Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

Issue No. 25

October/November 2014



Editorial by Sarah

Supermarket shopping...we all do it, sometimes guiltily (should really be supporting local companies..but I haven't got the time to wonder from shop to shop with a little wicker basket) sometimes like a whirling dervish (why, oh why do they put the milk and bread right over the back when I'm trying to set a new land speed record!) and occasionally, very occasionally with pleasure, oohh I'm on holiday, lets go to a different supermarket (or maybe supermarcado/SuperMarche!), and see what they have.

Which ever way you approach it, I'm sure you have noticed recently that the voucher wars seem to be hotting up. I only mention this because I have just been shopping, got back to the car, put the till receipt in my purse and THEN noticed the voucher for £4.00 off of my shopping. How an earth are you supposed to remember this on top of everything else. Also, I don't know if you have realised, the voucher offers are getting more and more extreme. Tesco used to be spend £60 and get £8 off. Now its spend £80 and get £8 off. Don't even get me started on the Morrisons "save the weekly vouchers" scheme. I had to give myself a good telling off when I was in the shop, week 4, trying to spend £40 to get a voucher to get £15 off. You have to spend a total of £160!.

I think the answer is stop the vouchers, admit that most people drift into their choice of supermarket, just give us good prices and more importantly maybe full shelves!!

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com or in writing to the Editor:
All contributions received will be included at the Editorial Team's discretion.

The deadline for adverts, letters or articles for the December/January edition will be 20th November Please note this does not guarantee that the item will be published due to possible limitations on space.

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Advertising Rates

The current Rate for 6 issues is £20 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011 Page 2

Jacobstow Parish Council

<u>Chairman</u>: Mr. Norman Osborne 01840-230592 <u>Parish Clerk</u>: Mrs D. Turner 01566-781269

<u>Members</u>: Mrs Charmaine Smith Mr Dennis Adey Mr. Bob Reason Mrs Ilona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 4th Tuesday of every month (except for August). Meetings commence at 7.30 in Winter months and 8 pm in the Summer. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

<u>Editor's Note</u> The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. <u>We have omitted certain minor items for brevity</u> but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Please note: we only have September minutes in this edition as there was no Parish Council meeting in August.

Summary of Minutes of Meeting held on 23rd September, 2014

Mr Norman Osborne chaired the monthly meeting of the Parish Council with five Councillors, Cllr.Nicky Chopak and three members of the public attending.

<u>Local Works</u> – The first proposal to be submitted by a Parish Council under the Sustainable Communities act has been successful. It asked that the government empower Parish & Town Councils to circulate agendas electronically if desired by the Council.

<u>Planning Application PA14/07228 – Mr & Mrs M Uglow</u> - Outline application for the erection of an agricultural dwelling at East Langdon Farm, Canworthy Water. Councillors support this application.

<u>Planning Application PA14/07901-Mr Rick Ellicott</u> - The proposal is for a single storey bungalow with 4 bedrooms to accommodate Mr R Ellicott & Miss Westlake's family on site with a previous outline approval. Councillors have no objection but are very concerned about the entrance.

<u>Planning Application – PA14/08167 – Mr Andrew Johnson</u> – Install a loose self draining gravel driveway and parking area, Eden School House, Jacobstow. Councillors do not support this application because of inadequate visibility and access.

They were very surprised and disappointed to see that the work has already started.

HELP WANTED

The Parish Hall needs the help from a Structural Engineer or knowledgable person for advice on the leaning porch wall - possible subsidence/movement.

Ring Bob 01840 230173

New charges for certain types of waste



eylgylghya rag Kernow

Cornwall's Household Waste and Recycling Centres

From 1 September 2014 Cornwall Council will be introducing charges for certain types of waste.

Chargeable waste	Price
Asbestos: Bonded type only.	£10.10 per sheet
Plasterboard: Including gypsum related products.	£ 4.40 per sheet
Soil/Rubble : Including bricks, blocks, slates, tiles, rubble, paving slabs, concrete, gravel, tarmac, stones, soil, sand, hardcore and sanitary ware (ceramic toilets, sinks, pipes, etc)	£1.75 per sack
Tyres: Commercial and agricultural vehicle tyres will not be accepted. No charge for bicycle tyres.	£3.20 per tyre

- Site manager's decision on charges payable is final.
- Charges payable on site to the site staff. A receipt will be supplied.
- Charges are non-negotiable.

We will continue to accept other household waste free of charge including, for example, garden waste, fridges, freezers, large and small electrical items, wood and bric-a-brac etc.

Full details at www.cornwall.gov.uk/hwrc

Email: refuseandrecycling@cornwall.gov.uk

Tel: 0300 1234 141





SHOW WINNERS

During the summer Ivor Davidson entered the Poughill, Parkhouse and St Gennys Horticultural events and has come away with 54 prizes including 2 cups, one for Best Fuchsia in Show and the other for Best Apples in Show.



Ivor with prize winning fuchsia

John Osborne and his family have been to Launceston, Camelford and Holsworthy Shows

t 1 E

this year and have come away with 1 Interbreed Champ, 3 Charalais Breed Champs, 6 1st and 4 2nd.



Cerys Osborne was awarded 2nd place at the Royal Cornwall Show Junior Handler Class.

Cerys 2nd Junior Handler

WI won 3rd prize for their entry in Holsworthy Show

Well Done Everybody -

Have you won anything? Let us help you SHOUT out about lt.

WHAT A WHOPPER!

No room for anyone on this chair.

This massive pumpkin was grown by
Gerald and Jen Turner and measured

170 cms around its waist.



Mobile Library (for enquiries phone 0800-032-2345)

A mobile library service stops at Wainhouse Corner every two weeks on a Monday from 11.05 to 11.20. It also stops at Canworthy Water every two weeks on a Wednesday from 10.20 to 10.40.

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The Old Wainhouse In

Booking is advisable Tel: 01840 23071

Page 6

Computer Concerns



Don't forget to let us know anything helpful you come across on your cyber travels!

Tips for efficient searching from your computer

Here are some tips to help you get appropriate results faster

- * Avoid search terms that are too general (Golden retriever rather than dog
- * By default if you type in two words "Holiday Italy" search engines look first for sites that Contain both words
- * Search engines generally don't take into account small common words like "and", "or" and "a".
- * If you want an exact phrase, such as "to be or not to be", put it in quotes.
- * Add a + to the end of search keywords to get results that not only match but only include those words.

WebWise

WebWise offers lots of video guides and activities to help you practise new skills -

www.bbc.co.uk/webwise

www.cornwalls.co.uk

A website for everything Cornwall from the weather (always important), photos, food, history, walking, webcams and tons more.

Be Safe Whilst Surfing - Six Quick Tips

- * Check your firewall
- * Stay away from rogue websites
- * Avoid opening unknown emails
- * Never divulge sensitive information
- * Back up your data
- * Avoid deals which are too good to be true

Jacobstow Church 5th October Evensong 6.30pm

6th October Harvest Festival Parish Hall 7pm 12th October Morning Prayer 9.30 pm 19th October UBS at Poundstock 10.30pm

26th October Holy Communion 9.30 pm

2nd November Evensong 4pm

9th November Remembrrance Morning Prayer 9.30

16th UBS Jacobstow 10.30am 23rd November Holy Communion 9.30am

30th November UBS Week St Mary 10.30am

4th December Induction for new Rector Rev Tony Windross, Week St Mary with Bishop Chris Goldsmith

Eden Chapel -



All services Sunday 10.30 unless otherwise stated. 5th October 9.30am Communion with Rev Doreen 12th October 11am United service at Maxworthy 19th October Harvest service with guest speaker Mrs Jean Heywood - collection of items for the foodbank 26th October 5pm Tea Time service 2nd November 9.30am Communion with Rev Doreen 9th November 11am Messy Church with Rev Doreen 16th November 10.30am with Naomi Sparey 23rd November 5pm Tea Time service 30th November 12.30pm Stir up Sunday Rev Doreen December 4th-7th Thursday to Sunday - Trees and Wreaths Festival. Theme Lights and Carols If you would like to enter a tree or wreath into our festival. Please contact Alison Hoather 01566 781418



Canworthy Water Chapel All Sunday Services 11am Rev Doreen 01566 781854

for more information



Dimma Chapel

For full details Please contact Audrey Wicket 01840 230268

Coast Church Family Church

Sunday Services 11am Jacobstow Village Hall Come and Join us, all are welcome. Non denominational



JACOBSTOW CHURCH NEWS

We have three types of service here at Jacobstow, all a little bit different.

Sunday - in every month is evensong.

This is a short service but very moving using the old King James prayer book. This service is led by a lay reader, usually Drue Pratt.



2nd Sunday - is Morning Prayer, less formal than the Holy Communion, without the sharing of the bread and wine and conducted by a lay reader. At the moment we do not have families with children attending this service, but if this changed then this service could be held as a 'family service'.

3rd Sunday - Usually no service at Jacobstow because all the congregations in our benefice go to just one church, usually followed by refreshments and a chance to meet old friends. The churches involved are Jacobstow, Warbstow, Treneglos, Week St Mary, St Gennys, Poundstock and Whitstone. In November it is Jacobstow's turn to host this service.

4th Sunday - This is Holy Communion and the main service of the month and is conducted by a member of the clergy.

5th Sunday - On the rare occasions when this happens, it becomes a Deanery Service and that can be anywhere in the area. The last one was at Tintagel and it was lovely to go to the old church high on the cliff.

Our church has a small congregation, about 12 of us, it can be less for evensong which is sad, as I think this is the best service, with all the old English words to read.

EDEN CHAPEL NEWS

There is a harvest celebration quiz , jacket potato and dessert night at Eden on the 11th October with Jeanette Turner, ring Rosie on 01840 230135 or Sarah 01840 230796 to book teams of 6 or come and join others to make up a team.

Here are some details on the Christmas Tree and/or Wreath Fest. If you would like to enter a tree/wreath let me know (come and visit it as well). The theme is Christmas Carols and we would like all the trees to have lights on them

dates are 4th Dec 2 -8

5th Dec 2-8

6th Dec 2-6

7th Dec 2- whenever as we'll have a carol service or this afternoon you can bring the trees/wreath to set up from 1.30 - 3.30 or by arrangement please call Alison on 01566 781418 to book your tree



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Whats on ...things happening a bit further afield

October

3-12	Thundercat Racing World Championships - Newquay
4-5	Boscastle Food, Arts & Crafts Festival
5	Banger Racing Netherbridge 12.30 adults £7.00 OAP/Children £3.50
8	Friends Evening - Poundstock Guildhouse
10	Owdyado Theatre presents Above Border Poughill Village Hall 8pm
10	Carmen & Mimi - Lessons in Love Marhamchurch Village Hall 7.00
11	Tresmeer Village Hall Pub Night 7pm
11-12	Victorian Weekend - Bodmin & Wenford Railway
12	SWEP Indoor Horse Show, Tall Trees Arena Davisdow
12	Bude Jazz Club presents The Sunset Cafe Stompers at the Falcon Hotel
12	Trebartha Open Garden - North Hill Launceston £5.00
15	Meeting regarding The Big Wind Farm. North Petherin Hall 7.00pm
17	Crackington Haven Crafts & Produce fair
18	Bike Lights illuminated Fantastical - Wadebridge 6.30
18	Branch line open day Bodmin & Wenford Railway
25-1/1	1 Halloween Spooktacular Dingles Fairground Lifton Free kids entry in fancy dress
25-26	Craft, Food Fair and Pumpkin Festival - Poundstock Guildhouse
25-2/1	1 Halloween at Eden - check website for details
26	Bude Jazz Club present Redwing with Brian Carrick at the Falcon Hotel
26	Banger Racing - last of the season Netherbrige 12.30
30-31	Ghost Walk Bodmin Jail 10.30
31	Tricks and Treats - Tintagel Old Post office 6.30
Nover	nber
1	Launceston Male Voice Choir & Tregadillet Songbirds Central Methodist church
7-9	Cornwall Film Festival - Newquay
9	Camelford Town Band play for Rememberance Sunday Lanteglos Church 10.30 Delabole Church 2.30
14	Crackington Haven Crafts & Produce fair 2–5pm Crackington Institute
14-15	Launceston Lions 1920's show - Launceston town hall
15	St Austell Torchlight Festival
16	Clovelly Herring Festival
17	The Fascinating Flittermouse at Bude – a talk at the Parkhouse 7.30
19	Christmas Craft Show Langore Village Hall 6.30 - 9.00
19	Truro City of Lights
21	Okehampton College Big Band Evening 7.30 Launceston Town Hall £10.00
22	Launceston Cats Protection – Christmas Fayre Whitehart Hotel
29	Tresmeer Village Hall Christmas Bazaar 10am - 4pm
29	Langore Christmas Fayre – Village Hall 2.00pm



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Bob's Gardening Spot

October is the ideal time to start cleaning your borders of dead and diseased rubbish and raking up any leaves. Remember to cover any ponds you may have, to stop the leaves going into them.

Now is an ideal time to move any evergreen shrubs, and stop feeding container grown plants.

Start digging heavy clay soils so it can be nicely weathered by frost, making it workable for next year.

You can plant your spring flowering bulbs now except for tulips. Sow hardy annuals now and they will flower around May next year. Lift tender perennials before the cold weather kills them.

If you are planning a new lawn now is the ideal time to lay turfs or sow some seed, but remember to prepare the ground before you start.

October is the best month to clean your greenhouse, put the plants outside and spray with disinfectant, scrub the bench and finally hose the inside down, especially the corners.

Clean around the base of any rose's to prevent the leaves carrying blackspot, so re-infecting your plants. Prune tall shrubs e.g Buddlieas and
Lavatera by about half to prevent wind rock. If your Dahlia's have
finished flowering cut them down and put the tubas upside down to let
them dry out, then store them in some dry compost the right way up,
keeping the stems about the level of the compost.

Church Lottery Results

	1st	2nd	3rd	
AUGUST	Miss P Rose	Mrs A Atkins	Mrs Osborne	

The September results will appear in the next issue of the Journal



Nicky Chopak, your County Councillor can be contacted on mobile no 07810 302061, email nickychopak@gmail.com. Her address is The Post House, Tresmeer, Launceston, Cornwall PL15 8QU



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SUMMER GUIDE ADVENTURES

On 26th July at Bristol Airport a group of 13 girls and 3 leaders met bright and early to start our 2 week adventure in Ireland. A tiny plane awaited us ... we were suppose to be flying with Aer Lingus but the plane said Denmark! An hour late we took off for the short flight to Dublin. The first 4 days were spent touring Southern Ireland staying in Youth Hostels in Dublin, Wexford, Cork and on a little island called Cape Clear. We visited Trinity College, Waterford Crystal factory, Hook Lighthouse (the oldest working lighthouse in the world), Blarney Castle, (where we all kissed the stone, which is harder than it looks) the harbour at Cobh, the Titanic's last stop before leaving Ireland, Cape Clear and a trip around the Fastnet light. We travelled in a minibus, with me as the driver and my passengers slept a lot on the long journeys between each stop. On the first Wednesday we made our way back up the country from Baltimore in the south up to the Border at Castle Saunderson, a newly developed Scout campsite. The journey took 7 hours but at least the roads were good.

Within 30 minutes of arriving, while trying to put up tents, the heavens opened, a sign of what was to come. The camp we attended was called Xplore 14 and was organised by Ulster Guiding but took place just over the border. It was an international camp and included Units from Oman, Singapore, Sri Lanka, Denmark, Australia, New Zealand and Gibraltar, with around 800 participants. We were on the Mournes sub-camp and had a super sub-camp team of Joanne, Deborah, Anne and Stacey who looked after us well.

We became known around the campsite by our bright blue coats, which did get worn ever day. The group had been selected from the whole of South West England and were spread from Bristol to Hampshire, down to Cornwall and included Jersey and Guernsey. They were a musical bunch who would sing at any opportunity, another thing we became known for... especially in the rain!



The girls took part in lots of activities from craft to assault courses, raft building to peace debates. We visited the Marble Arch caves, Enniskillan, the Giants Causeway and Carrick-a-Rede rope bridge, where while waiting to cross we finally saw dolphins and seals.

The rain was the constant, with an amber weather warning on the Saturday night, which meant that we were all evacuated into the activity hall South West England girls are like the Germany tourists and managed to be the first into the hall, giving us the back wall and a little more sleep.

At the end of the trip we travelled up to Belfast, to Lorne House, the Ulster Girl Guiding HQ. This was a relaxing end to the trip in a beautiful Victorian house, with fantastic views over the estuary. We were all ready for soft beds and warm showers. In Belfast we took the tour bus and saw the Peace walls (did you know that the 'Peace Gates' are still shut every night and at weekends?) and other sights. We visited the Titanic experience, well worth the money, we spent hours there, and a spot of shopping!

On the last morning we walked down to the water, where the photo attached were taken. We returned to the UK with the added experience of an aborted landing, due to a light aircraft appearing in our flight path, apparently the first time for the pilot in his 12 years in the job!

It was an enjoyable experience with a lovely bunch of girls and two fantastic guiders as company, now where shall we go next?

Page 15

Dereck A Smith

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition from Mike Clay was pulled from the hat, he wins a £20 voucher for Wainhouse Stores. If you would like a chance to win this editions voucher, just solve the puzzles and return the completed page to

Sarah Smith, Almar Jacobstow EX23 0BN by $20^{\rm th}$ November 2014 Thank you to Wainhouse Stores and Mrs V Davies for sponsoring this page.



WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

BEE **BUSHES FOOTPATH FORESTS HEDGEROW** HABITATS MAYFLY NATURE PROJECT RAINWATER STREAMSIDE **SUN** TAMAR **TOADS** TREES WALK WILDLIFE WOODLAND

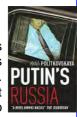
Do you know your board games? With the evenings getting darker - out come the board games, but can you name them?



Last edition answers: Word search missing word Postcard Travel Quiz 1. Taj Mahal - India 2. Statue of Liberty - USA 3. Colosseum - Italy 4. Great Wall of China - China 5. Stone Henge - Great Britian 6. Sydney Opera House - Australia

CANWORTHY WATER BOOK CLUB PUTINS RUSSIA by Anne Politkovskaya

This is a political commentary, mainly military, about life and times in modern Russia. The author argues that Russia still has aspects of a police state with massive bribery and corruption under Putin. She gives many examples of a people struggling through no fault of their own. We were amazed how people generally seemed to accept the state of affairs.



Unbelievably, or maybe believably she was assassinated in a lift in her apartment block and it was not until after international indignation that eventually 5 men were convicted.



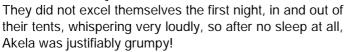
The WORLD to COME by Dara Horn

The story revolves around Jewish Ben who was a child prodigy and is persuaded to go to a Singles Night at the local Jewish Museum after his short marriage ended in divorce. He steals a picture by Marc Chagall which used to belong to his family. More about Pograms and Stalin's Disappeared.

Well written, perhaps, a modern day folklore in the making but not all of us enjoyed it

JACOBSTOW CAMPING CUBS.

During a sunny September weekend, sixteen lucky Jacobstow Cubs camped at the County Campsite at Nine Ashes, Washaway.





However, the next day they redeemed themselves and enjoyed Archery, Craft, Zip Wire, Pedal Cars and a Blind Trail through the woods. In the evening, all two hundred and fifty one Cubs, plus numerous Leaders, sat round a blazing camp fire. Four of our Cubs stood up and led a song. Well done.

And so to bed and they slept.



On Sunday, they designed a Centenary Badge, bravely conquered the Climbing Wall and used up any surplus energy on the Trampolines. Then it was time to break camp, all learning how to dismantle tents, tables, frames and to push all the heavy equipment up the hill in hand carts.

Well done Cubs, you did yourselves proud. May I send my thanks to Angie and John who camped and helped, all weekend.

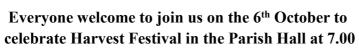
Daphne Dowling. Cub and Scout Leader.



Take Note Page

Something you want us all to know about? Email and address for letters is on page 2

HARVEST FESTIVAL 6TH OCTOBER 2014





REMEMBER! REMEMBER! THE 5TH NOVEMBER - IT IS GETTING



NEAR THAT TIME AGAIN, MAKE SURE YOU KEEP SAFE AND ENJOY YOUR FIREWORK DISPLAY. WE WOULD LOVE TO SEE SOME OF YOUR PICTURES, SEND THEM TO US AT THE JOURNAL.

Lighten up cold November



Visit our Giant Pre Christmas Fayre Jacobstow Parish Hall November 8th, 11am till 3pm

Stalls for Crafts; Wooden Items; Home Made Cakes; Produce; Bric a Brac; Tombola; lucky dip and more Light refreshments

All in aid of Jacobstow Parish Church

IS WALKING YOUR THING?

We are starting a walking group. We hope to meet once a month, if it's popular maybe more often. The walks will be about 3 miles and take 2-3 hours. Wear stout waterproof gear. Dogs are welcome but should be kept on a lead and please take note there are some stiles.

First Walk - Thursday, 23 October - Jacobstow to Ash Meet at Jacobstow Parish Hall Car Park 10.30am

Second Walk - Thursday, 20 November - Penhallam circular Meet Penhallam Car Park 10.30am

Third Walk - Monday, December 29 - 10.30am Work off those Christmas excesses Meet Cancleave, to Milhook for mincepies and mulled wine

Contact : Mary - 01840230656; Jeanne-01840230113; Sue-01566781292

October - Events in our Village

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout Hall Wainhouse Corner	Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner Guides Evening			Youth Club Eden Chapel Every Friday during term time 7-9pm	
5	6	7	8	9	10	11
Coast Family Church 10.30	Harvest Festival 7pm Parish Hall			Coffee Club 10.30-12 WI 7.30pm Happy Crafters Eden Chapel 1.30 - 3.30		Spud and Quiz Night 6.30pm
12	13	14	15	16	17	18
Coast Family Church 10.30		Arts & Crafts 2-4.30pm	Big Wind Farm Meeting North Petherin Parish Hall 7.00pm			10am-1pm Aurumn Fair - Warbstow defibrilator
19	20	21	22	23	24	25
Coast Family Church 10.30				Coffee Club 10.30-12 Happy Crafters Eden Chapel 1.30 - 3.30		
26	27	28	29	30	31 Halloween	
Coast Family Church 10.30 British Summetime ends		Arts & Crafts 2-4.30 Parish Council 7.30pm				

Note: Events in Parish Hall unless stated otherwise

November - Events in our Village

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30						1
	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout Hall Wainhouse Corner	Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner Guides Evening			Youth Club Eden Chapel Every Friday during term time 7-9pm	All saints day
2	3	4	5	6	7	8
Coast Family Church 10.30				Coffee Club 10.30-12 Happy Crafters Eden Chapel 1.30 - 3.30		Giant Pre-Christmas Fayre 11-3pm Parish Hall
9	10	11	12	13	14	15
Coast Family Church 10.30 Remembrance Sunday		Armistice Day Arts & Crafts 2-4.30		WI 7.30pm		
16	17	18	19	20	21	22
Coast Family Church 10.30				Coffee Club 10.30-12 Happy Crafters Eden Chapel 1.30 - 3.30	Make Flowers for Christmas 7.30pm	
23	24	25	26	27	28	29
Coast Family Church 10.30		Arts & Crafts 2-4.30 Parish Council 7.30pm				

Note: Events in Parish Hall unless stated otherwise 21

New advert from a local plumber based in Jacobstow



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Launceston/St Kew/Higher Crackington/Marhamchurch Week St Mary/Canworthy Water

Martin Brooks 07812 959 879 www.northcornwallpilates.co.uk martin@northcornwallpilates.co.uk



GARDEN BIRDS





Garden Birds are extremely vulnerable during the winter months, providing food, fresh water is one of the most helpful things you can do for them. Blue tit Peanut feeder During cold winter nights birds can lose



10% of their body weight just keeping warm, which means they quickly need to find food the following day, just to replenish their reserves for the cold night ahead. Prolonged spells

can lead to very high mortality in birds. Hanging



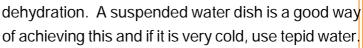
feeders suspended from trees and poles are an easy way of feeding birds. Seed feeders are tubular containers with holes through which the birds are able to access.



a high calorie seed mix, whilst nut feeds are made from steel mesh and are ideal for unsalted peanuts.

Bird tables can be stocked with seed mixes and a selection of household scraps such as cooked potato, cake crumbs and soft fruit.

It is also important to ensure that birds have access to fresh not frozen water since many birds die in severe weather due to





More information www.rspb.org.uk



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Since our July meeting, we have been out and about.

Four members went to Chy Noweth an Cornteeth, (County House). Many archives were on display. We found that in 1940, Jacobstow produced 136lbs of jam for the war effort, and received a letter of thanks from the Minister of Food, Lord Woolton.

We had fun after with North Tamarstone WI. They had a "French" theme. We played boules and croquet and even our tea had a French theme.

August saw our entry at Holsworthy Show come 3rd. Well done to all who entered items.

September saw Jonathan Hodgson give us a talk on Fire Safety in the home with both dos and don'ts.

Thursday 9th October - Mrs Keast, Cornish Years Thursday 13th November - Mr Gary Howes, Surf Action

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the President, Mrs Pat Lane 01840 230743



Steve & Anne Connelly, Jolifees Cottage

Yvonne Wensley, Lower Kents Cottage



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WINTER IS JUST AROUND THE CORNER, HERE ARE A FEW TIPS TO MAKE SURE THAT YOU AND YOUR PROPERTY IS READY

- Make sure that all boilers are serviced regularly, the worst time to have the engineer out is when it will not work especially on a cold winters day.
- Make sure all oil tanks are full and secured.
- Insulate all pipework where you can to ensure these to do not freeze up.
- Before using your log burner for the first time, ensure that all chimneys are swept.
- If you have a log burner, make sure your store is full.
- You can get help with grants for insulation etc., check web sites for information.
- Ensure you have a supply of salt for pathways.
- Ensure all gutters are cleared from leaves and debris to prevent them blocking up and water ingress.
- Think about the birds during the winter and get in a supply of nuts, seeds and fat balls. If it is icy, put out water for them.

Rake sure you keep fit and well. Book your Flu Jab now!

Finally, make sure you keep an eye on your neighbours, especially if they are elderly. Look for signs of life and pop in to see if they are ok.

Update on the re-opening of Kents Lane as footpath.



Edgar Road End

Mary Carter has been in touch with 'the powers that be' and hopes to be able to draw down some grant funding to do a "proper job" rather than a "make do". We will keep you informed as we hear more about what will be involved.



Tobarn End



Busy Beryl



Home 01288 341187 Mobile 07542 168957

Could you do with someone to call an a regular basis to do housework, gardening or little DIY jobs you can't cope with anymore.

I am police checked and can offer personal and employment references. My charges are £10 per hour Why not give me a call to have a chat.



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Jubilee Club

20th October Falmouth





17th November Truro

Please ring Olive 01566 781373 Bev 01566 781761 or Eve 01566 781452 for more information



WELCOME TO THE NEW VICAR - Rev Tony Windross

I was born in Margate, but moved to Eastbourne when I was four. After leaving school I studied economics and geography at Corpus Christi College, Cambridge – and whilst there met and married Pat, and also indulged my fascination with big vehicles by obtaining a Class One HGV licence. We moved to Birmingham to study on the post-graduate certificate of education

course – and where I managed to fit in quite a bit of lorry driving as well. I then taught for 24 years, during which time our family steadily grew, with the arrival of four sons: Peter, David, Andrew and Paul.

Early in my teaching career, I indulged a longstanding interest in philosophy and enrolled for an external London University philosophy degree. Despite an equally longstanding opposition to religion, I increasingly focused on the philosophy of religion —



which eventually resulted in being accepted for ordination training. I was ordained in 1993, and worked for four years as a non-stipendiary minister before moving, in 1997, to East Grinstead as a curate, my first full-time parish appointment.

After two years, we went to Sheringham in North Norfolk, where I was the incumbent for eight years, before coming south in 2008 to Hythe in Kent, where I've been vicar for the last six years.

Pat and I are very much looking forward to this new adventure. We've been coming to Widemouth Bay on holiday for some 20 years, but it will be good to get to know people properly and take a full part in village life.

We're both keen body boarders, and have ambitions of progressing to surfboards – but time will tell if we make it!



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FAMILY FUN at CENTRE PARKS by Sue

As George and family had come on a visit from Australia, it seemed a good idea that all



the family should meet so that cousins could catch up. John and I found ourselves with six so called adults and six grandchildren, between four and ten years old at Centre Parks in August. The scenario could have been a recipe for disaster, however, everything went well. No one drowned in the rapids, tree top climbing was successful, we all managed our push bikes well and the weather held.

We had meals out, meals in, barbecues etc. The staff everywhere were knowledgeable, helpful and accommodating.



Our group was not big by most standards, one family consisted of 36 different people!

Its not a break we anticipated enjoying but apart from being tired we did

Tilley's Trlps

Book your place on one of the exciting trips

30th October (Thursday) Clarks Village

1st November (Saturday) Bridgewater

15th November (Saturday) Taunton

22nd November (Saturday) Bristol

Christmas Market

29th November (Saturday) Cardiff

20th December (Saturday) Truro and Mousehole Lights Tour

Discussion will be held regarding The Big Wind Farm at North Petherin Village Hall on 15th October 2014 at 7.00 pm



WEATHERWISE by Monitor

The 2nd week of July was quite cool, some days only reaching 16°C, and whilst rainfall was fairly limited the 7th produced 0.65", most of which fell in a couple of hours around mid-day. Cold mornings were noted during that week, only 6°C at 0900 on the 9th.



Overcast conditions persisted until

15th, when warm and moist tropical air from the south changed matters quickly over the next few days, with day temperatures in the high 20's, 25.5°C was recorded here at Canworthy Water on the 23rd.

A severe thunder storm was observed to the NNW on the 17th, further activity was seen on the 24th during the afternoon, with heavy rain and large hail reported in the Bude area. A total of 1.8" of rain was collected for the month here. July, in fact, was noted for several storms in the SW.

August was influenced by the remnant of tropical storm "Bertha", which passed over the area on the early morning of the 10th. Gusty and strong winds were noted during its passage. The storm drew northerly winds down from the Arctic in its wake, and throughout August, only two completely dry 24 hour periods were recorded here. Cold and wet, a total of 5.5" of rain was collected, and overnight on the 20th a slight grass-frost was recorded.

HIGH TIDES and SUNSET- October and November

Date	3 Oct	10 Oct	17 Oct	24 Oct	31 Oct	7 Nov	14 Nov	21 Nov	28 Nov
AM	0.06	6.53	0.1	6.01	10.16	4.54	9.43	3.58	9.01
РМ	12.57	19.15	12.55	18.15	22.56	17.14	22.18	16.15	21.31
Sun set	18.52	18.37	18.23	18.09	16.56	16.45	16.35	16.27	16.21

Recipe of the Month by Marion Reason

"SORT OF" PORK PIE

8oz plain flour
4oz beef dripping
Salt - (sea salt if you have it)
8-10oz pork loin
2 rashers smoked bacon
Heaped tablespoon chopped parsley
Black peper
Salt - (sea salt if you have it)



Make pastry with the flour, dripping, $\frac{1}{2}$ tsp salt and enough cold water to bind. Wrap in cling film and put in fridge. Finely chop pork with some of the fat then chop bacon, mix with pork, chopped parsley, $\frac{1}{2}$ tsp of salt and black pepper. Roll out pastry. Line patty tins, well fill with pork mixture and top with pastry, then seal edges, make a hole in top. Brush with egg or milk and put in middle of oven $180^{\circ}C$; $350^{\circ}F$; Gas 4 for about 50 mins. Cool on wire rack.



When cool keep well in tub in the fridge.

A small amount of finely chopped black pudding could be used as well as or instead of the bacon.

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

KID'S PAGE

Here we go again, summer is over and autumn has really set in. During your walks around he parish and on your way to school, look out for all the following seeds and nuts on the trees and in the hedgerows. Its amazing what you can find and don't forget those blackberries to take home to mum!!!

Look out for the following over the autumn season

Horse Chestnut 'Conkers'

The flowers of the Horse Chestnut tree give rise to a spiky, fleshy, green fruit. These fruit split open in September to reveal 1-3 large, shiny, mahogany-coloured nuts commonly known as 'conkers'. Conkers are the tree's seeds. This species of Chestnut is not edible for humans but is often eaten by cattle and deer, or used in children's games.





Sycamore helicopters'

In Spring, small pale green flowers hang in clusters from Sycamore twigs. The female of these flowers develop into winged seeds know as 'helicopters' which, when ripe in autumn, spin away from the parent tree in the wind.

Beech nuts

Female Beech tree flowers develop into spiky, woody husks which each contain a pair of triangular, shiny brown nuts.





Ash

Ash trees have bunches of winged seeds, which are called 'keys' after the way they hang down from the ash twigs. These stay on trees for a while after the leaves



Seeds ripen in cones in Sept and October and are dispersed between December and March. Our red squirrel is a big fan of the seeds of this tree more than any others, so keep an eye out in a Scots Pine near you!



Jacobstow Primary School and Preschool Learning from Experience.



Good learning is about excitement and engagement and what better way to learn than to experience learning in practice. The Y5/6 children had a fabulous trip to



Bristol in the summer term visiting the Roman Baths

in Bath, the Science Museum and the SS Great Britain. 3 very full days and 2 very hectic nights away – the learning was good, the excitement high and the



friendship and teamwork brilliant.

We love learning outside. Our school garden involves us all in

preparing planting and eventually harvesting our fruit and vegetables. It was a slow start this year with the wet spring but we are looking forward to a great sweet corn and have already.

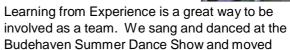
crop and have already

harvested onions, carrots and courgettes.

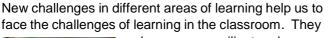
By learning outside we know more about our school



environment, the plants, animals and eco systems that make up our lovely grounds.

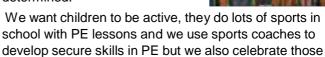


everyone with our version of the Labi Siffre song 'Something Inside So Strong' - it was beautiful.





make us more resilient and determined.



children who are involved in sporting events and achievements out of school. An active body helps to create an active mind.



Jacobstow Art and Craft Group Autumn 2014

The group begins again on Tuesday 30th September at 2.00pm.

Last year we ended our winter session making Christmas table decorations and I know now that if you make too large a decoration bits will hide the family and fall into the turkey! We all had a great deal of



fun in the making and others listened to Ruth's instructions and did not try to get half a Christmas tree and three apples onto their creation.

This year's programme will start with a jewellery making session using Flymo clay,

This is a clay that can be baked hard using a domestic oven, it comes in bright colours and there are endless ways of using it. Mary Carter will demonstrate work she has made using this method and there will be time to make our own pieces. All materials for this will be available to buy at the next session.

We also plan to have a demonstration of paper decorating for small boxes given by Wendy from Moments, Bude Craft shop. We hope to experiment with making some for card decoration. For those interested, I am trying to get hold of Silk painting equipment later this year.

Although sessions usually have a theme or demo, members often continue to pursue their own craft and do not have to join the one being demonstrated. We knit, make cards, do needlework, tapestry and even make stained glass. We can set up a still life subject for painting. In fact anyone who wants to make something is most welcome. We work together, enjoy the company and pass on ideas to each other.

Dates for our Tuesday meetings are 30th September, 14th and 28th October, 11th and 25th November and 9th December. Fees £2 per session.

All sessions at 2.00pm to 4.00pm At the Parish Hall.

For further information contact Jeanne on: 01840 230113

Harvest Time!!!

Following the lovely hot summer ripening all our soft fruit, why not try these chutney recipes. Great for the store cupboard or also put them in fancy jars and give away as presents.



Fresh Plum Chutney

Ingredients
450g/1lb red plums, halved and stoned
180g/6oz caster sugar
120ml/4fl oz cider vinegar
1 cinnamon stick
2 star anise

Put all the ingredients into a pan and heat gently until the sugar dissolves. Bring to the boil and simmer gently for about 20-30 minutes until the plums are tender and the liquid is syrupy. Cool and keep in the fridge. Serve with cheeses or ham.

Spiced Apple Chutney

Ingredients

225g/8oz onions, chopped 900g/2lb apples, cored and chopped 110g/4oz sultanas, raisins or chopped dates

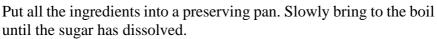
15g/½oz ground coriander 15g/½oz paprika

15g/½oz mixed spice

15g/1/20z salt

340g/12oz granulated sugar

425ml/3/4 pints malt vinegar



Simmer for 1½-2 hours, stirring from time to time to stop the chutney sticking to the pan.

When it is very thick and you can draw a wooden spoon across the base of the pan so that it leaves a channel behind it that does not immediately fill with liquid, the chutney is ready.

Turn into sterilised jars, seal and cool. Store in a cool, dark cupboard for two to three months before eating.





Cornwall

The road runs westward Westward to far Cornwall To the granite moors, the high cliffs and the sea The great ocean -Three thousand miles of salt sea Wave-tossed, tide surged, restless Ever moving, under the mighty pull Of sun and moon, and the earths annual journey. To the coves and beaches, weed-strewn, shingled, rock pooled, To the great cliffs, knee-deep in the breaking surf. To far Penwith and the sea-cave riddled headlands Like fingers probing the Atlantic swell. To the Tin Coast and the ruined engine-houses Like stoney fists with skyward-pointing fingers. To the crowded beaches bright with fluttering colour-Windbreaks and tents and multi-hued swim-wear To children, happy in their seventh heaven-Sandcastle's, buckets and inflatable, And further out, the swelling swaying sales Boats of all description catching the breeze; Wind-surfers, body-boards and surf-boards Dotting the sea like a painters gaudy pallet. And west-ward still - out beyond Land's End To the Summer Isles, like jewels in the tide-swell, Sleeping in sun or huddling in the storm-surge, Remote, peaceful, magic in isolation The dot in Cornwall's exclamation-mark Tamar to Scilly, Bude to Fowey, St Agnes to Falmouth -The duchy waits for those who would discover, Enjoy appreciate and wonder Westward - westward to Cornwall

This poem is written by Mike Clay who is a semi resident in the village. "It is the result of wandering thoughts on the long drive home last October. Our home village lies on the A39 as does our caravan at Wainhouse so we do feel linked to Cornwall when we're at home. Every Wednesday we drive down the A39 to the farmers' market in Wells and it is an on-going joke to say "let's carry on driving to "Far Cornwall" hence the poem.

BUS TIMETABLES

208 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

Mondays, Wednesdays, Thursdays and Fridays only (except Public Holidays)

Webbers Coaches 01208 74711

	MTh W	F
bstow Cross	0935 0935	0935
Canworthy Water	0940 0940	0940
Veek St Mary	1000 1000	1000
Whitstone	1008	1008
Γitson		1015
Marhamchurch		1020
Bude Strand		1030
North Tamerton	1015 1015	
Boyton 102:	5	
aunceston Westg	ate 1040	
aunceston Tesco	1050	
Holsworthy	1030	

220 **Higher Crackington - Launceston** (Partial listing of stops only)

Tuesdays only (except Public Holidays) Webbers Coaches 01208 74711

Higher Crackington	0910	Launceston Tesco	1230
Wainhouse Corner	0925	Launceston Westgate	1230
Jacobstow	0930	Canworthy Water	1255
Week St Mary	0945	Warbstow Cross	1300
Canworthy Water	1005	Canworthy Water	1305
Warbstow Cross	1010	Week St Mary	1325
Canworthy Water	1015	Jacobstow	1340
Launceston Westgate	1040	Wainhouse Corner	1345
Launceston Tesco	1050	Higher Crackington	1400

595 **Boscastle - Bude**

(a = Schooldays only) (h = School holidays)

(Partial listing of stops only)

Western Greyhound 01637 871871

Monday to Saturday

				n	a	n	a	
Boscastle	0805	1035	1205	1435	1455	1605	1655	1855
Crackington Haven		1047		1447	1507			
Wainhouse Corner	0817	1055	1217	1455	1515	1617	1707	1907
Treskinnick Cross	0820	1059	1221	1459	1519	1621	1711	1911
Widemouth Bay	0825	1103	1225	1503		1625	1715	1915
Budehaven School					1525			
Bude Strand	0832	1110	1232	1510	1530	1632	1722	1922

No Sunday Service

Bude - **Boscastle**

(Partial listing of stops only)

	a	h				h	a	
Bude Strand	0710	0715	0840	1115	1240	1515	1530	1725
Widemouth Bay	0716	0721	0846	1121	1246	1521	1536	1731
Treskinnick Cross	0722	0727	0852	1127	1252	1527	1542	1737
Wainhouse Corner	0727	0732	0857	1132	1257	1532	1547	1742
Crackington Haven			0905		1305		1555	
Boscastle	0745	0750	0920	1150	1320	1550	1605	1755

Useful Contact Numbers

Local Authority

Cornwall County Council	03001 234100
Bude "One Stop Shop"	03001 234111
Cornwall Library Service	03001 234111
North Cornwall MP Dan Rogerson	01566777123
Nicky Chopak (County Councillor)	07810302061
Police-Local Beat Manager Nick Jessop	01288 357502
Police Force Enquiry Centre	08452 777444
Crimestoppers (Anonymous)	0800 555111
Floodline	$0845\ 9881188$
Sita Recycling Centre, Tiscott Wood	01288 355131
Dog Warden	01208 893407
Cats Protection Mary Chudleigh	01566 773814
Citizens Advice Bureau	0844 4994188

Healthcare

NHS Direct	0845 4647
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Hospitals

Derriford, Plymouth	0845 1558155
Treliske, Truro	01872 250000
Barnstaple	01271 322577
Bodmin	01208 251300
Launceston	01566 761001
Stratton	01288287700

Doctors Surgery's

Boscastle	01840 250209
Neetside, Bude	01288 272866
Medical Centre, Stratton	01288 352133
Camelford	01840-213894

Jacobstow Organisations

Infants School	01840 230337
Women's Institute Mrs P Lane	01840 230743
Jacobstow church Mrs R Fox	01840 230153
Art Group	01840 230113
Parish Hall Bookings Mr R Reason	01840 230173
Scout and Cub Groups Mrs D Dowling	01288 352786
Guides and Brownies Mrs M Andrew	01840 230006
Wainhouse Post Office and Stores	01840 230554

Other Numbers

National Rail Enquiries	08457 484950
National Express coaches	08717818178
Farm Crisis Network	07002 326326