

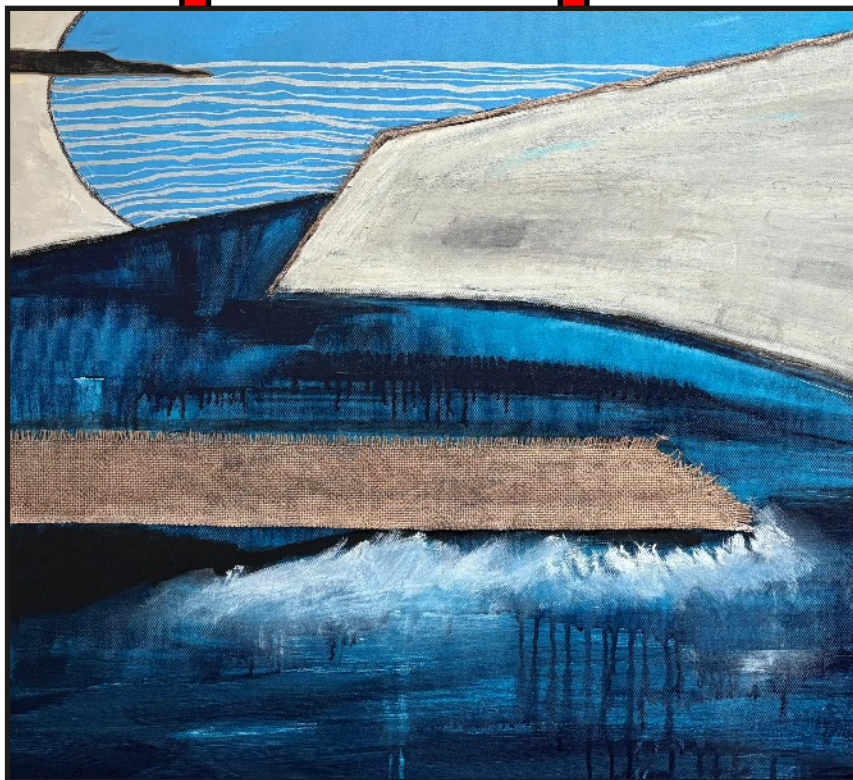
Jacobstow Journal



Providing news and information for the Parish of Jacobstow

www.jacobstowvillage.co.uk

Issue: 83
June/July 2024



Delivery free to every household in the Parish - otherwise £1.00

“Easy self assembly.” Have three words ever struck fear in someone as much? I sometimes think, “Just deliver it whole, I’ll pay extra”. I spent an enjoyable day at the certain Swedish home store a while ago. Now before we get into the nitty gritty of my “easy self assembly” tale of woe, let me familiarise you with the Friday offers at said Swedish store if you have a members card. My friend and I feasted on meatballs, mash and peas, cuppa tea each and a bun for £6.40! Can you believe that, and a child's meal of pasta with sauce was 45p. Not daft these Swedes. Anyhow, I can tell you are all waiting on the edge of your seats to see how miserable I ended up when I got home. I purchased some wicker cubes for storage, very stylish and sturdy. I knew they were flat packed because they were, well, flat. I just assumed you would unpack them straighten them into a cube, pop the loose bottom panel in and Bob’s your uncle. No! In their wisdom they decided to include small metal corners which you had to screw into each corner and the base. Have you ever tried to hold a collapsible cube as a cube and screw a bracket into the bottom of it, (inside I might add)all at the same time? And then, to add insult to injury I screwed the brackets into the top of the cube rather than the bottom and had to start all over again! No meatball was worth the shouting and throwing things out of my pram that ensued!

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

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Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the August/September edition will be 10th July . Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team’s discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note *The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstowvillage.co.uk*

Summary of Minutes of Meeting held on 2nd April 2024

Cllr. Charmaine Smith chaired the monthly meeting with six councillors, the clerk and five members of the public attending.

Footpath 6 – Estimate received for repairing post etc. amounts to £100 and £80 for cutting up and moving fallen trees. It was agreed to do the work at the moment and contact the land owner in respect of the trees.

Hedgehogs – It was decided not to purchase a sign saying Hedgehogs Crossing the Road.

Cornwall Council – Planning Application PA223/09863 Broad Langdon, Jacobstow – Cornwall Council have refused this application.

Planning Application No PA24/02222 – Erection of an Agric. Building for the purpose of housing farm machinery, animal feed and bee-keeping equipment Land South of Broad Langdon, Jacobstow. It was unanimously agreed to support this Application.

Floods at Wainhouse Corner – Clerk to reply to email to say the chairperson will meet the officer to show him where the flood occurs.

Councillor matters – It was reported that the postbox at Hele Barton had disappeared. Clerk to get this replaced.

Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11.15ish - Coffee and Chat.

The Wainhouse Inn has a good Library of books supplied from Truro which are changed regularly. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday

Summary of Jacobstow Parish Council Meeting held on 7th May 2024

As this was the Annual General Meeting the meeting began with the election of Officers. Re-elections of Cllr. Chairman Smith as Chair-person Re-election of Cllr. Peter Chapman as Vice-Chairman Re-election of Mrs D.A. Turner as RFO

Planning Application PA23/07598 – Broadlands Farm, Jacobstow – This application had been discussed at a previous meeting. Having received notification from Cornwall Council it was discussed again with five Councillors reluctantly agreeing to support this. Application and two Councillors objecting as there are too many cows for the size of the farm.

Accounts to pay:- C.J. Lloyd - £167.44 – (Repairs to Footpath) – Zurich – £167.44 – (Annual Insurance Premium).

Planning Application No PA24/02492 – 8 South Park, Jacobstow – two storey extension and off road parking. Councillors unanimously support this Application.

Annual Audit – The meeting approved the Accounts and completed the necessary forms. These will now be sent to the Internal Auditor for signing before being sent to the External Auditor.

SCOTT MANN - Extracts from his Facebook page.



On 30th April Scott Mann posted a long article about housing in North Cornwall. The Journal suggests its readers read this online as to take extracts may not give the right balance to what he is saying. The gist is that he is trying to bring in more legislation to make it harder to have second homes in North Cornwall due to the affordable housing problems here.

In 2023 we established the joint government and industry Farm Tenancy Forum (the Forum) improving our engagement with the sector and supporting the implementation of our government response commitments. The main Forum, comprising Defra officials and industry organisations representing tenant farmers, landlords and professional advisors meets quarterly, with sub-groups focusing on specific issues in the interim to drive rapid progress. The Forum is having a very positive impact, ensuring that we consider the unique challenges facing the sector, facilitating more collaborative relationships between landlords and tenants, and helping to shape our farming policies and schemes so that they work for tenant farmers. One year on from the publication of the government's line-by-line response to the Rock Review we have action underway to deliver 64 out of our 75 commitments.



Jacobstow Neighbourhood Watch



Drugs alert. Nitazenes.

A fifth person has been arrested in relation to a medical incident in North Devon believed to be linked to substance abuse in the area. At around 5pm on Friday evening, April 26, police and partner agencies became aware of what was locally thought to be **an unusual batch of heroin circulating** among drug users in Westward Ho!, Bideford and Barnstaple. Emergency service partners declared a major incident due to a number people requiring medical treatment over a short period of time. This was stood down on Saturday morning, but a total of 10 people were admitted to North Devon District Hospital for treatment. Of those, one person remains in hospital on unrelated matters. A man in his 30s from Westward Ho! died as a result of taking the substance on Friday and a second man in his 40s, from South Molton, who had earlier been admitted to hospital, died late on Saturday – believed to be as a result of taking the same substance. Two men and two women were arrested on suspicion of being involved in the supply of a controlled substance on Saturday. A fifth person, a man, was arrested on the same grounds on Sunday. “Tests continue to be carried out to ascertain what the substance is, **but it is suspected that it is a substance which users will find causes more serious effects than heroin which they might usually use.** Health partners are continuing to work with local drug users in a bid to safeguard them as much as possible, but **we would continue to urge any users to exercise extreme caution.** A BBC News article on 20th March stated more than **100 deaths have now been linked to synthetic opioids called nitazenes** since the summer, according to the National Crime Agency. Radio 5 Live ran a programme about how **nitazenes** are being added to heroin and cocaine. **Users have no idea they are in the drugs they are buying and the smallest amounts can be lethal.**

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

THE MEMORY CAFE BUDE PARKHOUSE CENTRE Celia Proudoot



In March our band, The Barn Sessions did a gig at The Memory Cafe in Bude. This was an important and poignant gig for me because my older brother has dementia. I know that music is particularly important for people with dementia; song lyrics are really meaningful and are one of the last memories to go. I spoke to my brother and asked him for song suggestions. Our band learned a

couple of Elvis songs and an Everly Brothers song. They worked perfectly for our harmony vocals. T

he Memory Cafe in Bude is organised by Nickey Shaw and takes place on the third Friday every month in a side room of the Parkhouse Centre from 2- 4pm. It is really well attended and has a lovely friendly atmosphere. Tea and cake are served at about 3ish. Events are various musical events, quizzes, etc.

I met an old acquaintance whose husband had recently died. She said her husband told her he did not want to go to a memory cafe. She told him they were just going out for tea and cakes with some entertainment. They ended up going frequently and she now volunteers. The atmosphere was so friendly and welcoming.

Memory Cafes are organised by Wayfinder. Wayfinder provide advice, guidance, practical support and referrals to services that people may need. You can also find information about Bude Carers Group. (07773054804)

The Barn Sessions will be doing a charity fundraiser (Lower car park refurb) at Crackington Institute on Friday 19th July. Tickets £10 from Crackington Community Shop or phone Cathy 01840 230365



Nicky Chopak, your County Councillor contact details -
mobile no: 07810 302061

Email: nickychopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

EXETER CHIEFS Celia Proudfoot

On Saturday 6th April my son Matt who was down from Newcastle for Easter, took his dad to see Exeter Chiefs as a belated birthday present. Jon has been a fan for years following them on tv but has never gone to the ground. They drove to Exeter and parked in one of the EDF car parks which are easily accessible from the motorway and then got the shuttle bus in to the ground. The total cost for the 2 of them including parking and bus was £10. The Chiefs were playing Bath. It was a really exciting match with the Chiefs winning 21-15. They both had a burger and a pint and Jon bought a hat. It took about an hour to get out of the stadium and on a return shuttle but once at the car park, access to the motorway is immediate.



David's Random Ramblings

Over recent weeks, Dear Readers, I seem to have spent a great deal of my time listening to my old vinyl LPs, musing on the golden days of my misspent youth and losing myself in the wonderful music accompaniment that went with it. From Abba to Led Zeppelin via Pink Floyd and Queen, it was pure joy as I said thank you for the music and climbed my stairway to heaven on the dark side of the moon so don't stop me now! However, I have to confess that, when it comes to the Moody Blues, I still have absolutely no idea what it was that the knights in white sat in. Does anybody out there have a clue?

And I'm sure that we've all sometimes been caught by surprise when opening an Amazon parcel. However, I have to say that I was really taken aback by this recent delivery.



Sadly, after examining the contents, I decided that I really needed to return it because, as you can probably see, it was rather dog-eared.

Unfortunately, I was unable to find a return address anywhere on or in the packaging. My strong suspicion, however, is that it must have been despatched from somewhere in the Barking area.

CHURCH AND CHAPEL SERVICES

16th June 10.30 Holy communion

21st July 10.30 Holy Communion

25th July ST James Day service in Church
and walk to Holy Well with the Bishop
followed by refreshments in the Parish
Hall - for time of service see notices
around the village at a later date



Jacobstow Church



LIVING CHURCH - Canworthy

June 2nd, & 9th Morning Worship

16th Morning Worship and
Holy Communion

23rd Morning Worship

July 14th, 21st & 28th
Morning Worship
all services at 10.30

No service on 30th July - Delabole



Coast Family Church

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first, third and fifth Sunday of
the month at 10.00am Jacobstow
Village Hall.

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CHURCH AND CHAPEL NEWS & EVENTS

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01840 779339 for details



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Friday 28th June

Start time: 6.30pm – 7.00pm at
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All ages welcome

No booking required

For further info please call

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	1st	2nd	3rd
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July	Mrs L Dodd	Mr J Lewis	Mrs M Trotman

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Bude, Cornwall

Charlotte Dymond - a ghostly mystery.

The ghost of Charlotte Dymond has been seen throughout the years. Charlotte is said to have been employed as a farm servant in a farm between Davidstow and Camelford, known as Penhale Farm. It was owned by a widow who lived there with her only son. There were two other servants, two young lads, Matthew Weeks and John Stevens; both were in their early twenties while Charlotte was eighteen years old.

Charlotte and Matthew Weeks formed a sweet-heart relationship. Some say Charlotte's attraction to Matthew was based on the small inheritance Matthew had received. Charlotte had another suitor by the name of Thomas Prout who was the nephew of the farm owner.

It was on a Sunday when Charlotte was last seen as she and Matthew were headed off to the Moor. Charlotte was wearing her Sunday best. When evening arrived Matthew was seen returning to the farm alone. But, days passed before concern was raised about Charlotte not returning from the Sunday outing. When Matthew was questioned about his attire being muddy and torn he denied being at the Moor but offered an explanation for Charlotte's disappearance. He indicated that Charlotte had taken a job in Blisland.

Further investigation by those at the Farm proved this new job story to be untrue. Eventually, a search party was formed to search for Charlotte. The

search ended up with the discovery of Charlotte's body being found on the Alan riverbanks. The gruesome finding showed that her throat had been cut deeply from ear to ear. Matthew Weeks was apprehended and found guilty of the crime although he declared his innocence. Consequently, Weeks was hung, but rumours soon surfaced. Some say Charlotte committed suicide due to being pregnant and could not live with the shame. Such was the tragedy of Charlotte that a monument was erected to preserve her memory and many today believe that Charlotte's ghost makes her presence known to this very day.



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Audrey Jones 1938-2024

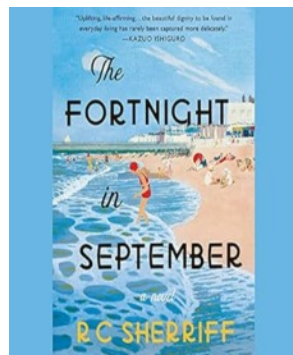
Audrey was born and has lived in the area all her life. She was a stalwart of Canworthy Chapel and St Gennys Silver Band.

She will be much missed by her friends and family

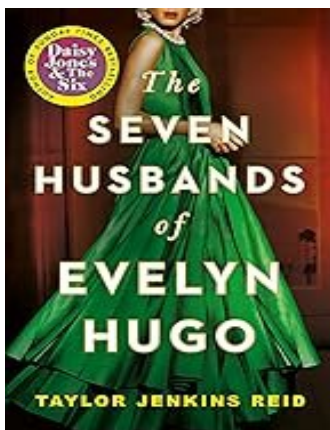
Jacobstow Book Club

‘The Fortnight in September’ by R.C. Sherriff

This is not quite what you would expect from the writer if the play ‘Journey’s End’, set in the trenches, towards the end of the First World War. Here we have a simple account of an ordinary English family, in the 1930s, embarking on their annual holiday in Bognor Regis. We move from the packing and preparations to the journey and then to the guest house where they always stay. This is the highlight of their year and their days are carefully planned to enjoy such activities as cricket on the beach, swimming in the sea, walks along the promenade and an evening outing to enjoy the band. Nothing tragic or particularly exciting happens but you get to know the family very well. It is beautifully written and a delightful read.



‘The Seven Husbands of Evelyn Hugo’ by Taylor Jenkins Reid



We all enjoyed this story about a former Hollywood icon who, having retired has now chosen a magazine reporter to write her biography, detailing her rise to fame, her glamorous and scandalous life and, of course, her seven husbands. You become immersed in Evelyn’s story, which begins with poverty and hunger, to becoming one of the most beautiful and highest paid starlets of the time. She has had to make some difficult and sometimes cruel decisions to achieve her goal but you cannot but admire her stoic determination and the fact that she says she does not regret anything she has had to do.

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Rainbows

Rainbows have been busy this spring with lots of science. Questions and practical experiments about gases. "Why do lights go out when you put a jar over the flame? And why do the flames last longer when the jar is bigger? What gas helps Flames breath?"

"What happens when you mix vinegar and bicarbonate of soda? What is produced and what's it called ?"



Brownies

Brownies have been considering pollinators, working on the United Nations Food and Agriculture Youth Pollinators Badge, considering what pollinators are. (We've learned it's not just about the bees!) Also where they live, what they do and their importance to us. We've made bee hotels, visited a local hive and planted seeds to grow pollinator friendly flowers, as well as tasting foods which the pollinators enable.



Guides

The Guides are thinking about survival, and have been adventuring about the parish, thinking about water and working out how they would survive if there was no fresh water available

We collected water samples, and then filtered them in different ways , using different materials. We had some interesting results, but we are not sure we would drink it without boiling first and using water purification tablets!

All three sections are looking forward to spending time out and about this summer with the RNL May Day! The May Day Challenge, and planning summer camps (Guides) and Pack Holiday (Brownies) Do get in touch if you would like to learn more.

My contact number is 01840 230006





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PUZZLE PAGE

Welcome to your "tea break" puzzle page. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th July 2024. Thank you to Wainhouse Stores for sponsoring this page.

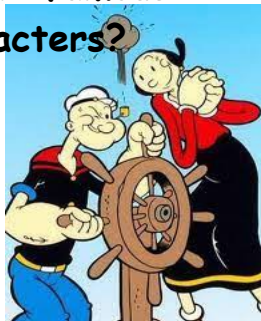
H	E	R	E	D	N	E	V	A	L
T	D	A	H	L	I	A	I	B	S
N	A	S	P	M	R	S	O	L	P
I	F	W	I	A	I	T	L	U	R
C	F	E	N	R	S	E	E	E	I
A	O	E	K	I	A	R	T	B	M
Y	D	T	S	G	E	R	B	E	R
H	I	P	E	O	N	Y	O	L	O
R	L	E	S	L	R	A	C	L	S
L	G	A	L	D	Y	L	I	L	E

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

ROSE	VIOLET
GERBERA	HYACINTH
MARIGOLD	DAFFOLDIL
PRIMROSE	BLUEBELL
SWEETPEA	ASTER
LAVENDER	IRIS
PINK	LILY
DAHLIA	PEONY
PANSY	



Can you name the famous fictional characters?



Last edition's answers - We did not have a puzzle page in the last edition. My mother used to prepare the word search and she sadly passed away. A new volunteer has come forward to take over the word search and so I hope you enjoy the puzzle page again.

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Letters Page

Something you want us all to know about? Email and address for letters is on page 2

I would like to thank Geraldine Wiley for her witty article, “ Wearing Lipstick in Cornwall,” which appeared in the April/May edition of The Journal. It made me think back to a poem I wrote after standing behind an exceptionally handsome man in the checkout queue at Morrisons. It was what I think of as a Dawn French Vicar of Dibley moment; the episode where she goes to a meeting without make up, is surprised and shocked to find a handsome stranger there, so promptly rushes home to put on lashings of make up and later dyes her hair blonde.

CHECK THIS, I’M OUT Celia Proudfoot

Oh but I could fall for your shopping trolley
With its small succulent chickens placed neatly side by side
And slim baby leeks, fresh raspberries, pink strawberries
Fragrant herbs, basil, thyme, Greek yogurt, you are sublime!
And I am ridiculous, with my old maid’s cat food (senior)
Savers orange juice, slug pellets, cough sweets and mouth wash.

MORE MARVELLOUS MAIL BOXES.



WEATHERWISE by Monitor

March is really early spring down west, although it started with a cold day along with wintery showers and only 4°C during the day here in the valley. Matters didn't stay cold for long, though, with 13-15°C mid-month and by the 18th there were a few very mild days with 16.5 on the 18th, 17.2 on the following day and 16°C on the 20th.

Not really noted for being a wet month, there were more rainy days than one would expect, however and by the 28th I had collected 5.58" here at Canworthy Water. The 27th was an odd day, with colder air intrusion aloft giving rain, wet snow and hail in a heavy shower in the afternoon and thunder was heard although nothing that local. Milder surface air from the south into the 29th along with the colder mid-level conditions persisting gave a thunderstorm off Hartland Point around midday. Further showers were observed the following day, and another thunderstorm was noted on the 30th to the southwest along a marked squall line late evening.

A total of 5.84" of rain was collected for the month, against my 10 year average of 4.18".

April did more or less what is expected of it this spring, nothing too dramatic, the 8th saw gusty winds and showers during the late afternoon with the SSE wind peaking at 39 knots around 1830 and again at 2100 with a notable wind shear to the northwest. Similar conditions existed to the 13th, which was quite mild at 17C. There was little of note that can be said for the rest of the month for the surface weather. Of note though, was that increasing solar activity gave a faint Aurora visible here on the 16th around midnight. This was to set the scene for a number of Auroral sitings later in April, although it was rather too cloudy for any further observations here.

A total of 4.28" of rain was collected for the month, against my 10 year average of 2.12". Ground conditions were noted as being more soft by now than one would expect for early spring, with matters certainly becoming a problem that hadn't really recovered from a very wet February.

HIGH TIDES and SUNSET June - July 2024 *NB - Times are based on Newquay, for Bude +25*

Date	31 May	7 June	14 June	21 June	28 June	5 July	12 July	19 July	26 July	2 Aug
AM	****	6.17	11.37	5.16	9.52	5.22	10.00	4.09	9.33	4.27
PM	12.15	17.36	****	17.38	23.16	17.43	22.17	16.35	21.57	16.52
Sunset	21.15	20.01	20.12	20.24	20.35	20.46	20.56	21.06	21.15	21.23



SUNDAY ROASTS AT THE WAINHOUSE INN CARVERY by Celia Proudfoot

Just after Easter our family went for a Sunday roast at The Old Wainhouse Inn. It was essential to book and the pub was rammed. For good reason. This was the best roast I have had in years. The pub serves from 12 midday til 8pm and you have a good 2 hours to eat. It is a long time since I have seen big joints of meat

being carved in front of you. There was beef , pork, lamb, vegetarian option, sometimes turkey or venison. You can choose portion sizes: 1 slice £9.75, 2 slices £13.95, 3 slices £16.95, Hungry Farmers (5 slices) £19.95. Service was excellent and friendly and children well catered for (we were 5 adults and 2 children age 1 and 3) We had a delicious lunch and lovely time. I thoroughly recommend it.



BIG BREAKFAST - Good Friday

The Big Breakfast at Jacobstow was really successful with loads of satisfying breakfasts supplied by the Guides.

Lots of funds to Hall and Guides.





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FALMOUTH

on

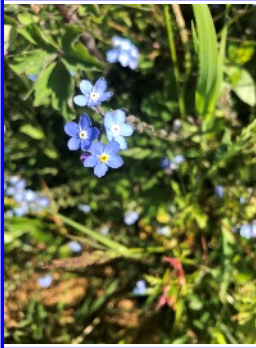
MONDAY 8TH JULY

You are very welcome to join us

Pick up at Wainhouse

Please contact Diana Hall 261366

for more details



Did you know that the middles of forget me nots change colour so the bees will know not to visit as the flowers are nectarless!

IF ANYONE ELSE SAYS HOW AMAZING IT WAS TO SEE THE AURORA BOREALIS I'LL PUNCH THEIR NORTHERN LIGHTS OUT!

By Celia Proudfoot. Only because I spent most of the night awake with the curtains open and blinds up on the patio doors of our bedroom looking hopefully at

the skies only to be told the following morning that the bedroom is **south** facing and what did I not understand about the title, **Northern**

Lights? Oh well,

I mean loads of people spend a fortune going to Lapland and never see them. Anyway they are amazing and here are some local photos of West Wheal Owles by Marcus Jose from Cornwall on Camera and one of Crackington Haven on Facebook by Pat Cummins.



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WEEK ST MARY BONAVENTURES WI

For the April meeting members were treated to a talk by local TV celebrity, Tony Rea, who was a finalist in the 9th series of The Great British Sewing Bee. At the age of 50, Tony decided to take a break from his stressful job in production and quality assurance for large appliance manufacturing companies.

He had learned to crochet to pass the time during long-haul flights for work and decided to try other crafts, including sewing, making bags and other useful items. At the end of his “gap year”, he became a postman in Bude, continuing to sew in his spare time, making his own cycling gear and shirts. Encouraged by his wife and colleagues, he applied for the Great British Sewing Bee, passing the selection process to become one of the 12 participants.

The series was filmed in Leeds over 8 weeks and the competitors were sworn to secrecy throughout and until the series aired on TV the following Spring. Despite his relative inexperience, Tony completed all 30 of his garments within the tight timescales and became one of the 3 finalists. In Children’s Week, he won “Garment of the week,” (the white dress in the photo; the evening dress was his made-to-measure piece for the Final.) He remains an avid sewer, keen to recycle fabrics and use zero waste patterns. Since the series, Tony has exhibited his garments at the Castle in Bude, been invited to judge at a Sewing Festival, is an Ambassador for Brother Sewing Machines and designs shirt patterns for the Emporia range.

The next meeting of the WI is on **Thursday 9th May at 7.00 pm for 7.30 pm start** in the **Methodist School Room, Week St Mary**. The speaker will be Paul Martin who worked on the set of the Doc Martin series, filmed in Port Isaac. For further details please contact Roberta Jones, Secretary, 07788-548875.





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JACOBSTOW WALKING GROUP



It was a gorgeous day for our walk as we set off for Jacobstow Holy Well..

The traditional windswept North Coast tree wasn't just a wind blown tree, it had a bird singing his little heart out!

The bluebells were out at the well site with primroses all around.

The helicopter was definitely searching for something . At first we thought maybe air ambulance but wrong colour. Then maybe checking the pylons or perhaps the fields. What a conundrum.



We also noticed that the kissing gate had been mended with a brand new post for the swinging gate.

Mary : 01840 230656; Celia : 01566 781 473; Sue : 01566 781292

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SUMMER GARDENING

The wet April we had made it impossible to do much outside leaving lawns growing long so “No Mow May” was a bit optimistic! Hopefully we can all leave a few wild areas now that we’ve tidied up the grass again. June is a busy month for sowing seeds and planting out and generally nurturing everything, watering when it’s dry and protecting plants and shrubs from heavy rain and wind.

Naturally weeds and pests are appearing and need to be kept under control to allow your plants to thrive. Bolting can be a problem and is caused by changes in temperature when plants rush into their flowering stage and set seed before producing much leafy growth (fennel, chicory and Chinese greens) so June is a good time to sow. For spinach and lettuce the cause is hot dry conditions, so sow in moist soil in partially shaded sites. Some varieties are bolt resistant and succession planting ensures a harvest before the crop has a chance to flower.



July is the beginning of harvesting the fruits and vegetables of your labour. It is also time to plant out winter crops such as brassicas, sprouts, purple sprouting broccoli, kale and cauliflowers. To make full use of the vegetable plot, continue to plant fast-maturing crops in the gaps left from harvesting or fill with winter vegetables being planted out. If you have more produce than you can use, freezing is a good solution. For tomatoes and courgettes try making courgette ratatouille or a mixed vegetable soup to freeze.



There is always lots to do in the garden, whether you’re growing flowers and shrubs or fruits and veggies. Especially in the summer months, remember to enjoy your garden, have a seat and admire the results of your hard work.

Top Tip - When harvesting herbs, thyme, marjoram, sage and rosemary are more flavoursome if picked in the heat of the day, whereas those with softer leaves - mint, basil, parsley and coriander are best picked in the morning.



The Old Wainhouse Inn

Booking is advisable Tel: 01840 230711

A warm welcome from Sue, Neil and the Team is assured at the Old Wainhouse Inn. We hope you enjoy the warm relaxed atmosphere.

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Daily meals 12-9pm

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2nd BUDE (JACOBSTOW) SCOUTS



Seven Scouts in March took part in the district 'Camel Run', a night hike with challenges along the route. Due to the very wet weather we have been experiencing, the route was challenging, with 8 inches of mud in some areas and

heavy rain. The Scouts did us proud and came 3rd out of 12 scouting groups. A massive achievement in the most challenging of conditions.

Thankfully conditions had improved when 5 Beavers took part in the 'Beaver Challenge' at Lanhydrock. The Beavers had an enjoyable day walking 6 miles. Our Cubs will have the opportunity to take part in the 'Cub Challenge,' a 15 mile walk with camping for one night, in June at Lanhydrock.

Weekly meetings in all 3 groups are making the most of the lighter evenings with many activities being enjoyed outside.

Sat 27th April, we held a fundraising Bingo evening. This was well supported and raised a total of £632.80 going towards the hut and opening ceremony.

As for the hut, we are continuing to make progress. I am delighted to say the flooring is down and what a difference it has made to the hut! We have recently secured funding and we are now able to purchase disabled toilet facilities, sinks and a water heater.

The team spent a day on site and the majority of the landscaping has been completed. A wooden shed has been constructed which will house the equipment needed for the borehole and allow us to bring water into the hut. Shelving within the hut cupboard has been put up.

To keep the funds coming in, we are holding a duck race on the river at Trengune on Tuesday 18th June.

Plans are now being made for our opening ceremony on Saturday 20th July between 2pm-4pm. More details to follow.



Flooring at Scout Hut

Advertising in the Jacobstow Journal

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KIDS' PAGE - BEACH GAMES

- **WATER RELAY** Form teams and race to fill a bucket with water using cups or shells.
- **FRISBEE GOLF.** Set up targets on the sand and try to hit them with a frisbee.
- **BEACH BOWLING** Players dig a set of small holes and roll a ball into them one at a time. Score a point for each hole.



● **SAND ANGELS.** All you have to do to make sand angels is simply lay flat on your back and flap your arms to make angel wings. If you want to take it to the next level, decorate your angel's wings with shells or pebbles.

● **TOWEL TUG OF WAR** You'll need at least two players to get this game started, but it's more fun with four or more people. Start things off by putting a

marker on the sand — a stick or line in the sand will be ideal. Now both teams try their hardest to pull the towel hard enough to pull the other team across the line. The best of 3 out of 5 rounds wins!



- **BURIED TREASURE.** Round up your little pirates and have them

spend some time searching for buried treasure. You can use play or real coins and bury these in the sand. Give the kids shovels and let them dig to find the treasure. To make the game feel more authentic, create a treasure map with clues



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The Old Wainhouse Inn



Jim and Em Cory

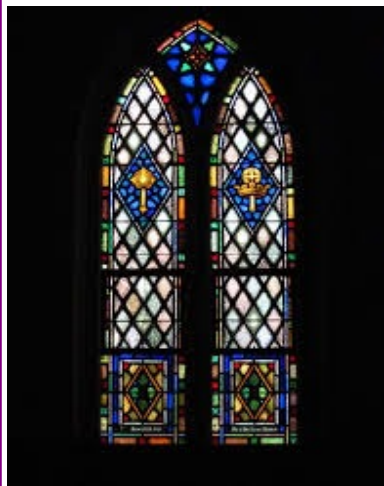
The Old Wainhouse Inn has been around a long time. The earliest document I've seen is from 1815 when a Mr Spetigue, a maltster from Penzance bought the premises and leased out the pub.

Eventually Jim and Em Cory took on the lease and then bought the premises. At that time the Inn included a farm and buildings.



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Whats On

June

1 June Bude Climate Festival

1 June Meet the Councilor Bude Castle 10am - 4pm

6-8 June Royal Cornwall Show, Wadebridge

8 June D-Day 80 years St Nonna's Church Altarnun, 10-5

8/9 The Wyldes-Underworld

12 June Life on the Radio Waves, Phil Williams-Gildhouse 7.30

19 June Miracle Theatre, Badock Gardens, Holsworthy

22 June Launceston Horse Trials

22 June Bude Concert Orchestra Bude Methodist Church

25 June St Juliotter Garden Club

29/30 June Holsworthy Vintage Rally

29 June Probably a Reading of the Play at the Gildhouse

July

3 July Sherlock & Watson, Norton Barton, Launcells-6.30

5 July Pride & Prejudice, The Falcon-6.30

6 July Launceston Male Voice Choir in Poundstock Church 7.30

12 July Trenow Garden Show

13 July Liskeard Show

13 July Trenow Garden Show

14 July The Barn Sessions at Crooklets Beach Cafe 3-5

19 July The Barn Sessions at Crackington Institute raising funds for the car park 7pm

19 July The Gondoliers, Ebbingford Manor-6.30

20 July Bude Sea Shanty Shindig, Ebbingford Manor 4-9pm

26 July Olympics

27 July Finds at the Castle, Bude

26 The Stowes Boscastle Farm Shop

26 July St Genny Horticultural Show

26 July Simon & Garfunkle Tribute etc, Ebbingford Manor-7pm

27 July David Bowie Tribute, Ebbingford Manor-7pm

29 July The Pantaloons, Ebbingford Manor-6.30pm

29 July Woolserly Show

30 July St Juliotter Garden Club





What does the Sea Pool look like when it's empty?

This is a frequently asked question. It really is a giant rock pool.

The construction made great use of the existing geography to enclose an area beneath the cliffs.

BUDE'S VERY OWN LOCH NESS ...WHALE?

On 20th May
Bude Facebook
Notice Board
posted the following article:
“Surely someone else must have seen this today?



Myself (Phoenix Horncastle) and various other bystanders determined it was not in fact a real orca beached on Summer-lease... but it sure looked real til you got up close! Would love to know what was actually going on. My best guess is people were training for a real whale rescue? Sure did turn a lot of heads.

My ex girlfriend was a music teacher, I had to finish with her because she was so self centered. It was Me Me Me all the time!

I was wondering why the frisbee kept getting bigger and bigger and then it hit me

REGULAR EVENTS - In Parish Hall unless otherwise stated

Monday	Cubs 6.30-8.00 Scout Hut Brownies 6-7.30
Tuesday	Scouts 6.30-8.00 Scout Hut Rainbows 5.45-7.00 Guides 7.00-8.30
Wed'day	Beavers 5.30-6.30 Scout Hut
Sunday	Coast Family Church 10.30

1st Tuesday monthly Parish Council meeting 7.30
Arts & Crafts Club. Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details

4th Tuesday monthly Juliotter Gardening Club, Otterham Hall, 7.30

LOCAL BUSES

Please Note If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

95/95B and 94 These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

220 - Launceston, Tues;

371 - Launceston, Mon/Thurs;

372 - Holsworthy, Wed;

373 - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

Local Authority

Cornwall County Council
Bude "One Stop Shop" and Library also)
Library Renewal Hotline)
North Cornwall MP Scott Mann
Nicky Chopak (County Councillor)
Police Force Enquiry Centre
Crimestoppers (Anonymous)
Floodline
Power Cut-Western Power Distribution
Sita Recycling Centre, Tiscott Wood
Dog Warden (Environmental Health)
Cats Protection, Holsworthy
Citizens Advice Bureau-Advice Cornwall

Other Numbers

National Rail Enquiries
National Express coaches
Farming Community Network
Rebel Cinema
SAMARITANS
Child Line
Women's Refuge

03001 234100
03001 234111
01208 75656
07810302061
101
0800 555111
0845 9881188
08006783105
01288 355131
03001234212
0345 3712717
03444994188

08457 484950
08717818178
07002 326326
01288 36`442
116123
0800 1111
01872 225629

USEFUL CONTACT NUMBERS

Healthcare

NHS, Non-emergency 111

Hospitals

Derriford, Plymouth
Treliske, Truro
Barnstaple
Bodmin, E Cornwall
Launceston Hospital
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Stratton Hospital
Stratton Minor Injuries

01752 202082
01872 250000
01271 322577
01208 251300
01566 761001
01566 761030
01288 320100
01288 320101

Doctors' Surgeries

Bottreaux Surgery, Boscastle
Neetside, Bude
Medical Centre, Stratton
Drs Nash & Uglow, Camelford

01840 250209
01288 270580
01288 352133
01840 213894

Jacobstow Organisations

Jacobstow Infants School
Jacobstow Church, Mr Brian Marshall
Art Group, Jeane Gimblett
Happy Crafters, Eden Chapel - Alison
Parish Hall Bookings, J Gimblett
Beavers, Josie Shepherd
Cub Groups, Mrs D Dowling
Scouts, Robert Medland
Guides and Rainbows Mrs M Andrew
Brownies - Jane Bailey
Wainhouse Post Office and Stores
Jacobstow Walks, Mary
Jubilee Club Diana - 01840261366 or Tina
Julietter Garden Club, Pat Thorne

01840 230337
01840 230526
07706927197
01566 781418
07706927197
01840 230330
01288 352786
07842084971
01840 230006
07816394966
01840 230554
01840 230656
01840 230182
01840 261237