chimney Pots.

Chimneys have been an important part of buildings for centuries – particularly in colder climates where there is a need to retain heat but remove smoke, and prevent downdrafts. In British architecture, they were first found in castles (often these were just a simple chute with plain openings), and then in manor houses. It was in manor houses that the first of what today would be called chimney pots appeared. In the Tudor period it became fashionable to have very ornate brick chimneys and stacks, while much simpler versions of chimney pots became common on ordinary homes around the Elizabethan period. A chimney is the entire structure that carries off the smoke from a fire. Rather oddly, to modern eyes, some early chimneys were made from wood – until the practice was outlawed by early fire prevention laws. According to the Oxford English Dictionary, 'Chimney' originally meant a fireplace, and is thought to be derived from the Latin

Caminus, meaning furnace, forge or oven. In Middle English it was 'Chimenee'. In modern English, a chimney stack is understood to be the part of the chimney or flue that is visible above the roof. However, originally, these were called chimney stalks, and a cluster of stalks was called a stack. Chimney pots are a superstructure of the stack, ie. they sit on top of the stack. The Victorian era was the 'Golden Age' for chimney pots. This is largely thought to be due to the amount of identical terrace houses that were built during this period – which led to people using chimney pots as a way of personalising them. The idea that Santa Claus comes down the chimney to deliver gifts is a relatively recent tradition - its spread is mostly associated with Clement Clark Moore's 1823 poem, "A Visit From Saint Nicholas" ("Twas the night before Christmas...")



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95 Boscastle – Bude

Monday-Saturday to Bude

Camelfd	0713	0843	1143	1343	1553	1806
Boscastle	0745	0915	1215	1415	1635	1840
Crackgton	0803	0933	1233	1433	1643	1958
Wainhse	0811	0941	1241	1441	1651	1906
Tre'skni X	08.15	0945	1245	1445	1655	1910
Widmth M	0818	0948	1248	1448	1658	1913
Widmth B	0820	0950	1250	1450	1700	1915
Bude Strd	0837	1000	1300	1500	1710	1925

Please Note

If you are unfamiliar with the buses - check the times. If you want to walk one-way then catch a bus **FIRST**

95

Monday to Saturday from Bude

Bude	0850	1050	1325	1535	1735
Widmth B	0857	1057	1332	1542	1742
Widmth M	0859	1059	1334	1544	1744
Tre'skni X	0902	1102	1337	1547	1747
Wainhse	0906	1106	1341	1551	1751
Crackgton	0914	1114	1349	1559	1759
Boscastle	0931	1131	1406	1616	1816
Camelfd	1005	1205	1440	1650	1850

95

Sundays and Bank Holidays

To Bude at Wainhouse

1041; 1241; 1441; 1641;
1841; 1936

To Camelford at Bude

0826; 1016; 1216; 1416;
1616; 1816

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

220 - Launceston, Tues; **371** - Launceston, Mon/Thurs;

372 - Holsworthy, Wed; **373** - Bude, Fri

	220	371	372	373
	Tues	M Th	Wed	Fri
Warbstow Cross	~	0915	0915	0915
Canworthy W	~	0918	0918	0918
Hghr Crackington	09.15	~	~	~
Wainhouse Cnr	0925	~	~	~
Jacobstow	0930	0928	0928	0928
Week St Mary	0940	0938	0938	0938
Canworthy W	0955	~	~	~
Warbstow	0958	~	~	~
Launceston Wgate	1030	1018	~	~
Launceston Tesco	1037	1025	~	~
Holsworthy Church	~	~	1011	~
Bude Strand	~	~	~	1010

	220	371	372	373
	Tues	M Th	Wed	Fri
Bude Strand	~	~	~	1308
Holsworthy Church	~	~	1307	~
Launceston Tesco	1238	1250	~	~
Launceston Wgate	1245	1300	~	~
Canworthy W	1307	~	~	~
Warbstow	1311	~	~	~
Week St Mary	1326	1340	1340	1340
Jacobstow	1341	1350	1350	1350
Canworthy Water	~	1400	1400	1400
Warbstow Cross	~	1403	1403	1403
Wainhouse Cnr	1345	~	~	~
Hghr Crackington	1358	~	~	~

Bus timetable correct at time of going to press - 11.5.2021

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Nicky Chopak (County Councillor)
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Women's Institute, Mrs J Baker 01840 239829
Jacobstow Church, Mr Brian Marshall 01840 230526
Art Group, Jeane Gimblett 07706927197
Happy Crafters, Eden Chapel - Alison 01566 781418
Parish Hall Bookings, J Gimblett 07706927197
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Cub Groups, Mrs D Dowling 01288 352786
Scouts, Robert Medland 07842084971
Guides and Rainbows Mrs M Andrew 01840 230006
Brownies Louise Cowling 07817985661
Wainhouse Post Office and Stores 01840 230554
Jacobstow Walks, Mary 01840 230656
Jubilee Club, Mo 01840230428 or Eve 01566 781452
Julietter Garden Club, Pat Thorne 01840 261237