

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 10

February/March 2012



Cover by Rachel Wren

Editorial

"Oh, we must go and see this film" my cinema going friend enthused "its really funny!". So along we toddled and I sat and sat and didn't laugh once. The other day I was in the queue in Morrisons and overheard two ladies talking about the same film, "oh yes, that's a really funny film" I had to stop myself from turning round and letting them know that I didn't laugh once.

The question going through my mind is, "was it really funny and I am just getting old and grouchy?" a distinct possibility or, "Do they think it was funny because the Hollywood hype told them it was?". Do we really have to be told what is funny or can we be left alone to make our own minds up, in other words, be individuals.

I know that there are some things in life we do have to be of one mind about, mostly linked to the law of the land being civilised and generally being people that other people want to be around. Do we need someone to tell us what we need in our life? This could be material things that the advertising people try to tell us that we cannot live without, "Ok you have one of those, but this is the latest all singing, all dancing one and people will laugh at you (unlike the film mentioned earlier) when they see how behind the times you are". Or, it could be the way we live our lives, how many times are you left feeling like a country bumpkin just because of where we live, I can see the scorn dripping off cosmopolitan city folk as I write (what, no Starbucks!).

At the end of the day, when all is said and done, I think the saying of "plough your own furrow" is a good one. Sure, keep up with developments, whether technological, lifestyle or consumerism, but also, know when to say, "do you know what? I don't think this film is funny at all"

BTW the film was Bridesmaids in case you are wondering! LOL? NOT!

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The deadline for adverts, letters or articles for the April/May edition will be 23rd March 2012. Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

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Jacobstow Parish Council

<u>Chairman:</u>	Mr. Norman Osborne	01840-230592
<u>Parish Clerk:</u>	Mrs D. Turner	01566-781269

<u>Members:</u>	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
	Mrs Ilona Franklyn	Mr Jim Cory	Mrs. June Rose

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 17th January 2012

Mr Norman Osborne chaired the monthly meeting of the Parish Council with a full attendance of Councillors and two members of the Public.

Planning – Cornwall Council have approved Planning for Mr & Mrs Smith, Almar, Jacobstow, W.Sanders & Son, Wainhouse Corner, Mr Fitzroy Clark, Copperbeach, Jacobstow, Mrs Catherine Hicks, Plymwood, Week St. Mary, Mr & Mrs Ford, behind the Old Wainhouse Inn, Mrs Janet Throssell, Broompark, Week St. Mary and Mr Barry Sobey, Witheven Stables, Jacobstow, one small wind turbine. Planning refused for Mrs P Humphrey, Homeleigh, Jacobstow purely on design grounds. Appeal approved for Mr & Mrs P Heneghan, Little Beckaveans, Jacobstow.

HM The Queen's Diamond Jubilee Celebrations – Plans for the Jubilee Celebrations being made by Mrs. C Smith and Mrs. I Franklyn. Suggestions made were Church Service, Cream Tea, Bonfire etc. Clerk to Register the lighting of the Bonfire as one of the 2012 being lit across the Country. Mr Osborne to contact Mr Bridger regarding using his field for the bonfire.

Greenworks – Parish Paths – It was agreed to pay the account for the footpaths work being £325. Prop. Mr Reason, Sec. Mr. Adey.

Bus Stop Signs – Letter received from Jacobstow School regarding some of the bus stops on dangerous junctions/bends where children get on and off. The school would be willing to design some "School Bus Stop Signs" and they are wondering if the Parish Council has any funding for this. Clerk to write to Cornwall Council Highways on this matter.

Bridge Repair/Drainage – Write to Cornwall Council, Highways Dept. thanking them for the prompt repair to the bridge at Jolliffs Cottage/The Rectory Site after being damaged by a van or lorry. Councillors are wondering if they could fill the new 1.4 metre gap which remains after heavy rains have washed away brushwood and overgrowth make it very exposed. The drainage problem has been looked at by Cornwall Council and is in hand, this will be done in the school holiday.

Affordable Housing – Mr Reason spoke on a recent meeting he had attended and literature was passed around to Councillors to read. This to be discussed next month.

JACOBSTOW SCOUT NEWS.

Cub Section.



In May, we had a wonderful week end camp at Woodlands Theme Park in south Devon, which allowed us plenty of time to enjoy all the rides.

In July, nine brave Cubs took up the challenge to take part in the Figure of Eight Hike. We walked eight miles along the South Coastal Footpath, camped the night at St.Minver, and completed eight more miles the next day. Our Cubs are very fit and used to walking on rough ground. It is not a competition, but I am so proud of them when we come in at the front.

To end off the Summer Term, we had a short camp at Pat and Pete Moyers' farm at Dizzard. The Sixers, (oldest Cubs) organised games, ran the camp fire and helped with the cooking. We all had great fun.

In the Autumn, we joined hundreds of Cubs at the Cornish Creaky. They enjoyed all the rides and activities. I enjoyed watching.

On the last Saturday in November, our group took part in another hike. The Beavers walked along the canal to Hele Bridge and back to Bude. The Cubs continued on across the cliffs to Widemouth Bay and returned along the canal. The Scouts headed off to Stanbury mouth, completing a twelve mile circuit. We are tough!

Beaver Section.

This section is up to full strength again, now led by Julie Carlross. They have been out and about, to Pets at Home at Launceston to cuddle the rabbits and reptiles, to play on Warbstow Bury and off Ten Pin Bowling at Trethorne. They have also been having fun working for badges at the Scout Hut.

Scout Section.

Tramp Camp by Tom Sobey.

In July at Treyeo Farm, (the Pollard's Farm) we all enjoyed a few days away from our families at a 'tramp camp'. We made our own shelters from rope, branches and tarpaulin. We then collected dry wood for the fire, and later had a nice lunch of sandwiches, crisps and a chocolate bar. After that we played some games which we had to make up, using bats, balls and anything we could find. We had a tug of war and played Hide and Seek whilst we waited for it to get dark. Finally, when we could see the stars, we lit the camp fire. We sang lots of songs, drank a mug of hot chocolate and toasted marshmallows.

We woke up in the morning, relieved to find that it had not rained. But it wouldn't be fair for us to be completely comfortable, so our shelters had collapsed on top of us! We made our own breakfast, then we were taken away from the fun to our own homes, where we proceeded to fall asleep as soon as we could—we were exhausted!



JACOBSTOW SCOUT NEWS Cont

Winter Camp 2011 by Amber Sobey.

In October, we, the Scouts, went on our annual Winter Camp. Whilst we were there we took part in some exciting activities. Some of the best events included Zorbing, Lazer Tag and getting quite cold! When we got there we put up the tents in the dark under the starlight. Putting up tents quickly, is an incredibly useful skill which we have learnt throughout our time at Scouts. Before tucking up into our cosy sleeping bags, we made hot dogs and drank hot chocolate. They were extremely tasty!

The next morning, we woke up bright and early to a delicious smell of eggy bread. After filling our tummies we departed to our separate activities, where we built towers(crate stacking),ran in a giant hamster wheel (zorbing), made a look out tower (pioneering), transporting water (problem solving), shooting our new friends (lazer tag) and had a good old chat with overseas Scouts (Jamboree on the Internet.)

After a jam-packed day, we all crowded around the camp fire and sang our hearts out. As sensible Scouts, we then decided to go to bed and as our heads touched the pillow we were all snoring.

The last day, we finished off the activities and packed away all our belongings and tents. As soon as our parents arrived, we rushed home for a nice bubble bath and a snooze.

If you like the sound of this, come to the Scout Hut, behind the pub at Wainhouse, on Tuesdays between 6.30 and 8.00 pm. to enjoy the company of our Scout Troop, or ring Akela on 01288 352786

POUNDSTOCK PARISH LENT LUNCHESES

In aid of Stratton Hospital League of Friends

Bangors Methodist Hall, Poundstock,

Every Monday 12 - 2

February 27th, March 5th, 12th, 19th & 26th April 2nd

There is no fixed charge for your meal, please just give as much as you can in a contribution to help our much valued local hospital

Everyone is welcome

Please phone Jen Spettigue on 01288 361525 for any further information

CHURCH AND CHAPEL NEWS

The Carol Service at **Jacobstow Church** was a great success despite the Rev. Canon Dickenson's late arrival! Members of local organisations read the lessons, music provided by the St Gennys band and the three little Osborne sisters sang "Away In A Manger" much appreciated by the congregation. The font was filled with coins, collected over several weeks by the Parishioners for the Church Roof Fund, raising £312. The service was followed by an excellent buffet supper in the Parish Hall. The Appeal Fund for the Church roof has raised approx £19,000 from contributions and grants so far and still has a long way to reach its target. Keep collecting the coins please

The next event is a "PASTY AND PUDDING LUNCH" on Monday March 5th, St. Pirrans's day, at 12.30 in the Parish Hall in aid of Church Funds.

The annual childrens' Xmas party was held at **Dimma Chapel** in December. The party was enjoyed by about a dozen children and just as many adults!

SHROVE TUESDAY

SOME QUITE INTERESTING FACTS ABOUT PANCAKES

The tradition of eating pancakes on Shrove Tuesday is nearly 1000 years old.

The first recorded pancake race was in Olney, Buckinghamshire in 1445.

The largest number of pancakes tossed in the shortest amount of time in the UK is 349 tosses in 2 minutes (Dean Gould at Felixstowe, Suffolk, 14 January 1995).

The longest race in the quickest time was held in Melbourne, Australia. Jan Stickland covered 384m in 59.5 seconds on 19 February 1985.

The largest pancake ever made and flipped measured 15.01m wide, 2.5cm deep and weighed 3 tonnes (Rochdale, Greater Manchester, August 1994).

It is customary in France to touch the handle of the frying pan and make a wish while the pancake is turned, holding a coin in one hand.

Maple Syrup was originally a sweet drink, discovered by the Algonquin Indians who collected sap from Canadian sugar maple trees and then boiled it to produce 1 litre of pure Maple Syrup from 40 litres of sap.

Times of Church Services



<u>Feb</u>	5th	Evensong	6.30pm
	12th	Morning Prayer	9.30am
	19th	Benifice Service	
		at Week St Mary	6.30pm
	26th	Holly Communion	9.30pm

<u>March</u>	4th	Evensong	6.30pm
	11th	Morning Prayer	9.30am
	18th	Benifice Service	T B A
	25th	Holly Communion	9.30pm



All Services on Sunday

11 am

<u>Feb</u>	5th	Morning Service	11.00am
	12th	Morning Service	11.00am
	19th	Morning Service	9.30am
	26th	Morning Service	9.30am
<u>March</u>	4th	Morning Service	9.30am
	11th	Morning Service	9.30am
	18th	Morning Service	9.30am
	25th	Morning Service	11.00am



Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

CHURCH 100 LOTTERY RESULTS

December

- 1st Mrs D Rudd
- 2nd Mrs J Onions
- 3rd Mr R Reason

January Lottery will not be drawn
until the beginning of February

JACOBSTOW COMMUNITY SCHOOL & PRESCHOOL



Plymouth Pantomime 2012

The children at Jacobstow Community Primary School and Preschool had a great afternoon on January 6th when they made their annual trip to Plymouth to see this year's pantomime Cinderella. The children were agog to see the very ugly sisters in their outrageous costumes, the very decadent Dandini played by Julian Clarey, the very silly Keith Harris with Orville the duck and of course the beautiful Cinders and her very handsome Prince Charming. It was a very traditional pantomime, 'oh no it wasn't!', 'Oh yes it was!' And thoroughly enjoyed by all.

What better way could there be to start our new year with some live theatre. Many thanks to the Friends of Jacobstow Primary School and Preschool for their £400 contribution and to the parents for their support of this fun time in Plymouth to see this year's pantomime, Cinderella.

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

LETTERS PAGE

Anything you want everyone to know about? - drop us a line, by email, post or phone our contact details are inside the front cover

Dear Editor

Once again the Journal Team are to be congratulated on another excellent journal. It is the ideal way to keep residents of the Parish up to date with events & news etc.

I was recently talking to a "Postie" who was collecting the mail from the posting box by the Church, he told me that unless we use the local boxes, for example that one and the one at Kents we are in danger of loosing them. Mark, our own "Postie" also told me the same thing some time ago. Therefore the "Use it or loose it" in relation to our Post Office at Wainhouse Corner also applies to our posting boxes.

I'm sure all of you will have read about, or seen on TV, the terrible house fire near Lifton, just before Christmas, in which a 3 year old girl died, due to smoke inhalation, this family are friends of ours and needless to say their grief is beyond imagination. It appears there was no smoke detector in the property. The outcome may well have been very different if there had been one. It is not only very important to have one or more installed, test them on a regular basis, and to renew the batteries as soon as it gives the warning "beep". Don't forget, the expression "It won't happen to me" can and does happen all the time. Best wishes to the team. *Frankie*

Dear Editor,

I am trying to put together a Jacobstow Recipe book so I need some receipes. Anything like soups, jams pickles stews, bread anything at all. Also, I thought that I could include recipes for other things like cosmetics and household things, gardening and household tips might be an idea too. I would like to get it ready for late spring. If anyone has anything for inclusion could you let me have it direct or maybe via the Journal or the church.

Many thanks Ruth Fox

My name is Nick Jessop and I am the Bude Rural Neighbourhood Beat Manager.



Contact me at Bude police station on 01288 357502, email us at bude@devonandcornwall.pnn.police.uk (Bude Police) or www.devon-cornwall.police.uk. Please remember however that these are not monitored 24hrs a day and should only be used for non-urgent enquiries. In other instances continue to use the force enquiry centre on 08452 777444 or dial 999 in an emergency.



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County Councillor Report by Cllr Phil Tucker

All they do is empty our bins!

I have heard this mentioned to me in the past so thought that I would do a “what have the Romans ever done for us” as we are approaching a new Council Tax year . I thought that I would run through just some of the work done by Cornwall Council. I am pretty vocal about wasted money in the council and remind officers regularly that it is vital to keep costs down because there are members of our community who find the council tax bill a ‘last straw’ in their ever rising costs. But to be fair to the council they do achieve a great deal of good work. I have excluded schools when talking about costs. Money for education comes straight from Westminster and is ringfenced.

Child Services.

The predominant role of the council is to ensure children are kept safe. Most of us raise our children with the welfare of our children paramount in our minds.

Unfortunately there are some people who don’t see this as their role and equally there are some who would intend harm. There are children and parents who simply need support. This service is roughly 25% of the cost of our council. At a guess this 25% is spent on much less than 3% of the population and while the 97% would see little (if any) of this service most would understand it is a service which intends to maximise a Childs life chances. Within this budget there would be Children Homes & Children Centres, Social Workers, Special Education Needs, Speech Therapists, Adoption Service, Fostering Service, Educational Physiologists, Disabilities and inclusion depts., to name but a few. There is a raft of services provided to help, protect, include and support children. Most of us never use any of them but when we do need them they are there 24 hours a day. Councils actually succeed in these areas extremely well especially considering that those who wish to harm children are very devious and calculating. We hear when a mistake is made but not all the successes which happen every day.

Adult Care

Although adult care starts for those over 18 we are all living longer and it is the aging population that particularly puts pressure on this budget. Adult care is also a very costly department in the council which very few necessarily get to use to any extent. Again about 25% of all the costs of the council are spent in this area. Adults are actually more vulnerable to miscare than children and one of the primary roles of the team is safeguarding the vulnerable. Though obviously not exclusive the danger to vulnerable adults tends to come from members of the family and again the team have to deal with very devious people. A higher percentage of the population will use the services of Adult Care but the percentage would still be relatively low compared to the number of Council Tax payers. We have acute care people who are tended 24 hours a day and 365 days a year at costs certainly exceeding £300,000 per year each. Teams include, Home carers, discharge (from hospital) teams, Care Homes, Residential Homes, Trauma Teams (stroke for instance), Physical Disabilities, Mental Disabilities, Sensory Loss, Acute Care, Therapy Teams, Respite Services, the list goes on.

In the two headings above I have shown where 50% of the costs of the Council are spent. It is pretty sobering that over two hundred million pounds (£200,000,000) is spent on those two areas. I hope you will keep reading next month when I explain what is spent on our communities roads and highway safety, I think you will be genuinely surprised.

Phil Tucker 01288 341617 philip.tucker@homecall.co.uk

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Bob's Gardening Spot



Your garden is beginning to wake up, so be ready to start it growing. Do this by getting the ground dug, fed and composted as required by the various crops you are going to grow. Put clear polythene over any beds you want ready early for potatoes, peas, carrots etc.

Gooseberry bushes should be pruned to open up the centre. Any peach, nectarine or apricots growing outside should be covered with fleece if frost is forecast. In the greenhouse fuchsias and pelargoniums can now be repotted into bigger pots once they are showing signs of re-growing sweet peas can now be sown in the green house or on a window sill. I sow mine in root trainers and keep pinching out the growing tips to make them bush out. Now is the ideal time to plant any shrubs you intend to grow, Dogwoods and Willows are pruned now to get bright new wood for the summer.

You should be studying the seed packets and deciding which annuals you want for the summer. Lawns should be well raked, cut and given a spring feed. Early potatoes need about 2-3 weeks of chitting before planting. I usually grow about 10 tubers of tatoes in tatie bags in the greenhouse. Onion sets need to be planted by using a trowel so that the bulbs are just below the surface, stopping birds pulling them out, shallots are the same

HAPPY SPRING GARDENING - BOB

Out of Hours Health Service by Mike Quance

On January 14th a meeting was held at the Parkhouse Centre to discuss the loss of the out of hours GP service at Stratton and its consequent relocation (since 1st December 2011) to Launceston. The amount of people attending the meeting was a very effective demonstration of how important the subject was. The meeting commenced with an introduction by Mr Bill Kneebone (who was very effective as an independent chairman) and then by representatives from the Stratton Hospital League of Friends, the Primary Care Trust (PCT) and Serco who operate the contract on behalf of the PCT. It became clear from the beginning that there were going to be more questions than there were effective answers as one of the most common replies (from both Serco and PCT representatives was "I've only been in this position for four months and don't know the answer to that.") In fairness to Serco, their representative took copious notes and promised to investigate each and every question – unfortunately the same did not appear to true for PCT. It appears that the contract with Serco is such that they have 10 cars (and drivers to transport the doctors) to cover the whole of Cornwall the majority located in West Cornwall and (as usual) we were very isolated up here in North Cornwall. (NOTE. It was stressed throughout the meeting that this does not have any effect on the use of the normal 999 Emergency Service).

News Flash - Latest Update

As a result of the meeting Serco and the PCT have reversed their decision and a car will again be based at Stratton Hospital

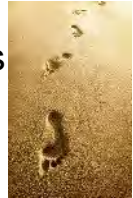
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PIGEON FANCIERS



It was 1975 when Eileen and Jan took on Paddy Derricott pigeons on his retirement. That was fine but now a pigeon loft was needed, as the pigsty available was too low and all the paraphernalia which is needed for racing pigeons needed to be acquired. They joined the Fox and Grapes Club at Lifton and later joined the Launceston Club. Within a year they had won their first prize with a young pigeon rushing home from Honiton 60 miles away. Now well and truly hooked, they had pigeons flying home to Canworthy Water from France, Germany as well as around the UK.

For one event 12 birds were released at Honiton but only 11 arrived home. The funny thing was, he returned home 2 years later to the hour with that years racers. Good ole Tonto! Another event a bird travelled from Pau, Southern France (553 miles) in 24 hours 10 minutes, which bearing in mind that pigeons don't usually fly at night is a fair speedy bird.

Getting the birds into the loft was not always easy - they would return home and land on the phone lines and not "come in" until a strategic stone was lobbed in their direction!

Eileen and Jan were very competitive, even between themselves, so when Jan's bird arrived first and was clocked in seconds before Eileen's he was miffed to receive 2nd prize. His clock had been running fast and allowances had to be made! The highlight of Eileen's career was when she won the West of England championship but so disappointed when the title didn't come with a cup, so Jan gave her one with "Champ" engraved on it!

One week 22 birds were released and 22 safely arrived home the next time 22 birds were released and none were ever seen again.

Jan has judged and shown his birds. One year at The Blackpool Show he won a 6th prize another year he had to judge a class of 120 odd birds.

Jan liked to encourage his birds with an occasional peanut. One would perch on his hat and peck at the pompom while Jan sat on the steps of his loft. The birds would hear the car start up and approach the loft and would flock down as he arrived to sort them out. Just like people some were characters some where not.



They loved their birds but sadly they gave up their pigeons in 2009 mainly because peregrines were decimating their stock. They had to breed twice as many to keep up with the losses. Eileen felt for the birds which tried their best. After watching one release of many thousands of birds, the sky all around became filled with peregrines and other hunters. Also costs where increasing all the time from feed to fuel for transporter vans.

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THE OLD WAINHOUSE INN VALENTINES MENU

STARTERS

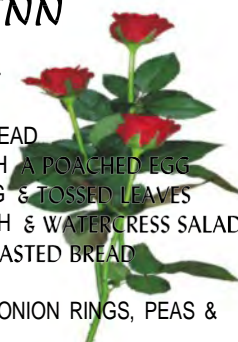
(V)SOUP OF THE DAY WITH HOMEMADE BREAD
(V)GARLIC & HERB MUSHROOMS ON TOASTED BREAD WITH A POACHED EGG
ROAST WOOD PIGEON, SMOKED BACON, BLACK PUDDING & TOSSED LEAVES
OAK SMOKED SALMON, WARM NEW POTATOES, HORSERADDISH & WATERCRESS SALAD
HAM HOCK & GOOSE LIVER TERRINE, CHUTNEY & TOASTED BREAD

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ONION & CRISPY SMOKED BACON
MONKFISH STEW WITH FRESH TAGLIATELLI PASTA
(V)TAGLIATELLI PASTA, MUSHROOM RAGOUT, SPINACH & PARMESAN
BEER BATTERED HADDOCK, HOMEMADE CHIPS, PEAS & TARTARE SAUCE
HOMEMADE CHEESEBURGER, CHIPS & SALAD

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition from Charmaine Smith was pulled from the hat, she wins a £20 voucher for Wainhouse stores. Thank you to Mrs Vera Davies and Wainhouse stores for sponsoring the puzzle page. Please return your completed entries to Sarah Smith, Almar or via Wainhouse Stores by 23rd March 2012

P	A	T	I	E	N	C	E	Q	N	G
L	R	F	L	O	W	E	R	S	E	A
A	F	E	A	T	U	R	E	S	E	R
N	A	S	P	R	I	N	G	T	R	D
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O	C	P	L	A	N	T	I	N	G	N

WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

COSMOS	FEATURES
FLOWERS	GARDENING
GLASS	GRASS
GREEN	HOSTA
KALE	ONION
ORCHIDS	PATIENCE
PLANTING	PLANTSMAN
PLOT	PREPARATION
ROSA	ROW
SHOWERS	SNOWDROP
SOWING	SPRING

PHOBIAS

What are the following phobias ?

1. Ephebiphobia
2. Iatrophobia
3. Vestiophobia
4. Sophophobia
5. Galepphobia
6. Podophobia

NAME THE CAR LOGOS?



Last edition answers

Word search missing word
TURKEY

Quiz: December 26th, Boughs of holly, The holly & the ivy, We three Kings, Oh little town of Bethlehem, 3, Away in a manger, The Herald angels, Ding dong merrily on high, Silent night

80's presents = Rubiks cube, Buckaroo, connect 4, space hopper, operation, Gremlin, Pac-man, Slinky

Name.....Tel.....



Carol Service

JACOBSTOW



Christmas Dinner





Twelve Days of Christmas

CHRIST S



FEBRUARY - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4 Wine & Wisdom 7.30pm Book with Janet Cory 230329
5 Coast Family church 11.00am	6	7 Brownies 5.00	8 Coffee Morning 10.30 - noon 	9 W I 7.30	10	11
12 Coast Family church 11.00am	13 Arts & crafts 2.00 - 4.00 school half term	14 Valentines day	15	16	17	18
19 Coast Family church 11.00am	20	21 Brownies 5.00 Parish council 7.30 Shrove Tuesday	22 Coffee Morning 10.30 - noon 	23	24	25
26 Coast Family church 11.00am	27 Arts & Crafts 2.00 - 4.00	28 Brownies 5.00	29			

NOTE. Activities are in Parish Hall unless stated otherwise.

MARCH - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 St Davids Day	2	3
4 Coast Family Church 11.00am	5 St Pirans day lunch booking essential details Pat Lane 230743	6 Brownies 5.00	7 Coffee Morning 10.30 - noon	8 W I 7.30pm	9	10
11 Coast Family Church 11.00am	12 Arts & Crafts 2.00 - 4.00pm	13 Brownies 5.00	14	15	16	17 St Patricks Day
18 MOTHERING SUNDAY Coast Family Church	19	20 Brownies 5.00 Parish Council 7.30pm	21 Coffee Morning 10.30 - noon	22	23	24
25 BRITISH SUMMER TIME BEGINS Coast Family Church	26 Arts & Crafts 2.00 - 4.00pm	27 Brownies 5.00 APCM 7.00pm	28	29	30	31

NOTE. Events in Parish Hall unless stated.

Guides 5 - 8pm** means Rainbows & Brownies 5 - 6pm, Guides 6.30 - 8 pm

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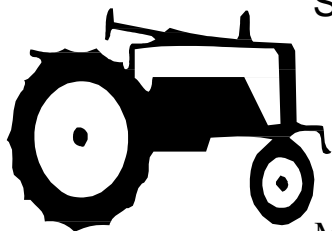
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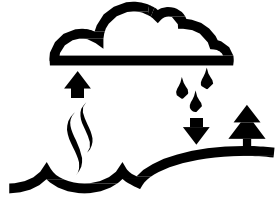
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WEATHERWISE by "Monitor"

A look back at 2011 - notable for less than average rainfall, being 34.87" in total collected by the river here at Canworthy Water, this was a little more than 2010 (33") and a function of prolonged cold and very dry winters. The year ending 2009 recorded 46.63", more typical of what we would expect locally.

In fact, despite the damp and often overcast summer days of 2011, only 26" of rain had been collected up to the end of October (which was actually a better month for warm conditions than June/July) but November was very wet, 8.7" in



total. As I write in early January, over 1.5" has been collected already, with a storm inland on the 3rd giving just over half of this. No doubt a lot more than this fell on the windward-facing hills locally - the river has been quite high for some days now.

Far away in the western tropical Atlantic, 2011 produced 19 named storms, of which only Irene and Katia really caused significant damage, and were 2 of the 7 storms to reach hurricane status. Katia remained a powerful hurricane well into the Northern Atlantic, and was one of the very few occasions that the National Hurricane Atlantic Centre considered it necessary to issue a warning to the U.K.



The Coast Family Church

We meet on Sunday mornings

at 11.00am

Come and join us in the
JACOBSTOW PARISH HALL

Non Denominational

COMMUNITY SPIRIT

The day the Blitz mentality came to Canworthy Water.

We'd all been told that there would be (a) power cuts and (b) flickery lights on 30 November the day of The Strike.

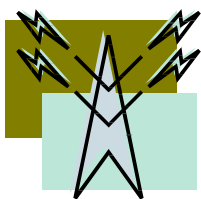
The electric went off at 8am ish per our letter but at 8.10 someone allegedly connected the temporary generator incorrectly and half the village had fried electrical appliances - lights, sockets, phones, TVs, videos, computers etc.!



At the Mobile Library Coffee Morning tales were told of smoking appliances and flying plugs. I felt sorry for one child who was at home because the school was closed, as of course there was no TV.

By 4.30, it was getting dark, so candles, oil lamps and gas appliances were unearthed from storage and soon houses were glowing with specs of life.

"Soon" we were told "Shortly" we were assured; the electricity would be back on. Eventually after having all fuses, electric cables and appliances checked, my electricity was restored at 9.30pm and we were in 2011 again. Others were not so lucky as the electricians were still working at 2am.



Western Power were helpful and kept us all well informed. The Loss Adjuster was efficient and had new appliances delivered in double quick time, with most repairs being sorted. They did nit pick about a few small items but on the whole everything went fairly smoothly

Sue

Snippets from the Jacobstow Parish Minute Book.....

Sept 28th 1975....."Mr. A Ward had received complaints from Mrs Kimberley in which she said that County Roadmen had encroached on her property when clearing gutters by her hedge. She has since placed large spar stones in the road causing damage to road users .It was suggested that a letter be sent to the District Surveyor, who she had also approached, saying that the Council consider her out of order doing this and that she be asked to remove the stones ."!!!!!!

Feb 10th 1976....."It was unanimously agreed that a letter be sent to the District Surveyor drawing his attention to some of the dangerous bends in the Parish, namely at East Langdon and two at Kents ."

Jacobstow & Canworthy W.I.

Mr. & Mrs Jones have researched their Family history and gave a very interesting detailed account of their findings to the **Jacobstow** members at the January meeting and useful hints how members could trace their own ancestors. Much to her surprise Mrs Liz Jones traced a gypsy ancestor who was convicted for stealing. Mr. Jones was descended from a mining family in Wales. The competition prize for “A family object and its history” was won by Mrs P. Moore .

It was party time for the December meeting organised by Mrs. J Cowling and Mrs Jen Spettigue much enjoyed by members. The meeting on Thurs. 9th Feb. is entitled “ Medical Mishaps”!!!!

Canworthy Water members held their last meeting on Wednesday 18th January announcing with regret that the decision had been taken to close. Member numbers had dwindled so it was not financially viable to continue. The speaker at the last meeting gave a very entertaining talk “The Cornish Air Ambulance”. Cornwall was the first county to have an air ambulance in 1973 and the idea has been taken up by 26 others. It is entirely funded by the Charity, the NHS only pays the salaries of the six paramedics and some of the medical units in the helicopter. Two pilots are employed and it costs £1.7million each year for this much needed and excellent service , the biggest cost is fuel as it costs £600 per hour when the helicopter is in operation.

Members will still meet occasionally as friends but the comradeship of the W.I. will be sorely missed.

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president, Mrs Pat Lane 01840230743

A little laughter!

A lonely man goes to the pet shop to buy a pet to keep him company. After much discussion with the owner he decides on a pet Centipede and immediately names him Carl. He brought Carl a little white box for a house and took him home. Later that day he decides to go down the pub, goes to Carl's little box and shouts out to him “do you want to come down the pub, Carl?”, no reply, so he asks him again “Carl, coming down the pub?” still no reply, he opens the box and says “Carl are you coming or not?”. “No need to shout” says Carl “I heard you the first time, I am just putting my shoes on!”

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TRAFFIC CALMING UPDATE

When the parish 'Plan Survey' was collected in 2009 a fair percentage of parishioners were concerned about the safety at the Wainhouse Corner on the A39 and the speed of traffic through Jacobstow Village.

Since then the Parish Council has been in contact with the Highways Department of 'One Cornwall' with requests to try and solve your concerns. The results to date are:

1. A39 SAFETY

'Vehicular Activated Signs' are now in place at both ends of Wainhouse. 'Speed Watch' has been on site since their installation and found reduction in speed very satisfactory. (However, there will always be one or two drivers who consider that they know best and drive according to conditions not speed limits)

2. JACOBSTOW VILLAGE THROUGH TRAFFIC

Very little can be done about varying speed limits because of Highway Regulations. Various slow road markings have been implemented. The Parish Council have now purchased and had installed by 'One Cornwall' new village signs to politely encourage visiting and local traffic to 'please drive carefully' through the village .

The Parish Council feel that it has done all that is possible to achieve traffic calming at this time.



Neighbourhood Watch

If you are leaving your property for a few days remember it is advisable to securely lock up the property and out buildings, leave a key with a reliable neighbour or friend who can regularly access the property, remove any post, etc and has your contact details in case of emergency.

Bogus Callers

*Please be aware of 'bogus callers.' **BE CAUTIOUS AT ALL TIMES!!!***

Wendy Hodgson

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1st EDEN

BRIGADE NEWS



1st Eden Brigade News!

The children and young people of the 1st Eden Brigade rounded off the Autumn Term with three very successful events which were enjoyed by all. Firstly, the Christmas Presentation was held on December 9th 2011. All the children and young people took part watched by proud parents and friends. The Anchor Section displayed cards they had made on the theme of Creation, the Junior and Company Sections both performed sketches based on the Christmas story, but from a thought-provoking, modern viewpoint. There was also a display of marching, and songs from our musical groups the Lights and the Little Lights. The next event was the Christmas Party, involved all three sections of Brigade, and included a sit-down Christmas tea and a lot of party games!

Finally, the officers and some of the children and young people had a wonderful evening Carol Singing around Jacobstow, travelling around in the minibus. Their singing was very much appreciated by many of the residents, some of whom said they had not been visited by carol singers for many years. A generous £30 was collected for The Children's Society.

The officers have worked hard to put together an exciting programme for the Spring Term. The Junior Section will learn about world flags, the solar system and the map of Britain; crafts and practical skills will include cooking, making a spring goodie-bag and an Easter egg tree; talks have been planned from the Police and from the West Country Rivers Trust. From this programme, the children will gain an understanding of many subjects; cosmic dimensions, international and moral awareness, care for the environment, and how we can make society a better and safer place. They will also study for the West of England scripture exam. But it's not all hard work! Every meeting includes at least one game, for example dodgeball, uni-hock, treasure or jail, or a fishing game. The Anchor Sections will be covering similar topics and activities but in different ways, because everything is carefully planned to be age-related. The Company Section's programme for the coming term includes car maintenance, making a boomerang, origami, and study for the scripture exam. Sports and games for this section will include indoor football and volleyball. This section is working for the Skills and Discover Badges. The car maintenance will give these young people a basic knowledge of the workings of a car engine.

As the term progresses, the children and young people will start to prepare for the forthcoming Cornwall Battalion Sports Days. Open to every Brigade company in the county, these days are not only important for team-building and team spirit, they are also great fun! The Junior Sports Day is to be held in Warbstow Hall in April, and the Company Day in Camborne on June. There will be more information about these events in our next report.

1st Eden Brigade meets every Thursday at Eden, Headdon Cross, Jacobstow, from 6.15pm to 7.45pm, and is for boys and girls aged from 5 – 18 years. Come and join us for a great time of fun and learning. For more details call 01566 781346.

PASTY AND PUDDING LUNCH

ST.PIRRINS DAY

In aid of Jacobstow Church

MONDAY MARCH 5TH 12.30p.m.

At Jacobstow Parish Hall

Tickets obtainable from:-

Pat Lane 01840 230743 & Ray Fox 01840 230153



Stratton Hospital League of Friends

Work is now well underway on the modernisation of Stratton hospital (believed to be one of the oldest cottage hospitals in the country). The Cornwall & Isles of Scilly Primary Care Trust (The PCT) agreed to update facilities, but Stratton Hospital League of Friends (SHLOF) was particularly keen to incorporate some palliative care rooms in the modernisation. The PCT agreed, providing that the League of Friends could contribute towards the additional rebuild. The total cost of the full project was in the region of £3m, and SHLOF set up an appeal to try and raise £1m which would help cover the new palliative care suites, provide additional fittings and furnishings, and generally bring the hospital up to standard for the 21st century.

Work was scheduled in two phases. The first phase has been completed, updating the reception area, the physio dept, x ray and outpatients treatment area.

The second phase is now underway. This has seen the demolition of the old inpatients' wards, and just recently the demolition of the old cottage building. Unfortunately, when the builders were on site it was discovered that the foundations of the cottage were not strong enough to support the intended work. This will now mean that the total building will incorporate up to date building standards, and be fully modernised. The programme is due to be completed in July 2012.

The local community in all areas has been very supportive to the appeal, with donations and fundraising being undertaken by groups and individuals. To date, the appeal is standing at £410k, which is excellent in the current economic situation. SHLOF has set up a website where news of the project, and forthcoming fundraising events can be seen. Visit the site at www.strattonhospitalfriends.org.uk. I will endeavour to keep your readers up to date with developments via your parish newsletter. Thank you for your support. (Ray Hockin, Trustee & fundraising coordinator for SHLOF) 17.1.12

We have decided to focus on a local charity in every edition and update you on their progress. If you have a local charity you would like our readers to know more about please contact us - Sarah Smith Editor

Jacobstow Art & Craft Group 2012

We meet at the Parish Hall on alternate Mondays

2.pm. to 4.pm

All are welcome



Just bring your own craft materials and join in



Each meeting will have a theme but those who wish to continue with their own work are very welcome. There is always a subject to paint or draw. & many continue with their own ideas or handicraft .

Dates of next meetings

Monday January 16th

Handicraft

Monday January 30th

Pottery

Monday February 13th

Pottery

Monday February 27th

Painting

Monday March 12th

Painting

Monday March 26th

Decorating an Easter Basket

Charge £2.50 per meeting

Enquiries Tel. 01840. 230113



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COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

Dont forget

Summer time begins
and clocks go forward
on Sunday 25th March



Coffee Mornings in the
Village hall every recycling
Wednesday



PROBLEM DOGS



Several farmers have had livestock attacked and savaged in our Parish. Folk are walking their dogs off the lead on the footpaths and beaches - it seems that they getting away from them. As you can understand it is distressing for all concerned and the Parish Council would like pets kept under control.

PLEASE-PLEASE

The Journal staff are manning a stall at the Stratton Boot sale this summer to raise funds for the Journal. Have you any Bric-a-brac items for the stall which we could sell? Please deliver to Madison or Almar—THIS WOULD BE APPRECIATED

WINE & WISDOM

**Sat 4th Feb.
7p.m
Jacobstow Parish
Hall**

?



Have you lost a **ginger cat**? If so, it has taken up residence at Broadlands Farm, Jacobstow.

To claim please ring 01566 781542
(no answer phone available)

Are you organising a community event? If so, we can advertise it for you for free and we will even help you design it!!!!!!

We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith on 01840 230565 to

*Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?
For further details speak to any Committee Member or ring the Secretary on 01840 230173*

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Recipe of the Month by Marion Reason

Chocolate Fudge Cake

5oz plain flour	3oz golden caster sugar
1 $\frac{1}{2}$ oz light muscovado sugar	1oz cocoa powder
1 tsp baking powder	$\frac{1}{2}$ tsp Bi-carbonate of soda
pinch salt	75 mls plain yogurt (small tub)
$\frac{1}{2}$ tblsp vanilla extract	2oz unsalted butter
45 mls corn oil	100mls cold water
1 egg beaten	
Topping	
3oz soften unsalted butter	3 $\frac{1}{2}$ oz icing sugar
2 oz dark chocolate 70% melted	1tsp vanilla extract
Oven 180c 350f gas 4	



Method

Grease and line the bottom of a 7 - 8 inch sandwich tin. Mix together thoroughly the first seven ingredients. In a larger bowl mix together the melted butter, corn oil, water and vanilla extract. Add the dry ingredients, mix well and add the yogurt and beaten egg. The mixture should look more like a batter than a cake mixture. Pour the mixture into the prepared tin and bake for 45 - 55 minutes or until cooked. Leave it in the tin for at least 20 minutes before turning it out. If the middle has risen it will sink a bit. Leave to cool thoroughly. To make the topping mix the butter and icing sugar well together, add the melted chocolate and vanilla and spread on the top of the cake.

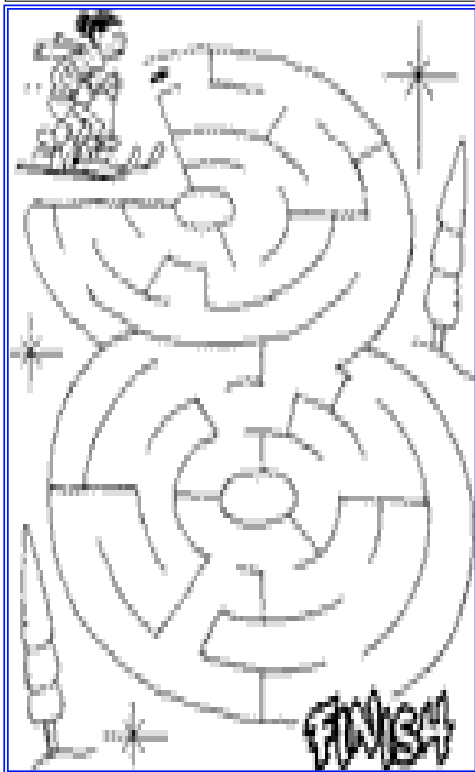


This is a moist cake that keeps well in a tin and is very "morish". Use as a dessert with raspberries and cream or just enjoy it with a cup of tea.

Why not bake in a heart shaped tin for Valentines day and decorate it with fresh strawberries for your lover.....or even your husband!



Ice Skating Adventure



Moving forward to Spring

As you are going about your daily lives, take a moment to see if you can spot the changes happening in the countryside. Have you seen your first snowdrop or even a daffodil? If you have spotted anything unusually early, maybe you could take a photo and let us here at the Journal know how things are changing.



Q. Where does a snowman keep his money?

A. In a snow bank.

Q. What's a good holiday tip?

A. Never catch snowflakes with your tongue until all the birds have gone south for the winter.

Q. What do snowmen eat for breakfast?

A. Frosted Flakes.



DON'T FORGET MOTHER'S DAY 18TH MARCH

Interview of the month

by Jeanne Gimblett

Another year gone by and here I am talking to Robert Andrew better known to all as Moses. He told me that one of his school teacher called out to him :- “Here boy, Moses! ” and the name stuck He was Moses at school and has remained Moses ever since. Although he lives outside Jacobstow Parish he drives our local library Van to Canworthy Water and is very well known locally.



Talking with Moses I realised that he has a great knowledge and love of North Cornwall despite the fact that he started life on the Devon side of the border at Ashwater! His family moved to Launceston where he has lived for many years. On leaving school he followed his father in the business of selling tractors the firm had a Massey Ferguson franchise and he stayed with this franchise for thirty six years until the business was bought out by Cornwall Farmers who subscribed to John Deere. Moses left Cornwall Farmers four years ago, when the company were cutting back staff. He says that he found himself, for the first time, facing the ‘alien manoeuvres’ of the job centre. Not one to be doing little he soon spied an advert for a driver in the counties mobile library service. He thinks that it was his dedication to reading, anything from the packaging on his cereal to the Industrial Archaeology of Cornwall, with a special affection for the novels of Terry Pratchett, coupled with an ability to drive cattle lorries and an unbeatable knowledge of the local area which won him the job.

Eleven years ago Moses, married Mary Cory and five years ago they moved to a derelict cottage in the wilderness of St Gennys which they have gradually renovated. Hard work, as they also farm land where they keep a flock of 200 ewes, which include Mary’s favourite Herdwicks plus 20 Hereford cross suckling cows.

Interview of the month (Con't)

Moses loves his job with the library service, he sees many regular customers of all ages and although not full time, five and a half days per two weeks, he certainly gets around the top half of Cornwall. He visits the house bound in sheltered housing and residential homes around Bude he journeys around our own area from Kilkhampton to Canworthy Water and out to Widmouth Bay and on alternate weeks he can be found in Calstock and down at St Germans. His days are well filled but still leave enough time for an ice-cream at Downderry at the end of a summer afternoon.



Talking to Moses was very interesting. He and Mary farm on land which is tough; it lies partially on a geological strata known as Devon culm, this rocky land with its mix of clay and shale can be unforgiving. I was completely fascinated by his knowledge of local geology and realised that there is so much more to learn about this corner of Cornwall.



Moses described a very full and contented life, despite the difficulties of running a farm while both he and Mary work. He told me that he thought the very best part of his library job was meeting people, and enabling them to have access to books which they would not otherwise have. I asked him if he had a magic wand what would he wish, he thought for a minute and surprised me by explaining that he would really like to see a round- a-bout at Wainhouse Corner.

I think many of us would like that A magic roundabout! I really enjoyed my first interview of 2012 and can't help thinking how appropriate a name Moses has for he brings, perhaps not the tablets down the mountain, but certainly the written word to the people.

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11.00am



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BUS TIMETABLES

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate	1040	--	--
Launceston Tesco	1050	--	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco	1250	--	--
Launceston Westgate	1300	--	--
Boyton	1315	--	--
North Tamerton	1325	1315	--
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary	1340	1330	1330
Canworthy Water	1400	1350	1350
Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Westgate	1245
Launceston Tesco	1255
Launceston Westgate dep	1305
Canworthy Water	1330
Warbstow Cross	1335
Canworthy Water	1340
Week St Mary	1400
Jacobstow	1415
Wainhouse Corner	1420
Higher Crackington	1435

595 Boscastle – Bude

(a = Schooldays only)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

Boscastle	0755	0955	1155	1355	1555	1755
Crackington Haven	0807	--	1207	1407	1607	1807
Wainhouse Corner	0815	1010	1215	1415	1615	1815
Jacobstow School	--	1013	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818
Widemouth Bay	0821	1021	1221	1421	1621	1821
Budehaven School	0828a	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830

Sunday

0855	1055	1355	1655
0907	1107	1407	1707
0915	1115	1415	1715
--	--	--	--
0918	1118	1418	1718
0921	1121	1421	1721
--	--	--	--
0930	1130	1430	1730

Bude – Boscastle

(Partial listing of stops only)

Bude Strand	0720	0920	1120	1320	1520	1720
Budehaven School	--	--	--	--	1523a	--
Widemouth Bay	0728	0928	1128	1328	1528	1728
Treskinnick Cross	0732	0932	1132	1332	1532	1732
Jacobstow School	--	--	--	1337	--	--
Wainhouse Corner	0737	0937	1137	1337	1537	1737
Crackington Haven	--	0945	1145	--	1545	1745
Boscastle	0747	0957	1157	1357	1557	1757

0930	1230	1430	1730
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0937	1237	1437	1737
0940	1240	1440	1740
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0942	1242	1442	1742
0950	1250	1450	1750
1002	1302	1502	1802

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Brigade Mr & Mrs G Jose	01566 781346
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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