

# Jacobstow Journal



Providing news and information for the Parish of Jacobstow

[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk)



## Issue 88 June / July 2025

Delivery free to every household in the Parish - otherwise £1.00

## Editorial by Sarah

Why oh why is it that life can get so complicated. I went to the freezer in the house the other day to get a bag of frozen fruit, but found that the laundry basket was in the way and I couldn't open the freezer door. When I picked up the laundry basket I realised that the washing had finished and was ready to be pegged outside, so I unloaded the machine and took the washing out to the washing line. After pegging it out I realised that I didn't have the key to the shed where the other freezer is (Ohhh get me, Sarah two freezers!). Went back inside and got the key, got down the shed and realised that it was recycling day tomorrow and I had better sort the bags out. Did all that and headed back to the shed but by the time I got there I had completely forgotten what I originally wanted from the shed!

I bet some of our readers can relate to this, or maybe they have other stories they could share with the rest of the village. If you head to the centre pages you will see that we are inviting people to come on board and help with your Jacobstow Journal. Why not give it some thought and see if you can spare us a few hours every other month to help the Journal keep going. It would be lovely to meet you and welcome you.

### Enquiries, Articles and Letters

*email to:*

**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**

*or in writing to the Editor:* Sarah Smith

Almar, Jacobstow, EX23 0BN

### Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

### Editorial Team

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**The deadline for adverts, letters or articles for the August/Sept edition will be 10<sup>th</sup> July. Please note this does not guarantee that the item will be published due to possible limitations on space.**

**Contributions received will be included at the Editorial Team's discretion.**

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

## Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August).

Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

*Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstovillage.co.uk](http://www.jacobstovillage.co.uk)*

### **Summary of Minutes of Meeting held on 2<sup>nd</sup> April 2025**

Cllr. C Smith chaired the monthly meeting with five Councillors and the Clerk attending.

Apologies - Apologies received from Cllr. N Osborne & County Cllr. Nicky Chopak.

Minutes - The minutes had been Emailed to all Councillors and were agreed and signed.

Accounts to pay:- DCW Polymers £996.00 (Seats for Goldfinch  
Close CALC £338.06 (Annual subscription)

Road Closure - Correspondence received advising that the road from Eden Road to Trevean will be closed from 21 st – 25 th April, 2025.

Councillor matters:

A) Complaints received from residents at Broad Langdon that food rubbish left out for dustmen to collect is being attacked by foxes.

b) Send reminder to Royal Mail regarding the missing Post Box at Hele Barton.

c) Arrange for the new seats to be delivered to Hele Barton;



Nicky Chopak, your County Councillor contact details -  
**Mobile:** 07810 302061 **Email:** [nicky chopak@gmail.com](mailto:nicky chopak@gmail.com).  
**Mail:** The Post House, Tresmeer, Launceston, PL15 8QU

## **Council Minutes (continued)**

### **Summary of Minutes of Meeting held on 15th May, 2025**

As this was the Annual General meeting it began with the Election of Officers. Cllr Charmaine Smith was elected Chairperson and Cllr. Peter Chapman was elected as Vice-Chairman.

Declarations There were no declarations of interest in respect of this Agenda.

Minutes – The minutes of the previous meeting had been Emailed to all Councillors and were agreed and signed.

Planning Application PA24/09796 – South West of Lower Blagdon - Erection of Horse Barn with loafing area – This was approved by Cornwall Council.

Annual Audit – The Annual Audit forms were completed and signed by the Clerk and Chairperson. These will be sent to the Internal Auditor for approval before going to the External Auditor.

The Hele Valley Trail – Correspondence received regarding The Hele Valley Trail.

Bude Area 20mph – A meeting will be held on 11 th June, 2025 15.00 – 17.00 hrs to discuss this. Cllr. Chapman will attend to represent Jacobstow PC. This will be held on Teams.



# O&R



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## Jacobstow Neighbourhood Watch



A quick overview of your local policing team, copied from the Devon and Cornwall police website.

"Our Neighbourhood Policing Teams consist of Neighbourhood Team Leaders (police sergeants), Neighbourhood Beat Managers (police officers) and police community support officers (PCSOs) who are accountable to their local community. A key element of the role is to undertake community engagement to understand community concerns and update them on police activity in order to build confidence.

They will work in partnership with teams both within the police (for example alcohol licensing and youth intervention) and externally (local authorities, Environmental Health and registered social landlords) to problem solve community issues. The underlying principle of our neighbourhood policing model is to intervene at the earliest possible opportunity to prevent an escalation of crime and harm." More information is available at [www.devon-cornwall.police.uk](http://www.devon-cornwall.police.uk)

**Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there**

[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)

### JUBILEE CLUB

The Jubilee Club have organised a Coach Trip to SIDMOUTH DONKEY SANCTUARY



On Monday 23<sup>rd</sup> June

You are very welcome to join us. Pick up at Wainhouse

Please contact Diana 01840 261336 for more details

The 93<sup>rd</sup>

St. Gennys Horticultural

Show

25<sup>th</sup> July 2025



Save the date and get planting, stitching, knitting, baking and crafting for your entry to the show.

Schedules will be out next month.

## OUR LOCAL POSTMAN HAS RUN THE LONDON MARATHON



The Journal would like to apologise for not running the cover story in our April May issue. Darren Evans ran the London Marathon on 27<sup>th</sup> April, raising funds for Cancer Research, and dressed as a Royal Mail



Postbox. In 2022, Darren broke the Guinness World Record for fastest marathon dressed as a postman, in the Manchester Marathon. Darren has been training hard on local roads and the Camel Trail for the London Marathon and is hoping it will not be too hot on the day. He has put a postcard through all local letter boxes which has a QR code on it and information on other ways to donate. You can go to his justgiving website <https://www.justgiving.com/page/darren-evans->

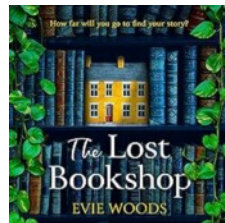


1737134666905 Or donate on the doorstep when he delivers your mail (Darren has not offered this as a way of donating but he will give you a sponsorship form if you ask) You can also go to his Facebook page, Darren Evans which has details of how to donate. If you are struggling with technology, I have found teenage children very useful for this kind of thing! Our final photo shows Darren with his medal after completing the London Marathon. Well done Darren. We hope you get lots of money for Cancer Research.

# Jacobstow Book Club

## **‘The Lost Bookshop’ by Evie Woods**

We all really enjoyed this amazing story because it was very mysterious and beautifully written. Three main characters find themselves connected by a bookshop which seems to disappear and appear again when needed. Each character tells their own story but are united by past events and by loss and love.



## **‘Freeze Frame’ by Peter May**

Peter May is one of the group’s favourite writers and this one did not disappoint. It is from the Enzo McLeod series, a detective of Italian and Scottish descent. He travels to a small, sparsely populated island just off Brittany to try to solve a 20 year cold case of the murder of an aging entomologist. His detailed study of the crime scene and his questioning of local witnesses and some suspects leads him to a dangerous life or death moment, as well as eventually and satisfyingly solving the case.



No report from the Guiding Movement this issue but to join or for information, see contact details on our back page.

# CHURCH AND CHAPEL SERVICES



## Jacobstow Parish Church

June 8th Morning Prayer 10 30am  
July 20th HC Service 10 30am.

For all services across Benefices please see monthly notice at church.

## Bethel Methodist Church (Trelash/Warbstow)

### Living Water Methodist Church (Canworthy Water)



Sunday 1st June	10.30am	led by Worship Team
Sunday 8th June	10.30am	led by Mrs Julie Swann
Sunday 15th June	10.30am	led by Worship Team
Sunday 22nd June	10.30am	led by Rev Steve Swann inc Holy Com
Sunday 29th June	No service – Circuit service at Camelford Methodist Church at 10.30am	
Sunday 6th July	10.30am	led by Worship Team
Sunday 13th July	10.30am	led by Worship Team
Sunday 20th July	10.30am	led by Mr P Daniel
Sunday 27th July	10.30am	led by Worship Team

## Coast Family Church

Sunday services on the **first**, **third** and **fifth** Sunday of the month at 10.00am Jacobstow Village Hall.

Come and join us



## Church Draw Results

	1st	2nd	3rd
May	Mrs L Cowling	Mr M Spry	Mrs M Carter
June	Mrs J Thrussell	Mr A Smith	Mrs M Trotman
July	Mrs L Harris	Mr P Howarth	Mrs D Adey



# CHURCH AND CHAPEL NEWS & EVENTS

## Jacobstow Parish Hall Forthcoming Events



On May 8<sup>th</sup> the bells rang out across the country, as churches and cathedrals joined in a co - ordinated bell ring to celebrate the 80<sup>th</sup> anniversary of VE Day . This echoed the sounds that were heard this day in 1945.

Jacobstow bellringers took part in the celebration and St James ' bells rang out beautifully over our village for half an hour .

Bethel Methodist Church (Trelash/Warbstow)

invites you to

### CAR TREASURE HUNT & PASTY SUPPER



**Friday 27<sup>th</sup> June**

£5 per person – includes pasty supper

**Family It's a Knockout**

**& Barbecue**



**Friday 25<sup>th</sup> July**

At West View, Trelash

**Both events start at 6.30pm**

All ages welcome No booking required

For further info please call 01840 269094



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## **Methodist Musings**

**Camelford and Week St Mary Methodist Circuit**

### **Methodist Musings – the Joy of June**

“What is one to say about June, the time of perfect young summer, the fulfilment of the promise of the earlier months, and with as yet no sign to remind one that its fresh young beauty will ever fade” writes Hal Borland, reminding us that in June we stand on the doorstep of summer.

As we emerge from that promise-filled spring time, into a world full of colour and delight, our gardens burst forth with flowers and plants and we enjoy glorious mornings and evenings watching the stunning sunrises and sunsets.

We have much to be thankful for and perhaps Borland’s comment encourages us to enjoy each moment, and relish the good things in life. All too often, we find it easier to focus on the concerns and challenges of everyday life, rather than embracing its goodness and joy.

Christians believe this is life as God intends it, with a deep-down joy that surpasses all the negativity and challenges that might be thrown at us. Indeed Jesus said “I have come that they may have life, and have it in abundance”.

Unfortunately, life does have a tendency to throw us a few curve balls, and we can be left wondering “what’s it all about?” rather than savouring the beauty.

However, if we take a moment to experience the joy of God’s creation: to breathe in the sea air, listen to the sounds of animal and bird then our souls are filled with hope and joy.

We know there’ll be stormy days, but behind those storm clouds the sun shines. So, as we recall the beauty of the summer days we can step forward with hope, knowing that brighter times will come, let us rejoice in the fullness of life.

“I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds.” Psalm 9:1

Julie Swann

Church & Community Worker

Camelford and Week St Mary Methodist Circuit

**St Gennys Church  
Invites you to a Big  
Breakfast Sunday  
22nd June 9:30am to  
2:00pm. At Penwith, St  
Gennys Price £10.00**



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Newspapers and Magazines



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Daily meals 12-9pm

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## LETTERS PAGE

Dear Mary Ash,

I apologise for leaving out the word “apricity” from your article on the Jacobstow Amblers in our April/May issue where you are describing sitting in the sun. I confess I deleted the word, thinking it was predictive text. To enlighten our readers (and myself!) this is the definition of apricity: Describes the feeling of gentle warmth of the sun on one’s face. Mary heard a weather man use this term. She recommends the book “Landmarks” by Robert Macfarlane who says many words which describe feelings and sensations are being lost from our language. As a lover of poetry and literature, I am happy to have added this word to my vocabulary.

Celia Proudfoot xx

Dear Ann Connoly,

I totally agree with you about the speed of cars and the threat they pose to walkers in our lanes. I would add though that the rule about walking on the right hand side of the road to face oncoming traffic has to be tweaked a bit when it comes to bends in the road. At these points I just choose the side where I can see and be seen best. This obviously does not work with bikes and horses. When I first move down here nearly 40 years ago, I took my children out in the buggy almost every day. I would not dream of doing that now with my grandchildren.



Celia Proudfoot

I would like to say a big “THANK YOU” to all my wonderful friends and neighbours who have given me so much help and support following my hip operation in early March.

Even though I live alone I always know that if I have any problems, or even if I just need a chat, there is always someone in this village who I can turn to.

I moved here over 18 years ago and have always been grateful to live in a village filled with kind, thoughtful and welcoming people.

Thanks once again

Geraldine

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## BEN MAGUIRE Facebook extracts

Customers are struggling to meet the rise in water bills.. meanwhile THIRTY-SIX beaches here in Cornwall have sewage dumped straight into them by South West Water. I have called



**Warning after sewage released at 36 beaches in Cornwall**

repeatedly for months now for Susan Davy, South West Water's Chief Executive, to do the decent thing and resign. It is simply incomprehensible that her company's repeated failings are even legal. Heads should roll, and I make a promise to my constituents that I will seriously keep the pressure on until they do.



After a number of constituents raised the shocking lack of accessibility at Bodmin Parkway, I've now written directly to the Rail Minister to request an urgent meeting & find a solution. I've personally witnessed disabled passengers being carried up steps, over the footbridge and down again, just to reach the London-bound platform. It's completely unacceptable. Bodmin Parkway is a key station that serves North Cornwall. It must serve everyone equally.



*'Publish the date of the jumble sale, but not the US bombing plans. Those were sent to us by mistake'*



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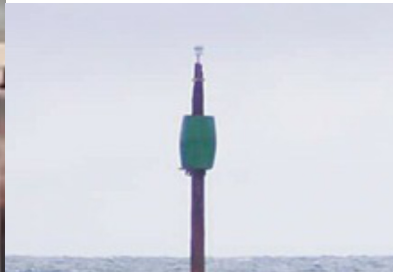
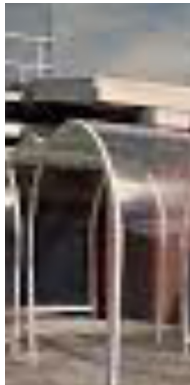
Simon Neate, *DIP FHP* 07870 508 867

Claire Neate, *DIP FHP* 07968 232 344

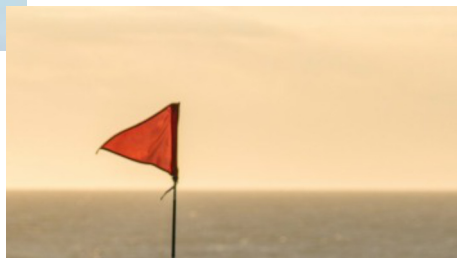


# PICTURE PUZZLE PAGE

Welcome to your "tea break" puzzle page. This edition's winner is Caroline Wakefield. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the Picture Quiz and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> July 2025 Thank you to Wainhouse Stores for sponsoring this page.



Can you name all  
these "famous" Bude  
landmarks?





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# WHAT'S ON

## June

- 4 Marcus Brigstocke - Launceston Town Hall 7.30
- 7 Fford 5 + support The country strong band - Week St Mary 7.30
- 11 Rich Hall - Falcon Hotel 8.00
- 11 Your garden in June + Gardening Question time - Pounstock GildHouse 7.30
- 12 McBeth - The Castle Lawn, Bude 6.30
- 21 This is Floyd Parkhouse 7.30
- 26 Romeo & Juliet - Castle Lawn 12.30
- 27 Pop up Pub - Poundstock Gildhouse
- 27 Fearlessly Taylor - Taylor Swift Tribute Act - Parkhouse Centre
- 30 Ian Botham evening - Launceston Town Hall 7.30

## July

- 9 History of Tractors - Talk by Bert - Poundstock Guildhouse
- 25 Pop up Pub - Poundstock Gildhouse
- 25 Bowiepr - Paul Roberts - frontman of The Stranglers celebrates the music of David Bowie - Ebbingford Manor
- 26 Beatles complete - Ebbingford Manor 7.00
- 27 Pride and Prejudice - Ebbingford Manor 6.30

## Eden Chapel renovations.



Your intrepid Journal reporters stopped and had a quick chat with the builders who are renovating Eden Chapel. And an interesting chat it was, they have stripped the roof of the Rag slate and are going to reuse as much of it as possible. Lovely sunny weather to have the roof exposed.

March is often described as "Summer in the sun, winter in the shade" with this year very much so. The first week started with some quite sharp frosts in the mornings, I recorded  $-2^{\circ}\text{C}$  on a number of days although day temperatures were reasonable. The 6th saw  $15.8^{\circ}\text{C}$  with generally light winds around southeast. This didn't last, veering northerly overnight on the 12th with wintery showers and the wind really was quite cold the following day. There was an eclipse of the moon on the 14th. It remained on the cold side until the 18th with winds back around east again, when I noted that we had had 32 days since the beginning of the year with winds generally from an easterly quarter. Spring Equinox was on the 20th this year, still almost nothing in the way of rain locally here in the Duchy but the following day saw the extreme west of our region have heavy rain showers, and a thunderstorm was observed near Lands End in the evening. It managed to warm up a little by the 27th with  $16^{\circ}\text{C}$  recorded here with fairly settled conditions persisting to the end of the month. There was a partial solar eclipse on the 29th, no days produced any rain of note with just 0.36", 9mm collected for the month against my 10 year average of 4.03", 102mm. So March didn't come in or go out with anything dramatic this spring.

April started where March left off with southeast winds that became quite gusty in the afternoon on the 1st at 37-40 knots here in the valley. Also warm, it touched  $18^{\circ}\text{C}$  on the 2nd which was notable for a very low relative humidity of just 42% in the afternoon. There was some light drizzle at times in the first week,  $22^{\circ}\text{C}$  recorded on the 5th with it remaining decidedly on the warm side to the 14th. So far, I had collected just 0.43" of rain to date.

Matters changed dramatically on the 15th. A persistent low with several associated weather fronts got stuck across the southwest with rain that started by first thing, it got progressively heavier during the day. I had collected 0.4" by 1000, 0.78" between then and 1600 with some torrential downpours in the afternoon. A further 0.22" was collected by the evening. It didn't really give up with further extensive rain overnight into the 16th, by which time I had collected 2.4", 61mm by the following day. The Ottery peaked at 1.26m in the early hours on the 16th, Otterham rain gauge had collected 3.94", 100mm and there were flood warnings everywhere by midday.

There wasn't anything of real note for the rest of the month apart from an Aurora late night on the 16th, some very warm days for April with  $20^{\circ}\text{C}$  on the 24th, and a total of 4.5", 114mm of rain was collected against my 10 year average of 2.46", 62.5mm. Apart from the deluge on the 15/16th, it was quite a dry month generally this early spring.



# The Jacobstow Journal needs you!

Are you interested in your local community? Maybe you are doing Media Studies at school or college and would like to get involved and add it to your CV?

We are appealing for anyone who is interested in helping with the Jacobstow Journal to get in touch with us. We publish every other month so your commitment can be as little as one article per edition or you could help out with advertising, distribution or reporting. You do not have to have any experience of desktop publishing, we can help you with that, it's more about enthusiasm in helping us to get the Journal to every one in the village and keeping the village connected and informed.

You can email us on [jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com). You can ring me, Sarah on 01840 230565 or you can pop in for a chat at Almar (blue bungalow on Edgar road before the road narrows on the two bends)

It would be great to hear from you and help us to keep the Journal going.



LOCAL LIFEGUARD COVER



Beach Name	Start Date	End Date	Late
Season Cover			
Black Rock	17/05/25	28/09/25	
Crooklets	17/05/25	28/09/25	
Northcott	19/07/25	07/09/25	plus October half term week
Sandymouth	17/5/25	28/9/25	
Summerleaze	03/05/25	28/09/25	4 to 19 October weekends, plus October half term week
Trebarwith	17/05/25	28/09/25	
Widemouth	03/05/25	28/09/25	4 to 19 October weekends, plus October half term week

Beach Safety Tips

- Always swim at a lifeguarded beach.
- Swim between the red and yellow flags.
- Never swim alone.
- Know your beach safety flags.
- Never use inflatables in strong winds or rough seas.
- If you get into trouble, stick your hand in the air and shout for help.
- If you see someone else in trouble, tell a lifeguard.



HIGH TIDES & SUNSETS - June - July 2025

Date	Jun 7	Jun 14	Jun 21	Jun 28	Jul 5	Jul 12	Jul 19	Jul 26
AM	3:12	07:44	1:35	7:59	1:13	6:54	**	7:01
PM	15:39	20:04	14:08	20:19	13:51	19:13	12:24	19:18
Sunset	21:28	21:33	21:36	21:36	21:33	21:29	21:22	21:13

NB - Tides are based on Newquay +25 minutes)





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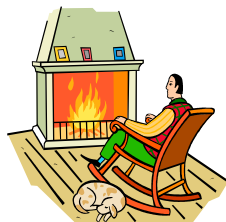
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## **WEEK ST MARY BONAVENTURES WI**

For the March meeting we heard from Vet Nigel Hicks and his wife Nurse Sara Fell Hicks who, since 2009 have been going to Borneo with an English charity to work with rescued orangutans. Orangutans are critically endangered and found only in Borneo and Sumatra. In early 2014 Orangutan Veterinary Aid (OVAID) was established – a charity run entirely by volunteers, registered in Launceston, that has so far donated half a million pounds. The charity supports vets working at the front line of orangutan rescue whether this is from illegal pet homes, human conflict, deforestation, habitat loss or the illegal wildlife trade. The teams are often working in difficult, demanding and dangerous conditions with minimal equipment. To provide practical help Nigel and Sara volunteer each year to assist the Indonesian rescue centres and have established a scholarship programme to allow Indonesian vets to increase their knowledge and skills. Information on OVAID can be found at [www.ovaid.org](http://www.ovaid.org).



At our Annual Meeting we voted on this year's WI Resolution: "Bystanders Can Be Lifesavers" – the WI hopes to increase public confidence and training in the delivery of CPR and use of defibrillators alongside other local organisations.

WI member Sandy Smith then shared her experience of taking part in last year's annual MoonWalk, the flagship event for Walk the Walk.org, a grant-making breast cancer charity. Over 12,000 walkers gathered on Clapham Common, wearing outrageous costumes – especially decorated bras. There was a sea of colour with all the London landmarks they passed lit up in pink and hundreds of volunteers and walkers ranging in age from 14-85 years. The full marathon course is 26.2 miles long and it took Sandy and Martin 7½ hours. This excellent time was the result of 4 months' training up and down endless hills reaching 30-40 miles a week through very wet winter (and spring!) weather. Altogether Sandy and her husband Martin raised an impressive £2,190 including a collection in the Community shop.

For event information: [walkthewalk.org](http://walkthewalk.org)



Anyone interested in finding out more about the WI can contact the Secretary Roberta Jones, on 07788-548875.



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# Thomas Hardy – The Cornish Connection

Many of you will be well aware that this part of the world has close connections with a number of notable literary figures, not least our own Parson Hawker, the mid 19th century Morwenstow vicar. Amongst these other literary giants is Thomas Hardy who first came to this area in 1870 when he was 30. His arrival here was not because he wished to be far from the madding crowd but because, at that time, he was still an architect – his original profession - and was commissioned to plan the restoration of the church at St Juliot.



**Thomas Hardy and his first wife Emma Gifford**

Hardy stayed at the Old Rectory there with the vicar and his family where he met Emma Gifford, the sister of the vicar's wife. The two soon fell deeply in love and would go out together to explore the beautiful area around St Juliot, Emma on horseback and Thomas trying to keep up on foot as he couldn't ride.

The couple married four years later in 1874 during which time Thomas completed four novels – *Desperate Remedies*, *Under the Greenwood Tree*, *A Pair of Blue Eyes* and *Far from the Madding Crowd*. These were all written at night after a full day's work. While the change of career from architecture to literature was a major success, sadly the marriage was not a happy one. Emma died suddenly in 1912, leaving Thomas, consumed with guilt and remorse. He wrote several poems to honour his late wife, Emma, and made another visit to St Juliot. This time to erect a memorial to her in the church.

## **St Gennys Silver Band**

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# THE PEARL EXCHANGE

The Pearl Exchange is an award winning charity that supports the mental wellbeing of 18-35 year olds in Devon and Cornwall. It is based in Bude. Following the death of Pearl Bamford, age just 19, her parents, Rose and Johnny felt compelled to assist the younger generation of Cornwall and Devon to help them build more positive futures.



Having helped Pearl through her struggles with mental health, Rose and Johnny experienced first hand the lack of support, direction and hope for her generation. Her death highlighted the pressing need for positive creative activities and community intervention where young adults and the wider community come together and support each other. Inspired to make a change in their community, Rose and Johnny founded The Pearl Exchange. Since 2019 they have worked to build a strong community hub which engages hundreds of people a year. In May 2023 they were granted charitable status.

The Pearl Exchange provides a safe welcoming and vibrant space for young adults to make connections and share experiences with a programme of free creative wellbeing workshops, courses and activities.

From music workshops to finance advice to creative writing or how to get ahead in business, their eclectic programme is tailored to help improve young people's confidence alongside their practical and social skills.

They also provide access to free one to one counselling with minimal waiting times. **You can contact them at [www.thepearlexchange.org.uk](http://www.thepearlexchange.org.uk).** Their address is Broadclose Hill, Bude, Cornwall EX23 8EQ. Tel: 01288 276 499



## CONCERT AT WEEK ST MARY CHAPEL 10<sup>th</sup> May

This was performed by Note-orious and the Sing Out Sisters in aid of Bude Cancer support. The theme was of early gospel music and the later popular music it inspired and was called In Their Footsteps. There were classic standards like Joshua Fought the Battle of Jericho and Amazing Grace finishing with a rousing version Of Jailhouse Rock and a singalong to Down by the Riverside.



There was also a very touching performance of Eric Clapton's Tears in Heaven sung beautifully by 3 young soloists, Yvie, Elsie and Tilly. The choir was terrific, as were the musicians, who performed to a full house. It was good to see performers of all age groups. Hilary Daniel was the musical director.





## **2nd Bude (Jacobstow) Scout Group**

Beavers, cubs & scouts are now taking part in the summer term programme, many weekly evenings being completed outside, making the most of the weather and light evenings.

Beaver evenings include a nature walk, pond dipping, beach visit & cooking on a fire. Cub evenings include athletics, fire lighting, building a shelter & the term is concluded with a slip & slide & river run at Trengune along with the scouts. Scouts will bring their bike to the scout hut for an assault course, other activities include fire lighting/outdoor cooking, raft building & then trying the rafts out on the river. All three groups are taking part in a sponsored bike ride in July raising funds for the scouting groups & the hut.

Four scouts took part in the annual 'Coast 2 Coast' during a weekend in April. The scouts set up camp at Sticker in the rain which continued during the night. An early start was had as the scouts were bused to Perranporth where they walked 20 miles back to camp. The final days walk was from Sticker to Mevagissey, another 11 miles. A massive achievement for our scouts.

The next big adventure in July for eleven of our scouts is a Scouting Jamboree, a week-long camp at St Stithians. The week will be jam packed with activities, a wonderful opportunity for our scouts meeting scouts from all over the country.

We will always welcome new members

Beavers 6-8 years of age (Wed 5.30pm- 6.30pm),

Cubs 8-10 years of age (Mon 6.30pm-8pm) and

Scouts 10-13 years of age (Tue 6.30pm-8pm).

For further details please contact Robert Medland

robert.medland1988@gmail.com / 07842084971.



## Focus on Advertiser - Bright Joinery Ltd

Bright Joinery cater for all you handmade woodwork needs. Started in 2014 but with an extensive background in carpentry and joinery in the local area, predominantly restoration and listed building work, Bright Joinery uses traditional time-proven methods and environmentally managed sources - we really pride ourselves on producing quality joinery and beautiful furniture.



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Many examples of our wide range of work can be found on our Facebook and Instagram accounts, just search for Bright Joinery to see what transformations the team have been working on recently.



## David's random ramblings

An interesting fact that I was recently surprised to learn, and which will no doubt also surprise you, is that it's now been firmly established that dairy cows achieve a much higher yield when the farmer talks to them while they are being milked. Apparently it's a classic case of 'in one ear and out the udder'. Even at this distance I can almost hear you exclaim, "Pull the udder one!". However, you

should be well aware by now that I always back up my arguments with well documented facts, peer-reviewed research and analyses based on robust data. That's why they call me the Credible Hulk. And did you know, Dear Reader, that 47.2% of all statistics are made up on the spot?



# Advertising in the Jacobstow Journal

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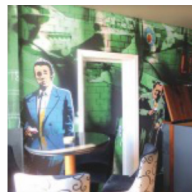
Our charges are £30 a year for 6 Bi-Monthly editions, that's only £2.50 per month.

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# Kids' Page

## Beach Scavenger Hunt

- ☐ 1. Seashell 
- ☐ 2. Periwinkle shell 
- ☐ 3. Seaweed 
- ☐ 4. Beach glass 
- ☐ 5. Piece of Litter 
- ☐ 6. Something round 
- ☐ 7. Feather 
- ☐ 8. Beach grass 
- ☐ 9. Crab shell 
- ☐ 10. "Treasure" 



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## JACOBSTOW AMBLERS

We all met up by Rusey Point on Thursday 27<sup>th</sup> March. It was good to see Sally and hear about how she was settling into her new house. We also welcomed Trish who has just moved into Jacobstow with her dogs. The day was overcast and there was a chill wind as we set off down a rough track towards Beeny. When we reached the sealed road to Beeny we turned off at a stile to the Coast Path and headed towards Crackington. There were some lovely views across the cliffs but no seals basking on the rocks below. However there was lots of water which pleased the dogs! All too soon we were back to the cars and off for a delicious lunch at Boscastle Farm Shop.

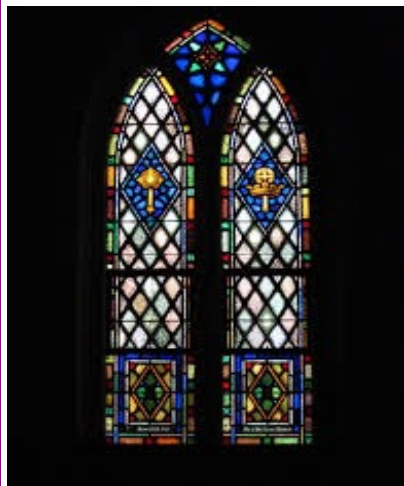


**NEXT WALK: Thurs 5<sup>th</sup>  
June including swim.  
Contact Mary for details:  
01840 230 656**



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## THE GARDEN IN SUMMER

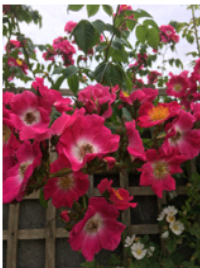


In June gardeners can enjoy planting out summer bedding plants and young vegetables that have been nurtured in the greenhouse, cold frame or on the windowsill. Continue to add compost to help open up our clay soil and to add nutrients. Saucers under pots save water loss but remember to remove them if heavy rain is

forecast as the compost can quickly become waterlogged.

Courgettes, pumpkins and french beans can be sown outside in early June in a sunny spot.

Outdoor salad leaves are best sown in small amounts every few weeks in part shaded areas to protect them in hot dry spells. Nutritious micro greens can also be grown on a windowsill to supplement salads, choose cress, beetroot, chives and broccoli and cut when just a few inches tall, many will produce new leaves and maintain a good supply for several months.



As the summer progresses, stake floppy plants and cut back early flowering perennials to encourage fresh growth and a second flush of flowers, keeping them watered and mulched for the best results. For annual and perennial plants, regularly remove spent flowers to prolong flowering; climbing and rambling roses should also be tied in to horizontal supports to encourage more side shoots and flowers.

Remember to shade and ventilate greenhouses and on hot days, dampen down by wetting the floor to raise humidity and help to discourage red spider mite. The hoe is ideal for using between plants in dry weather to keep on top of weeds as they appear. Succulents can be propagated by checking for rooted offsets to be detached and potted or replanted elsewhere to increase your plants; look out for strawberry runners too! Stay alert for plants under stress, saving water from the kitchen to allow watering as necessary.



**Most of all, take time to enjoy your garden and admire the fruits of your labours!**

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## EVENTS - In Parish Hall unless otherwise stated

Arts & Crafts Club - Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details.

Monday Cubs 6.30-8.00 Scout Hut Brownies 6-7.30

Jive Club Parkhouse Centre, Bude

Tuesday Scouts 6.30-8.00 Scout Hut

Rainbows 5.45-7.00 Guides 7.00-8.45

Wed'day Beavers 5.30-6.30 Scout Hut

Sunday Coast Family Church 10.30

Last Monday monthly, 7.30 - Old Cornwall at Parkhouse Centre

1<sup>st</sup> Tuesday monthly: Parish Council meeting 7.30

2<sup>nd</sup> Tuesday monthly: 7.30 WI Marhamchurch

3<sup>rd</sup> Tuesday monthly: 7.30 Juliotter Garden Club, Marshgate

1<sup>st</sup> Wed': Camelford Garden Club 2-4pm monthly Camelford Library

2<sup>nd</sup> Thursday monthly: 7.15pm WI Week St Mary

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## LOCAL BUSES

**Please Note** If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

**95/95B and 94** These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

**Transport for Cornwall** - 08081962632 - [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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**220** - Launceston, Tues;

**371** - Launceston, Mon/Thurs;

**372** - Holsworthy, Wed;

**373** - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

**Travel Cornwall** - 01726 861108- [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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## Local Authority

Cornwall County Council 03001 234100  
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Library Renewal Hotline )  
North Cornwall MP Ben Maguire 01208 640995  
Nicky Chopak (County Councillor) 07810302061  
Police Force Enquiry Centre 101  
Crimestoppers (Anonymous) 0800 555111  
Floodline 0845 9881188  
Power Cut-Western Power Distribution 08006783105  
Sita Recycling Centre, Tiscott Wood 01288 355131  
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**Women's Refuge** 01872 225629

# USEFUL CONTACT NUMBERS

## Jacobstow Organisations

Jacobstow Infants School 01840 230337  
Jacobstow Church, Mr Brian Marshall 01840 230526  
Art Group, Jeane Gimblett 07706927197  
Happy Crafters, Eden Chapel - Alison 01566 781418  
Parish Hall Bookings, J Gimblett 07706927197  
Beavers, Josie Shepherd 07855001284  
Cub Groups, Mrs D Dowling 01288 352786  
Scouts, Robert Medland 07842084971  
Guides and Rainbows Mrs M Andrew 01840 230006  
Brownies - Jane Bailey 07816394966  
Wainhouse Post Office and Stores 01840 230554  
Jacobstow Walks, Mary 01840 230656  
Jubilee Club Diana - 01840261366 or Tina 01840 230182  
Julliotter Garden Club, Pat Thorne 01840 261237  
WI - Week St Mary, Roberta Jones 07788 548875  
Marhamchurch, Shirley Youldon 01288 354672