

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 16

February/March 2013



Editorial by Sarah

Over the Christmas period I donated some toys to a charity so that families could have a small present to give to their children on Christmas Day. I am not writing this to blow my own trumpet, I did not get a mention in the New Years honours list, so that didn't work! I received a letter from the manager of the charity thanking me for my gift and letting me know that she gave one of my gifts to a mother, who started to cry. Now you may think that this charity was based in some far flung place in Eastern Europe or Africa, but no, it was the Life Centre in Bude. How many of you often say "charity should begin at home"? Well, its a New Year so lets see what we can do to get our names on that list for next year.

One of the first things you can do is maybe look at the events in this edition of the Journal and see if you can just spare a couple of hours this month to support something. The first thing that springs to mind and would not really take much of an effort is to enter a team into the quiz night to raise funds for the village hall. You really will see the benefit in supporting this good cause the next time your derriere needs support in the hall as they are trying to raise funds for some new chairs. Let's try and make this year a good one with lots of support and events in our lovely home village!

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EX23 0BN

All contributions received will be included at the Editorial Team's discretion.

The deadline for adverts, letters or articles for the April/May 2013 edition will be 20th March 2013
Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

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Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mr. Bob Reason
Mrs Ilona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Meeting held on 15th January 2013

Please note: there was no Parish Council Meeting in December 2012

Mr Norman Osborne chaired the monthly meeting of the Parish Council with four Councillors Cllr Phil Tucker and two members of the public attending.

Apologies received from two Councillors.

Planning – Cornwall Council had approved planning application for W Sanders & Son.

Code of Conduct - Mr Adey reported on the meeting regarding the new Code of Conduct he and two other Councillors had attended.

Local Maintenance Partnership - It was agreed to pay the account received for the trimming of the footpaths amounting to £286.00
Proposed Mr R Reason Seconded Mrs I Franklyn.

Re-surfacing work Eden Chapel to Wainhouse Corner – Complaints have been received regarding the re-surfacing. Cllr Phil Tucker to look into the matter.

Road Sweeping - It was noted that the Road Sweeper had been through the village of Jacobstow and removed 99% of the leaves.

Planning Application – Mr & Mrs D Sheppherd - Two freestanding covers over existing feeding yards at Trefrida, Jacobstow. Councillors support this Application.

Planning Application – Mr Oliver Heal, East of Glebe Farm – Outline Planning for affordable residential dwelling. Councillors support this Application.

Bus Service Update by Sarah Smith

Western Greyhound have confirmed to the Parish Council that they have no plans to increase the number of times the 595 Boscastle to Bude bus comes through Jacobstow village. At the moment the bus runs 6 times a day, but only passes through the village once a day, 10.13 from Boscastle and 13.37 on the return journey from Bude.

Your Parish Council have contacted Western Greyhound on numerous occasions asking why a simple “tweak” cannot be made in the timetable so that the buses pass through the village on every journey. Western Greyhound will not entertain this adjustment.

I cannot understand why a bus company think it more economical to run the buses straight down the A39, passing 4 houses in total rather than drive through the village passing countless more homes and surely more customers!. Not only would they collect more passengers and therefore fares but surely serve the community better - but, this is just my opinion.



ANNUAL PARISH MEETING

**Annual Parish Meeting is to be held on
Tuesday 19th March 2013 at 7.30pm in the Village Hall.**

**Guests speakers to include Councillor Phil Tucker,
Sue Russell, Headmistress of Jacobstow Primary School
and others.**

Come and see how your parish is run

CHURCH 100 LOTTERY RESULTS

December

1. Mrs M Cowling
2. Miss L Cowling
3. Mr D Adey

January

1. Mrs A Curtis
2. Mrs M Cowling
3. Mrs W Smith

CHURCH AND CHAPEL NEWS

Jacobstow Church - Rev Rob Dickenson is to retire from full time Ministry on 1st May. He will still live in Week St Mary but will have a part time appointment as an advisor to Bishop Tim. This will mean the eight churches of our Benefice may well be in for a difficult few months until we can attract a new Rector. We should have more news in our next edition

Eden chapel :

'LIGHTHOUSE KIDS'

(Christian based after school club for Primary School aged children) will be starting back on Wednesday 24th January.

Rev. Doreen will be leading 'Lighthouse Kids'

Come along, it's great fun!

Here are the dates for the rest of this term, February and March.

As usual the 2nd and 4th Wednesday of the month from 4.30pm - 6.00pm.

Wed. 13th February, 4.30pm - 6.00pm.

Wed. 27th February, 4.30pm - 6.00pm.

Wed. 13th March, 4.30pm - 6.00pm.

Wed. 27th March, 4.30pm - 6.00pm.

As always, there are refreshments to start with at the 'Eden Cafe'! Looking forward to welcoming you.

Q. What's pink and fluffy

A. Pink fluff

Q. What's blue and fluffy

A. Pink fluff holding it's breath

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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Times of Church Services

Jacobstow Church



3rd Feb Candlemass **3pm** with Drue Pratt
10th Feb Morning Prayer **9.30** with Carol Goundry
17th Feb No Service
24th Feb Holy communion 9.30am with Rev Dickenson
The same pattern repeats for March. For further details please
check in the church porch or contact : Ray Fox 230153 or Brian
Marshall 230526

Dimma Chapel

To be arranged, please see
information board



Eden Chapel -



All services 10.30
unless otherwise
stated.

3rd Feb Communion Service
10th Feb Messy United 11am
17th Feb Eden Family
3rd March Communion Service
10th March Messy United
17th March Eden Family Service
24th March Palm Sunday
31st March Easter Sunday Eden Family
Communion Service services on 10/2 10/3 & 24/3
Location unknown as yet, please check plan for details

Canworthy Water Chapel

All Sunday Services 11a.m



Coast Church Family Church Sunday Services 11am
Jacobstow Village Hall
Come and Join us, all are welcome. Non denominational



An example of fictional writing from Jacobstow Primary and Preschool.

Our children learn to write in many different styles during their learning through school, this is an example of fiction writing from an



older junior child.
The Queue



On the last day of the summer holidays, Chris Radfield went shopping in town with his mum. He did not want to go but his mum promised him a treat so he agreed. In town, he noticed a poster in a shop window advertising a new game. "Mum, please can we get the game for my treat?" Chris said in a begging voice.

Mum agreed and they joined the end of the very long queue.

After a while, Mum was tired and said, "Are you sure you still want to be in this queue? It is taking a very long time and I'm getting bored of waiting?"

Chris smiled secretly at his mum and asked her to wait just a bit longer. "I can hear the shop owner getting ready to open up and he is turning the lights on."

"Oh alright then," said mum, "Only five minutes longer."

Suddenly, the doors were opened and all the excited and happy children poured into the shop to buy the new game. Chris was worried that he would not get the game because there were lots of children in front of them in the queue.

Eventually, he got to the front of the queue and went to pick up the game but another child grabbed the same game at exactly the same time! It was the last one on the shelf!

They both wanted it and neither of them would let go. Mum suggested that she toss a coin to decide who got it. They both agreed and Chris chose heads and won!

Then the shop keeper said that he had some more games in the store room and that there were enough games for everybody!

Written by a year 6 child aged 10



St Piran's Day - 5th March

by Sarah Smith

St Piran was born in Ireland and after studying the scriptures in Rome he returned and was made a Bishop. In Ireland he is said to have performed miracles such as raising soldiers from the dead that had been slain in battle, but the Kings were not impressed and had him flung into the sea with a millstone around his neck.

Miraculously, he floated across the water to Perran Beach and it was here that he built a small chapel, St Piran, where people would come from miles around to hear him preach. Engulfed by sand in the Middle Ages, the remains of the oratory were first discovered in the late 18th century. There were two major digs in 1835 and 1843. Before the remains were encased in a large concrete structure in 1910, when a number of skeletons including one of a large



headless man were found. Now several trenches have been dug at the site on Gear Sands to investigate water levels and locate the buried stone walls of the oratory, which dates back to the 6th or 7th century. During the work archaeologists have so far found one 'kist' or stone grave. The surrounding

area was known as an ancient burial ground.

St Piran discovered tin quite by accident when a black stone in his fire leaked a white liquid which was tin. The Cornish flag of St Piran (a white cross on a black background) represents white tin flowing from black rock or some say good overcoming evil. It is said that St Piran lived for over 200 years but eventually met his end by falling down a well after enjoying a drink. Each year, St Piran's story is retold in a drama on the dunes near Perranporth's 'lost' church on the Sunday nearest to 5 March..



If you fancy joining in the celebrations try out some Cornish language basics:

Yow! Hi!

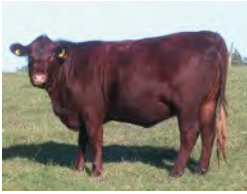
Dydh da! Hello!

Myttin da! Good morning!

Dohajydh da! Good afternoon!

Fatla genes? How are you?

Da lowr, meur ras. OK, thank you.



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raffle*

in aid of new chairs for the hall



Councillor's Report

Green Energy or Green Menace?

We have wind turbine and solar park proposals all over the area. Most are yet to be formal applications and therefore I find it difficult to comment specifically. I think however it is important that as a community we have a view on what we hope to achieve from our renewable energy supplies and without specifically talking about individual plans or applications and therefore predetermining our view for future applications.



I keep being told that this is an unprecedented period of investment in Cornwall. What is happening however is the unprecedented pressures on the society with (as good as) no benefit to the community. Offering a community fund of (for instance) £20k a year is not even equivalent to one full time job (though don't get me wrong, it is better than a poke in the eye). People quote to me that this project or that project is £10's millions invested in Cornwall. I argue that no production has taken place in Cornwall (or probably UK) and that no local jobs are created from the project (except maybe temporary installation work and then limited to a few). I claim that no investment is made in Cornwall rather that investment is made which happens to be in Cornwall (and that is a clear distinction).

The household projects & small installations have spawned local companies who employ locally. There are loads of small companies in Cornwall which didn't exist and these small companies are installing small projects in gardens and rooftops and farms. More importantly the money produced from the schemes is owned by local people who then spend the money locally. It is similar to a small factory in that if a very small factory were built in Cornwall it would probably fund 100's of jobs along the supply chain, garages, restaurants, newspaper shops etc. and that could justifiably be described as investing in Cornwall. Millions more is spent on the major green energy projects which employ no one and the money probably doesn't even remain in the UK. This should not be described as 'investing in Cornwall'.

At times however major developments are useful in producing power (and we all need power) but major developments are very divisive in our community. As I said earlier they add little to the economy and many would go further and suggest that a major development actually reduces the local economy by reducing vacation income.

Cont'd on Pg 15

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Bob's Gardening Spot



Study the seed and plant paperwork to find your crops, specimen flowers and shrubs for the year. You can take tip cuttings of Fuchsias now, just cut about 3 inches off of the tips, push into a 3" pot and leave on the window ledge for nature to take its course.

Please study the weather regarding frost and bring your tender perennials inside so that the roots do not become frozen. If you cannot bring them inside wrap the pot in bubble wrap or fleece.

You need to find suppliers of early potatoes because they need chitting which means you put them into a frost free space so they form shoots ready to plant out when the ground has warmed up.

Now is the right time to tidy up last year's growth on your climbing plants. Just cut it back where you see new growth. You need to be digging your plot and removing any perennial weeds and couch grass. Lime any ground where you plan to grow any cabbages or sprouts.

Cover beds with clear poly plastic to warm up the soil ready to plant early crops of spring onions, lettuce and begin sowing summer cabbage.

Time to get the lawn into shape by giving it a good rake, spiking and feeding with a spring type feed. Any badly worn patches can be re-seeded or cut out and replaced with fresh turf but beware of the frost again!

Happy Gardening Bob



DEVON & CORNWALL
CONSTABULARY

Devon and Cornwall's new Police and Crime Commissioner, Tony Hogg, has contacted us at The Journal wanting your views on crime and solutions. Whether you believe resources should favour rural areas or towns, let him know.

If you have any comments please e-mail him at

opcc@devonandcornwall.pnn.police.uk

If you have anything to say on crime matters locally we would like to hear from you here at The Journal

Some people ask the secret of our long marriage? We take time to go to a restaurant two times a week. A little candlelight dinner, soft music and dancing. She goes Tuesdays, I go Fridays!!!

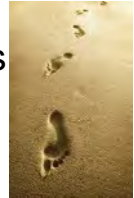
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Councillor's Report (Cont)

Major developments also focus opinion for or against Green Energy (which I think is a shame because it can be advantageous as I have pointed out earlier). I meet many landowners, with a chance of their own project, who are supportive of green energy. I meet many people, with no chance of their own major project, who are opposed to major green energy projects (especially local to their home!) and I meet very very few people with land who are wholly against or without land who are supportive of projects next to their own home. And neither of these groups are willing to understand the other's views.

We don't have to agree with the others view but perhaps it will be useful over the coming months and years if each group takes a few moments to consider the argument for and against a project and imagine themselves in the other's shoes. And whichever view we hold the over-riding consideration should be 'how can I maximise the economy for Cornwall?' because these decisions are about your friends and relatives as much as they should be about you.

If you have any issues which you feel are not being properly addressed or which you need help then please don't hesitate to give me a call. If I can't help I will know who can.

Phil Tucker 01288 341617 philip.tucker@homecall.co.uk

CARBON MONOXIDE



In view of the latest news regarding carbon monoxide poisoning, this is a reminder to ensure that you have a carbon monoxide monitor fitted in your home and also that this is checked and working correctly.

At the same time, maybe check all smoke detectors too!!!



REMEMBER CARBON MONOXIDE CAN KILL

Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

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PUZZLE PAGE



Welcome to your “tea break” puzzle page, a winning entry for the last edition, from Ray Fox was pulled from the hat, he wins a £20 voucher for Wainhouse stores. If you would like a chance to win this edition’s voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 29th March 2013 Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.

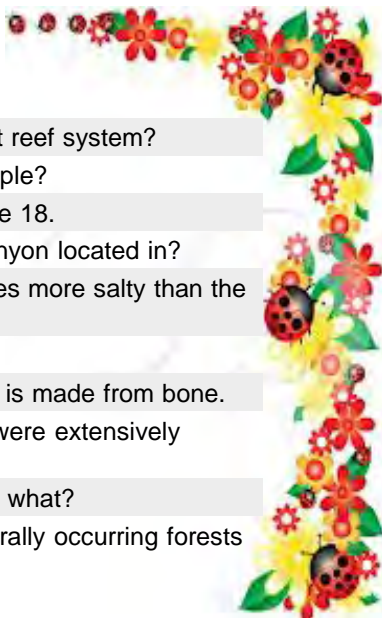
S	E	H	C	N	A	R	B	A
P	W	S	E	A	S	T	D	N
L	I	E	K	L	N	N	E	C
I	N	I	A	X	A	I	C	I
N	T	L	O	L	T	G	H	E
T	E	L	D	O	U	H	E	N
E	R	O	A	G	R	T	S	T
R	O	H	Y	S	E	H	S	A
W	O	O	D	C	O	C	K	S

WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

ANCIENT	ASHES
BEECHES	BRANCHES
DAY	EAST
GALE	HOLLIES
LOGS	NATURE
NIGHT	OAK
PEAT	SPLINTER
WINTER	
WOODCOCKS	WOODLAND

Nature Quiz

1. What is the name of the world’s largest reef system?
2. Do male or female mosquitoes bite people?
3. True or false? Earth Day is held on June 18.
4. What state of the USA is the Grand Canyon located in?
5. True or false? The Dead Sea is 8.6 times more salty than the ocean.
6. What are the 3 Rs of recycling?
7. True or false? The horn of a rhinoceros is made from bone.
8. What famous islands west of Ecuador were extensively studied by Charles Darwin?
9. Ayers Rock in Australia is also known as what?
10. True or false? Burning or logging naturally occurring forests is known as deforestation.



Last edition answers Word search missing word Goose Boxing Day Quiz: 1. Arctic Ocean 2. Cranberry
 3. A dog is for life, not just for Christmas 4. Tiny Tim 5. Oliver Cromwell 6. Mistletoe 7. Seven
 8. Chris Rea 9. Australia Name the Christmas Films 1. White Christmas 2. Muppet Christmas Carol 3.
 The Grinch 4. The Snowman

The King of love my shepherd is
His lambs, he forgetteth not
but there are times I wonder if,
Dear Lord, you've lost the plot?



Your healing rain doth fall, O lord
For man and beast and crop;
but after 30 weeks of it,
don't you think it's time to stop?

I know that verdant pastures Lord,
Are really, very nice
But at the present moment Lord,
All we can grow, is rice



Where streams of living water flow
My wellied footsteps stride
There is no verge on Edgar Road
Just a river either side

And so through all the length of days
thy love it faileth never
but Lord if you would but STOP THE RAIN
we'd praise your name forever
Ruth Fox with apologies to Sir H. W Baker



**All you budding Wordsworths' out there -
please put pen to paper and send in your
poems.**

P O E T S C O R N E R



Cornwall BY LOUISE JAMES
Cornwall is a lovely place
To live here is just divine
The cliffs are high and mighty
The sea just rages on
It's also so mysterious
As many people know
It guards so many secrets
Or so I have been told
Don't ever trust the sea they say!
Treat it with great respect
Many people lose their lives
Because of their neglect
To be a Cornish person
To live in it's fair place
You'll never move from
Cornwall
Never with any great haste



Letters Page

This is YOUR letters page - if you have anything you would like to tell everyone about, an issue you want to get out there - just get in touch and we will do the rest. Obviously, we will not publish anything that could be deemed offensive.

Dear All,

What a wonderful village Jacobstow is. As many of you know, in October my husband, David, was diagnosed with pancreatic cancer. It came as a terrible shock for us and our family. All cancers are nasty, but sadly that type is one of the worst. Currently, he has been in Treliske since the day after Boxing Day, it was an emergency admission. We were told his heart was very bad and were advised to stay all night. Survive he did and we are hoping he will be moved to a community hospital very soon. Of course the cancer has spread, which is very bad news. What kindness we have been shown by so many people in Jacobstow, some of whom I hardly know, offers of transport doing shopping for us etc. So through the pages of the Journal, I would like to say a huge thank you to everybody for their kindness and support. My family fully understand now why we love living here so much. We are hopeful that he may, after a few set backs, be able to start chemo in a few weeks time. Once again many many thanks.

Frankie.



WARNING to those of you with Older Oil Fired Boilers. From Gerald Turner

I have had my Rayburn Nouveau for more years than I wish to remember and have never had any trouble with it. However, over Christmas, there was a real problem and the stove was hardly working at all. So, even tho' the yearly service wasn't due, the Man had to be called.





When he started to delve into the bowels of the Rayburn, he found that the burners and boiler were well and truly clogged up.

The Man informed me that on behalf of a "Green" world, the sulphur content in the fuel oil has been reduced and older boilers may have trouble burning efficiently. Consequently my hardy old Rayburn couldn't cope and this had caused massive sooty and tarry deposits.

He advised me to buy an "Additive", a type of conditioner, to add to the oil and all would be well!






February- events in the local area

Book Bus
C/W Canworthy
WC Wainhouse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2 Wine and Wisdom 7pm Janet Cory 230329
3	4 Arts & Craft club 2pm w/c 	5 Brownies 6.00	6 C/W 	7	8	9
10 Chinese New Year	11	12 Shrove Tuesday Brownies 6.00	13 Coffee Morning 10.30 - n oon Lighthouse Kids Eden Chapel 4.30-6.00	14 Valentines day W I 7.30	15	16
17 -	18 Arts & Craft club 2pm w/c 	19 Brownies 6.00 Parish council 7.30	20 C/W 	21	22	23
24	25	26 Brownies 6.00	27 Coffee Morning 10.30 - n oon Lighthouse Kids Eden Chapel 4.30-6.00	28		

NOTE. Activities are in Parish Hall unless stated otherwise.

March - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 Easter Sunday					1 St Davids Day	2
			C/W 			
3	4 Arts & Crafts 2.00 - 4.00pm	5 St Piran's Day Brownies 6.00	6 Coffee Morning 10.30 - noon	7	8	9
10 Mothering Sunday	11 w/c 	12 Brownies 6.00 P.C.C 7.30	13 Coffee Morning 10.30 - noon Lighthouse Kids Eden Chapel C/W 	14 W I 7.30pm	15	16
17 St Patrick's Day	18 Arts & Crafts 2.00 - 4.00pm	19 Brownies 6.00 Parish Council 7.30	20 1st Day of Spring	21	22	23
24 Palm Sunday	25 w/c 	26 Passover Brownies 6.00	27 Coffee Morning 10.30 - noon Lighthouse Kids Eden Chapel C/W 	28	29 Good Friday Big Breakfast 9.00am - 2pm	30 Dont forget to put your clocks forward

NOTE. Events in Parish Hall unless stated.

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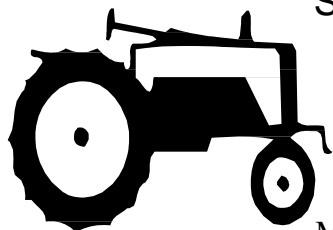
Specialising in Smallholding Work

*** Hedge Cutting**

*** Small Hay Bailing**

*** Topping**

*** General Tractor Work**



Tel: 01840 230353

Mobile: 07908 112814

WEATHERWISE by MONITOR

November continued to be a wet month, with only 8 days without significant rain and little in the way of frost. Although the 14th and 15th produced persistent fog locally after a couple of quite mild days, 314.5°C being recorded here on the 14th. A total of 7" of rain was collected at Canworthy Water. Heavy rain was observed on 5 days 1st-6th, with the 36 hr period starting early morning 24th giving a total of 1.87" in that period.



December was similar, with a couple of moderate frosts (-3.5°C) in the middle of the month and a very extensive rain period on both the 20th and 22nd. The latter was the wettest day of the year 1.73" in 24 hrs, of which most (1.25") fell overnight 21/22nd. The total collected for December was 9.7" which brought total collected for 2012 to 59.46". This really is a lot! I noted the average for the whole of the UK was about 50", so indeed it is not surprising that all records were broken.

Locally, this compares with 33" and 34.87" in the previous 2 years. It will be interesting to see if this pattern continues. I personally am, however, wary of predictions although it seems that Atlantic Sea temperatures are on the way down at present - if this continues then perhaps we will see an improvement this Spring and Summer.

HIGH TIDES February and March

Date	1 Feb	8 Feb	15 Feb	22 Feb	1 Mar	8 Mar	15 Mar	22 Mar	29 Mar
AM	8.09	3.18	8.15	2.53	7.09	2.02	7.08	1.01	6.09
PM	20.30	15.48	20.29	15.18	19.3	14.4	19.23	13.45	18.29



**Don't forget, clocks go forward
on the 29th March 2013 as we jump into
Spring!!**



T -

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AIJ solid fitels

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Competitive plices

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01840230111 (Coli11)

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J-

01840 250568 (Roger)

* * * * *

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president,
Mrs Pat Lane 01840 230743

C.H.O.R.A.



Thank you everybody for being understanding about a noisy bike and quad day. Thank you Wainhouse Inn for providing breakfasts and lunches. Sorry about all those muddy footprints.

Thank you Coombe Barton for a fun evening. Well done all those winners - Local guys did well!



WALKING with Mary Carter - 01840 230656

Would anyone like to go for a walk, on a Wednesday morning, to see the snowdrops flowering around Jacobstow? Ring Mary

VOLUNTEERS NEEDED



If you have any spare time, Jacobstow School require helpers to listen to the children read. This will be a great help in improving their reading skills.

Please contact Mrs Russell at the school if you can help.

Wendy Hodgson

S.A.C. DIP. FHPT/S.A.C. Dip. FHPP

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wendyhodgson2010@hotmail.com

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NEW YEAR on the THAMES

We deserted Cornwall at New Year for a package which included a boat cruise on the Thames to watch Big Ben and the fireworks.

We were dropped off at Hyde Park Corner and had time to listen to some soap-box orators, visit "Winter Wonderland". Wonderland was impressive - loads of horrific fairground rides, a huge chalet with German themed Christmas stuff, live music etc.

Next we attempted to walk along Oxford Street to see the lights and Sales with millions of other people.

While waiting for our bus a couple who had "tea for two" at Fortnum and Mason's told us it cost £84. Needless to say we were gob smacked!

(Apparently The Dorchester and Savoy Hotel and probably Harrods charge @ £50 per head)



Our hotel was excellent and the bed was very comfortable. There was an delicious 3 course dinner with disco afterwards - guess who left the disco early (party pooper!)

Next day we had half a day in Windsor - I would like to go again when it wasn't raining - Used our bus passes! In the evening we went to an amazing restaurant. It was a micro brewery, under the arches of a railway/tube somewhere near the Clink Museum/Bank Wharf. After a delicious smoked salmon mousse starter, followed by fillet steak and a chocolate torte all washed down with bottles of wine we boarded the boat.

Where we sat on top (10°C, slight breeze). We motored down as far as the Thames Barrier, pass Canary Wharf, Poplar Dock, O2 Arena, everywhere covered with colourful lights including the impressive straight green ray from the Laser Light. We moored outside Admiralty House and heard Big Ben chime and saw all the fireworks with champagne before being returned to our hotel. A great trip, but wasn't it lovely to be home again - no people, no cars, sparkly things in the night sky.....

Sue Burrows

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to book your place on: **07971783597**

LIVING WITH Type 1 DIABETES by aprildahlia@aol.com

I was diagnosed with Type 1 when I was 9. That was over 50 years ago now. The medical world was very different in those days. My parents had to boil my glass syringes & thick steel needles every day. Testing your sugar at the time was tedious as well, only done with urine.

Today things have vastly improved for the diabetic. We have needles we use once and chuck in the bin and testing your blood takes seconds.

Universal Diabetic Symbol



Life was not always smooth, especially during my teen years. I was determined to be like 'everyone else', and ignored the fact I had this disease. I learnt a very hard lesson doing this, I was 23 and discovered I had gangrene. Luckily for me my leg was saved but since then I have done my best to make sure I am as healthy as possible. The second glitch happened when I became pregnant. I spent 5 months in hospital and had to have a premature baby as the pressure of being pregnant made my eyes bleed, so extensive lasering was needed.

Those 2 things aside, plus quite a few hypos (which means your sugar gets too low), life has been extremely kind to me. I have never let this 24/7 managing disease get in the way of anything in my life. I would say I have had a better life than most. I have lived in 6 different countries and lived life to the full.

I am very positive about this thing I have and have always been so grateful I have something no one can see and thankful too, to only have this and nothing more serious.

There is a wonderful website, www.diabetesdaily.com, which I must say is mainly made up with Type 2's, but includes recipes, a chat room & somewhere to post questions.

If you are a Type 1 and would like to discuss anything or maybe need someone to moan to who understands, then you are most welcome to contact me .

“FOX ALERT”

Apparently there is a large fox prowling the area. Our good friend Bob Reason has lost a number of chickens to this fox.

Please be extra vigilant and keep your chickens safe at all times.



WEBBERS ESTATE AGENTS

HOPES FOR 2013?

What on earth can we expect from the year 2013? As ever things are very difficult to predict with unemployment falling, inflation being stubbornly high over target and such differing reports from sectors of the economy It is no wonder a lot of people are unsure of their footing.

The property market is indelibly linked with the economy, so all we can hope for is for any positive news in the economy to filter through into the property market. Hopefully we will have a very similar year to last year, stable, but tough conditions with sensibly priced properties selling reasonably well and with more speculated priced stock finding it very difficult to even gain any kind of interest from potential buyers.

The weather certainly dampened the business at the end of 2012, but, already we see signs through January that things are slightly busier than expected with plenty of activity and some sales being agreed. If you are looking to sell in 2013, early Spring is usually where you want to come onto the market and therefore if you want any advice on what your home is really worth, please contact Webbers for a free valuation on 01288 363661 or e-mail bude@webbers.co.uk



Jive Club in Warbstow with lessons

Thursdays 7.30 pm to 10pm.

Warbstow Community Centre.

Main lesson starts at 7.45pm.

£3.00 per person including lessons

Lots of time to practise and receive individual help from us. Let us know if you would like to come. Or, if you just want a chat about what to expect, ring on (01566) 781 587 (Please don't forget to leave your name and contact phone number)

Or email adrianandlouise2@btinternet.com

We also teach at the Bude Jive and Rock n Roll club on Mondays at the Parkhouse Centre. We offer private lessons, party/event fun lessons and give dance demonstrations at shows. Ring or email us to discuss your needs. We look forward to hearing from you and seeing you jiving - - Adrian and Louise Stevens

COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

Have you any friends or relations who live away and would like a posted edition of the Journal? The annual cost of £5.00 for 6 editions includes postage and packing. To order please contact any staff member of the Journal.

BIG BREAKFAST

FRIDAY 29TH MARCH
9.00AM TO 2.00PM
JACOBSTOW PARISH HALL TO
RAISE FUNDS FOR NEW CHAIRS

Calling all Van Goughs - why not give the Arts and Crafts club a go, every other Monday in the village hall - check calendar in the centre for dates

WINE AND WISDOM EVENING

SATURDAY 2ND
FEBRUARY 7PM
VILLAGE HALL
TEAMS 6 PEOPLE
£4 PER PERSON
BOOKINGS JANET CORY
230329



Coffee Mornings in the Village take place every other Wednesday check the diary in the centre pages for dates. Why not pop along and have a cuppa and a catch up?



Don't forget the Parish notice boards outside the village hall and Wainhouse Stores for up to date information. You can also use these to promote any community activity you want people to know about



*"Oh, I could just do with some
Fish and Chips!"*

Don't forget the mobile fish and chip van is outside the village hall every Thursday night from 6.30 to 7.00 and at Cory Close from 7.00.

*Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?
For further details speak to any Committee Member or ring the Secretary on 01840 230173*

The Bench has arrived!



Good news for any weary walker coming up from the village to visit the shop. What better way to enjoy the sunshine on a lovely warm summers evening (we can all dream), than sitting on the lovely new bench and relaxing, maybe we should think about serving G&T's up there...nice!

The bench was provided by the Parish council following a contribution from the organisers of the Parish Plan and funds raised during the celebrations on Jubilee day in the village.



It looks really smart with its impressive engraving of the Queens crown and also the brass plaque on the bottom rail.



So, if you are feeling like you need a little rest on your walk, just go a little further and you will find the bench near the "welcome to Jacobstow" sign on Edgar Road, thats the road that goes from the village up to Wainhouse Corner.

Recipe of the Month by Marion Reason

Roasted Vegetable sauce

This is a good way of using up left over veg, and there are some suggestions of ways to make it into interesting dishes.

2 Medium Carrots
 $\frac{1}{4}$ butternut squash
olive oil

2 medium red onions
1 large parsnip
thyme sprigs (optional)

Peel carrots, squash and parsnip and cut into inch long pieces. Peel the onions and cut into quarters and each quarter into quarters along its length. Place a single layer of all ingredients into a roasting tin and pour over 1 - $1\frac{1}{2}$ tbsps olive oil and mix well with your hands. Sprinkle with rock or sea salt and put on the thyme if using. Place into an oven 180c, 350f or gas 4. Turn the veg every 20 minutes or so until cooked but not brown and leave to cool.

Suggestions for use

- 1 Mix veg with Creme Fraiche, just to cover and grated cheese (Gruyere is best but cheddar works well) and use to make veggie pasties.
2. Mix with small amount of Passatta, just to cover and use with cheese or bechamel sauce for Lasagne
3. Mix with small amount of cooked pasta shapes, add to cheese sauce, put in a dish, top with grated cheese and bake.
4. Just use hot as a vegetable
5. Mix with a small amount of Passatta put in a dish top with plain or cheesy mashed potato and bake.



KID'S PAGE

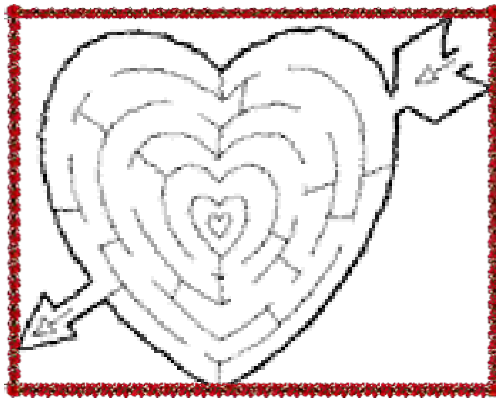
Well, the Christmas and New Year celebrations are well out of the way and its time to look forward to spring. You may well have got the latest XBOX game and DVDS for Christmas but this is the time to **GET OFF THE SOFA** and do some exercise. Go for a walk, take the dog on the beach, go swimming or organise a friendly football match.



Do anything to get your circulation pumping and fresh air in your lungs. Here at the Journal, we would love to see pictures of all your activities.



FOLLOW THE MAZE AND FIND THE HEART



With Valentine's Day on the horizon, below are a couple of messages to help you out!!!

I've texted, I've tweeted
I've e-mailed six times
Consider my last request
For us to be Valentines!!

"I've sent texts and I've called
But you just don't comprehend
I want you to be my Valentine
And not just my Facebook friend!!"

EDEN CHAPEL

Can I please thank everyone who was involved in the Christmas Tree Festival of Lights at Eden Chapel, whether you supported us through visiting or contributing a tree or refreshments. We had 80 people plus regular members at our carol service which was a wonderful occasion. Donations raised just over £400, £200 towards the continued work at Eden Chapel and the other £200 to be split between Little Harbour (Children's Hospice South West) and Macmillan Cancer Support.

We are now planning a Celebration of Marriage festival possibly in June 2013. We would love to hear from people who would be interested in exhibiting their wedding outfits for the Bride, Groom, Bridesmaids and Pageboys etc, memorabilia stories. We would also be interested to hear from anyone who would like to help by providing floral decorations and could loan us a manikin or two.

Please contact Alison Hoather on 01566 781418 on behalf of members at Eden Chapel.



ART AND CRAFT GROUP

Jacobstow Art & Craft Group has started again after the Christmas and New Year break

Future meetings will be on the following dates

**4th February. 18th February,
4th March and 18th March**

We have a mixed programme and all are welcome to bring their own craft.

Meetings are held at the Parish hall from
2.00pm to 4.00pm

For further information please telephone 230113

How about starting the New Year with a new interest. See What's On in the area get away from that box in the corner, search the internet community news and local papers. Here are a few ideas in no particular order !

Jive Club - Scottish Dancing, Sequence Dancing

Badminton - Warbstow Tuesday eves - 8-10 - Neil - 01566 781279

Circuit Training Wednesday at 7-8 - Jim - 01566 781555

Gig Rowing - 01288 230284 - Connelly Webster

Yoga - 01840 230678 - M Hall

Skittles - Poundstock - 01288 361237/361653

Jacobstow Arts and Crafts or Wooda Farm, Painting 01840 230850 or

Warbstow - Thursday pm bi weekly - Bev - 01566 781761

Jubilee Club - 01566 781373

Juliottter Garden Club - 4th Tuesday - Penny 01840 261146

St Gennys Horticulture Club - 01840 230756

Minstrels Music Centre Choirs - Wed eves Adults or Children - 01566 781491

Crackington Choristers - 01840 230393

St Gennys Band - 01840 230227/756

Craven Players - 01840 230490

Jacobstow Coffee Morning - Wed fortnightly same as re-cycling - 10ish am

Warbstow Monday Club 1.30-3.30 - Eve 01566781452

Brownies, Cubs, Guides, Scouts etc, Warbstow Youth Group - Alison - 01566781418

Lighthouse Youth Group

WI at Jacobstow and St Gennys

Community Films - Bude www.budecinema.org.uk

Rebel Cinema - www.rebelcinema.co.uk

Volunteer as a helper Museums, Library Visitor, Driver etc

For this information I looked on the internet, St Gennys Gazette, Bude Stratton Post, Poundstock Packet, Warbstow News, local Libraries, Launceston stuff - www.launceston-2020.co.uk

An interview with Marianne & John Ward by Jeanne Gimblett

Hele Barton Farm is situated on the road east of Jacobstow towards Week St. Mary. The farm was originally owned by the Acland family, westcountry gentry. It was purchased in 1850 by Marianne (nee) Paynter's great grandfather.

In 1956 Marianne Paynter and John Ward were married. John lived at North Petherwin where his family owned a cattle dealing business. After leaving school he worked in the family business and enjoyed meeting people.

John and Marianne moved into the farmhouse at Hele Barton and farmed together with Marianne's father, although John was responsible for the day to day management. In 1956 six men were employed on 400 acres. Tractors had taken over from working horses of pre-war era but the farm remained labour intensive with the men living in tied cottages and working as a team. Today computerised machinery and specialised farming means that two or three men can run a large farm. John told me how he had part exchanged his old tractor for three new ones for £7,000 in 1970, hard to believe now.

In 1956 Marianne and John had electricity provided by a generator and although milking was by machine, the milk was still collected from churns carried to the top of the road. The dairy had marble slabs and milk was passed through a cooler. On hot days the churns could be stored in the butter-well, a slate covered stone built well with a natural spring inside. The milking herd of short horns were sold in 1961 giving more time to concentrate on stock and arable farming.

Marianne told me how her grandmother had made butter on the farm and the stone shelf inside the butter well was the coolest place to store it before taking it by pony and trap to market in Bude. However, Marianne and John were lucky enough to have owned a very efficient fridge, fuelled by paraffin oil, so they did not need to resort to the butt- well.

I was fascinated to learn of their black pigs which lived outside. The sows farrowing in arcs and when the piglets were weaned they were driven a mile down the road to new grazing. I cannot begin to imagine meeting 30 piglets and 3 or 4 sows in those narrow lanes. There were two boars in the herd and the sows and boars would meander through the wooded valley in autumn eating all the acorns. One year, overburdened with windfall apples, John put the pigs in the orchard where they promptly ate too many 'cidery' apples and fell over tipsy.

Cereal crops were harvested by tractor and binder which left the stooks of corn with grain intact, these were gathered and stored in barns and the contractors came three times during the autumn and winter to thresh the corn leaving grain ready for use when needed. Eventually combine harvesters cut and threshed as we know today. The grain was stored in silos and dried by blown heat.

The grain was used for fodder on the farm and also sold. At one time crops of linseed were grown to sell. Marianne told me how linseed oil was used to make linoleum. I had never made the connection of the two words before.

The farm had always bred sheep, originally Devon Longwools. The sheep were sheared and the wool baled and loaded into the lorry which John would drive to Buckfast Woollen Mill, now closed. In latter years, as the farm gained new acres and the flock increased, John introduced different breeds. In 2006, 1,400 lambs were reared on the farm; so it was just as well that the couple could rely on their sons and daughters-in-law to give them a hand.

John told me that in the past crops of barley and oats were drilled and then over-sewn with a grass mixture 28lb per acre (Marianne's father had his own special recipe and mixed his own seed). Thus when the corn was cut the new grass and stubble would provide Autumn grazing for sheep helping them to grow fat for Christmas.

I think one of the main differences of the last century was the diversity of activity on farms. Hele Farm along with the other farms owned by the family produced wood. Before the ravages of Dutch Elm disease Elms were felled and the contract sawyer would come to the farm to plank and reduce the wood. Oak was also harvested and Marianne's father made his own gates from home grown oak. The photo shows local men working with the sawyer.



Going back further, reeds were grown to be used in thatching and it

is likely that a fish pond stocked the household with fresh water fish, although there was no pond in existence at the time there was an area known as fish pond.

There have been enormous changes in Marianne and John's lifetime. Marianne told me that Sertificate hill (that wiggly steep one) was just a track for many years and her mother always preferred to go home the longer way rather than brave the hill. I must say, I find that hill quite daunting.

Eventually with 700 acres of land growing 300 acres of crops (aided by a consultant on a quad bike) the farm was moving forward into the 21st century. In 1998 John and Marianne moved into Bude and finally retired from farming the land. I have only been able to record a little of their unique farming life at Hele Barton. There is, surely , a book waiting to be written. Thank you both for sharing your stories with the journal.

BUS TIMETABLES

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate		1040	--
Launceston Tesco		1050	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco		1250	--
Launceston Westgate		1300	--
Boyton		1315	--
North Tamerton		1325	1315
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary		1340	1330
Canworthy Water	1400	1350	1350
Warbstow Cross		1405	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Tesco	1230
Launceston Westgate	1230
Canworthy Water	1255
Warbstow Cross	1300
Canworthy Water	1305
Week St Mary	1325
Jacobstow	1340
Wainhouse Corner	1345
Higher Crackington	1400

595

Bosccastle –

Bude

(a = Schooldays only)

Monday to Saturday

Bosccastle	0755	0955	1155	1355	1555	1755
Crackington Haven	0807	--	1207	1407	1607	1807
Wainhouse Corner	0815	1010	1215	1415	1615	1815
Jacobstow School	--	1013	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818
Widemouth Bay	0821	1021	1221	1421	1621	1821
Budehaven School	0828a	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830

Sunday

0855	1055	1355	1655
0907	1107	1407	1707
0915	1115	1415	1715
--	--	--	--
0918	1118	1418	1718
0921	1121	1421	1721
--	--	--	--
0930	1130	1430	1730

Bude – Bosccastle

(Partial listing of stops only)

Bude Strand	0720	0920	1120	1320	1520	1720
Budehaven School	--	--	--	--	1523a	--
Widemouth Bay	0728	0928	1128	1328	1528	1728
Treskinnick Cross	0732	0932	1132	1332	1532	1732
Jacobstow School	--	--	--	1337	--	--
Wainhouse Corner	0737	0937	1137	1337	1537	1737
Crackington Haven	--	0945	1145	--	1545	1745
Bosccastle	0747	0957	1157	1357	1557	1757

0930	1230	1430	1730
--	--	--	--
0937	1237	1437	1737
0940	1240	1440	1740
--	--	--	--
0942	1242	1442	1742
0950	1250	1450	1750
1002	1302	1502	1802

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout Group Mrs D Dowling	01288 352786
Brownies Mrs G Skinner	01566 781234
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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