

Jacobstow Journal

*Providing news and information for the
Parish of Jacobstow*

Issue No. 36

October/November 2016



Delivered free to every household in the Parish

www.jacobstowvillage.co.uk



Editorial by Sarah

At the time of writing this the BBC are announcing the “celebrities” for Strictly Come Dancing. Now, don't get me wrong, I LOVE a bit of Strictly, in fact, I can't get enough of the stuff. But... and you knew that was coming, who are these people? As usual with a reality show, if you follow it, you will grow to know the contestants and maybe even love them. When they are announced at the start of the show I am sometimes completely in the dark about them. Maybe it's because some of them present children's TV, or some other lower brow reality show. This got me to thinking, what makes someone a celebrity, and what exactly does that term mean? In my day... I can see the youngsters rolling their eyes, people were famous for achieving something, and so then children looked up to them as role models and so wanted to, oh I don't know, go to the moon or something. Now though if you ask a teenager who they look up to, it could well be someone who is famous purely for being famous. They have no talent, skill or calling in life, they just happen to have appeared on Big Brother, Made in Chelsea, The Only Way is Essex, the list is endless. And that's another thing which is worrying, as I started to list these reality shows I realised, “I'd better stop now” knowing full well I could have carried on for another couple of lines. So, maybe we should stop giving puddle shallow people our attention and start looking up to the people who are making a real difference to our world and lives....anyway, no point asking me to do Strictly...two left feet!!

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

All contributions received will be included at the Editorial Team's discretion.

Editorial Team

Sarah Smith	Editor	01840-230565
Sue Burrows	Tec.Support	01566-781292
Celia Proudfoot	Articles	01566-781473

**Sarah Smith
Almar, Jacobstow
EX23 0BN**

The deadline for adverts, letters or articles for the December/January edition will be 20 November
Please note this does not guarantee that the item will be published due to possible limitations on space.

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

The Journal is printed by Parish Magazine Printing.
Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2011

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mr. Bob Reason
Mrs Iona Franklyn Mr Ray Fox Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the Public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes. Agenda and minutes of previous meetings on the village website www.jacobstovvillage.co.uk

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the Minutes is displayed on the Parish Hall Notice Board (after formal approval) at the following month's Parish Council meeting.

Summary of Minutes of Short Meeting held on 2nd August 2016

- 1) Cllr Norman Osborne chaired a short meeting with a full attendance of Councillors to discuss two Planning Applications.
- 2) **Planning Application PA16/06179 – Mrs L Goode**, Edmore Caravan Site, Edgar Road, Wainhouse Corner, Bude – Change of use of campsite facilities building to a dwelling. Reply saying Councillors have no objections to this application.
- 3) **Planning Application PA16/06022, Mr Steven King**, Kingsland, Canworthy Water, Launceston. Retention of a block of three timber framed mobile stables on timber skids being used for livestock housing, chicken house and tool & feed store and provision of a mobile pig shelter on metal skids with apex roof with compressed bitumen roof sheets, mobile field shelter on timber skids and mobile pig ark with wooden removable internal floor. Reply to Cornwall Council saying Councillors have serious concerns about the interpretation of permanent/temporary buildings on this Application.



Nicky Chopak, your County Councillor contact details -
mobile no 07810 302061
email nicky chopak@gmail.com.
Or The Post House, Tresmeer, Launceston,
Cornwall PL15 8QU

Jacobstow Parish Council

Summary of Minutes of Meeting held on 6th September, 2016

- 1) *Cllr. Norman Osborne chaired the monthly meeting of the Parish Council with four Councillors, County Cllr. Nicky Chopak and two members of the public attending.*
 - 2) *Minutes – The minutes of the two previous meetings were read and signed as correct. It was noted that the Car Sales business at Wainhouse Corner were keeping their vehicles further back as requested but that the Caravan Park Sign still blocks the view towards Bude when joining the A39 from the Edgar Road junction. Cllr. Chopak to look into this.*
 - 3) *Planning PA16/06022 – Mr Steven King, Kingsland, Canworthy Water. Cornwall Council approved this Application.*
 - 4) *Planning Application PAS/16/06179 – Mrs L Goode – This application was withdrawn.*
 - 5) *Planning Application PA15/08091 – Mr T Smith – Demolition of Single Storey addition and erect two Storey extension, 4 South Park, Jacobstow. Councillors support this Application.*
 - 6) *Superfast Broadband - Clerk to write to the local MP Scott Mann asking him the latest on Superfast Broadband for Jacobstow School. Copy to be sent to Cllr Chopak.*
-

Your MP Scott Mann - - For full version of this letter follow the link on www.jacobstowvillage.co.uk

In September I went out on to Bodmin Moor with the Redwings Horse Sanctuary to process over 160 wild ponies for passporting and microchipping.

The Bodmin Moor Commons Council, RSPCA, Animal & Plant Health Agency, and trustees from the Elise Pilkington Charita-

ble Trust - who funded the operation - were also present to make sure ponies can be chipped and tracked to ensure their welfare. I spoke in the Commons to welcome the Digital Economy Bill which will bring in a Universal Service Obligation (USO) for broadband and a new Electronics Communication Code to enhance the provision of both landline and mobile broadband. I highlighted the current situation in North Cornwall where customers are paying for 10Mbps but only getting something along the lines of 0.5Mbps, which is simply unacceptable. The new Code will also change the way service providers can enhance their delivery of broadband, with mobile companies being given more freedom to modify their masts so they can boost their range or upgrade them to 3G and 4G internet. This will not only benefit local people but also visitors who expect mobile phone signal and broadband when on holiday. It will also mean more rural areas can become contactable which will make people safer if they need to contact the emergency services. I'm looking forward to being a part of this Bill and contributing to its development.

Surgery Bude Parkhouse Saturday 15th October 10am 01208 74337 to book which is recommended; drop in is first come first served





Jacobstow Neighbourhood Watch



There is a phishing email currently in circulation that claims to be from the City of London Police. It claims to represent the 'Fraud Intelligence Unit' and the 'National Fraud Intelligence Bureau'. The email is titled 'compensation fund' and has a letter attachment that claims to be offering financial compensation to victims of fraud. The letter uses the City of London Police logo.

All of its claims are false. The email and letter are fraudulent and should not be replied to.

If you believe you have become a victim of this fraudulent email get your device checked by a professional and make a report to: <http://www.actionfraud.police.uk>

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there



Friends of Jacobstow Parish Hall Annual Christmas Dinner

The time has arrived

All parishioners over the age of 65 (and partners) are eligible for a free Christmas Dinner on

Tuesday 6th December at Jacobstow Parish Hall
12 for 12.30, please contact Ruth Fox on
01840 230153 to book your place.

Please act fast to ensure your place as limited spaces available

If you are available to help on or before the day please also contact Ruth on the same number.

Thank you



ROB HOADLEY

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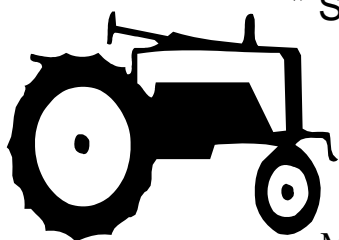
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WHERE HAVE YOU BEEN ON HOLIDAY THIS YEAR?

A question we are always asked - our reply "we are on holiday, and have been since we came to Jacobstow on December 17th 2001".

This seems a surprise to all who ask and difficult to understand. Are we weird? No - just very lucky and grateful to have found such a lovely bungalow with wonderful rear views overlooking



ing woods and fields that are farmed with crops, sheep or cattle. Who could ask for more! With changing seasons bringing fresh views - such a friendly location with caring villagers. Both Ann and I are people who appreciate the peace and quiet of living in this part of the UK. We are both keen gardeners - well I do the lugging about while Anne brings all the flowers and vegetables, fruit and grapes (wine making) pruning trees and cutting hedges - me! Well someone has to cut the lawns, paddock and wild meadow when needed - a total of 1 acre. I feel worn out just writing about it. Our best and most constant thrill is to be able to appreciate our birds and other wildlife. Each week I participate in monitoring all the wildlife we observe for B.T.O. The wildlife has been amazing, slow worms (breeding) visits from a deer and a muntjac on our front lawn, but



mainly from the constant abundance of birds. This year in mid July Ann was so lucky to have her first ever sighting of a kestrel sitting on our patio wall just 3 feet from our kitchen window! Who needs a holiday when 365 days of the year we are on holiday with nature.

Ann & Dennis Adey
"Springwood"

TIMES OF CHURCH AND CHAPEL SERVICES

October

Sunday 2nd Evensong 6.30

Monday 3rd Harvest Festival Service
in church 7pm followed by supper
& Auction Parish Hall

Sunday 9th Morning Prayer 9.30

Sunday 16th UBS Widemouth Bay 10.30

Sunday 23rd Holy Communion 9.30



Jacobstow Church



November

6th Evensong 4.00 change of time

13th Morning Prayer 9.30 also act of
Remembrance during service

20th UBS at Week St Mary 10.30

27th Holy Communion 9.30



Eden Chapel

Please see notice boards for details



Canworthy Water
Chapel

Sunday Services
11am

Rev Doreen
01566 781854

Coast Church
Family Church
Sunday Services 11am
Jacobstow Village Hall
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Dimma Chapel
For full details
Please contact
Audrey Wicket
01840 230268



CHURCH AND CHAPEL NEWS & EVENTS

Events coming up at Jacobstow Church

Harvest Festival Monday 3rd October 7pm in church followed by supper & auction in Parish Hall.

Carol Service 11th December 7pm with St Genny's Band followed by tea in the Parish Hall

Choir in the Church

Every church has a special celebration on the anniversary of the date of dedication of the church and this is called a Revel. For our Revel this year we had the Wadebridge Male Voice Choir to entertain us with the Port Isaac Gulls as support group.



The Port Isaac Gulls are a newish group of ladies who are very good indeed and we all enjoyed the evening especially as the ladies were accompanied with the sweetest baby girl who sat in a sling around the conductors neck and never interrupted once!.

We all had refreshments in the Parish Hall to finish off the evening. Thank you to everyone who supported us.

Eden Chapel

1st and 3rd Wednesday of each month Young at Heart club Eden Chapel 1.30 onwards, drink tea, watch films, play games, have a natter, anything you like. Ring Alison for more details 01566781418

Church Lottery Results

	1st	2nd	3rd
July	Mrs M Cowling	Mrs M Parnell	Mr R Andrews
August	Mrs J Smith	Mrs S Osborne	Mr R Reason

Bude for Food Assembly



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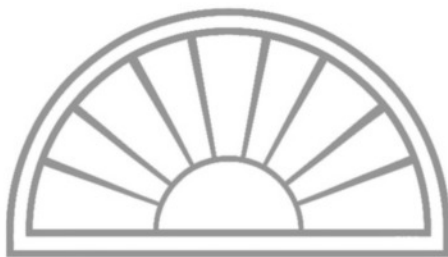
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What's on

Your guide to what's going on a bit further afield

October

- 1 Eden Beer Festival
- 1 Cornwall Home Improvement & Self Build Show, Royal Cornwall Showground Wadebridge
- 6 Turf Maintenance Workshop, Lanhydrock
- 8 British Stand Up Paddle Surfing Championships Newquay
- 8 & 9 Mid Century & Vintage Fair, Bedruthan Steps Hotel Mawgan Porth
- 8 & 9 Woolly Weekend at Kelly House Lifton. 10-5 Sat 10-4 Sun
- 8 Market in the Square Launceston
- 8 Lawrence House Museum, Special Saturday opening
- 9 Steve Tucker Jazz Band, Falcon Hotel, Bude 7.30-10.30
- 9 Open Garden, Trebartha, North Hill, Launceston
- 10 Launceston writers, Bell Inn Launceston 7-9pm Nicky Nutall 07771 824798
- 12 Cornwall Garden Society day time lecture 'Magnolias' with Jim Gardiner
RHS Vice President Trethorne Leisure Park, Kennards House 2.30-4.30
- 15 Bodmin Jail Ghost Hunt
- 16 Invitation to view Kelly House Lifton 2-6pm
- 17 Cornwall Wildlife Society talk Islands of Birds 7.30 Parkhouse Bude £3
- 21 Launceston Railway Circle Present an Evening to mark 50 years since
Launceston lost the Railway. Town Hall 7.30 free entry
- 22 & 23 Craft & Food Fair & Pumpkin Festival Poundstock Gildhouse
- 22-30 Tintagel Old Post Office, Torchlight Terrors 11am - 3pm
- 22-30 Lanhydrock Spooky Trail
- 26 Boscastle Geology Rocks at Tintagel Haven and Barras Nose 10.30 - 12.30
National Trust Car Park Gelbe Cliff
- 28 Clovelly Apple Day 1 - 5pm
- 28 Wine & Wisdom St Joseph's School Hall 7-10pm proceeds to St Stephens

November

- 4 Canvas & Rum, North South Theatre, Marhamchurch Village Hall 7pm
- 5 Craft Fair, Holsworthy Memorial Hall
- 6 Launceston Christmas Market, Town Hall
- 12 Launceston Market in the Square
- 19 Celebration Gala Concert, 5 choirs performing, Launceston Methodist Church 7.30 - 9.30 01926 620135
- 19 Cornish Winter Fair Royal Cornwall Showground
- 20 Clovelly Herring Festival 10-4
- 20 John Shillato's select 6 Falcon Hotel Bude 7.30-10.30
- 21 Cornwall Wildlife Society talk. Wildlife Matters 7.30 Parkhouse Bude £3

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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Bob's Gardening Spot

October is the best time to dig your garden over, leaving the soil in big clumps so that the winter weather breaks it down naturally. It is also the ideal time to plant trees and shrubs before the cold stops them growing.

Plant up containers for outdoor winter and spring colour.

Plant up garlic before the weather turns.

I always cover any area of the vegetable garden with weed suppressant plastic so the ground is ready for the Spring. November is the right time to plant tulips and lilies.

Collect any fallen leaves and put them in a bin of four posts and chicken wire to form a square. Leave them for a good 8 to 12 months to rot down and you will have some lovely potting compost. If you want a rose in your garden, bare rooted plants are cheaper now but make sure you feed the ground under it with well rotted compost to give it the best start.

Have a lovely time in the garden! BOB

Help Needed!



Would anyone be available a couple of times a month just to trim the grass front and back at the Village Hall.

Not a big job at all, should take around

10 minutes. Please contact Bob Reason on 230173 for details -

Many thanks

Bude Concert Orchestra

On Saturday 24 September our own John Osborne of cattle and sheep showing fame was the clarinet soloist at the Autumn

Concert at the Parkhouse Centre. Conducted by Barry Carrington Moule

A great evening it was, with Krommer's Clarinet Concerto No3, Sullivan's Overture to the Pirates of Penzance, Vltava, Smetana and Schubert's Symphony No 8 (unfinished).

Light refreshments were available in the interval.



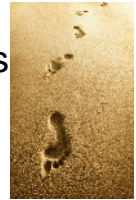
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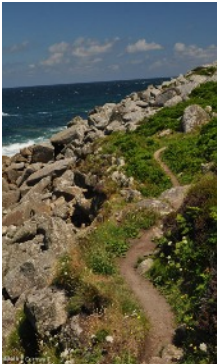
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We were really lucky in the end with the weather for our weekend camp at the end of July, with sunshine on both the Saturday and Sunday. It was a great weekend, with the girls arriving on the Friday evening and setting up

camp. We then joined the Sea Cadets who were camping in a different field for their final night camp fire, joining in with our favourite camp songs. We finished the evening by joining them for some hot chocolate before returning to our own field and getting in our tents for the night. On the Saturday we had an action packed day, with Adventure International in Bude, spending the morning on the High Ropes course and afternoon canoeing which ended with everyone getting very wet in the canal! We then spent a chilled evening on the beach watching the sun set. On Sunday morning, we took down all the tents, played games, then made pizzas for lunch before having fun on a Slip and Slide. Then it was time to go home, feeling tired but having had a great weekend with friends both old and new.



Coffin Roads - By Ruth Fox

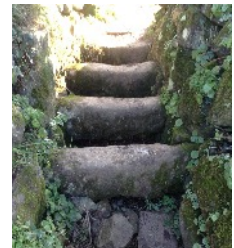


Coffin Path

Since we did the recordings of the churchyard, I have developed quite a morbid interest in the subject and in my reading, I have come across many references to "Corpse Roads" or "Coffin Roads" and I wondered where Jacobstow's may have been? These were narrow pathways that lead from outlying hamlets on the edges of the parish directly to the church.

The reason for these "Coffin Roads" was the tradition of bearing the deceased to the funeral in a procession of mourners. The coffins were heavy and lanes wind about a bit so most of the more distant bits of a parish would have a more direct footpath for the bearers and mourners to take with their heavy load.

Many Coffin Roads survive today as public footpaths, but I have looked at our local maps and nothing seems to fit the bill. The old stone alter from the church was used as a bridge for at least 200 years so perhaps this was access over the stream for one of these pathways? I thought some of our walkers may be able to suggest footpaths that are worth further investigation?



Coffin Rest

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PUZZLE PAGE

Welcome to your "tea break" puzzle page, a winning entry for the last edition, from Mike Clay was pulled from the hat, they win a £10 voucher for Wainhouse Stores. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 20 November 2016.

Thank you to Wainhouse Stores for sponsoring this page.

O	A	L	E	U	Z	E	N	E	V
A	N	I	D	E	C	N	A	R	F
U	N	I	L	N	A	L	U	O	A
S	I	T	A	O	A	I	V	W	N
T	L	A	A	P	G	L	S	X	I
R	A	L	Z	R	S	N	G	A	T
A	B	Y	O	X	C	I	O	N	N
L	N	A	W	I	A	T	F	M	E
I	Y	A	L	A		A	I	U	G
A	F	R	I	C	A	L	J	C	R
U	R	U	G	U	A	Y	I	P	A

WORDSEARCH - one of the words listed below does NOT appear in the grid above, which one?

AFRICA	ANTARCTICA
ARGENTINA	ASIA
AUSTRALIA	BALI
ENGLAND	FIJI
FRANCE	ITALY
MALAY	MONGOLIA
RUSSIA	SPAIN
TAIWAN	URUGUAY
VENEZUELA	



How's Your Geography?

- At more than 6.5 million square miles, what is the biggest country in the world?
- Which country has the largest population, at more than 1.3 billion?
- What colour are the motorways on British maps?
- What is the capital city of Spain?
- Mumbai, Chennai and Kolkata are major cities of which country?
- Which sea separates Europe from Africa?
- Which Scottish Loch with a length of 24 miles is reputed to contain a monster?
- Which desert covers most of Northern Africa?
- Which island country lies off China, Korea and Russia?
- Which ocean lies between Africa, Australia and South of Asia?
- In which mountain range is Mount Everest?
- Which river rises in Peru, enters the sea in Brazil and at no point is crossed by a bridge?

Last edition answers Word search missing word Racing Sports Quiz 1. Miols Raonic 2. Last 16 - Iceland 3. Rory McIlroy 4. Australia 5. Pakistan 6. Four 7. France 8. Antonia Conte



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25 Oct - Half-Term Have Fun at Home
 13 Nov - Remembrance Day Parade St Gennys 2.30

BEAVERS

5 Oct - Fire Drill
 12 Oct - What to do if Fire
 19 Oct - How to ring Emergency Service
 2 Nov - Team work challenge
 9 Nov - Work with other Beavers
 16 Nov - Be a Team Leader
 23 Nov - Team Games
 30 Nov - Making Christmas Cards

CUBS

3 Oct - Acting Home Safety
 10 Oct - Bring in "Show and Tell" about own hobbies and interests
 17 Oct - Teamwork, indoor games
 31 Oct - Halloween - a fun torch light evening
 7 Nov - Remembrance Day flags and poppies
 14 Nov - Craft - Make road layout
 21 Nov - Fitness evening
 28 Nov - Bowling Bude

SCOUTS - Subs £26 are due also
Camp Money

4 Oct - Mechanics Badge
 11 Oct - Mechanics Badge
 14-16 Oct - Scout Camp at Nine Ashes
 18 Oct - Night Walk - Warm Clothes
 1 Nov - Dark Night at Trengune
 8 Nov - Creative Challenge - Poppies
 15 Nov - Creative Challenge -Building with plastic kits
 22 Nov - Bowling at Bude
 29 Nov - Decorate Scout Hut



Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11-11.15am.

The Wainhouse Inn - the Pub is the Hub has a good Library of books supplied from Truro. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday

Events in our Village - October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Regular Events Coast Family Church 10.30	Every Monday Cubs 6.30-8.00	Every Tuesday Scouts 6.30-8.00 Guides 5.30	Every Wednesday Beavers 6-7			
30	31					1
British Summer time ends - clocks go back	Halloween					
2	3	4	5	6	7	8
	Harvest Festival 7pm church	Parish Council 7.30	Young at Heart Eden Chapel 1.30	Coffee Morning 10.30 to noon		
9	10	11	12	13	14	15
		Arts and Crafts 2 - 4pm		W.I 7.30	Flu Jabs - Crackington Institute 2.30	
16	17	18	19	20	21	22
			Young at Heart Eden Chapel 1.30	Coffee Morning 10.30 to noon		
23	24	25	26	27	28	29
	Half Term - Jacobstow Primary School	Arts and Crafts 2 - 4pm				

Note: Events in Parish Hall unless stated otherwise

Events in our Village - November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Regular Events Coast Family Church 10.30	Every Monday Cubs 6.30-8.00	Every Tuesday Scouts 6.30-8.00 Guides	Every Wednesday Beavers 6-7			
		1	2	3	4	5
		Parish Council 7.30	Young at Heart Eden Chapel 1.30	Coffee Morning 10.30 to noon		Bonfire Night
6	7	8	9	10	11	12
		Arts & Crafts 2 - 4pm		WI 7.30		
13	14	15	16	17	18	19
			Young at Heart Eden Chapel 1.30	Coffee Morning 10.30 to noon		Early Christmas Fayer 11am
20	21	22	23	24	25	26
		Arts & Crafts 2 - 4pm				
27	28	29	30			
			St Andrews Day - Scotland			

Note: Events in Parish Hall unless stated otherwise



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Launceston/St Kew/Higher
Crackington/Marhamchurch
Week St Mary/Canworthy Water



What does Pilates do?

- Targets the deep core stabilising muscles
- Improves muscle tone, strength & joint mobility
- Improves posture, alignment & body awareness
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Have you looked at the Website yet?



Following a parish council meeting, when mumbles were being made about, "Maybe we need a website, Cornwall Council are saying they want all the villages to be online", I came home and thought "I can do that, how hard can it be, I've seen the adverts with lovely florist ladies setting up websites, easy".

Well...let me tell you, its blooming hard (do you see what I did there?). I registered the domain name at Go Daddy, other website domainey people are available, and then hit a total brick wall. Who am I kidding? I haven't got a scooby!.

Luckily, Doreen Turner contacted me and said that a new lady who has just moved into the village, has a son who, along with his business partner, builds web sites and would like to help the village out. Clouds part, heavenly music and Mrs Wensley appears, with her son Mitchell at the end of a telephone offering to take the whole thing over and sort it, you can imagine my reaction!

So, if you have a moment, why not give our brilliant web site the once over www.jacobstowvillage.co.uk Ballynet have designed it so that it is easy to use, very straightforward, interesting and also, most importantly I think, they keep it up to date and interesting. You can see all the copies of the Journal, past and present, photo galleries of village events, links to all sorts of websites that you might need. Give it a go, its an easy and interesting way to while away an hour, and much cheaper than Amazon!



"You stuck behind that gate", "No, I think I can go round the edge of it, but don't crow about it!"

Lovely picture from Celia Proudfoot. Have you got any to share?

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We've had a busy summer! We had an interesting afternoon looking around Hartland Abbey and gardens followed by an excellent tea in the courtyard. In August we have no meeting, but all enjoyed a Coffee Morning at Ann Wilton's with lovely tea and cakes. Then we entered the Holsworthy Show with cookery and crafts on the theme of "Alice in Wonderland". In September



we had an informative talk by Corina Langford from St Petrocs about their work with the homeless. On September 16th, WI Day, 7 members went to The Metropole Hotel, Padstow for lunch to celebrate at the County Lunch. Lovely views! Thank you to all who supported the Soup and Sweet Lunch in the Parish Hall on 17th September.

Next meetings:

Thursday 13th Oct Talk/Slides on the WI and Denman College

Saturday 30th Oct Jacobstow WI Birthday Dinner at Trethorne

Thursday 10th November Talk/Slides – Kayaking around the coast

The W.I. always welcomes new members and if you are interested in joining why not come along to a meeting at Jacobstow or contact the president,

Mrs Pat Lane 01840 230743





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SPICED SWEET POTATO & BUTTERNUT SOUP - ideal for your freezer

Roast 1 butternut squash and 500gm sweet potato after peeling and dicing, with some cumin and dried chili. (If this is too spicy, drizzle with honey instead) for about 45 mins or until slightly caramelised at the edges. Stir or shake about.

Meanwhile fry the roughly chopped onions (2) and garlic (3 cloves) in a saucepan until soft, add vegetable/chicken stock (1 litre) with spices of choice (tsp nutmeg and cinnamon) and bring to the boil, simmer for 5 minutes.

When both cooked add squash and sweet potato to the onion mixture and whizz up. Stir in most of the cream. Add salt and pepper to taste.



GARLIC AND HERBY CIABATTA SLICES

Gently warm some olive oil and crushed garlic in a pan over low heat so that garlic is softened but not browned. Remove from heat and mix in butter and lemon zest until smooth. Cool for 10 minutes, then stir in chives and thyme. Toast Ciabatta slices and top each with a spoonful of the garlic butter. Serve with soup drizzled with remaining cream and black pepper. For extra spice scatter some chili shrimps over the surface.



FLU JABS, TEA & TREATS AT CRACKINGTON INSTITUTE

Friday 14 October, 2:30

You don't have to drive to Boscastle for your flu jab this year, just come to the Insitute, and while you're there enjoy a cup of tea, a treat, and a chance to catch up with friends. Health organisations will have tables offering information on what they do.

Flu jabs are available if you are:

- Over 65
- A carer for children with special needs
- Having recurring chest infections or other health problems



It is best to call for an appointment so the nurse can bring your records, but it may be possible to slot in people at the last minute. Please call Bottreaux Surgery at 250209. The line is least busy late in the morning or after 2 p.m. If you need a ride, please call Annie (230584), Janey (230497), Leslie (230490) or Ellen (230311).

Julian Trick

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to book your place on: **07967017687**



WAITING IN FOR THAT PARCEL !!!

At a guess I would say that if you are reading this article then you have probably experienced the joys of waiting in for a parcel. Online shopping is all too easy, and with big towns being a 60 mile round trip and two hours driving time, what for most city folk is a quick nip to the shops, for us who live in rural areas has to be a planned day trip which often ends in finding that what you need is out of stock, not in your size etc etc. So you buy online with one click, your money is taken and the fun begins. You arrive home to find a note "Sorry we missed you...we will deliver again tomorrow" Tomorrow comes....Now in my experience the people delivering the parcel don't like to knock or ring or wait around. A feint tap and then they're off! It reminds me of when I was young, and naughty children that we were, one of our games was to ring a doorbell and then leg it.. So on the day I'm expecting a parcel and I am the only person at home, I dare not put on the radio or TV or listen to music for fear of drowning out the feint tap on the door. I bath first thing with the bathroom door open and dressing gown at the ready incase said delivery arrives. The hours go by...I can't go out on my bike, go for a walk, go to local shops. I daren't Hoover. It's a similar scenario waiting in for an urgent repair. Why do appliances only break when the entire family/friends are with you? You end up apologizing that no you can't go for a picnic with them as you have to wait in.



I do need to apologise to the many underpaid van drivers who do their very best, and to local companies like Woolacotts who are brilliant. A few years ago I had a sofa delivered. It arrived first thing, but as the delivery men carried it through the door, one twisted his ankle and I had to ice it for him whilst his mate rang to cancel all further deliveries for that day and then drove him off to Stratton Hospital! - Celia Proudfoot

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Why call when you don't have to?



dc.police.uk/clickB4Ucall

Always call 999 in an emergency



Devon & Cornwall Police

Devon and Cornwall Police have introduced some time-saving and convenient options for contacting them for non-urgent matters. At times of high demand, which can vary day-to-day, our non-urgent call handlers are diverted onto the 999 lines. This can cause the 101 call-waiting time to increase. Demand also increases by around 35% in the summer months. We know many people today carry out lots of activities online that

were previously done on the phone. Devon and Cornwall Police recognise some people don't necessarily need to speak to someone. These new additional services are with those people in mind. This will also have the added benefit of freeing-up some capacity in the 101 number for those who don't have internet access or who do need to speak to someone. Visit www.dc.police.uk/clickB4Ucall for more details. **Always dial 999 in an emergency.**

Jubilee Club

Here is a photo of some Jubilee Club members enjoying themselves at the Miniature Pony Centre despite the rain!.



Next month we are going to Falmouth for the day. If you would like to join us please contact Eve Thain on 01566 781452

Interesting facts about Cornwall

The name Cornwall originates from the words "Cornovil" & "Waelas" Cornwall has about half a million people, 75,000 cows and more than 5 million tourists a year.

In the 1900's half of the world's tin came from Cornwall.

The most painted scene in Cornwall is the view of St Michael's Mount.



**Saturday 19th
November
Parish Hall
11am
onwards**

JACOBSTOW WALKING GROUP

**Next walk: Thursday 20th Oct 10am
Parish Hall**

Phone Mary: 01840 230656





July was of note for producing a few very warm days. The 18th reached 25.5°C, and on the 19th 28°C - I can't remember the last time temperatures got this high locally. Usually, the sea breeze will keep matters pegged to the middle-twenties, at least until the mid-afternoon. Usually a dry month, this one was of no exception, and only 1.08" of rain was collected at Canworthy Water for the whole period.

August started badly. By 0900 on the 2nd, 1.5" of rain had fallen in 24 hours - many places had more than this. Generally an unsettled month, a total of 2.85" was collected, and although there were 22 days where no significant rain was observed, conditions were often damp and overcast early, with hill-fog locally. This is consistent with the past 5 years or so.

So far there have been very few thunderstorms this summer locally; all the activity has been well to the east of us.

Far away in the tropical Atlantic, only a couple of hurricanes have formed of any note; "Hermine" passed through the state of Florida, whilst "Gaston", quite a strong storm, kept well away from land and the remains of it produced a few days of very humid and damp conditions on the 5th and 6th of September.

HIGH TIDES and SUNSET- October and November

Date	7 Oct	14 Oct	21 Oct	28 Oct	4 Nov	11 Nov	18 Nov	25 Nov	2 Dec
AM	9.14	4.15	9.28	4.33	7.15	1.51	7.25	2.13	6.25
PM	21.30	16.37	21.59	16.49	19.31	14.17	19.52	14.35	18.41
Sun set	18.43	18.28	18.14	18.01	16.49	16.38	16.30	16.23	16.18

KIDS PAGE

HAVE FUN COLOURING IN THESE PICTURES!



NUMBER OF SPOTS ON THE DALMATION WAS 127!!!!

THE END OF THE LINE

Article by Andrew Bird, Chairman of Launceston Railway Circle.

It is 50 Years since the final train ran on the North Cornwall Railway on

1st October 1966. The first train arrived in Bude in August 1898. Six years earlier the railway had reached Tresmeer

continuing on to Camelford a year later and Padstow by 1899. By the early 1960's and now part of the Western Region of British Railways, the threat of closure became



a reality. By September 1964 through services to London ended when the Atlantic Coast Express ceased running. The line survived into 1965 and Bude did get one through train to London on Saturdays from June to September. All steam engines finished hauling trains at the beginning of 1965 after which diesel railcars provided a limited service from

Okehampton. An emergency timetable was introduced from April 18th 1966 and this provided eight return services to Bude but only three return services to Wadebridge. On 1st October 1966 the last train left Wadebridge, passing Tresmeer, while at Bude the last train left and the two trains joined up at Halwill to arrive in Okehampton. The demolition gang moved in and within months most of the track was gone. This left parts of North Cornwall a long way from a rail service. Bude was now 30 miles from the nearest railway at Okehampton which then closed in 1972 meaning that it was a further 25 miles to Exeter. Even today the bus service from Bude to Exeter is no quicker than the train was in the 1960's. In September 1964 the Transport Users Consultative Committee met at the Holsworthy Memorial Hall to hear objections to the closure of the line, one being the threat to the tourist trade in the Bude area. It pointed out that in August 1964 during one week a count of the passengers arriving at Bude station had been made and this had amounted to more than 1200. There is no doubt the line was losing money and places like Tresmeer certainly could not justify a railway service. However I feel the line to Bude would have eventually become more profitable if it had been left as have other Cornish lines. It seems that North Cornwall suffered worst from government cuts. There was a proposal at the end of the 60's to close all the lines west of Exeter which thankfully that did not happen.

50th ANNIVERSARY OF THE NORTH CORNWALL LINE

LAUNCESTON RAILWAY CIRCLE PRESENTATION AT LAUNCESTON TOWN HALL, FRIDAY 21st OCT. DOORS OPEN 6.45PM

Details from Les Whaley 01566 774622 or
leswhaley@talktalk.net

Along with a look at what the line looked like in the last few years of operation, and what is left today, Lord Faulkener of Worcester, co author of two books about the way railways in this country were treated by governments in the past, will give a talk on the rail closures of the 1960's, including the North Cornwall Line.



The Last Train To Leave Bude, 1st October 1966

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Community Grants in action.

You may remember in the last edition of the Journal your Parish Council was asking for groups to apply to the Council to benefit from a community grant from Primrose Energy, linked to the Solar farm at Canworthy water. Here are some of the results. Grants are still available, please contact Doreen Turner for an application form.

Crackington Surf Life Saving Club would like to say a great big

THANK YOU

to Jacobstow Parish Council for the generous grant given to us towards our new nipper boards, it was very much appreciated.

It is so important for children to learn how to be safe in the sea and on our beaches especially in this part of the country and Nippers is a great way to start them from an early age, and who knows some of the little nippers of today could become the life guards patrolling the beaches and keeping us all safe in the future.

Dear Jacobstow Parish Council

Friends of Jacobstow Primary School Grant

I am writing to you today regarding the very generous amount of grant money you sent to Jacobstow Primary School. We were very pleased with the amount as it will go some way towards paying for the new climbing frame we recently had installed.

Thank you very much for this kind donation, it is greatly appreciated.

Week St Mary Football Club

Dear Jacobstow Parish Council

I am writing this letter to thank you for the generous grant that you gave us for our new goals. We are ordering them this week and are hoping that they will be ready for the children to use when training for the new season commences. They will be a great asset to the club and very well used by the children.

Thank you hugely for this much appreciated donation

Everyone at the Journal would like to also thank the Parish Council for their contribution of £750.00 towards the running of your Parish Magazine

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and ligaments as required
and I work deep into your
nervous system via marma
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CORRECT ON 17 JULY 2015!!

LOCAL BUS TIMETABLE Partial listing of stops

Travel Cornwall - 01726 861108 - www.summercourttravel.com

420 Higher Crackington – Launceston

480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

Operates Monday to Fridays but not on Bank or Public Holidays

	480	420	480	480		480	420	480	480
	M Th	Tu only	Wed	Fri		M Th	Tu only	Wed	Fri
Hghr Crackington	~	0910	~	~	Holsworthy Library	~	~	1310	~
Wainhouse Cnr	~	0925	~	~	Launceston Tesco	1250	1235	~	~
Jacobstow	~	0930	~	~	Launceston Westgate	1300	1245	~	~
Week St Mary	~	0940	~	~	N Tamerton	1325	~	1325	~
Canworthy Water	~	0955	~	~	Bude Strand	~	~	~	1310
Warbstow Cross	0935	0958	0935	0935	Whitstone	~	~	1332	1332
Canworthy Water	0938	1001	0938	0938	Week St Mary	1340	~	1340	1340
Week St Mary	0953	~	0953	0953	Canworthy Water	1354	1307	1354	1354
Whitstone	~	~	1001	1001	Warbstow Cross	1400	1311	1400	1400
Bude Strand	~	~	~	1023	Canworthy Water	~	1314	~	~
N Tamerton	1008	~	1008	~	Week St Mary	~	1326	~	~
Launceston Westgate	1033	1030	~	~	Jacobstow	~	1341	~	~
Launceston Tesco	1043	1040	~	~	Wainhouse Corner	~	1345	~	~
Holsworthy Church	~	~	1023	~	Hghr Crackington	~	1358	~	~

The 480 to/from Bude, Holsworthy and Launceston doesn't go to Jacobstow and Wainhouse only Week St Mary, Canworthy Water and Warbstow

Stagecoach Barnstaple 01271 329089 or Stagecoachbus.com

595 Boscastle – Bude

a = school time

h = hols and Saturday

Mon - Sat except Bank Hol

Monday to Friday

h h

Boscastle	0751	1000	1205	1425	1459	1632	1839
Crackington Haven	0807	1015	1220	1440	~	1647	~
Wainhouse Corner	0815	1023	1228	1448	1510	1655	1850
Jacobstow		1027					
Treskinnick Cross	0819	1032	1232	1452	1514	1659	1854
Widemouth Bay	0822	1035	1235	1455	1517	1702	1857
Budehaven School	0828a	~	~	~	~	~	~
Bude Strand	0831	1044	1244	1504	1525	1710	1905

Monday - Friday not Bank Holidays

Bude Strand	0705a	0910	1105	1305	1527	1725
Budehaven School	~	~	~	~	1532a	~
Widemouth Bay	0714	0919	1114	1314	1541	1734
Treskinnick Cross	0718	0923	1118	1318	1545	1738
Jacobstow				1322		
Wainhouse Corner	0722	0928	1123	1328	1550	1743
Crackington Haven	~	0936	1131	1336	1559	1751
Boscastle	0735	0951	1146	1351	1614	1806

Sunday and Bank Holidays May - October

Boscastle	1057	1327	1557	1827
Crackington	1112	1342	1612	1842
Wainhouse	1120	1350	1620	1850
Treskinnick	1124	1354	1624	1854
Widemouth	1127	1357	1627	1857

Sunday and Bank Holidays May - October

Bude	0915	1145	1415	1645
Widemouth	0924	1154	1424	1654
Treskinnick	0928	1158	1428	1658
Wainhouse	0933	1203	1433	1703
Crackington	0941	1211	1441	1711
Boscastle	0956	1226	1456	1726

Local Authority

Cornwall County Council
Bude "One Stop Shop" and Library also)
Library Renewal Hotline)
North Cornwall MP Scott Mann
Nicky Chopak (County Councillor)
Police Force Enquiry Centre
Crimestoppers (Anonymous)
Floodline
Power Cut-Western Power Distribution
Sita Recycling Centre, Tiscott Wood
Dog Warden (Environmental Health)
Cats Protection, Mary Chudleigh
Citizens Advice Bureau-Advice Cornwall

03001 234100
03001 234111

01208 75656
07810302061
101
0800 555111
0845 9881188
08006783105
01288 355131
03001234212
01566 773814
03444994188

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National Rail Enquiries
National Express coaches
Farming Community Network
Rebel Cinema
Regal Cinema, Wadebridge
SAMARITANS
116123

08457 484950
08717818178
07002 326326
01288 36`442
01208 812791

USEFUL CONTACT NUMBERS

Healthcare

NHS, Non-emergency 111

Hospitals

Derriford, Plymouth
Treliske, Truro
Barnstaple
Bodmin, E Cornwall
Launceston Hospital
Launceston Minor Injuries
Stratton Hospital
Stratton Minor Injuries

01752 202082
01872 250000
01271 322577
01208 251300
01566 761001
01566 761030
01288 320100
01288 320101

Doctors Surgery's

Bottreaux Surgery, Boscastle
Neetside, Bude
Medical Centre, Stratton
Drs Nash & Ugflow, Camelford

01840 250209
08448151358
01288352133
01840-213894

Jacobstow Organisations

Jacobstow Infants School
Parent/Teacher Ass, contact Jenny Johnson
Women's Institute, Mrs P Lane
Jacobstow Church, Mrs R Fox
Art Group, Jeane Gimblett
Happy Crafters, Eden Chapel - Alison
Parish Hall Bookings, Mr R Reason
Scout and Cub Groups, Mrs D Dowling
Beavers, Josie Shepherd
Guides and Brownies, Mrs M Andrew
Wainhouse Post Office and Stores
Jacobstow Walks, Mary
Jubilee Club, Mo 01840230428 or Eve 01566 781452
Julietter Garden Club, Penny

01840 230337
01840 230456
01840 230743
01840 230153
01840 230113
01566 781418
01840 230173
01288 352786
01840 230330
01840 230006
01840 230554
01840 230656
01840 261146