

Jacobstow Journal



Providing news and information for the Parish of Jacobstow
www.jacobstowvillage.co.uk

Issue 96 Oct/Nov 2026



Delivery free to every household in the Parish - otherwise £1.00

Editorial by Sarah

OK, I hold my hands up...I'm a total sucker for anything attached to a TV show, with that in mind I ended up at the Farmer's Dog for lunch last week whilst on a week's holiday to the Cotswolds. Before you all start either resolving never to speak to me again or trying to catch up with me for a full update (yep, that man Clarkson splits the vote that much!), I also went to the Diddy Squat farm shop. I arrived at the farm shop, which is about the size of a double garage, five minutes after it opened and then queued for 20 minutes to shuffle around. The pub was a well oiled machine, fast service and good food at reasonable prices.

One of the things that will be said is that going to that the pub is drawing business away from other pubs. I would sort of dispute that because you can't get into the Farmer's Dog unless you book a month in advance, so if people are on holiday they are going to use the other local pubs and restaurants in the area whilst they are there...like I did. Also, so many people were employed at both locations, surely that's got to be a good thing. Only British produce was served, so no Coke or coffee which is a bit strange, but all in all, an enjoyable experience and I got a lovely tote bag!

Enquiries, Articles and Letters

email to:

jacobstowjournal@gmail.com

or in writing to the Editor. Sarah Smith

Almar, Jacobstow, EX23 0BN

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Advertising Rates

The current Rate for 6 issues is £30 for a half-page advert.

Contact Sarah on 01840-230565, or via e-mail, for further information.

The deadline for adverts, letters or articles for the Dec/Jan edition will be 10th November. Please note this does not guarantee that the item will be published due to possible limitations on space. Contributions received will be included at the Editorial Team's discretion.

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Jacobstow Parish Council

Chair : C Smith

Parish Clerk : Mrs D Turner 01566 781269

Members :	Cllr P Chapman	Cllr N Osborne	Cllr J Shepherd
	Cllr S Smith	Cllr K Anderton	Cllr A Vogel

The Parish Council meets in the Parish Hall on the 1st Tuesday of every month (except for August).

Meetings commence at 7.30 pm. Members of the public are welcome to attend but any items for inclusion on the Agenda should be submitted to the Parish Clerk at least 10 days before the meeting. There is an opportunity to raise questions at the beginning and end of the Council meeting but questions (and answers) raised at these times are not recorded in the Minutes.

Editor's Note The report on each month's Parish Council meeting is a summary prepared by the Parish Clerk. We have omitted certain minor items for brevity but a full version of the minutes is displayed on the Parish Hall notice board (after formal approval) at the following month's Parish Council meeting also the Agenda and Minutes of previous meetings are on the village website www.jacobstovvillage.co.uk

Summary of Minutes of meeting held on 1st September, 2026.

Cllr. Charmaine Smith chaired the monthly meeting with four Councillors, County Cllr. Nicky Chopak, The Clerk and one member of the public attending.

Planning Application PA26/05347 - Change of use from holiday accommodation to garden room, gym/studio and including retained shower room for use incidental to dwelling known as Sunnyside, Jacobstow. Councillors support this Application.

Planning Application PA26/03095 - Cottage Farm, Jacobstow - Cornwall Council refused ***this.Application***

Planning Application PA25/06108 - Cottage Farm - Approved by Cornwall Council.

Footpaths - Broken gate and post reported. Councillor Chopak contacting Cornwall Council.

Emails - Emails from residents discussed: 20mph in Jacobstow can't be seen properly; bonfires at Wainhouse Corner on a hot sunny day causing bad smell; cars parked at Wainhouse Corner outside flats causing problems for cars coming off the A39 onto the Canworthy Water road.



Nicky Chopak, your County Councillor contact details -
Mobile: 07810 302061 **Email:** nicky chopak@gmail.com.
Mail: The Post House, Tresmeer, Launceston, PL15 8QU

Changes to the landline telephone system – are you ready for the Digital Switchover?

Extract from the Citizens' Advice website: citizensadvice.org.uk

In January 2027 the old landline phone network will be switched off. It is being replaced by a digital network that uses the internet to make phone calls. You may have already been contacted by your phone provider and be on the new system.

If you haven't already made the switch, contact your telephone provider as soon as possible.

The switchover is free of charge so beware of scam calls asking for payment.

Telecare Personal Alarms If you have a personal alarm or other technology at home to keep you safe, it might be affected when you're switched to a digital phone line. This technology is called 'telecare'. To avoid interruptions to your telecare service, tell your landline provider that you use a personal alarm using contact details found on your phone bill or on their website.

Also - ask your telecare provider if your telecare is compatible with the digital phone line. You can check even if you haven't been told your suggested switch date yet. If it's not compatible, you might be able to use an adaptor for your current telecare unit or you might need to upgrade or replace your telecare.

Your home phone provider should tell you about the switchover in at least 2 different ways, this might be in an email, over the phone, by text message, a letter in the post or by speaking to you in person. They will tell you when your switch date is and how to contact them. You can also nominate a friend or family member to deal with the switch for you.

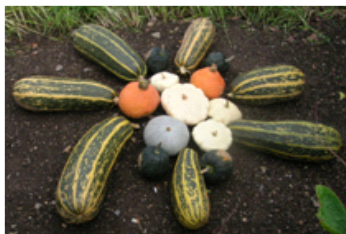
Check your phone will have backup power

If you have a power cut after the switch, a backup source of power makes sure your home phone stays on so that your telecare system can make an emergency call even if there's no power in your home. Your phone provider will suggest the best backup options for your situation.

Contact the Citizens Advice Adviceline if you need more help - a trained adviser can give you advice over the phone or by online chat.

Adviceline: 0808 812 7156 Monday - Friday 10am - 4pm.

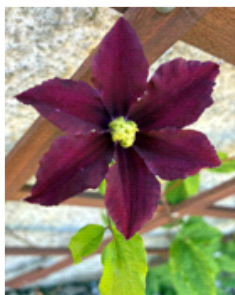
AUTUMN GARDENING



Autumn is a good time to start planning next year's garden scheme in the veg patch or for bedding plants and shrubs. Plants have had to survive a wet Spring, several heatwaves, a hosepipe ban and now what is expected to be a wet and windy winter so it is worth considering how your plants have performed! Some varieties have had a good year - roses and fuschias have flowered in

abundance whilst hydrangeas have struggled in the dry conditions.

To adapt to our changing weather patterns, consider looking for drought resistant varieties and creating some shade to help plants in the hottest periods. Geraniums, Pansies, Alliums, perennial herbs and succulents tend to be surprisingly robust during periods of drought. Japanese Anemones began to wilt but recovered to flower well once the rain came, aided by the foliage providing ground cover, preventing the soil from drying out. Sunflowers also did well but flowered earlier and we've all noticed that the trees have been shedding their leaves in order to protect themselves after the drought. Clematis are best positioned where their roots are in shade and if a low growing leafy plant can provide that shade, they will also do well with limited watering during hot spells.



It is worth experimenting with different varieties, planting and watering regimes especially with vegetable growing, as shelter, underplanting and mulches can make a huge difference to the harvest. Utilising water from other sources assists with dry periods, although it is best not to overuse washing up water as it will contain residue from food and detergent. Tea and coffee pots are a good source of water, rather than the remains from the cup if milk has been used for example. Collecting rainwater is essential as we adapt to hotter, drier summers.

Mulching in the autumn is advised as it will prevent heavy rain running off the hardened soil, improve soil condition and protect the soil over the winter ready for next year. Enjoy your harvests and some armchair gardening when it's wet, planning next year's rotations, planting and the beautiful autumn colours.



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CHURCH AND CHAPEL SERVICES

Jacobstow Church & Boscastle Benefice Services Oct & Nov

All morning services HC 10 30am

October 4th St Gennys

October 11th Forrabury

Warbstow 3pm Warbstow Harvest & Auction

October 18th Tintagel

October 25th JACOBSTOW (Harvest) with Bishop.

November 1st St Gennys

Novembetr 8th Forrabury *Remembrance Sunday* with additional services at other churches & War Memorials

November 15th Tintagel

November 22nd WARBSTOW

November 29th Benefice Service.

For final venues & times for Remembrance Sunday & Benefice service see notice in church porch.

November Rota

Mondays 9am prayers at various venues

Fourth Sunday each month 4pm Waves celebration Boscastle Village Hall.

For up to date information visit www.boscastlechurches.uk



Coast Family Church

Sunday services on the **first**, **third** and **fifth** Sunday of the month at 10.00am Jacobstow Village Hall.

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Church Draw Winners 2026

Date	1st	2nd	3rd
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November	Mr Moses Andrews	Mrs Adey	Mr N Osborne

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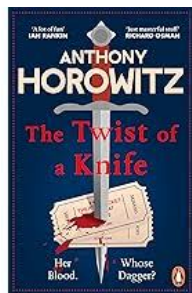
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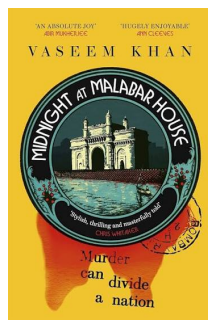
Book Review

'The Twist of a Knife' by Anthony Horowitz

This is the fourth book in a very popular murder mystery series in which Horowitz himself narrates the story. He has been writing crime novels based on the investigations of Daniel Hawthorne, a disgraced former police officer turned private detective. However, Horowitz now wants to end this relationship and to concentrate on the opening night of his new play 'Mindgame', at the Strand Theatre in London. It has been very successful during its tour of the provinces but he is nervous about it will be received by a London audience. He becomes even more nervous when he recognises a renowned theatre critic, Harriet Throsby, in the audience. Later that night her viciously bad review is made public on line, followed by the discovery of her murdered body. The police decide that Horowitz is the prime suspect and, surprisingly, he turns to Hawthorne to help prove his innocence. This is a thoroughly witty and engaging read, just like the others in the series.



'Midnight at the Malabar House' by Vaseem Khan



Another popular murder mystery but, this time, set in India during the late 1940s/ early 50s, when British colonial rule has come to an end, followed by the horrors of Partition. A new India is emerging but still with privilege and entitlement existing alongside beggars and impoverished land workers. When a gruesome murder takes place at midnight during a lavish New Year's Eve party, attended by a host of rich and important people,

Persis Wadia, India's first female detective, is sent to investigate. She confronts a house full of potential suspects but, because she is a woman, she receives rather disrespectful and unhelpful responses from the witnesses she interviews, as well as little support from her own colleagues. However she persists and in a final scene, worthy of Agatha Christie, she lures her suspects to gather at a final showdown, where the

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WEEK ST MARY BONAVENTURES WOMEN'S INSTITUTE



At our meeting in September, Lucy Burrow gave a very interesting talk exploring the ancient, global tradition of wheat weaving, corn dollies and harvest figures made across countries like Japan, Poland and Nordic nations with deep historical and ritualistic significance.

Historically, farmers believed the spirit of the corn lived in the field, retreating into the final sheaf, which was cut, bound, and preserved to be ceremonially returned on Plough Monday. In regions like Cornwall these traditions survive through harvest rituals in community festivals. Corn dollies symbolize fertility, protection, and love, and were traditionally crafted into "sweetheart favours" for partners.

As farming mechanized in the 1950s, machine harvesting threatened the craft, prompting 2 members of the Women's Institute, Lettice Sandford and Philla Davis, to collect and preserve traditional designs. Lucy explained that the materials used such as wheat, rye, and oats, with the straw being harvested golden, cut above the knot, and properly dried.



She concluded by showcasing her own intricate creations, including harvest crowns and bride-and-groom figures, highlighting the enduring beauty of this historic folk art.

Anyone interested in finding out more about the WI can contact Roberta Jones, Secretary, on 07788-548875.



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WHAT'S ON

1 Oct All@C Ukelele Band at the Castle Bandstand 10-1230

3, 4, 10, 11, 17, 18, 24-31 Oct Strawberry Fields, Lifton Pumpkin Festival with entertainment and activities for all ages.

Also

16, 17, 23, 24 Oct Pumpkin Nights with live music and shows.

For full details and bookings, visit:

[www.strawberryfieldslifton.co.uk/pumpkin festival](http://www.strawberryfieldslifton.co.uk/pumpkin%20festival)

15 Oct All@C Ukelele Band at the Castle Bandstand 10-1230

15 Oct Shipwrecks & Sailors Curator Tour 11-1230 at The Castle, Bude

24-31 Oct Boo in the Blooms Halloween Trail at Homeleigh Garden Centres

21-25 Oct &) Half Term trails and activities at The Castle, Bude 28 Oct-1 Nov)

24-25 Oct Craft Fair and Pumpkin Festival at The Gildhouse, Poundstock 10-5 and 25 Oct 10.30-4

25 Oct British Summer Time ends - Clocks back 1 hour

8 Nov Remembrance Sunday

12 Nov Behind the Scenes Curator Tour 11-1230 at The Castle, Bude

13 Nov Quiz Night at the Gildhouse, Poundstock 7-10.30 pm

14 & 15 Nov Christmas Tasting Weekend at Homeleigh L'ston

21 Nov Launceston Hospital League of Friends Festive Market 10-4 at Launceston Town Hall

5 Dec Christmas Fayre 11-4 at The Parkhouse & Castle, Bude (Stallholders applications open now)



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Journal Quiz page

Welcome to your “tea break” puzzle page. This edition’s winner is Logan Wren.

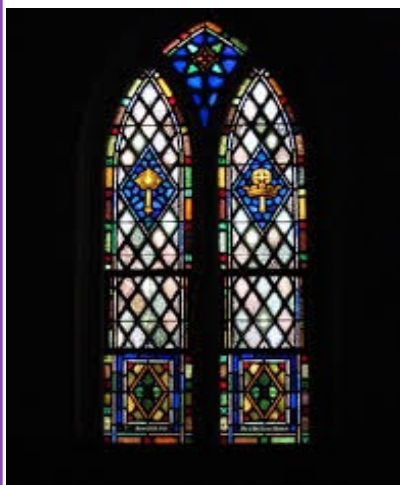
If you would like a chance to win a £10 voucher to spend at Wainhouse Stores, just solve the Picture Quiz and return the completed page to Sarah Smith, Almar Jacobstow EX23 0BN by 10 November 2026 Thank you to Wainhouse Stores for sponsoring this page.



Last editions answers 1. Parrot 2. Cat 3. Dog 4. Snake 5. Crocodile 6. Zebra 7. Giraffe 8. Elephant 9. Tiger 10. Lion

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Bude And D-Day

On your excursions into Bude you will have no doubt spotted the blue plaques dotted around the town which mark the course of the World War II Heritage Trail and tell the story of this area during that conflict, in particular the part played by the American troops who came here in large numbers to train for the D-Day landings.



The first unit to arrive was the 29th Battalion Rangers who came to Bude in early 1943. They were joined later in that year by the 2nd Battalion Rangers who arrived in Bude by train. By April 1944 a further 24 US units would pass through the area for training. As Bude had no barracks where the troops could be billeted, most were sent to private homes, living with local families throughout their training and eating in mess halls set up at hotels around the town. Many troops became very close to the families they lived with, keeping in touch after the war. However, as the town's population was then less than 3,000 some had to stay in tent camps around Bude and nearby villages. Officers and other high-ranking personnel were billeted at the Grenville Hotel, now Adventure Bude, where they were also able to dine. The hotel also accommodated the American Red Cross and its volunteers who were known as 'Donut Dollies' and served coffee and doughnuts to the US troops in what they called 'Donut Dugouts'. Training for the US forces included cliff climbing and then abseiling back down to the beach, plus practising deployment from landing craft and clearing beach obstacles.



The concrete blocks that you can still see today on beaches such as Northcott and Crackington Haven were almost certainly put there to help with this training rather than to deter German forces earlier in the War. Similarly, if you walk up the steps from Crooklets Beach and on to the South West Coast Path towards Sandymouth, you should be able to see a concrete pill box on the cliff. This was also built by the US Army to help with training US forces for the Normandy landings so that they could be as prepared as they possibly could be for what they would encounter on Omaha and Utah Beaches in June 1944.

CHURCH AND CHAPEL NEWS & EVENTS

Coffee Morning

Second Tuesday of each month from 10am until 12 - everyone is welcome.

OAP Christmas dinner

Tuesday 1st December 12 for 12:30pm.

This is an annual event for anyone who lives in Jacobstow aged 66 or over. Bookings need to be made by 16th November to Lin on 01840 230266

Xmas Bazaar / Craft Fare/ Table Top Sale £5.00 table

Saturday 14th November.

Anyone wanting to book table please contact Lin on 01840 230266 By 9th November

Soup and Sweet Lunch

Tuesday 27th Oct and Tuesday 24th November 12 midday until 2pm £8.00

Everyone is welcome.



Anyone for Croquet?

www.budecroquet.org

Commonly missed household items that you can recycle

It's fair to say that there are a few household items that get binned rather than recycled more often than others, and these represent a great way to increase the amount of recycling your household does. These include:

Foil – it's as simple as cleaning off food residue and scrunching it into a ball ready for recycling bin day, yet 29% of us are still putting foil and foil trays in the general rubbish bin. Remember, the bigger the ball, the easier it is to recycle.



Aerosols – whether it's air freshener or deodorant, aerosols don't belong in the bin – but 23% of us put them there! In fact, only the lids should go in with the general rubbish, while empty aerosols can go in the recycling.

Clear plastic trays – from fruit punnets to mushroom and meat trays, 14% of us are putting clear plastic trays in the rubbish bin even though our local council collects them for recycling. A quick rinse to remove food residue is all it takes to get them recycling-ready, so steer clear of that general bin!

Plastic pots and tubs – plastic pots and tubs, such as yogurt pots and butter tubs, belong in the recycling, yet 10% of us are chucking them in the rubbish bin. Recycle yours by making sure they're clean and empty; you can leave the labels and lids on, but do remove any plastic film and absorbent pads and put these in the general waste bin.

Toiletry and cleaning product bottles – don't be among the 11% and 12% of UK households respectively who put these in their rubbish bins instead of recycling! Simply rinse and squash them, and put them in the recycling with the labels and lids on. You can even recycle spray bottles with the spray/trigger still in, but remove the lid from those with pump dispensers (such as hand wash bottles).

How many of these can you add to your regular recycling regime?



*Information taken from Cornwall Council Website



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August is still high summer. The month started on a quiet note, little in the way of rain and with westerly winds temperatures were cool first thing some days but very warm by late morning, 28.7° was recorded here at Canworthy Water on the 3rd and 24.7° on the 4th. The trend was for a more westerly wind direction towards the end of the first week, however with these westerlies being only fairly light generally and settled high pressure matters could, and did warm up by early afternoon. The second week was similar to the first, with a hot day on the 12th at 30.8°C by mid-afternoon. It tended to remain warm and close into the evenings, although I did notice that sea fog encroached inland by early evening on the 13th.

The following Friday morning (the 14th) was noted as remaining very warm from overnight with a minimum of 19.3°, almost a tropical night with a high relative humidity.

Saturday the 15th was the beginning of a breakdown in the warm and settled conditions with low pressure developing to the northwest. Winds became more northwesterly, the first rain of note since the 2nd of July was observed on the 18th, and the following two days were very wet. I collected 0.52", 13mm on the 19th, and 0.6", 15mm on the 20th. It became cooler and fairly dry towards the weekend of the 21st, and this continued into the new week with only light showers on the 25th not amounting to much, though.

An extensive elevated thunderstorm was observed across the Channel over Brittany late evening on the 26th This was a prolonged affair but slow-moving and reluctant to drift northwards. This did eventually affect us the following day with heavy downpours along with a thunderstorm in the early evening, I recorded 0.94", 24mm collected in 30 minutes from 1730 to 1800, and further heavy convective showers gave a total of 1.53", 39mm by the close of the day. The 29th and the 30th were both wet days giving another inch or so of rain collected here along with the final day at 0.57", 14.5mm.

A total of 4.92", 125mm was collected for the month, as against my 10 year average of 3.25", 83mm. August's have generally been drier of late, with only 2012 being an exception in the past decade at 6.73", 171mm but the whole of that year was rubbish anyway.

We start September typically of the month, with westerlies, weak weather fronts giving hill mist in the mornings at times with light rain or drizzle, although the 8th saw light but persistent rain from overnight into the following morning giving 0.78", nearly 20mm collected by lunch time.



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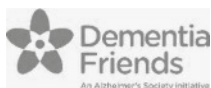


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Ben Maguire MP

Jacobstow Journal Contribution

07/09/2026

Dear Jacobstow: I've been continuing to press the Government on the devastating impact of Bluetongue disease on our farmers, many of course here around Jacobstow. Our farming community has already endured a brutal summer of drought and heatwaves, and the spread of Bluetongue has added yet more pressure. One farmer told me he has lost 40 sheep, with no vaccine available when he needed it most. I raised these concerns directly with the Farming Minister in Parliament, following the NFU's backing for my call on urgent financial help with fallen stock disposal costs. The Minister has said DEFRA will now look at financial support, and I'll be holding them to that.



I'm also proud to be supporting Mark and Helen Saltern, constituents from Delabole, who have spent years campaigning for 'Ryan's Law' following the tragic death of their son, Ryan, after he was hit by a car in 2019. I met with them and the Roads Minister, Justin Madders MP, to discuss their campaign to widen the definition of 'death by dangerous driving'. Mark and Helen presented hundreds of messages from other grieving families, highlighting just how important this issue is. I've raised their campaign a number of times in Parliament before on their behalf, pushing for these changes within the Department for Transport's 'Road Safety Strategy' with positive reception, and will be monitoring progress closely as this strategy develops.

There has also been some cautiously optimistic news on Cornwall's future, after Prime Minister Andy Burnham has committed his Government to a proper devolution deal for Cornwall, 'with or without' an elected Mayor. This is following months of really hard-fought, cross-party campaigning between all six of Cornwall's MPs. Securing a Cornwall-only footprint was an important first step, and I'm pleased that our collective efforts have helped ensure Cornwall's voice is being heard loud and clear in Westminster, and now in the new Number 10 North. But warm words are one thing, and delivery is another, so I'll be working with colleagues across Cornwall to make sure we secure the best possible deal, including proper recognition of our National Minority Status.

I was also delighted to look back on our joining together of local charities, campaigners, and other colleagues (including Roz Savage MP and members of the House of Lords!) for our first Climate and Nature Event in Bodmin recently. There is a real need for clear and honest public discussion about the climate and nature crisis, and I'm continuing to push for the National Emergency Briefing to receive a prime-time slot on Britain's public service broadcasters. People deserve to understand the scale of the challenge and what it means for Cornwall, the UK and communities around the world. I've written about this summit recently, but was pleased to sit down with Roz and discuss some of the work we'll now be taking up to Parliament in light of what was discussed.

Finally, I've been pressing DEFRA on the ongoing hosepipe restrictions affecting my constituents. People who are being asked to conserve water here in North Cornwall rightly expect the rules to be fair and consistently applied. I've written jointly with Cornwall Councillor James O'Keefe to seek clarity from the department around the outdated 2010 Order, including the treatment of hot tubs at commercial holiday lets, while also calling for proper action to tackle leakage.

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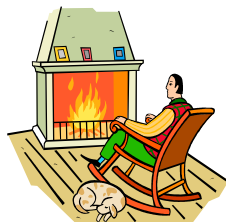
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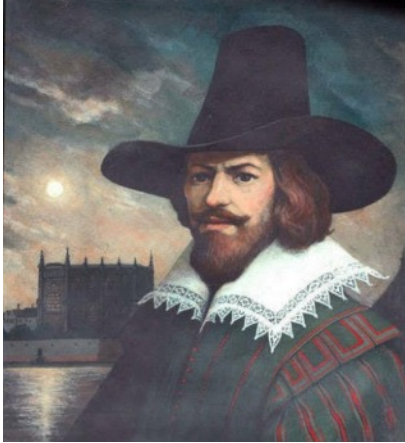


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Guy Fawkes - Remember remember the 5th of November



Guy Fawkes was born in 1570 and though his father was a staunch Protestant, his mother married for a second time into a strongly Catholic family. He went to St Peter's School at York - like the Wright brothers - and later became a soldier, fighting for the Spanish against the Dutch. Although not a senior officer, he gained a reputation for his technical expertise and on behalf of some of the English Catholics he discussed with the Spanish an invasion of England.

In 1604 he was recruited by Thomas Winter to join the Gunpowder conspiracy and came to London. Catesby initiated him and Thomas Percy into his plans in May. Once Percy had rented the house next to the House of Lords later that month, it was decided that Fawkes would pretend to be Percy's servant, and live there. He adopted the false identity of John Johnson, and was closely involved in the business of digging a tunnel under the House of Lords and procuring gunpowder.

Once the House of Lords basement was rented, the tunnel was abandoned. Fawkes went abroad during the middle of 1605, but was back in London in late October to finalise the plan, and was ready on 4 November to carry it out. When the basement was searched later that day Fawkes was found looking after a large pile of firewood. His explanations were initially accepted. But suspicions were subsequently aroused and, in a second search later that evening, the gunpowder was found under the wood and Fawkes was arrested.

Guy Fawkes was interrogated several times, but - to the admiration of members of the government, including the King - admitted almost nothing. The King authorised the use of torture on 6 November and Fawkes's testimonies of 7, 8 and 9 November revealed much more information which the authorities used to begin to pick up some of the other conspirators. Fawkes was tried with the other surviving conspirators on 27 January 1606 and executed in Old Palace Yard, Westminster, on 31 January.

*Information taken from www.parliament.uk website

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LOVELY NEW TARMAC B ROAD! Celia Proudfoot

As we all know only too well, whenever we drive these days, most of the time is spent dodging pot holes to avoid damage to your car. So it came as a very pleasant surprise to see Road Closed signs go up early this summer on the road at the top of Langdon Hill in Canworthy



Water that takes you to Hendra. It is extremely narrow and not one you would drive on unless you lived along it. However, as a cyclist it is one of my favourite routes when approached from the A39, turning off just after the caravan park. I started doing it in Lockdown but as time went on the descent became increasingly hazardous as the road collapsed either side of the centre. I walked these sections and descended with brakes squealing to avoid gravel skids, cracks and potholes. Unfortunately I have no photographic



evidence of this for a before and after comparison as to the state of the road. As the Council parked their machines in Canworthy Water I took great interest in seeing them. I was particularly impressed that the main person on the steam roller was a beautiful young red headed woman. Girl power! When the road opened I couldn't believe how long the expanse of smooth beautiful tarmac went on for. It was a joy! And when I reached the end of it, there sprayed on the tarmac was the letter E. Well,



this probably meant "End" but I decided it should be E for excellent which is why it is the first photo in this article. I took a few more photos, one of which is my water bottle which I used to show how thick the road surface is - marvellous! The other photos just show the turning I take for this hill and the start of the wonderful tarmac



road. Thank you Cornwall Council.

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Warbstow Community Centre

Monday 26th October, 2026 @ 2.30pm

Cornwall & Devon sending love to Ukraine - Talk by Emma

Donations Required

Over the counter in date and unopened medication

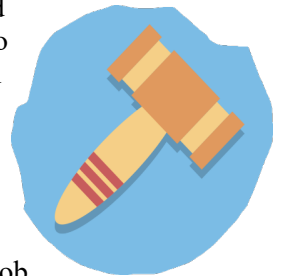
Colouring books and crayons for children

Baby and hygiene products

Money donation to help with transporting aid to Ukraine.

David's Random Ramblings

I was recently reflecting on my early career in journalism and recalled my very first day working in the newsroom. I have to admit that I was somewhat surprised when, after having been at my desk for around 30 minutes, a lady entered the room with a mallet in her hand and proceeded to walk around, banging everyone on the top of their head with it. After another half-hour, she did it again. Somewhat bemused, I turned to the colleague sat next to me and asked, "What's going on?". "Don't worry," he replied "She's only doing her job. That's the 'ead 'itter.". Sarah take note!



And I forgot to mention in my last piece that the inspiration for this summer's 'Bark and Ride' service for our canine companions came from North America as the council heard that they have Greyhound buses over there. However, our service had to be extended to include all breeds, including cockapoos and labradoodles, of course.



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BEWARE OF SCAMS!

(Information from www.cornwall.gov.uk)

Scams do not discriminate, they target people of all backgrounds, ages and income levels so they can happen to anyone. Every year the British public lose billions of pounds to scammers who bombard us with online, mail, door-to-door and telephone scams.

There are 10 Golden Rules to keep yourself safe:

- Be suspicious of offers and deals that sound too good to be true
- Don't agree to offers/deals immediately. Insist on time to obtain independent advice before making your decision.
- Don't hand over any money or sign anything until you're sure of credentials of the company or individual.
- Never send money to anyone you do not know or trust or use payment methods you're not comfortable with.
- Never give your banking or personal details to anyone you don't know or trust. This information is valuable, be sure to protect it.
- Always log onto a website directly rather than clicking a link provided in an email.
- Do not rely on reviews, find solid evidence of a company's credentials and success.
- Always get independent/legal advice if an offer involves money.
- If you spot a scam, report it – ActionFraud 0300 123 2040 or online actionfraud.org.uk
- Never be afraid or embarrassed to report a scam. The scammers are cunning and clever so there is no shame in being deceived and reporting it will make it more difficult for them to continue.

Courier deliveries Make a note of your orders so you know which have yet to arrive. Don't assume that emails and texts from Couriers, or Royal Mail, refer to an order you've placed, check the details and if you are asked to pay fees for delivery, be suspicious and contact the order company.

Telephone calls If you think someone is calling to trick you into giving them money or your personal details, hang up and call 159. This is a secure service that connects you directly with your bank.

Remember: Paying by card can provide extra protection if things go wrong. Contact the bank or credit card provider for assistance.

There is more information about current, local scams on the Citizens Advice and Cornwall Council websites. You can also report scams and get assistance from the Police, Citizens Advice and Cornwall Council.



North Coast Arts

- | | |
|---------------------|---|
| Friday 16 October | Albert Lee and His Band
Parkhouse Centre 7.30pm |
| Saturday 17 October | Dave Kelly & Christine
Collister
Falcon Hotel 8.00pm |
| Thursday 22 October | Words-Work Open Mic
Poetry & Spoken Word
House of Chaplin 8.00pm |
| Friday 23 October | Dom Joly
Parkhouse Centre 8.00pm |
| Friday 30 October | Comedy Club with Mark
Olver, Joe Foster & Dana
Alexander
Falcon Hotel 8.00pm |
| Sunday 22 November | Brian Bilston - How To Lay
An Egg With A Horse Inside
Parkhouse Centre 7.30pm |
| Friday 27 November | Joey The Lips
Parkhouse Centre 8.00pm |



2nd Bude (Jacobstow) Scout Group

Here we are at the start of yet another Scouting term & this will see big changes within the Cub sector.

Daphne our Cub leader who starting within our scouting group in 1979 has retired. Daphne has played a massive role with in Beavers, Cubs & Scouts over the years. Daphne will be dearly missed by us all & we wish her a happy retirement.



We have also said goodbye to Maria, who again for many years has assisted Daphne & Josie on a Cub evening, helped Rob over many Scout evenings & participated in many walks/camps.

Several of our Cubs are attending a North Cornwall District Cub camp at Nine Ashes (Bodmin) & Daphne & Maria have kindly agreed to attend the weekend. The Cubs I'm sure will have a fun packed weekend. We massively thank Daphne & Maria for their time & dedication to our young people & the Scouting groups.

We have 2 new Cub leaders, Katy & Claire. Both are looking forward to the challenge of running the Cubs & getting to know our Cubs.

Beavers & Scout remain the same, with a fun packed term ahead of us.

October will see some Scouts going off to the annual 'winter camp' at Nine Ashes (Bodmin). A weekend full of activities & evening entertainment & always a big hit with the Scouts.

Our annual Christmas fundraising evening is planned for Mon 7th Dec at the hut. More details for this will follow.

If you know any young people who would like to come & try out Scouting please contact from the list below. All young people are welcome to come along for a few weeks & see how it goes.

Cubs (age 8-11) = Mon 6.30pm – 8pm	Katy Paynter	07884 263771
Scouts (age 11-14) = Tue 6.30pm – 8pm	Rob Medland	07842 084971
Beavers (age 6-8) = Wed 5.30pm – 6.30pm	Luke Parker	07525 166717

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EVENTS - In Parish Hall unless otherwise stated

Arts & Crafts Club - Day courses as arranged. Check your Journal or phone Jeanne Gimblett on 07706927197 for details.

Monday Cubs 6.30-8.00 Scout Hut Brownies 6-7.30

Jive Club Parkhouse Centre, Bude

Tuesday Scouts 6.30-8.00 Scout Hut

Rainbows 5.45-7.00 Guides 7.00-8.45

Wed'day Beavers 5.30-6.30 Scout Hut

Sunday Coast Family Church 10.30

Last Monday monthly, 7.30 - Old Cornwall at Parkhouse Centre

1st Tuesday monthly: Parish Council meeting 7.30 2nd

Tuesday monthly: 7.30 WI Marhamchurch

4th Tuesday monthly: 7.30 Juliotter Garden Club, Marshgate

1st Wed': Camelford Garden Club 2-4pm monthly Camelford Library

2nd Thursday monthly: 7.15pm WI Week St Mary

Local Taxi services

Trev's Taxi - Bude 07799 663217

BosCars - Boscastle 07790 983911

Edd's Taxi - Bude 07486 868636

LOCAL BUSES

Please Note If you are unfamiliar with the buses

- check the times. If you want to walk one-way always catch a bus **FIRST!**

The **95** is the only regular bus along the coast between Bude, Crackington, Camelford and beyond. - Get the App and times of arrival are accurate. I understand.

Transport for Cornwall - 08081962632 - www.transportforcornwall.co.uk

220 - Launceston, Tues;

371 - Launceston, Mon/Thurs;

372 - Holsworthy, Wed;

373 - Bude, Fri

These buses all pick up in Jacobstow and Wainhouse Corner 9.30ish reaching Holsworthy and Bude 10.10am and Launceston 10.30am

These buses include Warbstow, Canworthy Water, Week St Mary and other way points.

Travel Cornwall - 01726 861108- www.transportforcornwall.co.uk

Local Authority

Cornwall County Council 03001 234100
Bude "One Stop Shop" and Library also) 03001 234111
Library Renewal Hotline)
North Cornwall MP Ben Maguire 01208 640995
Nicky Chopak (County Councillor) 07810302061
Police Force Enquiry Centre 101
Crimestoppers (Anonymous) 0800 555111
Floodline 0845 9881188
Power Cut-Western Power Distribution 08006783105
Sita Recycling Centre, Tiscott Wood 01288 355131
Dog Warden (Environmental Health) 03001234212
Cats Protection, Holsworthy 0345 3712717
Citizens Advice Bureau-Advice Cornwall 03444994188

Healthcare

NHS, Non-emergency 111

Hospitals

Derriford, Plymouth 01752 202082
Treliske, Truro 01872 250000
Barnstaple 01271 322577
Bodmin, E Cornwall 01208 251300
Launceston Hospital 01566 761001
Launceston Minor Injuries 01566 761030
Stratton Hospital 01288 320100
Stratton Minor Injuries 01288 320101

Doctors' Surgeries

Bottreaux Surgery, Boscastle 01840 250209
Neetside, Bude 01288 270580
Medical Centre, Stratton 01288 352133
Drs Nash & Uglow, Camelford 01840 213894

Other Numbers

National Rail Enquiries 08457 484950
National Express coaches 08717818178
Farming Community Network 07002 326326
Rebel Cinema 01288 36`442
SAMARITANS 116123
Child Line 0800 1111
Women's Refuge 01872 225629

USEFUL CONTACT NUMBERS

Jacobstow Organisations

Jacobstow Infants School 01840 230337
Jacobstow Church, Mr Brian Marshall 01840 230526
Art Group, Jeane Gimblett 07706927197
Parish Hall Bookings, J Gimblett 07706927197
Beavers, Luke Parker 07525 166717
Cub Groups, Katy Paynter 07884 263771
Scouts, Rob Medland 07842 084971
Guides and Rainbows Mrs M Andrew 01840 230006
Brownies - Jane Bailey 07816394966
Wainhouse Post Office and Stores 01840 230554
Jacobstow Walks, Mary 01840 230656
Jubililee Club Diana - 01840261366 or Tina 01840 230182
Juliotter Garden Club, Pat Thorne 01840 261237
WI - Week St Mary, Roberta Jones 07788 548875
Marhamchurch, Shirley Youldon 01288 354672