

# *Jacobstow Journal*

***Providing news and information for the  
Parish of Jacobstow***

*Issue No. 65*

*June/July 2021*

A colorful illustration for a 'Garden Safari' event. The background shows a lush garden with green trees, pink cherry blossoms, and white flowers. A scarecrow with a straw hat and a flower on it is on the right. The text 'Garden Safari' is in large, white, bubbly letters with black outlines. Below it, in yellow text with black outlines, is 'Jacobstow Parish Hall invites you to a Garden Safari including Scarecrow competition, Raffle, Stalls and Refreshments'. At the bottom right, in white text with black outlines, is '20th June, 2-6pm £5 per Adult, Children go free'.

**Garden Safari**

**Jacobstow Parish Hall  
invites you to a  
Garden Safari including  
Scarecrow competition,  
Raffle, Stalls  
and Refreshments**

**20th June, 2-6pm  
£5 per Adult,  
Children go free**

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***[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)***



## Editorial by Sarah

Nature, it's all around us, but sometimes we take it for granted. We miss the coming and going of the seasons, the baby birds arriving and the way the hedgerows and verges change. All you need to do is take a walk through the village and look left or right and you will see all different sorts of flowers and greenery. Going further afield, if you pop down to Crackington or Widemouth you can see all manner of flora and fauna. It's interesting to go home, get the books out and try and identify some of the plants you have enjoyed. If you are really techy I think there is an app for that...there is for everything else. It really makes you appreciate where you live and how much there is to enjoy right on your doorstep. Talking of doorsteps don't forget the garden safari on 20<sup>th</sup> Jun; why not enjoy some of the gardens in the village whilst supporting the village hall? As you can imagine fundraising opportunities have been few. I have volunteered our garden for the scheme, don't know how happy my dad was about that, but you will be made welcome so why not come and have a poke about.

We are also having a stall at the village hall; why not pop along and speak to whichever Journal person is manning the stall (even though we are all women!) They can answer any questions you have, pass on comments or suggestions and maybe you could have a go at our tom-bola. However you support it, it will just be nice to see each other again and have a good old catch up

See you there, Sarah

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### Enquiries, Articles and Letters

*email to:*

**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**

*or in writing to the Editor.*

Sarah Smith

Almar, Jacobstow, EX23 0BN

### Editorial Team

Sarah Smith	Editor	01840-230565
Sue Burrows	Tec.Support	07989 785518
Celia Proudfoot	Articles	01566-781473
Jill Baker	Articles	01840 239829

#### Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

**The deadline for adverts, letters or articles for the August/September edition will be 10<sup>th</sup> July 2021 Please note this does not guarantee that the item will be published due to possible limitations on space.**

**Contributions received will be included at the Editorial Team's discretion.**

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## Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mrs Caroline Pallett  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes.

Editor's Note *The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting also the agenda and minutes of previous meetings are on the village website [www.jacobstovvillage.co.uk](http://www.jacobstovvillage.co.uk)*

## JACOBSTOW PARISH COUNCIL

### Summary of Minutes of Meeting held on 6th April, 2021

Cllr. Osborne chaired the monthly meeting which was held on Zoom with five Councillors, County Cllr. Nicky Chopak and one member of the public attending.

#### **Pathway between Cory Close and Tregenna Close**

It was reported to the Council that horses frequently use this pathway. As several elderly residents use this pathway with sticks and walking frames residents are asking if a sign could be put up saying "No horses." Cllr. Chopak will discuss this with Oliver Jones to see if something can be done.

#### **Notice Boards**

Mr Dereck Smith had re-painted and re-lettered the Parish Council and the Parish Hall Notice Boards (without any charge to the Council.) Clerk to write a letter of thanks to him.

#### **Business Development at Wainhouse Corner**

Mr Dan Ward attended the meeting to explain that he has to give the development a name and for the Council to approve it. The name will be Wainhouse Business Park and the roadway in will be Barr Way (Barr is Cornish for Public House). Councillors were in agreement with this.

#### **Remote Meetings**

It was mentioned that at the moment remote meetings will not be able to take place after 7<sup>th</sup> May, 2021 unless the legislation is changed before that date.

#### **Cornwall Council had approved planning for:**

PA20/07948: Outline Planning for one dwelling – Land on the West side of 1, Barn Close, Wainhouse Corner.

PA20/10655: Hedge Removal at Poulza Post

PA20/11352 Conversion of disused domestic garage to dependant relative's annexes, Penhallym, Week St. Mary.

# JACOBSTOW PARISH COUNCIL

## Summary of Minutes of Meeting held on 11<sup>th</sup> May, 2021

Cllr. Charmaine Smith chaired the monthly meeting which was held in the Hall with five Councillors and County Cllr. Chopak. The meeting began with the election of Officers which was:

Chairman: Re-election of Cllr. Norman Osborne

Vice-Chairperson: Re-election of Cllr. Charmaine Smith

Responsible Financial Officer: Re-election of Mrs D.A. Turner

### **Bus Shelter**

An email had been received from Cornwall Council regarding the grant application saying that they are currently reviewing the budget available for such projects therefore at the moment they are unable to process our application.

### **Audit Forms**

The audit forms were discussed agreed and signed as necessary

### **Accounts to pay:**

Zurich Insurance Renewal: £167.44

CALC - Annual Membership £295.34

### **Planning Application PA21/02562**

Change of use from outbuilding to annexe/self contained holiday let, Sunnyside, Jacobstow.

### **Planning Application PA21/03132**

Two storey extension to rear and single storey extension to side of existing property – Sam's Meadow, Lower Blagdon Farm, Jacobstow

### **Planning Application PA21/03991**

Truro Diocesan Board of Finance – To remove the stem of ash tree (5162) situated within TPO ref: E1/8K786/70. Land situated above Foxglove Cottage, Jacobstow.

## **SCOTT MANN Stratton Hospital - Overnight services extended!**

I recently met with Julie Dawson (Cornwall NHS Partnership) and put forward the strong desire that my constituents in the Bude area have for Stratton to be used to its full potential, so I am extremely pleased that they have listened and the trial of the overnight service has been extended by six months.



Your MP Scott Mann - - For full version of this letter follow the link on

[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)



## Jacobstow Neighbourhood Watch



Criminals are experts at impersonating people and the police. They spend hours researching you for their scams, hoping that you'll let your guard down for just a moment. Stop and think. It could protect you and your money.

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**Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there**

**[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**

**This is your link to the Police Commissioner's Report**

## CONGRATULATIONS TO NICKY CHOPAK ON BEING RE-ELECTED COUNTY COUNCILLOR



Nicky Chopak, your County Councillor contact details -  
mobile no: 07810 302061

Email: [nickychopak@gmail.com](mailto:nickychopak@gmail.com).

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

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## DARTMOOR PONIES

June and July is a wonderful time to visit Dartmoor to see the Dartmoor pony foals. When Dartmoor was designated a National Park in 1951, the pony was chosen to be its logo. All the ponies are owned by various Dartmoor Commoners, (the farmers and residents of the Moor who have grazing rights on the open moor), and with these rights comes the responsibility of seeing that the herds of ponies are kept healthy. Ponies have lived on Dartmoor since prehistoric times. Although herds of ponies roam freely on the moor, they all belong to different pony keepers. The owners round up their ponies every year in the autumn at the annual pony 'drifts'. They then decide which ponies to keep on the moor and which to sell. The foals are usually weaned from their mothers at this time. The ponies are very hardy and actually thrive on Dartmoor despite the harsh weather and poor vegetation. In fact, by grazing the moorland they play a vital role in maintaining a variety of habitats and supporting wildlife.



# CHURCH AND CHAPEL SERVICES

Reopening Sundays starting on 20<sup>th</sup> June 9am - 5pm in accordance with government guidelines. This will continue every Sunday for private prayer and visiting. For more days of opening and maybe services over the next two months please see the notice on the church gate,  
Sunday morning and evensong services continue to be held online, link available from Rev Heather Aston 01840 250359 email [heather-solo@msn.com](mailto:heather-solo@msn.com)



Jacobstow Church



## LIVING CHURCH

**Services are resumining on the 1<sup>st</sup> and 3<sup>rd</sup> Sunday of the month. Please contact Sophie on 01566 781572 for details.**

**It would be great to see you**



## Coast Church Family Church

Services are suspended at the moment until further notice.

Stay safe everyone.



## Archbishop Justin Welby - Thought for the Day from Radio 4 23<sup>rd</sup> March.

A year ago we went into lockdown. We measure the losses since, in deaths. We measure them also in so many other ways. Lost days at school. Lost contacts with friends and families. Lost opportunities to hug, to touch, to say hello, to say farewell. The losses in the economy that affect our lives and futures. The losses of sport and other great occasions, of festivals and mass gatherings in the arts and music. The loss of choices.

Covid has touched everything and everyone. Unconnected events have been changed. Weddings, funerals, birth celebrations, falling in love, dating, mourning and celebrating... Going to work, going to friends, going for a walk, going shopping. Everything we do has been different. One of the great songs of lament to God in the bible begins "By the rivers of Babylon we sat down and wept." An anniversary is a time to lament, to mourn, to sit and weep for what could have been and is not. Pause for a while today, remember what has been lost, above all who has been lost. Lament - for to do so is to honour and treasure. As a Christian I follow and love Jesus Christ who loved and mourned his friends, his country, suffering.

Anniversaries are also moments of new beginnings. It is just a day. But it is also a moment. And one of the signs of being human - of being spiritual as well as material - is that we make moments that pass into moments of significance. The anniversary calls on us to ask where we are going? What do we want to build as a society? Surely it is a living memorial to loss - and an expression of what we long for. Imagine it; then let us strive for a society that is just and good, that speaks of the victory of life and hope.

### Church Lottery Results

	1st	2nd	3rd
April	Mrs S Osborne	Mrs W Smith	Mr J Penfound
May	Mr R Brayley	Mr W Smith	Mr M Spry

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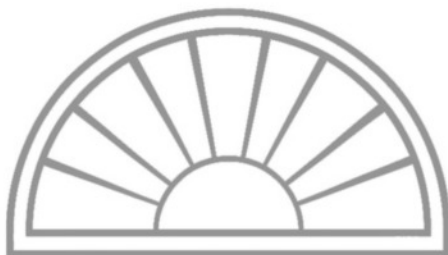
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## Hedgehog Advice from Anne Connolly.

We are very lucky in Jacobstow to sometimes see a hedgehog, but nationally numbers are declining drastically. Here are some ways you could help them survive .....

- 1) Provide dried cat food and a bowl of water for them in an upturned box with a cd sized hole to stop cats getting in.
- 2) They can travel up to 1 km a night for food, so make sure your garden is accessible. If necessary make a cd sized hole in your fence.
- 3) Don't use slug pellets.
- 4) Put ramps or stones in ponds or cattle grids, so they can climb out easily.
- 5) Before strimming long grass, sweep area with a stick to check for hedgehogs.
- 6) Drive slowly through the village after dusk. Hedgehogs don't have any road sense!

If you see a sick or injured hedgehog ( or any injured wildlife ) wrap it in a towel, put in a box and call Nicky at Littlest



Two hedgehogs in my feeding box!

## THE JUBILEE BENCH

The bench continues to be used and enjoyed by so many people in Jacobstow. Recently whilst out on my bike I met Ken who has retired from driving buses for Tilleys and now often takes Jeanne's dog Beacon for a walk and a sit on the bench.



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## Bob's Gardening Spot.



Now the frost has gone ("ne'r cast a clout 'til May is out,") it's time to plant out tender vegetable plants including runner beans, tomatoes and courgettes. Keep sowing your summer vegetables for repeat harvesting and also sow some winter cabbages and sprouts.

Cut out any mature shrubs that have become crowded. Thin out any apples, peaches or pears that are in danger of becoming over crowded on the tree.

Your mower should be set at about half an inch cutting height and any bare patches in your lawn should be re-sown and edges given attention to keep them tidy. In the greenhouse make sure you are watering regularly to avoid blossom end rot. Harvest your onions and dry them off in the greenhouse.

Pinch out the tops of climbing beans and outdoor tomato plants after 4 trusses. Happy gardening - see you on the garden safari, Bob.

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### Jacobstow Book Club



We liked both the books we read this month; one a Library set and one recommended by a member of the group:

**The Swimmer** by Roma Tearne.

A 43 year old poet lives alone in Orford Ness, Suffolk and is rather an outsider in the local community, having only just moved from London. She meets a young Sri Lankan man, who has been swimming in the river at the bottom of her garden. As a Tamil Christian, he has fled

persecution and has arrived as a refugee or illegal immigrant, depending on your point of view. There are a number of what are assumed to be terrorist-related incidents in the area and the locals are becoming very wary. This is a very compelling story of love and trust amid suspicion and outright prejudice set in the beautiful Suffolk countryside.

**Kingmaker, Winter Pilgrims** by Toby Clements.

Two young people, Katherine, a nun, and Thomas, a monk, are forced to escape from the priory. They are both in danger, for different reasons but are forced to make their way in a strange, violent and brutal world during the Wars of the Roses. This is brilliant and engrossing historical fiction that feels totally real as Clements describes, in graphic detail, the mud, gore and cruelty suffered by ordinary people, as kings, lords and landowners force them into battles in order to decide who is going to rule the country. The loyalty and affection of the two main characters encourages you to read on but this is not for the faint hearted. Nevertheless, despite the blood and horrific scenes, some of the group enjoyed it so much that they have ordered the next in the series!







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## 2<sup>nd</sup> Bude (Jacobstow) Scout Group

### New Scout Hut



Great news. The fundraising is progressing amazingly due to outstanding local support; the hut project is on schedule for completion in 2021.

We are extending our Crowdfunder Campaign indefinitely.

<https://www.crowdfunder.co.uk/new-scout-hut-for-2nd-bude-jacobstow-scout-group>.

The first time-limited campaign was a huge success. We have been overwhelmed by the local support. We have now raised over 50% of our target, which gives us further access to other grants.

This means we can progress the project as planned with work due to start at the end of May.

We are now focusing on raising money in our next phase for the roof, windows/doors and cladding to make the building watertight.

The final phase will focus on the interior, the landscaping and the road works at the entrance.

We remain confident that we will complete the project in 2021, our 50th anniversary.

Thank you for your continued support, please share widely. We are still trying to encourage many old members of the Scout Group to follow our Scout Hut Facebook page.

For further information please contact Jill on [stevenmichaelcole@btconnect.com](mailto:stevenmichaelcole@btconnect.com)

**In the meantime**, meetings have been continuing. Here are some photos of the Cubs and Beavers on Parade for St George's Day.



## RECONNECTING NORTH CORNWALL



North Cornwall and West Devon have been disconnected from the railway network for many years following the closure of lines and stations during the 1960s, including Bude station which closed in 1966. A recent announcement that regular rail services between Okehampton and Exeter will be reinstated is quite a milestone as the last BR passenger train ran here in June 1972 with just a Sunday service running in the summer since 1997. The Government's investment to improve railway access in the South West has enabled this route to reopen after much campaigning and the announcement coincided with the 150<sup>th</sup> anniversary of the railway first arriving in Okehampton in 1871.

The local organisation Connect Bude was set up in 2016 to campaign for the reconnection of Holsworthy and Bude to the National Railway Network. The Okehampton announcement is a major step in realising this vision and Connect Bude has joined forces with Bude Climate Partnership and Bude Coastal Community Team to bid for funding from the Government's Restoring Your Railway Ideas Fund for a feasibility study into the extension of the line to Halwill, Holsworthy and Bude.

To find out more or to support the campaign visit:  
[www.connectbude.uk](http://www.connectbude.uk)

### *Did you know?*

The Devon & Cornwall section of the A39 is called the Atlantic Highway, not only because it follows the line of the Atlantic Ocean's coast but there was a campaign to name it after the Atlantic Coast Express train operated by Southern Railway. The "North Cornwall & Bude Express" ran from London from 1907, before being renamed the "Atlantic Coast Express" in July 1926. It was affectionately known as the ACE by regular travellers and enthusiasts.





# PUZZLE PAGE



Welcome to your "tea break" puzzle page, Rachel Wren was pulled from the hat and wins a £10 voucher to spend at Wainhouse Stores. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> May 2021.

I	D	X	N	S	Q	M	I	N	T
Y	N	K	I	H	S	T	O	N	E
E	I	C	A	A	Y	S	X	N	W
R	W	O	R	D	A	Y	S	O	A
G	O	R	G	E	O	U	S	T	R
W	N	U	S	S	D	U	S	T	D
C	O	L	O	U	R	I	X	O	R
X	L	E	N	G	T	H	B	C	O
E	K	A	C	A	S	U	A	L	B
P	A	V	A	I	L	A	B	L	E

**WORDSEARCH** - one of the words listed below does NOT appear in the grid - which one?

AVAILABLE	CAKE
CASUAL	COLOUR
COTTON	DAYS
DUST	GORGEOUS
GREY	INCREDIBLE
LENGTH	MINT
RAIN	ROCK
SEASON	SHADES
STONE	SUN
TURBINE	WARDROBE
WIND	



1

2

3

Can you name the Bude landmarks?



4

5

6

Last edition answers. Word search missing word: Showers. Film posters: 1. The Shining 2 The Godfather 3. The Shawshank Redemption 4. Silence of the Lambs 5. Maleficent 6. Gladiator 7. The Matrix 8. The Exorcist.



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# Letters Page

Something you want us all to know about? Email and address for letters is on page 2

Dear Editor,

Firstly I'd better hold my hand in the air and admit I do live the other side of the A39 in St. Gennys, but enjoy reading the Jacobstow Journal. I read a little article in the April/ May addition under David's Ramblings, written by Celia on her visit to Chipshop. If she is talking about the Chipshop in the Lamerton / Tavistock area, the history to that place is as follows:

Many years ago that area was known to have copper and arsenic mines, and the local miners who worked there were paid with Scrip or Chips; these were tokens which could be exchanged for goods in the local pub / shop, hence the name, Chipshop. Strangely enough these premises were normally also owned by the local mine owner. The pub there used to be called Chipshop but I believe the name has been changed to The Copper Penny.

Kind regards,

Trevor Biscombe.



## WAINHOUSE SHOP IS A TREASURED COMMUNITY ASSET

Why? Because when I found an ipad lying in the road outside my house, I panicked. How to get it back to its owner? Police: Only a really complicated unuser friendly website. I left a message. (Interestingly so had the ipad owner but we never found this out.) Warbstow and Jacobstow Village Facebook pages: I did post here. Then I made a poster and took it to Wainhouse Shop who put it in the most prominent place and promised to be on the case. Within hours the ipad owner was in contact. She was so grateful and I was so relieved. Thank you to our wonderful shop and staff. Celia Proudfoot.



## JUBILEE CLUB

Hello Everyone!

We're thinking of all our members and  
Hoping we will be able to resume trips in the Autumn.

Keep a look out for more news.

Meanwhile keep well and stay safe *Eve and Mo*

# WEATHERWISE by Monitor

March was a little different this spring, with a more easterly flow than the usual storm westerlies. A fairly wide spread of temperatures too, with the 2nd giving 15.2°C here in Canworthy Water with rain showers the following day giving a thunderstorm in the Exeter area around midday. The persistent high pressure gave a few sharp frosts, with -3.7°C recorded here on the morning of the 8th following on the previous few frosty mornings. Generally not a cold month, most days were fairly mild and drier than what one would expect for the month. The 10th to the 13th was the only really wet period. The total collected here in the valley was 1.98", well down on my 10 year average of 3.32".

April was very different this year. Normally a showery month especially in the West Country, this one started with near-summer temperatures. Following on from the very mild end to March, 22°C was recorded here on the 1st. Bit of an April Fool though, the first week only managed around 13°C during the middle of the day. No rain was collected here from the 15th to the 27th. The blocking high kept the winds generally around the northern quarter, day temperatures were reasonable being frequently into the middle teens but virtually all the mornings saw a cold start with mild frosts. Whilst it was fine in the sun, a number of days saw a notable wind chill. Nationally it was regarded as a record-breaking month for being cold.

The difference between the high to the northwest and lows over France gave a number of days where a convergence line of rain showers were set up, usually over and to the south of the moors and there were a couple of thunderstorms observed. One was noted around Laneast just after midday on the 30th, and another one which was somewhat more active near Holsworthy mid-afternoon. Proper April stuff, this!

At total of 0.4" of rain was collected for the month, as against my average of around 2.5".

## HIGH TIDES and SUNSET June - July 2021

*NB - Heights based on Newquay for Bude +25 minutes)*

Date	4 June	11 June	18June	25 June	2 July	9 July	16 July	23 July	30 July
AM	1.19	6.28	11.41	6.06	11.52	5.35	0.42	5.07	10.11
PM	13.56	18.42	**.**	18.29	**.**	17.50	13.22	17.32	22.34
Sunset	21.27	21.32	21.35	21.36	21.34	21.30	21.24	21.16	21.06



## David's Random Ramblings

Like many others, I find that one of the many delights of living in an area such as this is being able to venture out along the lanes and footpaths that crisscross the locality in order to enjoy the sights, sounds and sometimes also the aroma of the countryside. On occasion this joy is boosted by the serendipitous meeting with other locals and being

given the chance to pass a few minutes engaged in amiable conversation, catching up on all of the latest gossip. On one such recent outing, a chat over the hedge between Eden Chapel and Jacobstow, left me truly amazed and scandalised as I learned of the latest scurrilous happenings in the celebrity world, not least one involving those legendary East Enders' characters Lee Vitt and Ian Twurfit. Obviously, I couldn't wait to share this information with everybody of my acquaintance. However, I felt that, in advance, I should try to do some basic checking and establish the true facts. Can you begin to imagine my mortification when I discovered that everything that I heard over the hedge that day had been fake moos?



Dereck Smith has refurbished the Parish Council and Village Hall notice boards.

I'm sure we all agree they look lovely and smart again, thank you Dereck

## Facts about Cornwall

Cornwall's coastline is 433 miles long and has 300 beaches  
 Kernewek is the native language of Cornwall.  
 Truro is the only city in Cornwall  
 Cornwall's moto is Onen hag oll (one and all)  
 Cornish tin has been around for 4000 years





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## JACOBSTOW SCHOOL.

Another busy month has whizzed by. We have embarked on a couple of new projects in school to help boost well being amongst pupils and increase fitness levels. We are fortunate to be working with Georgina Wort from Bath University to trial the use of Moki fitness bands. Our Neptune Class children and staff have been wearing a band throughout the day that is able to track how much more they are moving throughout the trial period. We are looking forward to seeing the changes to activity levels at the end of the programme and if it has a positive impact, to purchasing our own school set for other classes. Our Key Stage Two children are also working with Steve Eldridge from Circus Bezercus to look at how the circus skills programme can benefit health and well being. We have loved watching the children persevere, try something new, master tricky skills and beam with joy as they conquer a tricky technique. We have purchased a range of equipment similar to that which Steve uses with the children, for them to continue exploring at playtimes. We have been continuing to develop and make use of our outdoor areas and have begun planting fruits and vegetables in our garden area. We are also looking forward to developing our playground equipment and hopefully even a climbing wall! Our Jacobstow Jungle area continues to thrive, with children and staff learning new Forest School skills and working towards the Wildtribe Children's Award which is a mini Duke of Edinburgh Award scheme. Our ICT capabilities continue to improve with children across the school making use of our new suite of ipads and using Chromebooks to access online resources such as our new Google Classroom set up and other programmes such as Purplemash - an online tool to support the computing curriculum. Our connection to the faster speed broadband access should be completed in the next couple of weeks - which should make a difference to both our school and the local villagers. We have now received our new starters list for Reception 2021 and have just a couple of places left in this year group. Please get in touch if you wish to join in September. There are limited spaces in other year groups throughout the school. We have recently welcomed lots of new starters to our Nursery cohort. If you would like your child to start at our Nursery then we have begun to form a waiting list. Please get in touch if you would like to reserve a space. Finally - a huge thank you to our neighbours who continue to be positive and supportive of the school.





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theWI  
INSPIRING WOMEN



At last! Jacobstow WI's Committee is planning for regular meetings to resume once the restrictions are lifted later in June. We may be outside to begin with when we hope the weather will be kind - as it was when the Committee met at the end of April.



Over the past year use of the Internet has greatly increased within the WI with online and hybrid workshops, training and meetings.

The National Federation of Women's Institutes (NFWI) holds its Annual Meeting in June and this too will be a hybrid-virtual event for the first time.

The Resolution chosen this year to be debated at the Annual Meeting is "A call to increase awareness of the subtle signs of Ovarian Cancer". The WI has previously campaigned for further research into ovarian cancer in 1999, but it remains one of the most common types of cancer.

The first-ever NHS, Social Care and Frontline Workers' Day is being celebrated across the UK on 5 July 2021, to thank health and care workers for being there for us when we need them most.

The NFWI was commissioned to design a special cake as part of this celebration. The drip cake is certainly unique with a traditional vanilla sponge, NHS-themed decorations in a blue colour scheme, rainbow sprinkles with the NHS Logo and scrubs washing line decoration!



As regular users of the Parish Hall, we are supporting the Jacobstow Garden Safari event on 20<sup>th</sup>



June with a craft stall so we look forward to seeing everyone there!

If you'd like to know more about the WI and its activities, do come and have a chat while you're browsing the plants, crafts and enjoying refreshments after your Safari!



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Well as I write this we are coming up to an anniversary that we never thought we'd have; one whole year of meeting on zoom. All three units have been meeting weekly on zoom since the middle of May 2020, which has kept the units active, and although zoom is not for everyone we have been flexible having members complete the activities on their own and hoping they will join



us along with those new members not wanting to zoom when we get back to face to face. All units have been busy completing activities to help them get some badges. The Brownies and Rainbows even went on a day trip to London, something that would never happen in normal times, due to the distance and the fact that Louise (the Brownie Leader) is a country girl at heart and has a dislike for large cities. We met at Kings Cross station arriving by a variety of means some by train, some by colourful aeroplanes, a couple of flying unicorns and 1 riding an elephant! Then completed a quiz, and made a sky scraper. They then went off and visited various locations including Buckingham Palace, London



Zoo, and the Tower of London, before meeting at Covent Garden to catch up, complete some more group activities before exploring again. We ended at The London Eye for a final catch up and make an origami boat to sail on the Thames. Photos are of what the girls made when they visited the various

locations around London.

### **The Castle Bude - Gallery programme**

1 - 17 June: Penelope O'Connor "Cornish Threads"

19 June - 8 July: Anthony Jackson, Terry and Daniel Jourdain "Artistic Horizons"

22 July: Sew to Speak "Inspired by Song"



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## Julietter Garden Club

The Gardening Club hopes to start meeting again in July if restrictions allow.

### Some gardens open for charity but pre-booking essential:

19/20 June Harbour Lights, Bideford  
11-5.30pm

23 and 27 June - Dove Cottage 2-6pm

23 June - and 27 June 9 Higman Close 2-6pm

26/27 June and 24/25 July - Stone Farm, Bideford

27 June - Fletchers Bridge, Bodmin

4 July 1-5pm - South Lea, Saltash

18 July Hole Farm, Bideford 2-6pm

18 July - Hotel Ensleigh, Tavistock 11-4pm

17 July 11-5pm - Lake Farm, Beaworthy

24/25 July - Pangkor House, Haterleigh 1.30-5pm

25 July - Byeways, Launceston 1-5pm

29 July - Walkhampton Open Gardens

8 August 1-5pm - Anvil Cottage, South Hill

8 August 1-5pm - Windmills, Callington



## DOGS ON QUADS

You know the song "Girls on Film" by Duran Duran, well I think of that when I talk about dogs on quads. They are the supreme quad bike riders, with as much skill as our top surfers. These top dogs belong to Moses and are pictured outside Wainhouse Country Store. We'd love to see your photos of your dogs on quads.



### Thought of the day

As I get older I find I only need 3 shops.

Specsavers, Boots and Greggs.

My life is just specs and drugs and sausage rolls.

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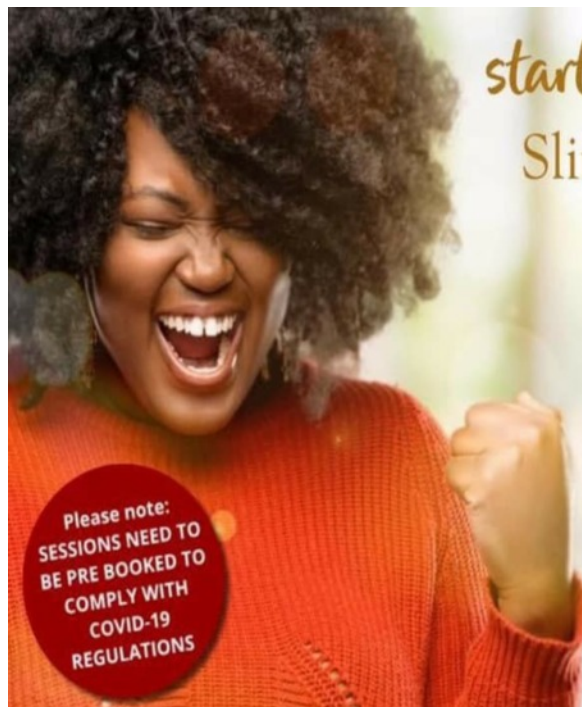
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## **HORACE JOHN SKINNER 1954-2021**

Horace was born and bred in Jacobstow parish and never lived more than a mile from Eden Chapel where appropriately he is buried.

He worked long and hard. He was a man of many abilities and interests who loved going to local shows to promote his business, and meeting old friends. He

enjoyed a mechanical challenge. Fitting in work, he always had time to help anyone in trouble.

He was devoted to all his family, wife of 45 years, Geraldine, children Michaela and Andrew and his grandchildren Samuel, Phoebe, Benjamin, William, Seth and Elizabeth. He was of a dying breed of old school Cornish men, a wise and knowledgeable person with a big smile and a kind heart. When characters like Horace die, so much dies with them. A whole history of the way of life we will never know because it is gone.



## **Wainhouse Bus Stop Complete**

After a lot of work from both Jacobstow and St Gennys Parish Councils, the bus stop at Wainhouse Corner is finally installed. Nicky Chopak also

helped with the offer of a grant, but following the elections we will have to wait and see if that is forthcoming.

The bus stop will provide safety and shelter for anyone waiting for the bus, especially the school children in the mornings. This is a brilliant addition to the Village.

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## KIDS' PAGE - Land Art.

Young people have been creating art on the beach at Crackington during lockdown and it would be great to continue with this now the sun is out.



Take your inspiration from the artist Andy Goldsworthy, OBE (born 26 July 1956) a British sculptor, photographer and environmentalist who produces land art situated in natural and urban settings. He lives and works in Scotland.

The first two photos show the work of young artists at Crackington beach and the other photos show work by Andy Goldsworthy.





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## TICKS. WHAT YOU NEED TO KNOW.

I had never heard of ticks until I went on holiday to as an eleven year old girl to Ireland. Every night we were put in the bath and told to look for ticks. We never found any but we did find them on the family pet dog. I remember my horror at finding this pea sized insect sucking the blood out of our dog. We were taught how to use tweezers to get rid of it. We learned how to twist them off without leaving the tick's head in the dog. We never found any on ourselves. Many years later I was driving home after taking the car for a service, when I heard a riveting but scary broadcast about lyme's disease. It told the story of how people had been bitten by a tick and gone on to suffer debilitating disease affecting movement. Ticks are spider-like, egg-shaped, blood-sucking creepy crawlies. They have eight legs and vary in size from about 1mm to 1cm long. Adult ticks look a bit like small spiders. Ticks are common in woodland, grassland and heath areas, but can also be found in your garden if you live in an area with lots of wildlife. They can cause lymes disease and are therefore a risk to people and animals. There is no vaccine available to prevent lymes disease. The best way to prevent the condition is to be aware of the risks when you visit areas where ticks are found and when bitten by a tick to quickly remove them. Following precautionary measures may help avoid infection: Wear long trousers tucked into socks to avoid tick bites, monitor children and pets to keep away from ticks and use insect repellents on skins and clothing. Wear light clothing if possible so it is easier to see the ticks. To remove a tick safely: Use fine-tipped tweezers or a tick-removal tool. You can buy these from some pharmacies, vets and pet shops. Grasp the tick as close to the skin as possible. Slowly pull upwards, taking care not to squeeze or crush the tick. Dispose of it when you have removed it. Clean the bite with antiseptic or soap and water. The risk of getting ill is low. You do not need to do anything else unless you become unwell. See a GP if you get flu-like symptoms – such as feeling hot and shivery, headaches, aching muscles or feeling sick, or a circular red rash.



### How to Remove a Tick

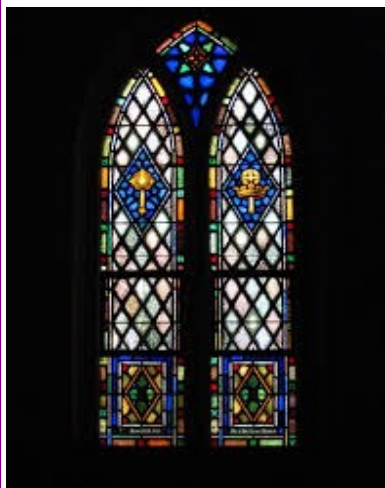
MANLINESS

 <p>1. If you find a tick embedded in your skin, use a tweezers or gloves/tissue paper to remove it; don't use your bare hands.</p>	 <p>2. Grab the tick as close to its head/mouth as possible—that is, as close to your skin as you can. Don't yank it out by its main body.</p>	 <p>3. Gently and slowly pull the tick straight out. Do not twist or wiggle it out, as the head could break off and remain in your skin.</p>
 <p>4. The CDC recommends that you put the tick into a bag/jar and freeze it, in case later identification is needed by a medical professional.</p>	 <p>5. Thoroughly clean the bite with rubbing alcohol, and then wash (along with your hands) with warm, soapy water.</p>	 <p>6. Do NOT try the old wives' tale remedies of burning the tick or smothering it with nail polish while still on your skin. Doing so can release a tick's harmful fluids into your system.</p>

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## HOW MANY DOGS DOES IT TAKE TO CHANGE A LIGHT BULB?

DACHSHUND: "You know I can't reach that stupid light."

ROTTWEILER: "Make me."

JACK RUSSELL: "I'll just pop it in while I'm bouncing off the walls."

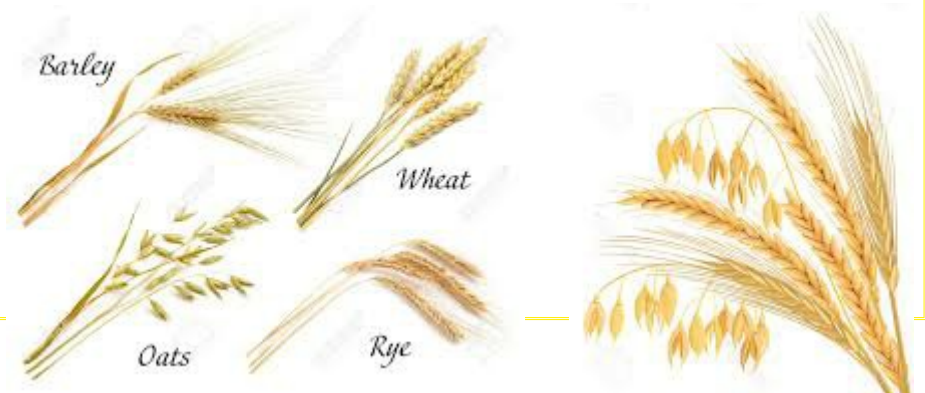
POODLE: "I'll just blow in the Border Collie's ear and he'll do it. By the time he finishes re-wiring the house, my nails will be dry."

OLD ENGLISH SHEEPDOG: "Lightbulb? I don't see it."



## WHAT IS THE DIFFERENCE BETWEEN DIFFERENT CORNS?

On our walks around our beautiful local countryside we often say, "What is that flower?" Or "What kind of cloud or what tree is that?" One of the most frequent is, "Is it wheat or barley?" Here you can see the differences - now to remember it next time we are wandering past a golden field of ?





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## **95** Boscastle – Bude

### Monday-Saturday to Bude

Camelfd	0713	0843	1143	1343	1553	1806
Boscastle	0745	0915	1215	1415	1635	1840
Crackgton	0803	0933	1233	1433	1643	1958
Wainhse	0811	0941	1241	1441	1651	1906
Tre'skni X	08.15	0945	1245	1445	1655	1910
Widmth M	0818	0948	1248	1448	1658	1913
Widmth B	0820	0950	1250	1450	1700	1915
Bude Strd	0837	1000	1300	1500	1710	1925

### Please Note

If you are unfamiliar with the buses - check the times. If you want to walk one-way then catch a bus **FIRST**

## **95**

### Monday to Saturday from Bude

Bude	0850	1050	1325	1535	1735
Widmth B	0857	1057	1332	1542	1742
Widmth M	0859	1059	1334	1544	1744
Tre'skni X	0902	1102	1337	1547	1747
Wainhse	0906	1106	1341	1551	1751
Crackgton	0914	1114	1349	1559	1759
Boscastle	0931	1131	1406	1616	1816
Camelfd	1005	1205	1440	1650	1850

## **95**

### Sundays and Bank Holidays

To Bude at Wainhouse  
1041; 1241; 1441; 1641;  
1841; 1936

To Camelford at Bude  
0826; 1016; 1216; 1416;  
1616; 1816

**Travel Cornwall** - 01726 861108- [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

**220** - Launceston, Tues; **371** - Launceston, Mon/Thurs;

**372** - Holsworthy, Wed; **373** - Bude, Fri

	<b>220</b>	<b>371</b>	<b>372</b>	<b>373</b>
	Tues	M Th	Wed	Fri
Warbstow Cross	~	0915	0915	0915
Canworthy W	~	0918	0918	0918
Hghr Crackington	09.15	~	~	~
Wainhouse Cnr	0925	~	~	~
Jacobstow	0930	0928	0928	0928
Week St Mary	0940	0938	0938	0938
Canworthy W	0955	~	~	~
Warbstow	0958	~	~	~
Launceston Wgate	1030	1018	~	~
Launceston Tesco	1037	1025	~	~
Holsworthy Church	~	~	1011	~
Bude Strand	~	~	~	1010

	<b>220</b>	<b>371</b>	<b>372</b>	<b>373</b>
	Tues	M Th	Wed	Fri
Bude Strand	~	~	~	1308
Holsworthy Church	~	~	1307	~
Launceston Tesco	1238	1250	~	~
Launceston Wgate	1245	1300	~	~
Canworthy W	1307	~	~	~
Warbstow	1311	~	~	~
Week St Mary	1326	1340	1340	1340
Jacobstow	1341	1350	1350	1350
Canworthy Water	~	1400	1400	1400
Warbstow Cross	~	1403	1403	1403
Wainhouse Cnr	1345	~	~	~
Hghr Crackington	1358	~	~	~

**Bus timetable correct at time of going to press - 11.5.2021**

## Local Authority

Cornwall County Council  
Bude "One Stop Shop" and Library also )  
Library Renewal Hotline )  
North Cornwall MP Scott Mann  
Nicky Chopak (County Councillor)  
Police Force Enquiry Centre  
Crimestoppers (Anonymous)  
Floodline  
Power Cut-Western Power Distribution  
Sita Recycling Centre, Tiscott Wood  
Dog Warden (Environmental Health)  
Cats Protection, Holsworthy  
Citizens Advice Bureau-Advice Cornwall

## Healthcare

NHS, Non-emergency 111

## Hospitals

Derriford, Plymouth 01752 202082  
Treliske, Truro 01872 250000  
Barnstaple 01271 322577  
Bodmin, E Cornwall 01208 251300  
Launceston Hospital 01566 761001  
Launceston Minor Injuries 01566 761030  
Stratton Hospital 01288 320100  
Stratton Minor Injuries 01288 320101

## Doctors' Surgeries

Bottreaux Surgery, Boscastle 01840 250209  
Neetside, Bude 01288 270580  
Medical Centre, Stratton 01288 352133  
Drs Nash & Uglow, Camelford 01840 213894

## Other Numbers

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**SAMARITANS** 116123  
**Child Line** 0800 1111  
**Women's Refuge** 01872 225629

**USEFUL CONTACT NUMBERS**

## Jacobstow Organisations

Jacobstow Infants School 01840 230337  
Parent/Teacher Association Jenny Johnson 01840 230456  
Women's Institute, Mrs J Baker 01840 239829  
Jacobstow Church, Mr Brian Marshall 01840 230526  
Art Group, Jeane Gimblett 07706927197  
Happy Crafters, Eden Chapel - Alison 01566 781418  
Parish Hall Bookings, J Gimblett 07706927197  
Beavers, Josie Shepherd 01840 230330  
Cub Groups, Mrs D Dowling 01288 352786  
Scouts, Robert Medland 07842084971  
Guides and Rainbows Mrs M Andrew 01840 230006  
Brownies Louise Cowling 07817985661  
Wainhouse Post Office and Stores 01840 230554  
Jacobstow Walks, Mary 01840 230656  
Jubilee Club, Mo 01840230428 or Eve 01566 781452  
Julietter Garden Club, Greg 07989150528