#### Jacobstow Journal

#### Providing news and information for the Parish of Jacobstow

Delivered free to every household in the Parish

www.jacobstowvillage.co.uk



Issue No. 30

October/November 2015



#### Editorial by Sarah

Well, Christmas has come early...at least according to Morrisons (other supermarkets are available). I stood in the bakery department in the second week of September, yes September and saw mince pies. "You are joking!" I exclaimed, and then realised I had said it out loud, and very loud at that, and shuffled away.

Can't we just get Halloween and Bonfire Night out of the way before we start being force fed Christmas. I am not a humbug, don't sit around in a long nightshirt and floppy hat, I enjoy Christmas and all the celebrations, once it's here. I don't enjoy the frenzy the commercial world sends everyone into. And while we are on the subject, it seems to me that they are constantly searching new avenues of what they feel we need to invest into to really enjoy the all encompassing Christmas experience. I saw an advert in a magazine for a whole Christmas bed set, really, we are supposed to have a set of bedding just for Christmas, what and just store it away with the fairy and baubles until next year?

I suppose the flip side to this gripe is that if you are on a limited budget, or just like to get organised, you have the chance to do a little every week and plan ahead. But, how many Hero's can you eat in one day (umm, maybe don't answer that one!) By the time Christmas arrives everyone is exhaustedly saying "It's only one day!" And discussing the fact that they will need to go on a diet now, because they did in fact break the world record for Hero eating.

Ho hum, or maybe ho ho ho...

Sarah

#### **Enquiries, Articles and Letters**

email to:

jacobstowjournal@gmail.com or in writing to the Editor.

All contributions received will be included at the Editorial Team's discretion.

The deadline for adverts, letters or articles for the December/January edition will be 20 November, Please note this does not guarantee that the item will be published due to possible limitations on space.

#### **Editorial Team**

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#### **Advertising Rates**

The current rate for 6 issues is £20 for a halfpage advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

#### **Jacobstow Parish Council**

<u>Chairman</u>: Mr. Norman Osborne 01840-230592 <u>Parish Clerk</u>: Mrs D. Turner 01566-781269

Members:Mrs Charmaine SmithMr Dennis AdeyMr. Bob ReasonMrs Ilona FranklynMr Ray FoxMr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes. Agenda and minutes of previous meetings available on www.jacobstowvillage.co.uk

<u>Editor's Note</u> The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. <u>We have omitted certain minor items for brevity</u> but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

#### There was no Parish Council meeting in August, so only September minutes available

#### Summary of Minutes held on 1st September, 2015

Cllr. Norman Osborne chaired the monthly meeting of the Parish Council with a full attendance of Councillors, Cllr. Nicky Chopak and two members of the public.

- 1) <u>Notice Board -</u> The meeting began with everyone going outside to look at the new Notice Board. Photographs were taken with some of the members of the Parish Hall Committee.
- 2) <u>Bus Flag</u> Mr Rob Waters had Emailed saying that regarding the "Time Tabled stop point" he has added this to his list and will respond soon.
- 3) <u>Paperless Planning</u> As all Planning Applications will be sent electronically after January it was agreed to ask the School if we could use their screen etc.
- 4) <u>Council Website</u> Account received from Ballynet for £100 for setting up the Council Website. Proposed we pay. Cllr. Chapman Seconded Cllr. Adey. Also the charge for putting information on the Website each month will be £10. Clerk to arrange a Direct Debit for this.
- 5) Red Post Joinery (Notice Board and Old Map) Two accounts received from Red Post Joinery, one for £708 for the new Notice Board and one for £216 for the Old Village Map. It was agreed to pay these. Proposed Cllr.Smith Seconded Cllr. Fox.
- 6) <u>Planning Application Mr P Chapman</u> Covering over existing outdoor cattle yard at Hele Barton, Week St. Mary. Cllr. Chapman left the room at this point. Councillors unanimously support this application.
- 7) <u>Footpath</u> Cllr. Chapman reported that he had installed a new footbridge on the footpath on his land.

#### HOW DO I CONTACT MY LOCAL POLICE STATION?

We all know that you dial 999 in an emergency but for this to work well it is essential not to clog up the line



with non emergency calls. So for example when a car crashed in my road and I needed to ring the police, my first thought was "Nobody is seriously injured so I won't use 999" I then thought I would call my local police in Bude, Launceston or Camelford. I checked USEFUL NUMBERS on the back of my Jacobstow Journal and discovered that the number I had to ring was 101 which is a central enquiries desk. They were very helpful and a policeman arrived within 15 minutes. Whilst we are concerned about the decline in our local police support, remember this number: 101 and remember NOT USING 999 could save a life.

In passing information about Neighbourhood Watch is on Page 31.



NEWS FROM OUR MP, Scott Mann Back in the constituency I recently visited a beef farm to watch a TB test being carried out. These are nerve racking experiences for farmers who can face painful and emotional consequences upon a bad result. Many cows are being killed because they have TB, this disease needs to be tackled head on. Farmers

want a healthy badger population, and the current situation does nothing for the badgers, the cows or the farming community. In the summer I expressed concern over a "surf tax" being considered by Cornwall Council, and I'm very disappointed to see that it has been passed. This will place an unnecessary burden on surf schools which play a huge part in education as well as sea safety and awareness.

Since returning to Parliament after the summer recess I have written to David Cameron and Greg Clarke, the Secretary of State for Communities and Local Government, asking them to help save public toilets by exempting them of business rates, as well as asking them to consider making public toilets a statutory public service, meaning they must remain open.

These are essential amenities for local people and visitors who should be able to expect access to a public toilet in the local area, whether it be a town centre or a beach. The Prime Minister is a frequent visitor to Cornwall and I hope my Cornish colleagues and I have emphasised the problem enough for action to be taken. I of course will keep the constituency updated when I receive a reply from the Prime Minister and Greg Clarke.

#### PROTECT OUR GREENFINCHES!

Did you know that since 2006 there has been a steady decline in our greenfinch population? It has been caused by a disease called trichomonosis. The infection is spread as birds feed one another with regurgitated food during the breeding season and through food and drinking water contaminated with freshly regurgitated saliva.





As the weather gets colder we are likely to start feeding the birds in our gardens. It is important that we help them but bird feeders are a big cause of the way this disease is spread. All we need to do is keep the bird feeders and bird baths clean. The disease cannot spread to humans or our pets and is easily destroyed. You can use diluted bleach or liquid detergent and warm water. Then hose down or rinse with clean water and vinegar.

Vera Davies - it is with sadness that we must report that Vera Davies passed away at the beginning of August. Although she lived at Widemouth Bay she was a great supporter of the Journal, making good use of her teacher training to proof read every edition and she co-sponsored our puzzle page. She will be sadly missed



Nicky Chopak, your County Councillor contact details mobile no: 07810 302061
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Or The Post House, Tresmeer, Launceston, Cornwall
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<u>s</u>

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#### Baptism in Jacobstow Church

Baby Noah Jenkins was Baptised in Jacobstow Church on 29<sup>th</sup> August, here he is with his proud parents Haley and Robert.

#### New Notice Board for the Parish Hall

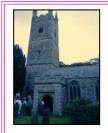


L to R: Dennis Adey, Lynda Harris, Norman Osborne & Robert Reason

Jacobstow Parish Council have kindly donated a new Notice Board to the Parish Hall Committee. Parish Councillor Dennis Adey put forward the suggestion that the Parish Council should arrange for the new board, and this was handed over to the Parish Hall Committee Chairman Lynda Harris by Norman Osborne the Parish Council Chairman. Dereck Smith gave the board numerous coats of varnish to protect it from the weather, Ann Adey organised the lettering at the top of the board and Steve Connerly helped Dennis to take the old board down and fit the new one. The notice board is for the whole village to use for anything you feel everyone would like to know about. Please feel free!

**MENTION US PLEASE!** If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

#### TIMES OF CHURCH AND CHAPEL SERVICES



#### October

4th Evensong 6.30 5th Harvest Festival 7pm Hall 11th Morning Prayer 9.30 18th USB Service Poundstock 10.30 15th USB Jacobstow 10.30 25th Holy Communion 9.30

#### November

1st Evensong 4.00 8th Remembrance Sunday morning prayer 9.30 22<sup>nd</sup> Holy Communion 9.30 29 UBS Week St Mary 10.30

**Jacobstow Church** 



#### Canworthy Water Chapel

All Sunday Services 11am Rev Doreen 01566 781854

2<sup>nd</sup> Nov Rev Doreen & Holy Communion

#### 18th Bude Central Methodist Church with Steve Wild, Methodist President

25<sup>th</sup> Oct Naomi Spacey 1st Nov Jean Hayward 8th Nov Church Fellowship 15th Nov Mrs Ede

22<sup>nd</sup> Nov Rev Doreen & Holy Communion



#### **Eden Chapel**

Youth Club Fridays 7-9 Pritt Stick & Prayer Tuesdays 1.30 Dates to be arranged



Come and join us, all are welcome. Non denominational



#### **Dimma Chapel**

For full details Please contact Audrey Wicket 01840 230268



#### CHURCH AND CHAPEL NEWS & EVENTS

#### News From Jacobstow Church

St James Church Harvest Festival will be in the Parish Hall on Monday 5<sup>th</sup> October at 7.pm with supper and auction of produce to follow. There is no service in church as we plan to make it a community event.

The church Autumn Bazaar will be held in the Parish Hall from 1 lam on Saturday 14th November. Gift Stalls; WI Stall; produce; tombola and refreshments and many more.

If any other parish groups would like a stall please contact Ray Fox 01840230153.

The restoration of the 2 oil paintings is awaiting the diocese approval but we hope it will start soon, so please keep collecting loose change to fill the font at Christmas.

The church now has a little children's corner by the north door. By the way did you know this door is medieval and the second oldest in Cornwall? You can only see it from the inside though as a newer door has been put behind it as protection from the elements.

Local people have an affection for the little church at Treneglos with its atmospheric gas lighting, and they will be sad to hear that it has had to be closed indefinitely due to plaster falling from the roof lining making it unsafe. We will all miss the candle lit carol service and the journey over the ford to reach the church

#### **CHAPEL**

On The 18th October there will no Methodist Services locally as Mr Steve Wild, the Methodist President will be taking the Service at Bude Central Methodist Church at 11am.

#### **Church Lottery Results**

	1st	2nd	3rd
July	Mrs S Osborne	Mr R Fox	Mr J Osborne
August	Mrs A Connell	Mrs M Parnell	Mr D Adey



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#### What's on? - Things happening further afield

Octo	ber		Y				
2	An evening of	Mediumship	with Nikki	Kitt	Wadebridge	Town	Ha

- 2-15 Experiment in Abstraction 4 Bude Blanchmaster Room The Castle
  Bude
- 3 Charity Ball, Licence to Party, Bond Theme, Launceston Town Hall 7.30
- 3-4 Cornwall Home Improvement & Self Build, Royal Cornwall Show Ground
- 3-4 Boscastle Food, Art & Craft Festival
- 3 China Clay Day- Launch of Diesel shunter Denise, Bodmin Railway
- 4 North Cornwall Banger Racing, Netherbridge
- 5-11 The Little Cornish Bake Off, Tintagel Old Post Office 11 3.30
- 10-11 British Stand up Paddle Championship, Newquay
- 10 Launceston Market & Launceston Carnival 7.00pm
- 14 Tavistock Goose Fair
- 17 Crackington Crafts and Produce Fair
- 18 Wedding Fair, Pencarrow House Bodmin 11am
- 22 Toddler Take Over Day Halloween Fun, The Big Sheep 9am 5pm
- 23 Wine and Wisdom Evening, Homeleigh Garden Centre
- 24-31 Haunting Half Term, Tintagel Old Post Office 11am 3.30pm
- 24-31 Halloween at Crealy Adventure Park 10.30am 5pm
- 24 Camelford Carnival
- 28 Murder Mystery Evening, General Station Bodmin Railway 7pm
- 31-1 Gallus Cooper Halloween Special, Launceston Town Hall

#### November

- 6-26 Karen Gimlinge Art Exhibition, The Castle, Bude 9am -5pm
- 7 Launceston Christmas Market
- 8 Cornish Bantam Fanciers Show, Cornwall Showground, Wadebridge
- 14 Launceston Market in the Square
- 15 Clovelly Herring Festival 10am 4pm
- 21-22 Pencarrow Christmas Fair, Washaway, Bodmin

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#### Bob's Gardening Spot



If you want a good show for winter containers, get a deep pot, put lots of drainage material in the bottom e.g broken pots or ballast to keep it stable. Put about 6 inches of good compost (John Inne's no 2) in the bottom. Plant daffs about 2 - 3 inches apart, cover them with 3 inches of compost. Plant a tier of tulip bulbs over these, cover with compost

and plant bedding over the top of these.

October/November is the ideal time to plant deciduous trees and any shrubs. They get time to get established before the cold holds them up. If you want more shrubs or soft fruit plants, now is the time to take cuttings. Take a stem about pencil thickness and roughly 6-9 inches long. Put them around the edge of a deep pot or plant them into a nursery bed.

You should be planting your winter hardy onions and garlic around now with the top bit just out of the ground, but keep an eye on them in case the birds try to pull them out.

Remember to put grease bands around your apple and pear trees now to stop grubs affecting your trees next year. Pruning fruit trees and bushes at this time of the year consists of cutting out larger branches and opening up the centre to allow more air and sun to ripen the new wood and cutting out dead or diseased branches.

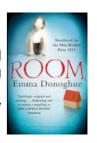


#### **CANWORTHY WATER BOOK CLUB**

ROOM by Emma Donoghue.

The story is told from the perspective of a five-year-old boy, Jack, who is being held captive in a small room along with his mother.

This story caused some controversy but was generally enjoyed.





#### JANICE GENTLE GETS SEXY by Mavis Cheek

Plump, virginal Janice reluctantly writes romances in the hope of earning enough money to find the man she loved and lost 20 years ago. Unfortunately, her agent is hiding her healthy financial position.

Some enjoyed this as a light hearted read but I found it exasperatingly silly!



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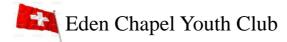
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Youth club is going on a 5 day trip to London in the October half term and are being given a tour of the Houses of Parliament by our local MP Scott Mann. We are also going to the Tower of London and lots of London museums and other sights will be seen while we are there.

We had a Chapel trip to Switzerland early in August to a village called Hombrecktikon. We were put up by members of the Chapel there and went out sight seeing everyday. We swam several times in Lake Zurich, which



was lovely and warm. Our mountaineering took over and we climbed a small mountain. We helped with Messy Church on the Sunday and went to the Sunday special service which is run by the youth of their church. It was very uplifting. We were shown round a traditional Swiss marionette theatre and were allowed to try some of the puppets and saw a short performance. Our hosts took us by minibus

to see the largest waterfall in Europe called the Rhinefall, which was magnificent. We had a boat ride right up to where the falls go over and we got wet with the spray from the water. After this we went to a town called Shaufhausen and saw a 15th century monastery and some of the buildings in the tower with beautiful old murals painted on them. The highlight of the trip was a two day trip to Interlaken. We went on the first day to a place called Ballenberg which is full of old Swiss houses and farm building s and were shown the crafts that were done in them like pottery, weaving, rope making and a huge copper pot which they made cheese in. We stayed the night in a Christian youth hostel surrounded by the mountains. It was wonderful. On second day we went to see more mountains and the Eiger mountain. It took us half an hour to reach the top of the mountain by cable car and then about another half an hour to walk to the top. We were in the Jungfrau region which has a wonderful view of the mountains and the valleys between. We saw a glacier and also saw how in the past glaciers

had shaped the valleys at the bottom. We then went to a beautifultown called Grindelvald. On the last morning we were shown round the local theatre which is well known for its opera productions. We were shown around back stage and all the costumes. It was an amazing experience and we would like to thank everyone who made it happen. We hope next year that some of the Swiss congregation will come and stay with us here.



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#### **PUZZLE PAGE**

Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Jill Baker was pulled from the hat, she wins a £10 **voucher for Wainhouse Stores**. If you would like a chance to win this edition's voucher, just solve the puzzles and return the

completed page to Sarah Smith, Almar Jacobstow EX23 0BN by  $20^{\text{th}}$  November.

Thank you to Wainhouse Stores for sponsoring this page.

Т	W	Χ	L	Α	Ν	Т	Е	R	Ν	G	Χ	
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W	Н	0	В	G	0	В	L	I	N	Α	N	SF
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WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

AMUSEMENT APPLE
ASTONISHING DARK NIGHT
DOORS FOX
FUN HALLOWEEN
HOBGOBLIN KNOCK
LANTERN LATCH
LAUGHTER NOISE
OWL PUMPKIN
PUNCH BOWL RING

RUN SKELETON
SPRITE TRICK OR TREAT
WINDOWS

shalloween Quiz are you brave enough to have a go

1. Plame the author of Dracula

2. Coulrophobia is a fear of what?

3. In Celtic mythology the wailing of which supernatural being is an omen of death?

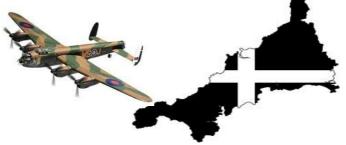
4. Who had a hit single which began and ended with Vincent Price?

- 5. Who is the famous daughter of Psycho star Janet Leigh?
- 6. Phasmophobia is a fear of what?
- 7. What is the word spalloween an abbreviation of?
- 8. Choulies and ghosties and what go bump in the night?
- 9. What do you traditionally bob for at Iballoween parties?
- 10. On what date does shalloween fall?
- 11. What is a group of witches called?
- 12. Where do real vampire bats live?

Last edition answers Word search missing word Wellingtons Journal Answers 1. 01840230337 2.Doreen Turner 3. Scouts and Guides 4. 4ft 5. Wainhouse Stores and Vera Davies 6. Nicky Chopak and Scott Mann 7. 1st Tuesday of the month 7.30 8. Sue Burrows, Celia Proudfoot and Sarah Smith

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### Lancaster Clearance - David Johnson Wainhouse Corner 0797 6688943



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#### Letters Page

Something you want us all to know about? Email and address for letters is on page 2

#### WELCOME TO JACOBSTOW PARISH to Mick, Jackie and their daughter, Vickie.

Please let us know who your new neighbours are so the we can give them a local welcome.

As mentioned elsewhere in the Journal, Vera Davies used to co-sponsor our puzzle page with Wainhouse Stores. The Journal have covered the prize for this edition, but if anyone would like to offer to take up the

mantle, anonymously if it makes you feel better, we would be most grateful. Please contact any of the Journal staff to discuss.

#### Dear Sir,

We have just had our shiny new Yellow Pages delivered and once again according to BT we are due an Exeter edition. According to the map at the front of the book we are just within that boundary, what a complete waste of time, none of the businesses advertised are local to us...lucky there are local businesses advertised in the Journal, either that or Google. Bob Rudd

#### News from C.A.R.E.

Two successful events were held which produced loads of dosh to fight fight the Appear by Good Energy to install 1/x125m turbines in Week St Mary Parish. Two fund raising events are planned for October. On Saturday 17th there will be a Curry Night (pasty supper available for you curry haters!) and Auction of Promises. If anyone can offer a skill, object, activity etc., as a Promise, please contact Pauline Smeeth on 015bb78lb2b. (We have a number of great Promises aready!). On Saturday 31 October, a Halloween Quiz will be held in Jacobstow Parish Hall at 7.30 p.m. Teams of 2-4 at £4 per person to include nibbles (please bring your own Please support these events drink).

## Events in our Village - October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY THURSDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout Hall Wainhouse Corner	Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner Guides -Parish Hall			Youth Club Eden Chapel Every Friday during term time 7-9pm	
4	5	. 9	7	8	6	10
Coast Family Church Supper 8	Harvest Festival 7pm Supper and Auction of produce	Festival 7pm Pritt Stick and Prayer and Auction Eden Chapel 1.30 broduce Parish Council 7.30		Walking Group 10am Coffee morning 10.30 Happy Crafters Eden Chapel WI 7.30		
11	12	13	14	15	16	17
Coast Family Church 10.30 Parish Lunch 1.15 for 1.30		Art Club 1pm Paper Making workshop				
18	19	20	21	22	23	24
Coast Family Church 10.30				Coffee Morning 10.30 Happy Crafters Eden Chapel 1.30 - 3.30		
25	26	27	28	29	30	31
Coast Family Church 10.30		Art Club 2pm				Wine & Wisdom in aid of CARE 7.30

Note: Events in Parish Hall unless stated otherwise

## Events in our Village - November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY THURSDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	9	7
Coast Family Church 10.30	Every Monday Beavers 5-6 Cubs 6.30-8.00 Scout Hall Wainhouse Corner	Parish Council 7.30 Every Tuesday Scouts 6.30-8.00 Scout Hall Wainhouse Corner Guides Parish Hall		Youth Club Eden Chapell Coffee Morning 10.30 Every Friday during term time 7-9pm	Youth Club Eden Chapell Every Friday during term time 7-9pm	
8	6	10	11	12	13	14
Remembrance Day Coast Family Church 10.30		Art Club 2pm	11am 1min Silence	Walking Group 10am Happy Crafters Eden Chapel 1.30 - 3.30 WI 7.30		Autumn Bazaar 11am
15	16	17	18	19	20	21
Coast Family Church 10.30		Pritt Stick and Prayer Eden Chapel 1.30		Coffee Morning 10.30		
22	23	24	25	26	27	28
Coast Family Church 10.30		Art Club 2pm		Happy Crafters Eden Chapel 1.30 - 3.30		
29	30					
Coast Family Church 10.30						

Note: Events in Parish Hall unless stated otherwise



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Launceston/St Kew/Higher Crackington/Marhamchurch Week St Mary/Canworthy Water

#### What does Pilates do?

- Targets the deep core stabilising muscles
- Improves muscle tone, strength & joint mobility
- Improves posture, alignment & body awareness
- Corrects muscle imbalances & encourages pain-free movement
- Classes are progressive and operate on a school term basis.
- Classes limited to 12 people
- All equipment required is provided.



Martin Brooks 07812 959 879 www.northcornwallpilates.co.uk martin@northcornwallpilates.co.uk

#### WEATHERWISE by Monitor

By the time you read this, we will be well into Autumn. This summer was notably overcast, with hours of sunshine well down on what one would expect even from our normally unpredictable climate. Normally, a decline in Mid-Atlantic sea surface



temperatures would decrease rainfall, but should this process move into a negative figure it can considerably upset matters.

This was certainly the case this year, as a cold pool of sea-water Mid Atlantic persisted, becoming 4°C below normal. It is only just showing signs of warming as I write. This anomaly was possibly a function of a weak Gulf Stream, but in any case disrupted the summer Jet Stream giving rise to cooler conditions and higher rainfall.

At Canworthy Water, July saw 3.89" collected, and August 5.36", which incidentally was almost the same as last year. In August, 3.6" of rain was noted in seven days ending on the 26<sup>th</sup>. Some days, the temperature struggled to get to 15°C.

Far away in the Tropical Atlantic, there have been eight tropical storms, of which two became hurricanes, and of which "Fred" was a Cape Verde hurricane. None seemed to cause any real problems apart from heavy rain, however.

#### **HIGH TIDES and SUNSET- October and November**

Date	2 Oct	9 Oct	16 Oct	23 Oct	30 Oct	6 Nov	13 Nov	20 Nov	27 Nov
AM	8.41	3.44	7.34	1.41	6.37	1.04	5.4	11.3	5.35
PM	21.05	16.05	19.49	14.17	19.01	13.3	17.55	**	17.59
Sun set	18.55	18.4	18.25	18.11	16.59	16.47	16.37	16.28	16.22

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**Holsworthy Show** - the theme was "Women's institute - The Beginning"

Yes, we won the cup for the most points. Marks for all items were high. Bude, Marhamchurch, Holsworthy and Jacobstow took part. We last won in 2007.

Wednesday 16<sup>th</sup> September, the actual 100<sup>th</sup> birthday of the WI in Wales. Cornwall joined in 1918. What a

memorable day!. We sang Jerusalem, then handed over to Elaine Reynolds, a florist from Bruallen, Delabole. Elaine had looked into the WI over 100 years and each arrangement depicted the WI.

Afternoon tea was served then the arrangements were used for the raffle. Wi's present were St Gennys, Week St Mary, Marhamchurch, and of course



Jacobstow. We also welcomed past members to the celebrations.

#### **Next meetings**

Thursday 8<sup>th</sup> October 7.30pm will be a talk on Life and the QE2 Thursday 12<sup>th</sup> November 7.30 with a talk on wildlife rescue

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the President, Mrs Pat Lane 01840 230743



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#### JACOBSTOW WALKING GROUP



Next walks: Thurs 8<sup>th</sup> Oct & Thurs 12<sup>th</sup> Nov Meet 10am Jacobstow Parish Hall

After a month's break the group met again on a beautiful sunny morning on Thursday 10<sup>th</sup> September. We were joined by Rachel Chapman and her dog Jessie. We met as usual at The Parish Hall and then drove to Hele Barton where we walked for 3 hours across fields and footpaths on the Chapmans' land. Mary was back from her sailing trip to lead us so this time there was

no getting lost!

The views were stunning and we encountered lots of wildlife including kestrels, young pheasants and an old oak with bees.







All new walkers welcome. Phone Mary: 01840 230656. Celia:01566 781473 Sue:01566781292



#### Busy Beryl



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Could you do with someone to call on a regular basis to do housework, gardening or little DIY jobs you can't cope with anymore.

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Please call for more information and to book your place on:07967017687



#### Jubilee Club



Monday 19 October - Train from Exeter to Teignmouth and return later - Spectacular Views!

Monday 16 November - Christmas Shopping probably Truro
Contact Olive: 01566781373 or Bev: 01566 781761 or Eve: 01566
781452 for details



£5 Membership per year (discounts on trips. Members and Non-Members Welcome





#### Jacobstow Arts and Craft Club

We start again on Tuesday 29th
September 2.00 pm at the
Parish Hall. On Tuesday 13th
October we will have a paper
making workshop NB.
commencing at 1.00 pm and
Tuesday 27th October at 2pm a

demonstration of quilling with opportunity to try this ourselves. Everyone is always free to pursue their own craft and there will be still-life subjects available for those who like to paint.

Other future activities will be decided at our next meeting so look out for our poster on the notice boards. Remember, all are welcome. There is a fee of £2.00 a for each meeting which includes a refreshment break! For further information



Marhamchurch £475,00

Telephone: 01288 353661

Fax: 01288 359392

Email: bude@webbers.co.uk



Jacobstow £450,000







11 Lansdown Road

Bude

North Cornwall

EX23 8BH



Rosecare £152,000

#### Julian Trick

WINDOW CLEANER & PRESSURE WASHER

t: 01840 779169

m: 07760238756

e: jftrick@hotmail.co.uk

#### Notice Board

TABLE TOP SALE - CRACKINGTON INSTITUTE

31ST OCTOBER 10AM TO 1PM IN AID OF CAMELFORD AGE CONCERN MINI BUS FUND.

PLEASE CONTACT ROBINA 01840 230629 TO BOOK A
TABLE 0 £5.00

FREE ENTRY - TEA/COFFEE/CAKES AVAILABLE



#### NEIGHBOURHOOD WATCH

There is a new Neighbourhood Watch Group just starting up covering Canworthy Water. The



main Co-Ordinator is Terry Luckwell on 01566 781 410.

If you are interested in joining locally get in touch with Terry

There is an existing Group covering Jacobstow Parish set up by



the Parish Council about 15 years ago. The local Co-Ordinators are Denis Adey = 01840 230160, Sarah Smith = 01840 230565 and Doreen Turner = 01566 781269.

Until recently there was very good communication with the local police but with the reduction of manpower and closure of Police Stations means there has been little or no contact with the local police.

Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11-11.15am.

The Wainhouse Inn - The Pub is the Hub has a good Library of books supplied from Truro. Enter by backdoor to avoid drinkers!!



#### <u>1<sup>st</sup> Jacobstow Guides update</u>



Bembridge Windmill- Isle of Wight

Jacobstow guides joined by guides from Tregadillet and St. Breward and their leaders spent a wonderful week at the end of July camping in Hampshire. We arrived, pitched our tents and cooked a meal within 4 hours of arriving all in sunshine. However the next day we weren't so lucky and it rained all day, Fortunately, we had arranged to stay on site and most of the activities could be completed in our day tent. The next day we were up early and went to the Isle of Wight, visiting both The Needles and Bembridge Windmill where we had a fascinating guided tour of the mill with all its original wooden equipment. Then before getting the ferry back we had fish and chips. Tuesday was a relaxing trip to the Watercress Line, a

steam powered rail line, followed by climbing on the campsite's climbing wall in the evening. The next day we met all the animals at Marwell Zoo, the highlight for two of the leaders renewing their promise at the giraffe enclosure. The final day was spent swimming at Romsey Rapids to ensure everyone was clean to go home the next day! We also joined another guide unit in the evening for a campfire where we all sang some campfire songs, both familiar and new. As this was the last night the girls asked if they could sleep under the stars for the night, which they did. Then it was time to pack up and head home which took longer than expected due to heavy traffic on the A303, so we arrived back tired but all looking forward to our next adventure together when we will be travel-

There was a really successful Coffee Morning with some very yummy cakes! And a Raffle.

The morning raised £133.50 towards the trip to the



Girl Guiding World Chalet in Switzerland where a large



group from Cornwall are going to next Spring. A fantastic opportunity to experience new adventurous activities.



#### **Scouts**

Oct 6 Activities Project Oct 13 Nook eve

Oct 16/17/18 Winter Camp - Volunteer Helpers Please

Oct 20 1st Aid Test

Nov 2 Bonfire Small Hill

Nov 8 Remembrance Sunday Parade at St Gennys

Nov 10/11 Skills Challenges

Nov 17 Team Building Activities

Nov 24 Bowling TBC

#### Cubs

Oct 5 Sills Badge

Oct 12 International Badge - Iceland

Oct 19 Cooking Badge

Nov 1 Bonfire Small Hill

Nov 8 Remembrance Sunday St Gennys

Nov 9 Skills at Work

Nov 16 International Badge India

Nov 23 Bowling TBC

Nov 30 St Andrew & Scotland

#### **Beavers**

Oct 7 International Song

Oct 14 Skill - modelling Salt Dough

21 Scrap Book - 10 Photographs

Nov 2 Bonfire at Small Hill

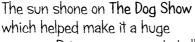
Nov 8 Remembrance Sunday

Nov 11 Skills - Shoe Laces,

Candle Lighting, scarf knotting

Nov 18 International Foods

Nov 25 2 Problems to /solve



success. Prizes were awarded all round.

Three Cheers for that impartial Judge. Josie and Well Done those stalwart Caterers Daphne and Pat











#### ST JAMES CHURCH JACOBSTOW PARISH HALL

MONDAY 5<sup>TH</sup> OCTOBER 7PM WITH SUPPER AND AUCTION OF PRODUCE TO FOLLOW



#### HAPPY CRAFTERS at EDEN CHAPEL

We had a very successful Crafter Fair with a steady flow of visitors who looked at and purchase some of the items we and the Youth Club had made. Afterwards our visitors enjoyed their refreshments and/or lunches.

At the end of the Fair a donation was made to the Cornwall Air Ambulance.

Happy Crafters meet on the  $2^{nd}$  and  $4^{th}$  Thursday of each month between 1.30pm and 3.30pm. Tutorials are included from time to time, mainly conducted by our own members.

Membership is £10 per year or £2 per session for non-members.

Contact Alison Hoather on 01566 781418 or email: ahoather@gmail.com

## KIDS' PAGE

- Many of you will have started new schools and one month in may be the time to work on friendships.
   Some of us find it easy to make friends. Some of us are shy and it takes more time. Here are some tips:
- If you are shy, listen to people and take an interest in their hobbies. Josie says "When my friends listen to me I know they care about me."

• We are all different. Picking on someone because they are different is wrong. Tom thinks his friends are spe-

cial because they are





- Play fair. It's easy to fall out over little things like losing games and pranks, but acting fairly means fewer rows. Emma says sticking to the rules and laughing things off helps, but also be prepared to forgive friends. None of us are perfect!
- Stand up for each other. Pete says "It's not easy to speak out against a bully, so if it's too scary, give your mate a hug and help them tell an adult.

#### VINTAGE TRACTOR & MACHINERY RALLY



By kind permission of Peter Dymond, organised by Roger Ball, Henry Johns and Tom Silby. The very knowledgeable Commentator was Thomas Andrews from Ladock. The PA System was arranged by Paul Hobbs. The Draw was organised by Sean Smithy with proceeds to Cornwall Air Ambulance

There was a fine collection of farm vehicles, one of the oldest must have been a 1944 In-

ternational T50 baler. This venerable machine, which must have baled over a 1,000,000 bales in its lifetime, was rescued from Bill Weekes of Canworthy Water by Andrew Medland and restored by his son Sam to full working order. There was a fair turnout of spectators even though







#### CORNWALL AT WAR MUSEUM

"The friendly museum"

If you have not yet been to this museum then you still have a chance during October as it closes for the winter on 2nd Nov. With a total of 18 buildings it provides extensive coverage of the RAF, the Army and the Royal Navy in Cornwall from the early 1900s up until the time of the Falklands conflict. There are

numerous dioramas, over 100 mannequins in uniform or civilian dress appropriate to the 1940s, audio/visual displays in most of the buildings, thousands of artifacts, a cinema with an introductory film and even a do-it-yourself NAAFI for a hot drink. Located at Davidstow next to the Dairy Crest Creamery just off the A39, the entrance fee is modest and its popularity is indicated by the number of visitors that return year after year.

#### TWO GINGER BEER RECIPES - Ginger is very good for nausea

GINGER BEER CORDIAL - non-alcoholic

20z ginger root – bruised, peeled and chopped

1lb granulated sugar

1/4 oz tartaric acid

2 lemons – juice of one and the other sliced

1 gallon boiling water

Put the ginger, sugar, tartaric acid and lemon into a bowl and cover with boiling water. Stir until the sugar has dissolved. Leave for 3–4 days. Strain and bottle. It will be ready to drink after a few days and can be diluted with either still or sparkling water or even Lemonade.



GINGER BEER - alcoholic

alb granulated sugar The rind and juice of 2 lemons 1 oz bruised, chopped fresh root ginger

1/2 oz cream of tartar

1 large tablespoon of Brewer's yeast

2 gallons boiling water

Sterilize a fermenting bin or white plastic bucket with sterilizing solution or Camden tablets. Don't use a coloured bucket as the alcohol will draw out the poisonous pigment.

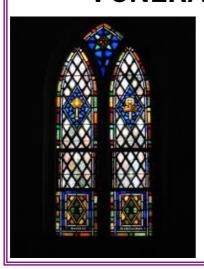
Put all the ingredients, except the yeast in the bin and add boiling water. Stir to help the sugar dissolve. Leave this until the water is hand warm (tepid), then add the yeast. Cover the bin and put it in the warmest place you can find.

Skim the liquid of any yeasty froth every 24 hours. After 3 days, test the liquid with hydrometer to check whether fermentation has finished. Fill a tall glass with the liquid and let the hydrometer float until it settles. The liquid must settle at the 1010 mark or between 1010 and 1000. It is extremely important to take this reading to avoid any explosions after bottling and taste rather sweet. Just keeping checking until it reaches the right stage.

Strain the liquid into sterilized plastic not glass bottles and add 1 teaspoon of sugar to each bottle (Mind you I have used glass with no problems). Screw each top up tightly and leave 3 days before drinking. Ginger Beer should be drunk within a fortnight.

This was from a Lakeland Plastics Fact sheet in 1987!

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#### **CORRECT ON 17 JULY 2015!!**

#### LOCAL BUS TIMETABLE

Partial listing of stops

Travel Cornwall - 01726 861108 - www.summercourttravel.com **420** Higher Crackington – Launceston

480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

Operates Monday to Fridays but not on Bank or Public Holidays

	480	420	480	480		480	420	480	480
	M Th	Tu only	Wed	Fri		M Th	Tu only	Wed	Fri
Hghr Crackington	~	0910	~	~	Holsworthy Library	~	~	1310	~
Wainhouse Cnr	~	0925	~	~	Launceston Tesco	1250	1235	~	~
Jacobstow	~	0930	~	~	Launceston Westgate	1300	1245	~	~
Week St Mary	~	0940	~	~	N Tamerton	1325	~	1325	~
Canworthy Water	~	0955	~	~	Bude Strand	~	~	~	1310
Warbstow Cross	0935	0958	0935	0935	Whitstone	~	~	1332	1332
Canworthy Water	0938	1001	0938	0938	Week St Mary	1340	~	1340	1340
Week St Mary	0953	~	0953	0953	Canworthy Water	1354	1307	1354	1354
Whitstone	~	~	1001	1001	Warbstow Cross	1400	1311	1400	1400
Bude Strand	~	~	~	1023	Canworthy Water	~	1314	~	~
N Tamerton	1008	~	1008	~	Week St Mary	~	1326	~	~
Launceston Westgate	1033	1030	~	~	Jacobstow	~	1341	~	~
Launceston Tesco	1043	1040	~	~	Wainhouse Corner	~	1345	~	~
Holsworthy Church	~	~	1023	~	Hghr Crackinghton	~	1358	~	~

The 480 to/from Bude, Holsworthy and Launceston doesn't go to Jacobstow and Wainhouse only Week St Mary, Canworthy Water and Warbstow

#### Stagecoach Barnstaple 01271 329089 or Stagecoachbus.com

**595** Boscastle – Bude a = school time

Man Sat aveant Pank Hal

Boscastle

0735

Mon - Sat except B	ank Ho	I					
Monday to Friday			h	h			
Boscastle	0751	1000	1205	1425	1459	1632	1839
Crackington Haven	0807	1015	1220	1440	~	1647	~
Wainhouse Corner	0815	1023	1228	1448	1510	1655	1850
<b>Jacobstow</b>		<mark>1027</mark>					
Treskinnick Cross	0819	1032	1232	1452	1514	1659	1854
Widemouth Bay	0822	1035	1235	1455	1517	1702	1857
Budehaven School	0828a	~	~	~	~		
Bude Strand	0831	1044	1244	1504	1525	1710	1905
Monday - Friday no	t Bank	Holiday	/S				
Bude Strand	0705a	0910	110	5 130	5 152	27 17	25
Budehaven School	~	~		~	~ 153	32a ~	
Widemouth Bay	0714	0919	1114	131	4 15	41 17	34
Treskinnick Cross	0718	0923	1118	131	8 15	45 17	38
<b>Jacobstow</b>				132	<mark>.2</mark>		
Wainhouse Corner	0722	0928	1123	132	8 15	50 17	43
Crackington Haven	~	0936	1131	133	6 15	59 17	51
<b>5</b> "							

0951 1146 1351 1614 1806

h = hols and Saturday

#### Sunday and Bank Holidays May - October

Boscastle	1057	1327	1557	1827
Crackington	1112	1342	1612	1842
Wainhouse	1120	1350	1620	1850
Treskinnick	1124	1354	1624	1854
Widemouth	1127	1357	1627	1857

#### Sunday and Bank Holidays May - October Bude 0915 1145 1415 1645 Widemouth 0924 1154 1424 1654 Treskinnick 0928 1158 1428 1658 Wainhouse 0933 1203 1433 1703 Crackington 0941 1211 1441 1711 Boscastle 0956 1226 1456 1726

## ocal Authority

Bude "One Stop Shop" and Library also) Power Cut-Western Power Distribution Nicky Chopak (County Councillor) North Cornwall MP Scott Mann Police Force Enquiry Centre Crimestoppers (Anonymous) Cornwall County Council Library Renewal Hotline Floodline

Farming Community Network Regal Cinema, Wadebridge National Express coaches National Rail Enquiries Rebel Cinema 07810302061 01208 75656

# **JSEFUL CONTACT NUMBERS**

0845 9881188

0800 555111

01566 773814

33001234212

03444994188

Citizens Advice Bureau-Advice Cornwall

Dog Warden (Environmental Health) Sita Recycling Centre, Tiscott Wood

Cats Protection, Mary Chudleigh

01288 355131

08006783105

Ba Bo Lai Str Str Str Str

ealthcare	
HS, Non-emergency	111
ospitals	
erriford, Plymouth	01752 202082
eliske, Truro	01872 250000
arnstaple	01271 322577
odmin, E Cornwall	01208 251300
aunceston Hospital	01566 761001
aunceston Minor Injuries	01566 761030
tratton Hospital	01288 320100
tratton Minor Injuries	01288 320101
octors Surgery's	
ottreaux Surgery, Boscastle	01840 250209
eetside, Bude	08448151358

## Jacobstow Organisations

Parent/Teacher Ass, contact Jenny Johnson 01840 230456 01840 230113 01840 230743 01840 230153 01840 230337 Women's Institute, Mrs P Lane Jacobstow Church, Mrs R Fox Art Group, Jeane Gimblett Jacobstow Infants School

01566 781418 01840 230173 01288 352786 01840 230330 01840 230006 01840 230656 Jubillee Club, Olive-01566 781373;Eve-781452;Bev-781761 01840 230554 Scout and Cub Groups, Mrs D Dowling Happy Crafters, Eden Chapel - Alison Guides and Brownies, Mrs M Andrew Parish Hall Bookings, Mr R Reason Wainhouse Post Office and Stores Beavers, Josie Shepherd Jacobstow Walks, Mary

01840 261146

Julietter Garden Club, Penny

01840-213894 01288352133

Drs Nash & Uglow, Camelford

Medical Centre, Stratton