




# Jacobstow Journal

Providing news and information for the Parish of Jacobstow

[www.jacobstovvillage.co.uk](http://www.jacobstovvillage.co.uk)



**Issue: 80**  
**Dec/Jan 23/24**



Delivery free to every household in the Parish - otherwise £1.00  
Cover competition winner from Jacobstow Academy

## Editorial by Sarah

Edgar Road is shut for 10 weeks! As I type this we are two weeks in and I must admit the quiet outside my house is lovely. What isn't lovely is having to drive all the way round to Eden Chapel to get up to the shop. Also, I have mistakenly turned left out of my driveway and then tutted my way having to reverse to face the other way. What I have noticed is the amount of resourceful villagers who are arranging to be picked up at Wainhouse rather than bothering people to have to come down to collect them. Its just one of those things that we will just have to endure I'm afraid, annoying as it is.

On a brighter note, I like to take this chance every year to just reflect on the year that we've had on the Journal and hope that you have enjoyed having your magazine drop through your letter box every other month. This can only happen because of the amazing team that work hard behind the scenes. Celia, Sue and Jill all work to produce all the articles for the magazine. Also thanks to our regular contributors. We also have an amazing team of distributors who make sure that you get your Journal on time. Dougie, Greeta, Dennis, Anne, Mike, Doreen, Sue and Celia all deserve a great big thank you. Also, thank you to the Parish Council and all of our advertisers for your support.

Let's all wish for a great Christmas, whatever form that takes for you, please don't try to chase that unobtainable Christmas that all the supermarkets tell us you have to provide. Whether your Christmas is a full family, quiet time to reflect on loved ones that are missed, or just sitting in front of the telly eating your body weight in Celebrations, have a good one and all the best for the new year....Sarah.

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### Enquiries, Articles and Letters

*email to:*

**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**

*or in writing to the Editor.*

Sarah Smith

Almar, Jacobstow, EX23 0BN

### Editorial Team

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| Jill Baker      | Articles    | 01840 239829 |

#### Advertising Rates

The current Rate for 6 issues is  
£30 for a half-page advert.

Contact Sarah on 01840-  
230565, or via e-mail, for  
further information.

The deadline for adverts, letters or articles  
for the February/March edition will be 10<sup>th</sup>  
January 2024. Please note this does not  
guarantee that the item will be published due  
to possible limitations on space.  
Contributions received will be included  
at the Editorial Team's discretion.

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The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

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## Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

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Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)

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### ***Summary of Minutes of Meeting held on 3rd October, 2023***

Cllr. Charmaine Smith chaired the Ordinary Meeting with five Councillors, County Cllr. Nicky Chopak, The Clerk and two members of the public attending

**Cornwall Council** - Cornwall Council had approved Planning for Application No PA23/05413 – Outline Planning for Agric. Workers dwelling - Land South of Tobarn, Jacobstow.

**Village Parking etc** - A Parishioner spoke to address her concerns regarding the parking and speed of vehicles around the school mornings and afternoons. Councillors said that the speed through the village will be reduced to 20mph sometime before 2025. Cllr. Chopak reported that the new lining at the Wainhouse Corner junction will not be done at the moment as there is no money to spend. This will be contracted out.

**Accounts to pay :-**

C. Lloyd £665.00 – Footpath Trimming

Cornwall Council - £328.13 – (Salt Bin)

Planning Application - PA23/07104 – Land East of Little Beckaveans, Jacobstow. As this Application was the same as the previous one, the only difference being the re-positioning of the dwelling and entrance, Councillors agreed this on the telephone.

**Penhallym-** Discuss this at the next meeting.



Nicky Chopak, your County Councillor contact details -  
mobile no: 07810 302061

Email: [nicky chopak@gmail.com](mailto:nicky chopak@gmail.com).

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

## *Summary of Minutes of Meeting held on 7<sup>th</sup> November, 2023*

*Cllr. Charmaine Smith chaired the monthly meeting with six Councillors, The Clerk and one member of the public attending.*

**Penhallym** - *It was reported that the access bridge at Penhallym has been cordoned off for some time. Clerk to write to English Heritage regarding repairing this. Many local people, dog walkers and visitors use this footpath.*

**Footpaths** – *Mrs Carter reported on the work that needs to be done on the footpaths. She also wishes to resign from being Footpath Coordinator. It was decided to ask Mr Chris Lloyd to report things that need doing, to the Clerk for discussion at the following Council meeting.*

**D Day 6<sup>th</sup> June, 2024** – *Lighting a Beacon was discussed. It was decided to put a note in the Journal asking if any Organization are interested in doing this for the Parish.*

**Edgar Road Closure**- *The new date for this closure is 13th November, 2023 – 26<sup>th</sup> January 2024.*

**Parish Hall** - *Clerk to contact the Parish Hall committee regarding installing Internet in the Hall. Parish Council would help to finance this.*

**Wainhouse Corner Parking** - *Complaints were received from Parishioners in respect of the Parking on the Canworthy Water road just off the A39. Cars park on the Junction to walk round to the Shop/Post Office or go to the Pub. Clerk to write to Highways to see if anything can be done to stop this parking.*

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Your MP Scott Mann - - This information is obtained from Scott's Facebook page

I have been talking to farmers, NFU reps and others across the St Tudy and Altarnun areas. Lots of feedback to take back to DEFRA Ministers about slurry pits, permitted development, environmental regulations and much else besides. I also met with the Bodmin Chamber and other local representatives at Flory Restaurant and Cafe to discuss some exciting opportunities heading Bodmin's way. The food was great - do pay them a visit if you can! Many people rely on bus services across North Cornwall, to get to work or to see family and friends. That is why the Conservative Government have invested £3.5-billion in bus services since 2020, and now an additional £1,969,162 for services across Cornwall.



I cannot begin to imagine what it must be like for a family whose loved one takes their own life. Several constituents have contacted me during my time as your Member of Parliament to share their thoughts on the factors that led to the loss of their loved one, and see what me or the Government might be able to do to help. One area I have worked with the Government to try and change is the approach of Universities towards young people who suffer from mental health issues whilst studying. I have met with campaigners and constituents directly affected by tragedy, and have written to Ministers extensively on the issue. I was grateful to receive a letter from Education Minister Robert Halfon MP. He confirms that he will commission a National Review of Higher Education Suicides with a view to forming future policies in this area.



## Jacobstow Neighbourhood Watch



### WARNING FROM THE LONDON FIRE BRIGADE ON E BIKE FIRE HAZARD.

#### **We attended over 116 fires involving e-Bikes in 2022.**

The majority of fires related to e-bikes have happened in homes. These fires are often caused when charging batteries. Do not buy cheap alternatives. Please pay special attention to bike conversion kits. Do not attempt to modify or tamper with the battery. Always follow the manufacturer's instructions. Reduce the risk of overheating. Batteries can get warm during their use. Allow them to cool down before attempting to re-charge. Batteries should always be charged on hard flat surfaces where heat can dissipate. Batteries can also pose a risk if they have been damaged, so try to ensure they are not getting knocked around while in use or while being carried. Batteries should also never be exposed to extremes of temperature. Always follow manufacturers' instructions when charging. **Never leave it charging unattended or charge it while you are asleep.** You should always make sure you unplug your charger once it's finished charging. Always use the correct charger for your batteries and buy any replacements from a reputable seller. **Never block your escape route with e-bikes. Store and charge them somewhere away from a main through route or exit.** We know most people keep their bikes in the hall. Make sure you and your family have an escape plan in place in the event of a fire. Always call 999, never try to fight the fire yourself.



**Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there**

**[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**

**This is your link to the Police Commissioner's Report**



80 beacons to commemorate 80 years since D-Day are being planned for 6th June 2024. If anyone is interested in organising a beacon at Kerley please contact the Parish Council.



## RESCUING HIGGY PIGGY

Celia Proudfoot

In half term I am invariably asked to look after my grandchildren. I decided to take them up the road to visit neighbours Jo and Steve to collect some cooking apples so we could make an apple crumble. Far more exciting than the apples was Jo's kind offer to see the ponies and then even better, to meet rescue hedgehog Higgy Piggy. He was found in the milking parlour with his dead sibling. They had become trapped and were starving. Jo took Higgy to Penbode Vets in



Bude who treated him free of charge for worms and gave Jo advice on hedgehog rescue services and how to care for hedgehogs. They gave her the leaflet in the

photograph. They estimated him as being about 4 weeks old and the advice was to care for him and feed him as he would need to reach 5 -600g in weight if he was to survive hibernation. Higgy Piggy is now growing and doing well. His home is a cat box in a stable on a mat and he is in a cardboard box filled with hay inside the cat box. My grandson Ethan was so taken by Higgy Piggy that he drew a picture as soon

as we got home. Higgy Piggy has this name because one of Jo's little relatives couldn't say the word hedgehog. Do not give hoglets milk as they are lactose intolerant. Higgy is fed 4 times a day.



Help: Penbode Vets  
Bude.

Gay from Hedgehog  
Rescue:  
01237441943

Gay's mob:  
07503756972

Project Prickles is in  
Welcome.



## **LUSCIOUS LEFTOVERS**

Whilst many of us enjoy cold meat and Bubble & Squeak with pickles on Boxing Day, why not try this easy, hot alternative for a change?

The recipe works really well with nut roast too.

### **Boxing Day Patties**

|                       |                |  |
|-----------------------|----------------|--|
| Leftover Turkey       | Roast potatoes | Cranberry Sauce                          |
| Pigs in Blankets      | Carrots        | Bread sauce or Mayonnaise                |
| Stuffing              | Swede          | 1 Tbsp chopped fresh herbs               |
| Chestnuts             | Peas           | 1 Tsp grated ginger (optional)           |
| 50g Cheese (any kind) | Sprouts        | 1 Tbsp Flour seasoned with salt & pepper |

Estimate the quantities for the number of people you're serving.

Roughly chop the meat, sausages, stuffing, chestnuts and roast potatoes and mix together. Mash the remaining vegetables, add the cheese, herbs and ginger (if using) and mix well together. Add some bread sauce, mayonnaise or a little milk and butter to ensure the mixture sticks together without becoming too wet and sticky.

Heat the oven to 200°C (Fan oven 180°C). Form the mixture into small burger sized patties and roll in a little seasoned flour. Heat some oil in a frying pan and gently fry the patties in small batches for 2-3 minutes each side until golden. Transfer to a baking tray and place in the oven for 5-10 minutes. Serve with your choice of sauces, mayonnaise, chutney or sweet chilli sauce.

### **Christmas Ice Cream Sundaes**

For 4 people:

|   |   |
|---|---|
| 85g leftover pudding or cake                  | 8 scoops of ice cream your choice of flavours |
| 410g tin of pears, chopped                    | 25g chopped hazelnuts                         |
| 3 Tbsp Pear juice or brandy or orange liqueur |   |

For the chocolate orange sauce:

|                     |   |
|---------------------|---|
| 100g dark chocolate | 1 Tbsp brandy, orange liqueur or orange juice |
| 50ml double cream   | Zest of 1 orange                              |

Grate a little chocolate for decoration and set aside. Melt the remaining chocolate in a saucepan. Add the rest of the sauce ingredients to the pan and heat gently, stirring continuously until it looks like a smooth, glossy sauce.

Crumble the cake or pudding into 4 sundae glasses or dishes and drizzle with the alcohol or pear juice. Add the pear pieces and ice cream. Drizzle over the chocolate sauce and decorate with the hazelnuts and grated chocolate.



# CHURCH AND CHAPEL SERVICES

Dec

3<sup>rd</sup> 7pm Carol service with Tresmeer Sidwell  
Handbell ringers followed by mulled wine &  
mince pies

5<sup>th</sup> 6pm Guides, Brownies and Rainbows  
Christingle Carol Service

19<sup>th</sup> 10.30 Holy communion

January 21<sup>st</sup> 10.30 Holy communion

For other services across the Benefice  
leading up to Christmas & New Year see  
notice board at the Church or contact 01840 230526



Jacobstow Church



## LIVING CHURCH

Morning Worship every Sunday  
10.30am - all welcome

Please contact Julie Swan -  
[julieswann15@rocketmail.com](mailto:julieswann15@rocketmail.com)  
for more details of services and  
Christmas celebrations



## Coast Family Church

Sunday services on the  
**first, third and fifth** Sunday of  
the month at 10.00am Jacobstow  
Village Hall.

Come and join us

All are welcome

Non-denominational



# CHURCH AND CHAPEL NEWS & EVENTS



## **Carol Service**

**Sunday 3<sup>rd</sup> December  
7pm**

**Jacosbtow Church**

**With Tresmeer  
Sidwell Handbell  
ringers**

**Followed by mulled wine and mince  
pies**

**Please come along and celebrate with  
us**



## **Church Lottery Results**

|          | 1st        | 2nd          | 3rd         |
|----------|------------|--------------|-------------|
| December | Ms A Moute | Mrs J Jewell | Mr Z Loader |

Thank you to everyone who supports the draw each year, raising much needed funds for the Church. If you would like to join please contact Brian Marshall 01840 230526 or 07969 838924.

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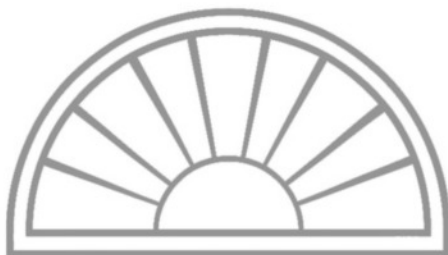
*Trebarwith Road,  
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**Bude, Cornwall**

September is a late summer month this far west. Providing the remnants of tropical storms leave us alone it can be a pleasant month. This one got off to a good start, with very warm air being drawn up from the south for 10 days. Temperatures on most of the ten days were easily into the middle-twenties, with 28°C on the 7th. High humidities were observed for this period, and this did see some thunderstorm activity, with these migrating up from Brittany. The 6th saw one of these off the north coast of the Duchy by late pm, but it kept its distance and was short-lived. Humidity levels remained high, early mist most mornings, 25°C on the 8th, and 27°C on the 9th. A severe thunderstorm was observed Mid-Channel off Brittany late pm, it persisted for some hours but made no progress northwards just clipping the far south coast of Devon around 0100.

The 10th, 11th and 12th saw some light drizzle but only giving a small amount in the rain gauge here. Matters cooled somewhat by the 15th but still quite pleasant with light southerly winds and early mist and fog which cleared quickly by mid-morning. Late on the night of the 15th, a bright Aurora Borealis was widely observed generally in the country, with many reports in Cornwall as far south as Penzance.

Matters changed into the 16th, with rain from overnight into the morning with a depression tracking east along the Channel. High humidity along with marked upper air instability saw a number of thundery outbreaks to the south and east, rain generally inland and by the late evening severe thunderstorms were noted along the Channel towards the south east of the country. Conditions became more typical of September towards the end of the month, most days saw rain of sorts with some days still fairly warm.

A total of 3.62" of rain was collected here at Canworthy Water, typical of my 10 year average of 3.38".

October started off with fog on the 1st, and a thunderstorm at extreme range to the southeast mid-afternoon on the 2nd. Dense fog was observed on the 9th, the first few days following were generally dry although the 13th turned out quite wet with nearly 1" of rain collected from overnight. Still quite warm, some days getting to 22°C. A further thunderstorm was observed off the north coast late morning on the 19th, yet another thunderstorm to the south of Bodmin on the 23rd and the month then remained indifferent to the end with rain of sorts on most days.

October is a variable month for rainfall locally. I collected a total of 4.87", against my 10 year average of 4.23". It's like this generally, October, some years are on the dry side, some extremely wet. I haven't observed any real trend away from this in the past 10 years or so.

## **Wainhouse Country Store**

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## Last UK posting dates

These are the latest recommended dates you should post by to ensure your cards and gifts arrive within the UK in time for Christmas.

| Monday<br>18<br>December              | Wednesday<br>20<br>December           | Thursday<br>21<br>December                                 | Friday<br>22<br>December   |
|---------------------------------------|---------------------------------------|--|--|
| <b>2nd<br/>Class</b>                  | <b>1st<br/>Class</b>                  | <b>Next day<br/>guaranteed</b>                             |  |
| Royal Mail<br>2nd Class               | Royal Mail<br>1st Class               | Royal Mail<br>Special<br>Delivery<br>Guaranteed<br>by 1pm* | Royal Mail<br>Special<br>Delivery by<br>1pm with<br>Saturday<br>Guarantee* |
| Royal Mail<br>Signed For<br>2nd Class | Royal Mail<br>Signed For<br>1st Class | Parcelforce<br>Worldwide<br>expressAM<br>and<br>express24^ |  |

## Arts & Crafts Day

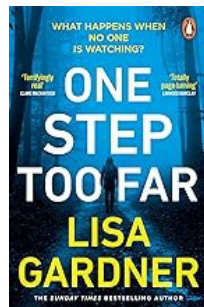
Tuesday 12<sup>th</sup> December 10 - 4.

Why not come along to the village hall, either bring what you fancy doing or various materials and projects will be available. Please let Mary know if you want to attend so that she can prepare. Lunch may be available. If you don't fancy making anything but just want a chat and a laugh why not come along and join us.

## Jacobstow Book Club

### 'One Step Too Far' by Lisa Gardner

Into the wilderness of the Shoshone National Forest, Wyoming, goes a search party, comprising eight people and a dog. They are hoping to find a young man who went missing the night before his wedding, or at least his remains. Strange things start to happen and the group gradually begins to realise that they could be in grave danger. This book is difficult to put down but sometimes you have to, when the drama and tension become too much. Some readers may find



a few of the events too extreme and unbelievable but it is still recommended.

### 'Agnes Grey' by Anne Brontë

This is the first novel by Anne Brontë and is thought to be based on her experiences as a governess. We discover what a miserable and lonely life Agnes had to bear, in order to send money home to her family. She is treated no better than a servant by her rich employers and her only companions are the unruly and disobedient children she tries to teach but who treat her with contempt. During her limited free time, she takes solace in her books or walking in the countryside. She also enjoys each Sunday's visit to church, where she

encounters a young curate, who excites her interest.







## JACOBSTOW AUTUMN FAIR



A huge thank you to everyone who made the Autumn Fair such a great success.

The Parish Hall was packed with Stallholders selling their Crafts, Cream Teas, Cakes and Raffle tickets.

With your support, the event made £225.50 for Jacobstow Church and the Women's Institute.

**Thank you so much for your support**

### ♪ I'm Dreaming of a Greener Christmas ♪ ♪

Why not challenge yourself to "Reduce, Re-use and Recycle" over Christmas?

**When buying** check if packaging is recyclable and compare brands. Once you start looking you'll notice some brands are trying much harder than others to reduce packaging or to offer something easily recyclable.

**No packaging - No waste** Bakers can fill their own containers in some stores, buying the exact quantities needed for their recipe saving money, waste and cupboard space.

**Wrapping** Find recyclable wrapping or try using fabric bags, scarves etc to wrap your presents. Very on-trend, and fun to do - could be two presents in one - or repurpose the materials afterwards or save for next year.

**Decorations** Do you really need *more* decorations? Enjoy seeing old favourites with memories from past Christmases.

**Make and decorate** your own decorations - baubles from paper maché, painted or covered in découpage paper or fabric shapes are robust, unbreakable and it's easy to change colour schemes next year.

**Challenge** family and friends to make or find natural or eco-friendly presents and wrapping - there are lots to choose from locally and online.

**After Christmas** recycle and re-use as much as possible to begin the New Year as you mean to go on! We'd love to hear your favourite ideas!

Louise is away on holiday at the moment, so here is a short report on Guiding in Jacobstow this term.

After the summer weather meant we had to quickly turn the District Camp into a stay at Otterham Hall, the Guides spent the first few weeks of this term completing their stage 3 and 4 of the Camp Skill Builders. They used different methods of cooking outside, making a camp oven from foil and a cardboard box to make cakes. While waiting for them to cook, the Guides choose camp songs to make a play list. We also have made mini bedding rolls and tested how waterproof they were ... some were more successful than others.



4 of the Guides are joining the District trip to Our Chalet, one of the World Guiding Centres, which is in Switzerland. We are spending the February half term there, so lots of fundraising is taking place, including a draw, which will be drawn at our Christingle on Tuesday 5th November at Jacobstow Church, at 6pm. Everyone is most welcome to join us at the service. We also had a stand of the Autumn fair at Jacobstow Hall.

The Guides will also be decorating the windows of the Hall for Christmas, as they did last year, in time for the OAP lunch there.

The Rainbows too finish both their Camp and Explore stage skill builders, learning about road safety, what to pack when going away overnight, a long debate on if a teddy bear is the most important thing to take with you. We have also spent evenings on money and what values coins have and healthy eating with a fruit testing evening.



The Brownies are working on the Parliament Badge and their Christmas decorations for the District Christmas tree, which will be part of the display at St Marys Church, Launceston at the beginning of December.

All three Units have done activities in respect of Remembrance Day and will take part in the Remembrance Sunday service, with Jacobstow Scouting, at St Gennys Church.

All the Units have space for girls, so if you know of a 4 - 16 year girl who would like to try Guiding, do contact us. We are also always looking for adult help, so if you fancy having some fun with the next generations, let us know.



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# PUZZLE PAGE



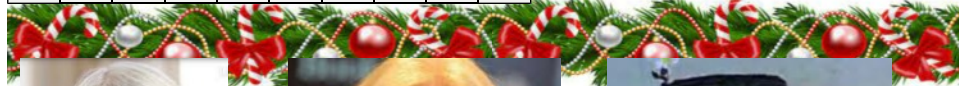
Welcome to your "tea break" puzzle page. This editions winner is Norma Robinson. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> January 2024. Thank you to Wainhouse Stores for sponsoring this page.

|   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|
| M | T | R | A | D | I | T | I | O | N |
| S | U | E | L | G | G | U | N | S | X |
| A | P | L | A | N | O | S | A | E | S |
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| H | E | H | A | M | P | E | R | N | O |
| C | M | A | F | E | S | T | I | V | E |

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

|          |             |
|----------|-------------|
| BRANDY   | BRIGHT      |
| CARDS    | CHRISTMAS   |
| FESTIVE  | HAMPER      |
| HOLLY    | MERRY       |
| MESSAGE  | MULLED WINE |
| SEASONAL | SNOWMEN     |
| SNUGGLE  | TRADITONAL  |
| TREATS   |             |

Merry Christmas



1



2



3

Can you name the famous Mary's



4



5



6

Last edition's answers - missing word: Scotland. Famous Landmarks 1. The Kelpies 2. Angel of the North 3. Tower Bridge 4. Glenfinnan Viaduct 5. Buckingham Palace 6. Blackpool Tower



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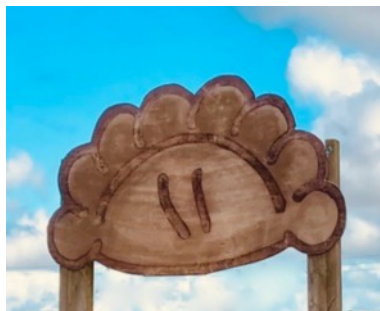
# David's Random Rambling's

Dear Readers,

I'm sure that, by now, you have all caught sight of the mysterious and amazing Wainhouse Pasty and, like me, have stood back in awe as you spent several minutes spellbound in quiet contemplation, admiring its splendour, pondering how we ever came to be blessed with such a gem. Surely it must rank as the 10th Wonder of the the World.

Unfortunately the eight original ones of the ancient world are not in our locality – and seven of them no longer exist anywhere - but aren't we lucky that we can also enjoy the ninth wonder just a few miles along the road? I'm referring, of course, to the magnificent Bude Tunnel, an architectural masterpiece and a true source of inspiration. In my view the Tunnel doesn't quite match the Pasty but I know that opinions will differ. However, I'm

sure that we can all agree that the Great Pasty of Wainhouse beats the Great Pyramid of Giza hands down. And, finally, while we're talking Wainhouse, have we just seen a big wave goodbye from that camper van company?



**Mobile Library** - Enquiries phone 0800 0322345 or 01872 272702

The Wainhouse Inn has a good Library of books supplied from Truro which are changed regularly. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday

**What do you call Santa when he stops moving? - Santa Pause**

**What do snowmen eat for breakfast? - Ice crispies**

**What's every elf's favourite music? - Wrap music**

**MENTION US PLEASE!** If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

## HIGH TIDES and SUNSET Dec 2023 - Jan 2024

| Date   | Dec 1 | Dec 8 | Dec 15 | Dec 22 | Dec 29 | Jan 5 | Jan 12 | Jan 19 | Jan 26 | Feb 2 |
|--------|-------|-------|--------|--------|--------|-------|--------|--------|--------|-------|
| AM     | 7.11  | 1.22  | 6.20   | 0.41   | 6.21   | 11.20 | 5.28   | 11.24  | 5.34   | 9.25  |
| PM     | 19.34 | 13.42 | 18.45  | 13.10  | 18.43  | ****  | 17.53  | 23.56  | 17.53  | 21.49 |
| Sunset | 16.19 | 16.17 | 16.17  | 16.20  | 16.25  | 16.32 | 16.42  | 16.52  | 17.04  | 17.16 |

*NB - Heights are based on Newquay for Bude +25*

## NEW HOUSING DEVELOPMENT

You may have seen a lot of activity on our new homes scheme at Edgar Road, Wainhouse Corner from Cornwall Rural Housing Association (CRHA). There are 13 new social rent homes on this scheme with a mix of properties including 2 x 1 bedroom bungalows, 2 x 1 bedroom houses, 1 x 2 bedroom bungalow, 5 x 2 bedroom houses and 3 x 3 bedroom houses. They are well insulated and sustainably heated using air source heat

pumps including underfloor heating. We are minimising environmental impact with extensive new planting using native plant species selected to encourage wildlife and bees to flourish. There will be low level solar powered street lighting to avoid excessive light pollution not interfere with any bat populations in the area. Feedback from our customers highlights the need for storage so rather than providing a garden shed we will be constructing a brick store to the larger properties for good, secure storage to keep bikes, surfboards, and garden equipment. We also intend to install smart home hubs and provide pergolas so our customers can enjoy their outdoor space.

We are aware that these homes will be in high demand. CRHA is a small housing association and rather than selecting applicants from the Cornwall Homechoice register, we maintain our own waiting list, so **in order to be considered for one of these new homes, (due to complete in June 2024) local people should contact CRHA on 01208 892000**. Alternatively, applications can be made via the CRHA website: [www.crha.org.uk](http://www.crha.org.uk).

These homes are intended to be let to residents who have a local connection to the Parish and the guidance for this will be included in a planning document called a S106 Agreement and CRHA will need to ensure it complies with the terms of this and its own Allocation Policy.



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## GHOST STORIES

Hawker's Hut, Morwenstow, – enchanting, historic, atmospheric, incredibly quirky, and perched on a cliff top with a dramatic sea view. Built by the eccentric Reverend Hawker in 1843 from shipwrecked timber and driftwood salvaged locally, this building material was collected personally by Hawker. It also has a turf roof, seats inside, and is partially built into the hillside. Rev. Hawker built this tiny hut as his personal sanctuary and spent hours writing there (including writing Cornwall's unofficial national anthem), watching the sea, as well as smoking opium!! Whilst Rev Hawker



was alive, visitors to his hut included Alfred Tennyson and Charles Kingsley. Rev Hawker strongly believed in the supernatural and demons and he was also said to have dressed as a mermaid and sat on the rocks of Bude. Is Hawker's Hut Haunted? – Some say yes! Could the very material the hut is made from be a possible source of haunting, due to the many bodies that washed up from these shipwrecks along the local coastline? People visiting the hut have said they have had possible paranormal experiences – could it be Rev Hawker himself, as he dearly loved this special hut and spent so much of his time here? The National Trust are now the custodians of this awesome little coastal structure and it is the smallest property they own. Much of the original material Hawker used to build the hut is still present. Definitely well worth the often 'wind swept' muddy walk – Hawker's Hut is accessible by a lovely coastal walk with stunning sea views once you are there. You could also take in the very haunted 13th century The Bush Inn and the ancient Grade 1 listed Parish Church of St Morwenna and St John the Baptist, which dates back to Norman times and contains items one thousand years old. A short walk from the Church leads to the ancient holy well known as St John's Well, located in the vicarage grounds. Many wreckers who washed up locally have been buried in unmarked graves at the Parish Church of Morwenstow, carried there by Rev Hawker himself. Both of these buildings and the Holy Well are approximately one mile walking distance from the hut and hugely worth a visit.

**Extracts taken from Scary South West Facebook page.**



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For our October meeting, we welcomed Trevor Wiltshire who gave a fascinating talk on Isambard Kingdom Brunel, providing an insight into Brunel's family background and some lesser known stories of his life and work. As an engineer, he was certainly ahead of his time and we still marvel at his outstanding achievements today.



On 22<sup>nd</sup> October we celebrated 85 years of the Jacobstow WI with lunch at Trencreek Farmhouse. Our longest serving member, Jen Cowling cut the cake and we enjoyed a wonderful lunch and raffle.



Several members took part in a County Craft day in October where we learnt how to make fabric origami Christmas trees and waxed flowers.

In November local artisan glass artist Gregg Anston-Race came to talk to us

about his designs and the unique processes he uses to make vessels and artworks in fused glass. Self-taught, he has worked with glass for over 25 years, developing his own techniques and style inspired by the Cornwall's coast and landscape. He demonstrated the different properties of glass when it is cut and brought with him many beautiful examples of his work which can be seen in galleries across the UK as well as in his own studio in Week St Mary.



Looking ahead:

The WI Christmas Party is on 14<sup>th</sup> December. Our first meeting of 2024 is on 11<sup>th</sup> January with a talk on Army Life

**We wish everyone a very Happy Christmas and NewYear**



The W.I. always welcomes new members so do come along to a meeting at Jacobstow Parish Hall or contact the president, Mrs Jill Baker 01840 239829. We meet on the 2<sup>nd</sup> Thursday of each month at 7.30 and you can be sure of a warm welcome.



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# JACOBSTOW WALKING GROUP

We started at Hele Barton, taking note of the ancient Doomsday Oak (more about this tree next year!) We by-passed the sunken lane and headed into the valley.



It was sad to see that the bees nest in the tree was no longer there. However we did notice a late red admiral butterfly and an amazing holly tree, down by New Mills.



We had a long discussion about a prolific blue flower which Mary's phone named as wild chicory but later turned out to be a linseed flower!

Our path went the other way on a permissable path beside a stream which feeds into the Neet/Strat. We aimed for Kerley and then back to our starting point.

The weather was kind to us being mostly sunny and it was only right at the end that the heavens opened.

We hope the next walk will be in January



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## A huge THANK-YOU to Mary Carter by Anne Connolly



Anyone who has ever used a public footpath in Jacobstow, has Mary Carter to thank for it being open and accessible. Nearly thirty years ago, Mary discovered that many of the footpaths in the parish were disused or inaccessible. So with the help of a map, charting where the footpaths should be, and a few locals along the way, she started on her mission, involving many many miles of walking the routes of the footpaths and talking to lots and lots of people.

She contacted Cornwall County Council and with their help and funding, she started getting the many footpaths opened up and had stiles put in. On many of them are brass plaques with inscriptions that she and Mick put up for people to read as they crossed the stile. In addition to the mammoth job of

opening them up, Mary has also had the responsibility of organising their maintenance over the years. She recently secured funding from Cornwall County Council to replace many old stiles with either kissing gates or stiles incorporating dog-gates, which has made the footpaths even more accessible for so many more people.

Thanks to Mary, Jacobstow now has a network of user-friendly, well-maintained public footpaths, that connect to other parishes, such as Week St. Mary. She has also drawn a map of all the footpaths, copies of which are available in the church and old telephone box. Mary has worked tirelessly as Footpath Co-ordinator and is now stepping down from her unpaid role. She has left a lasting legacy for the people of Jacobstow and it is now up to us to use and enjoy what she has achieved over the last thirty years.

*Your Parish council are working hard to keep our footpaths in the amazing condition that Mary has achieved. With this in mind if you come across any footpaths that you feel need to have our attention please report it to the Parish Clerk or any Village Councillor.*

### HISTORY GROUP

**The History Group** have started to collate the memorabilia collection. Soon all the documents and photographs will have a number and will be easily accessible for all to find and read.



## The Old Wainhouse Inn

Booking is advisable Tel: 01840 230711

A warm welcome from Sue, Neil and the Team is assured at the Old Wainhouse Inn. We hope you enjoy the warm relaxed atmosphere.

Please note Winter changes

Sunday Carvery 12-7pm, but no evening meals

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Please check times and/or book your meals during the Winter



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## CHRISTMAS PLANTS OUTSIDE AND INDOORS



The Christmas Rose (Hellebore Niger) is a hardy perennial evergreen plant with dark green leaves and white flowers. Useful for partially shaded areas, it thrives in rich, moist soil and attracts bees. Mulch each year with compost or manure and prune out older foliage to encourage new growth. It will self seed in

the right conditions but do be aware that It can be toxic to pets.

Holly is a favourite plant at Christmas but is also a useful evergreen behind summer planting, as a shrub or hedging plant. There are hundreds of varieties with different leaf variations and red, yellow or orange berries. Our common, native holly (Ilex Aquifolium) is especially good for Christmas decorations with its deep red berries.



Poinsettia plants are attractive houseplants with their dark leaves and bright red “bracts” that surround the small light green flowers in December and January. With care, they can be kept going after Christmas and even form new red bracts in time for next year. They need to be kept in a bright

spot but away from direct light and draughts, at around 13-15°C. Water sparingly and mist regularly. After Christmas feed monthly with a high potash liquid feed. Native to Mexico, they definitely don't like the cold so when buying them, avoid those being sold near to outside doors and any that are not in good condition as they are unlikely to thrive.

Amaryllis bulbs are also popular gifts and provide an exotic display when flowering in Spring. Water sparingly but regularly when the compost looks dry and keep in a warm, dark place away from direct heat. The flowers appear in around 6-8 weeks and last well - the stamens can be removed to prevent



pollen from staining furnishings. After flowering, remove the flower stalk at its base leaving the leaves to feed the bulb. Continue watering until August then give the bulb a dormant period. Water from mid-Oct to re-start the process for another year. Keep out of reach of cats and dogs.

## Advertising in the Jacobstow Journal

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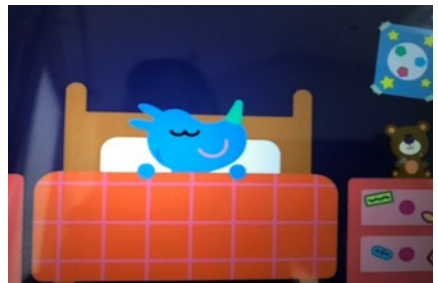


## KIDS' PAGE

Getting to sleep on Christmas Eve can be tricky. You will be so excited about Father Christmas and all your presents. I used to lie awake listening for reindeer bells but knew Father Christmas

wouldn't come until I was asleep. Try some of these ideas:

- Get outside for a walk and if you can't do this, have a treasure hunt inside to get yourself tired but also relaxed.
- Avoid sugary things a few hours before bed. Sugar will keep you awake. Have a nice warm milky drink when you put milk and mince pies out for the reindeer.
- Try to keep to your normal routine (bath etc) even if you go to bed a bit later.
- Listen to a book or audio book and avoid screen time in your room so you are relaxed and ready for a cosy night's sleep.



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This term has once again proven to be a busy one for all groups. Beavers completing my skills & creative badges, Cubs, local knowledge & fire safety. The Scouts have been busy cooking. 6 Scouts took part in the 'district winter camp' during Oct at Nine Ashes, Bodmin. The weekend involved camping for 2 nights with various activities including a silent disco.

Remembrance Day - Leaders plus members from each group took part in the parade at St Genny's Church.

Sat 7<sup>th</sup> Oct was a glorious day & Josie held her 'dog show', lovely afternoon with our 4-legged friends raising £191.50.



Mon 30<sup>th</sup> Oct, we held our annual 'fireworks evening' at Braywood Farm. Not sure what we did to deserve it, but the weather was perfect. The evening was really well supported, selling 101 slices of cake & selling out of hot dogs. The evening raised £565.30.

Marhamchurch WI fundraising raised £350 which was kindly donated to the scout group. We aim to spend it on a specific item/items for the hut.

Our final fundraiser for the year will be our annual

'Christmas Carol & Draw Evening' on Monday 4<sup>th</sup> Dec, 6.30pm at the New Scout Hut – everyone is welcome to join us.

While all this is going on we have also been busy on site. All walls & ceilings are painted, the skirting boards & the architrave are being fitted. Now all the woodwork is in the process of being filled, sanded, chalked & painted.

2<sup>nd</sup> fix electrics are nearing completion & we have flooring in the disabled toilet.

Rob Medland has started to build the 'substation' where the electrical supply will come into. Francis Bray braved the weather & dug a trench where the team laid

the armoured cable from the 'substation' back into the hut. Fingers crossed in the new year we will have electric in the hall. The team aim to complete the new scout hut for the summer of 2024.

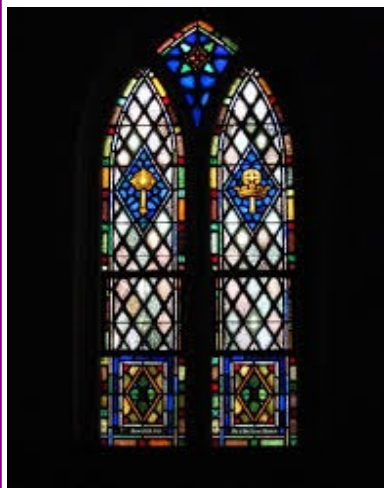
Thank you to everyone who has supported us throughout the year,

Jill



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## THE FIRE AT THE OLD SCHOOL by Mary Carter

On 29th of September, we had a small patch of the flat roof repaired. As it was Friday the patch was made watertight and the finishing work was to be completed the following Monday. That evening Mick and I were watching TV. Quite loud as we're both a bit deaf. We heard a loud bang, thought it was a door. Mick went to check and saw from the kitchen that there were flames coming from the flat roof where the repair had taken place. I tried to phone 999 but the land line didn't work. I used WhatsApp to phone Anne Connolly. Luckily a couple of days previously they had added WiFi calling so Anne picked up my garbled call. The neighbours thought we were having a bonfire that had got out of hand. 3 fire engines, Holsworthy,



Bude, and Delabole arrived after a harrowing half an hour. We were pathetically trying to put the fire out with the garden hose. According to the fire officer everyone tries that. Steve and Anne were marvellous. Steve running up and down between the parish hall and church to find the fire hydrant. I had no idea where it was. Anne making tea and giving me her coat. It was incredible how fast the fire moved, the workshop was ablaze. The firemen had gone into our bedroom firing the hose through the window, also breaking a window in the big room to fire a jet of water onto the flat roof. This saved the house. Plus what has become a famous 133 year old red

door that held back the fire. The firemen were terrific. It became quite a party atmosphere once they had the fire under control. Anne and I were dishing out tea and anything suitable I could find to feed them. Chatting to the ones I knew as they were friends with my children. We had no electricity in the kitchen so the Connollys' again came to the rescue bringing extension cables and torches. Wadebridge firemen came to take over through the night. Then the Padstow crew who were with us until midday. Christine, our neighbour, arrived with milk and biscuits as the crews had got through everything we had. It is jolly upsetting. Especially for Mick. He's lost his workshop. And very frustrating as that's where we kept all our useful stuff. But the love and support we have been shown has been overwhelming. Everyone has been so kind, arriving with gifts, offers of help,

a meal cooked and delivered and a little maid drew us a lovely card that I've framed and put by the window. Advice: Shut your doors. The fire brigade have used our red door as an example. (See photo above) Hire good insurance assessors to deal with the insurance claim. Tell your insurance company only the minimum details. And the need to be extremely patient.





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### WHAT'S ON

1<sup>st</sup> Dec - Soup and sweets. Crackington Institute 12 - 2pm

2<sup>nd</sup> Dec - Bude Choral Society, St Michaels Church

3<sup>rd</sup> Dec Bude Castle, Weaving workshop

3<sup>rd</sup> Dec - Crackington Institute 12 -2pm Craft fair

3<sup>rd</sup> Dec Crackington Institute 4pm Christingle service

3<sup>rd</sup> Dec Christmas fair Parkhouse Centre

4<sup>th</sup> Dec New scout hut - 6.30 Christmas carols and draw

9<sup>th</sup> - 11<sup>th</sup> Dec 4pm Bude Beach Hut Christmas Market

15<sup>th</sup> Dec - Carol concert Bude Metric and Bude Choral society 7pm Bude  
Methodist Church

1 - 16<sup>th</sup> & 20-30<sup>th</sup> Dec RHS Rosemoor Glow 4.40 - 8.30

17<sup>th</sup> Dec - Get a free tree sapling from Bude Visitor car park 1 - 3.30

25<sup>th</sup> Dec Christmas swim 11am Crooklets



## REGULAR EVENTS - In Parish Hall unless otherwise stated

Monday      Cubs 6.30-8.00 Scout Hut

Brownies 5.45-7.15

Tuesday     Scouts 6.30-8.00 Scout Hut

Rainbows 5.45-6.45

Guides 7.00-8.45

Wednes     Beavers 5.30-6.30 Scout Hut

Sunday      Coast Family Church 10.30

1<sup>st</sup> Tuesday monthly Parish Council meeting 7.30

Arts & Crafts Club Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details

2<sup>nd</sup> Thursday monthly WI 7.30

4<sup>th</sup> Tuesday monthly Juliotter Gardening Club, Otterham Hall, 7.30

---

## LOCAL BUSES

**Please Note** If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

**95/95B and 94** These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

**Transport for Cornwall** - 08081962632 - [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

---

**220** - Launceston, Tues;

**371** - Launceston, Mon/Thurs;

**372** - Holsworthy, Wed;

**373** - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

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North Cornwall MP Scott Mann  
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Sita Recycling Centre, Tiscott Wood  
Dog Warden (Environmental Health)  
Cats Protection, Holsworthy  
Citizens Advice Bureau-Advice Cornwall

## Healthcare

NHS, Non-emergency

111

## Hospitals

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Stratton Hospital  
Stratton Minor Injuries

## Doctors' Surgeries

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Neetside, Bude  
Medical Centre, Stratton  
Drs Nash & Uglow, Camelford

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**USEFUL CONTACT NUMBERS**

## Jacobstow Organisations

Jacobstow Infants School  
Parent/Teacher Association Jenny Johnson  
Women's Institute, Mrs J Baker  
Jacobstow Church, Mr Brian Marshall  
Art Group, Jeane Gimblett  
Happy Crafters, Eden Chapel - Alison  
Parish Hall Bookings, J Gimblett  
Beavers, Josie Shepherd  
Cub Groups, Mrs D Dowling  
Scouts, Robert Medland  
Guides and Rainbows Mrs M Andrew  
Brownies Louise Cowling  
Wainhouse Post Office and Stores  
Jacobstow Walks, Mary  
Jubilee Club Diana - 01840261366 or Tina  
Julietter Garden Club, Pat Thorne

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01840 261237