

# Jacobstow Journal

Providing news and information for the Parish of Jacobstow

[www.jacobstowvillage.co.uk](http://www.jacobstowvillage.co.uk) 

**Issue: 79**  
**Oct/Nov 2023**



Delivery free to every household in the Parish - otherwise 50p

# Editorial by Sarah

I was struggling to think of a subject to write about in my editorial this time; then I thought to myself "Let's just go with the default British subject." .....

So, what about the weather this year then?. I honestly don't know of a more upside down, back to front year. I'm not going to get into the whole Global Warming thing, this is supposed to be light hearted and jovial, but honestly, my tomatoes! We had a heat wave in June, one of the wettest July's on record, but this still didn't impress Wavey Davey on Spotlight with his reservoir levels. You couldn't plan any outdoor events, well you could but then you would have to plan for a wet wash out or the need for lots of shade.

I like living in this country though, I appreciate the seasons coming and going. The thought of living somewhere like Portugal with one long season of blue sky and sunshine, does not fill me with joy. I like having to change my duvet from a 4 tog to a 6 and then to a 10, although this can be like playing Russian Roulette; one day too soon and you are awake all night shoving your feet in and out!

Whatever the weather, settle down and enjoy your latest Journal.

## Enquiries, Articles and Letters

*email to:*  
**[jacobstowjournal@gmail.com](mailto:jacobstowjournal@gmail.com)**  
*or in writing to the Editor.*  
Sarah Smith  
Almar, Jacobstow, EX23 0BN

## Editorial Team

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### Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.  
Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the December/January edition will be 10<sup>th</sup> November. Please note this does not guarantee that the item will be published due to possible limitations on space.  
Contributions received will be included at the Editorial Team's discretion.

The Journal is printed by Parish Magazine Printing. Contact Phil Tucker on 01288 341617

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## Jacobstow Parish Council

Chairman: Mrs Charmaine Smith

Parish Clerk: Mrs D. Turner 01566-781269

Members: Mr Norman Osborne Mr John Shepherd Mr Andy Vogel  
Mrs Ilona Franklyn Mrs Sarah Smith Mr Peter Chapman

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August). Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website [www.jacobstovvillage.co.uk](http://www.jacobstovvillage.co.uk)

### Summary of Minutes of Meeting held on 1st August, 2023

Cllr. Charmaine Smith chaired the monthly meeting with six Councillors, County Cllr. Nicky Chopak, the Clerk and five members of the public attending.

Declarations – Cllrs. C Smith and N Osborne declared an interest in Item 14 on the Agenda and left the room at the appropriate time.

Planning Application No PA23/03746 – Detached lifetime home – land adjacent to Water Vale, Canworthy Water. Reply to Cornwall Council saying Councillors object to this Application as it is not infill and its likely to flood, it being on a flood plain.

Planning Application No PA23/05413 – Outline planning permission with some matters reserved for an Agricultural Workers dwelling – Land South of Tobarn, Jacobstow. Councillors support this Application.

Planning Application No PA23/04306 – Development comprising the delivery of a ground mounted solar farm alongside assoc. infrastructure including distribution substation upgrades with capacity to deliver approx. 42MW of renewable energy. Land North of Canworthy House, Canworthy Water. It had been agreed with the four Parishes to ask the Applicant to hold a formal meeting to explain their proposals.

Speed limit 20mph – A local resident has asked if the speed limit can be reduced to 20mph through the village. Clerk to enquire from Oliver Jones if this would be possible.

## Summary of Minutes of Meeting Held on 5th September.

Cllr Charmaine Smith chaired the monthly meeting with four Councillors, County Cllr. Nicky Chopak, The Clerk and four members of the public attending.

Wainhouse Corner Junction - Letter received from a St Gennys Councillor saying a roundabout is needed at the Wainhouse Corner Junction. Whilst we agree, we have tried so many times to get this done but nothing seems possible. The white lines should be done there this week.

The Wyldes - Email received from The Wyldes saying they have no intention of getting any bigger.

Health & Safety concerns - Regarding the broken kerbstones outside the properties at Lower Kents someone from Cornwall Council has visited and these will be replaced.

Road Closure - It was reported that Edgar Road will be closed from 13th November, 2023 to 26th January, 2024 (24hrs)

KMD Development, Edgar Road - The children at Jacobstow School held a competition to choose a name for the new Development at Edgar Road. The name Goldfinch Close was chosen. Councillors unanimously agreed that this was a good name.

Cory Close - A resident from Cory Close complained about the noise from one of the workshops adjoining her property. Very noisy work on car repairs outside the workshop, at all hours. Cllr. Chopak to look into this.

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Your MP Scott Mann - - This information is obtained from Scott's Facebook page

Dentistry continues to be a key priority for me so I'm very pleased that planning permission has been given for a new NHS dental facility in North Cornwall. The new practice will be built just outside of Launceston in Sheers Barton and has my full support. Although it's very early on in the process I will keep you updated as we progress.



As many of you will know, the lack of available dentistry has been a historical issue for the whole of Cornwall and something which is a challenge to solve. In my experience, the NHS Dental contract brought in under the previous government has been the main issue brought to my attention by North Cornwall's dentists, who struggled to deliver care for NHS patients due to its terms. Along with my Cornish MP colleagues, I have taken this up with the Secretary of State and senior advisors in the Department for Health and Social Care, and I am pleased that the contract has now been amended. This is a welcome initial step, but we need to go further to ensure that dentists who deliver NHS care have the best possible terms, whilst ensuring the Cornish taxpayer gets value for money.



## Dog-related laws every owner should know

Since The Control of Dogs Order 1992 - Legally, all dogs must wear a collar and ID tag when out in public, Since 2016, it is also a legal requirement across the UK to have your dog microchipped by the time they are eight weeks old and to keep your contact details up to date on one of the government standard registers. The police enforce microchip legislation; if your dog was to be picked up as a stray or scanned by the dog warden for another reason, you have 21 days to get them chipped to avoid a fine.

It's important to check your dog is microchipped when you bring them home and that you keep the details on their microchip up to date throughout their lives. If you're not sure if your dog is microchipped, your vets should be able to check their chip and provide help and advice..

It is illegal to allow your dog to foul on public land without cleaning it up Please note that this list is not exhaustive and there may be other laws that apply depending on your location and circumstances. If you have any further questions or concerns, I recommend consulting with a legal professional.

**Any urgent information will be posted on the jacobstow village facebook**

**[www.devonandcornwall-pcc.gov.uk](http://www.devonandcornwall-pcc.gov.uk)**

**This is your link to the Police Commissioner's Report**



Nicky Chopak, your County Councillor contact details -  
mobile no: 07810 302061

Email: [nickychopak@gmail.com](mailto:nickychopak@gmail.com).

Mail: The Post House, Tresmeer, Launceston, PL15 8QU

**MENTION US PLEASE!** If you respond to any of the advertisers shown in the Journal it would be very helpful to us if you mentioned that you saw their advert here in these pages. Thank you.

## Jacobstow Parish Hall News

The final stage of refurbishment of our Parish Hall has now been completed. The hall is light and clean. We are very pleased with the way the floor has been restored; the wood is sound and bright as new. We are grateful for the community grants which enabled us to make these improvements to this historic hall. Built in 1868 on land bequeathed to the parish by Mrs Browne of Myrtle Cottage (now Rooks,) it was used as a Church School before it became the Parish Hall.

Covid closure saw a change in pattern for our bookings and we hope that, now we are all happier getting out to events and celebrations, you will consider booking the Hall again. Our Parish Hall is an ideal venue for family occasions :- birthdays, children's parties, weddings or funeral receptions. Jacobstow's Parish Church is within walking distance and furthermore we have on-site parking.

We can also offer a list of outside caterers if needed. Anyone interested in starting a local Yoga, Pilates, Drama, coffee or discussion group would be most welcome. Our facilities include a fully equipped kitchen, with table linen, comfortable chairs and an excellent raised stage with its own curtains. We have run popular quizzes in Spring and Autumn; unfortunately the two planned for last year raised insufficient interest to make them viable!

We are a small committee and we need to make this hall work for all so please use it. Despite recent grants, the regular upkeep continues to require income and without it we can't function properly.

We are currently looking for new members to help us on the committee and would welcome your ideas and enthusiasm.

### **Please contact**

Lin Harris, Chairman Tel 01840230266 or  
Lynsey Chidley, Secretary,  
mob 07399 328206

**Bookings to- Jeanne Gimblett. Mob. 07706 927197**



The Hall may be booked for morning, afternoon, or evening sessions :  
9.00am to 1.00pm; 1.00 pm to 5.00pm; 5.00pm to 10.00pm

Each session or part session -£17. Electricity is metered and paid hourly.

Coming events:-

**November 11th** -Table Top Sale - run by Church and WI.

**December 5<sup>th</sup>** - The Christmas Dinner for Friends of Jacobstow.





**SUNDAY 29<sup>th</sup> OCTOBER**  
**BRITISH SUMMERTIME ENDS**  
**REMEMBER TO PUT YOUR CLOCKS**  
**BACK!**



## **THE PHANTOM KNITTER STRIKES AGAIN.**

Definitely not a Bonfire night or Halloween feel to the box near Canworthy Water, but delightful tea



## **EDDIE COWLING'S SPECTACULAR**

### **FLOWER DISPLAY!**



Eddie is a chip off the old block, outshining even his mother's wonderful displays outside their farm on the road to Cancleave. What a delightful use of old farm equipment.



**See it, Snap it, Report it**



**Think you've seen an Asian Hornet? Report it!**



Report through the Asian Hornet Watch app or [www.britishecology.org.uk/asian-hornet-report](http://www.britishecology.org.uk/asian-hornet-report)



Report to the Animal & Plant Health Agency

**Yellow socks**

**Legs one colour**



# CHURCH AND CHAPEL SERVICES

## Jacobstow

Oct 15 10.30am to include Harvest Service

Nov 19<sup>th</sup> HC service 10.30am

## Warbstow

Oct 4 MP 10.30

Oct 22 HC 10.30

Nov Nov 5 MP 10.30 & Nov 26 HC 10.30

Nov 12<sup>th</sup> Remembrance service at War Memorial 10.30 &  
St Gennys Remembrance service 3pm



## LIVING CHURCH

Morning Worship every Sunday  
10.30am

4<sup>th</sup> November Bonfire Night in  
the paddock (Living Water)

Living Water Toddlers meet  
every Monday during term time  
from 11am to 1pm All under 5's  
welcome.



## Coast Family Church

Sunday services on the  
**first, third and fifth** Sunday of  
the month at 10.00am Jacobstow  
Village Hall.

Come and join us

All are welcome

Non-denominational



# CHURCH AND CHAPEL NEWS & EVENTS

## **Tresmeer and Sidwell Handbells at Jacobstow Church Festival**

An excellent concert with some popular tunes, interspersed with amusing tales. Refreshments were had during the interval. A retiring collection was held for church funds.



**Jacobstow Church Gift Aid Day - Please bring your envelopes along to the Autumn Fair on Saturday 11<sup>th</sup> November in the Village Hall 2- 4pm. Thank you so much for your support . You can also leave your envelopes at Wainhouse Stores.**

October 29<sup>th</sup> 4pm -6pm Messy Church Bible Buddies at the Crackington Haven Institute - families of those attending Otterham and Jacobstow schools are invited.

## **Church Lottery Results**

	1st	2nd	3rd
October	Mr W Smith	Mr T Smith	Mrs E Thorn
Novmeber	Mr W Renshaw	Ms D Pratt	Ms L Chudley

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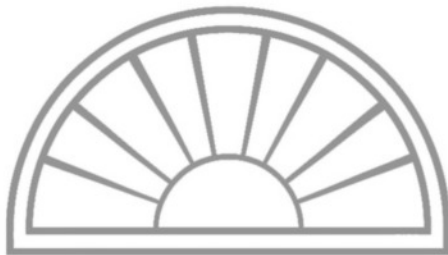
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## **JACOBSTOW AUTUMN FAIR**



**Saturday 11<sup>th</sup> November  
at Jacobstow Parish Hall 2 - 4pm**

**Crafts      Stalls      Refreshments  
Cream Teas      Raffle      Cakes**

**Stalls £5 - please call Pat on 230743 or Jill 239829  
Proceeds to Jacobstow Church and WI**

**Church Gift Aid envelopes can be handed in at the  
Fair or taken to the Wainhouse Store**

### **The importance of Flying Insects**

Have you noticed there are less insects around?  
A recent survey showed that the UK's flying insect population has declined by as much as 60% in the last 20 years. Insects are important to humans and the ecosystem for many reasons including:



- Pollinating crops, including many fruits, vegetables and nuts
- As a food source for birds and small mammals
- Cleaning the environment - Insects and their larvae consume large quantities of decaying debris

Causes of the decline are believed to be related to the use of pesticides and fertilisers, loss of habitat such as meadows, woodland and hedgerows, air pollution and climate change.



Being less tidy in our gardens and leaving some areas where fallen leaves, branches and natural debris are left undisturbed helps insects to survive and thrive, as can creating a Bug Hotel.

## **Wainhouse Country Store**

### Post Office

Banking services including  
Foreign Currency-Euros on demand and Electric Key charging

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Local cheese and cream, fresh bread and cakes  
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Bacon and fresh meats

Fruit and vegetables, fresh flowers

Newspapers and Magazines



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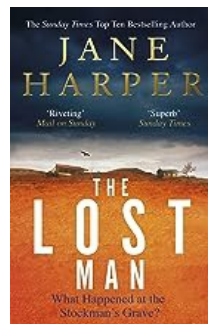


**County and Parish Councillors visit the new Housing Development, Goldfinch Close, at Wainhouse Corner**

## **Jacobstow Book Club**

### **'The Lost Man' by Jane Harper**

The mysterious death of a brother in the Australian outback leads the reader to discover just what it is like to work on a family cattle farm in a vast, remote and unforgiving landscape. Family relationships are severely strained as they try to discover what has happened and the story ends with a very surprising twist. A definite hit with all members of the group



### **'A Man Called Ove' by Fredrik Backman**

Ove is the grumpiest middle aged man you could possibly meet. He regards almost everyone, especially his neighbours, as idiots and expects all to follow the rules. However, he is also very able, especially with any kind of machinery and is also very kind, willing to lend his tools and help people. He has suffered a terrible tragedy and the reader begins to feel for him in this moving and lightly humorous story. It was enjoyed by everyone and has been turned into an excellent film, 'A Man Called Otto' starring Tom Hanks, which is definitely worth a watch.



**Mobile Library** - Enquiries phone 0800 0322345 or 01872 272702  
The Mobile Library Service stops at Canworthy Water monthly on a Wednesday from 11.15ish - Coffee and Chat.  
Note that **Bude Library** will be closed on Tuesday and Friday



## **Autumn Gardening**

Gardening is a continuous learning curve especially when the weather is unpredictable! October is a time for harvesting tomatoes, runner beans, pumpkins and squashes. Keep checking plants for signs of blight and stress and collect your produce before they are affected. Green tomatoes may ripen indoors but if not, they can be useful additions to sauces and chutneys. If possible, after harvesting, leave pumpkins in a warm, dry place (greenhouse or conservatory) for 10 days for the skins to firm up before storing them.



Once crops have been collected, greenhouses benefit from a good clean to prevent pests and diseases from overwintering in them and they can then be used for tender plants, cuttings etc. Lining the sides with bubble wrap for insulation is worthwhile.

Parsnips can remain in the ground until late autumn and are said to have a sweeter taste if subjected to the frost. Draw soil around the swollen stems of celariac to keep them white, then harvest in late autumn. They will store well if the leafy tops are removed and they are kept cool. Whilst not to everyone's taste as a vegetable, celariac makes a delicious soup when combined with other vegetables or apples.

Winter brassicas may need protecting from birds as the weather cools. Garlic can be planted in October and likes a sunny site with free-draining soil. If you like to start some broad beans in the autumn, it is useful to place cloches over the sowing area beforehand to warm the soil and keep off any heavy rain.

The autumn months are ideal for digging over empty areas of the garden and adding compost and manure which will be broken down by winter frosts. When clearing debris, add any green material to the compost heap unless it is diseased. Mulch around rhubarb and shrubs to feed and protect them from colder weather. It is also a good time to prepare the garden for winter and to check on the condition of paths, fences, shrubs and hedging. Support plants that might be affected by the wind.

New and lifted bulbs can be planted through the autumn for a colourful Spring display, either in pots or in the ground. Add grit to improve drainage especially just below the bulbs when planting to prevent rotting.

## 2<sup>nd</sup> Jacobstow Scout Group

Beavers, Cubs & Scouts are back meeting weekly after the summer break. Many activities are planned over the next few months all leading up to Christmas. The Scouts have the opportunity to take part in the 'Annual Winter Camp' in October with 2 nights camping and many activities at Nine Ashes.

On Sunday 3rd Sept, we held our annual 'Tractor Rally'. The sun was shining & we had several tractors of all different models & sizes travelling along our local countryside roads. The afternoon was spent at the Scout Hut with a BBQ. Delighted to say we raised £701.50 all going towards the new Scout Hut.

Forthcoming Fundraising Events:

**JOSIE'S DOG SHOW** – Sat 7th Oct, 2pm for 2.30pm judging, at the New Scout Hut.

**FIREWORKS EVENING** – Mon 31st Oct or Wed 1st Nov (date determined by the weather), 6.30pm at Braywood Farm.

**CHRISTMAS CAROL/DRAW EVENING** – Mon 4th Dec, 6.30pm at the New Scout Hut.

Everyone is welcome to join us; more details will follow and all proceeds go towards the new Scout Hut.

It has been a busy but productive summer in regard to the new Scout Hut. The plaster boarding was completed & skimming was undertaken by a professional team. This was completed by Rob Medland. This then left the mammoth task of painting; the main hall was completed by the time the young people returned, taking 4 coats to achieve the finish needed. We have not quite finished painting the entrance areas but we have made super progress, all down to our determined team. The kitchen is currently being fitted out, with flooring fitted and in the kitchen, 1 cupboard.

Our next major challenge is bringing electricity and water into the hut. We are waiting to hear back on grants as these items both need considerable funds.

Thank you to everyone who is supporting us, **Jill**.





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# PUZZLE PAGE



Welcome to your “tea break” puzzle page. This edition’s winner is Kirsty Renalls. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the puzzles and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10<sup>th</sup> November 2023. Thank you to Wainhouse Stores for sponsoring this page.

T	U	N	A	T	S	I	K	A	P
C	R	U	I	S	E	S	I	N	L
F	R	A	N	C	E	O	N	A	A
S	S	W	V	S	E	A	D	P	G
L	E	X		E	K	P	I	A	U
E	L	I	T	A	L	Y	A	J	T
T	A	D	N	A	L	L	O	H	R
O	W	Y	N	A	M	R	E	G	O
H	O	C	C	O	R	O	M	R	P
W	O	R	L	D	W	I	D	E	S

**WORDSEARCH** - one of the words listed below does NOT appear in the grid - which one?

CRUISES	FRANCE
GERMANY	HOLLAND
HOTELS	INDIA
ITALY	JAPAN
MOROCCO	PAKISTAN
PORTUGAL	SCOTLAND
SEA	SKY
TRAVELLERS	WALES
WORLDWIDE	



**Can you name these famous UK landmarks?**



1.



2.



3.



4.



5.



6.

Last edition’s answers - missing word: Perfect .Famous Diners :Barack Obama, J-Z and Beyonce, Richard Branson, Barbara Winsor, William and Kate, Harry Styles, Gordon Ramsey, Paul McCartney



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# Letters Page

Something you want us all to know about? Email and address for letters is on page 2

**GLASSES FOUND** - They belong to the lady who had a lift between Crackington and Jacobstow who has just moved to Jacobstow. Pat has them - phone 01840 230743

Dear Caroline,

I was so impressed with your article, "Learning How to Take From People." I found it really thought provoking, so much so that I decided to write a reply to the Letters Page. I feel that an appropriate response might be, "Learning How to Give." As a young person growing up, my relationship with my father was damaged because he always made me feel guilty about asking for money. I was a student in the 1970's and grants (yes we were fortunate enough to get them) were assessed on parental income. If your parents were wealthy, they were responsible for funding you at university. All very good in theory but what if they didn't? This is what happened to me. My father gave me a tiny amount for which I was made to feel SO grateful. I was under his power and it was horrible. I was also very broke. The best favour he did me was to galvanise my philosophy on giving. I vowed if I had children, I would help them as much as I could and I would NEVER make them feel as if they owed me anything. I would love them and my philosophy would be, "Pass it down." I still feel this about any kind of giving. I hate the "I owe you," mentality. If you are in a bad place and need help, the last thing you need is feeling you have to pay someone back. All honourable people (the majority of the human race) will always find a way of doing something. A few years ago, I was in a sticky situation and soon learned who my real friends were. My oldest brother came up trumps, never asking questions, just supporting and helping. We all need to learn how to give, which must be UNCONDITIONAL or it counts for nothing.

Yours sincerely, Celia Proudfoot.

Thank you to Jacobstow Parish Council for your continued and much appreciated support of your parish magazine and their donation of £500.

The Journal is delivered free to every household in the village. Advertising income also goes towards this charge. We also thank all the people who place an advert with us.



# WEATHERWISE by Monitor

July, which truly is a high summer month was a washout this year. Persistent polar low pressure systems with west to northwesterly winds gave cool and often wet conditions for most of the month. Only three days were completely dry, and there were a number of days when rainfall was notable. Of particular note was the 4th, when heavy rain starting early gave 1.32" collected here at Canworthy, then mid-morning showers and further rain periods continued into early evening. A total of 1.98" had been collected by the end of the day. A couple of thunderstorms were observed off the north coast on the 9th with one of these inland in North Devon during the afternoon. The 10th saw another wet day with rain onset early afternoon to evening, the 14th and 17th gave further moderate accumulations with even more on the 22nd.

It managed to dry up a little towards the end of the month but no days were without some light rain or drizzle of sorts, and the total collected for the month was 7.66", 194.6mm. My 10 year average is about 3".

A very cool month, the only day with anything like summer temperatures was on the 7th at 23°C.

August was typical of late. A brief thunderstorm was observed off Falmouth on the 1st, the 2nd gave a wet day with 0.93" collected. The first named storm by Met Eireann "Antoni" gave gusty northwest winds to 37 knots during the period on the 5th, but didn't really affect us much locally. Little in the way of rain was observed through to the 13th, when a thunderstorm off Penzance was noted tracking northwards in the evening. Generally a weak affair, another one was observed seaward of Bude by late evening. Further thundery outbreaks were observed on the 25th to the east of the Duchy; they were confined to high ground and were weak and short-lived. It's been a fairly quiet year for storms so far, with just 10 recorded within sensor range here.

Temperatures were average, the odd warm day but nothing exceptional, 23°C being generally the maximums.

A total of 3.76" was collected here, which was exactly my 10 year average.

Date	6 Oct	13 Oct	20 Oct	27 Oct	3 Nov	10 Nov	17 Nov	24 Nov	1 Dec
AM	10.20	5.13	8.59	4.35	8.07	3.02	7.09	2.19	7.11
PM	22.55	17.26	21.22	16.54	20.34	15.16	19.32	14.41	19.34
Sunset	18.46	18.31	18.17	18.04	16.52	16.41	16.31	16.24	16.19

## HIGH TIDES and SUNSET Oct-Nov

NB - Heights are based on Newquay for Bude +25

## CRACKINGTON FOLK CLUB     Celia Proudfoot

I have only recently starting going to this and I have really enjoyed it. It takes place once every 4 weeks at Crackington Snooker Club so in October the first date would be Sunday 8<sup>th</sup> followed by Sunday 5<sup>th</sup> November. Entry is free and there is a bar but you will need to bring cash. There is also a raffle and cake in the break. Play starts at 7.45 so it's a good idea to be



there by 7.30pm. Players and non players all welcome. It is hosted by Kevin Johnson who is very relaxed and makes everyone feel welcome. Musical standards vary which makes it more fun and relaxed, with also excellent musicians. You can play individually or join in as



fits. All ages turn up as well as a wonderful array of instruments. The first time I went a lady played a beautiful harp and in the

break she let me have a try. As I say, it's a lovely, friendly atmosphere. Already I have been inspired to listen to and learn some more songs which have either been performed by or recommended by other people at the folk club. The first time I went it was quite quiet, but the second time, it was really busy! It ends at 10.30pm



## JUBILEE CLUB

For more information call -  
Diana Halls - 01840 261366 or  
Tina Martin - 01840 230182

Mondays 2 October Enys Gardens, Falmouth and 4 December Britannia Inn , Par



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## **GREEN TOMATO CHUTNEY RECIPE**

This simple, small volume recipe for chutney is ideal for potting into small jars that will mature just in time for Christmas gifts.

1kg green tomatoes, finely chopped  
500g onions, finely chopped  
2 fresh green chillies, halved, de-seeded and finely chopped  
500g cooking apples, peeled, cored & chopped  
2 garlic cloves, crushed  
1 tsp ground ginger  
Generous pinch of ground turmeric  
Generous pinch of ground cloves  
50g raisins  
250g soft dark brown sugar  
300ml white wine vinegar



Place the tomatoes, onions, and chillies into a large pan on a low heat until they begin to soften. Add the apples, mixing well. Add the garlic, ginger, cloves and turmeric, then stir in the raisins, sugar and vinegar. Bring to the boil, reduce the heat, cover and simmer for 1¼ -1½ hours until thickened. Transfer the chutney to warm dry jars, cover the surface with a waxed paper disc and top with an airtight, vinegar proof lid. Label and store in a cool, dark place for at least 3 weeks to mature. Can be stored unopened for 6-12 months.

## **POSTAGE PRICE INCREASES**

**From Monday 2 October 2023, postage costs will rise although standard second-class stamps will remain at their current price of 75p.**

Standard First Class	£1.10 to £1.25
Large First Class	£1.60 to £1.96
Standard Second Class	remains at 75p
Large Second Class	£1.15 to £1.55



Full details are available online or at your local Post Office



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On 10<sup>th</sup> August, 30 members, past members and guests gathered for afternoon tea to celebrate the WI's 85<sup>th</sup> year in Jacobstow. The Hall was decorated with flowers and bunting and our recently made cake stands were full of delicious party food for each table.



We enjoyed hearing about the formation of



our WI in October 1938 and its first year, at the end of which war was declared. Meetings continued with activities to fundraise for servicemen from the local area and we are proud of the WI's continuous presence in the community ever since. It was lovely to see everyone to mark this very special occasion.

For our September meeting, we welcomed Alex and Ben from the Electric Bakery in Bude, true artisan bakers who are passionate about local and sustainable produce. Producing bread, pastries, cakes and much more, they now also grow their own heritage grains, mill the flour and supply many of our local stores, farm shops and restaurants. Their success is demonstrated by the long queues seen outside the shop on King's Hill as well the number of online orders. We were treated to some delicious samples of their speciality sourdough breads with local cheese and chutney, following which many of us will be joining the queue of regular customers!



Looking ahead:

Oct 12<sup>th</sup> Talk about Isambard Kingdom Brunel

Oct 22<sup>nd</sup> 85<sup>th</sup> Birthday Lunch at Trencreek Farmhouse

Nov 9<sup>th</sup> Contemporary Handmade Glass Art

**If you'd like to join us, why not come along to the next meeting or call Jill on 01840 239829. You can be sure of a warm welcome.**



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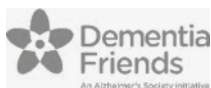


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## JACOBSTOW AMBLERS

We chose Thursday 7<sup>th</sup> September as our day to walk and how lucky we were! We had chosen to meet at Canceleave and walk the footpath along the cliff tops down to Millook for a swim. The weather was perfect; warm and sunny but not scorching heat. Sue and I car shared from Wainhouse and met Sally, Mary and Jeanne at Canceleave car park. We had all packed our swimming things, snacks and drinks. Jeanne chose to drive down to Millook and meet us on the beach to swim. We had checked the tides beforehand so that we could swim as close to high tide as possible. The sea was like a mill pond, so calm. I always use wet suit slip on shoes which are great protection from pebbles and weaver fish and do not hinder swimming. You need to wear one size smaller than your normal size. I didn't want to get out of the water, and once out, I wanted



to go straight back in! After a little sit down, chat and snack, we continued on our way, leaving Jeanne to drive home. We took the wide track at the bottom of the hill opposite the beach and then turned right at the signpost marked Canceleave, heading up through shady woodland and then to open sunny fields back to the car park.



### NEXT WALKS:

**19 October & 16 November or**

**Ring Mary: 01840 230 656**

**Celia: 01566 781 473**





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# David's Random Ramblings

Dear Readers, I expect that, at some point, we have all experienced the joy of unexpectedly bumping into an old friend in an entirely random location. This happened to me recently at



Wainhouse Corner when I spotted a Norwegian pal who had carved out a distinguished career as a bar tender but who I hadn't seen for many a year. You may well have heard of him - Lars Tordurspleas. This chance encounter reminded me of the historic meeting in 19th century Paris when the great artist Claude Monet wandered into his favourite hostelry and was astounded to see his old friend Vincent Van Gogh sat there at the bar. "Vince" the artist cried, "It's so good to see you after such a long time. Can I get you a drink?" "No thanks, Claude." came the reply, "I've just got one 'ere."

## Tail Ribbons Have A Meaning!

Watch for these unspoken signals when on the trail, at the show or around the barn:

**Caution:**  
**I Kick**  
**Or Strike!**

**Stay Back**  
**I'm A**  
**Stallion!**

**I'm Green Or**  
**Young & In-**  
**Experienced**

**I Am**  
**For**  
**Sale!**

**Stallion Or**  
**Aggressive**  
**Gelding**

**Moody**  
**Mare**  
**Kicks!**



The picture came from [pinterest.com](https://www.pinterest.com)

I was browsing on Etsy the other day when I came across bows to put on horses tails. I knew that a red bow meant the horse being ridden would kick but the following colours were a revelation!



## The Old Wainhouse Inn

Booking is advisable Tel: 01840 230711

A warm welcome from Sue, Neil and the Team is assured at the Old Wainhouse Inn. We hope you enjoy the warm relaxed atmosphere.

Please note Winter changes

Sunday Carvery 12-7pm, but no evening meals

No Breakfasts

Daily meals 12-8pm

Please check times and/or book your meals during the Winter



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# HOPSCOTCH for ALL!

The Parish Hall felt that there were no facilities for the children of the Village. After putting their heads together, their first idea was to paint Hopscotch and a Snakes and Ladders game outside the Hall. Mick had his orders and soon they were ready to be used. And yes they have already been used to the great hilarity of young and old!



Sorry boys I forgot to take your names, but thank you for showing us how to use the grids.



Jacobstow Parish Hall OAP Annual Christmas Lunch is at the hall on Tuesday December this year at midday for 12.30. Anyone in the parish over 65 years and partners if younger are welcome to this free lunch. Please book your place by 22<sup>nd</sup> November; ring Lyn

Harris on 230266 and let her know. Also please let her know if a vegetarian option is preferred.

We look forward to see you all. If anyone wishes to receive a lunch but is unable to attend please let us know and we can deliver one to you.





## Advertising in the Jacobstow Journal

- \* Do you run a local business ?
- \* Would you like to contact more customers in the area?
- \* Interested in cheap effective advertising?
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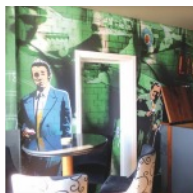
Our charges are £30 a year for 6 Bi-Monthly editions, that's only £2.50 per month.

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## KIDS' PAGE - Make a Halloween Hanging Bat

1. Paint a loo roll tube black. While it's drying, draw some bat wings on to thin card.

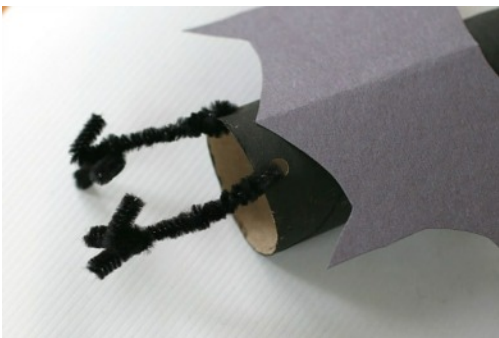
2. Cut this out and paint it grey. Cut 2 triangles from your card to make ears. Glue these on to the card tube to make ears.

3. Then add googly eyes. Use a marker to draw a mouth.

4. Punch 2 holes near the bottom of your tube. This is where the legs will go.

5. Cut a black pipe cleaner in half and twist one end in each hole for legs. Fold the bottom of the legs over so you can hang your bat upside down.

Bat wings shown below.





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# OPEN HISTORY MEETING

In the newly decorated and lovely airy Hall the past was laid out. Snippets of from the church, school and family were there to look and exclaim over. Cake and Tea made for an interesting afternoon.

Please join us at the next meeting one evening?



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## Phantom in a Field - South Petherwin, Launceston

This is one of the best documented tales and was recorded by Reverend John Ruddle (pictured), Headmaster of the Grammar School at Launceston and Vicar of Altarnun and St. Mary's, Launceston. It was later adapted into various ghost stories under the title 'The Botathen Ghost'. In the mid-1600s, Rev. Ruddle visited a couple who told him that their young son Sam was claiming he regularly saw a ghost and was very distressed. Ruddle, agreed to speak to him. To his alarm, Sam recounted a very convincing tale; that a ghostly lady appeared daily on the field that he crossed to get to school (outside South Petherwin).



The spectre would follow him, or suddenly appear and meet him several times within the same field. Gradually, the lad had become terrified, and even tried a different route to school but the apparition still appeared to him.

Ruddle agreed to go with him into the field and recorded the following: "We went into the field, and had not gone a third part before the spectrum, in the shape of a woman, with all the circumstances he had described the day before, so far as the suddenness of its appearance and transition would permit me to discover, passed by. I was a little surprised at it, and though I had taken up a firm resolution to speak to it, I had not the power, nor durst I look back; yet I took care not to show any fear to my pupil and guide."

He returned to the boy's family and took them to the field where they not only saw the ghost, but confirmed that it was Dorothy Dingley, a neighbour's girl who they had seen buried 8 years before after a suspicious death. The girl in question apparently had been in a relationship with Sam's older brother who had since disappeared in London.

Convinced that the ghost was truly a disturbed spirit, Ruddle agreed to carry out an exorcism of the field and recorded a famously detailed and articulate account including the following: "Soon after five I stepped over the stile into the haunted field, and had not gone

above thirty or forty paces before the ghost appeared at the further stile. I spoke to it in some short sentences with a loud voice; whereupon it approached me, but slowly, and when I came near it moved not. I spoke again, and it answered in a voice neither audible nor very intelligible. I was not in the least terrified, and therefore persisted until it spoke again and gave me satisfaction; but the work could not be finished at this time. Whereupon the same evening, an hour after sunset, it met me again near the same place, and after a few words on each side it quietly vanished, and neither doth appear now, nor hath appeared since, nor ever will more to any



Photo by]

BOTATHAN HOUSE

[Hayman & Son

man's disturbance....These things are true and I know them to be so, with as much certainty as eyes and ears can give me."



## WHAT'S ON

1<sup>st</sup> October - Simon Reeve 7.30 Launceston Town Hall

1<sup>st</sup> Oct Rotary Club Great Atlantic Walk

2<sup>nd</sup> Oct Jubilee Club visit to Enys Gardens, Falmouth

6<sup>th</sup> October - Great British Sewing Bee finalist Tony Rea's exhibition, The Castle Bude

7<sup>th</sup> Oct - Scout s dog show - 2.30 Scout Hut

11<sup>th</sup> Oct - Tavistock Goose Fair.

14<sup>th</sup> Oct Low tide walk 11am Crooklets Beach, The Two Minute Foundation

24<sup>th</sup> Oct Have a Wonderful Winter Garden. Mike Stevens Juliotter GC, Otterham

28<sup>th</sup> Oct - Warbstow Village Hall - Irish band Black Velvet.

Phone Ray Haynes: 07539272500 for details and tickets.

28<sup>th</sup> Oct Christmas craft fair, St Stephens Hall Launceston 10 - 2pm

28<sup>th</sup> & 29<sup>th</sup> Oct - Craft Fair and Pumpkin Festival, Poundstock Gildhouse 10-4

30<sup>th</sup> Oct Old Cornwall World War Air Fields Davidstow 7pm Robert Palmer

3<sup>rd</sup> Nov Scary South West event - The Castle Bude 5.45-9.15 18+ £5

11<sup>th</sup> Nov - Jacobstow Autumn Fair 2 - 4

18<sup>th</sup> Nov - Cornish Winter Fair 10 - 4 Royal Cornwall Showground

18<sup>th</sup> 19<sup>th</sup> Nov - Pencarrow Christmas Fair 10 - 4

3<sup>rd</sup> Dec Christmas Fayre - The Castle, Bude

4<sup>th</sup> Dec Old Cornwall Cornish Carols, Bude Methodist Church 7pm

5<sup>th</sup> Dec Christmas Lunch, Jacobstow Hall



## CHURCH FISH & CHIP LUNCH

The lunch was well attended, The Fish and Chips were hot and delicious. Deserts were spectacular. An interesting lunch all round.



Many thanks to Pat, Bryan and their helpers.





## REGULAR EVENTS - In Parish Hall unless otherwise stated

Monday      Cubs 6.30-8.00 Scout Hut  
                 Brownies 4.30-5.30 - Canworthy Sunday School

Tuesday     Scouts 6.30-8.00 Scout Hut  
                 Rainbows 5.45-7.00  
                 Guides 7.00-8.30

Wednes      Beavers 5.30-6.30 Scout Hut

Sunday       Coast Family Church 10.30

1<sup>st</sup> Tuesday monthly Parish Council meeting 7.30  
Arts & Crafts Club Day courses as arranged.  
Check your Journal or  
phone Jeanne Gimblett on 01840 230113 for details

2<sup>nd</sup> Thursday monthly WI 7.30

4<sup>th</sup> Tuesday monthly Juliotter Gardening Club, Otterham  
Hall, 7.30

---

## LOCAL BUSES

**Please Note** If you are unfamiliar with the buses  
- check the times. If you want to walk one-way always catch a bus **FIRST!**

**95/95B and 94** These are regular buses along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

**Transport for Cornwall** - 08081962632 - [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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**220** - Launceston, Tues;

**371** - Launceston, Mon/Thurs;

**372** - Holsworthy, Wed;

**373** - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish  
reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other  
way points.

**Travel Cornwall** - 01726 861108- [www.transportforcornwall.co.uk](http://www.transportforcornwall.co.uk)

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## Local Authority

Cornwall County Council  
Bude "One Stop Shop" and Library also )  
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Nicky Chopak (County Councillor)  
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# USEFUL CONTACT NUMBERS

## Jacobstow Organisations

Jacobstow Infants School 01840 230337  
Parent/Teacher Association Jenny Johnson 01840 230456  
Women's Institute, Mrs J Baker 01840 239829  
Jacobstow Church, Mr Brian Marshall 01840 230526  
Art Group, Jeane Gimblett 07706927197  
Happy Crafters, Eden Chapel - Alison 01566 781418  
Parish Hall Bookings, J Gimblett 07706927197  
Beavers, Josie Shepherd 01840 230330  
Cub Groups, Mrs D Dowling 01288 352786  
Scouts, Robert Medland 07842084971  
Guides and Rainbows Mrs M Andrew 01840 230006  
Brownies Louise Cowling 07817985661  
Wainhouse Post Office and Stores 01840 230554  
Jacobstow Walks, Mary 01840 230656  
Jubilee Club Diana - 01840261366 or Tina 01840 230182  
Julietter Garden Club, Pat Thorne 01840 261237

## Healthcare

NHS, Non-emergency 111

## Hospitals

Derriford, Plymouth 01752 202082  
Treliske, Truro 01872 250000  
Barnstaple 01271 322577  
Bodmin, E Cornwall 01208 251300  
Launceston Hospital 01566 761001  
Launceston Minor Injuries 01566 761030  
Stratton Hospital 01288 320100  
Stratton Minor Injuries 01288 320101

## Doctors' Surgeries

Bottreaux Surgery, Boscastle 01840 250209  
Neetside, Bude 01288 270580  
Medical Centre, Stratton 01288 352133  
Drs Nash & Uglow, Camelford 01840 213894