

Jacobstow Journal



Providing news and information for the Parish of Jacobstow
www.jacobstovvillage.co.uk



Issue 93 April/May 2026

Delivery free to every household in the Parish - otherwise £1.00

Editorial by Sarah

Well, as I type this I think maybe, just maybe, Spring has sprung...but let's whisper that because we live in England.

My attention is turning to my garden and more specifically, my veg plot. I really enjoy growing my own (and the rest of the street when a glut hits, anyone for cucumber?) fruit and vegetables. There really is something to be said for the taste of home grown produce. But, there is also something to be said for standing in the rain on a cold winters afternoon trying to pull up a leek that really doesn't want to budge!

I've just started all my tomato seeds in the greenhouse, I usually buy them as plants but this year I've opted for seeds. Only problem is there are 20 seeds in a packet and I have planted about 5 packets. SO, look out as you go by my house in about 6 weeks time for the free tomato plants on my front wall!

Sarah

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor. Sarah Smith

Almar, Jacobstow, EX23 0BN

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Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the June/July edition will be 10th May. Please note this does not guarantee that the item will be published due to possible limitations on space.

Contributions received will be included at the Editorial Team's discretion.

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Jacobstow Parish Council

Chair : C Smith

Parish Clerk : Mrs D Turner 01566 781269

Members : Cllr P Chapman Cllr N Osborne Cllr J Shepherd
Cllr S Smith Cllr K Anderton Cllr A Vogel

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August).

Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovvillage.co.uk

Summary of Minutes of Meeting held on 3rd February 2026

Cllr. Charmaine Smith chaired the monthly meeting with five Councillors, County Cllr. Nicky Chopak, Mrs D. Turner (Clerk) and one member of the Public attending.

Planning Application No PA25/08413 – Old Barn, Langdon, Jacobstow – Cornwall Council had approved this Application.

Highways - Submit to Cornwall Council details for grant to put signs on East Langdon Corner (road from Langdon Cross to Canworthy Water) and maybe “SLOW” painted on road.

Planning Application No PA25/07280 - Land North of Trengune, Jacobstow. Cornwall Council had approved this.

Planning Application No PA25/05620 – Trehausa, Week St. Mary - Cornwall Council had approved this.



Nicky Chopak, your County Councillor contact details -
Mobile: 07810 302061 **Email:** nickychopak@gmail.com.
Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Summary of Minutes of Meeting held on 3rd February 2026 (Cont)

Planning Application No PA26/00033 – Retrospective Application for change of use from agricultural to equestrian (commercial livery) use. Including conversion of buildings to stables and retention of all weather area. Eden Farm, Jacobstow. Councillors supported this application .

Accounts to pay:- Duchy Defibrillators Annual Fee £246.00 Bude Solutions Annual Fee £184.80 Data Protection Annual fee £52.00

Flooding at Edgar Road - Flooding was reported – Cllr. Nicky Chopak to report this.

Summary of Minutes of Meeting held on 3rd March 2026

Cllr Charmaine Smith chaired the monthly meeting with seven Councillors, the Clerk and two members of the public attending.

Donations – It was unanimously agreed to give the annual donations being Jacobstow Church Graveyard Fund £150. Eden Graveyard fund £150 and Cornwall Air Ambulance £200.

Planning Application PA26/00636 – Application for Permission in Principle for the erection of a Single Storey dwelling– Land North-West of Edmore Bungalow Planning withdrawn.

Planning Application PA26/00804 – Extension to existing dwelling – Broad Langdon, Jacobstow. Councillors support this Application.

Planning Application No PA26/08413 - Old Barn, Broad Langdon, Jacobstow - Cornwall Council approved this.

Planning Application No PA26/01153 – Installation of ground mounted solar PV array, Beckaveans - Councillors support this.

Stop smoking Campaign - Free Community Support at Berries Avenue Café. This will be held on the 4th Tuesday of the month.

Goldfinch Close - Two estimates received for the concrete base at Goldfinch Close for the two seats already purchased. It was decided to accept the lowest quote which was Michael Vanstone Plant Hire.

Winefred Smith 100 years young!

A few words about this editions “cover girl”.

Winefred (Winnie or Mother also works) was born on the 22nd April 1926 and she has lived in the village for over 75 years surrounded by her family.

She was an active member of Jacobstow Church and was always involved in any events. She still plays a very active part in collecting the money for the church lottery. She was also a bell ringer for many years along with members of her family.

Winnie was also a member of Jacobstow WI for many years, giving them her full support and being active in many activities and fund raisers.



Winnie is pictured here, on the left, when WI members joined the bellringers to celebrate the 75th Anniversary of the WI in Cornwall in September 1990.

Jacobstow school, both the old and the new one, was her place of work until she retired.

There is an Open House on her birthday, 22nd April, from 2 to 5 if you would like to pop in and have a chat. If you can't make it, just give her a wave at her window as you go round the bend, she would love that.



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CHURCH AND CHAPEL SERVICES

Jacobstow & Boscastle Group of Churches Services

Service monthly Rota at the moment is:

1st Sunday of month St Gennys HC 10 30am 6 30pm

Evensong (Zoom)

2nd Sunday of the month Forrabury HC 10 30am also Jacobstow

Worship Service 3pm 6 30pm Zoom

3rd Sunday of the month Tintagel HC 10 30am 6 30pm Zoom

4th Sunday of the month Warbstow HC 10 30am also Trevalga

3pm Worship Service 6 30pm Zoom.

This could change over Holy Week & Easter

Check website at www.boscastlechurches.uk or notice in church porch for update.



Coast Family Church

Sunday services on the **first**,
third and **fifth** Sunday of the
month at 10.00am Jacobstow
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Church Draw Winners 2026

Date	1st	2nd	3rd
January	Mrs R Braund	Mr J Lewis	Mrs M Parnal
February	Mr B Marshal	Mrs M Reason	Mrs W Smith
March	Mrs L Dodd	Mrs E Thain	Mrs N Osborne
April	Mrs B Forsyth	Mrs L Harris	Mrs M Carter

NB - Tides are based on Newquay +25 minutes

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CHURCH AND CHAPEL NEWS & EVENTS



Easter Worship and Events in the Methodist Church Friday 3rd April

*3.00pm Good Friday Reflection at
Bethel Methodist Church
(Trelash/Warbstow)*

Sunday 5th April - Easter Day

*6.30am Sunrise Service and Holy
Communion at Warbstow Bury followed by
FREE BREAKFAST*

at Bethel Methodist Church Hall

*10.30am Easter Morning Celebration at
Bethel Methodist Church led by Julie Swann
and at Living Water Methodist Church
(Canworthy Water)*

*All are welcome at these services and we
wish you a joyous and hope-filled Easter*

Bethel Methodist Church invites you to

EASTER CRAFTS & ACTIVITIES



Friday 27th March

6.30pm – 8.30pm

at Bethel Methodist Church

Easter crafts for the whole family

FREE EVENT!

All ages welcome

Refreshments included

For further info please call

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Jubilee Club

The Jubilee Club have organised a Coach Trip to



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The Old Wainhouse Inn

Methodist Musings – Joyful News!

As I write this the sun is actually shining, the daffodils are flowering, the grass is growing(!) and the evenings are getting lighter. After what seems like months of dismal, grey, days it feels like we might be turning a corner and we've got reasons to be hopeful and more joyous. It reminded me of the late 70's song "Reasons to be Cheerful" – the lyrics of which make very little sense, other than it's a long list of things and people that might bring a smile to our faces.

Of course, we could be forgiven for feeling a bit "down in the dumps", like those many rainy days we've had since the beginning of the year, not least because we seem to be on the receiving end of bad news stories both locally and further afield. How we feel about these is probably partly influenced by whether we're a "glass half full" or "glass half empty" kind of person, whether our natural inclination is to look on the dark side of things, or the brighter side.

Springtime, with its bursts of colour, lighter evenings, warmer weather and new life seen in the birth of lambs and chicks heralds a much brighter time, reminding us that after the rain the sunshine does come and there really are reasons to be cheerful. So, what is it that makes us glad, that lifts our spirits, perhaps even stops us in our tracks, bringing a smile to your face? For some of us it might be one of the glorious sunrises or sunsets that we experience here in Cornwall, for others it's those signs of new life as we see new lambs leaping in the fields, as only they can do, or perhaps it's an unexpected visit from a friend, or a smile from someone we see in the street.

For Christians, Easter lifts our spirits, and reminds us that there is hope and joy, regardless of what life might throw at us. Easter Day, in particular, is a time for remembering the exuberant joy that Jesus' friends experienced as they discovered that he was alive. When Mary met him in the garden on that first Easter morning she was so overwhelmed with joy that she immediately shared the wonderful news with others. Jesus can still bring that same, deep down, feeling of joy, bubbling up inside us and tinging even the gloomiest of days with brightness. Being a Christian doesn't guarantee an easy or problem-free life, but when down times come along we can be reassured that God is always alongside us, helping us (even if we don't realise it) and giving us a reason for hope and joy.

May you have a blessed and joyous Easter however you choose to celebrate it and may there be a smile on your face as the brighter days arrive and the world becomes more colourful.

"This is the day that the Lord has made. Let us rejoice and be glad in it." Psalm 118 verse 24

Julie Swann

Church & Community Worker Camelford and Week St Mary Methodist Circuit





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Jacobstow Guides

This month's article has been written by the Guides who would like to tell you about the Eco Award.

To start with each guide completed a quiz to understand more about their own Carbon foot print. They then completed 3 challenges - one at home, one for the community and one in their unit, and finally we decided to write about our adventures to inspire others :-

We learned that we can recycle toothpaste tubes We visited the Bude refill shop, learned how we can reuse old bottles and made a mess when we filled up our clean old containers with washing up liquid!

One evening we made new bags out of old teeshirts:- which was great fun. At Christmas we made paperchains out of old paper (Blngo tickets) and together with decorations made with old wrapping paper, we decorated Jacobstow Parish hall for the Christmas lunch.

In March we took part in the Big Plastic Count which shows how much plastic we use in a week, and this information is collected nationally, (a bit like the Great Garden Bird watch) .

Some of us struggled to find a challenge to complete at home because our families already try to use as little packaging as possible. - this was nice problem to have! Looking back over the Eco Award, we have enjoyed learning the fun ways that we can reuse our plastic and give it a second life. After doing this award we think it is important for all of us to understand how simple it can be to reuse plastic and respect the environment. Thank you.

Jane Mary and the 93rd Guides

Jacobstow Girlguiding



Invites you to a Big Breakfast

Good Friday, 3rd April

9:30am to 2:00pm



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St Piran's Day Pasty Lunch



The Pasty lunch was held in the Village Hall, followed by a raffle. Thank you to everyone who attended and supported this event. All proceeds to Jacobstow Church

Jacobstow Craft Day

A most enjoyable day was spent felting and knitting, with much hilarity with the excellent results. We then enjoyed a delicious lunch of soup and cheese.



CHORA

The annual Crackington Haven Outfit Riders Trial was well attended with many riders from near and far, meeting at the Wainhouse Inn.

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Starting Tuesday 14th April and the next one will be on 12th May

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Paper tickets at LitFest Box Office Bude Library

USEFUL INFORMATION ABOUT OUR CASUALTY DEPARTMENTS AND MINOR INJURIES UNITS

A nurse at Stratton recently told me something really helpful. If you want to know which Minor Injuries Units are open and what the waiting times are like, just type in Google "Cornwall minor injuries waiting times. You then choose royalcornwallhospitals.nhs.uk

Scroll down and the hospitals are listed in bright green. So today it says Launceston wait is 6 mins 1 patient waiting, 1 being seen. Stratton says 3 hrs 22 mins 3 patients waiting, 3 being seen. Last Wednesday Stratton was not listed as it happened to be closed due to staffing. See screenshot from my phone.





WHAT'S ON

March

28/29 Cornwall Garden Soc Spring Show, Royal Cornwall Showground

April

3rd Good Friday

3-19 Tulip Festival at Strawberry Fields, Lifton

5th Easter Day

6th Easter Monday - Bank Holiday

22nd Juliotter's Garden Club - Peat free & soil health talk 7.30pm

23rd St George's Day

May

3rd Juliotter's Garden Club Plant Sale Otterham Village Hall 10-2

4th May Day Bank Holiday

8th Quiz at The Gildhouse, Poundstock 7.30-10.30, Pop-Up Pub

9th Egloskerry Garden Club Sale, Tresmeer – 9-12

10th The Bridge Watermill, Bridgerule Open Day 11-4 £5, free for children, activities, walks, plant sale, refreshments (No Dogs)

13-17 Bude Literary Festival - 91 events over 5 days.
See budelitfest.co.uk for online tickets or visit Bude Library

16th Plant Sale at The Gildhouse, Poundstock 10-1230

23rd Marhamchurch Village Hall Plant Sale - 11-1pm

25th Spring Bank Holiday

27th Juliotter's Garden Club Talk on Ferns Otterham Hall 7.30pm

HIGH TIDES & SUNSETS - April and May 2026									
Date	4 April	11 April	18 April	25 April	2 May	9 May	16 May	23 May	30 May
AM	7:17	****	6:21	00:11	6:15	10:38	05:12	11:21	5:15
PM	19:31	12:38	18:40	13:03	18:31	23:15	17:35	23:51	17:34
Sunset	19:57	20:08	20:20	20:31	20:42	20:53	21:03	21:12	21:21



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WEATHERWISE by Monitor

Early January is mid-winter. The first week saw light snow here at Canworthy Water towards the end of that week. It was a fairly short-lived affair but did give some overnight frosts with ice patches in the mornings. The month was noted, however, for three storms of which "Gorette" on the 8th was quite an event. The origin of this was tropical, it started as a shallow low in the low latitudes earlier in the week, was shown on the 0600 Met chart for the 8th as 994 49N, 16W and was expected 970 Dover by midnight that day. That's quite a drop, it deepened very quickly - these things don't like being tracked into much colder air that was across the country from America at the time.

Apart from the rapid drop in central pressure, the storm had a tight circulation and more disturbing the evening chart showed that there was a distinct dry slot that had developed behind a detached cold front associated with "Gorette". It was this feature that caused a notable sheer in the wind direction, with a rapid drop of much colder and dry air from aloft bringing violent winds down to the surface. These winds had been a fairly normal 24 knots at Gull Rock, Treknock earlier with the wind veering from ESE to NNW in 10 minutes and increasing to 75 knots in a short period. These severe winds then transferred east with the barometer rising quickly. I recorded a gust of 54 knots here in the garden in the late evening, sustained winds of 62 knots were recorded at St Mary's airport on the Scillies and violent winds gusting 115 knots were observed along the Southern English Channel. Although the strongest wind field was fairly narrow, considerable damage to property occurred locally with Falmouth being badly affected.

Further storms were observed during the month, none really gave wind issues but a predominance of gale force southeasterly winds also gave considerable problems with coastal flooding along our southern coastal areas.

A very wet month as well generally, a total of 9.47", 240.5mm was collected here, as against my 10 year average of 5.21", 132mm. We do get the odd wet January but no particular trend was observed of late.

February was uneventful with no more stormy conditions and only moderate rainfall slightly above average for the southwest. There were a couple of wet days, 0.6" on the 15th which also gave heavy showers to the east of us, and 0.66" collected on the 27th. Fairly mild, 15°C was recorded on a number of days with 15.8° by mid-afternoon on the 25th. A total of 5.99", 152mm was collected for the month, against my 10 year average of 4.51", 114.6mm. I've noticed there has been a trend for wetter February's down west in the past five years or so, more a function of earlier springs than anything else, I should think.



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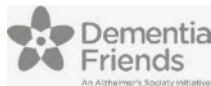


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Ben Maguire MP



Gool Peran Lowen - Happy St. Piran's Day, Jacobstow! It was fantastic to celebrate St Piran's Day here in the constituency, joining the brilliant parade alongside Cornwall Councillors Leigh Frost, Dan Rogerson and Chris Batters, and so many residents, over in Bodmin to proudly celebrate Cornwall's culture and heritage. To mark the occasion, I tabled an official Early Day Motion to Parliament, calling for stronger protections for Cornish produce.

Following the proposed closure of Sharp's Brewery down in Rock (which I've also had urgent meetings about) as it has put around 50 local jobs at risk, and many more across the supply chain) it has never been clearer that we must protect Cornwall's producers and identity. My motion calls on the Government to ensure that products marketed as 'Cornish' are genuinely made here in Cornwall, safeguarding local jobs and supporting our independent food and drink businesses.

I also recently visited residents in Launceston following the major water outage that left thousands of my constituents without water supply. This disruption is completely unacceptable and highlights yet again the need for serious investment in Cornwall's water infrastructure. I am already raising the issue urgently with South West Water bosses and pressing them to explain exactly what went wrong and how they will prevent this from ever happening again.

I also had a productive visit to Smile Together in Bodmin recently as part of my ongoing campaign to tackle the severe lack of NHS dental access in North Cornwall. We discussed how we can increase the number of NHS check-ups and emergency appointments in areas that are currently struggling the most. Access to dentistry remains one of the biggest issues raised in my constituency surgeries,

Alongside this, I met with the Young Fishermen Network down in Port Isaac to hear directly about the challenges facing the next generation of fishermen (and women!) along our coastline. They told me about issues such as rising costs, challenges with accessing finance for a vessel, overregulation, and long-term sustainability. I'm now in the process of applying for a parliamentary debate on inshore fishing on their behalf, so that the concerns of our young fishermen here in Cornwall can be properly raised in Westminster and given the consideration they deserve.

Many of you will also have seen the recent release of the Channel 4 documentary Dirty Business, which exposed serious failures by regulators in tackling sewage dumping. Sadly, communities like ours here in North Cornwall have known about this scandalous behaviour for years. I'll be doing everything I can to continue pressing Ministers, regulators, and South West Water themselves to ensure our rivers and beaches are protected and that those responsible are properly held to account.

Finally, thank you to everyone who joined my latest 'Brew with Ben' event in Morwenstow. The next Brew (at the time of writing) will be in Boscastle, so not too far from you all in Jacobstow. These sessions are always a really great opportunity to discuss local issues, hear your concerns directly, and for my team and I to take on casework wherever possible. Please keep an eye on my social media for details of the next event, and until then, take care.

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Sound Waves South West



Sound Waves South West Music and Music Therapy Trust (SWSW) is an independent charity founded in 2000 by Judyth Gwynne. It became a Charitable Incorporated Organisation (CIO registered no: 1167138) in 2016. Its activities began in the Bude area and now extend throughout rural North Cornwall and into Devon.

The aims of SWSW are: To provide funding for Music Therapy for children in conventional and Special

Schools in North Cornwall. We currently support over 20 children in four local schools, working closely with the Cornwall Music Service Trust, who actually employ the therapists. We are currently working towards increasing the number of children we support.

To provide free loans of orchestral instruments to children receiving tuition in the SWSW catchment area which covers North Cornwall and stretches into parts of Devon. We have over 200 instruments in our inventory ranging from Violins, Cellos, and Violas, through Flutes and Clarinets to Classical guitars.

To run professional music Workshops in local schools giving children the opportunity to experience culturally diverse music. This year we brought down a group call Toscana Strings, who together with a classically trained ballet dancer, performed to over 1500 infant and primary school students in twelve local schools.

To encourage young musicians by offering an Annual Award for Musical Achievement, which was won this year by a multi-talented student who sings, plays trumpet, piano and percussion

SWSW relies totally on charitable support and we are very grateful to the national funding bodies who support us and all the local organisations and individuals that arrange fund-raising events on our behalf.

But we need some help!

We are seeking someone passionate about social media to join us—either as a trustee or just as a volunteer—to help optimize our social media presence. We would also welcome someone would provide some external eyes on our Compliance. Neither of roles will be arduous as the Trustees carry out the core of the Charity's tasks but your expertise will help us reach more families, more supporters, and more donors in order to help us continue and grow our vital work.

If you are interested in making a difference through music? Visit www.soundwaves-sw.co.uk for further details and how to contact us to learn more.

Alan Whittle Chair, Sound Waves South West

Julian Trick

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Journal Quiz page

Welcome to your "tea break" puzzle page. This edition's winner is Jade Bowker. If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the Picture Quiz and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10th May 2025 Thank you to Wainhouse Stores for sponsoring this page.



Exercise your grey matter with a nice little General Knowledge Quiz

What is the study of mushrooms called?

Which movie, starring Brad Pitt and Edward Norton, is based on a novel by Chuck Palahniuk?

What is the capital of Malaysia?

What is the name of the peninsula located in the northern part of Norway, Finland, and Russia?

In which year did the First World War end?

Who composed the music for "The Messiah"?

What is the largest bird in the world?

Who succeeded Neville Chamberlain as Prime Minister in 1940?

What is the currency of Hungary?

Which animal can be seen on the Porsche logo?

Who composed the music for "Aida"?

Where did backgammon originate?

Are you a cat person? Can you name these cats?



Last editions answers 1. 17th March 2. 80 million 3. Daffodil 4. Spring break 5. 1st march 6. Lionhead rabbit 8. Cherry tree 9. 5 months 10. Snowdrops Rare birds 1. Waxwing 2. Brambling 3. Goldcrest 4. Bullfinch.


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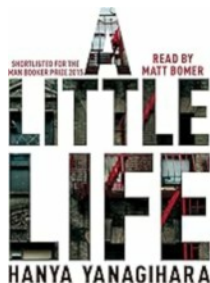


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Jacobstow Book Review

'A Little Life' by Hanya Yanagihara



Four young men meet at a small Massachusetts college and, after graduation, move to New York to pursue their individual careers as a lawyer, an artist, an architect and an actor. They stay closely in touch over the years, as they each become more famous, successful and rich. The brilliant lawyer, Jude, has suffered the most cruel and horrific childhood which has left him both physically and mentally scarred. At times his body goes into spasms and he is rendered unconscious and almost disabled but his three friends and others continue to love and support him. This is a beautifully written and sometimes most disturbing novel but which is also uplifting and full of human kindness.

'The Other Bennet Sister' Janice Hadlow

Mary is the middle sister in the Bennet household in the novel 'Pride and Prejudice'. She is neither as beautiful as her two older sisters, nor as lively as the two younger. She is quiet and studious and is almost ignored. Her mother berates her constantly because she cannot see how she is ever to marry and her father seems hardly to notice her, even though she spends most of her time, reading books in his study. Worst of all, in order for her to continue her studies she has to be fitted with spectacles, making her even less attractive, according to Mrs Bennet. Once the other four sisters are married and her father is dead, Mary is left homeless because Mr Collins and his wife have moved into Longbourne. She envisages a poor and cheerless future, forced either to stay with her two richest sisters, becoming a governess or visiting her friend Charlotte Collins at her once childhood home, none of which Make her very happy. She eventually finds the courage to travel to London to stay with her aunt and uncle who are both attentive and kind, and a whole new and exciting world opens up for her.



David's random ramblings

With the spring equinox now behind us and the hours of daylight continuing to lengthen, we can all start to get outside a bit more to enjoy the fresh air and glorious countryside, spending a bit less of our time glued to the goggle box. I have to confess, however, that overcome with nostalgia for classic TV series and keen to engage in a bit of time travel, I have recently been binge watching old episodes of Dr Who. It was only after this that it finally struck me that what makes the Time Lord such a formidable character throughout their numerous incarnations and many adventures is their unerring and enduring ability to think outside the box.

But, at a more local level and as a word of warning, if you're headed out of Wainhouse Corner in the direction of Camelford on the A39 please check to make sure that you haven't got a bear behind. And, if you're going in the opposite direction, always remember this: bear left shortly before you get to Wainhouse.



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WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE

Would you like to live in a country where success is measured by happiness and quality of life rather than wealth? Our February speaker, Rosemary Lee, was lucky to have visited such a country – Bhutan, a small Himalayan kingdom between Tibet and India and one of the most mountainous countries in the world. There are few roads, a national speed limit of 30 mph and no traffic lights. The only international airport is regarded as “the most dangerous in the world” with only 24 pilots licensed to land there.

The national religion is Tantric/Tibetan Buddhism and the highest lama in the land holds a position equal to the King. The fourth king came to power in 1972, aged 16, and brought in modern education and healthcare, developed roads, hydro-electric power and tourism. He abdicated in 2006 in favour of his son so that the country could move to a constitutional monarchy.



It was this king who started the philosophy of Gross National Happiness rather than Gross National Product which was rooted in Bhutan's Buddhist legal code stating that **”if the government cannot create happiness for its people, then there is no purpose for the government to exist”**. This philosophy includes protection of the environment - hunting and fishing are illegal, the felling of trees only under strict licence, and the climbing of the highest peaks (where spirits may dwell) is strictly forbidden. Smoking and tobacco products were banned from sale in 2004, cleanliness is very important with roads swept, toilets and tourist areas cleaned and often inspected.

45% of national income comes from hydro-electricity sold to India. Farms are small 4-5 acres only and produce rice in paddy fields and chillies are widely grown. 70% of the country is covered by forest and native wildlife consists of Macaque monkeys and Grey Langurs; the national animal is the goat-like Takin. The national sport is archery with targets at 435ft, darts is played with a large, heavy dart by the poorer people from 60ft!

The photograph above shows Rosemary in front of the Tiger's Nest monastery which was first built in 1692, destroyed by fire in 1998 and rebuilt in 2005.

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2nd Bude (Jacobstow) Scout Group

Since our last update we have said a fond farewell to our Beaver leader, Josie Shepherd, who after some 29 Years involved in the Scouting group & becoming Beaver leader in 2017 has retired from the group. Josie will be sadly missed. As a small token of our appreciation, Josie was presented with an engraved vase at our Christmas evening.

We have welcomed 2 new Beaver leaders, Luke & Jess. This term the Beavers have been working toward their experiment & team work badges. Also, the Beavers will be tilling seeds & watching them grow over the coming months.

Cubs are busy working on their international & artist badges. The paints have been out & the Cubs made some very special Mother's Day cards.

Scouts this term have been preparing for the annual district Scout 'Camel Run'. This is a walk during the evening/night with various task to complete along the way. The Scouts have been learning navigational skills. This year Camelford Scouts are hosting the event & we have 13 Scouts taking part.

The end of this term will conclude with all 3 sections having an Easter celebration evening.

During April the Scouts will have the opportunity to take part in the annual Coast 2 Coast, walking roughly 35 miles. The following weekend the Cubs can take part in the 'Cub Challenge', walking some 15 miles.

Young people are more than welcome to come along to our weekly meetings & give Scouting a go.

Beavers: age 6-8 Wednesday at 5.30-6.30pm

Cubs: age 8-11 Monday at 6.30-8pm

Scouts: age 11-14 Tuesday at 6.30-8pm

Contacts = Cubs - Daphne Dowling 01288 352786

= Scouts/Beavers - Robert Medland 07842 084971

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EVENTS - In Parish Hall unless otherwise stated

Arts & Crafts Club - Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 01840 230113 for details.

Monday Cubs 6.30-8.00 Scout Hut Brownies 6-7.30
 Jive Club Parkhouse Centre, Bude

Tuesday Scouts 6.30-8.00 Scout Hut
 Rainbows 5.45-7.00 Guides 7.00-8.45

Wed'day Beavers 5.30-6.30 Scout Hut

Sunday Coast Family Church 10.30

Last Monday monthly, 7.30 - Old Cornwall at Parkhouse Centre

1st Tuesday monthly: Parish Council meeting 7.30 2nd

Tuesday monthly: 7.30 WI Marhamchurch

4th Tuesday monthly: 7.30 Juliotter Garden Club, Marshgate

1st Wed': Camelford Garden Club 2-4pm monthly Camelford Library

2nd Thursday monthly: 7.15pm WI Week St Mary

Local Taxi services

Trev's Taxi - Bude 07799 663217

BosCars - Boscastle 07790 983911

Edd's Taxi - Bude 07486 868636

LOCAL BUSES

Please Note If you are unfamiliar with the buses - check the times. If you want to walk one-way always catch a bus **FIRST!**

The **95** is the only regular bus along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

220 - Launceston, Tues;

371 - Launceston, Mon/Thurs;

372 - Holsworthy, Wed;

373 - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

Local Authority

Cornwall County Council 03001 234100
Bude "One Stop Shop" and Library also) 03001 234111
Library Renewal Hotline)
North Cornwall MP Ben Maguire 01208 640995
Nicky Chopak (County Councillor) 07810302061
Police Force Enquiry Centre 101
Crimestoppers (Anonymous) 0800 555111
Floodline 0845 9881188
Power Cut-Western Power Distribution 08006783105
Sita Recycling Centre, Tiscott Wood 01288 355131
Dog Warden (Environmental Health) 03001234212
Cats Protection, Holsworthy 0345 3712717
Citizens Advice Bureau-Advice Cornwall 03444994188

Healthcare

NHS, Non-emergency 111

Hospitals

Derriford, Plymouth 01752 202082
Treliske, Truro 01872 250000
Barnstaple 01271 322577
Bodmin, E Cornwall 01208 251300
Launceston Hospital 01566 761001
Launceston Minor Injuries 01566 761030
Stratton Hospital 01288 320100
Stratton Minor Injuries 01288 320101

Doctors' Surgeries

Bottreaux Surgery, Boscastle 01840 250209
Neetside, Bude 01288 270580
Medical Centre, Stratton 01288 352133
Drs Nash & Uglow, Camelford 01840 213894

Other Numbers

National Rail Enquiries 08457 484950
National Express coaches 08717818178
Farming Community Network 07002 326326
Rebel Cinema 01288 36`442
SAMARITANS 116123
Child Line 0800 1111
Women's Refuge 01872 225629

USEFUL CONTACT NUMBERS

Jacobstow Organisations

Jacobstow Infants School 01840 230337
Jacobstow Church, Mr Brian Marshall 01840 230526
Art Group, Jeane Gimblett 07706927197
Parish Hall Bookings, J Gimblett 07706927197
Beavers, Josie Shepherd 07855001284
Cub Groups, Mrs D Dowling 01288 352786
Scouts, Robert Medland 07842084971
Guides and Rainbows Mrs M Andrew 01840 230006
Brownies - Jane Bailey 07816394966
Wainhouse Post Office and Stores 01840 230554
Jacobstow Walks, Mary 01840 230656
Jubilee Club Diana - 01840261366 or Tina 01840 230182
Julliotter Garden Club, Pat Thorne 01840 261237
WI - Week St Mary, Roberta Jones 07788 548875
Marhamchurch, Shirley Youldon 01288 354672