

PLATINUM JUBILEE EDITION



Delivery free to every household in the Parish - otherwise 50p

Editorial by Sarah

We recently hired a skip from Tintagel Skip Hire, very nice people to deal with. I know they advertise in the Journal, but it is the truth. Anyhow, nothing focuses the mind like a skip outside the house, I'm sure you've seen it hogging our lay by. It also brought back memories of Victor Meldrew going outside to find a Citroen 2CV in his skip, "I don't believe it!" The plan was to empty the shed ready for a new one and get rid of a small pile of builders rubble. Well, to quote another TV experience, "We're gonna need a bigger skip." There was no way it was all going to fit into that teeny tiny skip, as it became obvious when I looked inside the shed.

So, our lives took on a story that I'm sure many of you can relate to. We started by loading the skip up and also putting bits and pieces out the front that were just too good to be dumped. One man's rubbish is another man's treasure and all that. It worked really well, everything we put out went and it left a lovely warm glow that we had managed to recycle some of our waste.

The next phase of the plan was numerous tip runs with some of the stuff that we couldn't put in the skip, electrical and liquid. Do you know how many tins of old paint we had in our shed?

So the lesson learned is....whatever size skip you think you need.... GO BIGGER!! Happy shed clearing if you're giving it a go and good luck!

Enquiries, Articles and Letters

email to: jacobstowjournal@gmail.com

or in writing to the Editor. Sarah Smith Almar, Jacobstow, EX23 0BN

Advertising Rates The current Rate for 6 issues is £30 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

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The deadline for adverts, letters or articles for the August/September edition will be 10th July . Please note this does not <u>guarantee</u> that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

	Jaco	bstow Parish Cou	ıncil
	<u>Chairman</u> : M	Ir. Norman Osborne	01840-230592
	Parish Clerk: N	Irs D. Turner	01566-781269
Members:	Mrs Charmaine Smith	Mr John Shepherd	Mr Andy Vogel
	Mrs Ilona Franklyn	Mrs Sarah Smith	Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

<u>Editor's Note</u> The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. <u>We have omitted certain minor items for brevity</u> but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website **www.jacobstowvillage.co.uk**

Summary of Minutes of Parish Council Meeting held on 5th April, 2022

Cllr Osborne chaired the monthly meeting with seven Councillors, County Cllr. Chopak and two members of the Public attending. Cllr. Osborne welcomed new Councillor Mr Andrew Vogel.

<u>**Oueen's Jubilee**</u> - Cllr. Smith explained the details of the arranged Village Jubilee celebrations.

<u>Zurich Insurance</u> - The Insurance Company had written confirming that the Council's Insurance policy will cover any Jubilee celebrations up to 500 people.

<u>**Parish Hall**</u> – The Parish Hall committee had emailed saying that the electricity heating costs were increasing to $\pounds 1$ per half hour.

<u>Councillor matters</u> – Pot hole problems were mentioned. Cllr. Chopak reporting this to County Council. Also speeding through the village is a concern to residents.

<u>Accounts to pay</u> – Ross Wilmshurst (Footpaths) £325.00 Bude Solutions (Annual Website Fee £144.00 plus VAT) CALC (Annual membership fee) £302.72



Nicky Chopak, your County Councillor contact details -Mobile no: 07810 302061 Email: nickychopak@gmail.com. Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Summary of Minutes of Parish Council Meeting held on

4th May, 2022

As this was the Annual AGM the meeting began with the election of Officers which were unanimously agreed.

<u>Chairperson</u> - Cllr. Charmaine Smith <u>Vice-Chairman</u> - Cllr. Peter Chapman <u>Responsible Financial Officer/ Clerk</u> Mrs D.A. Turner Cllr. Chapman thanked the retiring Chairman saying he had been an outstanding Chairman and that everyone appreciated his efforts for the last 23 years. Cllr. Smith then chaired the meeting with five Councillors and three members of the Public attending. <u>Audit Forms</u> – The Annual Audit forms were completed, agreed and signed by the Chair-person and the Clerk. These will now be checked by the Internal Auditor before sending to the External Auditors.

Planning Applications – Planning Applications Nos.

PA19/11368 – Wainhouse Business Park

PA22/03339 – Tredfrida, Jacobstow

PA22/03026 – New Access farm track, Jacobstow

PA22/03551 – Land East of Little Beckaveans

PA22/02738 - Variation of Condition 3 – New Witheven Farm, Jacobstow

Your MP Scott Mann - - This information is obtained from Scott's Facebook page

The government have confirmed that Cornwall and the Isles of Scilly will receive more than £132 million from the UK Shared Prosperity Fund. This scheme will: Fully match EU funds, have a simpler, less bureaucratic approach, be more democratically accountable, take into account community priorities, provide funding for adult literacy and skills programmes, come on top of other funding for Cornwall,



including Towns Deals, Levelling Up funds, and more. I look forward to speaking with community groups and elected local leaders to see how best we all think this money can be invested. I have written to Great Western Railway giving my support to a funding bid to try and provide step-free access to the London/Plymouth-bound platform at Bodmin Parkway. Delivering these improvements would make a big difference to disabled people in North Cornwall. I am proud of the way that North Cornwall has responded to the refugee situation in Ukraine and touched by how many people have offered to help. The senior members of my office staff have been liaising with the Home Office to intervene with complex cases. They have so far helped around forty different individuals from Ukraine. I'm also aware that Cornwall Council has been working extremely hard under difficult circumstances.



Jacobstow Neighbourhood Watch



Some basic safety rules for children and dogs:

Doggone safe and be a tree.com advise children to act like a tree if they are worried by a dog running towards them when out and about.

- Stop running and stand up straight as a tree
- Pull in your branches, (your arms)
- And watch your roots grow and count in your head until the dog goes away or help comes, (head down)

If a child is knocked over by a dog, train them to roll into a ball like a hedgehog and keep hands and feet tucked in.



For more information visit the Be dog smart! by the Dogs Trust site.

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

> www.devonandcornwall-pcc.gov.uk This is your link to the Police Commissioner's Report

EASTER FUN FEEDING LAMBS AT WEST WITHEVEN.

Tilley (who is quite an expert and has named many of the lambs) showing Ethan (who is visiting his grandparents) how to feed a lamb.



MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

WHAT'S ON

2 June Jacobstow Jubilee Celebrations - see your programme

2 June Petticoats & Rockabilly's inspired music.

Bandstand Bude 11am-6pm

2-4 June Flower Festival Warbstow Church 11-3pm & 12-3 Sunday.

5 June 12.30 Big lunch, The Paddock, Canworthy Water, bouncy castle, games, cake competition. Contact Ali or Martin Brooks 01566781646 to give them an idea of numbers.

9-11 June Royal Cornwall Show, Wadebridge Showground

18 -19 June Skinny Dip Summerleaze Bude 7.30 8.30am

18 -19 June Kindred spirits festival, Waterloo Farm, North Petherwin.

24 June Regents Opera "Carmen" Launceston Town Hall

25 -26 June Bude Pride, The Castle, Bude

2 July Parkhouse Centre. Talk on Climate 1pm

14-17 July Flower Festival, St Swithins Church, Launcells 10-5

22-24 July Leopallooza

29 July St Gennys Horticultural Show

29-31 Causley Festival, Launceston

REGULAR EVENTS In the Parish Hall unless stated otherwise:

- Monday Cubs 6.30 8.00 Scout Hall Wainhouse Corner Brownies 4.30 - 5.30 Canworthy Water Sunday School
- Tuesday Scouts 6.30 8.00 Scout Hall Rainbows 5.45 - 7.00 Guides 7.00 - 8.30

Wednesday Beavers 5.30-6.30 Scout Hall Living Water Kids Club 4.30 - 5.30 Canworthy Water

Sunday Coast Family Church 10.30

 1^{st} and 3^{rd} Tuesday of the month Young at Heart - Canworthy Water 1.30

1st Tuesday of month Parish Council 7.30

 2^{nd} and 4^{th} Tuesday Arts and Crafts Club 2.00 - 4.00

2nd Thursday of month WI 7.30

2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30 1^s Walking Club Parish Hall car park 10am monthly. Phone Mary:01840230656

2nd & 4th Friday Living Water Youth Club 7 - 8.30 Canworthy Water

4th Tuesday Juliotter Garden Club at Otterham Hall 7.30

2nd Wednesday Poundstock Gildhouse talk 7.30 Page 6



Coconut and Mango Sponge

This thrifty tray bake sponge uses canned fruit and coconut yogurt. Cut into squares and serve up at a party or cake sale.

*Recipe from BBC Goodfood website

Ingredients

425g can sliced mango in syrup, drained
200g butter , softened
225g golden caster sugar
4 large eggs
200g self-raising flour
50g desiccated coconut , plus 3 tbsp for sprinkling
140g Greek-style coconut yogurt

Method

STEP 1

Heat oven to 180C/160C fan/gas 4. Grease and line a 20×30 cm baking tin with 2 strips of criss-crossed baking parchment. Dry the mango pieces on some kitchen paper, then chop into 3cm pieces and set aside.

STEP 2

Place the butter and sugar into a bowl, and whisk until smooth and creamy. Add the eggs, one at a time, beating well after each addition. Use a spatula to fold through the flour and coconut, then the mango pieces and yogurt. Scrape the mixture into your tin and smooth over the surface, then sprinkle with a little extra coconut. Bake for 30 mins until risen and golden and a skewer inserted into the centre of the cake comes out clean. Cool for 10 mins in the tin, then transfer to a wire rack. This cake is delicious served warm with an extra blob of coconut yogurt, or just as good cold. Keeps in a tin for up to 3 days.

CHURCH AND CHAPEL SERVICES

Services at Jacobstow continue on 3rd Sunday of each month at 10.30am with services at Warbstow on the 2nd and 4th Sunday at 10.30am.

Further details of services around the Benefice Rev Heather Ashton: 01840 250359



Jacobstow Church



LIVING CHURCH

For more information please contact Alison

01566 781418 or 07557916073



Coast Family Church

Sunday services on the first, third and fifth Sunday of the month at 10.00am Jacobstow Village Hall

> Come and join us All are welcome Non-denominational

CHURCH AND CHAPEL NEWS & EVENTS

A very enjoyable afternoon was had at the Dog Show held in May, A total of $\pounds 100$ was raised for church funds. Many thanks to Jose for judging all the lovely dogs who brought their owners along to support us.

As part of the Jubilee Day celebrations we rung the bells and held a short service of thanks. During this service Rev Heather Ashton and Brian Marshall planted a new Camellia Bush in the church grounds. Many years ago the Bishop gave a Camellia bush to every church in Cornwall and ours was one of the last two left in the County, until it unfortunately died.



Church Lottery Results

	1st	2nd	3rd
April	Mrs S Osborne	Mr J Osborne	Mrs N Osborne
Мау	Mrs P Lane	M/s D Pratt	Mrs Addey
June	Mr La Broy	Mr R Brayley	Mrs D Rudd







Budeful is an award winning, ethical homeware brand based in the heart of Bude. Formed in 2016, the inspiration for the Budeful brand came from walking on the sandy beaches and grassy downs in

this beautiful coastal town. Blending stylishly modern designs with sustainable, low impact UK based and bespoke manufacturing practices, Budeful aims to provide luxury products that do not cost the earth. Each and every one of our collections is lovingly created, drawing inspiration from Art Deco to create stylish

pieces that enhance everyday life. Using a carefully selected colour palette, our designs and imagery are evocative of warm sunny days spent on the beach, with sunbeams slicing through the clouds. The Budeful aim has been to create pieces that are not throw away, or a seasonal fashion or fad. By making our products limited edition our hope is that they will be enjoyed for many years to come.



We have recently been recognized for our commitment to

sustainability by being nominated for 'Most Ethical Luxury Homeware Brand 2021' by the British Made Awards. Please come and visit our store in the heart of Bude or visit our website: <u>www.budeful.com</u>

We look forward to giving you a warm welcome very soon. Have a Budeful Day

JUBILEE CLUB

The Jubilee Club would like to increase membership of the Club as after Covid Lock-down membership is down. It only costs £10 per year and the cost of a bus outing every month. A raffle is held on the coach for funds towards a yearly feast.

The planned trips for June and July are below:





For more information contact: Mo on 01840 230428 or Eve on 01566 781452



Bob's Gardening spot

In June you need to keep an eye on any potted plants as they can dry out very quickly, you could wrap old sacks around plastic pots or put collection trays underneath them to retain some water.

The mower should be out every week now and try to mow across and down your lawn to avoid grass growing in the direction of the cut.

Prune deciduous shrubs to remove any dead or damaged growth and tidy up rhododendron's that have finished flowering. Hanging baskets should be planted up ready to go out on display.

Put up your frame for the runner beans before you put the young plants in and try to protect them from slugs and snails once they are in the ground. Tomatoes can be grown outside; select a warm site and don't forget to put some canes in to support them. Happy Gardening, BOB

Jacobstow Bookclub

Two books that we read in the last couple of months were: 'Klara and the Sun' by Kazuo Ishiguro

This story takes us into a dystopian future, where AFs (artificial friends) can be bought by the rich and 'high level' people to be companions to their children. Klara, a solar-powered B2 model – not as advanced as the new B3s – waits in the store, hoping to be chosen, whilst viewing the outside world from the window, where she also tries to capture as much as she can of the sun's nourishing rays. Teenager Josie, who suffers from an undisclosed illness and lives quite a solitary life, immediately takes a liking to Klara and, eventually persuades her mother to buy her. However, just before she leaves to begin a new and exciting existence, the store manager warns Klara not to invest too much in the fondness and promises of humans.



Whilst the subject of Als has been covered in many other books and films, we still found this approach quite new and different but overall somewhat disappointing.



'The Giver of Stars' by Jojo Moyes

Most of us really enjoyed what we considered to be one of the best from this well-known and well-loved novelist. It is a story of a young privileged English woman who, after a whirlwind romance, ends up in rural Kentucky, a raw and impoverished place. She finds her life to be alien and unbearable, until she joins and makes friends with a strong-minded group of women who deliver books by pack horse to remote homesteads. The reader is taken along through her new experiences which are so vividly and beautifully described but her new adventures are not without danger.

Wendy Hodgson

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All 3 units have been busy making decorations for the village jubilee celebrations, making bunting, red white and blue pom-poms and clay crowns.

The guides have also taken on a challenge set by the Girl Guiding Cornwall County Commissioner to become litter picking champions. We started at the workshops in Cory Close, walked down to the A39 picking litter as we went, we made sure that the flower beds and bus shelter were clear of litter before making our way up the A39 towards Bude. We



finished just after the layby and had collected 4 bin bags of rubbish, the most notable finds being a traffic cone and cat carrier!

All units are looking forward to lots of meetings outside this term, and currently have spaces. If you have a daughter who would like to join us please do get in touch with either: Louise

(07817985661) or Mary (01840 230006).

In mid October the Jacobstow Guides, Brownies and Rangers are celebrating their 50th Anniversary. Please would anyone who was a member over the years get in touch with their memories.

MINSTRELS MUSIC CENTRE

On Sunday Divertimento String Quartet & Friends, 2 violins, 2 violas, 2 cellos, gave an amazing concert of Johannes Brahms' Sextet in Bb, op18 and Louis Spohr Sextet in C, op140.



It is so enjoyable to be able to listen to professional musicians locally.

On June 19th the Divertimento Piano Trio will again be performing at the Minstrels Music Centre at 3pm. A treat not to miss!



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David's Random Ramblings

Dear friends, I'm afraid to report that, of late, I've been experiencing some health issues, both physical and mental, and have been forced to seek medical advice to try to improve my condition. On my first visit to the surgery the doctor gave me a prescription for gloating ointment. I just can't wait to rub it in.

However, I was forced to make a second appointment because I started to be driven mad by the fact that I simply couldn't get the song 'Delilah' out of my head. On and on it went, day and night, on a continuous loop, "My, my, my Delilah. Why, why, why Delilah......". There was no end to it. Having recounted all of this to the doctor, her



expression was serious as she informed me that I was undoubtedly suffering from Tom Jones' Syndrome. "Tom Jones Syndrome?" I enquired, "I've never heard of that before." "It's Not Unusual" she told me.

Best Wishes, David



PUZZLE PAGE

Welcome to your "tea break" puzzle page, Rachel Wren was pulled from the hat and wins a £10 voucher to spend at Wainhouse Stores. If you would like a chance win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th July 2022





WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

BEACON	BELL
BBQ	CAKES
CROWN	DANCE
DAY	DOGSHOW
FLAGS	HUNT
JUBILEE	LIGHTING
MUSIC	PLATINUM
QUEEN	RINGING
STARS	TEA
TREASURE	
R	

How much do you know about our Queen?



- 1. What is the Queen's full name?
- 2. How old was the queen when she delivered her first radio broadcast?

3. How old was Elizabeth when she became Queen?

- 4. How long were the Queen and Prince Phillip married?
- 5. How many grandchildren does the Queen have?
- 6. What year was the fire in Windsor Castle?
- 7. When did she overtake Queen Victoria to become our longest reigning monarch?









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Something you want us all to know about? Email and address for letters is on page 2

The RHS asks for us to "Dim the lights." Garden lighting can be disruptive to wildlife, disorientating them, upsetting their sleep and breeding cycles. Use it sparingly and keep as dim as you can.

The Bat Conservation Trust : "Artificial light falling on or close to a bat roost can cause many problems." We have bats in Jacobstow. How they manage to cope with the latest security lights that are too bright, too sensitive and too intrusive, God only knows!

Light pollution, or artificial outdoor light at night is the excessive or poor use of artifical outdoor light and it disrupts the natural patterns of wildlife, contributes to the increase in Co₂ in the atmosphere, disrupts human sleep and obscures the stars in the night sky.

Please find a less detrimental way to shine your light.

Mary Carter

CORNISH CORNER

DAYS OF THE WEEK

Sunday De-Sul

Tuesday De-Merth

Thursday De-Yow

Saturday De-Sadorn

Monday De-Lun Wednesday De-Mergher

Friday De-Gwener

What's black and white and black and white? A penguin rolling down a hill.

Where do cows go for entertainment? To the mooovies.

Do you want to hear a joke about a pizza? Never mind, it's too cheesy.







JUBILEE



WELL BLESSING



BELL RINGING, CHURCH SERVICE AND TREE PLANTING CEREMONY



DOG SHOW











CELEBRATIONS



TEA DANCE



MUSIC AND OUTSIDE EVENTS



















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- Improves posture, alignment & body awareness
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- Classes limited to 12 people
- All equipment required is provided.

BODY CONTROL PILATES Martin Brooks 07812 959 879 www.northcornwallpilates.co.uk martin@northcornwallpilates.co.uk





March of late is very much early spring month. Traditionally a windy affair, we don't seem to see so much of this in recent winters. This one was a fairly quiet. No records broken for rainfall either. In fact, the only day that was anything like wet was the 2nd, with just over 1/2 an inch collected during the day. High pressure built from the 4th, it remained like it until the afternoon of the 8th when a rain period ran into the following day but amounts collected were nothing of note. Southeasterly winds persisted on the 12th, with some gusty wind squalls observed in the evening, 37 knots recorded here in the valley which eased overnight into the 13th. Pressure was noted as rising quickly with the wind backing southerly by the 15th and noticeably warmer, in fact 16.4°C was recorded by early afternoon. It stayed settled into the Spring Equinox and continued very mild, 18°C on the 21st, 16°C the following day and 19.9°C. It then turned somewhat cooler towards the end of the month and somewhat more unstable, a brief thunderstorm was noted on the 30th around the Exeter area in the late afternoon.

Rainfall was down on average here, a total of 2.2" was collected as against my 10 year average of 3.5".

April started off doing what April's are supposed to do: cold, some moderate hail showers and a slight frost on the morning of the 3rd, Wet on the 4th, but noticeably milder by late evening and 14.5°C on the 6th. Overnight on the 7th saw a considerable rain event giving 0.64" collected. Another thunderstorm was noted around Exeter again on the 8th, but we had nothing locally but light showers. Unstable upper air conditions didn't like the intrusion of much warmer air on the 11th, yet another thunderstorm was noted on that day off Lands End which didn't come inland but there was still activity into early on the 12th. The 12th was also warm, 20°C being recorded here in the valley. Little else of note to say about April this year, often warm by day, hardly any rain to see the month out and a total of 1.83" was collected which was a little down on my 10 year average of 2.09".

Date	3 Jun	10 Jun	17 June	24 Jun	1 Jul	8 Jul	15 Jul	22 Jul	29 Jul
AM	8.08	1.55	8.00	2.17	7.18	****	7.01	12.56	6.29
PM	20.21	14.32	20.24	14.49	19.33	12.37	19.23	0.24	18.43
Sunset	21.26	21.31	21.35	21.36	21.35	21.31	21.25	21.17	21.07

HIGH TIDES and SUNSET - June - July 2022

NB - Heights based on Newquay for Bude +25 minutes)



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We soon realised that you don't need to be a collector to enjoy a visit to Charlie Bears in Launceston! With over 5

thousand handmade bears on display everyone easily found several favourites. The company was started in 2005 by Charlotte Morris whose passion for making bears has grown into a global business and brings commissions for specially themed bears and characters in every imaginable size and colour. The company was



recently featured on TV's "Scouting For Toys".

May was Resolutions month and this year's selected Resolution raises awareness of the under-identification and under-diagnosis of ASD and ADHD in women and girls. We had a good discussion on the subject and the Resolution will now be considered at the national Annual Meeting to be held in Liverpool in June. If ratified it will then be taken forward as a national campaign. We are pleased to announce that the 2008 WI Hanging celebrating Jacobstow's



70th Birthday is once again proudly displayed in the Hall along with our latest one (pictured) from 2019 commemorating Cornwall Federation's Centenary.

We look forward to seeing everyone at the village Platinum Jubilee celebration on 2^{nd} June when we'll be serving Cream Teas in the Parish Hall from 3.30pm. With music from the 1950's and live entertainment outside during the

afternoon, do come along and join in the fun.



Looking further ahead we'll be welcoming a speaker from the Cornwall Air Ambulance Trust to our meeting on 16th June. Then on 14th July, we'll be learning about some of the capital's hidden gems in a talk entitled "Secret London."



A varied programme of talks, visits and activities has been arranged for the year ahead. A great way to meet new friends, new members are always welcome. To find out more, come for a chat with us over your Jubilee Tea, attend a meeting, or give Jill a call on 01840 239829.

The W.I. always welcomes new members so do come along to a meeting at Jacobstow Parish Hall or contact the president,, Mrs Jill Baker O184O 239829. We meet on the 2nd Thursday of each month at 7..3O and you can be sure of a warm welcome.





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JACOBSTOW WALKING GROUP By Celia Proudfoot

For me this was the best walk we've been on. The idea grew from conversations on previous walks about the idea of an equinox walk taking advantage of exceptionally low tides to do a coastal walk along the beach which could not normally be done. Between Sue, Anne and Mary's local knowledge, we chose to walk from Crooklets beach in Bude to Summerleaze and

back on Thursday 31st March, setting off at 11am. We were just a small group: Mary, Anne, Jeanne, Sue and me, with dogs Inca and Buster. You should join us; you don't know what you are missing! The weather was perfect and I could not get over the feel of light and endless space with the pink sand all around us, the



vast blue sky and

white clouds and azure/turquoise sea topped with white horses, cliffs in the distance to our right. We all felt so HAPPY and energised. There was hardly anyone else there but I think even in high season, on this kind of walk you would pretty much have the beach to yourself. It was flat, so no gasping up and down cliff tops! At Northcott Mouth, we found the shipwreck of the Bellem which can only be seen at very low tides. The Bellem was grounded in

dense fog on 20th November 1917 on a voyage from Gibralter to Barry and declared a total loss. 33 men were rescued. The boiler and some of the plating are all that remain. We turned back at Long Hook, just before Sandy Mouth, stopping off at Northcott Mouth for a break at The Rustic Tea Garden for tea and cake. This is a wonderful spot and perfect in these days of Covid to have a sociable time outside. I



had to leave the rest of the group there as I was worried I would get a parking fine at Bude and it was now 1pm. This did give me the opportunity to make my way back

over the cliff tops rather than the beach and learn the get out route if the tide is coming in on your return journey for this walk.

Phone Mary: 01840230656 All welcome











Bude Refill Shop recently celebrated its third birthday! You can stock up on food and household essentials (and treats!) there, knowing that you are supporting a local, not for profit business and cutting back on single use plastic, one container at a time. **We need your support.** We survived the difficulties of Covid and have moved to a more visible, larger premises in Landsdown Mews, at

the bottom of Queen Street but we aren't as busy as in pre-Covid days.

How it works: Bring your own containers, buy just what you need, save money, avoid food waste. Tare (weigh) your container, fill it,weigh it again and pay only for the contents. It's that easy and we're there to help you get the hang of it if needed!



Do tell your friends, family, visitors and networks about us and spread the word. Thank you.

Treating the following in the comfort of your own home:

Toe Nail cutting Thickened Toe Nails Ingrowing Toe Nails Fungal Nails Tinea Pedis Corns and Calluses Verruca Neurovascular Assessment

Contraction Contra



Sue & Neil and the Team welcome you and hope you enjoy the warm relaxed atmosphere. Open Breakfast till Dinner and more# Sunday Carvery 12 till 3 Take Aways available We use Local Ales and Produce where possible The Old Wainhouse Inn AA ***

Booking is advisable Tel: 01840 23071



JACOBSTOW SCHOOL

Over the last term, we have been focusing on developing our children's interactions with our outdoor environment and learning about planting and growing. Our oldest children have been helping to redesign our growing areas and bring it to an area where the plants will grow better and can be enjoyed by all. We have just placed an order for a polytunnel to be built in our field area so that we can help our crops to grow better. We plan to install a chicken coop and run and rehome some chickens to allow us to develop a wider sense of responsibility and to learn more about the cycle of buying, selling and using profits. We also enjoyed a wonderful Mad Hatter's Tea Party at the end of last half term, complete with an Easter Egg Hunt. A huge thank you to Jo and Mrs Cobb for their hard work and dedication in preparing a huge feast and decorating the hall. It was wonderful to see the children take part in the day, complete with costumes and props! As part of our continued work on developing well being and a positive outlook to learning, we have introduced a school puppy to the children. Our puppy, Luna-Rose, is a cockapoo, which is a breed identified as being suitable to work with children due to low hair shedding, their kind temperament and ability to be well trained. The children and staff have met Luna who will be coming into school on different days during the summer term to get used to it before she begins work to support the children. This term there has been lots of sporting events and achievements both in and out of school. We have taken part in events such as multi skills, football, dodgeball and a Born to Win event for children with particular strengths and abilities in certain sporting disciplines. We were so proud of the number of children who were selected to go on to the Elite Academy at Budehaven after coming in the top 20 locally. We have also been able to enjoy some high quality swimming teaching at Camelford Pool. For some of our children, this has been the first time they have been in a pool for nearly 2 years - so it has been wonderful to see them grow in confidence, enthusiasm and ability. Throughout the rest of the summer term, we are looking forward to a whole host of other events including our Sports Day, Year 5 and 6 Residential, a visit from the Farming Roadshow, Mental Health Champions training and coaching for our Key Stage 2

children, our Year 6 Graduation event, meeting our new Reception cohort for September 2022 and the Schoolapallooza festival. We are currently full for September for our new reception intake and full in our Nursery group however if you are looking for spaces for nursery children from September, please get in touch.







TYRES AND EXHAUSTS

AIR CONDITIONING 🔬

MOT TESTING CLASS IV & IVV



WAINHOUSE CORNER TEL 01840 230708 FAX 01840 230731

KIDS" PAGE - OUR QUEEN'S FAVOURITE TOYS.

In June Elizabeth will have been Queen for 75 years. However, many years ago she was just a child who loved to play. These are some of her favourite toys. They show a pram she played with when she was just 2 years



old, a rocking horse she played on with her sister, a rabbit tea set, and a



France.



pram

grand-

with. Also a special doll from



2nd Jacobstow Scout Group







This is a busy time of year for the Beavers, Cubs and Scouts, enjoying the lighter, warmer evenings.

11 Scouts recently took part in the 'Camel Run', a day long walk with challenges along the way. Our 'Farmers Only' team came 7th overall and team 'Kernow' came

3rd, a great achievement by all. June sees the Scouts participating in the Coast 2 Coast and the Cubs in the Cub Challenge, both activities involve plenty of walking and camping. At the end of July into August we have 9 of our Scouts attending the 'Kernow Jamboree' a week long camp with a full programme of activities, this is a super opportunity for all.

All our members along with Leaders/Committee members have been busy making 70 decorations from red, white & blue wool to decorate a tree in Cory Close, Wainhouse Corner. This is to celebrate the Queen's Jubilee.

In July, Beavers, Cubs and Scouts will be participating in a sponsored bike ride with all funds being raised going towards the new Scout hut.

Other fundraising activities planned are a tractor rally in the summer and Josie's dog show in the autumn. Date for these is still to be confirmed.

As for the new Scout hut, progress is being made. The roof has been fully slated after many challenges from our Cornish weather. The doors and windows have been fitted so the hut is fully water tight. Recently the final finish of wood cladding has been started on the outside which is looking fantastic. Once the cladding has been completed and guttering put up the outside the hut will be complete. Once the 1st fix electrics have been run through the hut, we will be ready to start fitting the insulation on the walls. and floor.

FAMOUS HORSES By Celia Proudfoot.

The first horse I think of is Black Beauty. I read this story over and over again as a child. The story is told by the horse and so you really empathise with Black Beauty and his life. It was not an easy read but you had to stay loyal to all that happened to Black Beauty throughout his life. Next there is Black Bess, a fictional horse ridden by highwayman Dick Turpin. Black Bess heroically galloped 200 miles to York to help Dick Turpin





escape and then died of exhaustion.

creature in Greek mythology, known for his pure white

coat and powerful wings. Pegasus spent several years pulling a thunderbolt chariot for Zeus. After his long dedicated service, Zeus awarded Pegasus with a constellation which still

holds his name today. In the real world we have the racehorse Seabiscuit. A small horse, at 15.2 hands high, Seabiscuit had an inauspicious start to his racing career, but became an unlikely champion and a symbol of hope to many Americans during the Great Depression. Finally I choose Dundrum, a tiny Irish horse with a huge

heart and great courage. I watched him as a child as he won the Puissance, a competition where there are only 2 fences to jump, and one, the wall is raised higher and higher each round. Dundrum was so small, you couldn't see him behind the wall as he he approached, then just the tips of his ears and then he sailed over beating huge horses, a symbol of courage and hope for the underdog. All these horses I have chosen for their bravery, courage and loyalty.





R J SARGENT & SON FUNERAL DIRECTORS



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Amy's Dairy Diary





Long time no speak, the reason being that the farm has been a hive of activity these past few months!

We've had lots of calves and lambs born in the months from December 'til now. Cows and young stock have also been let out in the fields to graze. Letting the cows be cows! First cut silage has also been done at the be-

ginning of May. This involves lots of large machinery being in and around the farm. From cutting the grass with big mowers, raking it into rows so that the forage har-

vester can pick it up. It then gets blown into trailers and taken to the silage pits where the buckrake driver has the job of spreading it all over the pit and compacting it down. The next task is to sheet it down with a big roll of cling film and black plastic and to cover



the top with tyres. Sheeting down the pit is a tedious job but my mum always pulls it out of the bag for everyone that helps, with food and beer afterwards! This is all for the cows winter feed, as the grass in the silage pit will get fermented down so that hopefully it's good enough for them. We aim to do at least 3 cuts of silage per year.

Unfortunately, we have no shows planned for the next few months but



calves will still be halter trained just in case we can again!

During May we are having some of the children from Jacobstow School up to visit the farm. The aim of this is to show them where their milk comes from and take them into the calf shed where all the cuteness is!

Handyman

Need a hand..? Any job considered House or garden maintenance Fencing/woodwork/metalwork/engineering Basic Plumbing Mowing/tree work Flat pack furniture assembly Fixings and brackets You name it and I'll be happy to discuss it references on request Please call Jeremy Draper on 07847 893603



Partial listing of LOCAL BUSES

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

95 Boso	castle -	– Bude)			
	Monday	/-Saturda	ay to Bud	е		
Camelfd	0713	0843	1143	1343	1553	1806
Boscastle	0745	0915	1215	1415	1635	1840
Crackgton	0803	0933	1233	1433	1643	1958
Wainhse	0811	0941	1241	1441	1651	<mark>1906</mark>
Tre'skni X	08.15	0945	1245	1445	1655	1910
Widmth M	0818	0948	1248	1448	1658	1913
Widmth B	0820	0950	1250	1450	1700	1915
Bude Strd	0837	1000	1300	1500	1710	1925

Please Note

If you are unfamiliar with the buses - check the times. If you want to walk one-way then catch a bus **FIRST**

<mark>95</mark>		Monday t	o Saturda	y from Bu	ıde
Bude	0850	1050	1325	1535	1735
Widmth B	0857	1057	1332	1542	1742
Widmth M	0859	1059	1334	1544	1744
Tre'skni X	0902	1102	1337	1547	1747
Wainhse	0906	1106	1341	1551	1751
Crackgton	0914	1114	1349	1559	1759
Boscastle	0931	1131	1406	1616	1816
Camelfd	1005	1205	1440	1650	1850

95 Sundays and Bank Holidays To Bude at Wainhouse 1041; 1241; 1441; 1641; 1841; 1936 To Camelford at Bude 0826; 1016; 1216; 1416; 1616; 1816

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

220 - Launceston, Tues; **371** - Launceston, Mon/Thurs; **372** - Holsworthy, Wed; **373** - Bude, Fri

	220	371	372	373
	Tues	M Th	Wed	Fri
Warbstow Cross	~	0915	0915	0915
Canworthy W	~	0918	0918	0918
Hghr Crackington	09.15	~	~	~
Wainhouse Cnr	0925	~	~	~
Jacobstow	0930	0928	0928	<mark>0928</mark>
Week St Mary	0940	0938	0938	0938
Canworthy W	0955	~	~	~
Warbstow	0958	~	~	~
Launceston Wgate	1030	1018	~	~
Launceston Tesco	1037	1025	~	~
Holsworthy Church	~	~	1011	~
Bude Strand	~	~	~	1010

	220	371	372	373
	Tues	M Th	Wed	Fri
Bude Strand	~	~	~	1308
Holsworthy Church	~	~	1307	~
Launceston Tesco	1238	1250	~	~
Launceston Wgate	1245	1300	~	~
Canworthy W	1307	~	~	~
Warbstow	1311	~	~	~
Week St Mary	1326	1340	1340	1340
Jacobstow	1341	1350	1350	1350
Canworthy Water	~	1400	1400	1400
Warbstow Cross	~	1403	1403	1403
Wainhouse Cnr	1345	~	~	~
Hghr Crackington	1358	~	~	~

Bus timetable correct at time of going to press - 11.5.2021

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Bude "One Stop Shop"and Library also) Power Cut-Western Power Distribution Dog Warden (Environmental Health) Sita Recycling Centre, Tiscott Wood Nicky Chopak (County Councillor) North Cornwall MP Scott Mann Crimestoppers (Anonymous) Police Force Enquiry Centre Cornwall County Council Library Renewal Hotline Floodline

Healthcare

Citizens Advice Bureau-Advice Cornwall

Cats Protection, Holsworthy

NHS, Non-emergency	111
Hospitals	
Derriford, Plymouth	01752 202082
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin, E Cornwall	01208 251300
Launceston Hospital	01566 761001
Launceston Minor Injuries	01566 761030
Stratton Hospital	01288 287700

Doctors' Surgeries

Stratton Minor Injuries

Drs Nash & Uglow, Camelford Bottreaux Surgery, Boscastle Medical Centre, Stratton Neetside, Bude

01840 250209

01208 75656 07810302061

0845 9881188 01288 355131 0345 3712717 03444994188 08006783105 03001234212 0800 555111 <u>1</u>01

Other Numbers

⁻arming Community Network National Express coaches Vational Rail Enquiries **Rebel Cinema** SAMARITANS Child Line

Nomen's Refuge

08457 484950 07002 326326 01872 225629 08717818178 01288 36`442 0800 1111 16123



Jacobstow Organisations

Jacobstow Infants School	01840 230337
Parent/Teacher Association Jenny Johnson	01840 230456
Women's Institute, Mrs J Baker	01840 239829
Jacobstow Church, Mr Brian Marshall	01840 230526
Art Group, Jeane Gimblett	07706927197
Happy Crafters, Eden Chapel - Alison	01566 781418
Parish Hall Bookings, J Gimblett	07706927197
Beavers, Josie Shepherd	01840 230330
Cub Groups, Mrs D Dowling	01288 352786
Scouts, Robert Medland	07842084971
Guides and Rainbows Mrs M Andrew	01840 230006
Brownies Louise Cowling	07817985661
Wainhouse Post Office and Stores	01840 230554
Jacobstow Walks, Mary	01840 230656
Jubillee Club, Mo 01840230428 or Eve 01566 781452	01566 781452
Julietter Garden Club, Pat Thorne	01840 261237

01288 287701