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# Jacobstow Journal

Providing news and information for the Parish of Jacobstow

[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)

Issue 91 Dec/Jan 25/26



Delivery free to every household in the Parish - otherwise £1.00

# Editorial from Sarah

Here we are again, with the December/January edition of the Journal, another year gone and trying to get our heads around 2026.

As usual in this edition I would like to take the opportunity to say a massive thank you to everyone who makes your village newsletter possible. Kim and Jill have been absolute rocks this year, giving me so much help and support. Our distributors who battle all weathers, unless they have more sense and "wait for it to settle down before I do my deliveries". All the people who send in articles, whether regular contributors or people who just notice something that they think the rest of the village would find interesting. Advertisers who place adverts with us help towards printing costs and we also totally appreciate the support of your village council, who support us with a yearly contribution, without which we would not be able to keep the Journal going. Keep healthy and safe during the festive period and why not flex your little grey cells with our bumper Christmas quiz on page 17. Happy Christmas everyone Sarah

## Enquiries, Articles and Letters

*email to:*

**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**

*or in writing to the Editor.* Sarah Smith

Almar, Jacobstow, EX23 0BN

## Editorial Team

|             |             |              |
|-------------|-------------|--------------|
| Sarah Smith | Editor      | 01840-230565 |
| Kim Cawley  | Tec.Support | 07814477271  |
| Jill Baker  | Articles    | 01840 239829 |

## Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the Feb/Mar edition will be 10<sup>th</sup> Jan. Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

## Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August).

Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)

### **Summary of Minutes of Meeting held on 7<sup>th</sup> October, 2025**

Cllr. Charmaine Smith chaired the monthly meeting with six Councillors, County Cllr. Nicky Chopak, the Clerk and nine members of the Public attending.

Higher Meadow, Jacobstow – A presentation was given on a Community Garden Retreat at Eden Meadows. This is to create an eco retreat and training center that fosters health and wellbeing through nature based activities. Workshops will include Yoga, meditation, music, crafts and cookery.

Code of Conduct Training – Clerk to send the link for the Code of Conduct training for Councillors to do.

Planning Application PA25/02085 – Construction of dwelling and garage in lieu of PA25/02085 – demolition of agricultural building with wider landscaping enhancements – Land and buildings at Trehaus, Jacobstow – Councillors support this application.



Nicky Chopak, your County Councillor contact details -  
**Mobile:** 07810 302061 **Email:** [nicky chopak@gmail.com](mailto:nicky chopak@gmail.com).  
**Mail:** The Post House, Tresmeer, Launceston, PL15 8QU

**Summary of Minutes of Meeting held on 7<sup>th</sup> October, 2025 (Cont)**  
**Planning Application PA25/04729** – Construction of a new detached single storey dwelling – Chy Lowen, Jacobstow. - Councillors support this Application.

**Planning Application PA25/05678** – Land East of Drumeagles, Jacobstow. Cornwall Council had refused this Application.

**Summary of Minutes of Meeting held on 4<sup>th</sup> November, 2025**  
Cllr Charmaine Smith chaired the monthly meeting with Three Councillors and the Clerk attending.

**Jacobstow Journal** - It was discussed and unanimously agreed to give a donation of £1,000 to the Journal fund. This to be paid from the Solar A/C.

**Planning Application No PA25/07280** - Change of use of rural barn to one self/custom build dwelling house together with associated orks. Councillors did not support this application as it is not providing any local need.

**Planning Application PA25/06108** - Part demolition and proposed change of use of Agricultural building to three Dwelling houses (Class 3) Councillors do not support this Application. The residential development is not suitable next to a large working dairy farm. They also have concerns regarding parking.

**Code of Conduct** – It was noted that all Councillors had completed the Code of Conduct training.

**Bus Shelter** - It was reported that one of the panes of glass in the Bus Shelter had been broken. Clerk to contact the Suppliers.



No report from the Guiding Movement this issue but to join or for information, see contact details on our back page.





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COMMUNITY ACADEMY

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# CHURCH AND CHAPEL SERVICES

## Jacobstow Church Carol Services

|                     |   |
|---------------------|---|
| Dec 2nd Tues 6pm    | Guides Brownies & Rainbows<br>Christingle Carol Service |
| Dec 14th Sun 3pm    | Church Carol Service Lessons &<br>Carols                |
| Dec 17th Wed 9 30am | School Christmas Service                                |
| Dec 18th Thur 6pm   | School Christingle service pupils<br>& family           |

Service rota for Benefice services not yet finalised. For other services at Jacobstow & around the Benefice for Dec & Jan visit [www.boscastlechurches.uk](http://www.boscastlechurches.uk) or see monthly notice in church porch.



## Living Water Methodist Church, Canworthy Water

|                      |   |
|----------------------|---|
| Sunday 7th December  | Fellowship Service at 10.30am   |
| Sunday 14th December | Morning worship and Holy Communion led by Mrs Julie Swann<br>10.30am          |
| Sunday 21st December | Fellowship Service 10.30am  |
| Sunday 28th December | Fellowship Service 10.30am  |
| Sunday 4th January   | No service – Circuit Covenant Service at Delabole Methodist<br>Church 11.00am |
| Sunday 11th January  | Morning worship led by Mr D Daniel  |
| Sunday 18th January  | Morning worship and Holy<br>Communion led by<br>Mrs Julie Swann 10.30am       |
| Sunday 25th January  | Fellowship Service 10.30am  |



## Coast Family Church

Sunday services on the **first**,  
**third** and **fifth** Sunday of the  
month at 10.00am Jacobstow  
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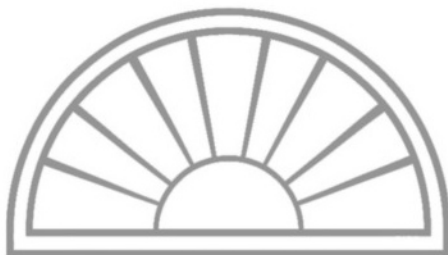
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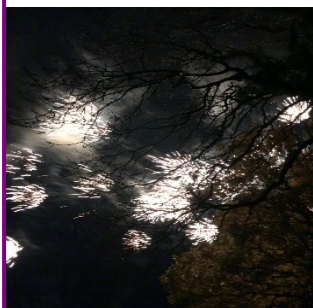
## CHURCH AND CHAPEL NEWS & EVENTS

# Carol Service



**SUNDAY 14<sup>th</sup> December 7.30pm**  
**at Bethel Methodist Church**  
**Music led by St Gennys Band**  
**ALL WELCOME**

## Firework Display at Canworthy Water



A fun, well attended evening, in spite of the weather, organised by the Methodist Church to celebrate firework night



## Church Draw Results

|          | 1st          | 2nd           | 3rd            |
|----------|--------------|---------------|----------------|
| December | Mr W Renshaw | Mrs P Trotman | Mrs F Franklyn |



## **Wainhouse Country Store**

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## Methodist Musings

Camelford and Week St Mary Methodist Circuit

### Methodist Musings – It's a Gift!

Presents! They're one of the biggest aspects of our Christmas celebrations aren't they? We can spend many hours planning, shopping for and wrapping them. Perhaps you are super organised and buy all the presents in the January sales, or are you more of a last-minute person, rushing around during the week before Christmas? Either way, you probably put a lot of thought into the gift giving process. Children, of course, seem to know what they'd like, producing endless lists to choose from, or like one little girl we know who handed over a shopping catalogue with relevant toys and games circled! As well as giving gifts, we often receive them from family, friends, work colleagues and neighbours, but have you ever received a gift and wondered "what on earth am I going to do with this?", consigning it to the back of the cupboard or passing it on to a charity shop?

For Christians, giving gifts at Christmas is a way of remembering the wonder of Jesus' birth, not only because of the gifts he received from the wise men and shepherds, but also because Jesus is considered to be God's gift of himself to the world. It's a gift that offers no-strings-attached love, forgiveness and unfathomable peace and joy. It's also a gift that our world so desperately needs at this moment in time. Sadly, as with those unwanted gifts we receive and forget about or discard, too many of us respond in the same way to Jesus. We prefer to struggle on through life, navigating its struggles and heartaches in our own strength, rather than accepting the support and fulfilment that can be ours if we accept the love that is offered to us in Jesus.

So this year, as you give and receive presents, spare a thought for God's greatest and timeless gift to the world. Rather than pushing him to the back of our minds, perhaps now is the time to think about opening and enjoying that gift, and just maybe, we'll start to see a difference not just in our own lives, but in the lives of our friends, family, neighbours, community, and even the world. Now that's got to be a gift worth receiving hasn't it?

May we take this opportunity to wish you a greatly blessed  
and peace filled Christmas and New Year.

*For God loved the world so much that he gave his only Son, so that everyone who believes in him may not die but have eternal life.*

John Chapter 3, verse 16

Julie Swann

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## 2nd Bude (Jacobstow) Scout Group

Now the day light hours are shorter our meetings have moved into the hut, with the occasional evening still being outside. The Scouts will be completing a walk & have cycled the 'Granite Way' with st Launceston Scouts. Beavers are working towards their creative activity & my skills challenge badges. Cubs are busy earning their home help & local knowledge badges & Scouts are working towards their creative challenge & adventure badges.



On Sat 4th Oct, Wainhouse Pub kindly hosted an auction evening in aid of the Scouting group. It was a super fun evening with so many wonderful auction items. Sincere thanks to Wainhouse Pub for hosting, to everyone who kindly donated to the auction & to each & everyone who supported the evening. A grand total of £510 was raised, part of this money has already been spent on 2 new tents; we are looking to upgrade our camp cooking equipment so the remainder will be put towards this.



Over the weekend of 10th /11th /12th Oct, 8 Scouts took part in the annual 'winter camp'. 2-nights camping at Nine Ashes, Bodmin. A fully organized weekend full of adventure, activities, craft; not forgetting the silent disco. Beavers, Cubs & Scouts took part in the Remembrance Sunday parade at St Genny's Church, members proudly carrying the three sections' flags.

Christmas decorations will soon be adorning the hut ready for our annual Christmas fundraising evening on Mon 8th Dec at 6.30pm in the Scout hut. The evening will include refreshment's, raffle, games. Everyone is so very welcome to join us.

Beavers, Cubs & Scouts will complete this term with a Christmas party & we will look forward to welcoming our young members back in Jan of 2026. Thank you to everyone who has supported the Scouting group over the past 12 months. Merry Christmas & a Very Happy New Year, Jill

We welcome new members:

**Beavers** – from age 6-8 years, Wednesday 5.30 – 6.30pm. Contact Josie Shepherd 07855 001284

**Cubs** – 8-11 years, Monday 6.30-8pm. Contact Daphne Dowling 01288 352786

**Scouts** – 11-14 years, Tuesday 6.30-8pm. Contact

Robert Meldand 07842 084971 [robert.medland1988@gmail.com](mailto:robert.medland1988@gmail.com)





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## WINTER GARDENING & WILDLIFE

The mild autumn has meant we have seen many plants continuing to flower well into November with roses and geraniums still going strong. As the weather cools, we can start to plan for Spring, planting bulbs for some early colour. They need good drainage so for pots use bulb compost or add lots of horticultural grit to potting compost when planting – a layer of grit just below the bulbs helps to prevent rotting. Pots can be brought under cover or covered if the weather is very wet to stop the soil becoming waterlogged – or even washed away! If you find bulbs you've forgotten about or bought late bargain bulbs that are beginning to sprout, it is best to plant them and most will still flower even if planted late.

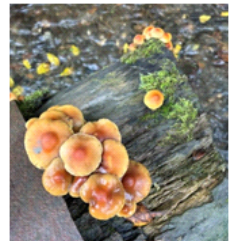
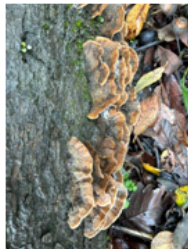


If you would like to enjoy Rhubarb from as early as February, try forcing a few of your crowns by placing a large bucket or pot over them in January. Cover in straw or compost and check after about 6 weeks to see if they are ready. These plants should not be forced again for at least 2 years so keep a record or photograph to identify them.

Leaves are an excellent soil improver once they have decomposed although this takes a while. If you don't have a separate heap or bin for them, they can help to aerate compost heaps and bins if added in small quantities mixed with other materials.

Leaves also provide great habitat for all sorts of wildlife over the winter so if you can, sweep them onto sheltered beds, under hedges and into corners and then tidy them up in the Spring. There are lots of berries in gardens and around the village which will help to support our garden birds over the winter along with the food on our bird tables and feeders.

There has been some unusual funghi to spot along the hedgerows recently, enjoying the wet conditions.



Wishing you a Happy New Year in the garden!



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Septembers are supposed to be a late summer month this far west. It started badly, with an unsettled first week, over an inch of rain being collected here at Canworthy Water and on the cool side. Matters didn't improve into the next week either, the 7th saw light showers early, and a thunderstorm was observed at extreme range of sensors to the southeast mid-morning. There wasn't any activity locally, but some torrential downpours were noted off the north coast towards midday. Monday the 8th saw cumulus build-ups from late morning onwards with light passing showers, it didn't do anything until late afternoon when thunder was heard to the north of here, and a thunderstorm was noted tracking north of Bude which intensified and persisted for quite a while into North Devon by early evening. Further thundery activity was observed to the southwest on the following day, and also on the 11th early but was an isolated affair. Yet another storm was noted in the early hours to the northwest on the 13th. There was rain of sorts on all days in the first sixteen, and 5.46" of rain had been collected here by the 16th.

It wasn't until the 22nd that we had anything like a dry spell, which then persisted generally until the end of the month. Temperatures struggled to get to 18°C on most days, and a total of 6.74", 171mm was collected here against my 10 year average of 4.4", 112mm. We do get the odd wet Septembers, in recent years 2017 and 2019 were.

October started with a tropical storm remnant named "Amy" by the Met Office. Usually early season ones tend to be spent affairs by the time they reach us, but this one didn't, and was expected 944 Fair Isle by midnight on the 4th and developed worse than forecast. As can often be the case, ex-tropical cyclones tend to draw high pressure up in their wake, it did this time, but the pressure rise was quite rapid, winding the west to northwest winds up to gale force even inland on the 4th. Gusts in the afternoon along with a couple of spiteful squalls reached 45 knots here bringing down a couple of trees which were still in full leaf. Thunder was heard late morning in heavy rain showers. The storm caused considerable damage and disruption north of the 56° parallel and into the Northern Continent.

Thereafter matters settled down considerably. High pressure drawn in by the pressure void left by "Amy" gave a long spell of quiet conditions starting on the 5th, this persisted until the 18th. The final weeks of October were more seasonable, with rain most days and a thunderstorm to close the month on the 31st. A total of 4.82", 122.5mm of rain was collected here, against my 10 year average of 5.27", 134mm.

## HIGH TIDES & SUNSETS - December 25 & January 26

| Date   | 6 Dec | 13 Dec | 20 Dec | 27 Dec | 3 Jan | 10 Jan | 17 Jan | 24 Jan | 31 Jan |
|--------|-------|--------|--------|--------|-------|--------|--------|--------|--------|
| AM     | 5:30  | 11:52  | 5:04   | 9:46   | 4:36  | 9:54   | 4:14   | 8:31   | 3:40   |
| PM     | 17:59 | ****   | 17:21  | 22:13  | 17:04 | 22:20  | 16:35  | 20:50  | 16:10  |
| Sunset | 16:17 | 16:17  | 16:19  | 16:24  | 16:29 | 16:38  | 16:48  | 17:00  | 17:11  |

NB - Tides are based on Newquay +25 minutes



### Jacobstow Neighbourhood Watch



#### Email Scams

Here are some common scams to be aware of:

Scammers can create fake websites that look official requesting you to provide personal or financial information. You might receive an email claiming to be from an organisation, like a bank, with a link to one of these fake websites. These are known as 'phishing emails'.

Some emails, known as 'spam' or 'junk', have a link or file attached for you to click on or open. Opening these links or downloading the files may be harmful to your device.

Emails may trick you into thinking you've won a lottery or prize.

Someone might email you pretending to be someone you know who has been stranded somewhere and needs money.

Emails may even come from an email address that you recognise, such as a friend or family member. This can happen when someone's account is 'hacked'. If you receive something and it seems suspicious or out of character, give the person a ring to see if they sent it.

A phishing email claiming to be from HM Revenue and Customs (HMRC) offering you a tax refund if you enter your details. The real HMRC would never email to give you a tax refund.

If you receive a suspicious email, don't reply with your details or open any links or documents. Delete the email straight away and report it as spam through your email provider. If the email claims to be from an organisation, phone them directly using the phone number found on their official website and ask them.

**Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there. [www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**



## December

**3, 4 & 8 Dec** Wreath making Workshop 6-8pm at the Falcon Hotel Tickets £45

**5-7 Dec** An Enchanted Castle Christmas - a weekend of festive activities, workshops, stalls, and entertainment for all the family at The Castle, Bude. Full details: [www.thecastlebude.co.uk](http://www.thecastlebude.co.uk) Tickets: £4 pp under 3s free (No dogs):

**Fri 5th Dec** – Castle Glow Evening 4.30pm–6pm Lights, music and festive displays in the Castle. Free ‘Willo the Wisp’ trail for children. Festive cakes & drinks at Café Limelight.

**Sat 6th Dec** 11am–4pm Stalls, face painting & children’s colouring, festive tree workshops. Entertainment includes a magic show, visit from Santa, with decorations for children to personalise.

**Sun 7th Dec** 11am–4pm Stalls, festive macramé workshop, live music

**12 Dec** Christmas at Ebbingford – Open air Carols, mulled wine & live music. Proceeds to Shelterbox & Bude Food Bank, Ebbingford Manor 6.30pm £5/£2

**13 Dec** Bude Metric Band at the Gildhouse, Poundstock 7.30-11pm.  
Mince pies & Pop-up Pub

**19 Dec** Christmas Concert Minstrels Music Centre, Canworthy Water 7.30pm  
Tickets £8 (under 16’s free) Proceeds to Macmillan Cancer Support

**19 Dec** Disco in Kernow Festive Boogie Night at The Falcon Hotel 8.30 to midnight.  
Tickets £8.50

**25 Dec** Christmas Day Swim at Crooklets Beach 1045-1200. Proceeds to Bude Surf Life Saving Club

**31 Dec** New Year’s Eve Party Disco in Kernow at the Falcon Hotel 8.30 to early hours of 2026 £10pp (over 18’s ony)

## January

**3 Jan** Robin Hood Pantomime at Launceston Town Hall 1pm & 5pm

**17 Jan** Mushroom Workshop at the Gildhouse, Poundstock 2-6pm

**22 Jan** Hamlet National Theatre Live at Launceston Town Hall 7pm

**29 Jan** Words-Work Open Mic – Quickfire Poetry & spoken word,  
12 performers, 5 minutes each at the House of Chaplin, Bude 8pm





## **LAST ROYAL MAIL CHRISTMAS POSTING DATES FOR UK**

Wed 17 Dec 2<sup>nd</sup> Class & 2<sup>nd</sup> Class signed for  
Fri 19 Dec Tracked 48, Parcel Force: express48  
Sat 20<sup>th</sup> Dec 1<sup>st</sup> Class & 1<sup>st</sup> Class signed for  
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## **WEEK ST MARY BONAVENTURES WI**



### **Don't throw it away if it can be repaired!**

This was the message from our speakers Miranda Clarke and Alan Smith from Bude Repair Cafe. Since opening in 2019, 33 sessions have been held, 554 items have been brought in by over 100 people with 372 items fully repaired. The items are triaged at Reception and referred to one of the 30

volunteer advisers who are keen to show how the repair is made to encourage self-help and to pass on their skills. Equally, they will advise if more specialist help is needed or if the item is irreparable. Customers can enjoy a free hot drink and cake while they wait and the Café also welcomes visitors without items for repair. The advisers often collaborate and share tools, there is no charge but customers are asked to pay for new parts and donations are welcomed. There are approximately 3,740 Cafes worldwide with over an estimated 67,000 items repaired each month. The Bude Repair Cafe is open on the last Saturday of the month from 10am to 1pm at Neetside Community Centre.



### **Who doesn't need a cup of coffee to get them going in the morning?**

Millie Gay, the Barista Trainer for The Cornico Coffee Company introduced us to this local, family-owned company formed by Andrew Tobin in 2009. "Cornico" is the Italian translation for Cornish coffee.

At Cornico the coffee is small batch roasted which ensures that the roast profile can be monitored and analysed to maintain a consistent sweetness, acidity and body during the process. The coffee is high quality 100% Arabica speciality coffee, sourced only when it is fresh and in season, so expect to see coffee offerings adapt and evolve with the time of year. The company is also very keen to limit the environmental impact of its business, buying from trusted green coffee importers ensuring that the small scale farmers receive a fair price and sustainable relationships. Additionally, all bags, linings, boxes, packaging and labelling are made from natural products such as hemp and cellulose which are bio-degradable and break down more rapidly than other materials. The company shop in Wadebridge offers tastings and a viewing gallery into the roastery. Visits can be arranged by appointment.



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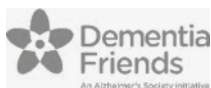


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## New year, new you? (Perhaps for 30% of us!)

Health and Wellbeing – Laura Crowder

New Year's Resolutions often focus on our health - 39% in 2024 (YouGov). The challenge is to stick to these goals and 67% of us don't keep all our resolutions. Reasons vary but many of my clients with good intentions either can't get started or start strong then lose momentum and give up. Here are some tips to try when setting health goals:



Our brains perceive change as a threat as new things require new neural pathways and use more energy so initial resistance is just part of the process. With regular practice, new behaviours become more automated and very energy-efficient for the brain!

Be clear about why you want to achieve your goal and when motivation is waning, visualise the processes and outcome to focus on your core 'why'? For example, if weight loss is the goal, see yourself taking regular physical activity, making dietary change and imagine yourself at a healthy end weight.

Make the resolution a habit and identify your triggers using an "If...Then...Because" sentence eg "If I feel stressed..Then I eat a donut/drink alcohol/ smoke or watch TV..Because it makes me feel relaxed/comforted". Replace your response with one that helps you to keep to your goals – that gives you the same 'Because' eg, eat healthy treats, go outdoors, meet friends, listen to music, try breathing exercises or meditation.



Coach yourself! Replace your inner critic - 'I knew I couldn't do it, I'm never going to be able to..' imagine your best friend saying this and respond as you would to encourage your friend.

View goal setting as an opportunity for growth, seeing slip ups as opportunities to grow. Reward successes along the way not just at the end.

Regularly reflect upon your progress as we benefit from our experiences by reflecting on them and taking action based upon our reflections.

View the goal setting process as flexible – it's fine to adapt/change your plans and your goals/outcomes if appropriate.

Remember your "why" and take full ownership of it, rather than feeling you 'should' do something. We are more likely to succeed if we are fully invested.

Use positive language as 'giving up' something, feels negative, replace it with 'I'm choosing to eat healthily and focusing on my health so that I can [insert your why]' is more empowering.

Enjoy it! Why not involve friends or family, join a class or a group online?

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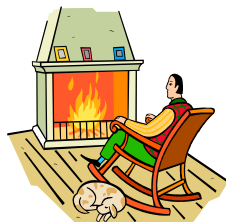


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# Bumper Christmas Quiz

Welcome to your "tea break" puzzle page. This edition's winner is Rachel Wren. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the Picture Quiz and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> January 2026. Thank you to Wainhouse Stores for sponsoring this page.



1. What now traditional festive job was first taken by James Edgar in 1890?
2. According to pagans, the fruit of which festive plant is supposed to represent a god's testicles?
3. The names of which two reindeer mean 'Thunder' and 'Lightning'?
4. What was the first thing that Scrooge purchased after his change of heart?
5. How long after the birth of Christ did the Three Wise Men arrive?
6. Who discovered Christmas Island in 1777?
7. Which song contains the lyric: "Glory shone around"?
8. Which carol mentions a 19th Century Duke of Bohemia?
9. According to legend, what special task did King Arthur perform one Christmas Day?
10. What did Dirty Den give Angie on Christmas Day, 1986?
11. In the familiar carol, what line follows "God rest ye merry Gentlemen"?
12. Who wrote the Bing Crosby hit White Christmas?
13. Which family is the centre of interest in Dicken's A Christmas Carol?
14. What line follows "Twas the night before Christmas, when all through the house"?
15. Which was the first ghost to visit Ebenezer Scrooge?
16. In which ocean is Christmas island?
17. In the familiar song The Twelve Days of Christmas, what is the gift on the fourth day?
18. What colour are the flowers of the Christmas cactus?
19. In which celebrated film does James Stewart attempt suicide one Christmas?
20. Which record was both a UK Christmas Number 1 in both 1975 and 1991?



Last editions answers :1. Tom Hardy 2. Anthony Hopkins 3. Benedict Cumberbatch 4. Gary Oldman 5. Tom Hiddleston 6. Idris Elba 7. Colin Firth 8. Ewan McGregor 9. Daniel Craig

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## Coffee Morning with Julie and Tony Newton

I would like to say a huge thank you to everyone for coming to our "Wear it Pink" event coffee and cake morning making it a huge success. I am supporting the "Breast Cancer Now" charity and through your incredible generosity we raised an amazing £302 on the morning (boxes officially opened, counted and verified with Ann & Steve Connelly). Many shades of pink were on display including all the men but I do feel that John's contribution wearing his neighbours pink bobble hat and scarf was real commitment!! Tony and I are so grateful for all your support and kindness throughout this last year, it was also an opportunity to say thank you. To bring everyone together and have such a wonderful morning filled with conversation, laughter and cake certainly emphasises and makes us



bakes brought in that were enjoyed by everyone. Thank you to all who contributed bakes and a special shout out to Kym from Kym's Cakes who not only donated some appropriate boob cakes but also collected £32 the previous day from the sale of cakes. As many of you know I have also been completing the 100 Miles Walk for October for the same charity and again I have been overwhelmed by the donations and generosity of friends and family. Sadly as many of you know we also had to say goodbye to Dogl, at 14 he had had a wonderful life and continually brought a smile to everyone's face. As October comes to an end we feel we are now ready to have a well earned rest and look forward with positivity and hope to 2026. Julie

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## David's Random Ramblings

I am sure, Dear Reader, that, like me, you will have fond memories of primary school and being taught the immutable rules of the English language so that our spelling, grammar and punctuation were always flawless. May I remind you that it's "i before e except after c"? That's a bit weird, isn't it? I suppose that I could ask my

neighbours, Keith and Sheila – or Neil and Deirdre - for their thoughts on that one. And we also have to make sure that we do not start a sentence with a conjunction while also remembering to never split an infinitive – even if we want to boldly go where no-one has gone before. Anyhow, regardless of the rules of English, with the arrival of non-stop Christmas adverts on our screens, we can be absolutely certain that the Festive Season will soon be upon us. Doesn't that seem crackers? Nadelik Lowen, Bledhen Nowydh Da to All.



# How to make a Christmas Wreath for the birds in your garden

As the days get colder and snow starts to fall, our garden and countryside birds can struggle to find enough food and fresh water naturally. Providing bird food and clean water in the garden is an important way to help our friends over winter. And it will also give you the chance to see these creatures up close and personal, including species, such as waxwings, that are only around in the winter months.



You will need: pine cones, pliable twigs, soft lard, mixing bowl, holly and other leaves, bird seed, breadcrumbs, grated cheese dried fruits or unsalted nuts.

## *Method*

1. Make a circle of twigs, twisting it together to form a circle.

2. Squish lard into a soft paste in a bowl. Put in bird seed, breadcrumbs or grated cheese.

3. Smear this mix over the pine cones and add dried fruit or nuts.

4. Attach the cones onto the ring with twisted wire, make sure all the ends of the wire are safely tucked away so they don't harm the birds.

5. Decorate with festive greenery and hang up in a tree in your garden where you can see the birds, but out of the way of cats and other predators.







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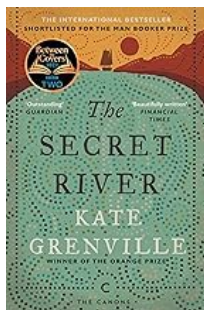


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## Book review



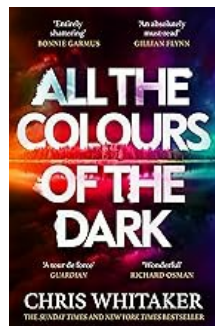
### **'The Secret River' by Kate Grenville**

London, in 1806, William Thornhill works as a waterman on the River Thames. He is married to Sal, his childhood sweetheart, but life is very tough, so to make ends meet, he becomes involved in theft, is caught and then sentenced to transportation for life to New South Wales. He and his young family try to scratch a living from some land by the Hawkesbury River, building a makeshift house and planting crops. However, he and others like him do not expect the indigenous population to behave as they do, threatening them, stealing crops and household articles and setting fire to the land.

As a reader you have divided sympathies for the Aboriginals, who regard the land as sacred, and the deported convicts who have been placed somewhere they do not understand and are simply trying to survive. It is a very interesting and sometimes a very emotional read about Australian colonial history.

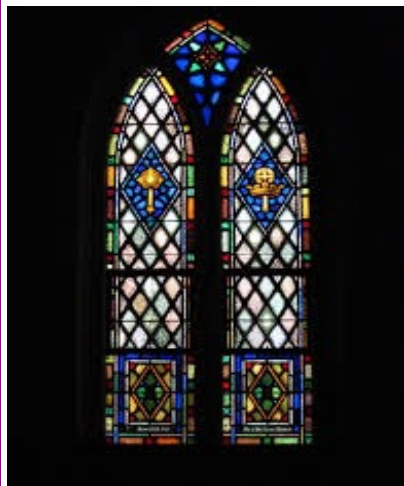
### **'All the Colours of the Dark' by Chris Whittaker**

A dark and gripping story about two childhood friends who live in the town of Monte Clare and their unending love for each other. Joseph Macauley, called Patch because of what he wears over his missing eye, at the age of thirteen, prevents the abduction of a local girl and is taken instead. His friend, Saint, dedicates herself to finding him. Meanwhile he is being kept in a darkened room, where the voice of a girl he calls Grace talks to him and gives him hope. However, when he is eventually rescued, there is no evidence to confirm that she actually exists. Patch, though badly traumatised devotes the rest of his life to finding her and any other girls, anywhere in the country, who have gone missing. Saint joins the police force and searches for the abductor. This is mostly a tragic story but with moments of humour, both original and very moving.



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## TREASURY MEETING / CORNWALL FUNDING UPDATE

After agreeing to the meeting during my question in the House, I met with the Chief Secretary to the Treasury alongside other Cornish MPs to demand clarity on what happens when the Shared Prosperity Fund ends in March.

We spoke about the real impact this funding has had across Cornwall, having supported countless local businesses like WATT Electric Vehicles, Bude **Cleaner Seas Group**, community projects, organisations, and much more.

Cornwall needs clarity, and long-term investment. We made the case that the return on spend in Cornwall is very strong, and I am pleased to say the Minister was in listening mode and understood what amazing potential Cornwall has.

I also raised the Family Farm Tax, urging officials to rethink the policy and instead adopt alternative proposals, such as those by CenTax and the NFU, which would actually raise more revenue but protect those family farms being put at risk.

I'll keep working hard cross-party to ensure our Duchy gets the funding it desperately needs and deserves at the Budget in just a few weeks.

**BEN MAGUIRE MP**

Working for **you** and for North Cornwall ❤️

**Over the last few weeks I have:**

- ✓ **SECURED EMERGENCY MEETING** with Treasury Ministers to urgently discuss the future of Cornwall's funding and our farmers.
- ✓ **Strongly opposed Digital ID** plans in the House, on behalf of constituents.
- ✓ **Demanded Cornish Fishermen** be involved in future 'Fishing and Coastal Growth Fund' decision making.
- ✓ **Held more phone surgeries** with constituents who can't access in-person surgery sessions.
- ✓ **Stood up for WASPI Women** in Parliament, demanding they get the compensation they rightly deserve.
- ✓ **Called for Cornish Museums** to be receive future arts funding streams.
- ✓ **Raised 'dodgy developer'** cases in Parliament, after home owners left high-and-dry by company bankruptcies.

Liberal Democrats

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## EVENTS - In Parish Hall unless otherwise stated

Arts & Crafts Club - Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details.

Monday Cubs 6.30-8.00 Scout Hut Brownies 6-7.30

Jive Club Parkhouse Centre, Bude

Tuesday Scouts 6.30-8.00 Scout Hut

Rainbows 5.45-7.00 Guides 7.00-8.45

Wed'day Beavers 5.30-6.30 Scout Hut

Sunday Coast Family Church 10.30

Last Monday monthly, 7.30 - Old Cornwall at Parkhouse Centre

1<sup>st</sup> Tuesday monthly: Parish Council meeting 7.30 2<sup>nd</sup>

Tuesday monthly: 7.30 WI Marhamchurch

3<sup>rd</sup> Tuesday monthly: 7.30 Juliotter Garden Club, Marshgate

1<sup>st</sup> Wed': Camelford Garden Club 2-4pm monthly Camelford Library 2<sup>nd</sup>

Thursday monthly: 7.15pm WI Week St Mary

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## Local Taxi services

Trev's Taxi - Bude 07799 663217

BosCars - Boscastle 07790 983911

Edd's Taxi - Bude 07486 868636

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## LOCAL BUSES

**Please Note** If you are unfamiliar with the buses

- check the times. If you want to walk one-way always catch a bus **FIRST!**

The **95** is the only regular bus along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

**Transport for Cornwall** - 08081962632 - [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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**220 - Launceston**, Tues;

**371 - Launceston**, Mon/Thurs;

**372 - Holsworthy**, Wed;

**373 - Bude**, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

**Travel Cornwall** - 01726 861108- [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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## Local Authority

Cornwall County Council 03001 234100  
Bude "One Stop Shop" and Library also ) 03001 234111  
Library Renewal Hotline )  
North Cornwall MP Ben Maguire 01208 640995  
Nicky Chopak (County Councillor) 07810302061  
Police Force Enquiry Centre 101  
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Barnstaple 01271 322577  
Bodmin, E Cornwall 01208 251300  
Launceston Hospital 01566 761001  
Launceston Minor Injuries 01566 761030  
Stratton Hospital 01288 320100  
Stratton Minor Injuries 01288 320101

## Doctors' Surgeries

Bottreaux Surgery, Boscastle 01840 250209  
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Medical Centre, Stratton 01288 352133  
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**SAMARITANS** 116123  
**Child Line** 0800 1111  
**Women's Refuge** 01872 225629

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Jacobstow Church, Mr Brian Marshall 01840 230526  
Art Group, Jeane Gimblett 07706927197  
Parish Hall Bookings, J Gimblett 07706927197  
Beavers, Josie Shepherd 07855001284  
Cub Groups, Mrs D Dowling 01288 352786  
Scouts, Robert Medland 07842084971  
Guides and Rainbows Mrs M Andrew 01840 230006  
Brownies - Jane Bailey 07816394966  
Wainhouse Post Office and Stores 01840 230554  
Jacobstow Walks, Mary 01840 230656  
Jubilee Club Diana - 01840261366 or Tina 01840 230182  
Juliotter Garden Club, Pat Thorne 01840 261237  
WI - Week St Mary, Roberta Jones 07788 548875  
Marhamchurch, Shirley Youldon 01288 354672