

Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 8

October/November 2011



Thank you to Rachel Wren for this stunning illustration

Editorial

I notice that we seem to have acquired another nation chain shop in Bude (WH Smith's). I have heard a number of interesting and quite opposing opinions about this. Some people say "Well, I will never set foot in the place, Spencer Thorn and Martins provide that type of shopping that I need", another person said "They have really good offers on books" and one suprsing view of "is it better that a nation chain take over a shop than it stands empty".

If we look at a wider picture it brings us to the controversial Binhamy development. Apparently planning permission was refused by Cornwall Council which was then over ridden by the home secretary. I understand the need for more affordable housing especially in this area of the country, but does Bude have the infrastructure to support such a large development. When you hear stories of people having to go to Bideford to register with an NHS dentist, it does make you ponder on the outcome if this goes ahead. And as for comments about a small branch of WH Smiths opening in the High street, retail units are planned for Binhamy. McDonalds are only a short way behind, and I don't know about anyone else, but I moved to this part of the world to escape the 24 hour fast paced life. The thing that makes Bude what it is, is the individual nature of the shops and restaurants, if we start getting the big boys moving in in any great numbers Bude will become like any other town!

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The deadline for adverts, letters or articles for the Dec/Jan edition will be 14 November. Please note this does not guarantee that the item will be published due to possible limitations on space.

Enquiries, Articles and Letters

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or in writing to the Editor:

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Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

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Jacobstow Parish Council

<u>Chairman:</u>	Mr. Norman Osborne	01840-230592
<u>Parish Clerk:</u>	Mrs D. Turner	01566-781269

<u>Members:</u>	Mrs Charmaine Smith	Mr Dennis Adey	Mr. Bob Reason
	Mrs Ilona Franklyn	Mr Jim Cory	Mrs. June Rose

The Parish Council meets in the Parish Hall on the 3rd Tuesday of every month (except, usually, for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Meeting held on 20th September, 2011

Planning – It was noted that Cornwall Council had approved Planning Applications for Mr. A. Human, Mr & Mrs DJ & GM Phillips, and Mr & Mrs Ford.

Audit – It was noted that the 2010/11 Audit had been successfully carried out. It was agreed to pay the account amounting to £144.00. Prop. Mr Adey Sec. Mr.Reason

Children's Hospice South West – Children's Hospice SW wrote thanking the council for supporting their appeal. As the Precious Lives Appeal draws to a close they are turning their attention to fitting out Little Harbour with a view to open to families and children in December.

Cornwall Fire & Rescue Service – Advise that they will no longer be doing home fire safety checks.

Speedwatch Mr Adey reported on Speedwatch saying that 770 cars passed through Wainhoouse Corner, in one direction, during a two hour period. Many were doing speeds of 50+ 23 Letters were sent out.

A39 South Penlean Farm – Local Safety Scheme, Poundstock. The accident records show there have been a number of accidents involving loss of control in the vicinity on the bend at South Penlean Farm. New warning Signs are to be erected.

Parish Plan Discussion – Items from the Parish Plan were discussed, Public Transport, Bus Shelter, Traffic Signs etc. Seat for the village to be discussed further at the February meeting.

Planning Application – Mrs Janet Throssell – 16 Solar PV Panels at Broompark, Week St. Mary. Councillors unanimously support this application.

Please note, there are only this set of minutes in this edition, the parish council does not meet in August.

Mum, can we go to the pictures please?

Until recently going to the cinema involved a lengthy excursion of at least 160 miles, if you went to somewhere like Plymouth, Exeter, Truro or Barnstaple. This wasn't very practical (unless you were going for another reason) so we were lucky in having the very delightful Regal Cinema in Wadebridge as an alternative. Even this required a return journey of 44 miles so it was never exactly a "spur of the moment" thing. Before anyone says it, I haven't forgotten about the Bude Community Cinema at the Parkhouse Centre (showing films once a week) or the monthly film show at the Memorial Hall in Holsworthy. These two filled a gap and I'm sure that they are much appreciated, but neither of these could be called a "proper" cinema. **Now, after an absence of almost four years, the Rebel Cinema at Treskinnick Cross has reopened.**



Has it changed? Yes, it certainly has! We went to see the latest Harry Potter film soon after the cinema reopened and were amazed at the improvements that had been made. I wouldn't even try to guess at how much money had been spent on the upgrade, but I think I would be just as amazed at that as well! To give you some idea the plush red seating is very comfortable with more than enough legroom, and the seats are tiered so that seeing the screen isn't a problem. The screen itself is new and there is a very much improved Dolby audio system which, together with acoustic treatment on the walls, means that the sound quality is top-rate. An induction loop system has been fitted for the hard-of-hearing and air-conditioning ensures overall comfort in the cinema. The 'ticket office' now has a computer screen that shows at a glance which seats are still available so you can choose where to sit before being shown to your seats. Add to this a range of sweets, popcorn, drinks and ice-cream and you are set for a very enjoyable time. You can pay by cash, a debit card or any credit card (other than American Express). At the time of writing they are showing either one, two or even three different films each day, depending on the day of the week. You can get more information and details of the films being shown by phoning 01288-361442 or going on-line at www.rebelcinema.co.uk. Better still though, why not go and see for yourself? You won't be disappointed and it will certainly be better (and a lot cheaper) than that 44 mile round-trip!

Report by Mike Quance.



Bude Rural Neighbourhood Beat Manager, Nick Jessop

Contact at Bude police station on 01288 357502, email us at bude@devonandcornwall.pnn.police.uk (Bude Police) or www.devon-cornwall.police.uk. Please remember however these should only be used for non urgent enquiries.. In an emergency dial 08452 777444 or dial 999 in an emergency.

FEEDING THE BIRDS IN WINTER

Many people take great pleasure in watching the birds in their garden encouraging them by feeders and planting various shrubs. It is surprising the variety of birds which will appear in the winter months.

The ideal feeders will contain a variety of food and it is important to provide water as well, keeping it ice free. Try to site the feeder near shrubs so the birds have immediate cover when danger threatens from Sparrow Hawks, Buzzards etc. though marauding cats will use the shrubs to their advantage.

Blackbirds love Cotoneaster and Pyracantha berries and will strip the bushes as soon as the berries ripen. They will fiercely defend their territory against trespassers of their own species. I supplement their feed with dried meal worms as their natural food becomes scarcer which attracts Robins as well.

This year in order to attract Goldfinches I provided Nyjer seeds, which have a high oil content, and was rewarded with a pair who became frequent visitors until mysteriously disappearing during August (other friends reported the same) but glad to say they have now returned swinging on the feeder as usual. Has anybody any idea why?

Peanuts are very popular with a wide variety of birds being rich in fat. Hedge and House Sparrows squabble over them and stuff their fledged babies with flakes of them. Peanuts also attract Greenfinches, Nuthatches, Great and Blue tits, and the occasional Greater Spotted Woodpecker. The Tits will carry away whole nuts and when a snowfall thaws the lawn is littered with Peanuts! Though an excellent food Peanuts can also cause serious respiratory illnesses to birds, especially Greenfinches, if the nuts are stale or mouldy so make sure they are changed regularly and the feeders are kept clean.

Never give milk to birds as their gut is not designed to digest milk and can cause serious stomach upsets and even death. Conversely they can digest cheese and when grated attracts Robins, Wrens and Dunnocks (a shy bird often seen clearing up the ground under the bird feeders).

Avoid feeding birds on the ground as this will attract rats! Shoo off the cheeky grey squirrels, crows jackdaws and rooks and tolerate the starlings. Enjoy the garden birds and your garden will be full of life even if the shrubs and flowers have shut down for the winter-----Pat Cottell



Dunnock

Goldfinch



Robin

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Times of Church Services



Oct 2nd	Evensong	6.30 pm
9th	Holy Communion	9.30 am
16th	Benefice service at Week St Mary	10.30 am
23rd	Morning Prayer	9.30 am
30th	Holy Communion	9.30am
Nov. 6th	Even Song	6.30pm
13th	TBA	
20th	TBA	
27th	TBA	



All Services at 11 am on:

Oct 2nd, 9th, 16th, 23rd,
30th

Nov. 6th, 13th, 20th, 27th.

Times of Services
in October have
yet to be arranged



Times of Services
in November have
yet to be arranged.

Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

CHURCH 100 LOTTERY RESULTS

August 2011

- | | |
|---|---------------|
| 1 | Mrs J Ward |
| 2 | Mrs A Smith |
| 3 | Mrs L Cowling |

September 2011

- | |
|------------------|
| Mr & Mrs J Corey |
| Mrs I Webster |
| Mr D Braunton |

County Councillor Report by Cllr Phil Tucker

I had a very enjoyable few days in France recently. Like most people would, I took an interest in matters which interest me and especially noticed the provision made by Councils. I was especially interested to note that over the last couple of years there is, in France, a move towards improving the safety of the pedestrian in villages and towns. This has been done by giving subtle ownership of the roads back to the pedestrian and not by a plethora of signs and notices. Roads are marked narrower for vehicles which firstly reduces the speed of the vehicle by reducing the ownership in the mind of the driver. Small granite kerb (for want of a better term) 'slalom gates' are in the road which one could drive over but instead is negotiated and therefore reminds the driver of their need to respond to a more sociable speed. Pedestrian crossings are simple but relatively frequent which also reduces the ownership in the mind of the driver. These are simple black and white lines on the road rather than having to meet XYZ regulation on bollards, signs, beacons and kerbs. When one enters a village or town then from the village nameplate the responsibility rests firmly on the driver of the vehicle.

Generally though the French drivers are very respectful of the communities which they drive through. I am not sure whether this is primarily 'enforced respect' or a community action but I would say that in my 30 years of visits to rural France I have experienced few speeding cars. The reason I have drawn these to the readers attention is to demonstrate that there are options but also there is a need for all of us to respect our communities. I have complaints about speeding, which when analysed are generally people either from that community or a local community. We have a long way to go, deaths and serious injuries, on our roads of Cornwall is still around 200 per year.

Regards Phil Tucker

I am here to help my electorate. If you have a problem then, if I can't help, I bet I know someone who can. Please call me. 01288 341617 philip.tucker@homecall.co.uk

Local farm finalists in a national award

Paul Sousek of Cottage Farm, one of first truly sustainable and resilient organic farms, has been shortlisted in the final three of this year's national BBC Food and Farming Awards in the Farmer of the Year Category and as such will shortly be making an appearance on Radio4 and also on television in the BBC Country File programme.

Cottage Farm have cut their carbon emissions by 110% (no, not a misprint!), by reducing energy consumption and by generating more energy than they need to run the house, to run the farm, to drive and to deliver their farm produce to their customers, which they sell locally via www.BigBarn.co.uk. The energy systems used on the farm include Solar Thermal panels, Heat Store, wood burner with boiler, PV panels, wind turbine, bore hole water and even home made bio-diesel from waste vegetable oil.

Paul says: 'As a result our fresh Red Ruby meat boxes are not only great tasting, tender and organic but also carbon-neutral, and considerably cheaper than meat from butchers or supermarkets. After all, we have cut out all the middlemen and our energy bills are near zero. In addition, our energy resilience means we will be able to continue producing and delivering food regardless of how high future energy costs will be'

Cottage Farm run Open Days where visitors can learn about the motivations, the general principles and the practical steps taken to achieve such major cuts in carbon emissions and in energy costs. This is followed by a practical hands on, touch and feel tour of the house and the many energy measures installed, as well as a farm walk. For the next date and booking instructions please visit www.TransitionNC.org or email Cottage.Farm@tiscali.co.uk.



Canworthy Water Book Club

The Canworthy Water Book Club was formed about three years ago when we were asked by the Mobile Library assistant if we would like to form a reading group.

Fortunately Canworthy Water already has a lively coffee morning to coincide with the fortnightly visit of the Mobile Library van. Soon we were choosing books from a long list of categories, classics, crime, biographies and historical you name it.

Twelve of us eagerly awaited the arrival of our first book selected by the library staff at Bude. The book was The No1 Ladies Detective Agency by Alexander McCall Smith which has also been serialised on television.

We arranged to meet monthly on the Tuesday evening prior to the arrival of the Library Van to discuss the book. Then we would return the books and receive a new set the next morning.

The group has become quite a regular social event, as we each welcome book club members to our homes. Everyone bringing a plate of something tasty to share. We do still find plenty of time for discussion after a delicious supper.

41 books have been read since the Book Club started. Some were really excellent, some not so excellent with only one or two that were not enjoyed by anyone. All of them though, promoted plenty of comment. We think it has also opened our eyes to books we would probably not have considered previously as a "good read", but found them to be really enjoyable.

Lively discussion always takes place.

Happy reading!

August 2011

Church Roof Appeal

A lot of help is required to raise the £32,000 needed for the repairs to the Church Roof. So far £7,000 has been raised from 4 grants. Thanks to everybody who are collecting pennies for filling the font with your contributions. Please keep collecting ready for the Carol Concert on dec. 4th at 7.0p.m. Followed by supper.

Uncle Fred asked Aunt Mabel "while you are in town, can you get my passport photo taken please".....



Jacobstow Church

Harvest Festival

Oct. 4th at the Parish Hall

Followed by Buffet Supper and Auction



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KNOCK KNOCK, IS ANYONE THERE?
REMEMBRANCES OF HALLOWEEN
By
MIGNON WARNER



Mention Halloween to me and I remember Harry Houdini and the séances which, for ten years after his passing, were conducted each year on this anniversary of his death by his wife, Bess, and a group of friends with the intention of contacting him via a special coded message. Houdini who was, of course, also famous for debunking spirit mediums, hoped, through his passing, to prove once and for all the non-existence of an afterlife where anyone who had “passed over” could be contacted. This, however, is not what I remember about him specifically. Each Halloween I recall being told, as a small child growing up in Australia, that my father had watched one of Houdini’s famous escapes which, in this instance, was after his being dispatched, suitably shackled, from a bridge over South Australia’s River Torrens. As you can imagine, I was utterly fascinated by this piece of information, but not – unfortunately, from Harry Houdini’s point of view – by the dramatic escape from his shackles which I have always assumed, but never enquired, constituted the obligatory chains and handcuffs, minus a key.

Now, Sydney has its magnificent harbour, Melbourne its rain (be advised, do not visit there without first packing a raincoat and an umbrella!), and the City of Adelaide its River Torrens with the bridge in question a very modest affair – little more than a footbridge, if memory serves me correctly. In other words, not by the wildest stretch of the imagination could this bridge be compared with that magnificent specimen which spans Sydney’s impressively deep harbour.

Please feel free to correct me if anyone has information to the contrary, but I have always understood that the Torrens was principally man-made, little more than a series of creeks dammed up to create a river. So you can imagine that, as a child in possession of this piece of geographical information, the big puzzle for me, then and now, was not how Houdini lived to tell the tale, but how he managed to disappear beneath the surface of a river which, in the circumstances, must surely have been comparatively shallow. One explanation could be that Houdini was not a tall man – he was, in fact, quite short – but once again, as Halloween and the anniversary of his death approaches, the question of this particular escape will be uppermost in mind.

No contact was ever made with Houdini via the secret coded message agreed between him and his wife before his death, but to this day, at Halloween, groups of magicians all over America continue to hold séances in the hope of contacting him. As I happen to know Harry and Bess Houdini’s secret code, perhaps I should give consideration to holding a séance of my own to get the answer I seek about the shallow waters of the Torrens and the Master Escapologist’s amazing escape therefrom.

Another remembrance of Halloween comes under the heading of *An Encounter of a Very Strange Kind!*

While working in the office of a London magic shop, it was not unusual, at Halloween, to receive anonymous letters condemning all staff as “Instruments of the Devil”. This dubious accolade accorded to us, presumably, due to the wide range of scary masks, etc., sold in the shop in celebration of All Hallows.

However, one Halloween, while taking my customary lunch-break stroll around Clerkenwell, I was approached by a sweet little old lady who, falling into step with me, told me of her latest visit with her mother. Her mother obviously lived at some distance from her, and when I politely enquired as to her exact whereabouts, she replied – with a glow to her face that could only be described as beatific! – ‘*The other side... But I am not to worry,*’ she then went on to assure me. ‘*Mother comes and takes me by the hand and says, “See how lovely it is here. You mustn’t fret for me.”*’

And on that bizarre note, I shall now take my leave of you and go and dust off my Ouija board in readiness for The Big Night.

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WEEK ST MARY FOOTBALL CLUB

At the beginning of the new season we are looking for new keen young members. under 10s (8-9yrs) and under 16s (14-15 yrs) who are interested in joining our friendly training sessions on Wednesday evenings.

These training sessions are run by two qualified/experienced coaches (Steve Cunningham and Nigel Barriball) at the Village playing field.

Mini Football (under 10s) 6-7pm
Youth Football (under 16s) 6-7.30pm



Parents are welcome to watch

Contact – Stephen Cunningham (Youth Coach) : 01288 341213

LEARN, ENJOY AND SUCCEED

FURTHER EDUCATION - Many people requested Adult Education on the Parish Plan Questionnaire so, now is the chance to browse in the Adult Learning brochure, which you have **NOT** filed in the bin!

COSTS - Costs can be quite frightening but there are concessions and some free with some Benefits. Easy payment plans can be set up. For more information ring 0300 1231 117.

VENUES - Gregson Centre, Bude, John Smiths, Camelford or where stated.

COURSES STARTING After 1 October 2011

Preparation for Higher Education Course - November

Award Book Keeping/Business - November/December

Some **HandiCrafts**, **Alternative Health Remedy** and **Digital Photography** courses start after Christmas

First Aid and **Food Hygiene** certificates are always available.

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MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

Gardening Spot - with Bob Rudd

Now is the time to plan your garden for the winter. You should think about any plant's that are not winter hardy e.g borderline fuchsia's agapanthus and penstemon's should be deep mulched to 3 inches or brought into a greenhouse to survive. Weeding is essential now to get rid of the perennial blighters.

Another job to do now is to divide large clumps of older plants and replant elsewhere. Plant wallflowers in a spring bed mixed with tulips. Take cuttings from tender perennials to root indoors. Lift begonias before the first frost but gladiolas, dahlias and crocosmias benefit from a frost before lifting. Clean the bulbs and store in compost for the winter under glass.

On the veg front sow broad beans for next year, plant garlic, onions, rhubarb and bare rooted currants and gooseberries. Cut pumpkins and squashes and allow them to ripen in the sun.

November is an ideal time to prune apple and pear trees and soft fruit bushes while they are dormant. Cover beds with polythene or old carpet to protect from the heavy rain. Dig the plot over and clear the weeds, add a good measure of compost ready for next year.

In the greenhouse clear all the plants and remove the shading, clean thoroughly with Jeyes fluid or similar, making sure you get into all the corners. Also sterilise the soil with the same produce or clear all the soil out and put in your tender plants. Insulation can now be put into place and any heating checked out. Personally I will be planting winter lettuce in the greenhouse. Don't forget to get in touch with any gardening problems I may be able to help with, either drop me a line or pop in and see me, at Almar.

CHURCH AND CHAPEL NEWS

JACOBSTOW Church members have been busy fund raising during August and September. Trellay bungalow B.B.Q raised £300+ and another £200 approx. was raised at Tobarn B.B.Q. despite the inclement weather. The Patronal Festival Sunday Choir evening also boosted funds being very well attended. Forthcoming events include a flower demonstration "Xmas decorations" by Elaine Reynolds from Delabole on November 25th.. Harvest Festival will be held in the Parish Hall on Tuesday October 4th. At 7.0p.m. followed by supper and Auction.

The annual Carol Service will be held on December 4th ably supported by St. Gennys band.

DIMMA CHAPEL celebrated their well attended Harvest Festival Service and excellent lunch on September 25th.



JAF (Jesus and Fun)

Jesus is the Name we Honour!

JAF meet every Sunday at Eden, Headon Cross, Jacobstow, at 10.30am.

Do you think that 'church' is irrelevant? If so, come and see what we do!



Family meals like the one pictured above, Big Breakfasts, Messy Church (where the children and adults enjoy lots of craft activities which illustrate a Bible story), live music with our own talented worship groups, PowerPoint and video presentations, and family trips.

Come and join a modern Spirit-led **family Church** that welcomes everyone from babies to OAPs. Disabled facilities (access and toilet). Baby-changing facilities. Refreshments are served at the close of every service.

Oct 2nd – Peter Parsons

Oct 9th – Celebration

Oct 16th – **Andrew Nicholson, Teenagers service & Messy Church**

Oct 23rd – 9.30: Big Breakfast . 10.30: service with Rev. Steve Wild,
Chairman of the Cornwall District of the Methodist Church.

Oct 30th – Rev. Doreen Sparey-Delacassa – Sacrament – Light Band

Nov 6th – Mrs Pauline Burdett

Nov 13th – Remembrance Sunday

Nov 20th – Rev Stephen Caddick

Nov 27th – JAF Praise – Light Band



For more details call 01566 781346
Our new website is coming soon

Advertising feature from Brian Teague builders.

See our main advertisement on page 20.

Why not harness the sun's energy, turn it in to a tax free income and save on your electricity bill by fitting a solar PV system to your property? Why not reduce your carbon footprint on the planet?. Here in the South West we receive considerably more solar energy than the rest of the country so we are suitably located to take full advantage of the incentives available.

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To have a Solar PV system installed in your property and receive the FIT payment you must use a registered MCS (Micro Generation certificate scheme) installer and use only MCS accredited products. We are fully MCS accredited and also members of REAL (Renewable energy assurance Scheme) and hold the government endorsed Trustmark. For electrical contracting we are members of the NICEIC approved contractor scheme.

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WHEN IS A POTHOLE NOT A POTHOLE?

ANSWER—When it is less than 40mm (1½ inches approx) deep on the road

This is the measurement used by Cornwall County Council before it will be repaired temporarily and made safe, and then, if appropriate, the area will be added to their list of Highways requiring permanent treatment by patching, surfacing or surface dressing.

The bar on the left is 40mm. If damage is sustained by your car as a result of hitting a hole deeper than this then you are free to submit a claim to the Council which will be considered by their insurers, taking into account a failure by the Council to maintain the road and evidence relating to inspections undertaken and subsequent action by the Highway Authority.

A pothole on a footway will be considered for repair if it is more than 20mm deep.

Will this winter bring another proliferation of “Temporary Road Surface” signs and if so how many will become “Permanent”?



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October - events in the local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 CLOCKS GO BACK!	31 Halloween!					1
2 Coast Family Church 11.00	3	4 Harvest Festival 7.30	5  Coffee Morning 10.30 to noon Guides 5 - 8	6 Blood Donating Park House centre Bude	7	8
9 Coast Family Church 11.00	10 Art and craft group 2pm	11	12 Guides 5 - 8pm	13 WI Jacobstow 7.30pm	14	15
16 Coast Family Church 11.00	17	18 Parish Council Meeting 8pm	19  Coffee Morning 10.30 -Noon Guides 5 - 8	20	21 Jacobstow book club	22
23 Coast Family Church 11.00	24 Art and craft group 2pm	25	26  Guides 5 - 8pm	27	28	29

NOTE. Activities are in Parish Hall unless stated otherwise. Guides 5 - 8pm** means Rainbows/Brownies 5 - 6pm, Guides 6.30 - 8 pm

November - Events in local area

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2  Coffee Morning 10.30 -Noon Guides 5 - 8pm	3	4	5 Bonfire Night
6 Coast Family Church 11.00	7 Art and craft group 2pm	8	9 Guides 5 -8pm	10 W.I 7.30	11	12 Quiz Night 7.30 in aid of St James church
13 Coast Family Church 11.00	14	15 Parish Council meeting 7.30	16  Coffee Morning 10.30 -Noon Guides 5 -8pm	17	18	19
20 Coast Family Church 11.00	21 Art and craft group 2pm	22 Parish Council Meeting 8pm	23 Guides 5 -8pm	24	25 Flower arranging 7.30	26
27	28	29	30  Coffee Morning 10.30 -Noon Guides 5 -8pm			

NOTE. Events in Parish Hall unless stated.

Guides 5 - 8pm** means Rainbows & Brownies 5 - 6pm, Guides 6.30 - 8 pm

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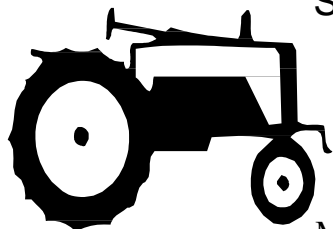
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PUZZLE PAGE

Welcome to your “tea break” puzzle page, a winning entry for the last edition, from Andrew Smith was pulled from the hat, he wins a £20 voucher for Wainhouse stores. Thank you to Mrs Vera Davies and Wainhouse stores for sponsoring the puzzle page. Entries to Sarah Smith at Almar or via Wainhouse stores by 14th November for your chance to win.

H	B	E	A	C	H	Y	C	A	R
A	O	A	Y	L	I	M	A	F	C
R	A	L	L	Y	C	N	S	I	I
B	T	N	I	L	R	U	T	S	D
O	S	M	X	D	E	S	L	H	E
U	T	U	O	Y	A	D	E	I	R
R	G	T	U	T	M	Y	W	N	A
A	O	U	N	E	T	A	G	G	D
I	L	A	B	R	E	A	K	P	I
L	F	A	I	R	A	I	N	E	O

WORDSEARCH - one of the words listed below does NOT appear in the grid, which one?

AUTUMN	BALL
BEACH	BOATS
CAR	CREAM TEA
CIDER	DAY OUT
FAIR	FAMILY
FANTASTIC	FISHING
GATE	GOLF
HARBOUR	HOLIDAY
RALLY	RADIO
RAIL	RAIN
SUN	TOURIST

1960'S QUIZ

1. What year was Prince Charles invested as Prince of Wales ?
2. Which pop groups original name was Pete Novak and the Heartbeats ?
3. By what name did Malaya, Sabah, Sarawak and Singapore become know in 1963 ?
4. Which model was voted the face of 1966 ?
5. Which country singer was killed in a plane crash in 1964 ?
6. Benjamin Britten's war Requiem was first performed at the consecration of which cathedral in 1962 ?
7. Which lord led the inquiry into the 1963 Profumo affair ?
8. On 23rd April 1964 who become the first commoner to appear on a Royal Mail presentation stamp pack ?
9. What year did the unsuccessful Bay of Pigs invasion by US backed troops take place ?
10. Which brand of toothpaste was advertised on television as having a ring of confidence ?



Last edition answers
Word search missing word COLLIE
Quiz: Ceefax, sausage, doc, pluto,
yellow, green, white, knot, lion, 1000,
right, blue



WHAT WE HAVE TO OFFER

The next initial stage is coming to the market where the agents prepare details. Here at Webbers, we try to make presentation a key part of selling with truly top quality colour details all with floor plans and colour photographs providing a lifestyle, text with bullet points, which we feel are more interesting and visual for the potential buyers to read through. We have been doing this for the last 4 or 5 years, leading the way from a presentation point of view and we have also invested heavily in our website www.webbers.co.uk which has been recently voted within the top three percent of web-sites in the world. We are also one of the very few agents who have "Google Street Map" on their personalised web-site which is an extremely useful instrument for buyers to fully see the location before coming down to view the property.

We also feel that newspaper advertising still has its place for estate agents, although, some locally do not appear to agree. Two or three local agents in Bude do not advertise in the main local Cornish and Devon Post, but, however, our research shows that a lot of local people still buy the local newspaper to have a look through at the properties for sale and surprising how many valuation requests as a company we gain from this medium. As a company for our Signature and Fine and Country properties we also advertise once a month in the Western Morning News or weekly if required and this coincides with our glossy regional magazine with the "Guild of Professional Estate Agents" clients solely for Webbers. Webbers are the only members of the "Guild of Professional Estate Agents" in our area and we adhere to their strict code of conduct for professionalism, but, the two major benefits they provide to our clients are a Park Lane Showroom with touch screen computers giving 24-7 access to the market and this fantastic magazine which is available throughout the Guild Network in the West Country providing a truly regional medium for the advertising of your home.

To find out more about our local, regional and national advertising please do not hesitate to call John Tape at Webbers Property Services on 01288 353661 or call into our office along Lansdown Road, Bude, for a chat.

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OCTOBER 10TH 2011



NEW MEMBERS

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KID'S PAGE



Find the Difference!

Find 8 things in the picture on the right that are missing or different in the picture on the left.



HALLOWEEN JOKES

Who won the skeleton beauty contest?

No body

What do witches put on their hair?

Scare spray

Where do ghosts mail their letters?

At the ghost office

Where do baby ghosts go during the day?

Dayscare centers

Answers on page 27

**Remember, Remember the
5th November**

**Follow the Firework Code
and BE SAFE**



Jive Club in Warbstow

Hi, want to have fun, keep fit, meet new people and learn something easy. Well, try jiving. We are Adrian and Louise Stevens and we teach jive at the Bude Jive and Rock n Roll Club www.budejiveclub.co.uk, on Monday nights.

We live in Splatt, nr. Launceston and have started running a jive club at the Warbstow Community Centre, on Thursday evenings, with lessons. Beginners, improvers, strolls and some basic swing/lindyhop.

It is £3.00 per person including lessons. 7.30pm -10pm. Main lesson starts at 8pm. Lots of practice time and individual help available.

Let us know if you would like to come. Or, if you just want more information on either club, please contact us on (01566) 781 587 (Please don't forget to leave your name and contact phone number, or email adrianandlouise2@btinternet.com

We also offer private lessons, party/event fun lessons and give dance demonstrations at shows. Ring or email us to discuss ideas.

We look forward to hearing from you.



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Jacobstow and Canworthy Water W.I. News

Jacobstow members were given a cookery demonstration on Thursday 2nd June by Mrs Jane Hill "Easy summer treats". The members tucked into the delicious treats produced. Mrs Jen Cowling won the competition prize for her iced buns.

The entry for the Royal Cup did very well gaining 99 points out of a possible 120 which was 12th place overall. The title of the competition was "Fun by the Seaside", miniature deck chairs, sun hat, flowers, were amongst the items included in the display. Members also entered the W.I. competition at the Holsworthy Show coming third with a total of 154½, only 6½ behind the winning entry. This time the theme was "A Wedding", lace gloves, tiara, a picture and cookery were all made by members.

Members spent a very enjoyable afternoon at the home of Alan Zoftig which included a walk to the stunning cliffs nearby.

The July meeting had a fascinating talk by Mrs Judy Price on Hospice S.W. Two hospices are up and running and the third "Little Harbour" near St.Austell will open its doors in December. Hospice means "resting place on a long journey". The Hospice helps people when at their lowest by taking them in and giving them a hug. The Hospice caters not just for children with life limiting illnesses but for their parents and siblings and after a bereavement the Hospice never says good-bye to the bereaved, try to make bereavement bearable and cared for until they are ready to walk away themselves.

Mrs Pat Lane won the competition "My favorite necklace".at the September meeting when members were entertained to a demonstration of bead craft by Lyn Solar who brought along beautiful examples of her handiwork.

£80 was raised at the Cream tea held in August and proceeds were donated to the Cornwall and National Federations.

The meeting on October 13th will be very interesting, "Walking the Cornish Coast Path," a talk with slides by Mrs Mary Street. There will be a demonstration on Willow Weaving for the November meeting.

The Birthday Lunch will be held at the Eagle House on October 23rd.

Canworthy W.I. Members at their meeting in August were given a talk and slides showing the training and work of the very clever dogs who are trained as "Hearing dogs for the Deaf" alerting their owners to the doorbell, telephone etc.

Unfortunately the birthday trip to Atlantic Village had to be canceled but hopefully the trip will be rescheduled in the Spring.

The meeting on October 19th when members will host the Group meeting. The talk will be on herbs, flowers and plants.

The annual Birthday dinner in November is being arranged and there is no meeting in December when members will look forward to their January meeting, a talk by the Cornwall Air Ambulance.



The Coast Family Church

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1st EDEN BRIGADE

It's been an exciting and successful first year for the Brigade. Our Parents and Prize-giving evening was well attended on July 7th at Eden. Councillors Phil Tucker and Glenton Brown were our guests and our Captain thanked them for kindly awarding us grant funding. A photo was taken with both Councillors, along with the sports equipment bought by Cllr Brown's grant and the 42" television bought with Cllr Tucker's grant. Badges and certificates were then presented to the children and young people for all their hard work during the last term, and trophies were presented for outstanding achievements over the whole year.

For the last week of term we went to Bude Canal and hired rowing boats and pedaloes. Everyone had a great time, including the parents and friends who joined us, although some found the pedaloes hard work! We were very fortunate with the weather that evening.

The highlight for the **Junior Section** was our camp at Broadleas, Haytor, on Dartmoor. We were truly blessed with brilliant weather for this trip. We set off from Eden on the Wednesday morning with the young people travelling in our minibus and their luggage packed into Sarah's van; who kindly came along and helped us.

On arrival at Broadleas we met the 7th Plymouth Boys' Brigade, with whom we joined for this holiday. The afternoon was spent settling in, followed by a hike around Haytor. On the Thursday we set off with the two minibuses for Woodlands Adventure Park in Totnes, and all had a wonderful day. The highlight of the three-day trip was the Mystery Event on the Friday morning, which was kayaking on the River Dart at Stoke Gabriel. On the Friday afternoon we returned home after an amazing three days, and the two Companies gelled together and a lot of new friendships were made.

The **Anchor Section** Fun Day was a trip to Trethorne Leisure Farm, accompanied by Officers, parents and friends, who all had a great day in glorious sunshine. Most of the morning was spent on the outdoor activities including the bumper boats, climbing frames and slides. After a picnic dinner, everyone set off for the indoor adventures.

As we write, the **Company Section** are in Hemel Hempstead, Hertfordshire, on their week's camp. We are looking forward to hearing about all their adventures when they get home.

Our new year starts on September 8th with new and exciting programmes for each of the three Sections. We can now take 4 year olds who have started school full time.



1st Eden Brigade met at Eden, Headon Cross, Jacobstow, on Thursdays 6.15pm to 7.45pm.
Learning, fun and adventure for boys, girls and young people from school age to 18 years.

The great adventures of kayaking on the river Dart for the Junior Section; pictured here are a few of this Section

Answers to 'Spot the Difference' - Missing one cloud, missing one bat, heart on tombstone, missing X-marked bones on tombstone, flower instead of rock, paw prints on pathway instead of footprints, skull, pumpkin pumpkin has 'jack-o-lantern face.

Wendy Hodgson

S.A.C. DIP. FHPT/S.A.C. Dip. FHPP

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INTERVIEW OF THE **MONTH WITH** **MARK THE POSTIE**



This month I am talking to a person whom we all recognise and who probably knows which magazines we prefer and the names of our animals, despite the fact that he doesn't live in Jacobstow.

Mark has been delivering post in all weathers since 1985. In 1992 postmen and women were asked to remain in one area rather than cover several and Mark chose ours. His daily journey, including his return trip to Bude, covers forty six miles. He delivers the post from Pencuke to Broad Langdon and down to Ash Farm. He told me that he is very happy in his job as a postman. He loves working outdoors, enjoys driving and looks forward to each day.

Delivery areas have a post code which enables machine sorting. Although most of us try and use the post code, some do not. Mark told me that one year a Christmas card was addressed with a name over an outline of Cornwall and a large dot in the Bude 'corner'. It was forwarded to the Bude office and, by a process of elimination, correctly delivered. Amazing!

I asked Mark what difficulties he encountered as a postman, He said that animal attack was always high on the list, he has been chased by a vicious pheasant, bitten by an Irish Wolf Hound and his van invaded by a pup while he was emptying the post box; on removing the pup he was dismayed to see a large wet patch on the driver's seat. The constant need to get out and open and close gates can prove trying although, since the Foot and Mouth outbreak in 2001, many farmers have continued to provide a box at the end of their lane. Trying to keep to his timetable proves a constant niggling worry. If he has a special delivery, guaranteed to arrive before one o'clock, Mark may have to alter his route to ensure this happens thus he is always aware of time passing.

Mark told me that he gets a great deal of satisfaction from helping others and that he has sometimes delivered the shopping or a paper for an elderly resident. During the period of change to digital TV he was in great demand for his ability to retune 'digi-boxes'. He laughed as he told me the postmen's nickname of 'Pat-Nav' because of the number of times they are asked to give directions. What came over very clearly in our interview was Mark's liking for others. In the past 19 years he has come to know his area and its inhabitants. Like any regular visitor to our homes Mark notices when things are amiss. This is quite reassuring for those of us who are older or live alone.

Mark has a strong sense of fair play and his unpaid work as union representative has taught him the ability to understand another person's point of view and a great deal about tact and diplomacy.

Cont page 30

INTERVIEW OF THE MONTH WITH MARK THE POSTIE cont

I asked about the funniest thing that had happened to him; so he told me that on one occasion, while delivering a parcel containing new plants, he reversed back into the person's drive squashing the box of plants which the owner was already working with. Good job he was delivering a replacement!

Despite his full time job and work as a union representative Mark still has time for his family. He is married to Debbie and they have three teenage children. For Mark and Debbie this is a second marriage so their children are of similar age and all sat their GCSE exams this year. Mark thought that the parents were more stressed than their children.

Mark played serious football as a young man but after a knee injury had to give up. He was pleased to have been able to pass on his skills and for two years he ran an after-school football club at Jacobstow school encouraging local children to learn and enjoy the game. Mark remains a keen sports enthusiast and loves nothing better than watching a good game of football or cricket. Indeed at a recent cricket match at Taunton it rained so hard that he became the embarrassed possessor of a bright pink umbrella, so if you see a Postman under a pink umbrella it will probably be Mark!

Mark said there were many things which he could not divulge because all postmen had to sign the Official Secrets Act. This means we can all sleep soundly in the knowledge that our secrets are safe, although rumour has it that he does a neat act as a recruitment agent for Saga when you reach fifty!

Jeanne Gimblett . September 2011

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Letters Page

Missing Dog

Our old collie x greyhound has now been missing for over 6 weeks and as there has been no trace of him whatsoever we've given up all hope of getting him back. We'd now like to take this opportunity to thank everyone who helped us look for him, or spread the word that he was missing, and the kind concern that many people have shown. We've taken the posters down but if anyone does see or hear of a dog that might be him, please let us know.

Many thanks.

Celia and Paul Sousek

Cottage Farm, Jacobstow

If you have an issue for discussion, why not send a letter or drop us an email on jacobstowjournal@gmail.com?



**KEEP PETS
SAFE**

On

**BONFIRE
NIGHT**

COMMUNITY NOTICE BOARD

Announcements, appeals and forthcoming events

If you would like to send Christmas Greetings to friends and family via the Journal, please contact us before our 14th November deadline for inclusion in our December/ January edition

A note for your Diary,
Sunday 4th December
Carol Service in St James
followed by supper in
Parish Hall 7.30



**Dont forget the clocks go
back on
Sunday 30th October**



We are now able to offer the service of delivering flyers with the Jacobstow Journal. Please contact Sarah Smith on 01840 230565 to discuss a suitable fee

*Did you know that you can hire Jacobstow Parish Hall for parties and Meetings?
For further details speak to any Committee Member or ring the Secretary on 01840 230173*

Don't forget - if you want to see what your Parish Council is doing then you are more than welcome to attend the regular monthly meeting which is normally the 3rd Tuesday of the month.

The Dancing Years - by June Rose

My love of dance began when I was nine years old, at a small dancing class near my Sunderland home. I remained there until I got a place at Stage School in Manchester. I was extremely homesick at first, the director said if I felt the same after 6 weeks I could go home. Once in the theatre, taking part, it was all I ever dreamed of, I was always first in and last out!

An introduction to my new life was wartime London which was still being bombed and several times we had to leave the Theatre to shelter in an underground tube station, in full stage make up.

Entertaining the troops is a fond memory, the Americans were so polite and generous, they appreciated ballet and tap dancing. I seem to remember a huge chocolate cake on every table. The actors church union would visit the shows offering a telephone call home to reassure our families that we were ok.

My main passion was to star in musicals, but, unable to sing I sought acting "treading the boards", life on the road and theatrical digs - fun places full of unforgettable characters. As understudy I found myself praying that the principal part would miss her train or get held up somewhere so that I could step into that role. Once I was even being stitched into the leading lady's frock, about to take center stage when to my dismay she returned just in time.

At the end of the war I received a letter from our family doctor, saying that my mother, a cook in one of the big houses in London was extremely ill. I hastily returned home to take care of her. I knew I had to stay, gone were my dreams (my mother had sacrificed a lot for me and now it was my turn to love).

To keep my connections with my beloved theatre, I started a dancing school for children. Early days challenged me with five year old pupils - some born to dance, others less so!

It took me a long time to settle to an ordinary life, without my trunk and new ballet shoes every fortnight



Recipe of the Month by Marion Reason

Chicken en Croute



Ingredients

2lb Chicken breast - sliced
squeeze of lemon juice
1 sml onion - diced
4oz pate
1 clove garlic - crushed
8oz puff pastry

Nob of butter or dash of oil
2oz mushrooms
1 level tbsp parsley - chopped
1 tbsp Sherry - optional
salt and pepper

Method

Mix together the mushrooms, onion, parsley, pate, sherry and garlic with a pinch of salt and pepper.

Put butter or oil in a frying pan and cook the stuffing, put the lemon juice over the mix and leave to cool.

Roll the pastry into an oblong, spread half of the stuffing mix onto the bottom half of the pastry then half of the chicken, follow with the rest of the stuffing mix then the last of the chicken. Fold the top of the pastry over and seal the edges. Brush with a beaten egg and bake for 35 to 40 minutes until well browned.

Oven 425F 220C Gas 7

Other options Use sliced pork instead of chicken

Use left over turkey, melt the butter, add lemon juice and mix with cold diced turkey or instead of butter and lemon use 1 tbsp of left over gravy.

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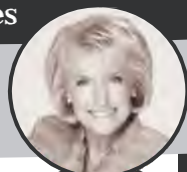
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BUDE

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email: sarah.martin@rosemaryconley.com

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SUMMER BUS TIMETABLES from 22nd May

208 Warbstow – Canworthy Water – Bude – Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only
(except Public Holidays)

Webbers Coaches 01208 74711

	MTh	W	F
Warbstow Cross	0935	0935	0935
Canworthy Water	0940	0940	0940
Week St Mary	1000	1000	1000
Whitstone	--	1008	1008
Titson	--	--	1015
Marhamchurch	--	--	1020
Bude Strand	--	--	1030
North Tamerton	1015	1015	--
Boyton	1025	--	--
Launceston Westgate	1040	--	--
Launceston Tesco	1050	--	--
Holsworthy	--	1030	--

	MTh	W	F
Holsworthy	--	1300	--
Launceston Tesco	1250	--	--
Launceston Westgate	1300	--	--
Boyton	1315	--	--
North Tamerton	1325	1315	--
Bude Strand-----			1300
Marhamchurch	--	--	1310
Titson-----			1315
Whitstone	--	1322	1322
Week St Mary	1340	1330	1330
Canworthy Water	1400	1350	1350
Warbstow Cross	1405	1355	1355

220 Higher Crackington – Launceston

(Partial listing of stops only)

Tuesdays only (except Public Holidays)

Webbers Coaches 01208 74711

Higher Crackington	0910
Wainhouse Corner	0925
Jacobstow	0930
Week St Mary	0945
Canworthy Water	1005
Warbstow Cross	1010
Canworthy Water	1015
Launceston Westgate	1040
Launceston Tesco	1050

Launceston Westgate	1245
Launceston Tesco	1255
Launceston Westgate dep	1305
Canworthy Water	1330
Warbstow Cross	1335
Canworthy Water	1340
Week St Mary	1400
Jacobstow	1415
Wainhouse Corner	1420
Higher Crackington	1435

595 Boscastle – Bude

(a = Schooldays only)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

Boscastle	0755	0955	1155	1355	1555	1755
Crackington Haven	0807	--	1207	1407	1607	1807
Wainhouse Corner	0815	1010	1215	1415	1615	1815
Jacobstow School	--	1013	--	--	--	--
Treskinnick Cross	0818	1018	1218	1418	1618	1818
Widemouth Bay	0821	1021	1221	1421	1621	1821
Budehaven School	0828a	--	--	--	--	--
Bude Strand	0830	1030	1230	1430	1630	1830

Sunday

0855	1055	1355	1655
0907	1107	1407	1707
0915	1115	1415	1715
--	--	--	--
0918	1118	1418	1718
0921	1121	1421	1721
--	--	--	--
0930	1130	1430	1730

Bude – Boscastle

(Partial listing of stops only)

Bude Strand	0720	0920	1120	1320	1520	1720
Budehaven School	--	--	--	--	1523a	--
Widemouth Bay	0728	0928	1128	1328	1528	1728
Treskinnick Cross	0732	0932	1132	1332	1532	1732
Jacobstow School	--	--	--	1337	--	--
Wainhouse Corner	0737	0937	1137	1337	1537	1737
Crackington Haven	--	0945	1145	--	1545	1745
Boscastle	0747	0957	1157	1357	1557	1757

0930	1230	1430	1730
--	--	--	--
0937	1237	1437	1737
0940	1240	1440	1740
--	--	--	--
0942	1242	1442	1742
0950	1250	1450	1750
1002	1302	1502	1802

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566 777123
Phil Tucker (Local County Councillor)	01288 341617
Police-Local Beat Manager Nick Jessop	01288 357502
Crimestoppers (Anonymous)	0800 555111
Floodline	0845 9881188
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 765650
Stratton	01288287700

Doctors Surgerv's

Boscastle	01840 250209
Neetside, Bude	0844 8151358
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs J Spettigue	01288 361525
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs G Skinner	01566 781234
Brigade Mr & Mrs G Jose	01566 781346
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
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