Jacobstow Journal

Providing news and information for the Parish of Jacobstow

Issue No. 67

October/November 2021



Delivery free to every household in the Parish otherwise 50p www.jacobstowvillage.co.uk

Editorial by Sarah

I don't know if any of you have been watching Jeremy Clarkson's Farm on Netflix. Now, I know Mr Clarkson is definitely Marmite (you either love him or hate him) but it has certainly opened my eyes to the trails and tribulations that farmers face, the most overwhelming one being the weather. Don't worry, I'm not going to go all British and start waffling on about the weather, but if it is your thing don't forget to check out Westherwise on page 23 for your meteorological fix!. Amy Osborne started her Diary with us in the last edition which gave me further insight into the farmers' lot and very interesting it was too!

I have noticed up "my end" of the village that we have had a lot of new neighbours arrive, many of them with children. It's really nice to see young families moving into Jacobstow. I'm sure you will all agree with me that a healthy village is one that covers all age groups and interests. I am also sure that all the organisations in the village that benefit the younger generation will be more than happy to encourage them to join their groups.

Finally I would just like to say thank you to one of our readers for their lovely contribution to Journal funds (you know who you are); we provide a free copy of the Journal to every household in the village 6 times a year and are funded by advertisers and help from your Parish Council. If anyone else is feeling bountiful we are more than happy to help you achieve that lovely warm feeling from being a philanthropist.

Enquiries, Articles and Letters *email to*:

jacobstowjournal@gmail.com or in writing to the Editor.

Sarah Smith Almar, Jacobstow, EX23 0BN

Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert. Contact Sarah on 01840-230565, or via e-mail, for further information.

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The deadline for adverts, letters or articles for the December/January edition will be 15th November. Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

The Editorial Team do not necessarily agree with the views expressed in the articles or Letters Page and accept no responsibility for transactions with advertisers. All information is believed to be correct at time of going to press. This publication is totally independent of the Jacobstow Parish Council. E&OE. © 2021

Jacobstow Parish Council

Chairman: Mr. Norman Osborne 01840-230592
Parish Clerk: Mrs D. Turner 01566-781269

 Members:
 Mrs Charmaine Smith
 Mr John Shepherd
 Mrs Caroline Pallett

 Mrs Ilona Franklyn
 Mrs Sarah Smith
 Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes.

<u>Editor's Note</u> The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. <u>We have omitted certain minor items for brevity</u> but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstowvillage.co.uk

JACOBSTOW PARISH COUNCIL

Summary of Meeting held on Tuesday 7th September, 2021

Cllr. Osborne chaired the monthly meeting with five Councillors and one member of the public attending.

Cornwall Council Approved Planning Applications:

PA21/04666: 3 Shepherd huts - Uppercourt, Jacobstow

PA21/03671: Garage/Workshop - Barton Villa, Canworthy Water.

Planning Application PA21/06763

<u>Dwelling to replace Agricultural Building – Land East of Edmore Park Caravan Site</u> Cornwall Council had refused this.

Post Box at Langdon Cross

A complaint was received from a Parishioner regarding the mud in the lay-by at Langdon Cross. Children wait there for school buses and people post letters in the post box. Clerk to contact Oliver Jones to see if anything can be done.

Planning Application PA21/07873

Change of use of land for an extension to the existing holiday static caravan park to provide four additional static pitches, together with extended access track to serve the additional units – Edmore Caravan Site, Edgar Road, Wainhouse Corner. Councillors will discuss this next month.

Cornwall Council - Broadlands Farm

Email received stating that the residential property is currently empty because there are significant issues with the property. Structural surveys are ongoing and advice being taken on how to manage the property going forward. As soon as renovations are complete the property will be occupied by the tenant.

Councillor Matters

It was noted that Cornwall Council have erected a sign on the Trengune road saying it is not suitable for HGV vehicles.



JUBILEE CLUB

Hello Everyone!

The possibility of running one of our Mystery Tours in the autumn is being investigated. Members will be contacted with details as soon as we know.

Fingers crossed! We hope to see you soon!

Until then, stay safe and well. Eve and Mo



Thank you to the kind person who left loads of red apples and vegetables outside the Village Hall

Your MP Scott Mann - - For full version of this letter follow the link on www.jacobstowvillage.co.uk

There was some very exciting news recently when a new massive undersea transatlantic communications cable was brought ashore at Crooklets Beach. The Google data cable was landed in Bude and once operational it will have the capacity to handle 17.5 million people streaming 4K video concurrently.



The cable has been laid between New York in the United States, Bilbao in Spain and Bude over several months, and is expected to be operational in 2022. It was part of a new generation of lines that connect continents along the ocean floor with an additional layer of security beyond what's available over the public internet. Jayne Stowell, who manages Google's cable operations said that Bude was chosen because it was an ideal, nicely protected beach and adjacent to a lot of the infrastructure needed.



Nicky Chopak, your County Councillor contact details - mobile no: 07810 302061

Email: nickychopak@gmail.com.

Mail: The Post House, Tresmeer, Launceston, PL15 8QU



Jacobstow Neighbourhood Watch



BE CAREFUL WHAT GAMES YOU PLAY ON FACEBOOK

How people think they get hacked



How they really get hacked



Now we are out of Lockdown. there probably isn't so much time to stay on your phone. However, it's still easy to get caught out by criminals using ever more ingenious ways to get hold of your personal details. Be vigilant at all times. Think twice about responding to texts. I recently had a text which said it was from the NHS asking me to apply for a passport to prove I'd had my vaccinations. You have your card which was given to you when you have the vaccine, so I ignored it. They can be quite persistent, so don't give in.

Celia Proudfoot

Any urgent information will be posted on the jacobstow village facebook page, don't worry if you do not use Facebook, go to the jacobstow village web page and follow the link from there

IMPORTANT NOTICE FROM THE PARISH HALL COMMITTEE

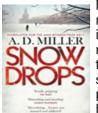
The Parish Hall is to be redecorated starting

1st November for approximately 12 days and will not
therefore be available for use.

www.devonandcornwall-pcc.gov.uk

This is your link to the Police Commissioner's Report

Bookclub 'Snowdrops' by A.D. Miller

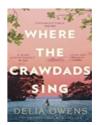


Nick, a young lawyer, spent some years working in Moscow. He met and fell in love with a beautiful young Russian woman who introduced him to her aging aunt. She explains that she is in need of legal help to sell her large Moscow apartment in order to buy a smaller rural property. The story is narrated by Nick some time later to his fiancée, as a way of confessing and explaining how he became embroiled in a situation about which he feels ashamed.

The group enjoyed the book, largely because of the vivid descriptions of Moscow and the severe Russian winter but we all felt that the young lawyer had been very naïve and should have known what he was being drawn into.

'Where the Crawdads Sing' by Delia Owens

We all loved this story of Kya, a young, uneducated girl, who is deserted by her whole family and left to fend for herself alone in the marshland on the North Carolina coast. Her only friends are the gulls and creatures that live in the sand. The people of the nearby town call her 'Marsh Girl' and treat her as a savage outsider, apart from the young men, who often go out at night to her cabin to taunt and torment her. One young man, however, befriends her, wins her trust and eventually teaches her to read and write. When Chase Andrews, son of an influential family in the



town, is found dead on land next to the marsh, suspicion falls on Kya. Many reviewers of this book found this to be a totally unbelievable story but it is one of hope and survival and written in a beautifully, poetic style.

Book Club Branches Out by Sarah Smith



We all got together this week to help a member with some heavy gardening that needed some extra hands. A lovely sunny afternoon was spent very



productivity and followed by a delicious afternoon tea under the walnut tree.

<u>CAMPAIGN TO BAN THE SALE OF</u> <u>ENVIRONMENTALLY-DAMAGING BODY BOARDS</u>



We have all seen images of the mountain of discarded polystyrene boards left by beach-goers. Keep Britain Tidy report that 16,000 cheap polystyrene body boards are discarded on UK beaches every year. These brightly coloured boards, often costing less than £10, are made from a block of

standard un-recyclable expanded polystyrene wrapped in brightly printed plastic cloth, are sourced from abroad and transported thousands of miles only to often snap within minutes of use. Apart from this unnecessary carbon footprint, once in the ocean, polystyrene attracts algae adding enough weight to cause it to sink and is then mistaken as food by fish and other marine life and could enter the human food chain.

Cornwall Council is joining other coastal areas in supporting a new campaign by Channel 4's 'Joe Lycett's Got Your Back' to ban the sale of polystyrene body boards and replace them with more sustainable alternatives. The TV series broadcast a programme in September highlighting the issue of body boards littering beaches and polluting the sea. It looked at sustainable alternatives and called for retailers to stock more durable body boards that can be rented out, thus ensuring that the items are not abandoned and treated as disposable.

Local businesses are being asked to support the movement and

"GET ON BOARD"

with the Council to remove the sale of polystyrene body boards from Cornwall altogether. The Council is also asking for our support in encouraging Cornwall's retailers to consider stocking more durable, climate-friendly body boards that can be rented out as a more sustainable option for the environment and businesses.

There are many great initiatives in Cornwall dealing with the problem:

Waterhaul - a social enterprise based in Cornwall which is working to transform the ocean's most damaging plastic from waste to resource and is developing an education and outreach programme

BeachCare and Rivercare recycle and re-purpose left behind boards. Keep Britain Tidy - #waveofwest Project hires

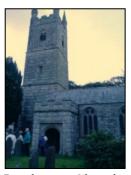
WILL YOU SHOW YOUR SUPPORT?

wooden body boards.

CHURCH AND CHAPEL SERVICES

Sunday Services are once a month. The October service will be Harvest Festival service. See notice on church gate for date and time of services for October and November

Rev Heather Ashton 01840 250359 for more information



Jacobstow Church



LIVING CHURCH

Sunday Service 10.30 refreshments after

Kids Club (Term time) Wednesday 4.30-5.30

Young at Heart Tuesday 2 weekly 1.30-3.30

For more information contact Alison 01566 781418 or 07557916073



Coast Church
Family Church
Sunday Services 11am
Jacobstow Village Hall
Come and join us,
all are welcome.
Non-denominational

CHURCH AND CHAPEL NEWS & EVENTS

JACOBSTOW CHURCH

BAZAAR CREAM TEAS & STALLS THURS-DAY 28th OCTOBEER 2pm - 4.30 pm.

GIFT AID DAY: 9am - 4.30pm

If you would like a stall table (£5) contact Brian 01840230526



FRIENDS OF THE PARISH HALL CHRISTMAS LUNCH

Any parishioner in Jacobstow over 66 and their partners even if under this age are invited to a free Christmas lunch at Jacobstow Parish Hall on **Tuesday December 7th** at 12 for 12.30. If you would like to attend please contact **Anne on 230252 by 28th November**. We will be very Covid conscious and stick to all the rules that we

have at the time and of course if we



have to lock down again the dinner will not go ahead. We do hope it goes ahead as it is a lovely social event and we were sorry we couldn't do it last year. The hall will be freshly decorated by then so come and have a look.

Church Lottery Results

| | 1st | 2nd | 3rd |
|-----------|------------|------------|--------------|
| August | Mr D Adey | Mr J Lewis | Mrs A Curtis |
| September | Mrs H Spry | Mrs J Ward | Mr P Smith |



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THOUGHTS GENERATED BY ELECTRIC CARS - Celia Proudfoot.



Hope you like the pun. With electric cars starting to come on to our roads now in a push to make driving greener, I started to think that they aren't actually that new. When I were a lass our milkman arrived in an electric milk float and when I was younger still, he arrived on a horse and cart. The milk was in glass bottles and as a special treat we had pink yogurt, really thick, also from glass

jars. We lived round the corner from an Express Dairies depot in London. The company was founded in 1864 as the Express County Milk Supply Company, named after the fact that they only used express trains to get their milk to London. The major creamery and milk bottling plant was located just south of South Acton railway station on the North London Line. The photos show horse drawn vehicles (the white horse looks just like the one I remember, the typical cart horse, only "my" horse was a bay.) Also assorted Express Dairy vehicles including the BEV (battery electric vehicle.)





Welcome to the village
Dan & Stacy
Jane & Jeremy



MENTION US PLEASE! If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

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National and Healthcare lottery now available

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Viewing welcome

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Mobile: 07855001284

Bob's Garden Spot

At this time of year you really should not need to mow your lawn, but if you do, make sure that you raise the blades higher. Gather the falling Autumn leaves and make a left bin to rot them down into lovely compost. Just put four stakes in a square about four feet apart and fix chicken wire or large holed fencing onto the stakes. Fill with the leaves and let them rot down.

Now is the ideal time to plant shrubs as the soil is still warm from the summer and will give the plants a good start before winter starts to bite. Cut back any tall shrubs to about half their height, this will encourage new growth and also protect the plant from the strong winter wind. Also, its a good time to prune climbing roses and tie them in to keep them safe.

Spring flowering bulbs can be planted now, in the case of tulips plant them about two times the depth of the bulb.

November is a good time to study your seed catalogues and order your seed potatoes and any seeds you like the look of for next year; a lovely occupation if the weather is horrible, gardening indoors with a lovely cuppa

A quick look around the patio will identify any tender plants that could benefit from wrapping sacking around the pots to insulate them. Smaller pots can be moved under cover or into the greenhouse.

Happy gardening

Bob



Swim Safe made a very successful return to Bude in 2021. After some pretty intensive fundraising during 2019 and the cancellation of all beach activities in 2020 it was fantastic to be able to return to nearly normal this summer.

Over 580 children took part and we welcomed several new teaching staff and volunteers. It was a great privilege to have two lifeguards, Ella and Khaya Paton. They took part in Swim Safe when it was introduced at Bude in 2013 and they were young teenagers. Both now fully qualified beach lifeguards it was brilliant to see them go from students to teaching staff. We would love to be able to expand to three weeks next summer but a shortage of volunteers is restricting our efforts. If anyone would like to join us in 2022 they would be made very welcome.

Wendy Hodgson

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Medlands, Jacobstow, Bude, Cornwall EX23 OBL wendyhodgson2010@hotmail.com

Job Vacancy in Crackington Haven

Looking to recruit an experienced personal assistant to join our expanding team of carers - GSOH is a must as well as working well within a team. The position will be supporting a gentleman with epilepsy and acquired brain injury within his own family home. Crackington Haven area. We are offering regular shifts working on a 2 week Rota. The shifts that we are offering are Saturday 9-4 and 4-8 (although can be combined to one shift) 9-8 and Sunday 9-4 and 4-8 - (again this can be combined) this will be working every other weekend and bank holidays on a team friendly bases. Also covering a/l sickness and occasional respite. This is a 2:1 position. You will be fully supported and training will be given to the right applicant. Full Driving license would an advantage but not essential. Hourly rate £10.00.

If you would like more information please call me on

07881725820 Karen



Before we broke up for the summer holidays, the rainbows, brownies and guides all had great fun meeting mainly outside, only having to go to plan (b) or in some cases plan (z) a couple of times due to the weather not being kind. All units grew when we returned face to face.

rainbows experiencing the biggest growth by going from 5 to 13 in one week!

The units all had great fun on the beach and we had some creative sand sculptures from all the sections. We ended the term by re-establishing our annual family beach evening at Widemouth Bay with the units from Tregadillett. There was plenty of room for the families to space out and to

enjoy the picnics that they had brought with them.



During the first weekend in August the Brownies joined with Tregadillett Brownies on their annual pack holiday. The theme was The Magic Far Away Tree by Enid Blyton. It was great to read all the stories that the girls had written about them or their toys having an adventure

in a different land. This year it was mainly virtual over zoom, although we all met up for a delicious meal at Trethorne Golf Club, telling a story at the end of the meal where it was started by Sara (Tegadillett's Brown Owl), and then continued bit by bit by everyone else as it went around the table.

As this is written, we are very close to returning after our summer break, the



leaders have all risk assessed and planned what will be a very exciting term for the girls. Yet more new girls are getting excited about starting their journey with girl guiding whether that be with rainbows, brownies, guides or rangers. Not to mention those who are returning to continue their journey with us, with their badge work being collected together to show us, in order that they

can be awarded the badges that have been worked on over the summer.

Contact details on the back page.



Family of Swallows getting ready to leave us.

Goodbye, see you next May.

AMY' DAIRY DIARY

Welcome back to the second instalment of 'Amy's Dairy'. We have been fairly busy on the farm since the last issue

We have managed to get 2 cuts of silage in, which for 'non-farming' members of the community, it is



grass that's been cut and placed into a silage clamp and stored for winter forage for the cows. We have also done plenty of round bales which will be fed to the younger cattle in the winter where they will be housed until the spring! We have a local contractor come in to do this work as well as getting out our manure onto the fields. So apologies if occasionally it smells, but that's the joys of living in the countryside I'm afraid.

We had a few eagerly awaited arrivals at the beginning of July, the start of our first Hereford bull calves were born out of our older stock bull Henry. They have been so far loved by everyone that has been to the farm and popped their heads into the calf shed!

In August and September, we attended not 1 but 2 shows since 2019! It was great fun to get out and about to see farming friends and talk to people face to face. We attended Okehampton Show on Thursday 12th August and took 4 animals. The South West Shorthorn Society also held their annual calf show here, so it was only right that we entered! We got a 3rd, a 1st and Champion Calf in those classes. Then came the Any Other Dairy Breed Classes where we got a 3rd with a heifer, a 1st and Breed Champion with one of my favourite milking cows Samantha. It was a very successful day, even with the help of Bea Hooper whose grandparents used to live in the village up until the beginning of the year.

The next show was South West All Breeds Calf Show on Thursday 2nd



September, held at the Royal Cornwall Showground in Wadebridge. This time we took 5 calves, 4 Dairy Shorthorns and 1 little Red and White Holstein. Bea came along again to this show and helped. We came away with myself winning Champion and Bea winning Reserve Coloured Breed Young Handlers. In the calf classes one of the heifers won Champion Coloured Calf and Reserve Supreme Calf. All in all, it was a very

successful day and it was very much appreciated that Dad allowed me to go!

Next on the agenda for the upcoming months, we will be getting ready for Winter having all the cows in and possibly the odd Jacob lamb here or there.

I will keep you updated in the next journal, when we should have a shed full of calves!

PUZZLE PAGE

Sarah Smith, Almar Jacobstow EX23 0BN by 10th November 2021.

Welcome to your "tea break" puzzle page, Norma Robinson was pulled from the hat and wins a £10 voucher to spend at Wainhouse Stores. If you would like a chance to win this edition's voucher, just solve the puzzles and return the completed page to



| Н | Е | R | I | F | N | 0 | В | 0 | Р |
|---|---|---|---|---|---|---|---|---|---|
| Р | Α | R | Т | Υ | Υ | Т | S | I | М |
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| W | Α | L | X | Ν | W | Н | 0 | Т | Е |
| Ш | Е | U | Υ | Р | Е | Е | R | C | Ш |
| R | R | 0 | D | Α | R | K | Е | W | Ш |
| I | С | Н | F | R | 0 | S | Т | N | K |
| F | S | G | N | I | K | С | 0 | Н | S |

WORDSEARCH - one of the words listed below does NOT appear in the grid - which one?

BONFIRE CLOD COLOUR CREEPY DARK **FIREWORK FROST GHOULS** HALLOWEEN HOT **MISTY MASKS PARTY PUMPKIN RAIN SCREAMS SKELETON SHOCKING**













Last edition answers Word search missing word Logo's 1. Amazon 2. Toberlone 3. Nike 4. Dominos 5. Starbucks 6. Twitter 7 Pizza Hut 8. Barclays



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THE JUBILEE BENCH.

Apologies to Tony from Crackington for taking so long to put his picture in the Journal. The Jubilee bench has become quite popular so we did not have space in our last edition to include him. Tony regularly takes a breather on the bench whilst out on his bike rides.

Keith Fursdon - 1955 -2021



Keith and Anne moved into the village and took on a project they had always dreamed of in building their own house. This is dream was realised in Chy Lowen, an impressive home that Keith spent many an hour perfecting. This will tell you something about him, if a job was worth doing... although the job probably took longer because of the amount of time he would stop and chat to anyone walking by. Always friendly,

helpful and the font of all knowledge he will be sadly missed by many in the village. Anne would like to pass on her thanks to everyone for their love, supporting cards and kind gifts. It been a huge comfort to her. From my personal view I will miss Keith, always happy to pass the time and tell me that I'd done that wrong with a sharp intake of breath. Rest well. Sarah



July and August tend to be the high summer months, with variable results in the southwest. There has been a tendency for high pressure systems to persist in the northwest Atlantic this year, as against the traditional Azores highs. This has given low pressure systems a chance to develop to the north of the country and track southwards. The start of July was affected by not only lows out into the North sea but also developments over Biscay. Both the 3rd and the 4th suffered with this, and by the end of the period on the 4th 1.05" of rain had been collected, with a further 0.5" the following day. Matters remained un-settled through to the 7th, by which time 2.25" had fallen here in the valley at Canworthy Water. Not good. Little in the way of thunderstorms, however, one of brief duration was observed around Falmouth around midday on the 11th, and odd thundery showers persisted during the day but nothing local.

High pressure started to build by the 14th. The heat built as well, and by the 18th it really was quite warm with 25°C widely inland, peaking at 28.7°C was recorded here on the 22nd by early afternoon. Coastal thunderstorms broke widely along the south channel coast in the evening on the 23rd, but were reluctant to develop inland that day. Further shower activity was noted to the end of the month.

Total rain collected for the month was 4.28".

August tends to disappoint of late. Cooler than July, there was indifferent weather on most days with only the 20th being anything like summer heat at 24°C. A combination of light southerly winds and sea breeze convergence on the following day gave a local thunderstorm early afternoon with torrential rain here giving 1.15" of rain in 35 minutes. No further rain was observed locally to the end of the month, and a total of 3.41" were collected for the month.

HIGH TIDES and SUNSET October 2021 - November

NB - Heights based on Newquay for Bude +25 minutes)

| Date | 1 Oct | 8 Oct | 15 Oct | 22 Oct | 29 Oct | 5 Nov | 12 Nov | 19 Nov | 26 Nov |
|--------|-------|-------|--------|--------|--------|-------|--------|--------|--------|
| AM | 1.17 | 6.58 | 1.26 | 6.46 | 11.25 | 4.54 | 11.15 | 4.49 | 8.53 |
| PM | 14.08 | 19.17 | 14.08 | 19.02 | ** ** | 17.13 | ** ** | 17.05 | 21.26 |
| Sunset | 18.56 | 18.41 | 18.26 | 18.12 | 17.59 | 16.48 | 16.37 | 16.29 | 16.22 |

Regular Events In the Parish Hall unless stated otherwise

Monday Cubs 6.30 - 8.00 Scout Hall Wainhouse Corner

Brownies 4.30 - 5.30 Canworthy Water Sunday School

Tuesday Scouts 6.30 - 8.00 Scout Hall

Rainbows 5.45 - 7.00 Guides 7.00 - 8.30

Wednesday Beavers 5.30-6.30 Scout Hall

Living Water Kids Club 4.30 - 5.30 Canworthy Water

Sunday Coast Family Church 10.30

1st and 3rd Tuesday of the month Young at Heart - Canworthy Water 1.30

1st Tuesday of month Parish Council 7.30

2nd and 4th Tuesday Arts and Crafts Club 2.00 - 4.00

2nd Thursday of month WI 7.30

2nd and 4th Thursday of month (recycling weeks) Coffee Club 10.30

1st Friday of the month Walking Club Parish Hall car park 10am

2nd & 4th Friday Living Water Youth Club 7 - 8.30 Canworthy Water

KEEP GOING TO KEEP EVERYONE SAFE

A few weeks ago, due to the high number of Covid cases, Cornwall, Devon, Plymouth and the Isles of Scilly were designated as

Enhanced Response Areas

Our continued efforts are making a difference.

HANDS - FACE - SPACE - FRESH AIR - TESTING

Remember to:

Get a free PCR test if you've been in close contact

Wear a face covering in crowded areas, indoors or on public transport

Keep your distance from other people where possible

Wash or sanitise your hands regularly

Book a free test and isolate if you feel unwell

Get both doses of the COVID-19 vaccine as soon as you are eligible take twice-weekly lateral flow tests

In younger people Covid symptoms can include: Sore throat - Headaches - Fatigue



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SCOUTS be prepared . . .

2nd Bude (Jacobstow) Scout Group

Beavers, Cubs & Scouts have been back with face-toface meetings since the 19th April and what a delight it has been to see our members getting back together. Our dedicate Leaders have provided a varied programme. All

meetings operating outside, whatever the weather. Activities have included pioneering, beach visits, sports, raft building, camping skills to name just a few.

Our Beavers, Cubs & Scouts have been busy raising money for our 'New Scout Hut Fund' through their own fundraising activities. These have included sponsored bike rides, selling homemade ice cream, zoom bingo and a hog roast afternoon down at Crackington. Medland's Tractor event raised £1584.60 in memory of Andrew and Ben Northcott raised £1173.15 with a pop-up



refreshment stall.. These members have increased our funds enabling us to



move on with the project. All members raising funds have receive a fundraising/community badge for their wonderful contribution.

As for the new scout hut, I am delight to say that on Tuesday 27th July 21, we started the groundworks. Thanks has to go once again to Jonathan and Sally Batchelor for gifting the group the land. Very generously the site was cleared, levelled and banks erected by G Skinner & Sons Ltd and Dave Budge. This

clearly saved us a great amount of work and cost. We thank them greatly. This has allowed us to use the site for Scout meetings. A building team has been contracted in to complete the ground works. It has taken many years of

hard work and determination from members, Leader and the committee, to break ground and is a huge achievement for us.

As 2nd Bude (Jacobstow) Scout Group is in its 50th year, we will be having celebrations in the later part of the year. It seems fitting that in this year new beginnings are being started, for the long continuation of the group.

Jill Cole – 2nd Bude Scout Group Treasurer.



Tractor Run in Memory of Andrew Medland- £1584.60 raised for new Scout Hut

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Following our outdoor meetings held over the summer, we were back in the Parish Hall in September - just as well since the thunder storms were threatening! With precautions still in place, we enjoyed getting together again and welcoming some new members.

We had a fascinating talk by local Medical Herbalist, Katrina Werren, entitled "Back to our roots: our native hedgerow medicines". Certain



berries, roots, bark, leaves, flowers and mushrooms have long been known to aid healing and relieve a variety of medical conditions. Katrina passed around a variety of hedgerow plants for us to identify and then explained some of their uses in herbal medicine.

Often they are used in combination to treat the causes and symptoms. We also tasted samples of an Elderberry & Blackberry

tincture, Hawthorn and Apple Leather and even a medicinal hot chocolate! Since the seasons and time of day the plants are harvested can affect the amount of active ingredient, Katrina grows many of her herbal ingredients herself.



Despite the recent wind and rain, members entered in our usual monthly competitions, bringing sweet smelling herbal posies and beautiful Flower of the Month blooms from their gardens.

Looking ahead, October is a busy month for the WI with a visit to Crackington Cider in place of our meeting on 14th, the County Annual Council Meeting at the newly refurbished Hall for Cornwall on 20th and our Birthday Lunch on 24th celebrating 83 years of the WI in Jacobstow.

In November we'll be meeting a week later on 18th due to the Parish Hall redecoration and we hope to have a speaker from the Medical Detection





If you'd like to see if the WI is for you, do come along to a meeting. As well as meeting new friends, there are many opportunities within the WI, from learning new skills and enjoying cookery & crafts to campaigning at

local, county and national levels to lobby for change.

Find out more online at www.thewi.org.uk (National WI), www.cornwallwi.org.uk (Cornwall Federation) or give Jill a call on 01840 239829.



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Jacobstow School

Beautiful arch to welcome students to school in September



Enquiry from Richard Harris

I was Head of Jacobstow School at the time of its centenary in 1972, just before we opened the new school. To mark this occasion and using all the old school logbooks, I wrote, and we had published, an illustrated booklet named '100 Years at Jacobstow School' The copies were fairly widely circulated at the time but it now any memory of it seems to have vanished. Some years ago I enquired if the school still held a copy, but there was no response. It was quite a labour of love for me in the summer of 1972 and adds a good deal more history of the school than you have been able to summarize. I wish it has been stored digitally! I wonder if anyone can tell me if copies still exist. I still have a paper copy.

If you can help Richard please get in touch with us at the Journal and we will pass it onto Richard.



Lucky Escape on A39 at Cansford Quarry

A recent bad car accident just 5mins from Jacobstow on the A39.

A lorry had pulled into Cansford Quarry but was still partially sticking out into the road. When an oncoming car swerved to avoid it, it crashed into the side of our car. Just may help someone in the future

to be aware of this turning and what could have happened

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What's on

October

2nd Bude Sea Pool Channel Challenge 7am-5pm

17th Stringed Quartet, Divertimento 3pm Minstrels

27th - 29 Spot the artist postcard competition The Falcon

28th Jacobstow Church Gift Aid Day with Bazzar & Cream tea In the Church 2-4 - Church open 9 - 4.30

30th & 31st Craft Fair & Pumpkin Festival 10 -5 Poundstock Gildhouse

 31^{st} FoBSP annual Dog Show registration from 9.30

November

6th Bad Manners at The Big Sheep

6th Catfish at Penstowe

5-7th Blues Festival at Penstowe

8th -12th Remembrance Fundraising Tearoom 11am-4pm at The Kitchen Front, Lower Wharf Bude £5.00

11th Remembrance Day in the Triangle Bude

14th Remembrance Sunday The Castle Lawn

13th 10th year celebration of Bude Sea Pool at The Falcon

20th Live Radio play War of the Worlds Park House 7.30

Don't forget

Clocks go back overnight
Saturday 30th to Sunday 31st
October





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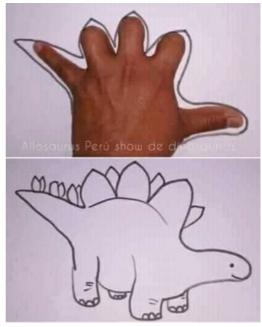
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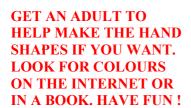
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David's Ramdon Ramblings

I'm very pleased to report that, since the last edition of the Journal popped through your letterboxes, my luck has taken a distinct turn for the better and I've actually succeeded in getting all six of my numbers come up in the National Lottery. Unfortunately, however, each number was



drawn on a different date but surely that should still be worth at least a couple of million quid, shouldn't it? Perhaps the cheque's in the post. Or, perhaps not. But, as we race through 2021 and get to October, we arrive at what is probably my favourite month of the entire year. This is because, if you don't do any cleaning around the house, by the time we get to Halloween on the 31st, the place is completely decorated for the occasion with cobwebs in every nook and cranny, creating the perfect ambience. You might want to try it out yourself. It's such a shame that we can't leave them up for Christmas.

Best wishes, David

ANGEL OF THE NORTH V. ANGEL OF THE SOUTHWEST?

I was out on my bike recently when I saw this tractor in a field and the

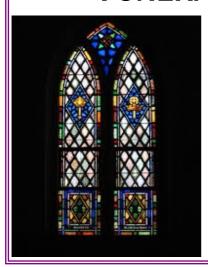
crazy thought occurred to me that it reminded me of Antony Gormley's famous sculpture in Gateshead, but the Cornish version!





By Celia Proudfoot

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Musings from Jen Spettigue

Mum was born in St Gennys and Dad was born in Calstock. I was born at Otterham Mill, then the family moved to Dizzard 1953. East Dizzard is documented in the Domesday book twice. In the 12th century it came under the Hartland Abbey estate. I had family living in St Gennys in the late 1600.





Sidney Northcott m Irene Loveday Glidden at their son's weddina

I remember when electric came in mid 50s and a bathroom mid 60s. Boxer Sandercock put in our new bathroom. Before that you walked to the top of the plat where we had a stone built house with slate roof. Inside had white washed walls and a wooden seat. This would be

cleaned out and limed regularly.

Once a year Mr. Roberts arrived on his Ariel

motorbike to cut the lambs tails off with hot irons. This cauterised and stopped bleeding. He would sit astride an old trestle and work his way through the lambs. Water was always in need, we had a pond in the yard but as we had more cows, so more water was needed. A water diviner came, he walked the field and told Dad where to dig and to what depth. Then Dad, Graham, Mervyn and workman, Dick Prout dug the well. They dug it with a pick and shovel. When it got deeper they tied ladders together to reach down. It had to be blasted twice before it was deep enough. People where told to fill in their wells etc when the mains water came...



My Mum about 20

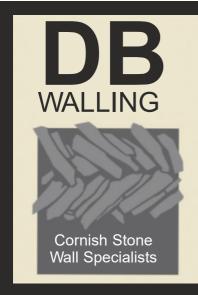
Mum used to take in paying guests. However before the bathroom, Mum had to take the visitors a jug of hot water which was left outside their bedroom door. Visitors returned for many years and remained friends for life! When I was small we had to go to a neighbours or 1/4 mile to the phone box and if you did not get through press button B to get your money back, as I did many times walking home from school hoping someone would have forgotten to do so! We had a telephone in the late '60s, a party-line at first. I passed my driving test in Launceston. We had a column change for the

gears and dipped our lights with a foot pedal, very different from today. Everything was brought to the farm door. Mrs. Birch and husband Nelson, (he always stayed in the car) and I had to take him a cup of tea, while Mrs Birch came in with two large suitcases selling bedding, table ware and ladies underwear. Sandercocks from Week St Mary, International stores and Treleavens from Launceston, Mr Chedwin from My brother, Graham I year Camelford came and many more.



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95 Boscastle – Bude

| Monday | /-Saturd | ay to Bud | е | | |
|--------|---|--|---|--|---|
| 0713 | 0843 | 1143 | 1343 | 1553 | 1806 |
| 0745 | 0915 | 1215 | 1415 | 1635 | 1840 |
| 0803 | 0933 | 1233 | 1433 | 1643 | 1958 |
| 0811 | 0941 | 1241 | 1441 | 1651 | 1906 |
| 08.15 | 0945 | 1245 | 1445 | 1655 | 1910 |
| 0818 | 0948 | 1248 | 1448 | 1658 | 1913 |
| 0820 | 0950 | 1250 | 1450 | 1700 | 1915 |
| 0837 | 1000 | 1300 | 1500 | 1710 | 1925 |
| | 0713 0745 0803 0811 08.15 0818 0820 | 0713 0843 0745 0915 0803 0933 0811 0941 08.15 0945 0818 0948 0820 0950 | 0713 0843 1143 0745 0915 1215 0803 0933 1233 0811 0941 1241 08.15 0945 1245 0818 0948 1248 0820 0950 1250 | 0745 0915 1215 1415 0803 0933 1233 1433 0811 0941 1241 1441 08.15 0945 1245 1445 0818 0948 1248 1448 0820 0950 1250 1450 | 0713 0843 1143 1343 1553 0745 0915 1215 1415 1635 0803 0933 1233 1433 1643 0811 0941 1241 1441 1651 08.15 0945 1245 1445 1655 0818 0948 1248 1448 1658 0820 0950 1250 1450 1700 |

Please Note

If you are unfamiliar with the buses - check the times. If you want to walk one-way then catch a bus **FIRST**

| <mark>95</mark> | | Monday t | o Saturda | y from Bu | ıde |
|-----------------|------|----------|-----------|-----------|------|
| Bude | 0850 | 1050 | 1325 | 1535 | 1735 |
| Widmth B | 0857 | 1057 | 1332 | 1542 | 1742 |
| Widmth M | 0859 | 1059 | 1334 | 1544 | 1744 |
| Tre'skni X | 0902 | 1102 | 1337 | 1547 | 1747 |
| Wainhse | 0906 | 1106 | 1341 | 1551 | 1751 |
| Crackgton | 0914 | 1114 | 1349 | 1559 | 1759 |
| Boscastle | 0931 | 1131 | 1406 | 1616 | 1816 |
| Camelfd | 1005 | 1205 | 1440 | 1650 | 1850 |

95 Sundays and Bank Holidays To Bude at Wainhouse

1041; 1241; 1441; 1641;

1841; 1936

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1616; 1816

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220 - Launceston, Tues; **371** - Launceston, Mon/Thurs; **372** - Holsworthy, Wed; **373** - Bude, Fri

220 371 372 373 Fri Tues M Th Wed Warbstow Cross 0915 0915 0915 Canworthy W 0918 0918 0918 **Hghr Crackington** 09.15 Wainhouse Cnr 0925 Jacobstow 0930 0928 0928 0928 88

| Week St Mary | 0940 | 0938 | 0938 | 093 |
|-------------------|------|------|------|-----|
| Canworthy W | 0955 | ~ | ~ | ~ |
| Warbstow | 0958 | ~ | ~ | ~ |
| Launceston Wgate | 1030 | 1018 | ~ | ~ |
| Launceston Tesco | 1037 | 1025 | ~ | ~ |
| Holsworthy Church | ~ | ~ | 1011 | ~ |
| Bude Strand | ~ | ~ | ~ | 101 |
| | | | | |

| | 220 | 3/1 | 3/2 | 3/3 |
|-------------------|------|------|------|------|
| | Tues | M Th | Wed | Fri |
| Bude Strand | ~ | ~ | ~ | 1308 |
| Holsworthy Church | ~ | ~ | 1307 | ~ |
| Launceston Tesco | 1238 | 1250 | ~ | ~ |
| Launceston Wgate | 1245 | 1300 | ~ | ~ |
| Canworthy W | 1307 | ~ | ~ | ~ |
| Warbstow | 1311 | ~ | ~ | ~ |
| Week St Mary | 1326 | 1340 | 1340 | 1340 |
| Jacobstow | 1341 | 1350 | 1350 | 1350 |
| Canworthy Water | ~ | 1400 | 1400 | 1400 |
| Warbstow Cross | ~ | 1403 | 1403 | 1403 |
| Wainhouse Cnr | 1345 | ~ | ~ | ~ |
| Hghr Crackington | 1358 | ~ | ~ | ~ |

Bus timetable correct at time of going to press - 11.5.2021

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01840 250209 01566 761030 01288 320100 01752 202082 01872 250000 01208 251300 01566 761001 01288 320101 01271 322577 7 Launceston Minor Injuries Stratton Minor Injuries NHS, Non-emergency Doctors' Surgeries Launceston Hospital Bodmin, E Cornwall Derriford, Plymouth **Stratton Hospital** Treliske, Truro Barnstaple Hospitals

01840 230456 01840 239829 01566 781418 01288 352786 01840 230656 01840 230337 01840 230330 01840 230006 01840 230554 Mo 01840230428 or Eve 01566 781452 01840 230526 07706927197 07706927197 07842084971 07817985661 01840 261237 Parent/Teacher Association Jenny Johnson Guides and Rainbows Mrs M Andrew Happy Crafters, Eden Chapel - Alison Jacobstow Church, Mr Brian Marshall Wainhouse Post Office and Stores Julietter Garden Club, Pat Thorne Parish Hall Bookings, J Gimblett Women's Institute, Mrs J Baker Cub Groups, Mrs D Dowling Brownies Louise Cowling Art Group, Jeane Gimblett Jacobstow Infants School Beavers, Josie Shepherd Scouts, Robert Medland Jacobstow Walks, Mary Jubillee Club,

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