

Jacobstow Journal

*Providing news and information for the
Parish of Jacobstow*

Issue No. 53

October/November 2019



Remembrance Sunday



Delivery free to every household in the Parish otherwise 50p
www.jacobstowvillage.co.uk



Editorial by Sarah

Well, that's summer been and gone, and we get glorious Cornwall back from the visitors. I'm not even going to go down the "We need them for the economy" route, because that's just a given. What I would say though is that you definitely feel a long breath being released as the kids going back to school marks the end of the season.

Also, with the summer receding, you start to expect the weather to change, more autumnal and cooler.

Before you know it we will be hearing from the news people that we are not coping with leaves on the railway lines or the wrong sort of snow.

You then get people moaning that "Countries like Sweden cope with snow every year, why can't we?" I think the problem is that our weather is so varied that we just can't plan for every problem it can throw at us. Of course countries that are used to heavy snow falls every year can cope with it, they expect it and it's the only extreme they have to cope with. Good old English weather can be the wettest, driest, coldest and any other est you can think of. How are we supposed to be able to deal with all these different problems? On the flip side of this, it means we get to enjoy different seasons and not just always hot or cold etc. and so this gives us every opportunity to have our all time favourite conversation...about the weather. Whatever the weather get out and enjoy!

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor.

Sarah Smith

Almar, Jacobstow, EX23 0BN

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Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the December/January edition will be 15th November. Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

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Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mrs Charmaine Smith Mr Dennis Adey Mrs Caroline Pallett
Mrs Ilona Franklyn Mr Andy Vogel Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes.

Editor's Note The report on each month's Parish Council Meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the agenda and minutes of previous meetings are on the village website www.jacobstovvillage.co.uk

Summary of Minutes of Meeting held on 3rd September 2019

Cllr. Osborne chaired the monthly meeting of the Parish Council with a full attendance of Councillors, County Cllr. Nicky Chopak and four members of the public.

Correspondence received regarding the B.T. payphone. They are looking to remove this as there had only been one call made in the last twelve months. Discuss again next month.

Planning Application PA19/04039 – North East of Glebe Farm, Jacobstow. Cornwall Council had approved this.

Planning Application PA19/06377 – Sams Meadow, Lower Blagdon, Jacobstow – Two-storey extension to existing property. Councillors support this application.

Accounts to pay:-

Highmoor(Kernow)Ltd - Footpaths £1,685.54

Concrete for Bench - £76.94

Clerk's Salary £454.00 + Expenses £73.14 (Total £527.14)

Proposed we pay Cllr. Chapman Seconded Cllr. Vogel

A member of the public was complaining that there are now only two days when buses go through the village, one to Launceston and one to Bude. Clerk to write to Travel Cornwall asking if it would be possible to go through the village more often.

The Parish Council have funding available, provided by a grant from the Primrose Solar Farm, for community groups.

Please contact Doreen Turner on 01566 781269 for further details



***Its that time of year again!
Book your Christmas Dinner
Held at Jacobstow Parish Hall
3rd December, 12 for 12:30***



***All Jacobstow parishioners over 65 (and partners)
welcome***

Call Anne on 01840 230252 before 22nd November

We look forward to seeing you there

Your MP Scott Mann - - For full version of this letter follow the link on
www.jacobstowvillage.co.uk

Something which has been raised with me by constituents during the summer recess is a lack of NHS dental care in Cornwall. I am aware that NHS dental patients have found it difficult to get an appointment for a check-up, routine dental work or children's orthodontics and this is something I and my fellow Cornish MPs are treating as a priority. At a recent meeting I attended, local dentists and NHS representatives were able to discuss both the problems and the solutions to issues surrounding dentistry in Cornwall. You may also have received my survey on the BBC licence fee. I'm pleased with the amount of feedback my office has received. Many of you are disappointed with the BBC's decision to scrap the free TV-licence for over 75s and I have been clear that I want the BBC to meet the cost of this. You can book an appointment to meet me by emailing scott@scottmann.org.uk, or calling me on 01208 74337.



Nicky Chopak, your County Councillor contact details -
mobile no: 07810 302061
Email: nickychopak@gmail.com.
Mail: The Post House, Tresmeer, Launceston, PL15 8QU



Jacobstow Neighbourhood Watch



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Never let anyone in your house

unless they are someone you know and trust

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report

LOCATION, LOCATION, LOCATION!

Have you heard of "what3words"? It could help the emergency services to find your location more quickly. Even if your emergency is away from home, your exact location can be determined by the what3words mobile phone App.

What3words is a global address system that divides the world into 57 trillion nine-square-metre (97-sq-ft) areas, and gives each 3mx3m location in the world a unique three word address.

Emergency services across the UK including Cornwall Fire and Rescue Service and the South Western Ambulance Service NHS Foundation Trust (SWASFT) are now using the 3 word system to easily find and share locations in an emergency.

For more information, visit www.cornwall.gov.uk or to find out what your 3 words are for your own address, see www.what3words.com.

MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.



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Beep Beep!!

As you may be aware the bus services through the village are few and far between. The Parish Council are contacting the bus company to try and improve this and your County Councilor Nicky Chopack is also trying to seek some sort of improvement. It goes without saying that if we do not create the need we have no argument about this. So, to get the old war cry out and give it an airing

“USE IT OR LOOSE IT!”

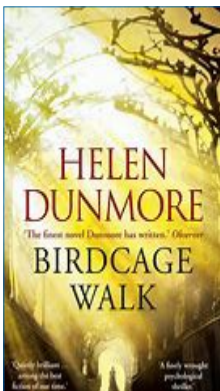


These were the two books the Book Club read this month:

“The Keeper of Lost Things” by Ruth Hogan.

A successful writer collects lost items that he finds in the street but he, himself, has lost something very important. On his death, his secretary, a young woman who has escaped from a bad marriage, inherits his house and contents, as well as an unnerving presence and the challenge to return the lost items to their owners.

All but one of the group found this rather whimsical story to be both charming and entertaining.



“Birdcage Walk” by Helen Dunmore.

We all loved this book, especially because of the quality of the writing which creates a brooding, threatening atmosphere.

A man’s ambition to build a terrace of beautiful Georgian houses on the edge of the Avon Gorge in 18th century Bristol is thwarted by the effects of the French Revolution on the British economy. As his business fails, he becomes desperate, suspicious and controlling of his new wife, who begins to doubt what she has been told about the death of his first wife.

CHURCH AND CHAPEL SERVICES

October

6th Holy com 9.30

7th Harvest Festival
Parish Hall 7pm

13th Evensong 6.30

20th Holy Com. 9.30
Warbstow

27th Morning Prayer 9.30

November

3rd Holy Com. 9.30

10th Remembrance
Sunday 4pm

Evensong

17th Holy Com. 9.30
Warbstow

24th Morning Prayer
9.30



Jacobstow Church



LIVING CHURCH

Sunday Service 10.30 refreshments
after

Kids Club (Term time) Wednesday
4.30-5.30

Young at Heart Tuesday 2 weekly
1.30-3.30

For more information contact Alison
01566 781418 or 07557916073



Coast Church
Family Church
Sunday Services 11am
Jacobstow Village Hall
Come and join us,
all are welcome.
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CHURCH AND CHAPEL NEWS & EVENTS



Jacobstow Church

Please join us for lunch in the Parish Hall

Wednesday 20th November 12 for 12.30

Choice of Fish & Chips, Sausage & Chips or
Fish cake and Chips and a pudding

£8 per person + Raffle

Please contact Pat 01840 230743 by 15th November to
book your place :)

Church Lottery Results

	1st	2nd	3rd
July	Mrs C Smith	Mr D Addey	Mrs B Braunton
August	Mr T Smith	Mrs A Connolly	Miss S Cowling

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Bude, Cornwall

Repair Café Bude – an update



SIGN IN



ENJOY CAFE



REPAIR ITEM

Back from its August break, Repair Café Bude is open for repairs from the last Saturday in September. Since its launch in February, the Repair Café organisers have

been overwhelmed with support from the local community with over 25 volunteer repairers and helpers giving approx 300 volunteer hours so far, giving their time to make repairs free of charge. Six months on and over 103 items have been repaired saving them from going into landfill; the items range from: Table lamps, fairy lights, a smoothie maker, CD player, clocks, mobile phones, laptops, jet washers, a toy lamb – leg falling off, bracelets, bikes and lots of zips.

Central to the idea of the repair café is skill sharing and many of the repairers and those who have brought items to be repaired are keen to share their knowledge and to learn new skills. Lots of advice is also given and repairers are often able to recommend local business for bigger jobs or those that require specialist knowledge, skills or a greater length of time. Sadly, some items are unrepairable, mostly due to the way they have been designed or manufactured.

Eilidh MacCormick says, "It has been so lovely to see the Repair Cafe community grow within Bude. The offers of help in so many ways and the kindness and generosity shown to each other at the Repair Cafes. Community at its best, growing, encouraging and helping each other " The next Repair Café Bude will be at Neetside Community Centre, check out their facebook page for the date. You can follow the project via Facebook – Repair Café Bude or if you have any questions or want to volunteer contact Neetside Community Centre direct on 01288353403 or enquiries@neetside.co.uk

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Bob's Gardening Spot

Now is the time to build a bin to collect the leaves that are falling in gay abandon, or sweep them up and put them into black bags with holes poked in the bottom. Lift the blades on the mower to leave the grass longer. This month is the ideal time to plant any shrubs or climbers as they will settle in before it gets too cold. You should prune tall plants to about half the height to prevent wind rock in winter, especially in this part of the world! Plant up your garlic because they need a period of cold. If the ground is too wet then plant them into small pots with the top just above the compost. Leave the pots outside under a small cover to avoid the worst of the rain. Onion sets can be planted up the same.

Happy gardening.....Bob

FLY TIPPING



Why do people do it? This was in the little lane from Eden Chapel to Trengune. Last time it was a washing machine. I would like to tip a truck load of flies in front of the culprit's home. Thank you so much to the person who removed it.



Mobile Library - Enquiries phone 0800 0322345 or 01872 272702

The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11.15ish - Coffee and chat.

The Wainhouse Inn has a good library of books supplied from Truro which are changed regularly. Enter by backdoor to avoid drinkers!!

Note that **Bude Library** will be closed on Tuesday and Friday.

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4 November Fireworks at Small Hill
10 November Remembrance Day St Gennys

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At the British Legion Hall
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PUZZLE PAGE



Welcome to your "tea break" puzzle page, Thank you for the many entries. Graham Curtis was pulled from the hat. They win a **£10 voucher for Wainhouse Stores**. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 15th November 2019.



Thank you to Wainhouse Stores for sponsoring this page.



R	S	G	N	I	T	E	E	R	G
P	E	N	V	E	L	O	P	E	W
O	X	G	E	C	I	V	R	E	S
S	M	A	I	L	O	R	D	E	R
T	S	P	L	S	B	I	L	L	S
M	R	A	E	S	T	A	M	P	S
A	E	C	B	O	R	E	P	L	Y
N	P	K	A	V	A	N	R	Y	O
Y	A	E	L	R	E	T	T	E	L
X	P	T	F	R	A	N	K	E	D

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

BILLS
FRANKED
LABEL
MAIL ORDER
PAPERS
POSTCODE
REPLY
STAMPS

ENVELOPE
GREETINGS
LETTER
PACKET
POSTMAN
REGISTERED
SERVICE
VAN



Name the famous scary movies



Last edition answers. Word search missing word, Sandpaper. Picture puzzle 1. Blackadder 2. Are you Being served? 3. Keeping up Appearances. 4. The Young Ones 5. Dad's Army. 6. The Liver Birds.



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Jacobstow in Bloom



LOVELY GARDEN BY WAINHOUSE GARAGE



Jean and I are the couple who installed and tend to the borders and grass area of Wainhouse petrol station. Later this year we will be adding another border to go with the three we installed earlier this year. We would like to invite anyone to contribute plants or shrubs to add to the existing and new border. We would plant any of the contributions made and these can be left by the big planted area. We have had a couple of plants arrive already. We see this as part of the community and hope people enjoy what we are doing. Eric and Jean Frost



It's Happening

Work has started on the Parish Hall. Check our next edition for an update

Jacobstow Amblers : dates for next walks:

10am Friday 27th September meet at Parish Hall

Thursday 24th or Friday 25th October 10am, day and meet point to be decided by the majority. Contact Mary



WEATHERWISE by Monitor



The total rainfall for July was 1.64.' Fairly typical for the month locally. As a rule, the amounts for the main summer month are normally very variable due to thunderstorms but no local activity at all here at Canworthy water. An extensive thunderstorm was observed to the East of the region on the 23rd, this was also the warmest day peaking at 29.3°C which was still around 26°C in the evening with the storm observed late PM.

The 19th saw a really wet period with 0.73" collected by the end of the day, this was the result of some tropical air finding its way up in the previous 24 hours.

Of note this summer was the lack of really hot air drawn up from Southern Europe persisting for any length of time locally. Most of the activity was concentrated in the east of the country which was a function of continental heating (extension of dry, hot air from the Sahara) which resulted in a few exceptionally hot days generally in the east of he UK.

August was cold and wet! The total rainfall collected was 4.13" which is becoming rather tedious.....we seem to have got stuck with this month being unreliable of late - it wasn't much better last year if you remember.

Far away in the Tropical Atlantic, after a quiet start several tropical depressions developed, with Dorian becoming a major hurricane. Expect the remnants of future systems to affect our area in the coming Autumn.

HIGH TIDES and SUNSET - October - November 2019

Date	Oct4	11 Oct	18 Oct	25 Oct	1 Nov	8 Nov	15 Nov	22 Nov	29 Nov
AM	9.39	4.39	8.13	3.25	7.31	2.21	6.19	0.55	6.30
PM	22.02	16.54	20.34	15.48	19.51	14.39	18.41	13.23	18.51
Sun set	18.51	18.36	18.21	18.08	16.55	16.44	16.34	16.26	16.20

Regular Events In the Parish Hall unless stated otherwise.

- Monday Cubs 6.30 - 8.00 Scout Hall Wainhouse Corner
 Brownies 4.30 - 5.30 Canworthy Water Sunday School
- Tuesday Scouts 6.30 - 8.00 Scout Hall
 Rainbows 5.45 - 7.00
 Guides 7.00 - 8.30
- Wednesday Beavers 5.30 - 6.30 Scout Hall
 Living Water Kids Club 4.30 - 5.30 Canworthy Water
- Sunday Coast Family Church 10.30
- 1st and 3rd Tuesday of the month Young at Heart - Canworthy Water 1.30
- 1st Tuesday of month Parish Council 7.30
- 2nd and 4th Tuesday Arts and Crafts Club 2.00 - 4.00
- 2nd Thursday of month WI 7.30
- 2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30
- 12nd & 4th Friday Living Water Youth Club 7 - 8.30 Canworthy Water

Other events in the local area....

October

- 3 Oct Geology Rocks at Sandymouth with the North Cornwall
 National Trust 2-4.30pm
- 4-6 Oct Reflect Arts & Minds Project at Bude Sea Pool. A
 weekend of sound, light, music and art for all the family
 from 7.30 pm
- 7th Oct Harvest Festival 7pm Parish Hall
- 9 Oct The Real Inheritance of Poldark 7.30 pm at Poundstock
 Gildhouse
- 26-27 Oct Craft and Food Fair and Pumpkin Festival at Poundstock
 Gildhouse

November

- 13 Nov Stuart Biddick remembers-Poundstock Gildhouse 7.30pm
- 16-17 Nov Pencarrow Christmas Craft Fair from 10am. House
 decorated for Christmas and cafe open.
- 20 Nov Fish & Chips & Pudding Lunch in Jacobstow Parish Hall.

Advance notice!

- 1 Dec Bude Christmas Fayre at the Parkhouse Centre 11am-4pm
- 3 Dec OAP lunch see page 4 for details



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LEOPALLOOZA

Here are just a few photos taken from the festival this year. It was great entertainment for people of all ages. The drummer in the photo is Kieran Wint, an ex Budehaven student who is studying music at Falmouth and his band, Bone Tired are starting to really take off.



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On 24th July, WI member Barbara Parsan held a charity lunch in aid of the Smile Train, which provides life-changing surgery to children born with a cleft palate. Barbara provided everyone with a very tasty meal, craft and bric-a-brac items and plants for sale and a most enjoyable afternoon which raised £150 for the charity.

Jacobstow WI achieved great success at the Holsworthy and Stratton Show this year. With our Musical theme "My Fair Lady", we came 1st for overall points and Pat Lane won the Best in Show cup for her evening bag, scoring 20/20. We also came 3rd for our staging. Well done to all involved!



For our September meeting, Philip Rodda entertained us with the history of his family's farm and businesses. He showed a 70's TV programme about Cornish dynasties with his grandparents relating stories of their childhood, milking by hand and making cream for family and friends. Sterilising the cream and the advent of the railways, enabled the cream to

be sent further afield. Despite ceasing production for 10 years during wartime, the family re-started production and have since grown their business across the country and are now exporting Cornish clotted cream as far as Hong Kong and Japan. Altogether a fascinating story of this well-known local producer. As the County WI Centenary year continues, we'll be parading our Banner at Truro cathedral on 28th September at the Centenary Service. In October we'll also be celebrating our own 81st birthday with lunch at Trethorne.

Next meetings: Thu 10th October Talk on the Geological Coastline
Thu 14th November Supper & Tenpin Bowling at Trethorne

The W.I. always welcomes new members so do come along to a meeting at Jacobstow Parish hall or contact the president, Mrs Jill Baker 01840 239829. We meet on the 2nd Thursday of each month at 7.30 and you can be sure of a warm welcome



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10 Minutes with Mikaela - Jacobstow School's new Head



Proud Mum
with Freya and
Ethan

I started teaching in Tregadillett School as a Newly Qualified Teacher in 2002,. In 2014 I moved onto Milton Abbot School near Tavistock as a year 3-4 teacher and more recently I became the Assistant Head. I left there this year to take up my position here in Jacobstow.

I got married in 2010 and invited the whole of the school to the church to celebrate with me and my husband. We honeymooned in Rome and Sorrento and I am planning to go back to Rome this year to celebrate my 40th birthday. We had a little girl in 2012 called Freya, she will be coming to Jacobstow school to join in year 3. We then added to our little crew in 2017 with a little baby boy called Ethan, who was so eager to arrive in the world that he was born at home and delivered by his nanny. One of the funniest things I remember about teaching was when we accidentally led a field trip through the set of the BBC drama, Casualty, and they asked us if we wanted to take part, so ended up being extras and having to tell the children "Don't look at the cameras"

My favourite saying is "Reach for the moon, even if you miss it you will be amongst the stars" and that is something I want to instill in the children, alongside the idea of "Aim High and Dream Big". I want the school to be the best it can be, and the children, staff and parents to have high aspirations for everyone. I would also like to involve the community as much as possible. If anyone has any ideas please drop in or contact me. Lots of activities are being planned, including Christmas carols and a Harvest lunch. Also, If anyone would like to help out with listening to reading or helping with cooking, gardening or anything else they think would be a good activity, again please feel free to contact me.

Jacobstow Primary School is very pleased to welcome our new head teacher Mrs Rofe and year 5/6 teacher Miss Hunter to the team. We are looking forward to seeing them grow into their roles and wish them the best of luck in their teaching journeys here at Jacobstow.

Julian Trick

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BUDE FOOD BANK
THINKING OF THOSE LESS FORTUNATE
THAN OURSELVES

Bude Food Bank/the Oceans Community Centre aim to create a safe environment for vulnerable people within our community, providing them with food parcels and sign-posting them to different agencies that can help them. We also grow our own vegetables to provide fresh vegetables and a safe outdoor environment as well. We support the homeless, single people and families, but mainly families. The biggest problem at present is those who are trying to look after themselves and their families by working, but not earning enough to pay the bills and feed their families. We have been running for over 12 years now and have seen an increase in beneficiaries - particularly over the last year.



We are always desperately in need of the following items:
Sugar, coffee, soup,
tins of spaghetti,
beans, tins of fruit,
potatoes and
tomatoes, UHT milk,
jam, biscuits, tuna,
tins of meat, hot
chocolate, cereal, toilet

rolls, toiletries.

As the Christmas season approaches we also collect Christmas food and also gifts and toys for those in need.

All items can be dropped off at the Oceans Community Centre, Berries Ave, Bude,

(Tel: 01288 488748) opening times are Mon, Tues, Thur, Fri, 9.30 - 1pm.

There are also drop off points at Morrison's and Sainsbury's stores in Bude.

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New Footbridge at Tintagel Castle

By Sarah Smith



We discussed at an editorial meeting that maybe one of us should do an article about the new bridge opening at Tintagel. “I’ll do it,” I volunteered, thinking how difficult can that be; have a look at the English Heritage site and jumble something together (no reflection on the other Journal reporters, it’s just how I roll!).

Then the curse of the summer happened and we had family come to stay. I bit the bullet and went online to see what the situation was with going across the bridge, bearing in mind I’m not that good with heights.

You have to book a slot to cross the bridge online and pay £13.00 per person to visit the island and use the bridge. I booked it for the Sunday over the Bank Holiday weekend (I KNOW!). I just assumed that by the booking system they were restricting the amount of people using the bridge at any

one time; how wrong can you be. The cynic in me would say that the pre booking is a bit of a marketing ploy as when we arrived everyone was just paying there and then to go across the bridge and visit the castle.

What I did not realise is that the bridge is sectional, and as you walk across there are gaps where you can see the sea underneath you, churning away. Also, as you approach the middle of the bridge you start to notice a definite bounce to your stride and by the time you are dead middle, there is a fair bit of movement, especially if a large child is boinging up and down next to you.

The bridge connects the island with the headland where the steps start down and round to the castle, steps to the right, bridge to the left. English Heritage are now saying that Tintagel has limited access to

wheelchair users. I would dispute this, you can only go onto the island as far as the Island Courtyard, which is the first bit of land you reach and also, a manual wheelchair operator

would really struggle to get up and down the path way from the main road; it’s really steep. The views from the bridge are amazing, you can see out to sea and right down along the coastline. I would say just let the novelty wear off and pick a quiet day, unless you like to bounce along!



Top Picture: showing steps winding down under the bridge. Middle Picture: on the bridge, showing Delabole slate used. Bottom picture: from the mainland

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KIDS' PAGE is going green!

Alfie Turner, from Canworthy Water has just started at Budehaven School. Just before leaving Jacobstow School, these are some of the things he asked his family to do at home to help the environment:



- Reduce use of plastic bottles by using bars of soap, not soap dispensers. Use tap water, not bottled, and use a permanent water bottle for your school lunch.
- Wrap sandwiches in foil, not cling film for packed lunches.
- Shopping: Use “Bags for Life” and if you have to use plastic bags, re-use them for rubbish. Buy vegetables that aren’t wrapped in plastic, use paper bags. Morrisons has started using paper bags for its veg.
- Replace halogen light bulbs with LEDs. More expensive to buy but then 60p a year instead of £6 to run.
- Recycle old clothes to clothing banks or charity shops.
- Go litter picking on the beach. In 1 hour my family collected one and a half bags at Sandymouth. (Wear gloves for safety) Don’t touch syringes.
- Recycle correctly so that what you put out is not having to be resorted. The Journal will run an article on this next issue.
- Can you help by getting your family to do this?



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BT want to pull the plug on our phone box - Sarah Smith



I suppose it was inevitable really; BT have been hinting for a while that the telephone box outside the village hall is no longer viable and want to stop maintaining it. As we all know, this also happened outside the shop at Wainhouse Corner and the box was purchased for £1 by the war museum at Davidstow. So, bearing this in mind, do we want to purchase the box outside the hall and put it to another use? A quick scout around Google has revealed that a lot of rural villages have installed a defibrillator or converted it into a library. One inspired person has put in a cake shop. What do we all think, defibrillator, book swap box with a space for a shelf of cakes once a week to raise funds for the hall, or maybe all three. Any suggestions or support please either contact the Parish Council or the Journal.



If anyone is interested in helping with any of the Units or has a child who wishes to join us, please contact Mary on 01840 230006. We also have a Ranger Unit for the 14-18 year old girls, that meets fortnightly.



Rainbows

Guiding has produced a new programme, which runs from one section to the next, with Rainbows starting on Stage 1 and working on their interest badges at home. The Rainbows have embraced this, with girls gaining their family tree, nature, agility and animal lover badges.

As a Unit we worked on the Stage 1 Camp Badge, which was great fun.

We visited the beach and challenged the tide and joined the District annual trip to Widemouth

If you are 5 - 7 and a girl, we have room for you to join us at Rainbows

Brownies

The Brownies joined others throughout the County on a sleepover themed Myths and Legends at Wadebridge. Many thanks to Louise, Beth and Emma for looking after the Brownies, along with the Tregadillett Pack.

The Unit is now without a Leader for the first half of term, as Becky has moved and is unable to carry on running the Unit and Louise is away on a 6 weeks trip overseas. There is room for more Brownies, so girls aged 7-10 are welcome to join.

We would love to find more Leaders to help run Brownies, with the new programme it is much easier to plan and run the activities and training is available. You need to be female and over 18. A group of 3 ladies would be ideal, as it takes the pressure off a single person.

Guides

The Guides have also been working on the new stage badges, doing parts from the Camping Stage 3 & 4 badges. We spent most of the term out of doors. Others made or renewed their promises on the beach on a lovely evening, where the girls were challenged to build the highest stone tower.

The Guides also joined the District at Widemouth for the beach evening.

This term we will continue working on the new programme before Christmas hits.

The three Units will be holding a joint **Christingle Service on Tuesday 3rd December, at Jacobstow Church at 6pm**, everyone is welcome.

I joined 12 members of Launceston District on a South West England Region trip to France and Disneyland. Olivia, our Rainbow doll mascot came too.. There were two bus loads of Guides, Rangers and Leaders, who went for 7 days and one of Brownies, who came for 4 days.

Now moving forward, I am leading a trip to the European Jamboree, in Poland next year, with 18 girls from the Region and another Cornish Leader.



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AL, HIS HORSE BILLY BOY AND DOG, SIKA WERE AT WAINHOUSE CORNER THIS SUMMER.

They travel all year and have been to Spain from Plymouth 2 years ago.

Al began helping his father with horses when he was just 6 and could handle any horse. Billy Boy is 26 years old. Al



was softly spoken and easy to talk to. He just tries to make enough money to keep Billy Boy shod. I think there was a wealth of stories but I didn't want to pry too much. Al says he rarely encounters trouble and I can believe that. They were all charming.

JACOBSTOW HISTORY GROUP

Just an update on our gathering Thursday 26 September.

Gertie Cowling and friend Greta (Mary's contacts) joined us together with Annabel Yates from Crackington and her Canadian friend who is researching her relative's links with Jacobstow. So it was a merry band with loads to talk and memories.

Could I have some comments on the following!

How can we plan our next couple of meetings to fit the majority of everyone's commitments. **October Meeting should be Thursday 24th 2pm.**

What priorities should we concentrate on bearing in mind our individual interests- possible ways forward could be spending time with all Parish meeting records and preserving them properly (I am sure you will have others)

How to explore ways to identify or acquire old photos of the village and get them copied and preserved

What sort of storage is appropriate for archive material

How we ought to start working out where filing cabinets etc. could be stored given people might want to use it for research (Hopefully visitor from Canada might be a useful place to start)!

Looking forward to catching up and starting on a great historical enterprise!

Best wishes, Hilary

Jacobstow Primary School & Preschool



The children and staff at Jacobstow School have got off to an exciting start in their learning adventure with two days planned to inspire and engage. On the first day back we had a visit from Sophie at Relax Kids who works with children and adults to focus on being calm, relaxed and making time for ourselves. On Friday, it was a very different day full of tricks! We had Steve visit from Circus into Schools to teach us different skills such as scarf juggling, plate spinning, balancing and using pois to name just a few. At the end of the day, the children were able to perform their newly practised skills to each other, the staff and some parents.

On a personal note, I would like to thank all of the children, staff, parents and governors for making me feel so welcome and embracing suggestions and ideas so positively. I would also really like to thank Mrs Russell for such a great handover, as she passed on so many tips and information - all of which have been, and will continue to be, invaluable in my first role as headteacher. I know that Mrs Russell is very proud of Jacobstow School and is very much looking forward to

supporting the school as in the future as she adjusts to life as a retired headteacher but one who also gets to stay in touch in her role as 'granny' to Alice and Kitty. I look forward to hearing from members of the community about any ideas they may have for helping Jacobstow School continue to flourish. Many thanks

Mikaela Rofe



LOCAL BUS TIMETABLE with Partial listing of stops

Travel Cornwall - 01726 861108 - www.summercourttravel.com

420 Higher Crackington – Launceston

480 Warbstow - Canworthy Water - Bude - Launceston - Holsworthy

These buses to/from Bude, Holsworthy and Launceston via Week St Mary, Canworthy Water and Warbstow don't go to Jacobstow and Wainhouse

Operates Monday - Fridays - NOT on Saturday, Bank or Public Holidays

	480	420	480	480
	M Th	Tu only	Wed	Fri
Hghr Crackington	~	0910	~	~
Wainhouse Cnr	~	0925	~	~
Jacobstow	~	0930	~	0910
Week St Mary	~	0940	~	~
Canworthy Water	~	0955	~	~
Warbstow Cross	0935	0958	0935	0935
Canworthy Water	0938	1001	0938	0938
Week St Mary	0953	~	0953	0953
Bude Strand	~	~	~	1023
Launceston Westgate	1033	1030	~	~
Launceston Tesco	1043	1040	~	~
Holsworthy Church	~	~	1023	~

	480	420	480	480
	M Th	Tu only	Wed	Fri
Holsworthy Library	~	~	1310	~
Launceston Tesco	1250	1235	~	~
Launceston Westgate	1300	1245	~	~
Bude Strand	~	~	~	12.55
Week St Mary	1340	~	1340	1325
Canworthy Water	1354	1307	1354	1339
Warbstow Cross	1400	1311	1400	1345
Canworthy Water	~	1314	~	~
Week St Mary	~	~	1326	~
Jacobstow	~	1341	~	1400
Wainhouse Corner	~	~	1345	~
Hghr Crackington	~	1358	~	~

Buses run by First Kernow : 03456020121

95 Monday-Saturday to Bude

Camelfd	0720	0904	1144	1354	1539	1809
Boscattle	0746	0936	1216	1426	1611	1841
Crackgton	0804	0954	1236	1444	1629	~
Wainhs	0812	1008	1242	1452	1637	1857
'skni X	0816	1006	1246	1456	1641	1901
Widmth M	0819	1009	1249	1459	1644	1904
Widmth B	0821	1011	1251	1501	1646	1906
Bude Strd	0839	1022	1301	1512	1657	1917

Please Note

My advice is - if you are unfamiliar with the buses check the times. If you want to walk one-way then catch a bus **FIRST**

These buses do change their numbers on different days and different directions

95 Monday to Saturday from Bude

Bude	0847	1037	1312	1525	1732
Widmth B	0855	1043	1320	1540	1740
Widmth M	0857	1047	1322	1542	1742
'Skni X	0900	1050	1325	1545	1745
Wainhs	0904	1054	1329	1549	1749
Crackgton	0912	1102	1337	1557	1757
Boscattle	0929	1119	1354	1614	1814
Camelfd	1003	1153	1428	1648	1848

96 Sundays and Bank Holidays

To Bude at Wainhouse
9.38; 1138; 1338; 1538; 1738
To Camelford at Bude
1005; 1205; 1405; 1605; 1805

Local Authority

Cornwall County Council
Bude "One Stop Shop" and Library also)
Library Renewal Hotline)
North Cornwall MP Scott Mann
Nicky Chopak (County Councillor)
Police Force Enquiry Centre
Crimestoppers (Anonymous)
Floodline
Power Cut-Western Power Distribution
Sita Recycling Centre, Tiscott Wood
Dog Warden (Environmental Health)
Cats Protection, Mary Chudleigh
Citizens Advice Bureau-Advice Cornwall

03001 234100
03001 234111

01208 75656
07810302061
101
0800 555111
0845 9881188
08006783105
01288 355131
03001234212
01566 773814
03444994188

Other Numbers

National Rail Enquiries
National Express coaches
Farming Community Network
Rebel Cinema
Regal Cinema, Wadebridge
SAMARITANS

08457 484950
08717818178
07002 326326
01288 36'442
01208 812791
116123



Healthcare

NHS, Non-emergency

111

Hospitals

Derriford, Plymouth
Treliske, Truro
Barnstaple
Bodmin, E Cornwall
Launceston Hospital
Launceston Minor Injuries
Stratton Hospital
Stratton Minor Injuries

01752 202082
01872 250000
01271 322577
01208 251300
01566 761001
01566 761030
01288 320100
01288 320101

Doctors' Surgeries

Bottreaux Surgery, Boscawen
Neetside, Bude
Medical Centre, Stratton
Drs Nash & Uglov, Camelford

01840 250209
01288 270580
01288 352133
01840 213894

Jacobstow Organisations

Jacobstow Infants School
Parent/Teacher Association Jenny Johnson
Women's Institute, Mrs J Baker
Jacobstow Church, Mr Brian Marshall
Art Group, Jeane Gimblett
Happy Crafters, Eden Chapel - Alison
Parish Hall Bookings, J Gimblett
Scout and Cub Groups, Mrs D Dowling
Beavers, Josie Shepherd
Guides and Rainbows Mrs M Andrew
Brownies Becky Shute
Wainhouse Post Office and Stores
Jacobstow Walks, Mary
Jubilee Club, Mo 01840230428 or Eve 01566 781452
Julietter Garden Club, Penny

01840 230337
01840 230456
01840 239829
01840 230526
07706927197
01566 781418
07706927197
01288 352786
01840 230330
01840 230006
01566 781717
01840 230554
01840 230656
01566 781452
01840 261146