

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 18

June/July 2013



Editorial by Sarah

Here we are again, at the start of a season which used to be called “summer” and now seems to be called “when is summer going to get here”? I think maybe the seasons have realigned themselves into one long wet and windy season with occasional cold bits (used to be known as winter) and warm bits (used to be known as summer). It is worrying if your livelihood is tourist based as maybe the impulse bookers look at the weather for the week and decide on Lanzarote instead (guaranteed sunshine, can you really blame them). It is also a nail biting time if you are trying to arrange anything that relies on good weather, a wedding, outside music event or even just a plain old family BBQ. I also find it frustrating that the East coast still seems to get good weather in the summer, why does London need sunshine? They all sit in offices or tube trains! So, depending on your religious convictions its time to either put in a good word with “him upstairs” or maybe a strongly worded letter! On another matter we would like to welcome Nicky Chopack our new councillor, and also bid a fond farewell to Phil Tucker. His help and encouragement really got the Journal off the ground, without which you probably wouldn't be reading this now.

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email to: jacobstowjournal@gmail.com

or in writing to the Editor:

All contributions received will be included at the Editorial Team's discretion.

Sarah Smith
Almar, Jacobstow
EX23 0BN

The deadline for adverts, letters or articles for the August/September 2013 edition will be 20th July. Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

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Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mr. Bob Reason
Mrs Ilona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

JACOBSTOW PARISH COUNCIL

Summary of Minutes of Meeting held on 16th April, 2013

Mrs Charmaine Smith chaired the monthly meeting of the Parish Council. Four Councillors, Cllr Phil Tucker and two members of the Public attended. Apologies received from two Councillors.

Affordable Houses – Mr Andrew O'Brien from Cornwall Council gave an interesting talk on affordable houses. He will attend again next month when people from Trand will be coming.

CALC – Annual Subscription due. This amounted to £171.05. Proposed we pay Mr R Reason. Seconded Mr D Adey.

Audit – The Audit form Statement of Accounts Section 1 was completed by the Responsible Financial Officer and signed. The meeting approved the Accounts and these were signed by the Vice-Chairman. Section 2 Annual Governance Statement was completed on behalf of the Councillors and signed by the Vice-Chairman and the Clerk. The Accounts will now be checked by the Internal Auditor before being sent to the External Auditor.

Elections - Correspondence received from CALC advising that the Annual Meeting of the Council should be held between 7th & 20th May 2013 (inclusive) to ensure a legal meeting. It was therefore decided to hold the next meeting on 14th May, 2013.

County Councillor – Thanks were expressed to Cllr Phil Tucker for all his help during his term of Office with Cornwall Council.

STOP PRESS!

After the recent elections all the Jacobstow Parish Councillors have been returned en bloc with no opposition.

Our new Cornwall Councillor is called Nicky Chopak. To learn more about Nicky see page 11.

Jacobstow Parish Council

Summary of Minutes of Meeting held on 14th May, 2013

As this was the Annual General Meeting the Meeting began with the election of Officers.

Chairman – *Re-election of Chairman, Mr Norman Osborne. Prop. Mr R Reason Sec. Mrs C Smith.*

Vice-Chairperson - *Re-election of Vice-Chairperson Mrs C Smith. Unanimous decision.*

Clerk & Responsible Financial Officer – *Re-election of Clerk and Responsible Financial Officer, Mrs D.A. Turner. Unanimous decision.*

Insurance Renewal - *It was agreed to pay the Insurance premium due in June amounting to £312.77. Proposed Mr P Chapman, Sec. Mr R Reason.*

Information Available Notice Update – *Information Available Notice was discussed and Clerk to amend as necessary.*

Jacobstow Parish Hall Committee – *Letter received from The Parish Hall Committee saying that the price of heating in the Hall has increased. The new rate will be £1 per hour.*

Trand – Affordable Housing – *Mr Andrew Lope and Mr Robin Falle from Trand and Mr Andrew O'Brien from Cornwall Council attended the meeting to talk on Affordable Housing. The suggested plan is to build 10 Affordable Homes and 5 on the Open Market at Wainhouse Corner. Mr O'Brien is writing to everyone who replied to the recent Housing Needs Survey saying they required an affordable house to see how many are still requiring one. Plans will be tailored to suit housing needs. People need to get on the register with Home Choice to get a property.*

Temporary Road Closure – *The road from Treskinnick Cross to Waxhill, Week St Mary will be closed from 24th June – 5th July, 2013 for Patching work.*

For more information regarding the Affordable Housing please see Pages 36 and 37 for a full report.

Church Lottery Results

April		May	
1st	Mr W Smith	1st	Mr J Lewis
2nd	Mrs J Onions	2nd	Mrs M Carter
3rd	Mrs R Fox	3rd	Mr P Smith

CHURCH AND CHAPEL NEWS

Please let us have any news for insertion by 20th July 2013

Jacobstow Church

A service of thanksgiving and rededication for the new roof was held in the parish church of St James at Jacobstow on Sunday 17th March.

The church was well attended to hear the service and the blessing by the Archdeacon of Bodmin, the Venerable Audrey Elkington.

The bells rang out to welcome Archdeacon Audrey and again to celebrate the successful completion of the roof works. The lead in the valley gutter needed replacing and this has been done using Stainless Steel to replace the lead making Jacobstow the first Cornish Church to try this new technology.

One of the Archdeacon's first tasks on taking up her office was to add her signature to Jacobstow's application for a Lottery Grant towards the roof cost. So it was very fitting that Archdeacon Audrey should return to do the blessing.

After the service a tea was held in the Parish Hall with cakes of every kind, ham rolls and cream scones.

Eden Chapel

Dates for your diary

Lighthouse for Kids is on the 2nd and 4th Wednesday of the month 4.30 to 6.00.

Pritt Stick and Prayer is on the 1st and 3rd Tuesday of the month 1.30

Everything is free but donations are welcome and refreshments are always served.

We are also holding a Celebration of Marriage on Friday 28th June to Sunday 30th June 2-6pm on Friday and Saturday 2 - 4pm Sunday.





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Times of Church Services

Jacobstow Church



1st Sunday in the month	Evensong
2nd Sunday	Morning Prayer
3rd Sunday	no service
4th Sunday	Holy Communion

Because of the situation with the Clergy these arrangements may change - please check notice board

Dimma Chapel

For full details of Services

Please contact Audrey Wicket

On 01840 230268



Eden Chapel



All services 10.30
unless otherwise
stated.

June

2nd	Communion with Sunday School
9th	Messy united
16th	Family Service

July

7th	Communion with Sunday School
14th	Messy United
21st	Family Service

All services at Eden start at 10.30 Messy united if not at Eden starts at 11.00

Canworthy Water Chapel

All Sunday Services 11a.m

Rev Doreen 01566 781854



Coast Church Family Church Sunday Services 11am Jacobstow village hall
Come and Join us, all are welcome. Non denominational

A Midsummer Night's Dream by Blue Base at Jacobstow School

At any age the complexities of the story of Shakespeare's A Midsummer's Night's Dream are difficult to unravel but at 7 to 9 years of age they are mine field of magic and love trysts. However, when the year 3 and 4 children at Jacobstow were given the opportunity to work with a theatre director, as part of the work on the Tudors, to produce their own version of the play they lapped it up; and had great fun to boot! They spent the day rehearsing their version of the play and then gave performance to the rest of the school. So inspired were they that they decided that more drama was the order of the day and made up their own simplified play of the story of 'Stone Soap' for the end of term assembly.



Tia and Jess as Helena and Hermia Oberon, (Sean)Demetrius (Joe), Helena (Tia) and Woodland Nymph (Ed) dance around Titania (Noortje)

HANDING OVER THE BATON A LASTING LEGACY

On Red Nose Day the children at Jacobstow School and Preschool not only raised money by holding a topsyturvy day when we all dressed up in odd clothes, wore our clothes inside out or back to front and sold cakes, raising an impressive £236, they also handed on an Olympic baton to Stratton Primary School.

The baton is moving from school to school across the county. We received the baton from Marhamchurch and held it in school for a week of events and discussions about teamwork.

At the end of our week a group of the children took the baton, Red Noses in place, and handed it on to Mr Aldis the head teacher at Stratton Primary School.





Letters Page



Penhallym Cottage

Dear Editor,

I would like to thank the departing County Councillor, Philip Tucker, for all his help given to the Hall Committee. Thanks for all the help over the last few years, a truly great guy! Best of luck for the future.

Bob Reason

MERLIN MS CENTRE NEEDS YOUR HELP

You may have heard in the local media in the past few weeks that our centre – the only one of its kind in Cornwall- is struggling with a cash crisis due to the increased demand on our services.

As a charity, we heavily subsidise or provide therapies free of charge for our MS clients, so every year we need to raise more money to meet the needs of our growing client base. With more than 1000 people in the county diagnosed with MS – the highest in mainland Britain - we know there is a desperate need for our services.

The appeal is really simple but will make a huge difference to the future of the centre and those who rely on it.

Please text BADF37 £1.00 to 70070

Merlin MS Centre, Bradbury House, Hewas water, St Austell, PL26 7JF

www.merlinmscentre.org.uk

Anything you want everyone to know about?, something to get off your chest?. Please let us have your letters by 20th July to be included in the next edition.



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COUNCILLOR'S REPORT by Nicky Chopak

Hello, my name is Nicky Chopak and I am the newly elected Councillor for Poundstock, which covers Marhamchurch, Week St Mary, St.Gennys, Whitstone, North Tamerton, Widemouth Bay, Poundstock, Jacobstow and Crackington Haven. I would like to say thank-you to the people that supported me and that it is a privileged position, something I have not taken on lightly!



I met quite a few of you whilst I was out canvassing and I look forward to working with you over the next four years. I was impressed by the welcome I received at the Poundstock Revel the day after my election and look forward to attending many similar events in the future. Although I run my own business, work full time and have four children (one of which is sunning himself in Australia on a 'Gap Year') I look forward to assisting you in any way I can.

I have worked on many local projects in the past 20 years and am currently working with Cornwall Council to establish an off-road multi-use trail to link Bude to Holsworthy, crossing many of our parish boundaries.

I have previously been Chair of Bude Chamber of Commerce and am currently Chair of Bude Partnership, a group of voluntary and statutory groups in the Bude area , which aims to give a bigger voice to the local community – something which is a must if you want anything done!

I'm not going to criticise what has previously gone on at County Hall. At the time of writing the Liberal Democrats are trying to arrange 'One and All' parties working together to make Cornwall Council fair for all and become more efficient in what will be very difficult financial times with tough decisions having to be made to make the huge savings required .

Should you have an issue with housing, planning, transport, health provision, hedgerows or recycling, please do not hesitate to get in touch.(As I run my own insurance business, it would be more effective to contact me by email nicky chopak@gmail.com or on my mobile 07810302061)

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Bob's Gardening Spot



June and July is the ideal time to visit private gardens and nurseries and get ideas for your garden in the future.

Keep sowing salad crops every two weeks to keep the family in lovely fresh salads. Lawns should be kept under control and the edges trimmed to make them look tidy.

Dead head and prune spring flowering shrubs, also cut off old flowers to prolong the flowers on your summer plants.

Fruit trees should be pruned by shortening the new growth on main side branches, also the fruit bearing side branches can be trimmed to three leaves beyond the fruit cluster.

Now is the time to plant cauliflowers in rich soil. The secret of getting good white curds is to keep them growing smoothly and water well in dry weather. July is the best month for starting your winter crops into growth. You should also be thinking of ripening your shallots and garlic, watch for the leaves starting to turn yellow, then pull the soil away from the bulbs so that the sun can bake the bulbs and stop watering them.

Now you should be enjoying your efforts in your garden and eating lots of fresh fruit and vegetables with no air miles travelled from plant to plate.

Don't forget, if you have any gardening questions or queries you can get in touch with me through the Journal, I would love to hear from you.

Happy gardening

Bob

New Chairs for Village Hall

After a great fundraising effort, the Jacobstow Village Hall committee have managed to buy new chairs for the hall.

You may have noticed in previous copies of the Journal that various activities happened including the Big breakfast at Easter which all helped with the drive to raise funds. The new chairs are lovely, comfortable and really bring a bright, modern atmosphere to the hall.

We even managed to sell the old chairs on Ebay to an art college in Glasgow (I know, they sent a courier all that way, must have really wanted them!). So that was a good bit of recycling and extra funds in the hall kittie.



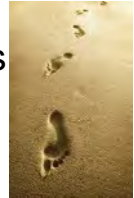
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JACOBSTOW SCOUT NEWS



COAST TO COAST CHALLENGE

Jacobstow Scouts – who of course come from many of the local parishes, including Jacobstow, St Gennys, Warbstow, Poundstock and Week St Mary –

completed the Coast to Coast Challenge in 14 hours and 40 minutes over the weekend of Friday 26th April. They had to walk 34 miles in the course of the two days.

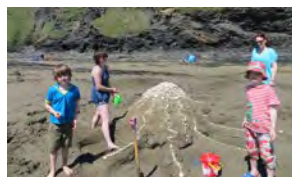
Their walk took them from Port Isaac on the North Coast to Par on the South, with an overnight camp at Lanhydrock. For ten and eleven year old this was great effort.

The Chief Scout, Bear Grylls, encouraged the Scouts by saying "You've achieved something fantastic, and in achieving this you have shown commitment, determination, enthusiasm and a real sense of adventure! Congratulations! Be proud!"

JACOBSTOW SCHOOL on the BEACH



It was a lovely sunny day at Crackington Haven where stalls, competitions and a duck race were held over the Bank Holiday Sunday raising money for the school.



BIG BREAKFAST in aid of ST GENNYS CHURCH at Pendean.

Over 80 meals were served and many enjoyed a walk to Milhook via Bastard Mill. The bluebells were fantastic and a big thank to Moses for operating a taxi service back!

Dereck A Smith

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PUZZLE PAGE



Welcome to your “tea break” puzzle page, a winning entry for the last edition, Sharon Patient was pulled from the hat, she wins a **£20 voucher for Wainhouse stores**. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20th July 2013

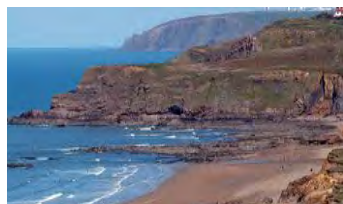
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WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

BEACH	CAFE
CAMPING	CAR
CARAVAN	COTTAGE
EARLY MIST	FUN
GALA	GAMES
GIGS	HOLIDAY
HORSE	HOSTEL
HOTEL	KITE
OUTLOOK	PLAY
SEA	SUN

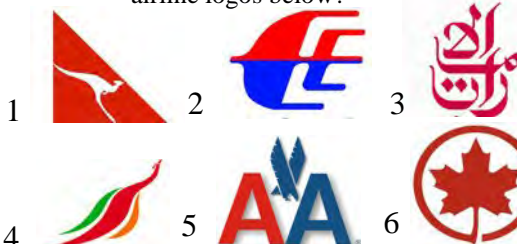


Famous TV Catchphrases - can you name them?

1. I don't believe it!
2. Lovely jubbly
3. D'oh!
4. How you doin'?
5. Here's one I made earlier
6. Here's another fine mess you've gotten me into
7. Just like that!
8. I have a cunning plan
9. Is that your final answer?
10. The truth is out there
11. Listen very carefully, I will say zis only wunce



Going somewhere?...can you identify the airline logos below?



Last edition answers Word search missing word Jasmine Cornwall Quiz: 1.Padstow 2.Truro 3.Marconi 4.St Ives 5.Saltash 6.Penzance 7.Museum of Submarine Telegraphy 8. Carehays Castle 9. Pennis Castel St Mawes Castle 10. The Lost Gardens of Heligan . Fامour Landmarks 1.Eden project 2. Mimmick Theatre 3. St Michaels Mount 4. Lands End

BIG BREAKFAST in aid of VILLAGE HALL

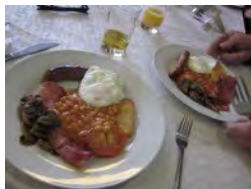
Well done Hall Committee who once again produced 105 splendid breakfasts. Bob Reason tells us that £600 was raised in total.

The money will go towards extra new chairs.

Some 30 at £50 each have already been bought using a Council grant of £1000,

obtained by Phil Tucker.

There is an application for Lottery money in the pipeline but Bob has not had much success in previous years. Keep your figures crossed.



JACOBSTOW WALKS

The other day I joined Mary Carter on one of the Walks around Jacobstow. Stout foot wear is a must and care should be taken where sheep and cattle are around. Dogs should be on leads.

We started off opposite the church and tramped up the footpath beside the Vicarage. The path then winds through a copse beside a stream at the bottom of a field, across the lower edge of another field, to access a green lane.

Where the lane takes a dog-leg, we went through an unmarked gate crossing this field to the Holy Well.

Enjoy the sayings/quotations as you go through the kissing gates, nor forget to kiss!



This delightful spot was renovated by Mary and her helpers and marked by a commemorative stone. All around flowers have been planted and encouraged.

After a fulfilling time we returned to the village

By Sue Burrows

Penhallam Manor - A potted history

These ruins of a mediaeval moat house, one of only four in Cornwall are at the top of the village, on the way to Week St Mary. The site dates from the 12th century and was abandoned in the mid 14th century.

Richard Fitz-Tuold owned Penhallam in 1087 and passed it onto his family who built the moated house here as a hunting lodge, to use when hunting deer in the park. By 1270 it was inherited by the Champernowne family and tenanted by the Beupre family for much of the early 14th century. Isabella de Beupre obtained a licence from the Bishop of Exeter to say mass in her oratory at Penhallam.

A quadrangle of buildings sit around a central open court and were constructed over 4 building phases, the earliest dating from around 1180. Over time various domestic apartments were added including a solar and garderobe (toilet). You can still see the remains of the main hall which was added around 1224 including the stone benches along the North and South walls. Service rooms which include the brew and bakehouse, a malting kiln and two bread ovens have also been discovered and a millstone was reused in a hearth. .

The eastern ground floor contained a chapel with a raised sanctuary and altar, traces of benches are still visible around the walls and painted wall plaster have been discovered during the excavations.






A drawbridge from the gatehouse at the edge of the island would have originally been the access to the manor. This was replaced by a fixed stone bridge in the later 13th century. In the present day, Penhallam is managed by English Heritage and is open all year with free entry. It makes an interesting

walk with the dog, go and discover a bit of our very local history, how interesting!








June events in the local area

Book Bus
C/W Canworthy
WC Wainhouse

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Shoreline Triathlon Summerleaze Beach						1 Bude Town Band jumble sale Lynstone Rd 2.30
2	3	4 Brownies 5.00	5 Coffee Morning 10.30 - noon	6 Coffee Club 10.30- 12.00 Royal Cornwall show Wadebridge	7 Royal Cornwall show Wadebridge	8 Royal Cornwall show Wadebridge
9	10 w/c 	11 Brownies 5.00	12 Bude Lifeboat run 6.30 Rugby Club C/W 	13 W I 7.30	14 Farmers Market 10.00-3.00 Lower Wharf Bude	15
16 Father's Day Bridgerule open gardens 11.00- 5.00	17	18 Brownies 5.00 Parish council 8.00	19	20 Coffee club 10.30 - noon	21	22
23  Largest Moon of the year!	24 w/c 	25 Brownies 5.00	26 C/W 	27	28 Classic motorcycling weekend Kilkhampton	29 Classic motorcycling weekend Kilkhampton

NOTE. Activities are in Parish Hall unless stated otherwise.

July events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 Brownies 5.00	3	4 Coffee Club 10.30 - noon	5	6
7	8 St Peters fair Holsworthy until 15th July W/C 	9 Brownies 5.00	10 RHS Wisley Gardens talk Trevor Wilshire at the Gildhouse Poundstock 7.30 C/W 	11 W I 7.30pm	12	13
14	15  St Swithin's Day	16 Brownies 5.00 Parish Council 8.00	17	18 Coffee Club 10.30 - noon	19	20
21	22 Arts & Crafts 2.00 - 4.00pm W/C 	23 Brownies 5.00	24 Schools summer holidays start C/W 	25 Launceston Agricultural Show - Kennards House	26	27
28 Paronial supper/festival concert in church 19.00 followed by supper in hall	29	30 Brownies 5.00	31 Coffee Morning 10.30 - noon			

NOTE. Events in Parish Hall unless stated.

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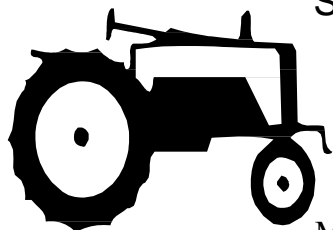
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MORE GALAPAGOS ISLAND HOPPING **By Geraldine Smith.**

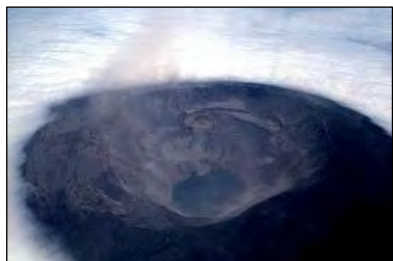
The volcanic rock on Tintureras Island is very sharp and would cut your skin hence the name 'AA' rock. We saw some penguins before returning for lunch.



In the afternoon, after observing flamingos, we visited the giant tortoise breeding centre. They have a 98% success rate and release the tortoise into the wild when they are 5 years old.

Next day we are off on a hike to visit the Sierra Negra volcano, one of the largest active volcanoes in the world. It is 1000m high and the crater is 13km across and last erupted in 2005, our guide had taken photographs at the time and it looked awesome.

The bus journey to the base of the volcano took 45 minutes and the geology changed so much during this journey, starting with volcanic rock followed by small bushes, then small trees onto rain forest. The start of the walk was very wet and muddy taking about 45 minutes to reach the rim of the crater, it was very misty with no view but as the mist gradually cleared we had an amazing view of the crater.



On another hike we went to see the 'Wall of Tears' built in the late 1940's by WWII prisoners at the islands' US base, on the way we saw giant tortoise that have been released from the breeding centre.

Yet another early rise for a 2½ hour speedboat ride to the final island, Santa Cruz. Unfortunately for us the speedboat engines failed halfway across leaving us bobbing about in the Pacific Ocean waiting to be rescued. The rescue was difficult as we had to transfer to the second speedboat and the waves were quite choppy nonetheless we all made it.



(Continued on page 27)

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01840 250568 (Roger)

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Bude Sea Pool



The Sea Pool was created in the 1930s to provide a haven for safe swimming for the people of the town and the thousands of people who visit it each year. Now very few similar tidal pools still exist in the UK: Bude's sea pool is not a man-made lido. It is a semi-natural pool created under the curve of the cliffs which fills twice a day at high tide. Access to the pool is unrestricted and free of any admission charge.

It is a rare kind of construction; man-made but in harmony with the natural environment. Bude Sea Pool provides a unusual opportunity to enjoy a unique experience, close to the ferocity of the natural environment but sheltered from its extreme effects. Included in the town's conservation area, the Pool was judged to be 'a significant historic feature and should be valued and maintained as an integral part of the historic resort town.'

The Sea Pool was previously administered by Cornwall Council and faces an uncertain future. During the funding crisis in the winter of 2010/2011 the pool's public funding was withdrawn. Local councillors, pool users, businesses and supporters fought a vigorous campaign to keep the Sea Pool open for the 2011 season. The Friends of Bude Sea Pool was



formed in early 2011 to secure the pool's future, and the FoBSP took on its day-to-day management in April 2012. We must now raise enough money each year to pay for its ongoing running costs, staffing and repairs. The Sea Pool must fend for itself from now on – if it is closed then it will be permanently demolished.

The best way to support the Sea Pool is to join the FoBSP. We have deliberately kept the annual membership fee low to allow all Sea Pool enthusiasts to join. If you can afford to pay more then please do make an additional donation which we'll put towards the Sea Pool's annual running costs.

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the President, Mrs Pat Lane 01840 230743

Art & Craft Group

No Art and Craft until October. If you fancy a day out sketching, please contact Jeanne on 230113 (when the sun shines)

Wendy Hodgson

S.A.C. DIP. FHPT/S.A.C. Dip. FHPP

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wendyhodgson2010@hotmail.com

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MORE GALAPAGOS ISLAND HOPPING

By Geraldine Smith.

(Continued from Page 23)

We visited the Darwin Research Centre which has a plaque commemorating the death of 'Lonesome George', the last of his species; his death had been in the news all over the world. Later that day we had a barbeque on Tortuga Bay beach and were able to kayak, swim or snorkel or just walk along the beach



watching the pelicans fish.



We flew back to Quito our amazing holiday coming to an end. We flew from Baltra Airport and the only way to get there is by boat. We had a wonderful farewell evening meal in a restaurant at the base of the 'Virgin of Guadeloupe' a statue overlooking Quito where we had panoramic views over the city.

The last morning there was just enough time for sightseeing and shopping before making our way back to the airport and a long journey home taking with me many wonderful memories.

The Human Condition - some interesting facts

- * Only 4 per cent of babies are born on their due date
- * It takes a typical person 7 minutes to fall asleep
- * 15 million blood cells are produced and destroyed in the human body every second
- * We use 54 muscles every time we step forward
- * Our hearing is less sharp after eating too much
- * The hardest bone in the body is the jaw bone
- * Men get Hiccoughs more often than women do
- * Half of the red blood cells in the body are replaced every 7 days

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THE JUBILEE CLUB OF CRACKINGTON AND Warbstow

The Jubilee Club of Crackington was founded in the year of Her Majestys Silver Jubilee, hence the name. Throughout the years, there have been several committees, and at the AGM in January 2012 the current committee resigned, having done many years of very good service, in favour of new volunteers.

At that time, the Warbstow Riverside Club had closed owing to diminishing numbers, and the Crackington Jubilee Club warmly welcomed the amalgamation of the remaining members.

A new committee was then formed, and during the year 2012 we have had a very happy year with varied outings throughout Devon and Cornwall and great support from members and non-members.

The membership fee is only£5 annually which gives a discount £1 per trip and a pro-rata cost of the Christmas Lunch from free upwards depending on the amount of trips attended.

We would like to invite the villagers of Jacobstow to join us on any of the trips, whether as members or as non-members, and you will be warmly welcomed.

Our bi-monthly venues will be in the advertisement in the Jacobstow Journal.

Monday 17th June. Coach to Liskeard, train to Looe

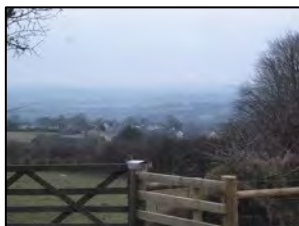
Monday 15th July. Kingsbridge/Salcombe

**Pick-up Points Tilleys Yard 9.10am
 Crackington Institute 9.30am**

**Please book with Olive 01566 781373
 Bev 01566 781761
 Eve 01566 781452**



EASTER DAWN ON Warbstow Bury



On a cold Easter Day morning a few stalwarts met Rev Rob and Rev Doreen to welcome the sun on 31st March 2013

Numbers were down this year - maybe because Easter was really early in the year or because the hour changed and the time the day before was 5.30am!

Thank you Audrey and her helpers for a "Full

Mobile Library (for enquiries phone 0300 1234 111 or on-line cornwallcouncil.gov.uk - search "libraries" then "mobile library")

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two

We are nearly halfway through 2013 and there seems to be some more positive news and outlook both in terms of the housing market and the general national economy.

Looking at the housing market directly, the Government schemes involving funding potential buyers deposits, which comes in to force in January 2014 and the additional new build, help to buy scheme which started in April 2013, will help all those buyers who do not have quite enough deposit to secure a house sale they should be able to borrow at very low rates with mortgages being much more competitive in terms of the monthly payments compared to rental costs and we do hope this will have an impact in the market place. The other thing that keeps us very buoyant for the property market is the on-going low interest rates, which mean that there are excellent fixed rate deals in the market place with deals available at 2.99% for a five year fixed rate and if you would like to know any further information regarding the mortgages please do contact us as we have **Allen Johns who is a member of the Mortgage Advice Bureau in our office every Tuesday**, to help and advise those who need it.

Most commentators believe that at the end of 2013 we will see a slight increase in productivity and prices with the Bank of England confirming they felt the need to upgrade the general outlook on the economy, all of which is positive news.

If you are thinking of selling or just want advise as to when to move or what the value of your property is at the moment please do not hesitate in contacting us here at **Webbers**

01288 353661 or e-mail - bude@webbers.co.uk



Tintagel Orpheus Male Voice Choir

Saturday 22nd June - SAFARI SUPPER Always a successful and enjoyable event, this years safari will again take place at venues in or close to, Tintagel. The cost for the five course supper will be £12.00 per person. Please call 01840 213736 for information & tickets.

Sunday 23rd June - MADRIGAL CONCERT. Tintagel Methodist Church. 7.30pm. This popular concert features the singers of the Bristol University Madrigal Ensemble as part of their annual tour of Cornwall along with TOMVC. Tickets on the door.

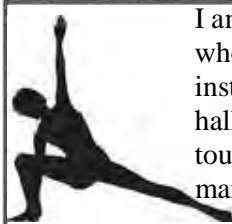
The choirs season of summer concerts commences on July 4th at Tintagel Social Hall at 7.30pm and thereafter on 18th July, 1st August, 15th August, 29th August and 12th September.

COMMUNITY NOTICE BOARD

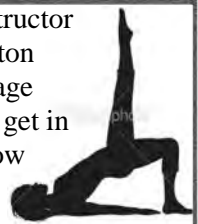
Announcements, appeals and forthcoming events

Coffee Mornings in the Village take place every other Thursday first one this month is 6th June

Have you any friends or relations who live away and would like a posted edition of the Journal? The annual cost of £5.00 for 6 editions includes postage and packing. To order please contact any staff member of the Journal.



I am thinking of approaching the Pilates instructor who holds a beginners class at the Crackington institute to come and start a class in our village hall. If you are interested, could you please get in touch with me so that I can get an idea of how many are interested. Thanks Sarah 230565



MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

Umm..fish and chips, dont forget the mobile chip van is in the village hall car park every Thursday at 6.30

Are you organising a community event? If so, we can advertise it for you for free and we will even help you design it!!!!!!

Dont forget the Parish notice boards outside the village hall and Wainhouse Stores for up to date information. You can also use these to promote any community activity you want people to know about

We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith



Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?
For further details speak to any Committee Member or ring the Secretary on 01840 230173



March didn't go at all according to plan this year. A very sharp frost was recorded at Canworthy Water on the morning of the 3rd, -6°C and actually the lowest of the winter. The following week was quite mild, the 8th got to 15°C around 3pm, when the cold returned with a notable and persistent east wind which set the trend for the rest of this month. The 15th and 16th

were the only really wet days, giving 1.25" of rain collected in a 24 hour period. The total for the month was 3.32", with an intense rain-period overnight on the 22nd accounting for 1" of this total.

Of note were the lack of severe gales, March usually produces a few - I was reminded of the violent storm of the 10th in 2008, when locally wind speeds of 95 mph were observed inland.

April was fairly quiet, a few frosty mornings but nothing of note, -4.5°C on the 6th was the lowest recorded here. The 11th produced a short-lived thunderstorm and hail which was the only notable event. A dry month generally, only 1" of rain collected here, no really wet days at all. The 27th should have produced thunderstorms in the afternoon, but didn't.

There is nothing else to report at present, we saw the first swallows here on the 12th incidentally.

HIGH TIDES June and July

Date	7 Jun	14 Jun	21 June	28 Jun	5 Jul	12 Jul	19 Jul	26 Jul
AM	5.08	9.18	3.39	9.36	3.59	8.19	2.06	8.27
PM	11.27	3.22	10.12	3.42	10.22	2.23	8.47	2.34

Marion's Cookery Corner

Toffee sponge pudding

Ingredients

2oz butter
2oz soft brown sugar
2oz black treacle
2oz golden syrup
5oz self raising flour
 $\frac{1}{2}$ tsp bi-carb
 $\frac{1}{2}$ tsp allspice
1 egg beaten
100 mls milk



Sauce

2oz butter
150ml double cream
3oz dark brown sugar

You will also need a deep well buttered 8" square or 9" round oven proof dish. Oven temperatures 180°C 350°F gas 4

Method

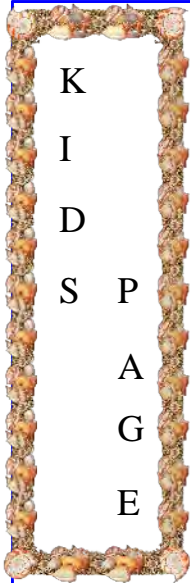
Put the butter, sugar, black treacle and golden syrup into a saucepan and melt together over a low heat - stirring often, leave to cool

Put the flour, bi-carb and allspice into a bowl. Add the milk to the syrupy mixture in the saucepan then add it and the beaten egg to the dry ingredients. Mix well and put the batter into the dish, cook for 25 to 30 minutes.

Halfway through the cooking time put the sauce ingredients into a saucepan, melt them together over a low heat. When the sponge is ready bring the sauce to a simmer and pour it immediately over the sponge - it sort of bubbles and soaks partly into the sponge, it doesn't just stay on top.

Allow to cool a little before serving with cream or ice cream. This pudding is great made a day or two before required and then each portion microwaved on high for 30 seconds.

Suggestions - Add a couple of ounces of chopped dates to be more like a traditional sticky toffee pudding. Add 2 tsp of ginger and some chopped stem ginger for a ginger sponge or 3 tsp of ginger if not using stem ginger.



K
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Well
kids by the time
you are reading this page
we should be well into
Summer and you are all off to
the beach for play and to surf.
Remember to follow basic rules
and always swim and surf on a
lifeguard patrolled beach.
Keep yourself safe and
enjoy the summer



**Q. What do you call a witch who lives
on the Beach?
A.. A SANDWITCH!!!**

**Q. What's the best day to go to
the beach?
A. SUNDAY!!!**



See if you can find all the words in this safety wordsearch

S	S	K	E	E	R	S	Y	V	S
L	G	W	C	I	W	A	V	E	S
O	A	Y	P	O	W	P	D	P	Q
S	L	S	T	T	L	I	O	A	M
H	F	W	Y	L	T	B	O	L	O
R	M	D	P	I	L	S	N	S	S
K	C	O	S	D	N	I	W	U	S
L	I	F	E	G	U	A	R	D	S
R	E	C	D	S	F	S	H	Q	X
S	G	Y	I	L	K	W	W	H	U

Flags
Slap
Slosh
Waves
Lifeguards
Slip
Sunblock
Windsock
RIPS
Slop
Tides

**Q. Where do rocks like to spend
their summer hols?
A. Pebble Beach!!!**



INVASIVE NON-NATIVE AQUATIC PLANTS

warnings by Cornwall Wildlife



The Government is banning the following 5 species :-

Floating Water Primrose
(*Ludwigia grandiflora*,
L. uruguayensis and *L. peploides*)
Floating Pennywort (*Hydrocotyle ranunculoides*)

Parrot's feather (*Myriophyllum aquaticum*)

Australian swamp stone-crop (*Crassula helmsii*)

Water fern (*Azolla filiculoides*)

Cornwall Wildlife advise us to remove these from our ponds.

There is no need to panic as this ban doesn't come into force until April 2014. Hopefully

alternative invasive plants won't be introduced instead!



During routine maintenance, place a protective mat beside your pond and carefully put removed weed on to it. If you leave for a couple of days

this will allow creatures to return to the pond and help

the plants to desiccate. be All can be composted except Water Primrose.



Orange Jeff Opperman

Now see the beautiful sunset ore the ocean blue
Fiery colors due abound of poems there are a few
I wish that I could write one, about that perfect hue
But nothing rhymes with Orange

Orchards stretch for miles, they never seem to stop
There nectar baring fruit is one that's hard to top
A fruit that justifies a sonnet, but might as well be rock
But nothing rhymes with Orange

How do I describe a basketball?
Or the bricks within my garden wall
The autumn leaves before they fall
But nothing rhymes with Orange

So the hardest line you'll ever write
One to keep you up all night
So please tell if you might
What the hell rhymes with ORANGE?



Poetry Corner

Affordable houses for Jacobstow?

On Tuesday last, 14TH May, I went to the Jacobstow Parish Council meeting to hear the proposal put forward by a company called Trand. represented by Messrs. Andrew Lopes and Robin Falle, Mr Andrew O' Brien also attended the meeting, he is the Affordable Housing Team Leader. (Community Team) for Cornwall County council and he carried out the recent neighbourhood survey (questionnaire included in The Jacobstow Journal last Autumn),

He told us that the results showed that there are currently fourteen people living locally in this parish who are on the Home Choice list and they would be eligible to apply for any such housing . He said that there was interest from one or two other local residents who would need to register on Home Choice so that they may be eligible.

Obviously the situation in any area is mobile but there was a sufficient response in this parish to indicate a need for an increase in local available and affordable housing stock.

Based on this survey Trand would like to build a group of ten affordable houses together with five open market houses on an area of land at the rear of Wainhouse Corner. The matter was brought to the Parish Council for discussion and a further explanation of the possible plan.

It seems that the ten houses, if built, will be adopted by a housing association and will be offered at a rent which will concur with the local housing allowance. Andrew Lopes told us that Trand are currently in discussion with three locally based housing association groups. Although by nature a bit of a sceptic, I began to think that this scheme looked useful. It is often very difficult for people to afford the basic payment for a mortgage and shared housing ownership; ie part purchase part rent seems to be a very expensive commitment, so hearing that the plan was for rentable property I was interested to hear more.

Here are some of the questions which were put to the speakers.

Where would the houses be built ? Proposed site is at the rear of Wainhouse Inn between Wainhouse and Tilleys.

What sort of plan is proposed? The present plan showed a T shaped formation Cul de sac with the houses built in terrace form with four properties in one and six in the other. The market properties were detached or semi-detached and had garages. The proposal is for:- 2 X one bedroom, 5 X two bed, 3 X three bedroom

How much space would there be for parking ? With the exception of the two single bedroomed homes the houses would each have space for two vehicles .

How much space would there be for parking ? With the exception of the two single bedroomed homes the houses would each have space for two vehicles .

What about the present water treatment and sewage system? We were told that Trand was in negotiation with SWW over finance for the necessary work, however they did not anticipate any problems and believed that the necessary upgrading would occur, should the plan be accepted.

What sort of standard would the building meet? This would comply with 'Code level three'. If, like me, you have no idea what that means It was said to be a high level of energy efficiency with the probable use of solar panel and air force heating which is a heat exchange system which is very cost effective. The houses would be roofed in natural slate and the exterior would be designed to blend with the more traditional build. The boundaries would be Cornish hedge..

Explanation on Heating System - Good or Bad? They explained that they have fitted this in houses at St Austell where, when people understood how the system works, it had been very good... They thought that the early problems experienced in some areas were because residents had not been given sufficient help to accustom to the new methods. We were also told that a property could be heated for as little as five pounds per week.

If you had the go ahead when would the plan be ready for use?

We were told that there could be a three month determination period, and work if plans accepted could start before the end of the year 2013 for housing to be ready sometime in 2014.

Where can people see housing built by Trand? Affordable housing has been completed at Briar Tor at Yelverton, in Devon and Widegate at Looe, also look at the website www.trandliving.co.uk

I have tried to reflect what I heard at this meeting, it does sound a bit like an advertisement, on the other hand, all the questions were answered and I think it would be really good to have houses which people can afford in their home area. I can't but reflect how fortunate I and my generation, were in being able to obtain work and afford our homes before prices went mad.

Incidentally if you are interested and wish to know more you may like to contact Andrew O' Brien at Andrew.obrien@cornwall.gov.uk; Andrew is going to re-contact all those who said they were interested on the questionnaire so that he may update the need.. Trand hope to come to another Parish Council meeting in June or July, it will be posted on the Notice boards.

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Jive Club in Warbstow with lessons

Thursdays 7.30 pm to 10pm.

Warbstow Community Centre. Main lesson starts at 7.45pm. £3.00 per person including lessons

Lots of time to practice and receive individual help from us. Let us know if you would like to come. Or, if you just want a chat about what to expect please ring on (01566) 781 587 (Please don't forget to leave your name and contact phone number), or email adrianandlouise2@btinternet.com

We also teach at the Bude Jive and Rock n

Roll club on Mondays at the Parkhouse

Centre. We offer private lessons, party/event fun lessons and give dance demonstrations at shows.

Ring or email us to discuss your needs. We look forward to hearing from you and seeing you jiving Adrian and Louise Stevens

BUS TIMETABLES

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate		1040	--
Launceston Tesco		1050	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco		1250	--
Launceston Westgate		1300	--
Boyton		1315	--
North Tamerton		1325	1315
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary		1340	1330
Canworthy Water	1400	1350	1350
Warbstow Cross		1405	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Tesco	1230
Launceston Westgate	1230
Canworthy Water	1255
Warbstow Cross	1300
Canworthy Water	1305
Week St Mary	1325
Jacobstow	1340
Wainhouse Corner	1345
Higher Crackington	1400

595 Boscastle – Bude

(Partial listing of stops only)

(a = Schooldays only) (h = School holidays)

Western Greyhound 01637 871871

Monday to Saturday

				h	a	h	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven	--	1047	--	1447	1507	--	--	--
Wainhouse Corner	0817	1055	1217	1455	1515	1617	1707	1907
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503	--	1625	1715	1915
Budehaven School	--	--	--	--	1525	--	--	--
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

No Sunday Service

Bude – Boscastle

(Partial listing of stops only)

	a	h			h	a	
Bude Strand	0710	0715	0840	1115	1240	1515	1530
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542
Wainhouse Corner	0727	0732	0857	1132	1257	1532	1547
Crackington Haven	--	--	0905	--	1305	--	1555
Boscastle	0745	0750	0920	1150	1320	1550	1605

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Brigade Mr & Mrs G Jose	01566 781346
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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